

THE POCKET NEWS

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May 2, 2013

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LONG TIME KENNEDY BAND TEACHER TO RETIRE, LEAVE LEGACY

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The Sacramento Area Black Caucus (SABC) Presents Annual Recognition and Scholarship Dinner

The Sacramento Area Black Caucus (SABC) will acknowledge honorees during its Annual Scholarship Recognition and Scholarship Dinner, Saturday, May 4, 2013, at the 'A Touch A' Class Restaurant, 4217 Stockton Blvd., Sacramento, 95820. The dinner is scheduled to start at 6 to 8 p.m. The cost is \$10 per person and is open to the public.

This year's keynote speaker is Margaret Fortune, a native of Sacramento. Ms. Fortune is the President and CEO of Fortune School.

Join the SABC in congratulating the recipients of the 2013 Rosenwald "Robbie" Robertson Memorial Scholarship and 2013 Cheryl Ann Fisher Memorial Scholarship. Each year, SABC awards \$500 academic scholarships to local high school and college students.

2013 Cheryl Ann Fisher Memorial Scholarship Recipient:

The Cheryl Ann Fisher recipient is Chidinma Ukah. She immigrated from Nigeria five years ago. She is a full-time

Nursing Student and works full-time as a certified Nurse Assistant. Honoring her parents, who were orphaned during the Biafran war, is one of her highest motivations to excel in nursing school, get a nursing degree, and be among the first generation from her family to attend college. She was awarded the "Scholar in the Making" Award for two consecutive years at Cosumnes River College.

The 2013 Rosenwald "Robbie" Robertson Memorial Scholarship Recipients:

- Toure Owen is a sophomore at San Francisco State University majoring in political science. He is graduated from John F. Kennedy High School in 2011.
- Sydney Barfield is a student at Cosumnes Oak High School in Elk Grove, CA. Ms. Barfield will attend California State University, Northridge and intend to major in film production.
- Ibilola Owoyele is a student at Franklin High School in Elk Grove, CA. Ms.

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Corrections:

In the story about the 2013 LaSalle Club Baseball Hall of Fame, the phone number of the chairman was incorrect. Event chairman Joe McNamara's phone is 812-5699. Also in the story, Nick Peters' time at the Sacramento Bee was from 1988-2007. Also, Kuulei Osako's name was misspelled in the story about the 44th annual Pocket Girls Softball opening day. Osako sang the National Anthem to kick the season off. We regret the errors.



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Scholarships: Dinner to be held May 4

Continued from page 2

Owoyele has been accepted at Georgetown University, New York University, UC Davis, and University of San Francisco to pursue her college studies in International Politics by attending.

The 2013 Returning Scholarship Recipients:

- Jessica Reede is the 2010 recipient of the Rowenwald "Robbie" Robertson Scholarship. Ms. Reede is a junior at CSUS, majoring in communications with a focus on public relations.
- Camile Smith is the 2011 recipient of the Rowenwald "Robbie" Robertson Scholarship. Ms. Smith is in her second year at Howard University, majoring in communications.
- Ryan Stewart is the 2011 recipient of the Rowenwald "Robbie" Robertson Scholarship. Mr. Stewart is freshmen at George Mason University, pursuing his degree a global affairs.
- Brelaun Douglas is the 2011 recipient of the Rowenwald "Robbie" Robertson Scholarship. Ms. Douglas is a freshmen Howard University majoring in communications.

The scholarships are awarded in memory of Rosenwald "Robbie" Robertson, a community activist and City Council Member; and Cheryl Ann Fisher, a founding member of the Sacramento Black Nurses Association and Black United Fund of Sacramento Valley.



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2013 Doggy Dash to benefit Sacramento SPCA to be held June 8

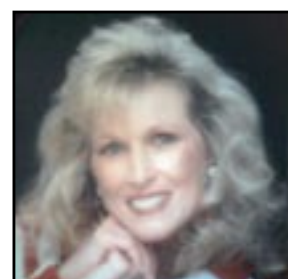
Mark your calendar and join the SPCA on Saturday, June 8 for the Doggy Dash and Bark at the Park Festival and help make a difference in the lives of homeless animals. Walk, stay, play. Walk for the animals and party with the pets. It's the 20th anniversary for the Doggy Dash at William Land Park. The 2- and 5k Doggy Dash walk will be followed by festivities where you can enter your pup in the Pup Show, high-flying disc contest, or the ever-popular pug races! Or you can visit with pet friendly businesses, learn about Sacramento-area animal rescue organizations, or just have lunch while watching all the action. And enter for your chance to win an iPad mini, or one of dozens of raffle prizes. Register at SSPCA.org.

Schedule of events:
7:30 am—Registration opens
9 am—2k and 5k walks begin

All followed by the Bark at the Park Festival!

Important dates: Online registration closes June 7 at 4p.m. After June 7, register at the Dash, beginning at 7:30 a.m.

Registration fees:
Individual participants: \$25 until June 2, \$30 thereafter
Team participants: \$40 through June 8



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 - Not pregnant or planning to become pregnant
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In the Pocket: Student Trap

By SHANE SINGH
Shane@valcomnews.com



Student Trap: A significant construction site will soon be the talk of Pocket-Greenhaven, when Brookfield school takes shape in the open field near 43rd Avenue and Riverside Boulevard. Wait a minute, you might say -- that's the location of The Trap, a beer joint that happens to be one of the oldest, most historic bars in Sacramento County. They can't drop Brookfield School, which serves children in pre-kindergarten through eighth grade, next to a bar that serves ice cold Budweiser...

But let's consider the juxtaposition of school and saloon from an enlightened perspective. The Trap, which dates from the late 1800s, has a long history, proud of serving children. By 1912, when the joint was called the Ingleside Inn and run by Tony Pimintel and Ernie Savoie, there was a separate entrance for kids. The little ones would pop in to buy groceries, an early specialty of the bar. The groceries are gone, but the Trap still holds promise as an archeological site for the Brookfield children. The kids can study art by photographing the tattoos of Trap regulars.

And the children -- who under the no-nonsense Brookfield curriculum must study French -- can practice on their new neighbors: "Excusez-moi monsieur, mais allez-vous passer votre motorcycle hors du jardin de notre école s'il vous plait?" Which of course means, "Excuse me mister, but would you move your motorcycle off our school garden, please?" ...

Cheap Eats: More construction is coming to Florin Road and Riverside, where the long-empty Nugget Market shell is being leased to Grocery Outlet, a discount supermarket. Temporary red signs with the Grocery Outlet logo are flying at the plaza mall, meaning the promise of cut-rate food is legit in Pocket-Greenhaven. Other merchants have suffered from the empty space at the old Nugget site for a decade. They anticipate more the traffic. "We are expecting an increase in business and are happy about that," said Edmund Abay, who owns the Pocket Bistro a couple of doors down from the new Grocery Outlet. "When the time comes, we will only allow this to affect our quality of food and service in a good way." There's some grumbling that Pocket-Greenhaven deserves something more upscale (Trader Joe's, anyone?) but at this point, beggars can't be choosers ...



The Trap, hidden behind the trees in the photo, will be Brookfield School's future neighbor.

Photo by Monica Stark

Political Whirl: Talk is cheap at City Hall, but it's an open secret that Pocket-Greenhaven City Councilman Darrell Fong wants to run for the State Assembly in 2014.

If Fong does what's expected and tries to jump to the Assembly, he will challenge another lawman (Fong is a retired cop) in Sacramento County Sheriff's captain Jim Cooper. The battle will pit Elk Grove, where Cooper serves on the City Council, against Fong's Pocket-Greenhaven stronghold, which I'll bet has diminished with each negative vote the rookie councilman has made against the Kings ...

Too soon to say who will run for Fong's District 7 seat, but keep an eye on former school board member

and respected community leader Rick Jennings ...

Stop on Red: Thanks for former Sacramento City Councilman Robbie Waters for the new three-way traffic signals at Park Riviera and Rush River Drive ...

Playground fads come and go, but it's nice to see one that doesn't involve electronic devices. The timeless Japanese cup-and-ball game kendama has taken Pocket-Greenhaven by storm. Maybe the Brookfield kids can get Trap customers hooked on it ...

pedestrian activated crossing on Riverside and the cool European-style roundabout at Windbridge and

Rush River Drive ...

Playground fads come and go, but it's nice to see one that doesn't involve electronic devices. The timeless Japanese cup-and-ball game kendama has taken Pocket-Greenhaven by storm. Maybe the Brookfield kids can get Trap customers hooked on it ...

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The federal tax code has not substantially changed for over two decades, but 2013 brings a new set of rules and guidelines for all U.S. taxpayers. All of us may to some degree be impacted by federal tax rate changes negotiated through the fiscal cliff deal.

Join us for an overview of the new Federal and State tax laws, the implications of the Affordable Healthcare tax and how the new laws may affect you.

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'Sacramento,' 'Sitka' among early river vessels

By LANCE ARMSTRONG
Lance@valcomnews.com

Note: This is part 10 in a series about the history of the Sacramento River.

The topic of riverboats on the Sacramento River is undoubtedly a rich part of the river's history.

These vessels played an important role in transporting freight and passengers.

In the January 1920 edition of the *Southern Pacific Bulletin*, it was noted that "long before the railroad came, the Sacramento River was the 'roadway' along which commerce first traveled."

Among the earlier vessels to ply the Sacramento River was a schooner known as the "Sacramento."

In an article in the May 27, 1858 edition of *The Sacramento Union*, this

schooner was described as having been purchased by Capt. John A. Sutter in 1841.

A July 7, 1860 letter written to *The Union* by a newspaper correspondent known as St. George refers to this vessel, as follows: "The only regular packet running between the embarcadero of New Helvetia (now the beautiful city of Sacramento, capital of the state of California), and Yerba Buena (now the great city of San Francisco, the New York of the Pacific) was Captain Sutter's launch, 'Sacramento,' a schooner of seventeen tons. She was built by the Russian American Company, I think, at Sitka, for the sea otter service at Bodega and Presidio Ross, and sold to Capt. Sutter in 1839. I last saw her laying (sic) at Washington (now part of West Sacramento), oppo-



The Sacramento River, as seen in this view in the Pocket area, became an important "roadway" for commerce during the 19th century. Photo by Lance Armstrong

site our city, in 1858, roofed over and used as a house for salmon fishers."

In being that the 1858 *Union* article and 1860 St. George letter differ as to when Sutter acquired the Sacramento, it should be recognized that this event occurred in 1841.

The 1858 *Union* article noted that the Sacramento remained in operation until as late as 1848-49, and "after performing a number of important offices during the (Mexican) War, was, in the spring of 1848, the first to take down to San Francisco the tidings of the gold discovery."

It was also mentioned in the same article that the Sacramento continued to be the largest schooner on the Sacramento River "up to the period when the commerce with the mines began."

According to St. George's letter, Sutter also had another line, which ran from New Helvetia to his Hock Farm agricultural settlement along the Feather River. The riverboat of this line was referred to as the "White Pinnacle" - an open boat, rowed and poled by six nude (Indians)."

The aforementioned 1920 edition *Southern Pacific Bulletin* article referred to the first steamer to travel on the Sacramento River. That vessel, which was known as the Sitka, made its way from San Francisco to today's city of Sacramento in 1847.

Nearly four decades later, *The Union* received a letter, dated Feb. 6, 1885, from a Mrs. James Greyson of Sebastopol, Calif., who claimed to have been a passenger aboard the Sitka.

The letter included the following words: "In the *San Francisco Call* of January 24th, I see the request for the name of the first steamer that plied on the Sacramento River, and being a passenger on the occasion of the first trip, I feel myself competent to give the information desired. She was a beautiful steam yacht, bearing the name of Sitka. She was, I believe, presented by the Russian government to Captain (William Alexander) Leadsdolph (Leidesdorff, Jr.). She left San Francisco on the 15th of December 1847 and arrived at the embarcadero on the 24th of the same month."

Different dates for this voyage were presented in another account of the Sitka in the

See Boats, page 7

Boats: Sitka made 2 trips in California before being dismantled

Continued from page 6

St. George's aforementioned 1860 letter.

The 1860 letter noted that the vessel left San Francisco on Nov. 28, 1847 and "arrived at New Helvetia December 4th - six days and seven hours out."

Also included in St. George's account were the following words: "I made the first and only trip on Captain William A. Leidesdorff's little Russian steamer from San Francisco to New Helvetia (today's Sacramento). She had no name, but has since been called the 'Sitka.'"

"I have the notes I took at the time to be published in (the *San Francisco* newspaper) *The California Star*. I was the Sacramento correspondent for the paper, but did not publish them, as my friend, Captain Leidesdorff, was very sensitive at that time on the subject of steamboats."

"Nearly a month elapsed, however, before her return; and in the meantime, various were the jokes and jibes 'launch'-ed at her and on the proprietor, who nevertheless persisted that he would yet 'make the smoke fly on the bay,' and hand the name of his first steamboat 'down to dexterity,' as he pronounced the word."

"The day after her arrival from the Sacramento (River), she was sunk by a south-easter in what is now Battery Street (in San Francisco). She was raised and hauled up with an ox team in Bush Street, above Montgomery (Street), the engine taken out, and she was made a schooner yacht, christened the 'Rainbow,' and ran as a packet on the Sacramento River after the discovery of gold."

The 1890 book, "History of Sacramento County, California," also describes the Sitka,

which is referred to in some 19th century and early 20th century references as the "Little Sitka."

It was mentioned in that book that the steamboat arrived at the Port of San Francisco aboard a Russian bark from Sitka on Oct. 14, 1847.

Leidesdorff, who had been in business with the Russians at their American settlement for seven years, purchased the steamer from the Russians for his hide and tallow commerce.

The Sitka was described in the 1890 book as being "long, low and what the sailors termed very 'crank.'"

It was also noted in the book that the weight of a person on her guards would throw one of her wheels out of service.

Various historic accounts refer to the Sitka as having made two trips in California.

According to the 1890 county history book, on Nov. 15, 1847, the Sitka left Yerba Buena Island - in the San Francisco Bay - where she

had been reassembled, and took a voyage to Santa Clara, "with indifferent success."

The book also notes that during its second trip, the Sitka, after making its way up the Sacramento River in the latter part of 1847 and arriving safely, took a long time to return to San Francisco.

This portion of the book reads: "Nearly a month elapsed, however, before her return; and in the meantime, various were the jokes and jibes 'launch'-ed at her and on the proprietor, who nevertheless persisted that he would yet 'make the smoke fly on the bay,' and hand the name of his first steamboat 'down to dexterity,' as he pronounced the word."

But, as previously noted, the Sitka made two trips in California before being dismantled.

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JFK Students, Didion School Donate 500 Books to School in Meadowview

by CORRIE PELC
corrie@valcomnews.com

With the support of students and families from Genevieve Didion K-8, two John F. Kennedy High School students recently raised and donated 500 books to Susan B. Anthony Elementary School in Meadowview.

Miranda Montoya and Sydney Sharp, both seniors at JFK High School, decided to hold the book donation drive as their senior project.

Montoya says the idea for the book drive stemmed from her love of reading. "I know in the neighborhood that we live in if we did a book drive, I knew we'd get a lot," she adds. "And I (knew) areas out of

Greenhaven that could (use) books."

And Sharp hoped the drive would help bolster a love of reading in younger kids. "With this book drive we'd be giving them the books they need and they could fall in love with books that they never thought they would in the first place," she says.

A Plan & A Goal

As their senior project began, the girls drew support and mentorship from Kathi Windheim, president of the Friends of the Pocket-Greenhaven Library. Windheim says many times local teens who need to com-



Photo by Rafaelita Hewell
(From left) JFK seniors Miranda Montoya and Sydney Sharp, Sacramento City Unified School District Board Member Darrel Woo; and from Susan B. Anthony teachers WAITING ON NAMES, and Interim Principal Lee Yang, interim principal during a presentation of donated books to a Hmong immersion second grade class.



Photo by Rafaelita Hewell
(From left) JFK seniors Miranda Montoya and Sydney Sharp work on sorting the 500 books prior to delivering them to Susan B. Anthony Elementary School.

Book drive: Donations helped school's goal of improved reading

Continued from page 8

plete junior or senior projects will ask her for ideas on helping the library or literacy.

"I said a book drive is always great because we're always short on children's books," she explains. "Everybody needs children's books, but especially the schools that don't have a library or the teachers the budget that they're on for basic school supplies it's hard to augment their libraries in the classroom."

Now that Montoya and Sharp had a project, they needed a place to hold the drive. For that, the girls turned to Genevieve Didion K-8, as they both had graduated from there. Didion Principal Norm Policar says they were happy to help Montoya and Sharp with their senior project because it was for a good cause and they always try to work with their alumni when they are completing senior projects. "Didion has been known for nurturing a pretty close relationship with its kids, and they often come back to see us and we like to help them out whenever we can," he adds.

It took Montoya and Sharp about a month to collect the 500 books. Sharp says her and Montoya enjoyed going through the books, as they remembered some of them

from their own childhood. "I was really happy that these kids were able to donate some of the books that they knew they were too old to read, and so they would give them to someone else so they could be happy," she says.

"Surprised and Grateful"

Now in the midst of collecting the books, Montoya and Sharp needed to find a school to donate them to.

They turned to Darrel Woo, second vice president for the Sacramento City Unified School District Board of Education representing District 6, who suggested Susan B. Anthony Elementary School.

Woo says he suggested Susan B. Anthony – which was one of 11 SCUSD schools recently targeted for closure – because the students that attend are in one of the impoverished areas of the district, and because the school is a Hmong immersion school. "The kids start to excel in both the language arts and mathematics, and their early scores are reflecting that," Woo says about the students in the immersion program. "And the more they have to enhance their language arts skills, the better."

Lee Yang, interim principal at Susan B. Anthony, says he was "very surprised and grateful" to hear they were chosen to be the recipient of the book donation drive. "It's a really needy neighborhood and we appreciate anything of this nature to help support our programming here," he adds.

Yang says the books will help both the teachers and students at Susan B. Anthony. "Reading is one of our primary goals here, to help increase their comprehension of reading and to develop the reading abilities of our students, so it helps complement what we're trying to do here," he explains.

Montoya would like to see the books help students at Susan B. Anthony foster a love of reading like she has. "They might find that one book that they really love, and then they'll wonder maybe more books are like this and they'll make a passion for reading like me and Sydney," she explains.

And Sharp hopes the students who received the books will be inspired to one day do something similar. "(To) know that being a community is all about working together and giving up some of your time to make others better," she adds.

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STRIKE OUT STROKE: STROKE SURVIVORS AND RIVER CATS COME TOGETHER TO STRIKE OUT STROKE

Speech therapist says stroke support group and even singing for some helps people regain confidence

By **MONICA STARK**
editor@valcomnews.com

Many of their stories resemble one another. They didn't know they were having a stroke at the time and then after going to the hospital the trials of recovery really began. Some had a difficult time speaking. Others couldn't move around nearly as much as before. And yet, a group of them has come together to strike out stroke with the River Cats.

Every Thursday at Sutter Hospital around lunchtime a stroke support group gathers to talk about and listen to problems that they may have.

On Thursday, April 18, Tony Asaro, community relations director for the River Cats paid the stroke support group a special visit and reminded the group that on May 5 when the River Cats take on the Las Vegas 51s a portion of the proceeds benefit stroke camp, a place that can further facilitate bringing back some autonomy that may have been taken away after stroke. Held this year from Sept. 27-30 in Silver Spur Camp near Sonoma, stroke camp

includes: activities, arts, tie dying, music, guest speakers and even music therapy, some of which are led by stroke survivors.

At that April 18 meeting at Sutter, the group of nearly 100 survivors not only heard encouragement from Asaro, they were also treated to silly skits and songs performed by their fellow group members, as well as enjoyed hot dogs, popcorn, Cracker Jacks, lemonade and cookies. And one of the survivors, who used to play softball, Nancy Jordan, practiced pitching a ball against Asaro to gear up for the May 5 game.

The singers, led by Pocket resident Barbara LaPlaca and known as the Miracle Minstrels, are miracles to those who know them. Some of them had trouble speaking after their strokes, but they have joined the Miracle Minstrels to regain confidence and practice singing. A retired music teacher from Elk Grove, LaPlaca is a stroke survivor herself and said that even she can't do what she used to musically. But the support group is powerful as are the minstrels who will sing the

National Anthem at the May 5 game. The April 18 meeting was one more time to practice before the big day. Rounds of applause echoed through the room because many of them know from experience that just the act of speaking may seem like an impossible feat.

Speech therapist Renee Garner said the support group and even singing for some helps people regain confidence.

"I think what (the group) provides is that if their speech and language have been affected, which is at least half of the people, they get to be with people who are patient listeners. So it minimizes anxiety when having to talk," Garner said.

Garner said some refrain from speaking with family or friends, but if they come into an environment that's patient, with time, they will open up, talk more and realize it's OK to struggle. "I think it can regain confidence," Garner said. "I think there's a tendency for one to isolate themselves if they have disabilities. For those who have strokes, there's a tendency to be-

come reclusive, to stay home and even isolate themselves from activities they have participated in years, so the social support is remarkable," she said.

Barbara Ammiro has been her husband's caregiver after his stroke 13 years ago. She now leads the Carmichael Stroke Support Group, which is held every Wednesday from 11:30 a.m. to 12:30 p.m. at Atria El Camino Gardens, located at 2426 Garfield Ave.

Ammiro said the Carmichael group varies in size on average between 12 to 14 people. Like the Sutter Stroke Support Group, the Carmichael group has seen people who could barely talk make great progress. "There is a lady who could barely talk 13 years ago, now she just jumps in and takes over," Ammiro said.

"We get new people. They have questions. One woman had her stroke 32 years ago and the group gives her an opportunity to ask questions, but all we can do is speak through what we've gone through."

Ammiro's husband has been doing well. His speech therapist was the one who originally suggested the group. "It was so refreshing for my husband to talk to people who are going through the same thing ... First thing was that he was feeling isolated ... But he just worked like a mad man. It took him about a year to get speech back and feel comfortable speaking with others. And he joined the group -- that was really helpful."

The River Cats started a new program this year called the 2013 Non-Profit Partner of the Night Program, said Land Park resident Stephen Caselli who is the group events account executive for the team.

Caselli said last season the River Cats only had a few days where nonprofit groups could sell tickets as a fundraiser and they realized having everyone here on the same day was not very effective, so this season they decided they

would make every game this season available to nonprofit partners and let them pick the date that best fits their schedule.

"For those partners who commit to at least 500 tickets, they become our 'Nonprofit Partner of the Night,'" he said. "This gives them the opportunity to raise over \$2,000 in funds, participate in a pre-game check presentation, throw out the first pitch and set up a table on the concourse. This allows them to share information with all of our fans about their organization and how fans can get involved. They are also recognized throughout the game on the scoreboard," Caselli said.

Last season the Sutter Stroke Support Group brought about 40 people out to a game as a fundraiser and had a good experience and everyone involved this year is all very excited about this game.

STROKE TIPS

Stroke signs and symptoms: Tess Carter, stroke coordinator at Sutter Roseville began Stroke Camp 10 years ago. She said some include: weakness on one side of the body, crooked face, sudden loss of vision.

Risk factors include: hypertension, high cholesterol, heart rhythm problems, smoking, obesity, lack of activity and heart disease.

Prevention measures: Take blood pressure medicine, heart medication, eat healthy foods, exercise.

What to do if you think you are experiencing a stroke: Call 9-1-1. Do not have someone take you to the emergency room. An ambulance would take you to the correct hospital as not all hospitals are primary stroke centers. Carter describes stroke centers, like Sutter, as those that are held to a higher level of accountability. It ensures they give you a medication called tpa, which Carter describes as "Draino for the brain" as it breaks up clots that would prevent blood flow to the brain tissue.

If you go

What: Strike Out Stroke with the River Cats
When: May 5, game starts at 1:05 p.m., gates open at noon.
Where: Raley Field, 400 Ballpark Dr., West Sacramento
Why: May is Stroke Awareness Month and proceeds benefit stroke camp
Order tickets online: www.rivercats.com/fundraisers and select Stroke Awareness Night; the offer code is "support"
For more information: Call Spencer and Arleen Ellis at 455-4821, Tess Carter at 801-5213 or Sue Coleman at 422-4537.
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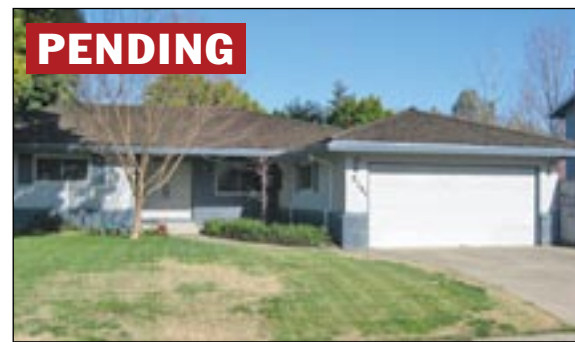
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Merryhill School in Sacramento Celebrates Childhood Literacy with Children's Book Project: **Love, Talk, Read**

Local preschool will serve as a drop-off location for city-wide book drive; community members are encouraged to donate gently-used children's books through December

Merryhill School in Sacramento announced it will serve as a drop-off location for the Children's Book Project: Love, Talk, Read. The preschool is collecting gently-used children's books through December for youth ages infant to 18 years old. After leaving Merryhill, books will be donated to local organizations including Head Start Preschools, the Sacramento Children's Receiving Home (for abused children), Mustard Seed School for Homeless Children, Sacramento Crisis Nursery, Shriner's Hos-

pital for Children and local Boys and Girls Clubs. The goal of Love, Talk, Read is to collect 24,000 books by the year's end.

"We encourage the community to clean out their closets and bring in as many books as they can for the Love, Talk, Read children's book drive," said Susan Freitag, Merryhill School principal. "Through this initiative, we are teaching students the importance of reading as a foundation for future growth and success. This book drive will put books in the hands of kids who need them the most."

For more information on the Children's Book Project: Love, Talk, Read, visit <http://sacbook-drive.blogspot.com/>.

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American Lung Association Releases 2013 Report on Air Quality **14th annual State of the Air 2013 report shows progress in Greater Sacramento despite challenges**

The American Lung Association released the State of the Air 2013, an annual report on air quality which lists both the cleanest and most polluted areas in the country. This year's report shows significant progress in efforts to reduce ozone and particulate pollution in the Sacramento metropolitan area (Sacramento-Arden-Arcade-Yuba City), with air quality in the region at its cleanest since the Lung Association's annual report be-

gan 14 years ago. Air pollution continues to threaten the lives and health of Sacramento residents, but the trend overall is toward cleaner air. The findings reinforce the effectiveness of local and state clean air laws and progressive initiatives including incentive programs that help reduce diesel emissions and promote cleaner vehicles and fuels.

"The State of the Air 2013 report shows that California is continuing

the long-term trend to cleaner and much healthier air," said Jane Warner, President and CEO of the American Lung Association in California. "This progress in cleaning up air pollution demonstrates that our clean air laws are working. However, our report also shows that air pollution continues to put lives at risk throughout the state. We must step up our efforts to cut pollution so all Californians can breathe clean, healthy air."

The Sacramento metropolitan area shows noteworthy success in reducing ozone and particulate pollution over the years of the State of the Air report. For the first time, Sacramento dropped off the list of the nation's 25 worst polluted cities for particle pollution. The region also has experienced a 41 percent reduction in ozone pollution and substantial reductions in particle pollution since the State of the Air began reporting this data.

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Achievers: Local student athletes win CSF scholarships

Congratulations to Makenzie Fong, Amanda Meroux and Derek Taylor for representing Sacramento City Unified School District, their perspective leagues and winning the Dale Lacky Scholarship from the California Scholastic Federation for outstanding athletic performance, community service and academic success during their four years of high school. Each student was awarded \$600 towards college fees.

MAKENZIE FONG (KENNEDY) – Makenzie played for the volleyball team for three years and for the soccer team for two seasons. Her junior and senior years, she received all-league honors for volleyball. She was the volleyball team captain her senior year. She's been a member of California Scholarship Federation for four years, holding offices such as parliamentarian, secretary and vice president. She was named the Most Outstanding PACER as a sophomore; PACE is the school's advanced learning program. She has volunteered at Mercy General Hospital since 2010. Makenzie has a 4.15 GPA, which ranks her No. 15 out of a class of 572. She is undecided on her college, but has been accepted to several schools along the West Coast. She plans on majoring in psychology, biology or neuroscience with the plan of going into research or psychology.

AMANDA MEROUX (WEST CAMPUS) – Amanda ran for the cross country team for four years and also played soccer for four years. She was named to the cross country all-league team twice and was all-league in soccer once. Her soccer teams have won three consecutive Section championships; their fourth season is ongoing. Since she was 10, she has competed with the Rancho Cordova synchronized swimming team. She's been a member of the National Honor Society for the last two years. She is a member of her school's marching and concert bands for four years, and for the last two years has been a member of the California Music Educators Association honor band. For the last six years, she has volunteered at the Happy Tails Pet Sanctuary, a no-kill shelter. She also volunteers at the Sacramento Food Bank. Amanda has a 4.29 GPA, which ranks her No. 12 in her class. She is undecided on her college, but has been accepted to universities from across the nation. She plans on majoring in either environmental or ecological engineering, with the goal of going into one of those fields.

DEREK TAYLOR (McCLATCHY) – Derek has played several different sports while at McClatchy. He's competed in swimming



Amanda Meroux, Makenzie Fong, Derek Taylor.

Photo courtesy

(four years), basketball (three years), water polo (three years), football (one year), soccer (one year) and rugby (one year). He's been the swimming team MVP three times. He was a team captain and made all-league in football and water polo. He's won the Gary Brosmer Leadership Award and has been the head of elections at McClatchy for the last two years. He volunteers as a youth recreational leader and swim coach at

Park Terrace Swim Club, Land Park Volunteer Corps, Harvest Sacramento, Elks Lodge, Ecology Project International and various school fundraisers. He also shaved his head for the St. Baldrick's Foundation. Derek has a 4.42 GPA and is undecided on his college choice. He plans on majoring in philosophy or sociology with the future goal of becoming a behavioral economist, professor or policy maker.



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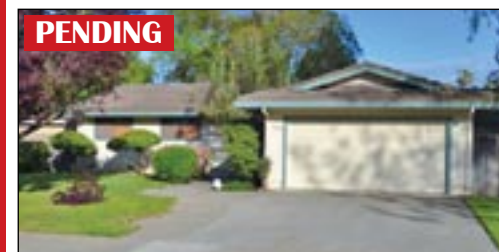
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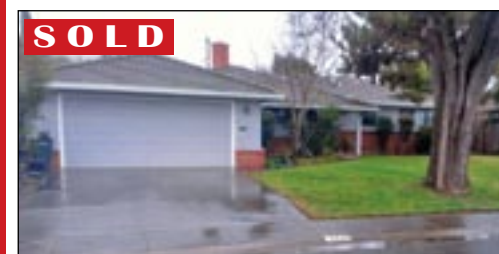


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Taiwanese airline takes first step toward potential development at Executive Airport

By **MONICA STARK**
editor@valconews.com

EVA Airlines, Taiwan's second largest airline, has identified Executive Airport as the potential location for a U.S. based flight training school. The long-term plan for this exciting development is the construction of a new flight training facility.

The project could result in a \$13-\$15 million investment in Executive Airport, including classrooms, a cafeteria, dormitory housing for 90 to 100 students, a maintenance hangar, up to 15 shade hangars and a private apron. This development is consistent with the Draft Airport Master Plan. Besides the development itself, it will bring several million dollars to the area.

The new flight school is expected to account for only about 5 percent of the total operations at Executive Airport. Airport officials

described the school as a relatively small addition to the overall airport, but that the Taiwanese company is looking to hire flight instructor jobs locally.

Prior to development and operation of the new facility, EVA must obtain certification from the Federal Aviation Administration (FAA) to operate a flight training facility.

To support the curriculum development effort and establish an immediate Sacramento presence EVA is proposing to lease building 10318 at Executive Airport. The lease, which was on the agenda to be considered by the Sacramento County Board of Supervisors, passed on March 12, 2013.

Jeff Fry works on leasing issues over at the airport and he said the proposal is the new flight school will sit on a 7.5-acre site at the south end of the airport, right before the entrance of

Bing Maloney and adjacent to the fuel tanks. Before construction takes place, EVA is expected to operate temporarily out of that building. Officials have recently updated the airport's master plan, which identified that space as a potential development area and so the timing of the new flight school was fortuitous.

"This type of private investment at Executive Airport is a long-term shot in the arm for our local economy," said District 1 Supervisor Jimmie Yee. "Sacramento County is committed to exploring these types of projects to ensure a bright future for Executive."

If the FAA approves the EVA curriculum, training for the first 12-15 students would begin in early 2014. The EVA training program will use modern 2- to 4-seat aircraft similar to other types of airplanes that operate at Executive Airport.



"This is the first step in what will be a long-term partnership," said Interim Director of Airports Rob Leonard. "Over the next few months, our staff will work with EVA and other stakeholders on a ground lease and other details for development of the project," he said.

As a result of the sequestration and federal operating budget, Executive may have to close the control tower as a product of those actions and EVA is very concerned about that and may examine the Mather site as an alternative, Leonard said at the annual general South Land Park Neighborhood Association meeting, which was held at Pony Express Elementary on Wednesday, April 10.

"The good news is that they are continuing to communicate their commitment to Sacramento. Their first choice is Sacramento; their second choice is Mather," Leonard said.

The April closure date of the tower has slipped to June 15, but Leonard said even then nothing is for certain. "It's literally day to day ... Next week it may be something else," he said.

Leonard said EVA for nearly one year searched across the

United States for a potential site to develop. After they decided on the West Coast, they chose between Sacramento, Livermore, and the Bay Area.

Tax revenues would be shared between the city and the county, as The County of Sacramento operates Executive Airport, which is owned by the City of Sacramento and then leased to the County for a 25-year annual renewal lease.

EVA Air offers a global flight network, with connections to more than 60 cities in Asia, China, Europe, North America and Oceania. EVA's parent company, The Evergreen Group, owns a diverse set of companies that include land and air transportation companies and an international chain of hotels.

Sacramento County Airport System, a department of Sacramento County, is responsible for planning, developing, operating and maintaining four of the County's airports: Sacramento International Airport, Executive Airport, Mather Airport and Franklin Field. The Airport System provides more than \$4 billion in annual economic impact to the Sacramento region. For more information, visit www.sacramento.aero

Poetry contest seeks youth poems about drug and alcohol abuse or prevention

Greater Grace Worship Center in collaboration with My Futures Initiative is hosting SWORD (Standing With Others Rejecting Drugs) this summer for girls 10-18 and their families. As part of the event, the center is sponsoring a Poetry Writing Contest with entries being accepted now through June 7.

SWORD, I'm Better Than That Poetry Contest winners will receive \$50, be invited to recite their winning poem on Aug. 31 and be given a certificate of achievement.

Eligibility: The SWORD (Standing With Others Rejecting Drugs) Poetry Contest is open to all students ages 10-18 (including home schooled and tutored children), regardless of experience or previous publication, except where prohibited. Committee Members and agents of SWORD and their immediate families are ineligible and may not enter.

Each entrant may submit as many as two poems of no more than 20 lines on any subject related to drug and alcohol abuse and prevention and may be in any form, provided that the content of the poem is not vulgar or offensive, does not employ profanity, and is the original, individual work of the entrant.

All submissions become the property of The SWORD Foundation and will be considered for publication in our anthology and also on any websites or blogs under our same name. Entrants retain copyright of his/her own individual work. Submissions by multiple entrants may be mailed together in one package to save on postage. All entries sent by mail must include completed entry form.

Entrants must complete the entry form in its entirety to qualify for the contest and may submit no more than two poems per contest. If you will be passing this information out to your organization, remember to make copies of the entry forms before you cut it.

Contest Dates: Entries are accepted between April 15th and June 7th. All mailed entries must be delivered or postmarked by June 7, 2013. Selection: Poems are judged based on originality, creativity, and artistic quality. Poems not meeting the requirements for line limitation are automatically disqualified. Poems containing profanity, vulgarity or offensive material are automatically disqualified.

Prizes: One winner will be selected in each of the categories (division 1 - ages 10-12, division 2 - ages 13-15, division 3 - ages 16-18). Each winner will receive a cash prize of \$50.00 and a Certificate of Achievement. The two writers who place first overall will be showcased and appear in the August 31, 2013, SWORD Community Event.

For entry forms, call (916) 395-0179 and request one be mailed to you, pick one up between the hours of 11 a.m. and 2 p.m., Monday through Friday at 5550 Sky Parkway (near Florin and 65th St.) Also, schools can ask one be dropped off.



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Darlene completed her Bachelor's Degree in Health Sciences and Geriatric Nurse Practitioner at UCSE. She brings a wealth of experience to Greenhaven Estates. She has held the titles of Administrator, Director of Nursing and Director of Staff Development. She has been a sought out consultant for her expertise in long-term care and quality improvement. We are very excited to welcome her to our caring team of professionals!

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Bike For Mike held in memory of Deacon Mike Crowley

Photos by STEPHEN CROWLEY
Stephen@valcomnews.com

The Social Justice Ministry at St. Anthony Catholic Parish sponsored an easy, family oriented bike ride (fewer than 10 miles) around the Pocket in memory of Deacon Mike Crow-

ley, an avid cyclist who died on March 18, 2012. The ride also was a fundraiser for the SSIP (South Sacramento Interfaith Partnership) Food Locker. The bike ride began and ended at St. Anthony Parish, 660 Florin Rd.

Deacon Mike served the St. Anthony Parish community from his ordination in 1996 until his death last March. He cared deeply about those who suffered hunger and volunteered many hours at the food locker. He also loved

biking and almost never used a car to move around Sacramento.

If you were unable to attend but would like to donate to the SSIP Food Locker, you can bring a check by to the parish or send the check to:

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SACRAMENTO Gears Up BIKE MONTH

By CORRIE PELC
corrie@valcomnews.com

If you've been thinking about giving bike commuting to work a shot, or have just wanted to start bicycling around town more, here's your inspiration - May is Bike Month in Sacramento.

The Bike Month project has been around since 2006 and celebrates not only biking to work, but biking everywhere, says A.J. Tendick, public information coordinator and Bike Month project manager for the Sacramento Area Council of Governments. Tendick says Bike Month offers a number of bike rides throughout May to help people become more comfortable with bicycling around Sacramento.

"Really it gets down to getting more people on their bikes and not in their cars," he explains. "If you're on a bike, you're not polluting, you're not creating congestion, and those are really some of the things we can ultimately focus on. If we get enough folks on bikes, you really do make a meaningful impact on those things."

Ed Hakari, Land Park resident and owner of Fast Eddie Bike Tours, says Bike Month helps raise awareness for bicycling as part someone's lifestyle. He says he has been seeing an increase in people interested in road bicycling for fitness, and commuter bicycling thanks to improved bike lanes in midtown. "Many more people are commuting to and from work -- it's faster, it's more convenient, you don't have to park a car," he says.

And Hollywood Park resident Glenda Marsh -- who has been a bike commuter for the past eight years -- says Bike Month helps focus people's energy towards biking, and overall is just fun. "The main Bike Month activities are so much fun that as a bike commuter and cyclist in general, we can just go to all these really fun activities and plug into this really wonderful community of bike riders in our city," she adds.

Jump On

At the Bike Month project's website, www.mayisbikemonth.com, those interested in taking part can find a vast array of events throughout May, from a variety of different bike rides to bike maintenance clinics.

One group that will be offering a number of events during Bike Month

is the Sacramento Area Bicycle Advocates (SABA). Executive Director Jim Brown says their events will range from a bike ride to look at public art in the central city to a ride up to the opening day of the farm stand at Soil Born Farms in Rancho Cordova.

Brown says events like these during Bike Month will help people learn that bicycling feels good and is fun by giving them a variety of ways to expedience that. "Even if they're not in a position to start commuting by bicycle, they'll have opportunities to take part in the social rides that we'll be holding, they'll be hearing a lot about bicyclists and bicycling, so they'll have a lot of opportunities to participate at whatever level they feel like they'd like to do," he says.

Additionally, SABA will be offering free bike valet services for a number of community events, both in May and year-round, that they are in need of volunteers for. For example, Brown says SABA will be providing bike valet services at the newly-opened Midtown Farmers Market every Saturday, as well as the Pops in the Park series in East Sacramento in June and the Friday Night Concert in the Park series at Chavez Park. "We do this as a way to make bicycling convenient for people who want to travel that way," Brown adds. "It's a great way to spend time with other folks who are bike-friendly and do something valuable for the community by making bike parking a little bit easier for people."

And on June 9, SABA will host a bike trail clean up from 9am to 12 noon starting at the C Street Entrance between 19th and 20th. Brown says SABA has been caring for this portion of the trail for the past 10 years. "This is a way for us to give back to the community and make sure that this important piece of trail is free from litter and looking good," he adds. "It's important for us to make sure that it's kept in good shape so that there's an easy connection between the river trail and the central city."

For those interested in learning more about commuting to work, Marsh is holding a neighborhood bike commute every Thursday morning in May starting at 8am from the Swanson's Cleaners at Virginia and Freeport. Marsh -- who has not had a car for over a year and bike commutes 4 miles each way every day -- says she came up with this idea after neighbors and friends told her they



would like to bike commute to work, but were unsure of what streets to take. "I'll show people how to get downtown on some really quiet, safe streets and how to ride your bike safely," Marsh says. "It's a great idea to do it with somebody the first few times and get comfortable."

And in addition to events, www.mayisbikemonth.com also allows participants to log their bike miles and participate in a number of challenges, including individuals, teams, employers, schools, and even cities. Tendick says the Bike Month project has an overall goal of achieving 2 million miles biked. "People can get a little competitive in a fun way," he adds.

Get Pedalin'

So just why should people be pedaling a bike in May?

As an avid cyclist for nine years, Hakari says the number one benefit is health. He says he started biking when he began heading into midlife and did not like what he saw in the mirror. "I got into cycling because it was fairly easy on my body and I was able to adjust to it pretty quickly," he explains. "It changed my physical well-being in a pretty significant way."

Hakari has now been running Fast Eddie Bike Tours for four years, through which he offers a variety of tours for bicyclists of all levels, from historic tours of downtown Sacramento to wine tours in Clarksburg. "I got so much joy out of that I ended up leaving a corporate job and starting a bike touring company because I wanted to spend more time on a bike," he says. "It's been really positive for me that way."

Marsh has also seen health benefits from bicycling. She says she's lost 15 pounds since she sold her car a little over a year ago. "I'm healthier, I'm trimmer, I get lots of compliments from people," she says. "Plus having a nice exercise break after work before you get home is very stress relieving."

There are also environmental benefits to bicycling, Brown says, especial-



ly in regards to air quality. He says for every mile driven in a car, an average of about 0.9 pounds of carbon emissions is generated. "That can have extremely important benefits in our region, which suffers from some really poor air quality directly attributable to our transportation system," he says.

And Tendick says overall, bicycling can have an impact on a person's quality and pace of life. "When you're riding by at 10 miles per hour you notice a lot as you ride by...you see things at a different pace," he explains. "When you change the speed of your traveling and you start changing your paths, you experience life in a little bit different way and I think a lot of people end up enjoying that pace."

For more information on the May Bike Month project, visit www.mayisbikemonth.com.

For more information on SABA, visit sacbike.org. For information on volunteering for SABA's bike valet services or bike trail clean up, email volunteer@sacbike.org.

For information on the neighborhood bike commute from Hollywood Park, call Glenda Marsh at 916-476-9538.

For more information on Fast Eddie Bike Tours, visit www.fasteddiebiketours.com.

Long time Kennedy band teacher leaves a legacy

By MONICA STARK
editor@valcomnews.com



Mr. Miles with his students.

Photos by Alan Barrett

After 26 years, Kennedy band teacher George Miles is calling it quits. But before he leaves his position, he has one last show he hopes alumni come see. It's a combined concert with Sutter Middle and Leonardo da Vinci students on May 16 at 7 p.m. in the JFK Auditorium.

Miles has had generations of students and some have gone into teaching and other music fields. He harbors mixed emotions about his retirement as he has fond memories of his career. The Kennedy band has played at the tree lighting ceremony for Governor Brown; he's taken students to Hawaii, Florida and other places closer to home like Disneyland.

"I love to make music and I will miss that. And I will miss the kids," Miles said. "When you are teaching kids to make music, there is

a lot of collaboration and personal investment both ways and it's something you share with the kids. People who haven't done music, they don't really understand ... that musical connection. That's not something you can describe, something you can't put into words. It's just something you do together," Miles said.

But while he will miss making music with the kids, he also feels like it's time to move on. "I am old enough," he said "and marching band gets to be physical. It's been hard in recent years to keep up with it."

Originally from Illinois, Miles studied at Northern Illinois University for undergrad then continued on to Western Oregon University, which was then called Western Oregon State College. "When I was in Oregon I thought I was going to stay in Oregon but I heard about an opening down here and interviewed. I ended up being really impressed with what I saw and came here instead," he said.

Twenty-six out of the 34 years he's taught have been at Kennedy. Previously, he taught for five

years in Oregon and two years at an Indian reservation in Illinois.

Miles looks forward to having more time to play music with friends. A trombone player, Miles used to get frequent requests to play with various groups, but often had to turn them down because of work commitments. Also, he has been putting off traveling to Europe, but adds that unfortunately his wife Sheryl isn't ready to retire. So, he said, he'll probably have to wait a year or two before he does that.

Sheryl teaches music at Caroline Wenzel and comes to Miles's band room during her lunch to teach drumming. Sheryl also travels all summer with the Concord Blue Devils as the band's manager.

Miles said the Kennedy band has about 85 students, which fares quite well in size compared to other bands. "There are bands much larger but they are in areas that are densely populated and they have an elementary program which we no longer have," he said.

"When times get tough, you can tell what they value. Haven't seen as much money as we used to," he said. Besides paying Miles' salary, he said the district provides \$250 for repairs and supplies. "That was about it," he said. "Everything else was provided by boosters or stuff I've had to buy out of my pocket," he said. Some of those things included drum sticks, drum heads - "all kinds of stuff," he said.

Though Miles will be sorely missed, Jeremy Hammond, the band teacher at Sam Brannan

See Band, page 21



Band: Mr. Miles will be missed by many

Continued from page 20

will split his time between teaching at Kennedy and teaching at the middle school. Miles speaks highly of Hammond. Miles said he has spoken to Hammond a lot about the personal connections he has made with students before or after school and that splitting time between the two schools may make that difficult for Hammond.

"When you are a teacher, you make a personal connection. You get to talk before or after school, but with a split (schedule), you give up a lot," he said. "That's something Jeremy and I have talked a lot about."

For those who may be interested in music but have not had the opportunity to play, Miles has words of wisdom: "I would just say get in there. You know -- old school: try." He said the district is fortunate in that they have a lot of instruments. For students who can't afford to buy own instruments, the school has some for them. "I think for a lot of kids it's one of the bright spots in the day ... it's one of the classes you really get to look forward to," he said.

Miles has brought such joy to many students and families over the years and several of them had such nice things to say about the beloved teacher:

Drummer Alex Pfeifer said: "Mr. Miles is and always will be one

of the greatest music instructors I have ever known. With him, you can always tell he understands and loves the music because of the benevolence he has towards the piece that he is teaching. His striving to improve the band as a whole is always apparent due to the support he gives to each individual band member. But, when those members are irresponsible, the gloves come off and his iron fist comes down and establishes order with irrefutable leadership that everyone should take note of."

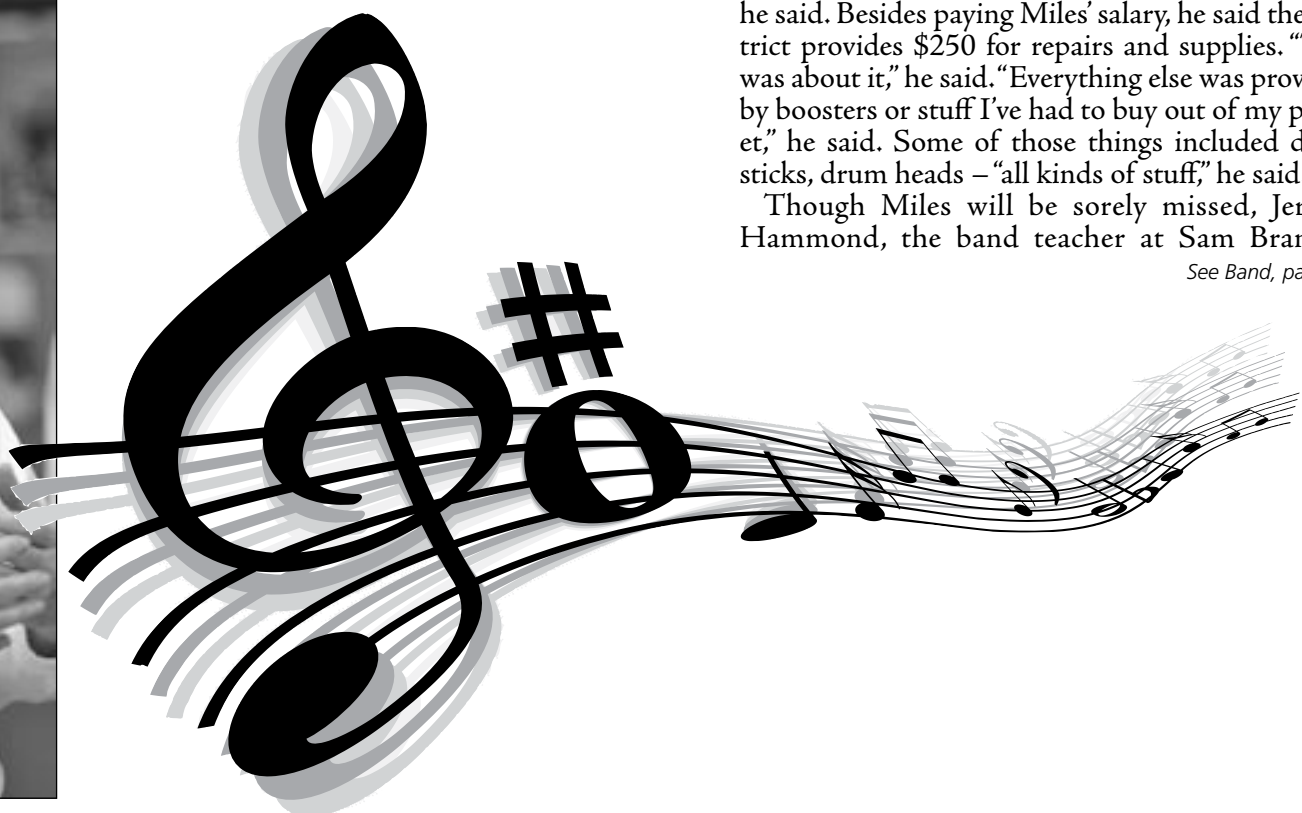
JFK senior Joseph Barrett has been in the marching band for four years. To him, Miles has done such a great job and is very committed to his work. "He keeps us motivated and inspired to thrive musically and educationally. His ever-funny jokes he cracks in class are sure reminder of his awesome personality. His best trait is that he really cares about us all in the band. I would say what really makes the JFK band is Mr. Miles. Without him, the band won't be the same. I will miss him greatly. He is a great role model to all of us," Barrett said. Barrett has played the clarinet for almost 10 years and will go to Sacramento City College with plans to transfer to Sacramento State University or Chico State to work towards a his-



tory major. He wants to teach history in high school.

Barrett's brother, alumnus **Brian Barrett** (former band drum major) said: "One memory in particular is seared into my mind in regards to Mr. Miles. The memory is of a day when the schools power went down and as a result the band room was in complete chaos. Mr. Miles stood there playing half-notes on his trombone in a chromatic scale like it was any other day. That is Mr. Miles at his core, turning chaos into order through music, the results are always magnificent."

Joseph and Brian Barrett's father, **Alan Barrett**, has been involved in the band since 2001 and is former band booster president. Alan Barrett said: "George and Sheryl Miles have had a positive and dynamic impact musically, enriching the lives of thousands of kids for over two decades in the Sacramento area. Many of George's students have gone on to major in music and teach themselves. I would like to thank George for his tireless devotion over the years, especially in teaching all three of my sons about the importance of music and a good education."



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Gearing up for summer with reading and ice cream:

Belle Coolegge and Vic's Ice Cream present 15th annual ice cream social

The Belle Coolegge Library is proud to partner with Vic's Ice Cream for the 15 annual Barbara Jeanne Hansen Ice Cream Social Friday, May 31 from 6-8 p.m. at Belle Coolegge Park.

Participants can enjoy unlimited ice cream, face painting from Happily Ever Laughter, Musical Robots, a live DJ and a performance by trained rescue dogs, Busy Bee Dogs. The bookstore will also host a book sale in the community room with prices starting as low as 50 cents.

The event is free to the public as a show of appreciation from Friends of the Belle Coolegge Library. Popular flavors such as mint

chip, butter pecan, jik jak and cookies n' cream will be served along with classic chocolate, strawberry and vanilla.

"Vic's ice cream has supported the library for many years and I'm glad that we are supporting a local business for this year's ice cream social," Jinley Hart, library bookstore volunteer said.

Former library volunteer Barbara Jeanne Hansen, who read stories to the children in the library for many years, started the ice cream social 15 years ago and it has been a popular event ever since. Children and adults can sign up for the library's summer reading program and earn a prize upon completion.



The Sacramento Public Library focuses on reading over the summer to prevent a decline in reading achievement scores. Children who access to more books read more books. The summer reading program this summer is from June 1 through Aug. 31.

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CALENDAR

Send your event announcement for consideration to: editor@valcomnews.com at least two weeks prior to publication.

MAY
Rotary Club of Pocket/Greenhaven
 May 2: Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thursday. Aviators Restaurant, 6151 Freeport Blvd. (916) 684-6854.

Bi-Polar Anonymous
 May 3: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

Fairytale Town Read-Aloud: 'Harry Potter and the Sorcerer's Stone'
 May 3: Doors open at 5:30 p.m., reading begins promptly at 6 p.m. Join Fairytale Town for a unique nonstop read-aloud of J.K. Rowling's first tale in the popular Harry Potter series. Doors open at 5:30 p.m., reading starts at 6 p.m. and is expected to conclude in the early hours of the morning. Dress in costume, bring a book to follow along during the reading, and bring sleeping bags, blankets, pillows, snacks and a picnic-style dinner. Advance tickets go on sale March 25 and are \$7 for members and \$10 for nonmembers. Day-of tickets are \$9 for members and \$12 nonmembers. Ticket holders of all ages can sign up to read pre-assigned passages by contacting Fairytale Town at programs@fairytaletown.org. www.fairytaletown.org 808-7462. 3901 Land Park Dr.

California Writers Club presents David Tunno
 May 3: The subject: "Screenwriting for Fun and Profit." David has written two screenplays. He is a former actor, a jury consultant and author of Fixing the Engine of Justice: Diagnosis and Repair of Our Jury System. CWC Writers Network meets the first Friday of every month at 9 a.m. at the International House of Pancakes (IHOP), 2216 Sunrise Blvd., Rancho Cordova (off Sunrise north of Highway 50). For more information, contact Margie Yee Webb, Margie@CatMulan.com. 213-0798.

Kiwanis Club of East Sacramento-Midtown meeting
 May 3: Visitors welcome, weekly breakfast meeting on first, second and third Fridays at 7 a.m. and dinner meeting on fourth Thursday at 6 p.m. Topical weekly speakers and first meal for visitors on us. Meet at The Kiwanis Family House, (at UCD Med Ctr/50th St & Broadway) 2875 50th Street Sacramento, CA 95817. www.eastsacmidtownkiwanis.com, 761-0984, volunteers always welcome!

The health care law and you
 May 3: This presentation, by Joseph Rodrigues from the California Department of Aging, will cover those provisions of the Affordable Care Act that affect older adults. Be prepared to find out how the Act benefits older adults and provides you with better health care coverage at lower costs. Starts at 3 p.m. Belle Coolegge Library, 5600 South Land Park Dr. 264-2920, www.saclibrary.org.

Family/all ages book sale
 May 3-4: Friends of the Arden-Dimick Library is hosting a two-day book sale. All books will be reasonably priced, starting at 25¢. Thousands of titles include: Children's

Books, Mysteries and Thrillers, Adventure, Romance, History, Art, Cookbooks, Travel, Biographies, Science, Fiction, Sci-Fi/Fantasy and much more! 264-2920, www.saclibrary.org. Arden-Dimick Library, 891 Watt Ave. Friday, May 3 from 1 to 5 p.m. and Saturday, May 4 10 a.m. to 4 p.m.

Multicultural festival at Alice Birney
 May 4: Alice Birney Waldorf-Inspired K-8 School. 6251 13th Street, Sacramento. 433-5544.

Camellia Waldorf School
 May 4: Food, music and fun will be had at the May Festival, which includes a pre-school open house from 9:30 to 10:30 a.m., a preschool puppet show at 10 a.m., may-pole festivities from 11 a.m. to noon and a K-8 open house from noon to 2 p.m., 5701 Freeport Blvd., www.camelliawaldorf.org, 427-5022.

Land Park Little League pancake breakfast and general meeting
 May 4: A pancake breakfast will be held 8 to 11 a.m. at Dooley Field. Tickets are just \$5. All families are asked to sell 10 tickets. Raffle tickets will be sold for great prizes. Your pancake breakfast ticket will also get you the chance to win other great prizes throughout the day.

Volunteers are needed to help set up, cook, serve and clean up — this is a great way to earn back your volunteer fund fee while having some fun and supporting the league. If you can help, please contact Karen Leon at karenleon@sbcglobal.net or (916) 612-6990. May 4 is also our Fan Appreciation Day and General Meeting— stay around after the pancake breakfast for free shave ice (1 per person) from 11 am - 4 p.m. The General Meeting will be held at the snack shack at 4:30 p.m. Managers are required to attend the General Meeting — all others welcome! Come hear about the state of the league and opportunities to serve on the League Board of Directors.

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— EVENT LISTING SECTION —

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers. Call (916) 429-9901 for rates.

Crockett-Deane Ballet Company & Deane Dance Center
"Sleeping Beauty"
 May 11 at 7 p.m.
 May 12 at 2 p.m.
 Tickets at the door: \$15 general \$12 students/seniors; \$10 kids
 The Center, 2300 Sierra Blvd, Sac deanedancecenter.com

Honoring George Miles, Band Director JFK
 George Miles, Band Director is retiring at John F. Kennedy High School May 16, 7 p.m., 6715 Gloria Drive Mr. Miles has brought music to JFK & the community for 25 years. Let's fill the auditorium for his last concert. Reception following. Info: jfkennedyband.com

NEW LOCATION! Kiwanis Art Fiesta
 June 1 & 2, 10 a.m. - 5 p.m.
 Pavilions Shopping Center Fair Oaks Blvd. east of Howe Ave.
ARTISTS WANTED!
 Sponsored by Kiwanis Club of Sacramento Suburban (916) 837-1737
 kiwanisartfiesta.org

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 Friday, May 24
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 For tickets call: (916) 393-5906
 Adults \$25—Children (12 & under) \$10
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CALENDAR

Fairy Hunt! McKinley Library to McClatchy Library

May 4: Springtime is the season for fairies! Join the fairy hunt throughout the midtown area. Begin at the McKinley Library at 1 p.m. to build 'fairy houses' and end with a fairy craft activity and a magical surprise at the McClatchy Library. The fairy hunt has clues set along the route to help participants find the way with treats at each stop. This is a family activity - children must be accompanied by an adult. The event is free but registration is requested at www.saclibrary.org

"Casks & Canvas"

May 4: Benefit for local non-profit preschool, Discovery Montessori on 56th and G streets. The annual event will be held Saturday, May 4 from 5-9 p.m. at Orphan Breakfast House. It features a showcase of local beer and wine, a silent and live auction of local goods & services, and an art exhibit featuring local artists. Tickets are \$35 per person or \$65 for two or \$120 for four. All proceeds benefit Discovery Montessori, a non-profit pre-

school that has been serving East Sac families since 1973. All donations, including the cost of tickets, are tax deductible. For more information, contact Anna Mushynski at mushynski@gmail.com or call 706-3903.

Tahoe Park Starlight Movie Series presents 'Finding Nemo'

May 4: Councilmember Kevin McCarty in conjunction with the Tahoe Park Neighborhood Association are proud to present the Tahoe Park Starlight Movie Series. At this first event, we will be showing "Finding Nemo" at dusk in Tahoe Park. This event is free. Bring your blankets and snacks and come out to meet your neighbors at this family friendly event. Movie starts at 7 p.m. Tahoe Park is located 3501 59th St.

JFK High Interact club car wash at the Elks Lodge, No. 6

May 4: Interact Club will have a car wash this Saturday at Elks Lodge, 6446 Riverside Blvd., from 9 a.m. to 2 p.m. Donations and volunteers accepted. Community service hours given.

Carmichael library book sale

May 4-5: Find books and movies at basement bargain prices the first weekend of every other month at Carmichael Library for both kids and adults. Sponsored by the Friends of Carmichael Library, 5605 Marconi Ave., Carmichael. Saturday, May 4, from 10:30 a.m. to 5 p.m. Sunday, May 5 from 11 a.m. to 4 p.m. 264-2920, www.saclibrary.org.

Spring into Health

May 5: The Hmong Health Alliance invites you to a Community Health and Wellness Fair on Sunday, May 5, 10 a.m. to 3 p.m. at California State University, Sacramento, University Union: Redwood Room. The fair will feature FREE consultations with: pediatrician, family physician, pharmacist and physical therapist as well as FREE screenings for blood pressure, BMI, glucose, hearing and vision. FREE parking will be available in Structure II.

Free golf lessons offered at Bing Maloney Golf Complex

May 5: Are you interested in starting to play golf, but not sure where to begin? Bing Maloney is offering Free Family Clinics for 2013. These clinics are family oriented for any level of golfer. Each clinic will be held on Sundays from 1 to 2:15 p.m. at the Bing Maloney Golf Course: 6801 Freeport Blvd. in Sacramento. Call 808-2283 for more information.

Spring tree tour at CSUS Arboretum

May 5: Celebrate spring and explore the City of Trees on a guided tree tour with the Sacramento Tree Foundation. Tour starts at 11 a.m. and ends at 12:30 p.m. Rain or shine. Meet at CSUS Arboretum, 6000 J St. Meet at the Arboretum, State University Drive across from parking lot 1. Tour is free, but to ensure that you're included, RSVP at www.sactree.com/events

Sunday Funday in Carmichael

May 5: Free activities, raffle, piñata and more for this Cinco de Mayo event. 5750 Grant Ave. 10 a.m. to 1 p.m. This is the kick-off event for more Sunday Funday events to come. Future events are: June 9, June 23, July 7, July 21, Aug. 4, Aug. 18

Finding women in your family tree

May 5: Central Library, 828 I St. Although female relatives are sometimes difficult to trace, they can be found. At 1 p.m., genealogist Janice Sellers will discuss resources for tracing the women in your family, such as family items, census records, immigration records, church and vital records, journals, newspapers, court records, archives, and manuscript collections. 264-2920, www.saclibrary.org.

Notable Books: Hedda Gabler

May 5: The Sacramento Public Library is collaborating with Capital Stage, which will present Henrik Ibsen's masterpiece, Hedda Gabler, in a new adaptation, from May 15 to June 16. At 1 p.m. join us at the Central Library for "From Page to Stage: The Realm of Character," a discussion with the production's director, Janis Stevens, and professional actors from the cast, including Stephanie Gularte, Capital Stage's Artistic Director, who plays the title role. The actors will perform several brief scenes from the play and talk about the challenges and rewards of adapting and performing a late 19th-century work in 2013. Central Library, 828 I St. 264-2920 or visit www.saclibrary.org.

Free Spring Concert at Christ Community Church in Carmichael

May 6: The Sacramento Concert Band, under the direction of Grant Parker, will be presenting a spring concert at 7:30 p.m. at Christ Community Church in Carmichael. The program will include works by American composers Clare Grundman, Barry Kopetz, Ed Hucceby, Sousa, and others, and will feature a performance by the winner of the Sacramento Valley Symphonic Band Association's Annual Youth Artist Competition. This is the 43rd season for the 55 member Sacramento Concert Band, an outstanding wind ensemble comprised of talented volunteer musicians from Sacramento and the surrounding areas. The concert is free. Christ Community Church is located at 5025 Manzanita Ave., 691-7632.

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FUN FOR ALL AGES!

TICKETS 50¢



Rotary Clubs of Arden-Arcade, Carmichael

May 7: Guest speakers address local, regional and international topics. Visitors welcome, every Tuesday. Arden-Arcade meets at noon, Jackson Catering and Events, 1120 Fulton Ave. (916) 925-2787. Carmichael meets at 6 p.m., Palm Street Pub & Grill, 6416 Fair Oaks Blvd. www.rotary.org.

Soroptimist International of Sacramento North meeting

May 7: An organization for the betterment of women and children meets at the atria El Camino Gardens at 2426 Garfield, Carmichael. Call Sheila at 624-4643.

East Sac Rotary

May 8: Meets at noon, Evan's Kitchen, 855 57th St. Sacramento. www.eastsacrotary.com.

SMUD presents free workshop, Quality of Light=Quality of Life

May 8: The event features ways of improving the lighting environment for those with low vision. Using interactive displays, professional lighting specialists can guide you to the best choices to improve low light and high glare situations. They will also show how to change the lighting to improve lifestyle. Two workshops available, one from 9 a.m. to 1 p.m. and 2 to 6 p.m. 1-888-742-SMUD (7683). 6301 S Street, Sacramento

Rotary Club of Pocket/Greenhaven

May 9: Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thursday. Aviators Restaurant, 6151 Freeport Blvd. (916) 684-6854.

Bi-Polar Anonymous

May 10: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7:30-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

Kiwanis Club of East Sacramento-Midtown meeting

May 10: Visitors welcome, weekly breakfast meeting on first, second and third Fridays at 7 a.m. and dinner meeting on fourth Thursday at 6 p.m. Top-

ical weekly speakers and 'first meal for visitors on us'. Meet at The Kiwanis Family House, (at UCD Med Ctr/ 50th St & Broadway) 2875 50th Street Sacramento, CA 95817. www.eastsacmidtownkiwanis.com, 761-0984, volunteers always welcome!

Capella Antiqua's upcoming 'A View from the Footlights' concert

May 10: Capella Antiqua's presents 'A View from the Footlights' concert in the beautiful and resonant Cathedral of the Blessed Sacrament at 7:30 pm, with a pre-concert talk at 7 pm. Tickets will be \$15 and a \$5 student/senior discount is available. This concert will feature choruses and arias stretching from Monteverdi's Orfeo at the dawn of opera composition to Scott Joplin's Treemonisha, an "entirely new form of operatic art." http://www.capella-antiqua.org/about. The Cathedral of the Blessed Sacrament is located at 1017 11th St.

Trains & Tripods Photo Opportunity & Lighting Seminar

May 10 and 11: Lights, Camera, Action! Back by popular demand, the California State Railroad Museum is

proud to host a unique "Trains & Tripods Photo Opportunity & Lighting Seminar." Friday - 5:30 p.m. to 8:30 p.m. (Photography Seminar) Saturday - 7 a.m. to 9:30 a.m. (Shooting Workshop) \$35 per person Friday night seminar, \$60 per person for both. 445-7373 or www.californiastaterailroadmuseum.org

California Middle School First Multi-Cultural Fair

May 11: From noon to 5 p.m., California Middle School will hold a multicultural fair, celebrating a wide variety of cultures in our diverse community. In addition to promoting cultural sensitivity and increasing an awareness and appreciation of other cultures, the Fair extends education beyond classroom walls by exposing students, faculty and staff to a multi-ethnic experience where students take the lead in teaching others. The event will feature multi-cultural entertainment, mobile food trucks with Mexican, Mediterranean, Vietnamese, Cajun, and Indian fare. Also, there will be booths representing many countries, demonstrations by multicultural acts, raffle items so that you can take a little bit of our diversity home with you, and other fun events.

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35 Greenway Cir - Pending Sale!
Greenhaven Classic near the Greenbelt! Well maintained one-owner 4bd 2ba 1-story semi-custom with bonus/hobby rm. Updated kitchen open to family room. Updated roof, heat & air, solar for pool, more!

404 Pimentel Wy - SOLD!

Quality 1-owner semi-custom 4bd 2.5ba with master suite downstairs, 3-car garage, up Dupont Zodiaq kitchen counters, plus updated comp roof, A/C & gas heat! Nice size yard w/ covered patio & fruit trees.

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Limit 1 free 8 oz. yogurt per coupon.
One coupon per person per visit with coupon. Not valid with other offers. Exp. 5/31/13

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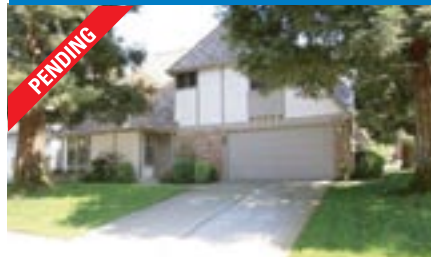
SINGLE FAMILY, 3 BEDROOM, 3 BATH, 1943 SF
NICK A LAPLACA 764-7500

1812 2ND AVENUE \$397,500



SINGLE FAMILY, 3 BEDROOM, 1 BATH, 1298 SF
JOLEEN DUNNIGAN 717-3559

1115 RIO CIDADE WAY \$279,900



SINGLE FAMILY, 3 BEDROOM, 3 BATH, 1470 SF
NICK A LAPLACA 764-7500

4305 GRIFFITH DRIVE \$299,900



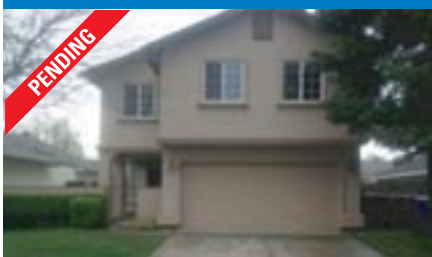
SINGLE FAMILY, 3 BEDROOM, 2 BATH, 11365 SF
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DUPLEX 3 BEDROOM, 2 BATH EACH SIDE
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PENDING

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SINGLE FAMILY, 4 BEDROOM, 3 BATH, 2003 SF
BRANDON SHEPARD 479-1936

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SOLD

SINGLE FAMILY, 6 BEDROOM, 5 BATH, 4878 SF
NEAL ALIE 981-7129

4820 MILLNER WAY-\$230,000

SOLD

SINGLE FAMILY, 5 BEDROOM, 3 BATH, 2206 SF
NEAL ALIE 981-7129

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NEAL ALIE 981-7129

SACRAMENTO

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SINGLE FAMILY, 4 BEDROOM, 2 BATH, 2007 SF
BRANDON SHEPARD 479-1936

5680 23RD STREET-\$140,000

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MARSHA CHAN 217-5500

8333 SOUTHFIELDS CIR-\$188,000

PENDING

SINGLE FAMILY, 4 BEDROOM, 2 BATH, 1591 SF
BRANDON SHEPARD 479-1936

4525 D STREET-\$289,000

SOLD

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DAWN M O'CONNOR-ROWE 799-4835

6487 SUNNYFIELD WAY-\$180,000

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2885 NORWOOD AVE-\$325,000

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2882 FLORA SPRINGS WAY-\$212,950

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SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1441 SF
JOLEEN A DUNNIGAN 717-3559

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PENDING

SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1074 SF
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