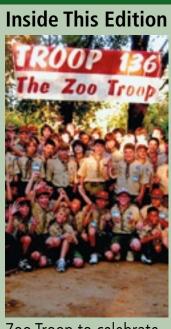
THE POCKET NEWS

May 17, 2012 Community News in Your Hands www.valcomnews.com

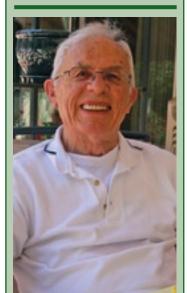
Candidates for Area 7 County School Board present their vision

Local baseball personalities inducted to Hall of Fame See page 3

COMMUNITY CALENDAR, PAGE 25 • KNOW YOUR NEIGHBOR, PAGE 10



Zoo Troop to celebrate 25 years See page 20



Eight decades of Sacramento memories
See page 6







POCKET BISTRO

- Full Bar
- American Cuisine
- Family Friendly
- Lunch & Dinner Served Daily
- Happy Hour: Tuesday Friday, 3:30 6:30 pm

Father's Day Brunch & Drink Specials Rib eye steak dinner special June 17th, 10:00am - 2:30pm

6401 Riverside Blvd. • 916.391.7990 • www.PocketBistro.net Hours: Tue-Thu 11:30am-9:30pm • Fri-Sat 11:30am-10pm • Sun 11:30am-8:30pm

Experience Counts!

Now More Than Ever!

More than 2,075 of our Greenhaven/Pocket friends and neighbors have trusted me to serve their real estate needs over the past 30+ years!



Nick LaPlaca 764-7500









Prudential

24 Hour Info @ www.NickLaPlaca.com

HE POCKET NEWS WWW.VALCOMNEWS.COM

Pocket News is published on the first and third Thursdays of the month and delivered by mail and home delivery in the area bounded by Interstate 5 on the east and the Sacramento River on the north, west, and south.

Publisher. . George Macko General Manager.... . Kathleen Egan Editor. ... Susan Laird ... John Ochoa Art Director. Junior Designer. . Serene Lusano Advertising Executives.....Linda Pohl

Patty Colmer, Melissa Andrews, Jen Henry George Macko Distribution/Subscriptions.....

E-mail stories & photos to: vcnnews@valcomnews.com

red all over DESIGN

2709 Riverside Blvd

Vol. XXI • No. 10

Sacramento, CA 95818 t: (916) 429-9901 f: (916) 429-9906

Cover photo by: Courtesy

Other photos by: Courtesv Lance Armstrong





Holly Brickner 215-7127

Brick Brickner



747-2901



She did it. You can, too!



Mon-Fri: 9 a.m. - 8 p.m.

Sat-Sun: 10 a.m. - 4 p.m.

Weight Loss Consultation

Enroll in Sutter Express Care's Lean for Life program and lose 10% of your body weight - or more - and keep it off for life.

The 10-week medically based program is offered exclusively at Sutter Express Care inside Rite Aid.

Greenhaven: 980 Florin Road Natomas: 2751 Del Paso Road



Sutter Express Care







La Salle Club honors new baseball hall of fame inductees, others

By LANCE ARMSTRONG Pocket News writer lance@valcomnews.com

More than 200 people arrived at Christian Brothers High School to attend a dinner honoring the latest inductees to the La Salle Club Baseball Hall of Fame on April 28.

For those who are unfamiliar with this annual event, the gathering serves as one of the club's most important fundraisers. In its dedication to provide financial assistance to the high school's athletic programs, the club raises funds through the event, while honoring some of the most accomplished baseball players, managers, scouts or umpires of the past.

This year's Hall of Fame inductees were Jim Barr, Pat Fall, Mike Furtado, Ken Hottman, LeRon Lee, Don Murphy, Bob Puccinelli and Rich Separovich.

Although the La Salle Club is directly associated with Christian Brothers



Pocket News photo, Lance Armstrong

NEW INDUCTEES. Left to right, Bob Puccinelli, Don Murphy, Ken Hottman, Mike Furtado, Rich Separovich, LeRon Lee, Jim Barr and Pat Fall were named to the 2012 class of the La Salle Club Baseball Hall of Fame.

High, the criteria to be inducted as a member of the Hall of Fame extends beyond the high school. Or in other words, inductees need not have any connection to the high school.

And by adding non-Christian Brothers High associated members, the Hall of Fame offers a much more

See LaSalle, page 8

3175 Riverside Boulevard, Land Park • 916-448-2450 • www.imagessalonspa.com

Images Salon & Spa is proud to announce the return of Senior Stylist Doug Tipton.

Doug specializes in the latest Color & Hair Design for both men and women.

Enjoy a complimentary Deep Conditioning Treatment with your first appointment services! Call us today to book your appointment.







Sacramento Public Libraries to close for three days due to staff furloughs

Special to Pocket News

All Sacramento Public Library locations will be closed Friday, May 18; Friday, June 15; and Friday, June 29, due to staff furloughs. The Library's telephone information service will be unavailable during these closures.

Library's governing board recently approved three furlough days between May 1 and June 30, as a cost saving measure due to shortfalls in County property tax revenues and funding reductions from the City of Sacra-

"Funding shortfalls have left the library with few choic-

\$689,000

\$350,000

es to maintain services to the public," said Library Director Rivkah Sass. The library was faced with either laying off 15 to 18 staff, necessitating the permanent closure of as many as three locations; or furloughing staff, requiring temporary one-day closures of the whole system. "We believe furloughs are a better outcome, especially for those communities that would have faced the permanent closure of their neighborhood library," Sass indicated.

Sacramento Public Library's website (www.saclibrary.org) is available 24/7. Visitors can access the Library's catalog, apply for a library card, request and renew items, download eBooks, audio books and videos, use the research databases, pay fines, and see event and programming information. Call (916) 264-2920 with any additional questions.



usie Kuwabara Parkei Realtor®

Direct: 916-768-8494 Office: 916-421-3546

LIC#00833025

2 Rivershore Court

\$379,950

Almost 2800 SF. 3 bed, 2 bath,

large great room with motorized skylight, high efficiency heat/air,

large kitchen with maple finished

cabinets, master with sitting area

and very generous walk-in closet.

6 El Vado Court \$669,000

acramentan Pocket/Greenhaven

4000 SF custom home on quiet tucked away cul-de-sac next to Sacramento River. 5 bedrooms, 4 baths, updated kitchen, great bonus room with sink, frig and tons of built-ins.



	RECENT SOLDS	
ı	51 Watershore Circle	\$599
	817 Shore Breeze Drive	\$44
	1016 Cobble Shores Drive	\$1,47
ı	1007 Cobble Shores Drive	\$74
1	957 Lake Front Drive	\$61
ı	7607 Marina Cove (represented buyer)	\$53
1	330 Rivertree/7035 Riverside	\$45
1	5 Angel Island Circle	\$36
9	700 Lake Front Drive	\$29
١	7508 Desertwind Drive	\$25
	6344 Oakridge	\$29
	1816 1st Avenue (represented buyer)	
ı	1150 Cedar Tree (represented buyer)	\$225

766 Still Breeze Way PENDING...

6 Fl Vado Court 4000 SF Beauty

8160 Freeport Blvd. PENDING

7709 East Port PENDING...

2 Rivershore Court PEI

Sacramento URGENT CARE Sacramento Urgent Care is a walk-in medical clinic established by a group of emergency-trained Physicians with years of experience providing a full range of medical care. Our Mission is to provide

quality health care, and a consistently high level of customer service that exceeds expectations and demonstrates a sincere concern for you. We are conveniently located at the corner of Florin Road and South Land Park Drive, just off I-5 and minutes from Downtown, Midtown, East Sacramento, West Sacramento, Davis, Natomas, Elk Grove, Meadowview, and the Land Park & Pocket areas.

> At Sacramento Urgent Care you will always be seen by a doctor. **Most Insurances Accepted - Se Habla Espanol**

OUR SERVICES

Immunizations, Tdap Boosters, Flu & Allergy Shots • Flu, Coughs Sore Throats & Ear Aches • Sports, Employment, D.O.T. & Immigration Physicals • Workman's Comp & Occupational Medicine • Weight Management & Weight Loss Clinic • Fractures, Sprains & Dislocations • Cuts, Burns & Stitches • Asthma, COPD & Breathing Treatments • Women's Health • Drug, STD, HIV, Pregnancy, Diabetes, Cholesterol & Tb Testing • Ear Wax Removal • In-Grown Toenails

OUR FACILITIES

On-site X-ray & EKG • On-site Lab • Six Exam Rooms • Trauma Bay and Procedures Room • Comfortable Waiting Room • Plenty of Free Parking

7200 S. Land Park Drive, Ste. 100 • Sacramento, CA 95831 (916) 422-9110 • www.sacurgentcare.com

Open 9 AM to 9 PM • 365 Days a Year • No Appointments Needed

S15 OFF Office visit for new cash paying patients **Expires 5-31-12**

DO YOU NEED HELP CARING FOR A LOVED ONE?





If you need help caring for a loved one, you are not alone. Right at Home provides in home caregiving and assistance for hundreds of families across Sacramento just like yours. We can help you too. The best care focuses on improving the quality of life - and is the perfect choice for someone who wants to remain independent, but has challenges with everyday activities of daily living.

Companion Care • Personal Care • Memory Care (Alzheimer's) • Supportive **Hospice Care • Transportation**

Flexible Schedules including hourly, part time/respite (adult in home day care) 12 or 24 hour live in care.

Call Right at Home Today for a Free Consultation and Free In Home Care Assessment

916-779-0601

www.RightAtHome.net/rivercity

Fong, Shipman both candidates for Area 7 County School Board

By SALLY KING Pocket News writer sally@valcomnews.com

The Sacramento County School Board serves the school districts in Sacramento and provides programs for incarcerated children and children with physical and mental disabilities. They also support Regional Occupation Programs (ROP). The two following candidates are running for Area 7 County School Board.

Harold Fong

Harold Fong has served as an Area 7 County School Board Member for the last 12 years.

Fong said he is running for school board again because he has unfinished business he wants to continue working on.

"I spent my first few years at the board trying to change people's attitudes on how to teach children," Fong said. "When I first joined the board, children were being taught at age-appropriate grade levels and I felt that needed to be changed."

He said most kids are from two to four years behind in reading and writing. He helped to set up a remediation and credit recovery program. By the end of his first term, the mindset of how community schools are looked at had changed.

Fong said he still has many ideas on how schools can be improved. He said right now Sacramento County community schools are not accredited. He wants the community schools to go through an accreditation program. The accreditation program was not a priority because only a small percentage of children attending community schools continue on to college. Fong said these kids deserve to attend schools that are accredited.

Having a student trustee appointed to the board is another idea Fong would bring to the table. He thinks this will create better communication between the students and the board.

Fong wants to create a way to evaluate the programs used by the county education system.

"I believe if we can run a program that works for kids, we can replicate it in every county in the state of California," Fong said.

While serving on the board, Fong worked on extending the school day. Community schools used to get out at noon, leaving kids time to get into trouble. Now the school day isn't over until 3:30 p.m. The county has added combined vocational training in the classrooms. Students are learning how to write resumes and how to apply for jobs.

"I believe most people want to give kids a second chance at success," Fong said. "For the kids that want that second chance, resources should be available and there should be the support to provide that opportunity."

"As board members, if we are not impacting the lives of high risks kids, we don't belong there," Fong said. "We should be setting directions for our superintendent to look at high risk populations on how to turn their lives around. It's a passion for me to want to do this."

"I've done a good job in my twelve years. There is more to do. I have the same drive and passion to do even more," he said. "I ask people to elect me to continue to do the work I am doing."

Christina Shipman

Chris Shipman is running for the area 7 County School Board Member because she believes 12 years of uncontested opposition by her opponent is enough.

916-768-5231 cell

Shipman said she is concerned about the kids and the future for children in Sacramento County.

"My concern relates to very simply, one question: What are we doing to prepare the kids for the global market?" Shipman said. "We all know we are moving in that direction. As I talk to parents, they are concerned about the education, what happens to children, are they being prepared to really function in a global market?"

Shipman said she is qualified for the position because of her involvement in many different areas with children. She said she wants to be involved in the academic decathlon, which is a team competition wherein students match their intellects with students from other schools.

"A lot of times we forget about kids doing well and what's happening with those kids, Shipman said.

Shipman said the school board has to look at how they decide the programs for the community schools. She said many of these kids are "couch sleeping" – they have no home. She said instead of teaching in the traditional way of educating kids, people have to look at a different way of trying to reach these kids.

"Through efforts of collaboration, an effort of looking at the education system and saying we have to start earlier, we have to do something differently with these kids," Shipman said.

CALL DAVE TODAY! 傘

Shipman believes problematic issues for children start at the middle school level and even younger. She said the dropout rate in Sacramento County is around 25 percent, which is high. Shipman said that, as a board member, she would like to address the dropout rate. When the dropout rate is high, the numbers rise for crime, teen pregnancies, and the number of people living on public assistance.

"My background has been involved in children. I was appointed as a member of the Sacramento Children's Coalition," Shipman said. "I am involved in community work and spoke before the city council in a team effort of citizens for the Science and Engineering High School built in Pocket Greenhaven."

Shipman worked with a team directing sources for the Robbie Waters Library. She

said First 5, where she has worked as a contract manager for the last seven years, funded the "Wall of Children" at the library.

Shipman said she has a passion for children. She enjoys watching them grow up, enjoys seeing them develop, seeing their minds expand, watching the joy in the parents as they see their children learning and grasping new concepts.

"I have a passion for children and my whole life experience has been working for kids," Shipman said. "I believe three things are needed to be a board member: One, the board member must be approachable, and be able to listen. Two, the board member must have the intellect to understand the issues and complexities that have come before. Three, the board member must have a passion for children."













Two very nice male cats. Neutered, vaccinated, dewormed, litter box trained - indoor/outdoor cats. Abandoned by neighbors. They don't have to stay together. Can be adopted separately. **CALL**:

(916) 215-9496

Little Pocket resident shares eight decades of local memories

By LANCE ARMSTRONG
Pocket News writer
lance@valcomnews.com

While relaxing in his Little Pocket backyard last week during a meeting with this publication, Sacramento native Dick Ryder was in a very reminiscent mood.

He also proved that he enjoys kidding with others, as he chuckled and explained that he had ushered in the Great Depression with his birth at the old Sutter Hospital at 28th and L streets on Sept. 6, 1929.

"I started the Depression," Ryder said. "It's my understanding that Sept. 6 (1929) was the first day that there was any indication that the stock market was falling."

was falling."
Although he has spent his entire life residing in Sacramento, Ryder, who continuously displayed a good natured demeanor during his interview, noted that he came close to being born in San Diego.

"My parents (Clark and Mary Ryder) met in the Bay Area and they were going to have me," Ryder said. "They didn't like the Bay Area that much, so they decided to move apparently. And it was either to Sacramento or San Diego, because my dad had been in the Navy. And guess what? They moved to Sacramento."

As a result of this decision, Ryder was born a river city boy, as opposed to a beach city boy.



Pocket News photo, Lance Armstrong

DICK RYDER, who resides in the Little Pocket area with his wife of 53 years, Irene, enjoys a moment during his recent interview with The Pocket News. Through his marriage, he became a stepfather to two children, and he now has eight grand-children, 17 great-grandchildren and two great-great-grandchildren.

River City memories

And by opting to remain in the capital city for his entire life, Ryder has more than 80 years of river city memories.

In 1930, the Ryder family moved into a former tract house at 2800 Regina Way, where they lived for many years.

Unique sign

Among Ryder's earliest childhood memories is seeing a unique, lighted sign at the eventual site of the Tower Theatre.

"One of my earliest memories was going to pick up ice every week (at the State Ice Co.) at 20th (Street) and Y Street, which is now Broadway," Ryder said. "The icehouse had this big sign on the side that (read), 'Ice,' and that's the first word I ever learned to spell. I was three or four at the time.

Coming back along Y Street to turn left onto Land Park Drive, there was a big sign in the field over there. I can remember it well and I have never heard a word of it ever since. But it was a big billboard sign with a face and two big eyes on it - and I think the eyes flashed and I always called it goo-goo eyes. We're going to go back to goo-goo eyes.' (The sign) was right where we made the left turn, right now where the Tower Theatre is."

Tower Theatre

Having grown up in the area, Ryder witnessed the construction of the theater, which opened in 1938. He soon afterward began attending Saturday kiddie matinee movies at the theater.

Solons in '42

Although he admits that he was not a big baseball fan, Ryder said that he does not recall missing a regular season baseball game at Cardinal Field at Riverside Boulevard and Broadway during the Sacramento Solons' 1942 Pacific Coast League championship season.

The airport

Ryder said that he also remembers visiting the old Municipal Airport (today's Sacramento Exec-

See Ryder, page 7

Ryder: Founder of the California Automobile Museum

utive Airport) on Freeport Boulevard during his childhood.

'My father was always interested in flying and he was always hanging out at the airport and I was hanging out there also the 'Daddy, can I come, too, sort of thing," Ryder said.

Close calls

Ryder explained that during his childhood, he was like a cat with nine lives.

Sacramento is a hot place (during the summer) and my dad had a spot out on the American River where he liked to swim," Ryder said. "I gave my dad a big scare. Apparently he almost lost me there. He had to reach around under water and he couldn't find me."

"I gave him another scare when I had my tonsils out at age five, but I got through that one, too. I bled I guess. They had to give me resuscitation or something."

Ryder said that he was also hit by a car during his youth on two separate occasions.

When I was 12 or so, I was playing baseball in the street and the only time I can remember hitting a home run, I hit a car. I broke my shoulder and had a concussion," Ryder said. "There was also the time that I came swinging around on my bicycle and this guy was pulling out (in his car) and he didn't turn his lights on and I hit the front of his car and went clear over and landed on my front teeth."

Swimming lesson

Ryder explained that his near drowning in the river proved to be a positive event in his life.

"Back in 1936 or 1937, my dad decided that we should have a pool in the backyard, so he could have better control," Ryder recalled. "That wasn't a thing that people did back then. They didn't have pools. For two years, we dug a hole in the backyard and went swimming in the mud or dog paddling in the mud. It was a couple feet deep. In 1938 or 1939, perhaps, a concrete

pool with walls rising 2 feet above the ground was done by Angelo & Frank. And Angelo & Frank were Angelo Queirolo and Frank Geremia. Geremia is a familiar name. A lot of pools in Sacramento are Geremia-built pools."

The Ryder family's pool was possibly the first backyard pool in the Land Park

Youthful work

Ryder eventually turned his family's pool into a moneymaking place, as he charged area youth an admission of five cents each per day to swim in the pool.

He also earned money during his youth delivering The Sacramento Bee and The Sacramento Union and working during the summer harvest season in the Delta.

Dec. 7, 1941

After stating "everybody knows where they were when the Japanese attacked Pearl Harbor," Ryder explained where he was at the time.

"I was getting over the mumps and my mother was getting the mumps and I was constantly listening to the ra-dio," Ryder said. "I was laying there in the chesterfield in the front room, because I was sick. I heard on (the radio) Pearl Harbor had been bombed and it was suspected to be the Japanese, etcetera, etcetera, and so I got the family together on that Sunday morning, so they could hear that."

Early education

While discussing his education, Ryder explained that he was actually recruited to attend kindergarten at Crocker School at 1740 Vallejo Way.

"(Ćrocker's) kindergarten teacher, Miss Eunice Tuttle, had to go on a recruiting campaign, I guess, to fill up the relatively new school," Ryder said. "One of my earliest memories was Miss Eunice coming to our home to talk to my parents to sign me up for school."

While Ryder was attending Crocker School, the next school that he would attend -California Junior High School at 2991 Land Park Drive was under construction.

Eventually, he attended McClatchy High School, where he graduated in June

With his love for snow skiing, Ryder was later drawn to the University of Colorado, where he earned a bachelor's degree in business administration in 1952.

Insurance career

From 1956 to 1982, Ryder worked in the insurance industry. He established the Insurance Protection Analyst company at Arden Way and Howe Avenue and then he served as the president of Howe-Ryder Insurance Service at 2613 24th Street.

Today, Ryder fills part of his time as an appraiser of collec-

CAM founder

His involvement in such work makes perfect sense, when considering that he was the person who decided to create an automobile museum in Sacramento.

"People come up to me and say, 'You're one of the guys who founded the California Automobile Museum (originally known as the California Towe Ford Automobile Museum)," Ryder said. "And I tell them, No, I am the founder of the museum. After Bill Harrah died at the age of 66, his collection of 1,500-plus cars was left without plans. I figured that it was time for the creation of a California car museum located in Sacramento. We never received any cars from Harrah's collection, but Harrah's death definitely created the concept for the (Sacramento) museum in my mind and the idea immediately caught hold."

Outside his time providing assistance for the museum every Thursday, Ryder remains active in his life with the Sacramento Rotary Club and the Fremont Presbyterian Church.

FUNERAL DIRECTORY

Call Patty at (916) 429-9901 www.valcomnews.com

EAST LAWN

ANDREWS & GREILICH **MORTUARY**

> 3939 Fruitridge Road Sacramento, CA 95820

"Ready to provide guidance at a difficult time."

916-732-2026

EAST LAWN **ELK GROVE** Memorial Park

AND MORTUARY

9189 East Stockton Blvd. Elk Grove, CA 95624 916-732-2031

"Compassion and Integrity Since 1904." **EAST LAWN** SIERRA HILLS

MEMORIAL PARK AND

EAST LAWN

EAST LAWN MEMORIAL PARK

4300 Folsom Blvd.

Sacramento, CA 95819

916-732-2000

FD1242

EAST LAWN MORTUARY 5757 Greenback Lane Sacramento, CA 95841 916-732-2020

"Knowing that professional guidance is always by your side" FD1242



2691 Riverside Boulevard Sacramento, CA 95818

Phone: (916) 443-7917 Fax: (916) 443-7931

Family owned and operated since 1921

Harry A. Nauman & Son



4041 Freeport Blvd Sacramento, CA 95822 (916) 452-6157

Serving Sacramento Families since 1903. Pre-arrangement packages available.



A Local Family-Owned Funeral Home **Serving Sacramento Since 1964**

916.482.8080







Parade Route: Along Windbridge Drive From Lisbon Elementary to Garcia Bend Park

Call The Pocket News at for more information

PARADE REGISTRATIONS FORMS AVAILABLE AT: The Pocket News

2709 Riverside Blvd., 429-9901 czazueta@cityofSacramento.org Phone: 808-8545

Parade Entry Deadline is June 29

After the Parade, Join us in Garcia Bend Park for:

- Parade Awards Ceremony
- Local Business Community Fair with a variety of informational booths
- An up close look at the floats!



La Salle: Criteria for Hall of Fame extend beyond high school

thorough representation of baseball talent from the region.

Furthermore, the mere existence of the club provides additional evidence of Sacramento's longtime notoriety as a baseball city.

Hall of Fame members are all notable baseball people who have performed or resided in the greater Sacramento area.

All inductees are named by the La Salle Club Baseball Hall of Fame Selection Committee.

This year, an amendment was made to the requirement that a person being inducted into the half be living. Posthumous selections will be made for the first time next year.

As part of the evening's program, a tribute was made to the seven Hall of Famers who passed away during the last 12 months.

Following the dinner, which was served by Christian Brothers High parents and students, a special recognition was given to the 1962 Bishop Robert J. Armstrong High School championship baseball team, which was led by its head coach, Dick Sperbeck.

The team, which made history as one of the most successful high school baseball teams in the city's history, posted a 22-2 won-loss record, beat four Northern California conference champions and was eventually recognized as the state's "Team of the Year" by Cal-Hi Sports.

As part of the program, Sperbeck shared various memories about his former players who were in attendance at the event.

One of these former players was Carmichael area resident Bernie Church, who serves as president of the La Salle Club.

Church, who was a teacher for 36 years and a baseball coach for 20 years at C. K. McClatchy High School, received additional recognition earlier in the day when McClatchy's baseball field was named in his honor.

In commenting about his recent honors, Church said, "It was a pretty special week. That's for sure."

As the featured segment of the evening, the Hall of Fame award



HONORED. LeRon Lee shows off his La Salle Club Baseball Hall of Fame award with his wife, Vicquie

See HOF, page 9 Lee.

Senior Services Resources

Call Melissa (916) 429-9901

ASSISTED PLACEMENT



Placing People First Since 2004 888.980.9880 www.lifetimesolutions.org Specializing in finding the proper Assisted Living or Board and Care for your loved one.

We are a FREE Service!

DOCUMENT PREP SERVICES

LIVING TRUST/LIVING WILL **Legal Document Prep Services:**

• Trust • Will

• Powers of Attorney • Residential Deed

Couples \$495 Singles \$450 Lynda K. Knight (916) 214-1215 1337 Howe Ave., Ste. 103 Sacto 95825

HELP AT HOME

HELP AT HOME

Senior Care

· Light housekeeping

Meal preparation

• Med reminders • Errands • Dementia care • Bathing

& Much More

For no-cost/in-home assessment, call 877-404-6636

Memory Care (Alzheimer's) Supportive Hospice Care Transportation

Flexible schedules including hourly, part time/respite(adult in home day care) 12 or 24 hour live in care.

IN HOME CARE & ASSISTANCE Right At Home

In Home Care & Assistance

Companion Care • Personal Care

(916) 779-0601 www.RightAtHome.net/rivercity

YOUR AD SHOULD BE HERE!

Call Melissa today!

Your services are needed. Your ad should be here. Ad design is free.

Call 429-9901

LOVING COMPANIONS



(866) 312-2157

Specializing in 24/7 Live-In Service **Excellent** Rates & **Discounts**



REAL ESTATE SERVICES



FREE Real Estate Help & Advice tailored to seniors & their familes

Contact John Woodall, GRI (916) 421-5421

√out my blog at: aSeniorsBlog.com

SPECIAL ALZHEIMER'S LIVING



Day Club, Respite, Residential, Support Groups & Educational Classes cas@primroselz.com

ww.primrosealz.com (916) 392-3510

7707 Rush River Dr. Sacto, CA 95831

YOUR SERVICES ARE NEEDED **CALL Melissa TODAY** TO PLACE YOUR AD (916) 429-9901

HOF: All Hall of Fame members local baseball personalities

presentations for new inductees was well structured and enhanced by a comprehensive program, which was composed and edited by 1970 Christian Brothers High graduate Rick Cabral.

After being individually introduced as newly inducted members of the hall, each of the inductees shared some of their baseball experiences.

The following are biographical information and excerpts from these new Hall of Famers' acceptance speeches:

Barr attracted many Northern California baseball fans, as he played 10 of his 12 years in Major League Baseball as a successful pitcher for the San Francisco Giants.

In describing the game, he said, "Baseball is a way of life."

His love for baseball and the relationships he has developed while being involved in the game has kept him active in the sport since his youth.

Barr, who later excelled in men's senior league games and was a pitching coach at Sacramento State University, presently works with the Granite Bay High School baseball team.

Pat Fall

A 1966 graduate of McClatchy High, Fall earned all-city honors as a pitcher during his senior year at Mc-

His talents on the diamond led him to be drafted by the Kansas City (now Oakland) A's. He played

in the A's organization and later in the California (now Los Angeles) Angels organizations and was the winning pitcher of the National Division of the Winter League championship game for the Čarmichael Merchants in 1971.

Fall paid tribute to Sacramento's many baseball sponsors, saying, Without the sponsors, we wouldn't be able to play the game we play."

Mike Furtado

Furtado was a standout pitcher at McClatchy High and Sacramento State during the 1960s, played many years of bush league baseball and later achieved success coaching the Elk Grove High School varsity baseball

Furtado, who mentioned that he met his wife through baseball, closed his speech saying, "Those were some great years (and) years I'll never forget. And as (Roberto Clemente) said, Baseball has been very, very good to

Ken Hottman

After successful years playing baseball at Elk Grove High and Sacramento City College, Hottman played seven years of professional baseball, including a year with the Chicago White Sox. He also played Winter League ball in Sacramento.

In remembering his playing days in Sacramento, Hottman noted that the high level of competition resulted in an even higher level of achievements by those participating in the games.

Don Murphy

Murphy, who graduated from Bishop Armstrong High in 1964, played catcher for Sperbeck's teams for two

His baseball highlights also included catching for American River and St. Mary's colleges, playing in bush league games and catching a no-hitter thrown by Bob Forsch of Sacra-

Murphy said that baseball taught him valuable lessons in life.

Through baseball, I learned how to win, how to lose, success, failure, teamwork, competition," Murphy said.

LeRon Lee

A former all-city baseball star at Grant High School, LeRon Lee played eight years in Major League Baseball and 11 years of professional baseball in Japan.

Lee, who also played in the Winter League, credited Sacramento for being the place where his success in baseball began.

"It all happened before I left (Sacramento) and it all happened because we had such great competition, great coaches (and) great players to work with," Lee said.

Bob Puccinelli

Puccinelli, who was an outfielder for Sacramento High from 1953 to 1955, was named to the all-city team of The Sacramento Union during his senior

His other baseball highlights include participating on the 1957 College World Series champion University of California, Berkeley team and signing with the Cleveland Indians organization.

The theme of Puccinelli's speech was the "we concept" and the benefits that could be had by working

Richard Separovich

Richard, who was also a high school all-star in 1955, was a standout baseball player at Christian Brothers High.

He also played for Southside American Legion, several Winter League teams, the Sacramento Solons Rookies and Sacramento State.

Richard, who coached the Charles M. Goethe Junior High School (now Rosa Parks Middle School) baseball team during the 1970s, expressed his appreciation to the voters for allowing him to join his other family members in the Hall of Fame.

Separovich family members in the Hall of Fame also include Richard's father, Michael, and Richard's uncles, Tony and Mark.

Since the Hall of Fame's inception in 1953, more than 400 people have been inducted into the hall, including Wally Westlake, Johnny McNamara, Cuno Barragan, Ronnie King, Woody Held, Joe Marty, Eddie Fitzgerald and Joe Kirrene.

WWW.VALCOMNEWS.COM

www.vcagreenhaven.com



• Full Service Animal Hospital Ask About • Health Exams • Dentistry Medicine/Surgery Our • Vaccinations • Spays/Neuters BEST groups of family and friends around. Make sure **CARE** they have a stress free quiet place to go. **Packages** Remember to keep all candies and table scraps out of the reach of our 4 legged friends. CONSIDERING A PET? More Than Just a Veterinarian! Mon: 7:30am - 7pm • Tue-Fri: 7:30am - 6pm Sat: 8am - 5pm • Sun: 9am - 4pm Check out our website for more special offers!

Community Worship **Greenhaven Lutheran Church** 475 Florin Road (at Gloria Dr.) • 428-8449

New Service Schedule
8:31am New Creation (Contemporary)
9:37am Bible Study & Sunday School
10:42am Traditional Liturgical // www.GreenhavenLutheran.org
Angels Nest Pre School 2 yrs. - 5 yrs.

Faith Presbyterian Church

625 Florin Road (adjacent to Kennedy High in Greenhaven/Pocket) • 428-3439 A community loving Christ, building disciples, serving all

Worship Sunday 9 and 11 am
• Sunday School, Bible Study, Childcare • Youth Activities
• Family Programs • Adult Education

PARKSIDE COMMUNITY CHURCH

"Open & Affirming Congregation" Sunday Worship Service: 10:30 am Bible Class: 9:00am

5700 South Land Park Drive & 35th Avenue 421-0492

Riverside Wesleyan Church

6449 Riverside Blvd. • 391-9845

Sunday School: 9:15am • Sunday Worship: 10:30am • AWANA (Children's Ministrey) • Youth - Jr. High - Sr. High - College - Young Adults • www.rwcsac.org

Greenhaven Neighborhood Church

630 Ark Way • 422-8253

Sunday School Bible Study: 9:15am • Sunday Worship: 10:30am Weekly Bible Studies - Jr/Sr High Events

916.391.3677

Know your neighbor

'My eyes belong to Hyatt'

Pocket residents, one very special guide dog keep an eye out for Mandy Burton

By SALLY KING Pocket News writer sally@valcomnews.com

Hyatt is quietly sitting on the lawn at Garcia Bend Park in the Pocket neighborhood, ears up, eyes watchful, as her master sits on a blanket to enjoy a few minutes in the sun.

"Hyatt is five years old," Mandy Burton says. "She is my third guide dog."

Burton, who grew up in Alturas, has become a familiar face in the Pocket area. Burton says she walks anywhere from two to six miles every day with Hyatt, a large German Shepard, leading the way.

Hyatt's beginnings

Hyatt was trained at 'Guide Dogs for the Blind."

'Guide Dogs" was incorporated in May of 1942 and began instruction for students in a rented home in Los Gatos, California.

They moved to an 11-acre location in San Rafael in 1947. In October of 1995, they held the first graduation on their newest campus in Boring, Oregon. They have graduated more than 10,000 teams since their beginnings in 1942.

Both campuses house students in dormitory facilities, which include dining rooms, exercise rooms, libraries, computer rooms and social areas. A new dormitory for the students is under construction in San Rafael - after using the same facility for the last 70 years.

The dogs and puppies are cared for in kennels and have state-of-the-art veterinary clinics.

Burton said the puppies spend around a year to a year and a half either in a 4-H home or a puppy raiser home. This is where the pup is potty trained, taught how to ride on buses and receives basic obedience and socialization training.

The next step for the dog is going back to the school where he is given six months of intensive training by a licensed trainer. The dogs have to pass specific tests to become guide

"The dog's career can change at this point," Burton said. "An example, if the dog tends to be a sniffer, the trainer might recommend the dog for the police as a drug sniffer."

The success rate for guide dogs is over 50 percent. A trained animal costs between \$40,000 to \$50,000 by the time dogs and people are trained together. All the costs are paid for through personal donations and investments made over the past seven years by the "Guide Dog" school.

There are no costs involved for the person receiving the dog.

Burton said the most frequently asked question she receives from folks is if they can pet her dog. She

ing her eyesight. since it is important that

guide dogs are not dis-

tracted. The one thing guide dogs are not allowed to do is chase a ball. It can be a distraction when they are working. Burton said when it is least expected...a dog

will be a dog.
"When the dog is out of harness, it is just a dog," Burton said. "It's like flipping a switch. When Hyatt's harness comes off, she acts like a goofball."

Knowing how to travel with a white cane is the one thing required for the person receiving a guide dog. Burton said many people don't know what a white cane means.

Burton volunteers her time educating people and students about guide dogs.

"I do not charge a fee," Burton said. "If people

want to make a donation to the Guide Dog school, I accept donations?

Pocket News photo, Sally King

"I have been walking my dog around the Pocket for 20 years," Burton said. "I work out at "24 Hour Fitness" five days a week."

Burton's story

CANINE ADORATION Guide dog Hyatt thinks her owner Pocket resident Mandy

Burton, is someone extremely special. Hyatt is Burton's third guide dog since los-

Burton began losing her eyesight around age 25. She discovered she had Retinitis pigmentosa, an eye disease that affects the retina, which is located at the back of the eye. On top of that, she also suffered optic nerve damage. Now she can only see faint shadows. At the time she was a legal secretary and living in Arizona. Because computers were not available back then, she immediately lost her job. That's

See Hyatt, page 13



Sun City 55+ Retirement Area **7672 Rosestone Lane** \$290,000

Spacious, immaculate Sun City 55+ retirement area home with updated kitchen-- granite counter tops, roller-drawers, island, extra wide hallways, 3 car garage and bonus, with acceptable offer,--GOLF CART!!!!



Karla Oppliger

916-799-0010 KarlaOpp@comcast.net





Mr. Dunnigan, who is 98, still stops by every day. An office is kept for him as a sign of respect and affection. Although operation of the firm has long since transitioned, the firm he founded in 1951

continues to bear the imprint of his simple approach: 'We are in the people business.'



In an age where businesses come and go, having a guiding legacy is one of the reasons why Dunnigan is a different kind of Realtor.

for current home listings, please visit: DUNNIGAN REALTORS. COM 916.484.2030

916.454.5753





SACRAMENTO • LAND PARK • SIERRA OAKS • EAST SACRAMENTO • CARMICHAEL • WEST SACRAMENTO • GREENHAVEN



Create your dream garden

hour consultation. \$150.00

We supply a hand drawn design with everything you need to implement our ideas.

Personal gardens that reflect you and not just an impersonal landscape.

Interesting gardens that surprise you as they change during

Gardens that YOU can maintain.



Complete designs by quote. Visit our web site at TheGardenTutors.com

Phone: 916 606 6029

LAND PARK

State of the Art Jewelry Repair and Metal Diagnostics

A Family Shop

LIC# 34041416



Jewelry Rare Coins

UNWANTED BROKEN **GOLD OR SILVER?**

Turn It Into Cash!

We Buy and Sell Gold, Silver, Jewelry, Coins Call for Today's Rates on Scrap Gold 916.457.2767

Buying 7 Days a Week: M-F 9-6pm, Sat 9-5pm, Sun 10-4pm

Watch Batteries \$5.00_{+Tax}

Ring Down-Size \$15.00

Most Rings (Some Restrictions Apply) Expires 5/31/12 PN

5100 Freeport Blvd (corner of Arica Way & Freeport Blvd.)

916.457.2767

Ring Up-Size \$35.00

Ad deadline June 7th Reserve your space today! Contact Linda Pohl 916-429-9901

YOUR AD IN 4 PAPERS FOR 1 PRICE

East Sacramento News • Arden-Carmichael News • Pocket News • Land Park News



Balance in EGC is important

Is your life balanced?

We are experts at caring for seniors with Alzheimer's and other forms of dementia. We partner with you to care for your loved ones.

Call or visit us today to learn more about our Expressions Memory Care Community.

Call Us: (916) 427-8887

7548 Greenhaven Drive Sacramento, CA 95831



Greenhaven Estates Assisted Living and Memory Care

www.PrestigeCare.com



Hyatt: Guide dogs trained to keep their humans safe

to Sacramento, to be near her parents for support. At the same time, she started dating a young man who followed her back to Sacramento. He ended up proposing and they have been married for 24 years.

Burton attended the Hadley School for the Blind, learning Braille. She prefers listening to CD's. There are many to choose from today, versus twenty years ago when the only books prisoners used for learning services.

Burton made it a point to say she would not have made it through life without her friends. They take her grocery shopping, to doctor's appointments and help in many ways.

"I appreciate the people in the Pocket, everyone is so sweet and so kind to me," Burton said. "Twenty years ago, I used to get kicked out of places. People in the Pocket look out for me."

Donna Fujimoto, a retired Pocket resident, has been going to the gym with Burton for three years.

We met at the gym," Fusisters now, connected at the hip."

Fujimoto says Burton is an amazing person; she is so together and has a keen sense of humor.

For those who do not know Burton, she wants them to know she is okay and not to be afraid of Hyatt.

Hyatt is a guide dog not a guard dog," Burton said. "She's afraid of herself and her own shadow," laughs Burton.

Burton has only had German Shepherds for guide dogs. She said Hyatt is one of the last Shepherds trained at the guide school. The school has determined Labrador Retrievers will do anything for food, they are faster and easier to train and more public friendly. People look at a Ger-

when she chose to move man Shepherd and they tend to think of them as mean dogs. They look at a lab and see a cute, friendly face. And labs can be crossbred. Sometimes a breeder will cross breed the golden retriever with the golden lab to give it more bounce.

'They can't mix a shepherd with anything, it looks like a mutt," Burton said.

Burton said Hyatt has saved her life on several oc-

'People are like the movbooks being recorded were ies," said Burton. "They won't hit a dog with their car, but they might hit a person."

Burton said Hyatt has actually backed her up to keep her out of harms way. Another reason labs and shepherds have worked well as guide dogs; they are known for their "disobedi-ent intelligence." There are instances when it isn't safe to cross a street, especially now with cars that are completely silent at stop signs and the guide dog has to understand not to allow his owner to cross the

A simple misunderstanding

Burton said once a year jimoto said. "We are like the guide dog school sends someone to inspect her to make sure she is not abusing her dog and to make sure the dog is doing its job. The dog owner is followed to make sure the dog keeps its master from bumping into things and staying out of harms way.

About three years ago when the school sent someone out to follow her, he was mistaken for a stalker.

"Either the Bel Air Shopping center store owners or employees were coming out of their stores to tell me I was being followed," Burton said. "They wanted to stop him and I said, 'No, you don't."

That is what makes the Pocket area so special to Burton. It's all of the caring folks who watch out for her and for Hyatt, a very special dog.



Another Home JUST LISTED by Reneé Catricala







I'm now taking listings! Do you know someone who wants to sell?

ANOTHER NEW LISTING COMING SOON!

I have over 20 years of **Real Estate experience!**

Call Reneé for a FREE Market Analysis of your home.



www.ReneeCatricala.com 730 Alhambra Blvd., Suite 150 Sacramento, CA 95816



4 bedroom 2.5 bath home in top location \$325,000

Do you offer services or products for seniors? ADVERTISE YOUR SENIOR SERVICES IN OUR NEW RESOURCE GUIDE Reasonable rates! • Great Exposure! Call Melissa to reserve space NOW • 429-9901





hair studio 916.422.3440

Women's Wash, Cut, Style

Color & **Highlights Special**

> **FREE Haircut** with Service

Dr. Alan Sladky

Optometrist –



- We offer the latest in eyewear, over 1000 frames to choose from!
- We accept most major vision plans
- · Some glasses & contact lenses ready in 1 hour.
- · Experienced and knowledgeable staff.

Complete Eye Exam &

a 3 Month Supply of **Disposable Contacts**

(Over \$200 Value!)

Change Your Eye Color for \$30 More! Ask for details. Coupon cannot be combined with any other discounts or insurance. Exp 6/30/12

appointments welcome.

(916) 395-EYES

We specialize in hard to

fit contacts, including

those for Keratoconus.

They may be covered

by insurance —

ask for details!

Walk-ins and same day

Dr. Alan Sladky, Optometrist 7465 Rush River Dr. Ste 410

Select Frames & Single Vision

(Save up to \$100)

Lined bifocals \$40 more or details. Coupon cannot be com th any other discounts or insuran Select frames only. Exp 6/30/12

HAIR EXTENSIONS \$30.00 OFF FEATHER EXTENSIONS \$3.00 OFF

Walk-ins Welcome or Call for an Appointment Mon.- Fri. 10 am - 7 pm • Sat. 9 am - 6 pm • Sun. 10 am - 6 pm 7465 Rush River Drive, #810 www.snipshair.com

(916) 428-0138





For over vears

www.cookrealty.net







18 ALSTAN COURT • \$1,175,000 SUSIE K. PARKER • 768-8494



39 ZEPHYR COVE • \$197.675 PATRICK SCHANK • 215-8454



6 EL VADO COURT

Great fam home w/ Beautiful wood paneled fam rm w/box beam ceiling, full size wet bar w/blt in mixer & full size conditioned wine rm. Dwnstrs bdrms w/full bath. \$669,000

SUSIE K. PARKER • 768-8494



51 WATERSHORE CIRCLE

Exquisite 3,100 sq. ft. waterfront home. Beautiful Master Suite w/ balcony over looking lake. Second master could be split into 2 bedrooms Three car garage, 3 bathrooms, in-ground spa & boat dock in Riverlake. \$599,000

SUSIE K. PARKER • 421-3546



2 RIVERSHORE COURT

This is a Single-Family Home located at 2 Rivershore Court, Sacramento CA. 2 Rivershore Ct has 3 beds, 2 baths, and approximately 2,783 square feet. The property was built in 1989. \$384,000

SUSIE K. PARKER • 768-8494



36 LAKESHORE CIRCLE

Wonderful home/better than new condition & what a price! 50yr energy efficient steel roof. Exter painted 2008. High eff heat/air installed 2004 w/seer of 13! Very lg kitch, maple finished cabinets. \$299 900

KEIKO WONG • 718-7400

See all our listings at www.cookrealty.net

REAL ESTATE SCHOOL

- ★ LOW INTRODUCTORY COST
- **★** START ANYTIME
- ★ LIVE CLASSES

Call: Ed Daniels •451-6702

PROPERTY MANAGEMENT

- **★** MONTHLY CASH FLOW
- TENANT SCREENING
- MAINTENANCE

Call: Brittany Naucke • 457-4907

ADDITIONAL LISTINGS

766 STILL BREEZE WAY

Exquisite custom h PENDING builder for his own personal nome Two fireplaces, large granite slab island mixed with easy care corian kitchen. \$1,075,000

SUSIE K. PARKER 421-3546

8160 FREEPORT BOULEVARD

House is in very go PENDING 3bd 3 baths, downstairs bed of bath. Upstairs could be a great master suite w/view of River.

SUSIE K. PARKER • 421-3546

1 SAND PEBBLE COURT

Wonderful home up SOLD new carpet, exterior and interior paint. Open kitchen floorplan with island, remodeled with granite counters. \$219,000

MEENA CHAN LEE • 837-9104

4305 Freeport Boulevard, Sacramento



www.cookrealty.net • (916) 451-6702





Second bird tests positive for West **Nile Virus**

Special to Pocket News

The Sacramento-Yolo Mosquito and Vector Control District received confirmation today that an American Crow has tested positive for West Nile virus (WNV) in the Tahoe Park area of Sacramento County.

This is the second bird of the 2012 season to test positive for the disease.

'With the very warm temperatures we've seen recently, West Nile virus is starting to amplify in our region," said David Brown District Manager. "While we know WNV is here to stay, this bird is a clear sign and a reminder to all that we need to protect ourselves against mosquitoes and diseases they transmit."

Residents are strongly encouraged to report all dead birds by calling the California Department of Public Health hotline at (877) 968-2473 or online at www.westnile.ca.gov.

Some species of birds such as crows, jays and magpies

*Subject to AUS Findings

are very susceptible to the virus and are more likely to die from the infection. Birds are hosts for WNV and mosquitoes transmit the virus by biting an infected bird and then biting a person or other an-

"Dead bird reports provide important surveillance information to track WNV activity in our area and offer valuable information of where positive mosquito samples and human cases may develop later in the season," Brown said.

Lack of dead bird reports decreases the District's ability to detect higher risk locations and protect public

In 2011, 9 deaths and 158 human WNV cases were reported in California.

To report a neglected swimming pool or other mosquito breeding problems, call 1 (800) 429-1022 or fill out a service request online at www. FIGHTtheBITE.net.





Let us build an ad to fit your company's needs

One of our graphic artists will design a free of charge advertisement for you or your company, when you advertise in one of our publications. For more details on this offer, give us a call at



Pocket News file photo

VOLUNTEERS are needed for this year's annual Fourth of July Spirit of the Pocket Parade. This yearly spectacle is the great success that it is because of the members of the community who volunteer their time to make everything run smoothly.

Pocket Parade to be held July 4 – floats, volunteers needed

Pocket News staff

The annual Fourth of July Spirit of the Pocket Parade, the largest parade event in the Pocket-Greenhaven area, is preparing for another magnificent patriotic celebration and is looking to the community for volunteers and floats. The parade, to be held on July 4 this year, is a popular community-produced visual spectacle.

The Fourth of July Pocket Parade will begin promptly at 10 a.m. at Parkway Oaks Park, next to Lisbon Elementary on South Land Park Drive. The parade will then travel down Windbridge, ending at Garcia Bend Park.

Co-chairs of this year's event are Linda Pohl and Kathy Garcia. "We are looking for people to step forward with floats," Pohl said. "Our main thing is to make this great visual presentation, so we would like a lot of floats."

Volunteers are needed to support the efforts (and the fun) of the 17th annual Fourth of July Pocket Parade. To volunteer in positions ranging from pre-parade phone calls, blocking streets (while sitting in a comfortable chair), parade marshals and helping with the after-parade activities at Garcia Bend, e-mail linda@valcomnews.com or contact her at *The Pocket News* at (916) 429-9901.

Parade float entry forms can be picked up at *The Pocket News* office, 2709 Riverside Blvd. Completed entries can be dropped off at the newspaper office or emailed to linda@valcomnews. com. All pre-registered parade entrants will be part of the parade judging. Entries will be judged against others in their group type.





Ilah Turner GRI Call 206-4016

DRE# 01278805

Turning Your Dreams Into An Address



Hollywood Park Cutie

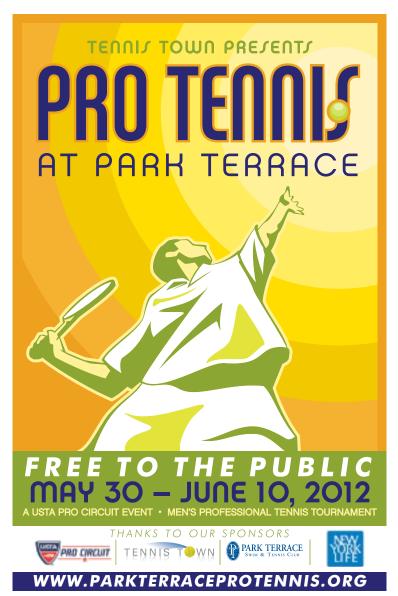
Charming 3 bedroom, 2 bathroom updated home. Large family room with big mature backyard. Newer roof, CH/A, hardwood floors, and plantation shutters. Traditional sale - call me for a private showing.

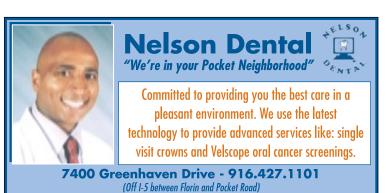
2369 Hooke Way \$239,000

Real Estate Questions? Visit my website. www.ilahturner.com









www.NelsonDental.com







brand new wood laminate floors and two tone interior paint. Charming low maintenance yard is perfect for the busy life style. Not a REO or shortsale.

897 Glide Ferry Way \$385,000

Tuesday, June 19, 2012 @ 2:00pm

Alzheimer's Aid Society President will presen

- Lunch with Grandma
- Early Stage Alzheimer's vs Alzheimer's
- Useful tricks for caring for an Alzheimer's Patient
- Useful tricks for coping with behaviors
- Warning signs

Refreshments & Appetizers will be provided. Please RSVP by June 12, 2012. You can contact us for more info @ (916) 392-3510



7707 Rush River Drive Sacramento, CA 95831

LIC 347001338; 347001342

Putting 'Sacramento Business First' workshop to be held June 8

Special to Pocket News

The City of Sacramento, along with local business partners, will host the first ever "Sacramento Business First" event on Friday, June 8.

This one day workshop is designed to assist business owners in understanding the many programs, servic-

es and opportunities that are available from numerous agencies and organizations, and gain important information to help businesses succeed and

This free workshop will include information on business counseling, marketing and social media, finance and business tax programs, and more.

The workshop will also feature:

- An economic forecast update by local economic development researcher Ryan Sharp, who will discuss the latest economic trends taking place in our region;
- Informational booths and networking opportunities;

• Food and beverages.

The Sacramento Business First workshop will be held at the Woodlake Hotel in Sacramento on Friday, June 8 from 7:30 a.m. to 11:45 a.m. To register, visit www.cityofsacramento.org/econdev/ sacramentobusinessfirst/index.cfm

ake ME Home

Thanks to the following sponsors! A pet can be a wonderful addition to a family. Won't you adopt one of these animals at the SPCA?





Eskaton Monroe Lodge

Independent Living with Services

3225 Freeport Blvd. Sacramento, CA 95818

916.441.1015 www.eskaton.org



Smokie

Color: Grey

Breed: DSH/Mix Gender: Male

Age: 1 year 8 months

Smokie is a beautiful cat who likes being in your lap and also being groomed. He's friendly and playful, as well as sweet and curious about his Sponsored by:

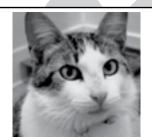


AT GREENHAVEN A one of a kind retirement community

Call to Schedule a Tour Today & Experience the Merrill Gardens Lifestyle!

(916) 427-1133

6350 Riverside Blvd www.merrillgardens.com



Bumper

#15850612

Breed: DMH/Mix Gender: Male Age: 1 year

Color: Brown & white Hair: Short

Bumper is as much fun as a bumper car at a carnival! He's a kitten at heart and loves to chase string toys and climb cat trees.

Sponsored by:

Primrose Living With Memory Loss

Day Club. Respite. Residential.

7707 Rush River Drive Sacramento, CA 95831 (916) 392-3510

LIC 347001338; 347001342



Cappuccino #15626872

#14759997

Hair: Short

Breed: Doberman Pinscher Color: Black & tan Gender: Male Hair: Short

Age: 5 years 1 month

Cappuccino is beautiful and walks nicely on a leash, which is good because he could stand to lose a few pounds. That makes him a great exercise partner and motivator to get you moving on some nice long walks.

Sponsored by:



Dedicated to enhancing the lives and experiences of our residents.

> 7548 Greenhaven Drive Sacramento, CA 95831 (916) 476-8010 LaVidaCommunities.com



RCFE License #347004312



Sally

#15938524

Breed: American Staffordshire Mix Color: White & tan Gender: female Hair: Short

Age: 4 years 1 month

Sally is the sweetest of girls. She a happy, friendly dog who loves to get and give attention. A bright smile is always waiting for you and a cuddle is never turned away!

Sponsored by:



Greenhaven Terrace

A trusted ACC non-profit community

- Senior Living at Its Best Pet Friendly
 - Safe & Secure

(916) 395-0210

1180 Corporate Way Sacramento, CA 95831 www.accsv.org



Josie

#14786528

Breed: Amer. Staffordshire Terrier Color: White & brown Gender: Female Hair: Short

Age: 1 year 8 months

Josie is a happy, young girl. She's independent but enjoys going on walks where she loves to take in the sights to satisfy her curiosity about the world.

Sponsored by:



- 24 Hour Pick-Up Service
- Burials and Cremations

LEAVE A MEMORY ABOUT YOUR BELOVED PET

6700 Verner Avenue Sacramento 95841 (916) 732-2037 www.eastlawnpets.com



Baby Cat

#15908786

Breed: Main Coon/Mix Gender: Female

Color: Black & white Hair: Long

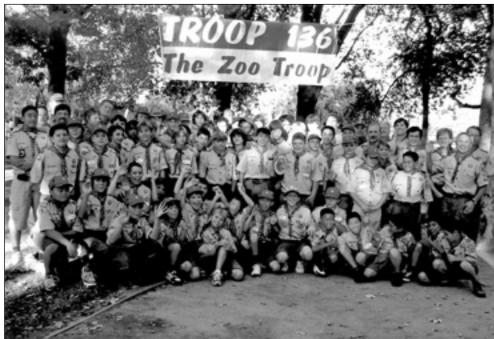
Age: 6 years 1 month

Baby Cat, at six years old and ten pounds, is no baby-but she acts as cuddly as one! Like a baby, she is also very talkative and expects her

* For additional information on adoptions, call the SPCA at 383-7387. Adoptions occur daily and it is not guaranteed the above featured animals are still available. If they are not, the SPCA has many other loving pets available to suit you and your family. The SPCA is located at 6201 Florin-Perkins Road.



THEN...Boy Scout Troop 136 was established 25 years ago, in 1987. Sponsored by the Sacramento



Photos courtesy, Boy Scout Troop 136 NOW...Over 500 young men – past and present – have matriculated through Boy Scout Troop 136, including 70 Eagle Scouts.

Zoo Troop' celebrates 25 years of Scouting

Special to Pocket News

Current and former members of Boy Scout Troop 136, commonly known as "The Zoo Troop," will gather at Camp Pollock this June to celebrate the troop's 25th anniversary and its ongoing partnership with its Charter Organization, the Sacramento Zoological Society.

This unique relationship between the Boy Scouts and the Sacramento Zoo has al-

lowed the troop to flourish, growing from just five scouts in 1987 to approximately 100 registered scouts in 2012. To date, over 500 scouts from throughout the Sacramento region have been a part of the troop, producing 70 Eagle Scouts and providing countless hours of service to the community.

Unique attire

Scouts from the "Zoo Troop" are easily recognizable by their unique leopard print neckerchiefs. The troop is also one of the few whose members continue to wear their collars turned inside, a tradition that dates back to the earliest days of Scouting.

How it all began

The troop was formed in the summer of 1987 when a group of adult leaders from Cub Scout Pack #136 saw the need for a Boy Scout troop in the Land Park area of the city. In order to make that happen, an organization would be needed to charter the new troop. Initially, elementary schools and churches were considered. However, the group really wanted to find an organization and meeting place that would be more attractive to older boys. With that in mind, a proposal was made to the Sacramento Zoological Society, which enthusiastically embraced the idea and agreed to become the charter organization, thus making the troop quite possi-bly the only Boy Scout troop chartered to a zoo.

Leading the way

Initially the troop had only five members, Michael Boughton, Demik Boyden, Jason Hanaman, Tim McKinney and Aaron Thompson with

Don Dean serving as the first Scoutmaster, Another scout, Pat Kreitzenbeck transferred into the troop during the first month and served as the first Sr. Patrol Leader.

From the beginning, the troop enjoyed strong community support with the principals from Crocker-Riverside, Sutterville, and Hollywood Park Elementary Schools serving on the Unit Committee along-side Bill Koontz and Maria Baker from the Sacramento Zoological Society, Pack 136 Cubmaster Dan Cole, and Sutterville Elementary

See Scouts, page 21





For more inforation about the parade or after parade activities at Garcia Bend, Call Linda at the Pocket News 916-429-9901.



Scouts: Zoo Troop boasts 500 past and present members, 70 Eagle Scouts

teacher Ralph Hanaman. Dick Saldine volunteered as the first Committee Chair.

Today the troop is lead by Sr. Patrol Leader Jordan Colby and Asst. Sr. Patrol Leader Christian Salmon with the assistance of Scoutmaster Steve Donaldson and Unit Committee Chair Michele Robb. The original Scoutmaster Don Dean continues to serve the troop as District Commissioner. And as it has from the beginning, the Zoological Society continues to provide guidance to the troop, with Bruce Kern serving as its current representative on the Unit Committee.

Service to others

Community service is one of Scouting's core values. Keeping that in mind, the troop wasted no time finding ways to give back to the community. Just a few short weeks after its formation, the scouts participated in the annual Ice Cream Safari to benefit the Sacramento Zoo, an event

the troop continues to support every year. In addition to the Ice Cream Safari and the annual Zoo Zoom that support the Zoo, over the years the troop has assisted with numerous events throughout the city, such as charity walks/runs, food drives and flag ceremonies.

Monthly outings

The troop has become known for keeping its scouts busy with monthly outings and attendance at annual Capital City District Camporees and Klondike derbies, culminating with a week at a Boy Scout camp every summer. Recent activities have included snow camping in the Sierras, canoeing on the Russian River and an overnight on the USS Hornet to name just a few.

The troop's very first campout was held at the Zoo on Aug. 22-23, 1987 with the scouts camping near the cheetah area and participating in games, skill events and service projects. This tradition continues with the annual "Zoo Safari" overnight campout held each fall which serves as an introduction to the Zoo Troop for Webelos Scouts from the surrounding Cub Scout Packs.

At national events

In addition to local troop-sponsored activities, Zoo Troop scouts have attended all three of the Boy Scouts of America high adventure camps (Philmont, Sea Base, and Northern Tier) as well as the National and World Scout Jamborees. Most recently, three scouts from the troop travelled to Fort A.P. Hill in Virginia to join over 40,000 Scouts from across the country at the National Jamboree celebrating the Boy Scouts of America's 100th birthday in 2010.

Capturing hearts

Although there have been many memorial moments over the past 25 years, one in particular stands out. In August 1988, the troop hosted a group of Boy Scouts from Sacramento's sister city, Matsuyama, Japan. The scouts were escorted on a special tour of the Zoo followed by a barbecue and a spirited game of Capture the Flag (still a Zoo Troop favorite). Although none of the Japanese scouts spoke English, the rules of the game were translated into Japanese, and the area sketched out and marked with colored flags allowing both sides to have a great time. At the end of the day, both groups exchanged tokens and patches plus every scout was presented with the BSA International Activity Patch.

All current and former members of the Zoo Troop are welcome to participate in the 25th Anniversary Celebration. Additional information may be obtained by contacting Don or Tricia Nevis at (916) 391-8495. Also visit www.troop136.com

Do you offer services or products for seniors?

ADVERTISE YOUR SENIOR SERVICES IN OUR NEW RESOURCE GUIDE

Reasonable rates! • Great Exposure!

Call Melissa to reserve space NOW • 429-9901

Call a sales representative today for great advertising rates: 429-9901

COMPUTERS

GOT COMPUTER PROBLEMS?

Pocket Computer Technician. I do on-site visits in the Pocket area. \$45/hr. Outside the Pocket area, travel charge will apply. Problem not fixed? No pay! Free estimates/consultation. Call cell# 296-7161

HANDYMAN

SPRING CLEAN-UP

Rain Gutter cleaning- Concrete removal (Patio, driveways, borders, etc.) Rain gutter cleaning, pressure washing/power spray, hauling, yard work, painting, tree & shrub removal, clean-up, fence repairs, light tree trimming, & more. Ref avail. Call Les at 838-1247. Specials for conjury Licensed

Classified ads work

HANDYMAN SERVICES

No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock,Plaster, Stucco, Repairs and name it! Lic# 908942. Call

HARWOOD FLOORING

HARDWOOD FLOORING

Install, sand & finish hardwood flooring. Or repair and refurbish your existing flooring. Call Mike at (916) 383-8742. References available/Lic#544159

PET PORTRAITS

ORIGINAL PET PORTRAITS

Original Pet Portraiture. Realistic paintings of beloved pets. Perfect gift for animal-lovers! Reasonable prices. Submit photograph-turn around 7-10 days. Email melissa@melissaandrews.com or call 447-4441. See www.MelissaAndrews.com

WANTED

OLD GUNS WANTED

Also want Parker & L.C. Smith double barrel shotguns. Cash paid.

(916) 531-5972



TAX PREPARER

#1 TAX PREPARER

#1 TAX PREPARER
29 yrs. exp. We specialize in Business Tax
returns including Corp & Partnerships.
We prepare expertly all past tax returns
including all State returns. Get the most
deductions allowed to you by law. CTEC
Registered & Bonded. Please call for yr
appt. today. Irene Senst (916) 640-3820,
Nevada (775) 410-3422. Same low 1990
rates www.tayirene info rates. www.taxirene.info



Sell your car! 429-9901

BOOKKEEPING

#1 BOOKKEEPER

29 yrs. exp. in industries like Auto, Mechanics, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-Profit, Retail, Martial Arts, Barber, Construction, Wholesale, Investmen Clubs, Corp, Partnerships, Sm Business. We are experts in General Ledger, Payroll, Profit & Loss & Quarterlies. Call for yr specialized appt. Same low 1990 rates. Ask for Irene Senst (916) 640-3820, Nevada (775) 410-3422. www.taxirene.info

Sell your furniture in the classifieds call Melissa at 429-9901



Hartigan Construction is a family-owned business serving Sacramento since 1995. We do everything ourselves, from painting to drywall, electrical, plumbing, tile, granite, kitchens, baths, flooring. Pretty much you name it, we do it! One of our specialties is kitchens and bath remodels. From a complete tear out to simply modifying the look of an old counter or floor, or updating your shower, we help you design your kichen or bath from the ground up

We like to provide our customers with old-fashioned, friendly service, helping you every step of the way. From start to finish, we want to assure you that your job will run smoothly. Re modeling your home can be a very exciting and exhausting task...sytles to choose, colors that work into the scheme you have now, or perhaps you want a completly new look

Whatever you envision, that task will become easier with us on board to help. Please visit our website for more detailed information about our servies and a Photo Gallery of our work -HartiganConstruction.com



THE REMODEL EXPERTS! "Building your dreams!"

(916) 372-0530

Free estimates - Small jobs welcome

DESIGN/BUILD

- Additions, conversions, renovations
- · Kitchens & baths
- Electrical & plumbing
- Decks & pergolas

HartiganConstruction.com

Serving Sacramento since 1995 • Licensed, Bonded & Insured • Lead Certified • Lic.# 706474

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

AIR CONDITIONING & HEATING



YOUR AD SHOULD BE HERE!

Call today!

Your services are needed. Your ad should be here. Ad design is free.

Call Melissa at 429-9901

ADDITIONS/RENNOVATIONS



THE REMODEL EXPERTS! "Building your dreams!"

(916) 372-0530 Free estimates - Small jobs welcome

DESIGN/BUILD

- Additions, conversions, renovations
- . Kitchens & baths
- Electrical & plumbing
- · Decks & pergolas

HartiganConstruction.com

Serving Sacramento since 1995 • Licensed, Bonded & Insured • Lead Certified • Lic.# 706474

YOUR AD SHOULD BE HERE!

Your Ad Here!

Your services are needed.

Your ad should be here. Ad design is free.

Call 429-9901

ADDITION SPECIALIST



Certified Kitchen & Bath Remodeler

Remodeling and Design LIC# 480492

Award-Winning Design/Build Firm Serving Sacramento for more than 25 years

- Additions
- Kitchens
- Bathrooms Custom Cabinetry

FREE Consultation 916-422-6639

www.lytleconstruction.com



CARPET & UPHOLSTERY CARE

Johnny on the Spot

Complete Carpet and Upholstery Care

"Our cleaning is the most thorough you have ever had, or we will clean it again free. If you are still not pleased, we will refund your money."

- I.I.C.R.C. Master Cleaner
- Stain Removal Experts
- Carpet Repairs & Restretching • Pet Urine Removal

Visit our website at www.johnnyonthespots.com for more info, coupons and specials.

Call (916) 997-7895

CLEANING

PROFESSIONAL

•WINDOW CLEANING (inside/out/screens washed)

- Pressure Washing (house ext/walkways/all concrete areas)
- Rain Gutter Cleaning

• Hard Water Stain Removal

Prime Quality Maintenance



ELECTRICAL CONTRACTOR CAPITOL ELECTRIC

Reasonable Residential &

Commercial Work since 1960

Repairs, Trouble Shooting

Custom Lighting/FREE Est.

Excellent ref from Angie's List

(916) 451-2300

Cell: 213-3740

Neil McIntire — C.S.L.# 394307

Ad design is free. Call 429-9901

YOUR AD SHOULD BE HERE!

Your Ad Here!

Your services

are needed.

Your ad should be here.

Call Jesse (916) 417-4231

ELECTRICAL

Sunshine Electrical

Residential Specialist

Security Lighting Upgrades/Remodels/Repairs **Spa Electrical**

FREE Estimates/Small jobs OK

(916)344-8735 or (916)752-5308 Ca License # 633853 (Liability Insured)

YOUR AD SHOULD BE HERE!

Your Ad Here!

Your services are needed. Your ad should be here.

Ad design is free.

Call 429-9901

GLAZIER/GLASS WORK

TOUCH OF GLASS

We'll beat any price! Commercial & Residential

REPAIR & INSTALLATION Replace broken windows, etching, shower doors, mirrors, patio doors

916,456,2420 www.touchofglass916.com

CLEANING

The Cleaning Brothers

"We Treat Your Home Like It's Our Own" Commercial & Residential Services:

 Pressure Washing
 utter Cleaning (Starting at \$75)
 Window Cleaning Window Cleaning
 Solar Panel Cleaning

Free Estimates! Call Now! (916) 402-8390 www.TheCleaningBrothersCo.com

YOUR AD SHOULD BE HERE!

Your Ad Here!

Your services are needed. Your ad should be here. Ad design is free.

Call 429-9901

It was amazing! They transformed my entire home with all 2 hours! (916) 408-6700 www.MyHomeStory.com \$99 sale price includes I hollow core molded swing door installed in your existing frame

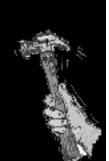
DOOR INSTALLATION

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901



Our Readers Need Your Service! It Pays to Advertise!



Contact Melissa at 916-429-9901

Call LESTER

HANDYMAN

FREEDOM HANDYMAN SERVICES

cialize in all areas of Home Improvement Carpentry – Electrical

Sprinklers – Plumbing **Drains & Mainline**

Quality work the first time, Guaranteed! NO JOB TOO SMALL!

Call Eric (916) 470-3488

HANDYMAN

SPRING CLEAN-UP!

- RAIN GUTTER CLEANING
- ROTOTILLING/& SOD PLACEMENT CONCRETE REMOVAL
- HAULING/SPRINKLER REPAIR
- PRESSURE WASHING

(916) 838-1247 Lic#128758/Ref

Pressure wash your driveways clean! your decks, too! Clean out your garage! Replace that old lawn!

Hard work ---not a problem!
SPECIALS FOR SENIORS/*SERVING THE AREA FOR OVER 15 YRS*

HARDWOOD FLOORING

Hardwood Flooring

Specializing in installing, sanding, and finishing hardwood flooring or repair and refurbish your current floors.

Call Michael – (916) 383-8742

Lic # 544159/References Available

YOUR AD SHOULD BE HERE!

Your Ad Here!

Your services are needed. Your ad should be here. Ad design is free.

Call 429-9901

PAINTING

SOVEREIGN PAINTING



Quality craftsmanship 3rd Generation Painter with over 30-years experience

(916) 422-4416

sovereignpaintingco.com sovereignpaint@yahoo.com

Dan Sovereign, Interior & Exterior Painting Lic.# 484215

PAINTING



Call Bill (916) 519-1175

PAINTING

GARY'S PAINTING

CUSTOM RESIDENTIAL INTERIOR & EXTERIOR OVER 20 YEARS EXPERIENCE WITH PRIDE EXCELLENT REFERENCES

725-8781

Contractors Lic. # 734323 McClatchy '67

PAINTING

COOK PAINTING

Full Service Company - Start to Finish



• Custom Painting • Super clean, neat & fast • Interior/Exterior • Cabinets

Specializing in custom trim & moulding! Color Consultants • Free Estimates

(916) 591-5056 • www.cookpainting.com

PLUMBING

MIDTOWN Licensed PLUMBING Plumbing Contractor Since 1973

Reasonable Residential Work • Repairs • Re-Pipes Sewers • Water Heaters • Drains • Disposals Etc.

916-393-2109 Cell 275-8236

CSL # 284755 • Fully Bonded & Insured

PLUMBING

ROONEY'S

FULL SERVICE PLUMBING 456-7777

rooneysplumbing.com

ROOFING



Specializing in all types of roofing & repairs

Dry rot repairs • Senior discount

(916) 731-7073

EXPERT INSTALLATION REMODELING & REPAIR

Ceramic • Marble • Granite Floors • Counters • Walls

33 Years Experience • FREE Estimates

916-421-9786 License #668100

YOUR AD SHOULD BE HERE!

Your Ad Here!

Your services are needed. Your ad should be here. Ad design is free.

Call 429-9901

Trimming, thinning, shaping & stump removal

Family Owned & Operated since 1967 #1 in customer satisfaction

(916) 428-4882 (916) 689-5244 www.donandsontreeservice.com

UPHOLSTERY

B & T Upholstery & Repair



1600-B Kitchner Rd., Sacto 95822 916/392-1959 • 916/995-7177

YOUR SERVICES ARE NEEDED **CALL Melissa TODAY** TO PLACE YOUR AD (916) 429-9901







'Third annual Youth Media Forum for Social Change' honors local high school media

Special to Pocket News

Local talent from the area's high schools and middle schools was in the spotlight at Access Sacramento's Third annual Youth Media Forum for Social Change" on May 4.

The event ran live on AccessLo-

cal.tv and was hosted by Sacramento Press.

The annual Access Sacramento event honors youth-created digital media projects from throughout the region. Teachers and students from around the world were invited to participate online.

For the first time, John F. Kennedy and C.K. McClatchy high schools joined the live "streaming" television program as virtual studios. Middleschool students from Will C. Wood also demonstrated their "Youth Block Reports" project. Eight other video projects and their young creators were featured and discussed.

All youth participants received special "The Story is You - My Voice Counts" t-shirts, thanking them for their participation.

Access Sacramento, UC Davis -School of Education, and The California Endowment, awarded \$750 in Apple product gift cards to projects juried from the Tower of Youth Teen

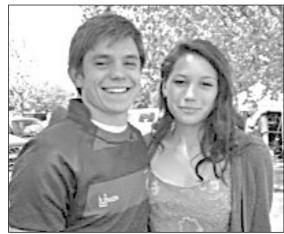


Photo courtesy, Jen Henry

ACCESS SACRAMENTO WINNERS. Christian Brothers High School students Jessica Szarek and Ryan Peadboy received first place in the juried Tower of Youth Teen Digital project entries at Access Sacramento's "Third annual Youth Media Forum for Social Change." Their entry dealt with the subject of texting and driving.

Digital project entries. Ron Cooper, Access Sacramento executive director, presented the "My Voice Counts" awards and t-shirts to the following

winning projects:

First Place: "Texting and Driving - It Can Wait" from Christian Brothers High School students Jessica Szarek and Ryan Peadboy.

Second Place: "Think Before You Act" by Granite Bay High School students Eric Urmanita and Carson Johnson.

ENT LISTING SECTION

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers. Call (916) 429-9901 for rates.

CALL AND **PLACE** YOUR EVENT **TODAY!** (916) 429-9901



FREE LUNCHEON SEMINAR "The Privilege of Planning"

Presenter: Josh Tuttle General Manager East Lawn Mortuary & Sierra Hills Memorial Park Funeral Director Lic#3435

30-minute presentation followed by a question and answer period.

Tuesday, May 22 – 11:30 a.m. to 12:30 p.m.

Seating is limited to 30 attendees per seminar St. Francis Community Hall

6700 Verner Avenue, Sacramento, CA 95841 (I-80 @ Greenback)

Reservations Required RSVP to Lisa West @ (916) 732-2020

Gourd Art Festival

21886 Knight Road **Knights Landing** May 19 & 20, 2012

Gourd Art + Live Demonstrations **FREE** for the whole family Pre-festival gourd art classes

(530) 735-6677 www.gourdfarmer.com Info/Directions on Website CHAMBER MUSIC SOCIETY OF SACRAMENTO

25th YEAR OF BEAUTIFUL MUSIC!

Concerts 6/12/2012

cmssacto.org 443-2908

The American River Chorus presents "The Great American Songbook III"

A musical production with International guest quartets: **Storm Front and Maxx Factor**

June 9, 2012

For tickets or information: (800) 385-3659 www.americanriverchorus.org

54th Annual **Town & Country Art Fiesta** June 2 and 3 10 a.m. to 5 p.m, both days **Corner of Fulton & Marconi Artists Wanted!!!**

Sponsored by Kiwanis Club of Sacramento Suburban 972-7337 townandcountryartfiesta.org CALL (916) 429-9901

TO ADVERTISE YOUR EVENT In the Arden Carmichael News, East Sacramento News, The Land Park News and The Pocket News

CALENDAR

For more Calendar entries visit www.valcomnews.com

Send your event announcement for consideration to: susan@valcomnews.com at least two weeks prior to publication.

May

Bilingual Toastmasters

May 17, 24, 31: Una oportunidad unica para mejorar sus habilidades bilingues y superar el temor de hablar delante de gente con nuestro club Los Oradores Toastmasters. Improve your language skills and lose fear of speaking in front of people in Spanish and English with Los Oradores. Every Thursday/Cada Jueves 6:30 pm - 8:00 pm Sutter Cancer Center 2800 L Street, Sac. Teri Bullington (916) 723-6232 teri.bullington@gmail.com,www.sacramentotoastmasters.com

Capitol Mall Farmer's Market

May 17, 24, 31: Capitol Mall Farmer's Market. Every Thursday, May—Sept. 10 a.m.—1:30 p.m. 6th St. & Capitol Mall, Sac. www.california-grown.com

Florin Sears Store Farmer's Market

May 17, 24, 31: Florin Sears Store Farmer's Market. Every Thursday, year round. 8 a.m.—noon. Florin Rd. & 65th St., Sac. www.california-grown.com

Food Addicts Anonymous

May 17,24,31: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Thursdays. 9 a.m. St. Andrews United Methodist Church, 6201 Spruce Ave., Sac. (800) 600-6028.

Living Positive with Chronic Disease group

May 17, 24, 31: Meet-up group for people living with chronic disease who honor how important a positive mindset is. If you want to complain – this isn't the group for you. The group will discuss and support: best practices for managing your condition, communication strategies, ways to laugh, have fun, engage with life and more. Free. Meets Thursdays. 5:30 p.m. – 7 p.m. Starbucks, 1401 Alhambra Blvd., Sac. Danea Horn (503) 319-4247

Rotary Club of Pocket/Greenhaven

May 17, 24, 31: Hear guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thurs. Aviators Restaurant, 6151 Freeport Blvd., Sac. Kelly Byam (916) 684-6854.

Sacramento Downtown Plaza Farmer's Market

May 17, 24, 31: Sacramento Downtown Plaza Farmer's Market. Every Thursday, May—Sept. 10 a.m.—2 p.m. 4th & K streets, Sac. www.california-grown.com

Sutterville Heights Optimist Club

May 17, 24, 31: Come enjoy community speakers and community projects for youth. 12 noon., every Thurs. Golden Corrall, 7700 W. Stockton Blvd., Sac. Charlie (916) 427-7136 or Mary-Jo at (916) 691-3059

Ballroom Dances

May 18, 25: Enjoy dancing to a live band every Tuesday and Friday. 1:15 p.m.–3:45 p.m. \$5/person. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael

Kiwanis Club of East Sacramento-Midtown

May 18, 25: Come listen to an interesting guest speaker weekly; community service, serving the children of the world. Visitors welcome, first breakfast "on us." 7 a.m.—8 a.m. Fridays. 2875 50th St., UC Davis Med. Ctr., Sac. (916) 761-2124 www.eastsacmidtownkiwanis.com

Rotary Club of Point West

May 18, 25: Hear guest speakers address local, regional and international topics. Visitors welcome. 7 a.m., every Fri. DoubleTree Hotel, 2001 Point West Way, Sac. www.pointwestrotary.com

Soroptimists of Sacramento

May 18, 25: Soroptimist International of Sacramento South, a service club for business and professional women, meets Fridays. 11:15 a.m.—12:45 p.m. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Barbara McDonald, (916)

Carmichael Cactus and Succulent Society 36th annual Show & Sale

May 19, 20: Come to the Carmichael Cactus and Succulent Society 36th annual Show & Sale. Displays of plants, as well as plant and pottery sales. Free plant to first 100 visitors on Saturday. Free. Sat. 9 a.m. – 4 p.m., Sun. 10 a.m. – 2:30 p.m. Carmichael Park Clubhouse, 5750 Grant Ave., Carmichael (916) 729-3475

Fire Station 2 open house

May 19: Come visit Fire Station 2 at 1229 I St., Sac. Free. 2 p.m. – 5 p.m. Presentations at 3 p.m. (916) 808-1347

10th Annual Gourd Art Festival 21886 Knights Road



Knights Landing May 19 & 20

Gourd Art for Sale Pre-festival gourd art classes Fun activities for the whole family

FREE admission & parking

(530) 735-6677

www.GourdFarmer.com

(Info/Directions on the website)













Do you offer services or products for seniors?

ADVERTISE YOUR SENIOR SERVICES IN OUR NEW RESOURCE GUIDE

Reasonable rates! • Great Exposure!

Call Melissa to reserve space NOW • 429-9901

PLEASE JOIN US FOR MERRILL GARDENS'

Friends & Fur Luncheon



Thursday, May 24th, 11:30am - 1:00pm

Please join us for our Friends and Fur Luncheon. We will have a guest speaker from the Sacramento Police Department K9 Unit. Make sure to bring your furry friends because we will have an on site dog groomer as well. Raffle prizes available as well as a wonderful lunch prepared by our Chef Brandon.

Make sure all Guest RSVP by May 22th.



(916) 427-1133 6350 Riverside Boulevard Sacramento, CA 95831 www.merrillgardens.com



A one of a kind retirement community

RETIREMENT & ASSISTED LIVING









ONE MONTH = : = =

- Convenient Office Hours
- Climate Control Units
- Individually Alarmed Units
- RV and Boat Storage
- FREE Truck Rental for Move in Customers

POCKET 1106 Corporate Way 916.424.8028 www.superiorselfstorage.net

> Mon-Sat 9am-6pm Sun 12pm-5pm



FIREWOR

Valley Community Newspapers, Inc.

1253 56th Avenue - \$279,900 > Very sharp 4bd 3ba w/oversize 3-car tandem gar. RY/boat access. Upd granite counters in kitchen, master & hall bath. Wood firs in living m/dining area. Upd tile firs in kitchen, baths, pantry, laundry. Morel Apx 1,955 sf*





< 271 Audubon Circle – Now \$515,000 Spacious 4-5bd, 3ba Custom w/Upd granite kitchen & bath counters! Den, bath w/shower downstairs. Huge family rm & master bdrm. Separate formal living & dining rooms. Large yard, 3-car gar w/high ceiling! Apx 3,259 sf*

100 Audubon Circle - Now \$628,000 > Custom home builder's own home! Custom 4-5bd 3ba Great Rm plan w/many high quality updates, plus an enormous 8-9 car garage! Downstairs bdrm, full bath & den. Great yard ebrick patio & pergola. More! Apx 3,419 sf*





< 234 River Acres Dr – Call for details! Exceptional location & features! 3bd 2.5ba "Great Room" plan wiformal dining rm, upd stainless kitchen appliances w/Blue Star gas range. Tile roof. Upd laminate & tile flooring. Apx 25' deep carage. More! Apx 1,899 sf*

Bill is the consummate professional. He will use every available tool to get the job done. I highly recommend BÍll to others." Nathaniel Davis, Seller - Greenhaven Area, 2012





Over 30 Years Experience - References Greenhaven / Pocket Area Specialist Masters Club, Outstanding Life Member







DRE# 00692245





www.HeavenLysYogurt.com

Kids get first 4 oz. FREE every Friday from 4-8pm

7600 Greenhaven Dr., #21 (916) 455-6000 11:00 am – 9:30 pm Daily

5535 H Street, #10 (916) 422-8120 11:00 am - 9:30 pm Daily

FREE YOGURT

led by U.S. Army

PRUDENTIAL DUNNIGAN REAL ESTATE

WE'RE ALL ABOUT YOU

100 AUDUBON CIRCLE \$628.000



SINGLE FAMILY, 4-5 BEDROOM, 3 BATH, 3419 SF **BILL BONNER 320-1888**

271 AUDUBON CIRCLE \$515,000



SINGLE FAMILY, 4-5 BEDROOM, 3 BATH, 3259 SF **BILL BONNER 320-1888**

7727 RIVER LANDING DRIVE \$519,000



SINGLE FAMILY, 5 BEDROOM, 3 BATH, 3270 SF **LYNN LUK LEE 628-2843**

6678 BENHAM WAY \$489,900



SINGLE FAMILY, 5 BEDROOM, 3 BATH, 2257 SE **NICK LAPLACA 764-7500**

8042 LINDA ISLE LANE \$337,500



SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1428 SF **NICK LAPLACA 764-7500**

14 FREE RIVER COURT \$319,500



SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1674 SF NICK LAPLACA 764-7500

234 RIVER ACRES DRIVE \$299,900



SINGLE FAMILY, 3 BEDROOM, 2.5 BATH, 1899 SF **BILL BONNER 320-1888**

6485 CHETWOOD WAY \$299,500



SINGLE FAMILY, 3 BEDROOM, 3 BATH, 1905 SF **LYNN LUK LEE 628-2843**

1253 56TH AVENUE \$279,900



SINGLE FAMILY, 4 BEDROOM, 3 BATH, 1955 SF **BILL BONNER 320-1888**

6915 WATERVIEW WAY \$240,000



SINGLE FAMILY, 4 BEDROOM, 2 BATH, 1967 SF **BOB SPEECE 801-6733**

7456 MYRTLE VISTA AVENUE \$215,000



SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1568 SF DAWN O'CONNOR-ROWF 799-4835

5 STANISLAUS CIRCLE \$185,000



SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1176 SF **BRANDON SHEPARD 479-1936**

ELK GROVE

9556 SUNLIGHT LANE-\$134,000

PENDINGSINGLE FAMILY, 3 BEDROOM, 3 BATH, 1351 SF **FARES ALIE 247-7198**

9069 QUAIL TREE COURT-\$289,000

PENDINGSINGLE FAMILY, 4 BEDROOM, 2 BATH, 2425 SF LYNN LUK LEE 628-2843

8708 ARMAGH COURT-\$160,000 PENDING

SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1598 SF **BRANDON SHEPARD 479-1936**

9037 ALLBRITTON WAY-\$201,500

NEW LISTING SINGLE FAMILY, 5 BEDROOM, 3 BATH, 2790 SF

FARES ALIE 247-7198 9372 OREO RANCH CIRCLE-\$210,000

SINGLE FAMILY 3 BEDROOM 2 BATH 2263 SE MARSHA CHAN 217-5500

9570 CAMIE COURT-\$279,000

PENDING

SINGLE FAMILY, 4 BEDROOM, 3 BATH, 2700 SF **BRANDON SHEPARD 479-1936**

9404 RIVER FALLS COURT-\$180 000 **PENDING**SINGLE FAMILY, 4 BEDROOM, 3 BATH, 1854 SF

BRANDON SHEPARD 479-1936

9327 SALMON CREEK DRIVE-\$245,000 PENDING

SINGLE FAMILY, 4 BEDROOM, 3 BATH, 2539 SF **BRANDON SHEPARD 479-1936**

8641 FESTIVAL DRIVE-\$219,999 PENDING

SINGLE FAMILY, 4 BEDROOM, 3 BATH, 2212 SF **NEAL ALIE 981-7129**

8291 FOX HOUND CIRCLE-\$220,000 **PENDING**SINGLE FAMILY, 4 BEDROOM, 3 BATH, 2526 SF

BRANDON SHEPARD 479-1936

SACRAMENTO

8732 KENTSHIRE WAY-\$175.000

NEW LISTINGSINGLE FAMILY, 3 BEDROOM, 2 BATH, 1663 SF

JERRY LANDRETH 502-0928 1454 FRUITRIDGE ROAD-\$150,000

PENDINGSINGLE FAMILY, 3 BEDROOM, 2 BATH, 1479 SF **DAVID OHARA 600-9495**

8823 SALMON FALLS DRIVE #B-\$85,000

NEW LISTINGSINGLE FAMILY, 4 BEDROOM, 3 BATH, 1518 SF **JOLEEN A DUNIGAN 717-3559**

2319 V ST. - \$495,000 SINGLE FAMILY, 4 BEDROOM, 3 BATH, 3100 SF

DAWN O'CONNOR-ROWE 799-4835 2885 NORWOOD AVENUE-\$350,000 RESTAURANT, 139,392 SF

DAVID OHARA 600-9495 2329 22ND AVENUE-\$185,000

PENDINGSINGLE FAMILY, 2 BEDROOM, 1 BATH, 1156 SF LYN LUK LEE 628-2843

> 2613-2615 T STREET-\$175,000 **NEW LISTING** MULTI FAMILY, 6534 SF

TERRY J MULLIGAN 768-3796

6537 VERNACE WAY-\$68,000

PENDINGSINGLE FAMILY, 3 BEDROOM, 2 BATH, 1034 SF **NEAL ALIE 981-7129**

1 FLORIN ROAD-\$1 460 000

NEW PRICERESIDENTIAL ACREAGE, 60.409 ACRES **DAVID OHARA 600-9495**

3 LENMAR COURT-\$150,000

PENDINGSINGLE FAMILY, 3 BEDROOM, 2 BATH, 1428 SF **DAVID OHARA 600-9495**

4200 E COMMERCE WAY #623-\$50,000 PENDING

CONDO, 1 BEDROOM, 1 BATH, 667 SF DAVID OHARA 600-9495

9096 BEDROCK COURT-\$229,000

PENDING
SINGLE FAMILY, 4 BEDROOM, 3 BATH, 2781 SF **DAVID OHARA 600-9495**

4909 T STREET-\$699.000

SINGLE FAMILY, 4 BEDROOM, 2 BATH, 3009 SF DAWN O'CONNOR-ROWE 799-4835

3328 SAN JOSE WAY-\$49,000

PENDINGSINGLE FAMILY, 2 BEDROOM, 1 BATH, 864 SF **NEAL ALIE 981-7129**