

THE POCKET NEWS since 1991

July 18, 2013

Community News in Your Hands

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POCKET FOURTH OF JULY PARADE WAS THE BIGGEST YET

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Congrats Pocket Little League 11/12 year old All Stars

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History of the Sacramento River, part 15

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SPORTS



Congratulations Pocket Little League

The Pocket Little League is very proud of the U-11/12 All-Stars. The age 11-12 Pocket Little League 2013 All-Star team was managed by Tony Poletti with Ralph Nevis and Stephen Genus as his coaches. The players were called the wolfpack for most of them played last year on Poletti's age 10-11 All-Star team. This year they successfully won the District 7 title which covers the greater Sacramento area. They played hard, played together, and most importantly, had a lot of fun on their way to earning the 2013 District 7 Little League All-Star Championship. Congratulations, boys!!!! Nice job representing your league and your community.

—Courtesy of Pocket Little League



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editor@valcomnews.com

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Congratulations Pocket area Eagle Scouts!

On July 26 at 6 p.m. at the Kennedy High School Auditorium, there will be an Eagle Scout ceremony for six scouts with Troop 136 sponsored by the Sacramento Zoological Society. Parent Doug Colby, said some of them have been together since they were Tiger Cubs in first grade with Pack 136 as Cub Scouts, and now nearly 12 years later, some of them marched in the Fourth of July Parade. Please join the boys and their families, as their accomplishments will be celebrated.

They have been camping together. They've been snow camping. They have been on 65-mile backpacking trips on the Pacific Crest Trail together. Some of the things they have done for the community to earn their Eagle Scout honor, include: gathering bikes and donating them to Cycles for Hope, which in turn, gives them to the homeless, making benches to replace worn out ones at Jesuit High School, and repainting fire lanes for homeowners associations. Thanks Scouts!

JFK Summer of Service Program collects donations

Program raises awareness about community concerns

The summer program at Kennedy collected more than \$500 worth of money and donations Saturday, July 13 at their car wash, bake sale and donation drop. All proceeds collected from the event will be donated to Sacramento charities to support local foster youth, animal shelters and homeless shelters. Though the program is almost over, the Summer of Service program is still at Kennedy from 8 a.m. to 2 p.m., Monday through Thursday.

The Summer of Service Program engages Sacramento youth in meaningful activities to help the community. It is designed to help incoming freshmen acclimate to high school and get involved in their community by using their own actions and voice.

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Upcoming health and wellness fair set for Aug. 10

Dr. Richard Pan will be hosting an upcoming health and wellness fair. The Community Health and Wellness Fair will be held on Saturday, Aug. 10, 2013 at the Florin Business Arts Complex (2251 Florin Road).

The Community Health and Wellness Fair will help provide services and information to better the health and wellness of South Sacramento

residents. We will have a VSP Mobile Eyes clinic on site providing free eye exams and glasses for low-income adults. Additionally, Walgreens will be providing 100 backpacks packed with supplies to help send South Sacramento students back to school. We will also have a resource fair with vendors focused on bringing health and nutrition information to families.

If you go:

What: Community Health and Wellness Fair with Dr. Richard Pan!

Date: Saturday, August 10th
Time: 8am-4pm, Free eye exams presented by VSP Global Mobile Eye Clinic

Location: Florin Arts and Complex, 2251 Florin Road Sacramento CA 95822

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Darrell's Notes



Councilmember
DARRELL FONG

MY SANDWICH CAN SAVE THE WORLD! AT POCKET LIBRARY

Thursday, July 25, 2013 2:00 PM Eating healthy should be fun! Many kids are already eating nutritious food—but they might not realize it. In this class we watch a 3-minute video of a 10-year-old chef making a peanut butter and apple sandwich. Why would she use apples instead of jelly? Students learn about nutrition while making a sunflower butter and apple sandwich by following a recipe. We'll read Brownie and Pearl Grab a Bite by Cynthia Rylant. Presented by the California Food Literacy Center as part of our summer reading program - Reading is So Delicious!

INTRODUCTION TO 3D PRINTING

Tuesday, July 23, 2013-1:00 PM See the Makerbot Replicator2 3D printer in action, learn how it works and how you can get started creating 3D models for printing. This program is part of the Design

July Events

Sidewalk Office Hours at Nugget Supermarket (1040 Florin Road) Saturday, July 20th 10:00 am - 11:00 am

Movie Night in the Park - Wreck it Ralph at Marriot Park (1235 Grand River Drive) Saturday, July 27th 8:00 - 10:00 pm

July Events at the Pocket Greenhaven Library THE MAGIC OF ANDY AMYX AT POCKET LIBRARY

Saturday, July 27, 2013-1:00 PM Join us for a family-friendly magic show by world-class magician, Andy Amyx. While you're here, don't forget to sign up for our Summer Reading program - Reading is So Delicious! It's free, fun, and good for your brain.

Spot supported in whole or in part by the U.S. Institute of Museum and Library Services under the Provisions of the Library Services and Technology Act, administered in California by the State Librarian.

Neighborhood Watch Training Schedule

Are you interested in improving your neighborhood watch? Do you want to know if you have a neighborhood watch, or are you interested in starting one in your area? Contact Barbara Falcon to find out more about Neighborhood Watch training at Mfalcon@pd.cityofsacramento.org. Here is a list of trainings scheduled. These trainings are absolutely free and are a great way to meet neighbors and folks from all over the city who are interested in neighborhood watch.

July 23, 6:30pm National Night Out planning meeting, August 21, 6:30pm Starting your own Neighborhood Watch, September 17, 6:30pm Code Enforcement / Crime Reporting, October 16 6:30pm Neighborhood Watch Technology - all

trainings will be held at the Hall of Justice, located 5770 Freeport Blvd.

Pocket Parade

I have to say, this year's 4th of July Pocket Parade was the most successful I have attended. We had a record number of parade participants, great vendors, a marching band, and fantastic food. A group of people, who for months have worked behind the scenes to make this event happen, I personally want to thank. Pastor Mike Higley at Riverside Wesleyan Church and his staff did an amazing job with coordinating volunteers and parade entries. Brenda Williams who

did a great job with the vendor fair, making sure everyone was organized and hydrated. Kathy Garcia and Linda Pohl who led the charge on the parade did outstanding work, as usual. I also want to take a moment to thank my staff, Dinah Fischer, Noah Painter, and Christopher Zazueña worked hard to make sure that the details we all do not see were addressed. Another Pocket Parade is in the books. We are now looking forward to next year and how to make it even better. If you have an idea about next year's parade or any other community events that you would like to see, please send me an email at: dfong@cityofsacramento.org

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Lunch will be provided so please specify turkey, ham or vegetarian.

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Elks held Senior Day, July 4

On July 4, 2013, Sacramento Elks #6 had a special Senior Day. Elks Officers (which included ER Debbie Eto, Leading Knight Tom Brunette, Esquire Adrian Bansch, Chaplain Valerie Keyser and Inner Guard Becky Keyser) handed out 200-plus t-shirts and bags filled with health related items and information to seniors at Merrill Gardens and those who were able to get to the Elks #6 July 4 event. ER Debbie Eto and Inner Guard Becky Keyser were moved by the outpouring of emotion from many of the seniors. Chaplain Valerie Keyser was pleased and surprised to see so many seniors with Elks membership cards from all over. Leading Knight Tom Brunette and Esquire Adrian Bansch made a commitment to return and do this again.



2013 C. K. McClatchy Sports Halls of Fame

By JIM COOMBS

After lengthy deliberation, the 2013 class of the C. K. McClatchy Sports Hall of Fame has been chosen. Forty athletes and coaches plus five exceptional teams will be inducted at a dinner on Friday, October 11, at the Sacramento Asian Sports Foundation Hall off Laguna Blvd in Elk Grove.

The 2013 class includes many outstanding athletes and coaches primarily from 1963 to 1979, six athletes from 1944-59, and women athletes who were sports pioneers at McClatchy in the 1970's. The class

also includes three of McClatchy's greatest coaches in the 60's and 70's: Stan Dison (basketball, soccer), Scotty Bingham (track, cross country), and Jan Olmsted, who was instrumental in starting the women's sports program at CKM.

Outstanding teams chosen this year include the 1954 basketball section champs who had a 19-2 record, the 1970-71 baseball teams that won a section championship, the 1970 Girls Sports Club that established women's sports for McClatchy and the 1975 Boys Metro League soccer champions that went undefeated.

This year's class includes a federal judge, a Stanford baseball coach, an ex-major league baseball player, the youngest person to ever swim the English Channel and Lake Tahoe, the greatest track coach in Sacramento sports history, doctors, dentists, attorneys, and four outstanding athletes who returned to teach and coach at McClatchy (Mike Nishio, John Warren, Brad Klopp, and Jeff Ota.)

For more information about the induction dinner and how to get dinner reservations go to restoretheroar.org or golions@restoretheroar.org.



Judy Ghilarducci, a 2013 CKM Sports Hall of Fame inductee who graduated from McClatchy in January 1957 before Title 9 women's sports. She was an outstanding golfer and could probably have beaten every boy at McClatchy in golf at that time including Alan Oshima and Tom Wight. She was also the city yo yo champion. She went on to teach golf at Haggin Oaks golf course for over 30 years.

2013 Inductees For C. K. McClatchy Athletic Hall Of Fame

Coach Stan Dison.....Basketball/Soccer	John Warren Football/Baseball/Teacher ... 1972
Coach Scotty Bingham* Track/Cross Country	Ken Duncan* Track 1972
Coach Jan Olmsted.....Women's Sports..... 1944	Brad KloppMulti-sports/Coach 1972
Ernie Johnson Football 1945	Paul Lewis..... Track/Football 1974
Bob Johnson (MD)..... Football 1951	Ron Blanchette.....Basketball..... 1974
Al Baeta..... Track/Coach 1957	Randy WongBaseball/Basketball..... 1975
Judy (Anderson) Ghilarducci. Golf/Golf Teacher 1959	Chuck Wilborn*Multi-sports..... 1976
Bill Bican Football/Baseball 1959	Harlan KarnofskyMulti-sports..... 1977
Terry FongBasketball/Baseball..... 1963	Mary Boyer*Tennis..... 1978
Paul Fuller.....Basketball/Track..... 1963	Bobbi Gilmore* Track 1978
Jim Mills..... Football/Track 1963	Christine Nakamura*Swimming..... 1978
Mike Nishio..... Football/Coach 1964	Christine O'Conner.....Diving..... 1978
Wilson Riles Football/Track 1965	Jeff Ota Basketball/Coach 1979
Pat FoleyBasketball..... 1965	Jim Gray*Diving..... 1979
Phil Riles..... Football/Track 1966	Mark McNally*Tennis
Pat Fall Baseball 1967	
Joe Kemp*Basketball/Baseball..... 1968	
Leonore Modell*Distance Swimming..... 1968	
Bob ReynoldsTennis..... 1968	
Mark ShelleySwimming 1970	
Rowland OfficeBaseball/Basketball..... 1970	
Dean Stotz..... Baseball 1971	
Morrison England..... Football 1971	
Carolyn IshiiTennis..... 1971	
Terry Teale..... Football/Baseball 1971	

Recognized Teams

1954 Boys Basketball Section Champions 19-2
 1970 Girls Sports Club (Began competitive women's sports at CKM)
 1970-71 Boys Baseball Teams (Section champs 1970/One loss in 1971)
 1975 Boys Soccer (Undefeated Metro League champions)*

*Indicates that we have no contact information. Help us find these missing athletes by going to: golions@restoretheroar.org.

Senior Services *and* Resources

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St. Anthony Catholic Church 660 Florin Road • 428-5678 stanthony-sacramento.org Sunday Masses: 8:30 and 10:30am, 5:00pm (5:00pm vigil on Saturday) Daily Mass: 8:00am Monday-Saturday

The importance of children's play to be addressed at Sacramento Play Summit

Fairytale Town, the Sacramento Public Library and ScholarShare Speaks will present the Sacramento Play Summit, the region's first-ever conference about play, on Saturday, Sep. 7, from 9:30 a.m. to 4:30 p.m. at the Central Library. Geared for all adults who work with children -- from parents and grandparents to educators and school administrators -- the daylong conference aims to highlight the important role of play in child development. "Play is essential to healthy child development, yet there are growing threats and limitations placed on the time, resources and spaces devoted to play," said Kathy Fleming, executive director of Fairytale Town. "Our goal is to highlight the value of play and promote play as part of a holistic approach to raising and educating children." "The first three years of a child's life are a critical time

to build the foundation for reading success and life-long learning, and play is one of the best ways to support early literacy skills in children," added Rivkah Sass, director of the Sacramento Public Library. "Play helps children express themselves, put thoughts into words, and understand that spoken and written words can stand for real objects and experiences." The highlight of the conference will be three keynote addresses by play advocates. Dr. Melissa Arca, a pediatrician, mom of two and writer and blogger at The Sacramento Bee and Confessions of a Dr. Mom, will open the conference with a talk on the emotional, physical and cognitive health benefits of play. Barney Saltzberg, an author and illustrator of nearly 40 books for children, will speak on creativity and play. Myla Marks of Playworks, a national nonprofit organization that provides play and physical activ-

ity at recess and throughout the school day, will close the conference with a talk on incorporating meaningful play in schools. **Multiple breakout sessions will explore a variety of play topics:** ArtBeast Children's Studio founder, Bridget Alexander, will discuss creativity and setting up home or classroom environments that encourage and support creative play; Francie Dillon, acclaimed children's entertainer and adjunct professor at Sacramento State University, will speak on incorporating play into the reading experience; Donald, the coordinator of the Berkeley Marina Experience programs, will introduce the European model of Adventure Playgrounds and discuss her experience running the Berkeley Adventure Playground since 1979; Town's executive director, Kathy Fleming, will discuss how play is organized and delivered in the United Kingdom; Felipe Ferraz will explore the realm of play through folk music and games; Christie Hamm, the Sacramento Public Library's manager of youth and community services, and Rivkah Sass, the director of the Sacramento Public Library, will speak on building early literacy skills through play; Lisa



Sliding down the rabbit hole at Fairytale Town. Photo courtesy

Jorgensen, Ph.D., associate professor in the department of recreation, parks and tourism administration at Sacramento State University, will discuss the science of play; and, Becca Niles, recreation coordinator at the Cordova Recreation and Park District, will discuss how to get the most out of your neighborhood park through play. "ScholarShare is excited to join with the Sacramento Public Library and Fairytale Town in presenting the Sacramento Play Summit," said Zeny Agullana, executive director of ScholarShare, California's 529 College Savings Plan. "Play is more important to a child's development than many people realize. It sparks the imagination, stimulates creativity and enhances critical thinking. These things are important for anyone, but especially for college-bound kids." The Sacramento Play Summit is \$35 per person

and \$25 for students, seniors age 65 and up, and members of Fairytale Town or Friends of the Sacramento Public Library. Registration includes morning coffee service, lunch and afternoon snacks. For more information and to register for the conference, visit www.saclibrary.org/playsummit.

Event Details

What: Sacramento Play Summit
When: Saturday, Sep. 7, 2013
Time: 9:30 a.m. - 4:30 p.m.; check-in starts at 8:30 a.m.
Cost: \$35 per person; \$25 for students, seniors (age 65 and over) and members of Fairytale Town or Friends of the Sacramento Library
Where: Central Library, 828 I Street, Sacramento, CA 95814
Website: www.saclibrary.org/playsummit

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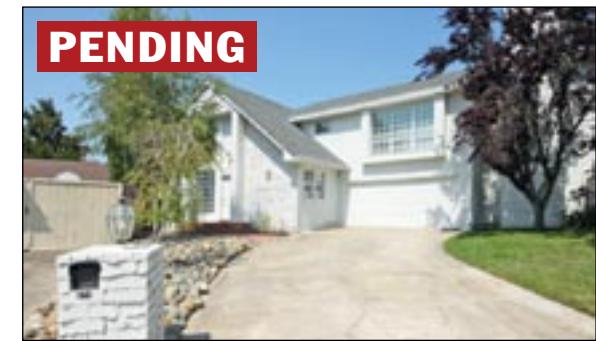
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Faces and Places:

Fourth of July

POCKET PARADE

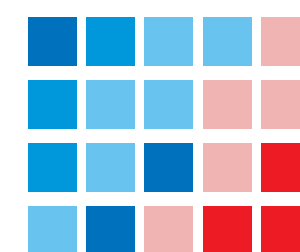
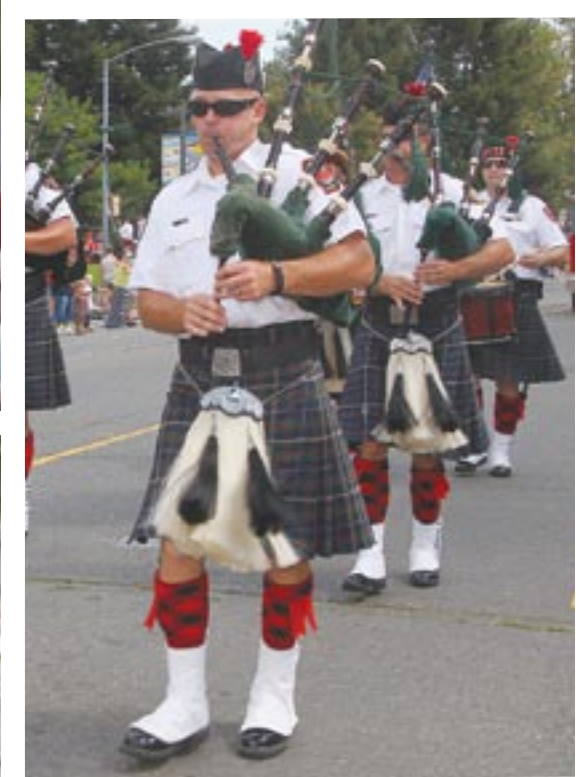
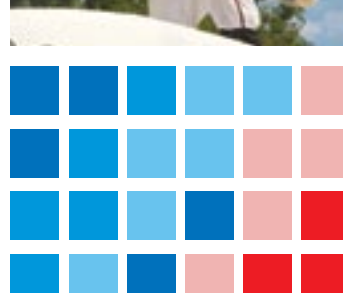
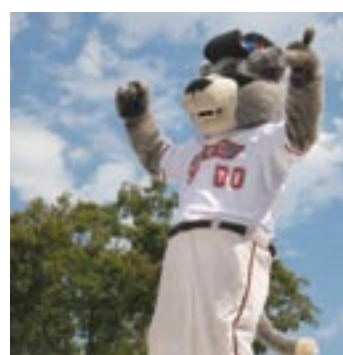
Photos by Stephen Crowley
Stephen@valcomnews.com

With more than 75 entries into the Pocket Parade, this year was the biggest parade yet. After 17 years, the parade has garnered so much community support. From clubs and organizations with fabulous floats, to the dignitaries who have the parade wave down, and to the food trucks this year that welcomed hungry revelers at Garcia Bend Park, the day was just perfect. The judges were fed nicely too, courtesy of Kirk Gallick, assistant director at Bel Air.

Speaking of judges, the tallies have been marked and the winners are as follows:

For best club and organization, the winner is the **Ohana dance group**. The best youth award went to the **Sacramento Youth Band**; the best general award went to **Leonardo di Vinci**; the best business went to **Iya Taekwondo** and the best car award went to the **Challengers Car Club**.

Hope you enjoy the trophies!



Featured on the cover: The Pocket News' historical writer Lance Armstrong.

Parade organizers wish to thank the following:

- 1) Angel Cardenas - Emcee (judging stand)
- 2) Nick Cronowett - Emcee (Matsuyama)
- 3) Kirk Gallick - Asst. Director - Bel Air (Promenade) - wonderful food for judges, plus watermelon, and cookies for spectators. He himself served judges and spectators :)
- 4) The judges: Brad James, Linda Copes, Elaine Weathersbee, Shauna Pompei, Rita Maningo
- 5) Riverstone Apts. - Electricity for PA system
- 6) City of Sacramento - Staging, tables, chairs, etc
- 7) The many volunteers, including: Pastor Mike Higley, Linda Pohl, Kathy Garcia and the staff at Councilman Darrell Fong's office.

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Celebration of Huell Howser

Don't miss this tribute to Huell Howser, legendary host of PBS' *California's Gold*. Howser, who passed away this year at the age of 67, is celebrated through an exhibit which features highlights of popular *California's Gold* episodes as well as fascinating memorabilia he collected during his travels.

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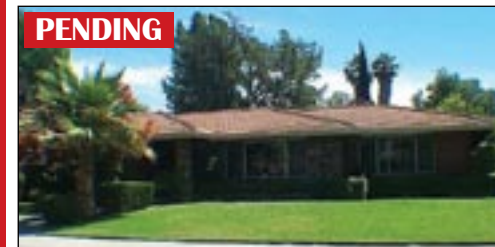


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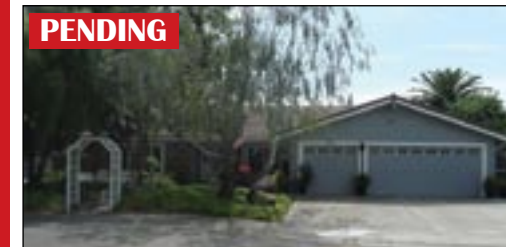
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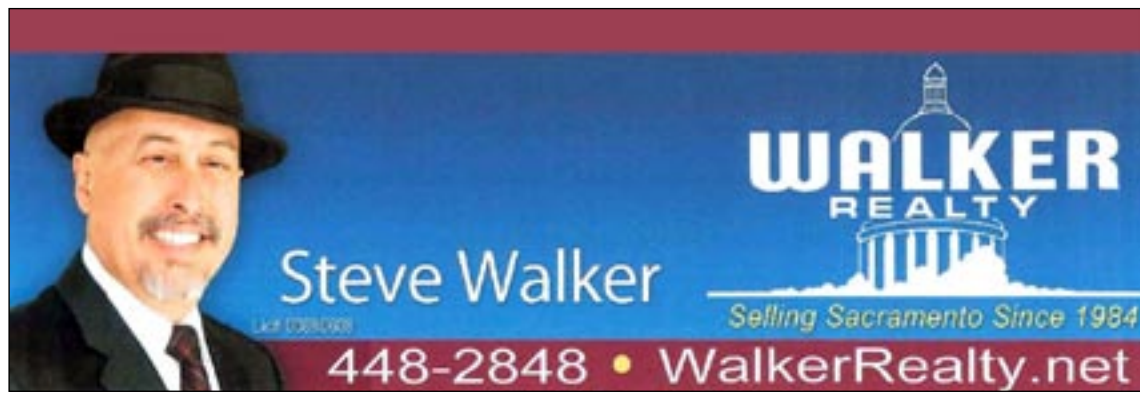
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'Lost Restaurants of Sacramento And Their Recipes' features area establishments

From saloons and tamales vendors to greasy spoons and neon-lit drive-ins, Sacramento natives Maryellen Burns and Keith Burns trace the trends of California's capital city through 150 years of dining out.



Share in the delicious anecdotes and recipes gathered from restaurant owners, employees and patrons as they recall Sacramento's favorite places to eat—a century of Hangtown Fry served at the Saddle Rock, crispy won ton dunked in red sauce at the Hong Kong Café, pineapple spare ribs with Mai Tais at Maleville's Coral Reef and burgers and sundaes devoured at Stan's Drive-In. Savor these stories of the ambiance, the service and the grub that created lasting memories and drew crowds, decade after decade, to Sacramento's iconic restaurants. On August 24, authors will give a talk on the Lost Restaurants of Land Park at Belle Coolee Library at 12:30 p.m.

Maryellen Burns is director of We Are Where We Eat, a Sacramento foodways alliance that chronicles Sacramento's food stories. A writer, editor, teacher, food sleuth and former caterer, she serves on the boards of the Sacramento County Historical Society and I Street Press and is a member of the Culinary Historians of Northern California, Slow Food and other food, wine, history and art associations.

Keith Burns is an author, publisher, film and television writer, director and producer, as well as an antiques, popular culture and entertainment industry consultant and appraiser. His bookstore (Books on Main) and site for ephemera (www.burnsbizarre.com) feature more than one million historic books, artifacts and ephemera. He spent many years as a columnist covering food, books and culture for publications throughout California. He's a member of the Directors Guild of America, Writers Guild of America and the Editors Guild.

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Learn how you can minimize and cope with behavior changes.

TUESDAY, AUGUST 27, 6:00 PM
Successful Communication
Learn how to manage your own expectations and how to create paths for effective communication.

TUESDAY, SEPTEMBER 17, 6:00 PM
Dining and Nutrition
Learn how to introduce healthy foods and create enjoyable dining experiences.

TUESDAY, OCTOBER 15, 6:00 PM
Maximize Enjoyment
Learn how to create meaningful and memorable moments with activities and events.

To register for these free events please call (916) 427-8887, or email erobertson@prestigecare.com

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New Student Art Exhibit on American Civics

The artwork of several Sacramento-area high school students brings a youthful perspective on American civics to the Justice Anthony M. Kennedy Library and Learning Center.

"This is a great opportunity for the students. They worked very hard to create works of art that express their own unique points of view on the right to education," said Andrew Stroud, former chair of OPD. "To have their works publicly displayed at the Kennedy Learning Center only adds more vitality and meaning to their art."

Over a dozen high schools in Sacramento participated in the competition with 41 submissions as part of the Modern Masters of America's (MMA) program in April, hosted by Operation Protect & Defend (OPD). The artwork depicts immigrant access to public education as a Constitutional right. Submissions were judged based on artistic elements as well as how well they reflected the OPD curriculum. Judges included retired federal trial judge, the Honorable Frank C. Damrell, sitting state trial judge and creator of MMA, the Honorable Judy Holzer Hersher, and art professor Valleen Weeda.

In the near future, the Library and Learning Center also plans to include additional programs such as a professional development program for teachers, permanent display on the three branches of our governments, and rotating displays focusing on important legal cases. The Center's mission is to further educate communities about American civics and jurisprudence and to increase public interest about the legal system.

The Center, inaugurated March 2013, is a learning center located within the Robert T. Matsui United States Courthouse in Downtown Sacramento that seeks to promote public understanding of an independent judiciary, the rule of law in American society, and the rich history of California's federal court system.

"The idea of creating the Learning Center was based upon a growing concern among many local educators, lawyers and judges that there is an urgent need to educate the public about the role of an independent federal judiciary in our three branch Constitutional system of democracy. The Learning Center will address that need in a variety of ways," said Foundation President, Mac Goldsberry.

The Center is set up under the umbrella of a charitable, nonprofit corporation known as the Sacramento Federal Judicial Library and Learning Center Foundation. All funding is acquired through individual and institutional support from public and private donors who seek to support public education through gifts and grants. The exhibits are open to the public during normal library hours, Monday - Friday, 9 a.m. to noon and 1-4:30 p.m. For more information please visit <http://www.ca9.uscourts.gov/library/>



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Help us locate and honor men and women who served the key years in the Army, Navy, Air Force or Marines. The 60th Anniversary Tribute of the 1953 Peace Treat takes place Thursday, July 25 at Raley Field at 6:30 p.m. before the Sacramento-Colorado Springs PCL game.

Contact Lou Coppola (Sgt.) US Army at 444-6138. Send photos of the vets in Korea or a current picture. In 2003, the Sacramento River Cats honored 18 vets at the 50th Anniversary Tribute. Seats for friends and family members are available for \$16 (Section 117, Rows 21-23) down third base near the River Cats dugout.

Vets that will be recognized will be for duties like: firing 60MM mortar, flying a P6 plane, dropping smoke bombs, and scouting mines.

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California State Fair continues until July 28

By LANCE ARMSTRONG
lance@valcomnews.com

just like rides and (having) fun with the kids. I bring my children."

For many decades, the California State Fair has been known as a well attended event that offers something for everyone. And this year's edition of the fair is no different.

The buzz regarding the fair, which continues until Sunday, July 28, is in full swing. Various residents and visitors are excited by the fair's program.

The music lineup for the rest of the fair includes: Journey tribute band, Evolution (July 19), Grand Funk Railroad (July 20), En Vogue (July 22), Air Supply (July 24) and the Queen tribute band, Queen Nation (July 26).

Michelle Jackson said she likes going to the fair with two particular groups of people.

"I like going with the (special needs) kids, and I do it for my job," Jackson said. "I take care of the (special needs children) and the elderly. I usually go with them and have a special day with that. We take the whole group and we get as many volunteers as we can get and let (people in these groups) do the fishing, let them do whatever they can do at the fair."

Tahoe Park resident Carol Doring mentioned music, as well as animal exhibits and food, among her favorite fair attractions.

"I like (those things), and the overall ambience of the fair," Doring said. "I like the feeling of being with all the people, the happiness that's there. You don't see any fights or rowdiness during the day. I've been (to the fair) every year for about the last 16, 17 years. And there's been some improvements, so for the most part it's better."

And in commenting about the fair's food, Carol said that she is a big fan of the funnel cakes.

While observing a schedule of events for the fair, Doug Drewes pointed to a photograph of the fair's newest ride, Vertigo, and said, "What's that (ride)? I

While en route to go shopping in the area, Yuba City residents Roy and Deidra Bagley's 12-year-old son, Jarek, said: "One of my favorite things is the Ferris wheel," Jarek said. "I also like the animals."

Despite his young age, Jarek is much braver than many adults when it comes to eating unusual fair food.

"I like the Rocky Mountain oysters, rattlesnake (meat), buffalo burgers," Jarek said.

But even Jarek has his limits to such adventures, as during one visit to the fair, he refused to eat chitlins.

"Sometimes I get scared," Jarek said.

Roy said that attending the fair has become a tradition for his family.

"We've come to the fair pretty much every year for the last 10 years," he said. "I just enjoy being with the family and hanging out. I also like going through the shops and seeing the cool, new gadgets and stuff like that that are for sale there."

Reina Ortiz, who resides in the city's Foothill Farms area, also makes coming to the fair a family activity.

"I have three kids, so they love the rides and the food is one of the best (fair offerings)," Ortiz said. "Funnel cakes, those are our favorites. And those (brick of) fries, you know the huge ones? Those are good. We buy one for the three kids and myself and my husband. That's enough calories for everybody, so not just me. I like to see the magicians. That's my favorite."

And like many fairgoers, Ortiz is interested in many of this year's live music performers.

While pointing to different areas of a listing of the fair's concerts, Ortiz said, "I'll probably see this one, this one and this one. I like that (kind of) music. It's like music that you can understand that has a good message. Nowadays, musicians, they just sing about anything, stupid



State Fair runs until July 28.

Photo courtesy



Faces and Places:

Fire Station 11 held open house

Photos by LINDA POHL

Families met their friendly neighborhood fire fighters at this year's Fire Station 11 open house on Saturday, July 6. They reportedly had an excellent turnout and CERT, an all volunteer organization dedicated to educating and supporting the community in disaster preparedness, was on hand giving away fire alarms and CO2 alarms. Fire Station 11 is located at Havenside and Florin.

things, ridiculous things. They're always (using) obscene language. That's not good for kids. All bands, they used to sing about love, about situations in your life. That's what I like, and that's why I like those kinds of groups."

Elk Grove resident Jim Tonel, who will be attending this year's fair with his family, said that he is drawn to the demolition derby (July 19 and 20) and the Sacramento Mile flat track motorcycle racing event (July 27).

Jim, who performed at last year's fair with a local Filipino association, said that he also enjoys the fair's rides and food, and noted that he is especially a fan of the corn dogs and barbecued turkey legs.

This year's fair includes a variety of other attractions, including live horse racing (July 21), the Brewers' Festival (July 20), Friday and Saturday night fireworks shows, the Hall of Heroes interactive exhibit, and The Farm, an award-winning demonstration farm.

Fair hours are 11 a.m. to 11 p.m. on Mondays through Thursdays and 10 a.m. to midnight on Fridays and Saturdays.

Admission to the fair is \$10/general, \$8/seniors, 62 and older, \$6/children 5 to 12, and free/ages 4 and younger.

For additional details about the 2013 State Fair, visit the Web site www.bigfun.org.



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CALENDAR

Fire Station 43 Open House

Aug. 10: The Sacramento Fire Department will be hosting Fire Station Open House from 2 to 4 p.m., located at 4201 Centro Rd. You are invited to bring your family and friends to visit with firefighters, take a tour of the fire station, and more! For more information, call 808-1011.

Music in Carmichael Park

Aug. 10: Roni & the Flight, R&B, classic rock and dance from 6:30 to 8:30 p.m. at Carmichael Park Band Shell 5750 Grant Ave. 485-5322. www.carmichaelpark.com.

Friends of the River Banks present Dragons and Damsels

Aug. 10: Friends of the River Banks present Dragons and Damsels with Greg Kareofelas. Greg is wonderfully knowledgeable and fun. He will bring live specimens of our local dragonflies, then we'll take nets to the river and try to catch our own (catch, identify, release). This is one of our best annual gatherings--we always have a great time and learn lots. Kids love this event!! Starts at 9:30 a.m. at Sutter's Landing.

Music in Carmichael Park

Aug. 11: Todd Morgan and the Emblems, 50s Rock n' Roll and 30s Jazz from 6:30 to 8:30 p.m. at Carmichael Park Band Shell 5750 Grant Ave. 485-5322. www.carmichaelpark.com.

Northminster summer music series presents The Dixie Minsters

Aug. 11: The Dixie Minsters—Northminster's own resident Dixieland band, play-

ing many Dixie standards, will play during the worship service at 9:55 a.m. and a short concert on the patio at 11 a.m. during fellowship at Northminster Presbyterian Church, located at 3235 Pope Avenue. Refreshments will be available. For more information, call (916) 487-5192 or visit northminsteronline.org.

Rotary Clubs of Arden-Arcade, Carmichael

Aug. 13: Guest speakers address local, regional and international topics. Visitors welcome, every Tuesday. Arden-Arcade meets at noon, Jackson Catering and Events, 1120 Fulton Ave. (916) 925-2787. Carmichael meets at 6 p.m., Palm Street Pub & Grill, 6416 Fair Oaks Blvd. www.rotary.org.

Soroptimist International of Sacramento North meeting

Aug. 13: An organization for the betterment of women and children meets at the atria El Camino Gardens at 2426 Garfield, Carmichael. Call Sheila at 624-4643.

East Sac Rotary

Aug. 14: Meets at noon, Evan's Kitchen, 855 57th St. Sacramento. www.eastsacrotyary.com.

Rotary Club of Pocket/Greenhaven

Aug. 15: Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thursday. Aviators Restaurant, 6151 Freepoint Blvd. (916) 684-6854.

Didion gym celebrates 10 years

Pocket community has raised \$500K for Didion Gym upgrades

Ten years ago, Mike Carras began his teaching career at Didion right when the gym was finished being built and was the first physical education teacher there to use it.

Kathi Windheim of The Pocket-Greenhaven Friends of the Library said the community has raised \$500,000 of \$2.1 million needed for the gym during a four-year period with the help of a large 92-person committee.

Windheim said DLPRCC has been doing outdoor movies and events at the Lewis Park Didion Gym amphitheatre for 10 summers now, the most recently being movie night on July 13, which showed "Wreck It Ralph". In the fall they are planning a celebrity basketball game with Didion School and Community in the Gym and big celebration.

Editor's note: Look for a history feature on the gym in a future edition of the Pocket News.

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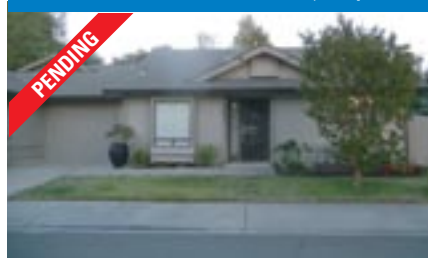
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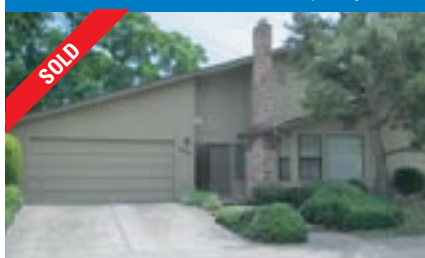
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