

THE POCKET NEWS

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February 21, 2013

Community News in Your Hands

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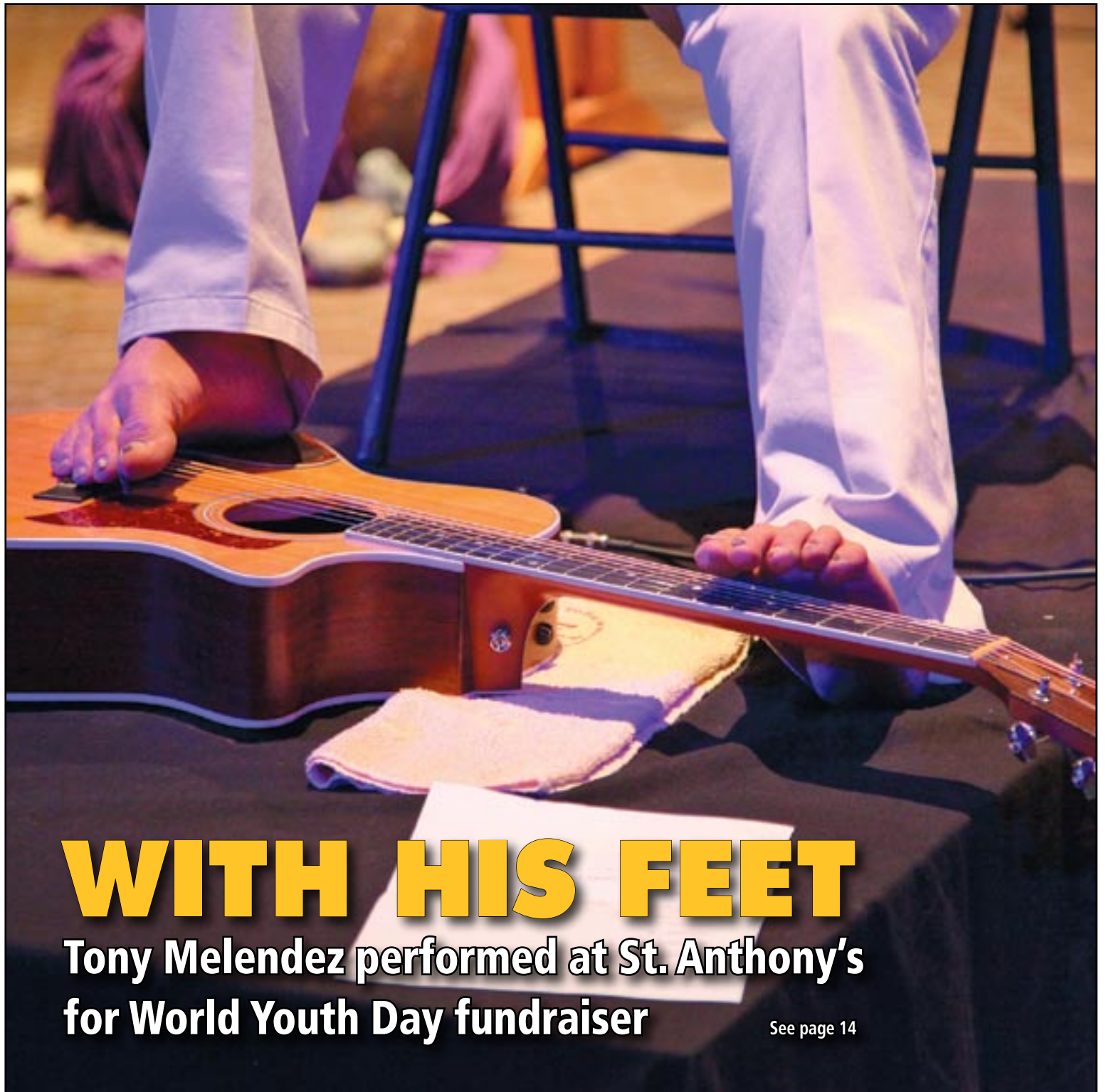
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Third annual Steinberg Seussical Story Hour

On Saturday, March 9, join the library for stories and crafts to celebrate favorite Seuss books as well as a few books by Theodor Seuss Geisel award-winning authors Tedd Arnold and Mo Willems. Special guest readers include: Senate pro Tem Darrell Steinberg, Assemblymember Dr. Richard Pan, former Councilmember Robbie Waters, and Sacramento Public Library Director Rivkah Sass. The Seussical Story Hour starts at 11 a.m. and will be held at the Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Dr., Sacramento 95831.

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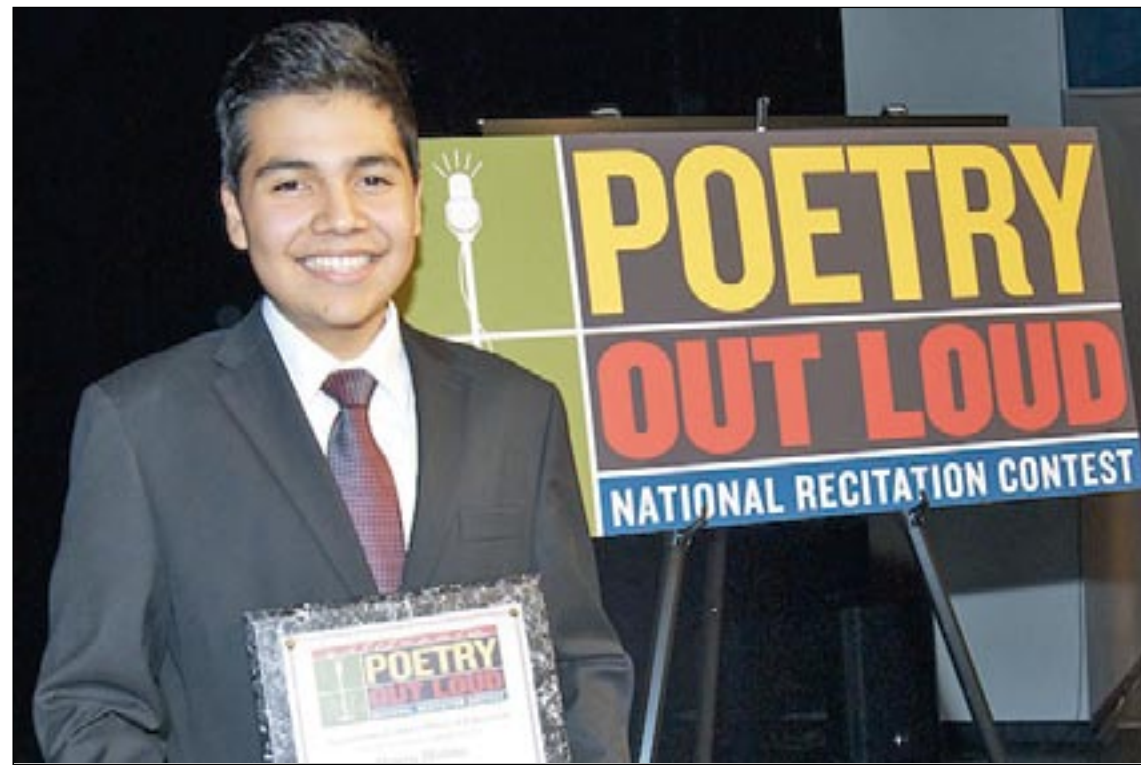
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Courtesy of the Sacramento County Office of Education
Henry Molina from John F. Kennedy High School, winner of the 2013 Sacramento County Poetry Out Loud competition.

JFK student wins 'Poetry Out Loud'

By MONICA STARK
editor@valcomnews.com

*The poet pursues his beautiful theme;
The preacher his golden beatitude;
And I run after a vanishing dream—
The glittering, will-o'-the-wisp-ish gleam
Of the properly scholarly attitude—
The highly desirable, the very advisable,
The hardly acquirable, properly scholarly attitude.*
First stanza of 'Properly Scholarly Attitude' by Adelaide Crapsey

Henry Molina from John F. Kennedy didn't realize that performing "Properly Scholarly Attitude" for a school assignment would change his opinion of poetry or that he

would be so good at it that he would end up winning the Sacramento County Poetry Out Loud Competition for 2013.

Henry finished first from a field of 15 during the Sacramento County finals, held Thursday, Feb. 7, at Rosemont High School and earned the right to represent Sacramento County in the State Finals, March 25-26 in Sacramento. Carinn Candelaria, from Pleasant Grove High School in the Elk Grove Unified School District, is the Sacramento County runner-up.

In addition to Crapsey's poem, Henry performed "The Charge Of The Light Brigade" by Alfred Lord Tennyson.

Henry said the event was a lot of fun, though a little nerve wracking, since the judges were local poets themselves and "knew what they were talking about."

Henry said he came upon "Properly Scholarly Attitude" because of a classroom competition and he needed a poem to perform in front of the class. After he won the JFK competition, he had to choose another one.

"Before I started, I was not a big fan of poetry," he said, but

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John Cabrillo Elementary PTA held Take Your Family To School Week

Editor's note: Look in the next issue of The Pocket News for photos from the Feb. 22 event.

For the first time ever PTA Take Your Family to School Week has a theme, which focuses on a critical risk for our nation's youth—Safety at Home and at Play. In honor of the week, John Cabrillo Elementary PTA will conduct special events to welcome families to campus, including a multi-route walking school bus event, and day-long parent engagement workshops and other activities.

On the morning of Friday, Feb. 22, Cabrillo students and families were expected to park at different locations and proceed to school on foot, reinforcing the importance of walking in numbers, observing safe habits in and around traffic, and safe routes to school.

Didion teacher challenges others to collect 'Pennies for Patients'

The following is an open letter from Genevieve Didion K-8 School teacher Laura Nann:

For the last few years, I have coordinated the "Pennies for Patients" fundraiser at our school in honor of the Leukemia and Lymphoma Society of Sacramento.

A former co-worker of mine went through leukemia treatments many years ago and is a survivor! She started the program at my last school and I continued the tradition when I started teaching at Genevieve Didion.

Kids helping kids, right? It just makes sense. Not only do the funds stay here in Sacramento, but we are helping families with children inflicted with this blood disease, many of who survive and go on to live healthy, productive lives.

Just by saving change, or bringing a donation box to their parents' work, our school of 631 students brought in \$3,396, surpassing our goal of \$3000. In the past three years our school has raised just under \$10,000.

If every school in Sac City set aside three weeks each school year, think what we could make together. So what do you say? Are you ready to take on this worthy cause?

Poetry: Henry Molina from JFK won countrywide poetry contest

Continued from page 3

after he put his mind to the assignment over the course of a few months, he found himself enjoying it.

California's overall winner will receive \$200 and an expenses-paid trip to compete in the National Finals in Washington, D.C., held April 28-30, 2013. A total of \$50,000 in awards and school stipends will be awarded at the national fi-

nals, including a \$20,000 award for the National Champion.

Sacramento Poet Laureate Jeff Knorr served as the Sacramento County Poetry Out Loud master of ceremonies. The competition encourages high school students to learn about great poetry through memorization, performance, and competition. The program provides students with the opportunity to perform poetry in English classes.

Modeled like the National Spelling Bee, the Poetry Out Loud program began in local high school classrooms, with winners advancing to school-wide,

then regional competition. Schools countrywide are participating in regional competitions.

The Sacramento County Office of Education partnered with the California Arts Council (CAC) in promoting and supporting the Poetry Out Loud: National Recitation Contest in the Sacramento region. Sponsored by the National Endowment for the Arts (NEA), and the National Poetry Foundation, SCOE and its partners encourage high school students to study and appreciate poetry through practice, performance, and competition.

Please Recycle this Paper, Thank You!

Darrell's Notes for January and February

By COUNCILMEMBER DARREL FONG

New Year and New Projects

Recently, the Brookfield School, which is currently located at the Congregation B'nai Israel, purchased a large vacant parcel of land along Riverside Blvd and 43rd Ave. The school, which will be located on the border of council district 7 and district 4. We are happy that a corner, which was slated for several different projects over the past 20 years, is moving forward and will be put toward a positive use.

Envision Sacramento

The City of Sacramento has launched a new public engagement website, EnvisionSacramento.com. Envision Sacramento provides you with the opportunity to share ideas, suggestions and give input on how you envision our city in the future. The City of Sacramento hopes to gain insight on a number of issues important to the community—from future development and transportation to quality of life and public safety. Check out EnvisionSacramento.com to start sharing your ideas!

Assembly Member Dr. Richard Pan

I want to encourage you to reach out to Dr. Richard Pan, who was recently elected to the 9th Assembly District. I had the privilege of working with Dr. Pan when he represented the 5th Assembly District and am happy to say we continue strong advocate in the Assembly for our neighborhood. And an added bonus, Dr. Pan is a resident of the Pocket. Join us next Saturday, Feb 23rd for our first park clean up of the year. We will meet at Garcia Bend Park. The clean up will begin at 9:30am. Contact Araceli Mercado for more information, call 600-8466 or email aramercado@gmail.com

4th Annual California Helping Hands "Day of Service"

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Hi Neighborhood Association and the Deerfield Mesa Grande Neighborhood Association on Saturday, April 27 for the fourth Annual Helping Hands "Day of Service". The Mormon Helping Hands program brings together church members and their neighbors to provide community service. For one weekend in April, over 1,100 projects with over 130,000 volunteers will take place throughout the state, and we are fortunate enough to have three of these projects in our district. Valley Hi Park, Mesa Grande Park, and Hite Park will all be cleaned and repaired. To learn more about volunteer opportunities for these three projects, contact Cyndia Castro, Adopt-a-Park Coordinator, at 808-2285 or by email at ccastro@cityofsacramento.org.

Citywide Loose-in-the-Street Yard Waste Collection For All Customers

Third Week of February 2013: All yard waste must be placed out no later than 6 a.m. on Monday, Feb. 18. The last two spring citywide Loose-in-the-Street collections for containerized yard waste customers will be in the third week of February and last week of May

2013. In order to ensure material is collected during the spring citywide loose-in-the-street service, all yard waste must be placed out for collection no later than 6:00 a.m. on Monday, Feb. 18 and Monday, May 27. <http://www.cityofsacramento.org/generalservices/solid-waste-recycling/yard-waste/containerized.cfm>

Mail Theft Community Meeting:

On Jan. 28, we hosted a community meeting attended by 86 people on the recent string of mail theft plaguing neighborhoods all over south Sacramento. Captain Schneider two members from the postal inspectors office were in attendance to discuss how to be proactive and not become a victim of mail theft. Below is a fact sheet that our office, in cooperation with members of Captain Schneider's staff developed. We had hoped to have a map of the areas being plagued, but the postal inspectors were not able to provide that information due to their ongoing investigation.

Follow these steps to Protect Your Mail

• Use the letter slots at your post office to mail letters, or give them to a letter carrier.

- Pick up your mail promptly after delivery. Don't leave it in your mailbox overnight.
- Don't send cash in the mail.
- Ask your bank for "secure" checks that can't be altered.
- Tell your post office when you'll be out of town, so they can hold your mail until you return.
- Never send cash or coins in the mail. Use checks or money orders.
- Promptly remove mail from your mailbox after delivery, especially if you're expecting checks, credit cards, or other negotiable items. If you won't be home when the items are expected, ask a trusted friend or neighbor to pick up your mail.
- Have your local post office hold your mail while you're on vacation, or absent from your home for a long period of time.
- If you don't receive a check or other valuable mail you're expecting, contact the issuing agency immediately.
- If you change your address, immediately notify your post office and anyone with whom you do business via the mail.
- Always deposit your mail in a mail slot at your local post office, or hand it to your letter carrier.
- Consider starting a neighborhood watch program. By

exchanging work and vacation schedules with trusted friends and neighbors, you can watch each other's mailboxes (as well as homes).

• If you observe a mail thief at work, call the local police immediately, and then call the U.S. Postal Inspection Service at 877-876-2455. If you believe your mail was stolen, report it immediately to your local postmaster or nearest Postal Inspector. You'll be asked to file a formal complaint using PS Form 2016, Mail Theft and Vandalism Complaint. By analyzing information collected from the form, Postal Inspectors may determine whether your problem is isolated or part of a larger mail theft problem in your neighborhood—and it may help Postal Inspectors locate and apprehend the thieves.

Consult with your local postmaster for the most up-to-date regulations on mailboxes, including the availability of locked centralized or curbside mailboxes.

• If you feel that you are a victim of a crime involving the mail, submit an on-line complaint." Report all mail theft to a Postal Inspector.

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Hydraulic mining had negative effect on Sacramento River, capital city

By LANCE ARMSTRONG
lance@valcomnews.com

Editor's Note: This is part five in a series about the history of the Sacramento River.

Just as the indomitable Sacramento City was beginning to cope with and protect itself from the common natural disasters of flooding, man had a hand in placing new obstacles in the path of this growing city.

The Gold Rush brought population, prosperity and even the state Capitol to Sacramento, but it also resulted in new environmental challenges and a new source of flooding that ultimately led to dramatic changes in flood control.

These changes began with increasing the heights of the levees, filling in creeks and sloughs, rechanneling tributaries and expanding the breadth of the Sacramento River through the creation of weirs and bypasses.

The property and economic devastation of the flood of 1861-62 left the people of Sacramento with a feeling that nature and the rivers had done their worst. And then the unthinkable happened, as the American River rose to its highest level in 1867.

This same flood caused the Sacramento River and its many tributaries to overflow their newly created levees and destroy the hastily prepared dams and modifications that were put in by local districts and privates citizens.

These new high water marks established throughout the region called for a more coordinated flood control effort on the part of cities and agricultural areas within the Sacramento Valley.

One of the first big engineering endeavors was to take the big bend out of the west end of the American River that flowed into Sutter Lake, near the confluence of the American and Sacramento rivers. This is part of the current location of the Union Pacific railyard, which is locat-

ed north of the California State Railroad Museum.

The rechanneling project began in 1864 and was completed four years later. As a result of this new channel, the American River met with the Sacramento River one mile further north. Even after raising the levees and rechanneling the American River, the city experienced another flood.

The citizenry was perplexed in how the rainfall could be less, the snowmelt could be slower, the levees could be higher and yet the river could still overflow its banks.

The answer to this conundrum was found in the very phenomenon that gave the city its existence.

Gold brought wealth, people, and then it brought floods.

As the easy to reach placer deposits of gold dried up and deep hard rock mining became expensive, the miners turned to water power to seek their fortunes.

Hydraulic mining was used in small scale ventures in the 1850s, but by the following decade

See River, page 7

River: Rising river bottoms caused floods, impacting navigation

Continued from page 6

and into the 1870s, huge companies used enormous water cannons known as monitors to demolish large hills and even small mountains in their quest for gold.

After the gold was removed, the rest of the detritus was sent into streams, which flowed into larger waterways that filled the channels of the Sacramento River and its tributaries.

It became apparent to the engineers and many others that it was not rising waters that were causing the floods, but it was instead rising river bottoms choking the channels, causing the flooding and impacting navigation.

According to the 1957 book, "The Geography of the Sacramento-San Joaquin Delta, California," by John Thompson, "By 1866, debris had ended the infamous side-by-side steamboat races along the Sacramento River."

It also had a dramatic effect upon the farmers and their land, because the mining refuge left from the floods was not the same as the rich alluvium left by the natural annual rise and fall of the river that

enriched the soil and increased production.

Instead what came down from the mines were rock fragments of varying sizes and elements. These waters carried mercury, cyanide and other poisons, which could sterilize the soil, kill crops and harm animals and even people.

Despite the obvious harm from hydraulic mining, the companies refused to halt or even limit this activity.

The hydraulic monitors allowed mine owners to hire a few men to perform work that once required hundreds of workers.

The friction created by this conflict of ideas caused a rift and debate among miners, farmers, environmentalists, navigation companies and recreationalists that lasted for decades.

Not everyone was going to be able to realize their objectives, so something would have to change.

The financially powerful mining industry and its strong political lobby was able to ignore the pleas of a concerned citizenry based on the concept that California and its Sacramento Valley were a state and a region born of the Gold Rush.

But as the waterways continued to fill with debris and mining slush, and levees failed and agricultural production decreased, it became apparent that channels, overflows and drains could not solve the problems created by hydraulic mining.

The unnatural flooding of the Sacramento River and its tributaries became a national, rather than a regional problem.

The mining interests were so powerful that they were able to defeat all legislative attempts to control the pollution and destruction. But 1878 became the proverbial "last straw."

A city that had already endured several inundations and had gone to great lengths to protect itself from more flooding, once again found itself underwa-

ter, as Sacramento experienced another major flood on Feb. 1, 1878.

The 1880 book, "History of Sacramento County, California," presented various details about this flood.

Included in the book were the following words: "At 2 o'clock on the morning of that day, a break was reported in the levee near Lovedall's (sic) Ranch, on the Sacramento River, the city and Sutterville. Almost immediately thereafter, a section of the levee, some twelve feet in width, washed out, having been completed honeycombed by gophers. The noise of the torrent pouring through the crevasse could be heard distinctly at a great distance. (That evening), the Sacramento (River) was twenty-five

feet, 2 inches above the low water mark, higher than ever before known."

Sacramentans were tired of floods, tired of mining - which was no longer the center of economy - and tired of politics and politicians who thwarted meaningful attempts to control these unnatural inundations.

Concerned citizens found a way to circumvent the powerful mining lobby by controlling navigation rather than extraction to stop the devastation of the hydraulic mining. But it took another six years to accomplish.

How the city finally controlled the problem and one of the most exotic solutions of how Sacramento tried to deal with the problem will be covered in the next article of this series.

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Caroline Wenzel students get ahead with reading partners

By CORRIE PELC
corrie@valcomnews.com

A wise man named Dr. Seuss once said, "The more you read, the more things you will know. The more you learn, the more places you'll go."

An organization making sure that children in the Sacramento area have a chance to build the early reading skills they will need for the rest of their lives is Reading Partners – a nonprofit that provides volunteer-led, one-on-one literacy tutoring to students in grades kindergarten through fifth grade in low-income elementary schools.

According to Deanna Berg, Sacramento/Chico regional executive director for Reading Partners, the organization works in local communities to provide early intervention for children who are behind six months to two and-a-half years in reading abilities.

"Statistics show that kids who aren't reading on grade level by third grade is an indicator for high school drop out rates and their ability to be successful as they move on through their school

years," she explains. "So we really focus on those early years with the belief that if we can catch them in that first part of their education, we're going to get more impact in the long-run."

Between the Lines

Reading Partners currently operates 11 programs in the Sacramento area, including two schools in the Arden area – D.W. Babcock Elementary School and Thomas Edison Elementary School – and Caroline Wenzel Elementary School in the Pocket.

Betty von Werlhof, principal of D.W. Babcock Elementary School, says this is the second year they have had the Reading Partners program at the school. She says last year, 33 students took part in the program, and this year they have 29 students enrolled so far. "That list is growing, we're adding students every month – as we get more tutors, we get more students," she adds.

According to von Werlhof, Reading Partners is a "wonderful program" and they received "fantas-

tic data" from last year – of the 33 students enrolled in the program 93 percent of students accelerated their rate of learning. "The average gain for every month the child was tutored, they gained two months of reading, so they were doubling their rate of progress while they were being tutored," von Werlhof says. "It's really exciting. Programs like this are helping us to get kids up to grade level. Not only do they learn to read, but they can use their reading skills to learn everything else they need to know."

Over at Caroline Wenzel, Dennalia Harris, onsite coordinator for Reading Partners at the school, says this year the program has 38 students enrolled, however she hopes to hit her 55 enrollment goal by the first week of March. She says the students know they are behind, and through a one-on-one environment students can go at their own pace and see their progress.

"Reading Partners does make a difference -- when I did the mid-year review, I saw the difference and it's amazing," she explains. "It's outstanding

how much (the students have) grown in just three months. And that's because of tutors – without tutors we wouldn't be able to do that."

Read All About It

So how does Reading Partners work? Berg says the program uses volunteer tutors that provide one-on-one tutoring sessions to each child in the program twice a week. Reading Partners uses its own curriculum created and developed by education and literacy experts. There are two tracks -- one for beginning readers that focuses on phonics and early reading skills, and a comprehension track for kids who are able to read, but not necessarily comprehending what they're reading.

Teachers refer students to Reading Partners, Berg says. "When a child is referred to our program, we do an assessment to determine where they are reading, and that places them in the curriculum," she

See Reading, page 12

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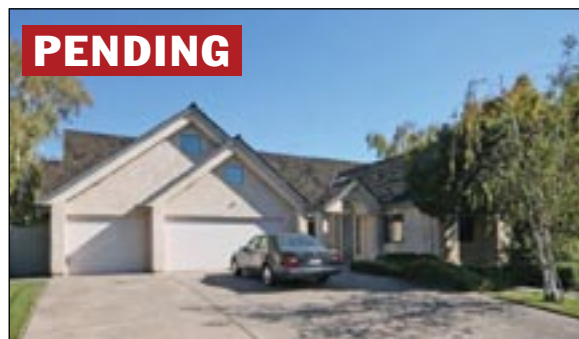
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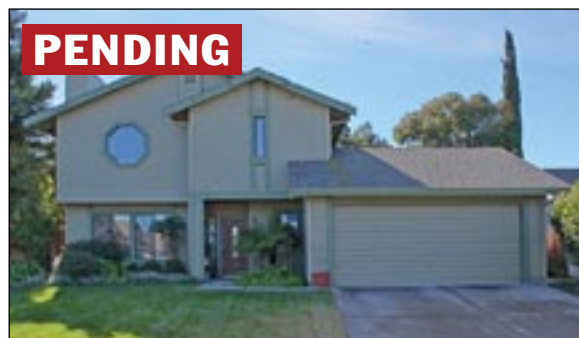
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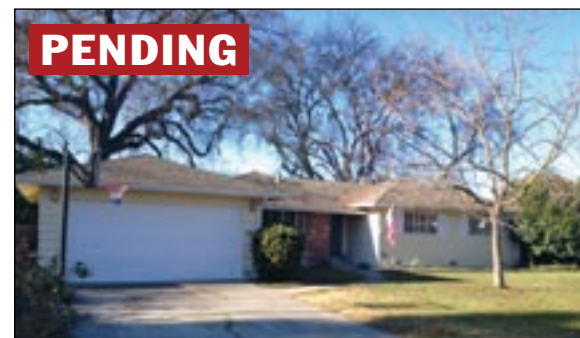


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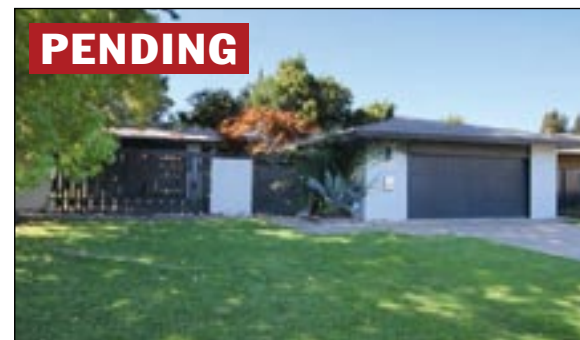


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Help kids become star readers with United Way book drive

United Way, Barnes & Noble to hold Starry Night reading event Feb. 27

Local residents can help kids reach for the stars by participating in United Way California Capital Region's 2nd Annual STAR Readers Book Drive Feb. 18-March 8. The drive benefits United Way's STAR Readers project that is working to increase graduation rates by improving early reading skills.

"Up through third grade, children are learning to read. In fourth grade and beyond, they're reading to learn," said Steve Heath, United Way president and CEO. "Children reading at grade level entering fourth grade are far more likely to graduate from high school. This book drive will help more than 650 local kids have access to books that will set them on a path for success."

The online book drive gives donors the chance to purchase age-appropriate books for children in kindergarten through third grade: "A Green, Green Garden" by Mercer Mayer, "Marley: Firehouse Dog" by John Grogan, "Frog and Toad are Friends" by Arnold Lobel and "The Enormous Pearl Heist" by Geronimo Stilton. The goal is to collect more than 650 books, one for each child in United Way's STAR Readers project. Books will benefit Amador-Tuolumne Community Resources in Jackson, Boys & Girls Club of Auburn, Boys & Girls Club of El Dorado County, Boys & Girls Clubs of Greater Sacramento, Davis Bridge Foundation, New Morning Youth and Family Services in Placerville, Sacramento Chinese Community Service Center and Yolo County Children's Alliance in Davis. Books range from \$3.99 to \$6.99. To purchase books, visit www.yourlocalunitedway.org.

As part of the STAR Readers Book Drive, United Way is teaming up with Barnes & Noble in Citrus Heights for a children's reading event. Families are invited to A Starry Night from 7-8 p.m. on Feb. 27 at 6111 Sunrise Boulevard. Local residents will offer dramatic readings of the books, which will be available to purchase that night for the book drive. The event will include refreshments, and children are encouraged to wear pajamas. For more information, visit www.yourlocalunitedway.org.

United Way's partners in the 2nd Annual STAR Readers Book Drive include the Sacramento Bee, Barnes & Noble, KVIE and the Sacramento Public Library.

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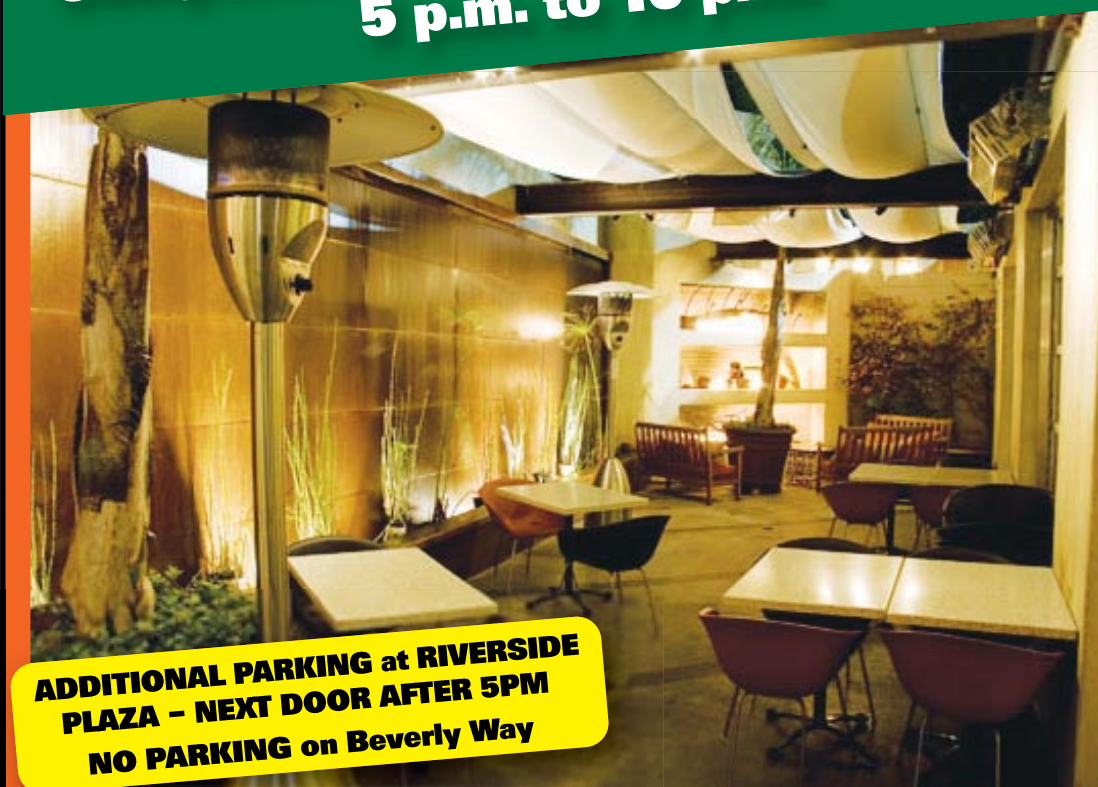
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Reading: To keep strong program going, volunteers are needed

Continued from page 8

explains. "They start there and they move through the lessons sequentially, each one builds on the next, so it's really a highly organized system that's really effective by our research that we're doing."

In addition to the initial assessment, Reading Partners also conducts assessments mid-year and at the end of year. "Our data shows for every month that they receive tutoring in our program, they make 1.6 months worth of gain in readability, so we're really helping to move them along," Berg adds.

The Reading Partners' onsite coordinators at each school also work closely with the teachers and principal to keep them informed of each student's progress. According to Tina Khatcherian, community builder and onsite coordinator for the Reading Partners program at Babcock Elementary, teachers

are given the results of the students' initial assessments, plus what strategies and goals Reading Partners will be working with. Additionally, she provides progress reports for each student when report cards are due.

"There's not only written forms of communication, but I sit down and I observe classes in the beginning of the year, and I also find out what things they are studying so that I can do what I can to reiterate what they're learning in class and support the teachers," Khatcherian adds.

Helping Hand

To keep a program like this going, a strong set of volunteers is needed. Berg says their goal is to have 750 volunteers in the Sacramento area, which serve 575 children, and their volun-

teers range from high school students to business professionals to retirees.

Berg says they look for volunteers that are willing to make a commitment to a child for at least one hour a week for one semester, and volunteers do not have to be a literacy expert or credentialed teacher to help out. "The nice thing is our curriculum is really designed to where each lesson has one concept that's being explored, and it has step-by-step instructions for a tutor to be able to pull out the instruction sheet and be able to teach that lesson following the steps in the packet they're given," she explains. Volunteer tutors participate in a new tutor orientation and a shadow session to get started.

Khatcherian says anybody can volunteer, and they provide constant coaching, feedback and ongoing train-

ing throughout the year "in order to make that volunteer the best tutor they can be."

And von Werlhof says the tutors also provide a support for the children, as they are able to form strong relationships with an adult. "It's just wonderful to see the relationships that the children are forming with these tutors that come, and care about them and support them, not just in the 90 minutes a week - I've even heard of tutors going to some of their sporting games and other events in their lives," she explains. "It's very heartwarming."

For sign up to become a volunteer for Reading Partners or learn more about how you can help through financial contributions or children's book donations, visit readingpartners.org.

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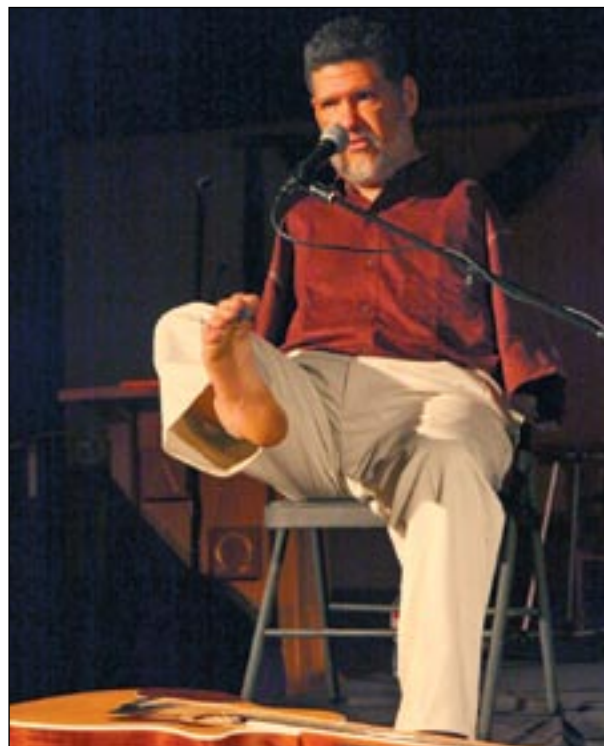
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Faces and Places: Tony Melendez concert at St. Anthony's

Photos by STEPHEN CROWLEY
Stephen@valcomnews.com

Singer Tony Melendez performed at a benefit concert for World Youth Day on Saturday, Feb. 16 at St. Anthony's Church. What makes Tony unique is he sings and plays the guitar without arms.



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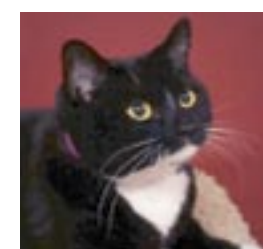
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Gender: Female Hair: Medium
Age: 4 years 1 month

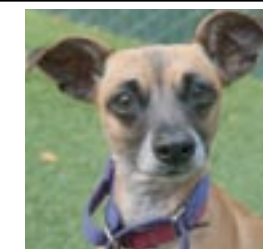
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Canela #17509119

Breed: Chihuahua Mix Color: Tan & black
Gender: Female Hair: Short
Age: 2 years 1 months
Canela is a sweet gentle gal who loves to be held and get cuddles. She can be a little shy at first but that goes away quickly and then she is a little cuddlebug with loads of affection and love that she likes to give her human friends.

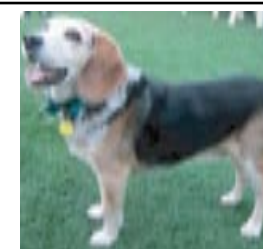
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Buddy #18946849

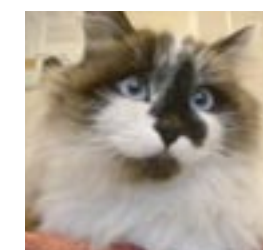
Breed: Beagle/Mix Color: White & tan
Gender: Male Hair: Medium
Age: 10 years 1 month
Buddy might be a mature gentleman in years, but he refuses to grow up. Our volunteers say he acts like a dog half his age or even a puppy at times - he has a lot of energy and loves to run and play.

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Countess Isabella #17304068

Breed: Ragamuffin/Mix Color: Brown & white
Gender: Female Hair: Long
Age: 2 years 1 month

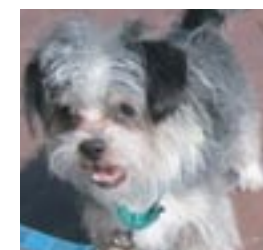
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Lonnie #19032430

Breed: Lhasa Apso Mix Color: Gray & white
Gender: Male Hair: Long
Age: 1 year 1 month
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Foxy #19032766

Breed: DSH/Mix Color: Gray & orange
Gender: Female Hair: Long
Age: 9 years 1 month

* For additional information on adoptions, call the SPCA at 383-7387. Adoptions occur daily and it is not guaranteed the above featured animals are still available. If they are not, the SPCA has many other loving pets available to suit you and your family. The SPCA is located at 6201 Florin-Perkins Road.

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Congratulations to Debbie DeAnda MacClain for being cancer free!

By MONICA STARK
editor@valcomnews.com

Friends and family of Pocket resident Debbie DeAnda MacClain celebrated her fifth year of being cancer free with a party at Round Table Pizza on Florin Road near Riverside Boulevard. Debbie's mother, Thelma Parker wants to thank all those family and friends who attended, including Debbie's doctor, Dr. Senton, a surgeon at Kaiser and his secretary.

"For a doctor to take time out to do this is fabulous," said Debbie. "I just called him up and (Sandy) said, 'Thelma absolutely, we'll be there.'"

Thelma also appreciates Bob Cardoza who bought a cake that said: "Congratulations, We love you" and gives thanks to Linda, the manager at Round Table and Andrew, their waiter.

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'Woman of the Year' nominee sets goal for this year's Leukemia & Lymphoma Society

By SALLY KING
sally@valcomnews.com

'Woman of the Year' nominee Gloria Torres may be considered petite by her friends, but what she lacks in height, she makes up for with her passion to raise money for the Leukemia & Lymphoma Society, which is recognizing her as the organization's Woman of the Year on Thursday, Feb. 28.

Torres was born in Truckee and moved to Sacramento as a young adult. She comes from a large family who believed living and working together was a way of life. Torres was forced to face her own battle against leukemia 15 years ago. She was uncertain if she would live long enough to see her children grow up. The survival rate for leukemia at that time was not good.

"It took my spirit, my soul and my laughter," says Torres. "Being able to research the disease and receive support from loved ones helps you through the journey."

Torres said it is especially hard to watch children go through the battle of disease. Torres believes children have great spirits and research of blood cancers helps improve the quality of life for these children and their families.

"I want to pass the baton," Torres said. "To embrace our loved ones. A lot of people have been diagnosed with cancer."

Marilyn Lluch, Torres' campaign manager, has known Torres about 23 years. They met while volunteering for community events.

"The first day I met Gloria I just connected with her," Lluch said. "Gloria would do anything for anybody without thinking of herself. She is the epitome of good, the most kindhearted person one could meet."

Lluch said their goal is to raise \$50,000 during the 10-week event, starting with spaghetti feed at the VFW Hall on Stockton Boulevard on March 3, 2012.

Together Lluch and Torres have planned several events to educate the public on blood cancers.

Executive Director for LLS, Robert Ojeda, also met Torres while doing volunteer work. Ojeda thinks it is nice to see someone who has been working on the sidelines, take the spotlight to raise funds for LLS.

"Torres not only understands what it is like to live with a blood cancer, she also understands in order to find a cure we have to raise money for research," Ojeda said.

Ojeda finds it important for the successful candidate to have a network for support and more importantly, the passion and belief that doing this is something bigger than themselves, it's

about making a difference and Ojeda sees this in Torres.

Torres wants folks to know it is easier to deal with the disease when others are there to help. When Torres first learned she had leukemia, she kept it from her family and friends for three months. Torres admits that was a mistake. It isolates the patient and what is needed is support and friendship.

"It takes courage, commitment, loyalty and respect to survive leukemia," says Torres. "I would not be here if it were not for the research and new medication that I take every day."

Torres feels blessed she was able to fund a research under her name last year because of Delbert Stapp, runner up for 'Man of the Year' in 2012. Stapp raised over \$72,000 for LLS. The Sacramento organization as a whole raised a total of \$360,000.

LLS is the world's largest voluntary health organization dedicated to funding blood cancer research and providing education and patient services. LLS was founded in 1949 and has invested more than \$814 million in research. Last year the Man & Woman events raised over \$19 million nationwide. www.lls.org

A great deal of consideration and care is put into these nominations because it takes a very special person to be a Man & Woman of the Year candidate. The candidates compete in honor of children who are local blood cancer survivors, the Boy & Girl of the Year. Every dollar they raise counts as

one vote, and the titles are awarded to the man and woman with the most votes at the end of ten weeks. The local candidates who raise more funds than anyone else in the country also win the national Man & Woman of the Year titles. www.lls.org

The Facts

Approximately every four minutes, someone in the U.S. is diagnosed with a blood cancer.

For 2011, it was estimated there would be approximately 44,600 new cases diagnosed.

In 1977, the survival rate was 34 percent, in 2007 it was 57% and the survival rate is even better today.

Stapp feels right now history is being made. Compared to a five percent survival rate for leukemia in the 1950's and 1960's, there is now a 50-60 percent survival rate and a 73 percent survival rate for children.

"Scientists have reengineered the HIV virus to attack cancer cells," said Stepp. "There is also a new drug that is in the process of being approved through the FDA that is doubling the amount of people in remission and extending lives. People are living five years longer with this drug."

For those interested in donations or sponsoring an event for LLS, please see Jennifer Pear, the campaign manager for this year's event at mwoy.org/sac or email Ms. Pear at jennifer.pear@lls.org.

For information on how to get involved or check out the events for 'Woman of the Year' go to:
www.facebook.com/GloriaTorresMwoy2013LeukemiaLymphomaSociety.

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Sacramento Shine Self Wellness Expo attracted 800 participants

The first Sacramento Shine Self-Wellness Expo, held on Saturday, Jan. 26 at George Sim Community Center, successfully attracted about 800 participants. It was organized by Evette Tsang and Tian Wu of Shine Wellness Inc, a collaboration with elected official Councilmember Kevin McCarty, and community agencies like Stockton Blvd Partnership (SBP), Building Healthy Communities (BHC), Asian Resources Inc. (ARI) etc. 3 out of 5 planning committee members are from Pocket area.

The expo had three distinctive components: On stage exercise demos including Kungfu, Taichi, Ballroom Dancing, etc; Healthy eating section is specially successful: partnering up with Soil Born Farms, 50 volunteers harvested 2500 pounds fresh citrus to take home; on 3rd component health screening, doctors, pharmacists, acupuncturists provides samples of their services. 29 vendors that, includes Department of Insurance, Costco, California Family Fitness, LLS, Alzheimer's Association,

My Sister's house, etc provide valuable information to attendees. On health care reform front, Covered California is already working in its full speed. Consumer outreach and education starts in May, 2013, Enrollment starts in Oct 1.

The expo is slated to be on every January on the Saturday after MLK holiday. Currently the expo is also hosting a Stubborn Loser Contest to encourage to be fitter by exercising and healthy eating. They are still accepting registration till April

1st. It is also cosponsoring Walk With a Doc in Pocket area. More details to come.

Shine Wellness Inc. is also sponsoring a 2nd Women's Day Tea featuring Mid Age Crisis or Inspirations in March 9th, 1-5pm. Details please contact Evette Tsang at 916-719-5087 or et@ETInsuranceAndFinancial.com or www.ShineSelfWellnessExpo.org

Contributed by Evette Tsang, Chair, Sac Shine Self-Wellness Expo. Evette Tsang chaired the event.

CALENDAR

Send your event announcement for consideration to: editor@valcomnews.com at least two weeks prior to publication.

ONGOING:

Celebration Arts presents A Life a drama by Anne Peters.

Shows Thursday, Friday and Saturday at 8 p.m. and Sunday at 2 p.m. through March 2 Eunice Katem, a feisty, 74 year old, Jamaican and former school teacher has lived a strong and independent life. Now recuperating from a heart attack, her independence is in jeopardy. Eunice has been removed from her home by her daughter. Eunice is adamant about returning and is determined to have her way even though she recognizes the realities of old age. The production features Patricia Coleman, Debbie Reeves, Cynthia Drumbor and Mericus Adams. Tickets are \$15 general, \$13 students and seniors. On Thursday night all seats are \$8. Tickets online at mycommunityevents.com. Call (916) 455-2787 for information and reservations. Celebration Arts Theatre is located at 4469 D St. Sacramento.

The Sacramento Rose Society meets the second Thursday of each month at 7:30 p.m. at the Shepard Garden & Arts Center, 3330 McKinley Blvd., in East Sacramento. For more information, visit www.sactorose.org/sacramentorosesociety.

Fair Oaks Library to unveil a new Families and Books Center

Now-March 23: The Sacramento Public Library will be renovating the children's room at the Fair Oaks branch, 11601 Fair Oaks Boulevard, Fair Oaks, February 16 through March 23. The children's area will become the new Families and Books Center. For more information, call the Sacramento Public Library at (916) 264-2920 or visit www.saclibrary.org.

Kit Carson schedules additional IB info nights

Parents are invited to learn about the International Baccalaureate program. Come learn about Kit Carson's transition to an International Baccalaureate school for grades 7 through 12. Campus tours are held every Wednesday from 9 a.m. to 10 a.m. Tours are a great opportunity to see a school in action. There is no need to call in advance. 5301 N St, Sacramento. 95819. For more information, call 277-6750.

Travel club meetings slated at Arcade Library

The Sacramento Public Library invites all travelers to its monthly "No Reservations Travel Club" meetings at 7 p.m. on the first Tuesday of each month at the Arcade branch, 2443 Marconi Ave. The free adult meetings feature a speaker, plus time for exchanging travel information within the group. 264-2920 or visit www.saclibrary.org.

FEBRUARY

Rotary Club of Pocket/Greenhaven

Feb. 21: Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thursday, Aviators Restaurant, 6151 Freeport Blvd. (916) 684-6854.

Rev. Jesse Duplantis to speak at Victory Life Bible Church

Feb. 21: Victory Life Bible Church invites you to come hear Rev. Jesse Duplantis at the DoubleTree Hotel, 2001 Point West Way at 7 p.m. Musical praise begins at 6 p.m. Arrive early for free on-street parking. Hotel provides gated parking for \$4. Call Victory Life Bible Church for further information, 331-8306.

The basics of bees discussion

Feb. 21: Bees never sleep, work 24 hours a day, need sunshine to harvest nectar, and usually stay inside the hive at night. The Sacramento Public Library invites all ages to learn more about bees at 3:30 p.m. at the North Natomas branch, 4660 Via Ingoglia. Bee behavior will be discussed and fun bee facts shared. Sponsored by the Friends of the North Natomas Library. 264-2920 or visit www.saclibrary.org.

Area 4 Agency on Aging public hearing

Feb. 21: The Area 4 Agency on Aging is holding a public hearing from 10 a.m. to 11:30 a.m. at 2260 Park Towne Circle, Ste. 100, Sacramento. The topic of discussion "How to Spend Federal Money for Senior Programs (including nutrition, transportation, caregiver support and others)."

Extreme couponing workshop

presented at North Natomas Library Feb. 21: The Sacramento Public Library will provide money-saving tips at the supermarket at 7 p.m. at the North Natomas branch, 4660 Via Ingoglia. Adults can learn how to take full advantage of grocery discount coupons at the free program, presented by Golden1 Credit Union. 264-2920 or visit www.saclibrary.org.

Bi-Polar Anonymous

Feb. 22: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

Community Fruit Harvest

Feb. 23: From 9 a.m. to 1 p.m., Community Fruit Harvest, Colonial Heights library, located at 4799 Stockton Blvd, Sacramento, CA 95820. Please register online in ad-

vance of the events. For more information and/or to register, please contact Randy Stannard at rstannard@soilborn.org or (530) 204-8082

'A Stitch in Time: The Past, Present and Future'

Feb. 23: Presented by the Sisters Quilting Collective in celebration of Black History Month. Keynote speaker Alice Beasley, quilter and artist to present from 1 to 2 p.m. Alice has been creating fabric portraits, quilts and wire sculptures since 1988. She is a member of the African American Quilt Guild of Oakland and the Studio Art Culture Association. 2837 36th St. Sacramento. 613-7401, 475-1240.

Race to help San Juan family find cure for childhood disease

Feb. 24: Kate Mathany, a San Juan Unified alum and teacher started the Getty Owl Foundation to honor her daughter, Getty, who was diagnosed with Spinal Muscular Atrophy, the top genetic killer in children under the age of 2. The foundation works to spread awareness about SMA, advocates for and supports families affected by SMA and raises funds to help find a cure. The foundation is holding its second annual Getty Owl 5k/10k run/walk next month to raise funds for the nonprofit. The event includes a 1/4 mile kids run at 8:05 a.m.; 5k and 10k at 8:30 a.m. The race will be held at Crocker Park, downtown Sacramento on O Street between Second and Third Streets (next to the Crocker Art Museum). To register, visit: http://gettyowl.org/events/run/race-information/

Second annual Pocket Girls Softball fundraiser dinner

Feb. 24: Pocket Girls Softball invites your family to attend the second annual league kick-off dinner, starting at 5 p.m. at the Sac-

ramento Elks Lodge, No. 6 at 6446 Riverside Blvd. Dinners are \$5 per plate and include: pasta, salad, bread. It's a great opportunity to meet your team's coaches and other players, learn about the league, volunteer hours, fundraisers and more. There will be a cake auction and equipment exchange. 642-9747, or board@pocketgirlsoftball.org

Bamboo flute artist Shantala Subramanyam performs

Feb. 24: As part of Sacramento State's World Music Concerts. The concert is at 7 p.m. Sunday, Feb. 24 in the Music Recital Hall on campus, 6000 J St. Subramanyam has toured extensively across South India, America and Europe. Tickets are \$15 general, \$12 seniors and \$8 students and are available at the University Ticket Office, (916) 278-4323 or www.csus.edu/sfsc/ticketoffice/.

Free golf lessons offered at Bing Maloney Golf Complex

Feb. 24: Are you interested in starting to play golf, but not sure where to begin? Bing Maloney is offering Free Family Clinics for 2013. These clinics are family oriented for any level of golfer. Each clinic will be held on Sundays from 1 to 2:15 p.m. at the Bing Maloney Golf Course: 6801 Freeport Blvd. in Sacramento. Call 808-2283 for more information.

Valencia Young Pianist Competition free concert

Feb. 25: The finalists from Sacramento State's annual Valencia Young Pianist Competition will present a free concert at 7:30 p.m. in the Music Recital Hall on campus, 6000 J St. The competition draws artists between the ages of 15 and 22 competing for three cash prizes. 278-5191.

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31st Annual
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972-0336 MORPD.com

Dr. Seuss' Birthday Party
at Fairytale Town
Saturday, March 2, 11 a.m. - 3 p.m.
Park Hrs. 9 a.m. - 4 p.m.
(weather permitting)

Fairytale Town will mark the beloved author & illustrator's birthday with a read-aloud & Seuss-themed hands-on activities.

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CALENDAR

Rotary Clubs of Arden-Arcade, Carmichael

Feb. 26: Guest speakers address local, regional and international topics. Visitors welcome, every Tuesday. Arden-Arcade meets at noon, Jackson Catering and Events, 1120 Fulton Ave. (916) 925-2787. Carmichael meets at 6 p.m., Palm Street Pub & Grill, 6416 Fair Oaks Blvd. www.rotary.org.

East Sac Rotary

Feb. 27: Meets at 6 p.m., Evan's Kitchen, 855 57th St. Sacramento. www.eastsacrotary.com.

Rotary Club of Pocket/Greenhaven

Feb. 28: Guest speakers address local, regional and international topics. Visitors welcome, every Thursday. Aviators Restaurant, 6151 Freepoint Blvd. (916) 684-6854.

'A Stitch in Time: The Past, Present and Future'

Feb. 28: Presented by the Sisters Quilting Collective in celebration of Black History Month. Closing reception from 6 to 8 p.m., featuring Sacramento's premier screening of 'Soulful Stitching,' documenting the history of patchwork quilts. 2837 36th St. Sacramento. 613-7401, 475-1240.

Mayor's State of the City Address

Feb. 28: Event to be held from 5:30 - 7 p.m. at the Sacramento Memorial Auditorium, 1515J Street.

Veterans Benefits Workshop for Seniors

Feb. 28: U.S. Senior Vets will discuss vet benefits for seniors from 2 to 3 p.m. at Chateau on Capitol Ave, Sacramento. Tax free pensions are available to help qualified veterans, spouses and their surviving spouses pay for home health care, assisted living or nursing home care. Wartime veterans and their spouses may be entitled to a significant monthly pension, up to \$2,748. RSVP phone number: 916-447-4444

MARCH

Spring, Summer & Fall Hours Start at Fairytale Town

Mar. 1 - Oct. 31: Beginning March 1, Fairytale Town will be open daily from 9 a.m. to 4 p.m. for the spring, summer and fall seasons, weather permitting. Weekday admission is \$4 for adults and children ages 2 and older. Weekend admission is \$5 for adults and children ages 2 and older. Children ages 1 and under are free. For more information, visit www.fairytale-town.org or call (916) 808-7462.

Bi-Polar Anonymous

March 1: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7:30-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

Artz for Alzheimer's tour at The California Museum

March 1: A tour of The California Museum will start at 10:30 a.m. for people with Alzheimer's. Focusing on art allows them to experience something meaningful and beautiful, without challenging areas of the brain that have been affected by the disease. ARTZ Museum Tours are designed for people with dementia and their care partners, and strive to enrich the lives of all involved. Events are free. Registration is required by contacting Tiffany Paige at 916-792-3281 or paige@artzal.org. The California Museum is located at 1020 O St.

Cabrillo Civic Club No. 5 Annual Crab Feed

March 2: The Cabrillo Civic Club No. 5 will host its annual crab feed starting with a no host bar at 6 p.m. followed with dinner at 7 p.m. 4605 Karbut Way, Sacramento (between Sutterville and Fruitridge Roads just off Interstate 5). Cost: \$35 per person. Reservations: DeAnna Gesdahl 916.760-7474 or dean-nag@darkwolfe.com. Cabrillo Civic Club No. 5 has served Sacramento since 1935 and been hosting events at the Cabrillo Club House on Karbut Way since the mid-1950s.

Dr. Seuss' Birthday Celebration at Fairytale Town

Mar. 2: "Today you are you, that is truer than true. There is no one alive who is youer than you." And there was no one quite like Dr. Seuss! Celebrate Theodore Seuss Geisel's birthday at Fairytale Town with Seuss-themed hands-on activities around the park and a nonstop read-aloud of your favorite Seuss books, from 11 a.m. to 3 p.m. This program is free with paid park admission. Weekend admission is \$5 for adults and children ages 2 and older. Children ages 1 and under are free. www.fairytaletown.org or call 808-7462.

First-Ever Crab feed to Benefit Sacramento County Animal Shelter

March 2: TEAM (Teaching Everyone Animals Matter) will host its first ever Claws for Paws crab feed fundraiser on Satur-

day, March 2, 2013, to benefit the Sacramento County Animal Shelter. Attendees will have the chance to enjoy all-they-can-eat fresh crab, pasta and antipasto salad. Wine, beer, and soft drinks will be available for purchase. And attendees will have the chance to bid for something sweet during our dessert silent auction! Claws for Paws 2013 will be held at the Rancho Cordova City Hall, 2729 Prospect Park Drive, Rancho Cordova, 95670. Doors open at 6 p.m., dinner served at 7 p.m. Tickets are \$45 per person or \$40 each for a table of 10. Tickets can be purchased online at www.sacanimalshelter.org or in person at Critter Outfitter inside the Sacramento County Animal Shelter, 3839 Bradshaw Road, Sacramento, or Western Feed & Supply Stores - visit www.sacanimalshelter.org for a list of locations. visit www.sacanimalshelter.org. 361-2800, contact@sacanimalshelter.org.

School Garden Workshop

March 2: Join Soil Born Farms from 9 a.m. to 2 p.m. for an informational school gardening workshop at Theodore Judah Elementary School. The workshop is meant to support current school garden programs as well as to give ideas to parents or teachers working on developing a school garden program. The cost of participation is \$35, which includes both the workshop and lunch prepared by Chef Brenda Ruiz of Slow Foods Sacramento. To register, email Shannon Hardwicke at gardenchica@comcast.net. When registering, please include your full name, your school and an email address. 3919 McKinley Blvd, Sacramento, 95819

LUSO Crab Feed at SPHSS Hall

March 2: LUSO American Fraternal Federation will hold a 'Marinated Crab Feed' for \$40, which includes: bread, salad, pasta and dessert. Social hour starts at 6:30 p.m., followed by dinner at 7:30 p.m. and a dance at 9 p.m. There will be a silent auction and raffle prizes as well. To purchase tickets, contact Judy Allen 642-2355, dias49@sbcglobal.net; Susete Pinto can be reached 834-7304 or susete@pinto-family.net

Fourth annual Cal Middle Spring Thing

March 2: Land Park's hottest social gathering - the fourth annual Cal Middle Spring Thing - will be held from 6:30 to 9:30 p.m. in the social hall at Congregation B'nai Israel, 3600 Riverside Blvd.

Carmichael library book sale

March 2-3: Find gently-used books, DVDs and more at bargain prices at the Friends of the Sacramento Public Library sale. Proceeds benefit the Sacramento Public Library. 264-2920 or visit www.saclibrary.org. Times are 10:30 a.m. to 5 p.m., Saturday, March 2; and 11 a.m. to 4 p.m., Sunday, March 3: Carmichael Library, 5605 Marconi Ave.

Rotary Clubs of Arden-Arcade, Carmichael

March 5: Guest speakers address local, regional and international topics. Visitors welcome, every Tuesday. Arden-Arcade meets at noon, Jackson Catering and Events, 1120 Fulton Ave. (916) 925-2787. Carmichael meets at 6 p.m., Palm Street Pub & Grill, 6416 Fair Oaks Blvd. www.rotary.org.

Soroptimist International of Sacramento North meeting

March 5: An organization for the betterment of women and children meets at the atria El Camino Gardens at 2426 Garfield, Carmichael. Call Sheila at 624-4643.

CSUS flute recital

March 5: Sacramento State professor and flautist Laurel Zucker presents a faculty recital at 7:30 p.m. in the Music Recital Hall on campus, 6000 J St. The program includes original compositions "Tennessee Sonata for flute and piano," and "The Brazilian Butterfly Wind Quartet" with special guest artists. Tickets are \$10 general, \$7 seniors and \$5 students, available at the University Ticket Office, (916) 278-4323 or www.csus.edu/sfsc/ticketoffice/. 278-5191.

East Sac Rotary

March 6: Meets at noon, Evan's Kitchen, 855 57th St. Sacramento. www.eastsacrotary.com.

Rotary Club of Pocket/Greenhaven

March 7: Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thursday. Aviators Restaurant, 6151 Freepoint Blvd. (916) 684-6854.

16th annual Sacramento Jewish Film Festival

March 7, 9, 10: Tickets on sale through tickets.com, charge by phone at 1-800-225-2277. The Crest Theatre is located at 1013 K St. For more information, visit: www.thcrest.com, www.jewishsac.org

Fun, Excitement and Mystery at 2013's 'Authors on the Move'

March 9: Authors on the Move - the Library Foundation's annual gala event and Sacramento's premier literary event - celebrates its 11th anniversary with an evening of excitement, entertainment and storytelling. Authors on the Move; There is Still the Story will be held from 5 - 10 p.m. at the Hyatt Hotel in downtown Sacramento.

Bi-Polar Anonymous

March 8: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7:30-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

Riverside Elks 6 Crab and Shrimp Feast

March 9: Crab and shrimp anti pasta, pasta, green salad, garlic bread, no host cocktails at 6 p.m., followed by dinner by 7 p.m. Huge raffle. Open to the public. Tickets available in the Lodge Office or call 422-6666. Credit cards accepted. \$45. 6446 Riverside Blvd. Sacramento. Proceeds go to the general fund.

Free women's health event

March 9: Free Women's Health Event, featuring mid age crises and inspiration, UCD Dr. Tianhong Li and acupuncturist Tian Li Wu on women's health, panel discussions of women in 40s-50s on marriage and balance, advices and mentoring from women 60s-80s; sharing your stories, build sisterhood and support network; women community resources booths. Sponsored by Camelia Women Biz Association, Shine Wellness Inc., Hmong Women's Heritage, Asso and My Sister's House. Event goes from 1-5 p.m., Sacramento County Sheriff Dept., 7000 65 St, Sac, 95823. Contact 719-5087 or ET@ShineWellnessInc.com

3rd annual Steinberg Seussical Story Hour at Robbie Waters Pocket-Greenhaven Library

March 9: Join the library for stories and crafts to celebrate favorite Seuss books as well as a few books by Theodore Seuss Geisel Award winning authors Tedd Arnold and Mo Willems. Special guest readers include: Senate Pro Tem Darrell Steinberg, Assemblymember Dr. Richard Pan, former councilmember Robbie Waters and Sacramento Public Library Director Rivkah Sass. The library is located at 7335 Gloria Dr.

SPORTS

Pocket Girls Softball gearing up for upcoming season

The Board has been working hard to get ready for our upcoming season and we are all really excited to see the girls hit the field!

Official rosters are in the works so your coach should be contacting you within the next couple of days and practices can start as early as February 24. Your coach will let you know your specific practice schedule.

The Second Annual Season Kick-Off Dinner is Sunday, Feb. 24. Pocket Girls Softball secured a couple of exciting motivational speakers and have lots of fun planned. Buy tickets in advance so the group can plan for the appropriate amount of food. Visit the store to purchase your tickets.

Pocket Girls Softball needs you.

First, one of our most important Board positions is still empty - Sponsorship/Fundraising Coordinator. Second, help is needed for the kick-off dinner. There are volunteer openings for tasks such as coordinating the dessert auction, raffle, drink sales, etc. as well as jobs such as set up, food service, etc. Please let the group know ASAP if you can help with this event. Finally, we will be collecting raffle items for our Kick-Off Dinner.

Contact: Board@pocketgirlsoftball.org for more information.

Congratulations JFK basketball and wrestling!

Congratulations to both the girls and boys basketball teams for making it to the playoffs.

Congratulations also to the JFK wrestling team. JFK finished with four wrestlers who also participated in league finals on the 9th of this month.

Brent Louie at 106 finished third in league and is moving on to sectionals.

Marquise Gooch at 170 finished fourth in league and is moving on to sectionals.

Karlan Yu at 195 finished second and is moving on to sectionals.

Marcus Gooch at 285 finished fourth in league and is also moving on to sectionals.

Brent Louie received the wrestler of the tournament recommendation for battling back from an early match loss to take third in his weight class.

See More Photos & Open House Schedule for my "Featured Homes" at: GreenhavenPocketHomes.com

* Per public records or other sources deemed reliable, but has not been verified by agent or broker; interested parties to verify.

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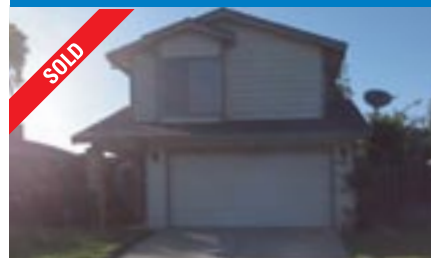
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9178 EPHRAIM WAY-\$300,000

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