

THE POCKET NEWS since 1991

October 17, 2013

Community News in Your Hands

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t: (916) 429-9901
f: (916) 429-9906

PublisherGeorge Macko
General Manager..... Kathleen Egan
Editor Monica Stark
Art Director..... John Ochoa
Graphic Designer Ryan Wunn
Advertising Executives..... Linda Pohl
Patty Colmer, Melissa Andrews, Jen Henry
Distribution/Subscriptions George Macko

Cover photo by:
Monica Stark

Other photos by:
Cathy Wilson
Courtney

E-mail stories & photos to: editor@valcomnews.com

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Community briefs

City of Sacramento Office of Media & Communication

The City is looking for your input on the ESC: Online surveys, workshops & open houses. In partnership with the Sacramento Kings, they'll be gathering suggestions on the design of the new entertainment and sports center (ESC) at the Downtown Plaza mall. Members of the public will have numerous opportunities to participate, including online surveys, small group workshops and open houses. For more information, visit www.kings.com and www.cityofsacramento.org.

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Location: 5770 Freepoint Blvd. To register, visit: <http://spdccommunityevents.eventbrite.com/?&=12204960>

Knitting in the Pocket

Every Friday at the Robbie Waters Pocket-Greenhaven Library from 1pm-3:30pm

Carrie, a Pocket-Greenhaven resident, is bringing her needles to the library. Anyone interested in knitting—even an absolute beginner—is invited to join us. Participants can learn to knit, get help on current projects, or general advice from expert knitters. There might even be some great conversations too. Don't forget to bring your knitting needles and yarn!

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Portuguese family members attended a reunion at the Correa family's property in Clarksburg on Sept. 28. Photo courtesy of Cathy Wilson Photography

Portuguese family reunion draws 100-plus people

By LANCE ARMSTRONG
Lance@valcomnews.com

Members of the Correa family of Clarksburg recently hosted a large reunion that drew more than 100 farming ancestors of the Pocket.

Among the attendees of the event were Nevis, Dutra and Silva family members, who traveled from various parts of the country, including the East Coast and Hawaii.

The gathering was held on Saturday, Sept. 28 at the home of Bill and Louisa (Dutra) Correa.

Louisa grew up in the Pocket area's well-known Dutra House and was the daughter of Lorrene Helen (Nevis) Dutra, who was one of the 15 children of Manuel and Mary Nevis.

Beverly Espinosa, who is Louisa's cousin, explained

how the reunion was arranged.

"We talked about it about a year ago at (The Old) Spaghetti Factory (at 1910 J St.) when we had a small (family) reunion (with about 40 people)," Beverly said. "Louisa decided that we would have (a large family reunion) at her house, and so we all got together about three months ago and tried to find relatives. We sent fliers, we sent out e-mails to let them know we decided on this reunion. A lot of it was (announced by) word (of) mouth."

Eventually through much planning and preparation, the large reunion in Clarksburg finally occurred.

Certainly, part of the motivation to arrange a larger reunion was based on the advanced ages of some of the family's senior members.

Planning for the reunion also provided motivation toward gathering additional family history and old photographs.

In the process of planning for the reunion, a group photograph from the family's last large reunion in 1957 was reviewed.

About 25 of the more than 80 people who are pictured in that old photograph attended the recent reunion.

Using many historic family photographs, Beverly's daughter, Mary Anne, created various posters to represent the reunion's families. The posters were hung up to be viewed during the event.

Mary Anne, who helped organize the large reunion with Louisa and her cousins, said that the reunion

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presented opportunities to meet some of her cousins for the first time.

And Mary Anne added that she was pleased by the number of people who were in attendance at the event.

"The turnout was more than we expected," Mary Anne said. "We had thought that we might reach 100. So, we were well over 100. I think I counted about 110 people. This is fantastic. It turned out much better than we anticipated, and we're hoping to get more (family) stories. There was an interview questionnaire that went out to everyone as they signed in, so I'm hoping that they'll turn that back in and we'll get other stories."

During the gathering, three of the most senior attendees of the event shared their memories with *The Pocket News*.

Two of these people were Irene Williams and Dolores Tippett, whose parents were Daniel and Mary (Nevis) Rose. Mary was one of the aforementioned 15 children of Manuel and Mary Nevis.

The Nevis family's history in the Pocket dates back to 1868, when Manuel's parents, Joseph and Mary Silva (later Nevis), moved to the area.

During their interviews with this paper, Irene and Doris spoke about various events in their lives.

Irene, who was the most senior family member at the event, was born on Jan. 29, 1922 and married George Williams on Dec. 28, 1940.

In recalling her youth, Irene said that she was once

crowned the Riverside Portuguese Holy Ghost Festa queen.

"We had a big chamarrita - a big dance," Irene said. "So, we danced all night and talked all day. And then we danced on Saturday. On Sunday, we went to church and showed my outfit. I had a long, white dress, so they wanted to see the queen's dress." After being asked how she felt to have been honored as the queen, "Irene said, 'Oh, I thought I was smart.'"

Irene added, "My uncle (Frank Rose) was one of the big shots of the town and he chose me to be the queen. So, that's how I got to be elected to be queen."

And when asked if she was the prettiest gal in town, Irene responded, "Sure, why not?" Dolores, 82, recalled that both her father and mother worked until her father became ill.

"They both worked and then my dad got sick and didn't work anymore, so my mother was the bread winner," Dolores said. "When I turned 17, after I graduated from Sacramento High School, I went to work with my mother. We worked at Sutter Laundry (at 1714 28th St.). We worked at another laundry. And then I got a job at Capital National Bank

at 7th and J (streets), and then it was Crocker-Anglo (National Bank) and then Wells Fargo bought it. After that, I quit working (for) eight years and I had two children, one deceased."

Dolores added that her work experience began much earlier than she had previously mentioned.

"As soon as I walked, I think I was out in the



Mary Nevis (1878-1959), lower center, with a present in her hand, is shown in this 1957 photograph at the age of 80 with more than 80 members of her family. Mary was the wife of Manuel Nevis, Sr. Photo courtesy of PHCS

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Photo by Lance Armstrong
Bill Correa (left), one of the reunion's hosts, and Edward Mauricio, the second most senior guest of the gathering, pose for this photograph at the event.



Photo by Lance Armstrong
Irene Williams, right, and Dolores Tippett were among the more senior attendees of the reunion. Their parents were Daniel and Mary (Nevis) Rose.

Reunion:

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field picking almonds," she said.

In further speaking about her father, Dolores said, "Every day of the week, he went to the Colonial (Theater at 3522 Stockton Blvd.). He would go every day and see the same movies, two and three or four times, and he would sit there all the time. I lived on 10th Avenue, 14th Avenue, 16th Avenue and Stockton Boulevard. We moved. We never stayed in one spot."

And after being asked to speak about her own entertainment activities around that time, Dolores said, "I used to go catch the bus with the Red Cross and go

to the different Air Force bases and dance. I did that for about eight years and then I got married (to Kenwood Tippett, who was the nephew of Carmichael Fire Chief Dan Donovan) and I lived in Carmichael. I've been there (for) 55 years."

In describing a more local story about herself and Irene, Dolores said, "We didn't know how to swim, so I threw us in the Sacramento River (near today's Garcia Bend Park), and to this day, she doesn't swim and I don't swim. It scared us. I was crying and crying and my uncle said, 'What are you crying for?' And I said, 'You threw me in the river.' He said, 'I wanted you to swim.' And I said, 'That's no way to teach anybody to swim.' I was about 6."

Edward Mauricio, who turned 91 on Oct. 2, was also among the more senior family members at the reunion.

Edward's father was Manuel Mauricio and his mother was Carrie (Nevis) Mauricio, who was a daughter of Manuel and Mary Nevis.

During his interview for this article, Edward said, "I (grew up about a half-mile from the Pocket) in the (Riverside) area right next to the river, until I was 5 years old," Edward said. "My father passed and then my mother got rid of the ranch and we lived in the house across the street. The ranch was 33 acres, and was (on Riverside Road), about a mile south of William Land Park. (The ranch



Photo by Lance Armstrong
A sign directs guests to the Nevis family reunion.

had wheat, some grapes, alfalfa, some orchards, peaches. That's all I can remember."

Edward said that following his father's death, his uncle, Manuel Cabral, op-

erated the ranch for about one or two years.

A Japanese man named Shig Masuhara, and his family, operated the ranch up un-

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til World War II and then returned to run the ranch again, since the Machado family had ranched the property for them during their internment.

Edward said that during the summers of his high school years, he worked on a hay press to earn money, and that his first car was a 1926 Model T.

"I had promised the gentleman that I bought (the car) from that I would take good care of it," recalled Edward, who had a sister named Isabel Matranga. "I said, Yes, I will." And the first thing I did was take the fenders off, cut the top off and then we would go out there on 24th Street and Fruitridge (Road) and race around the open field there."

Although no plans for another reunion have been set, there are nonetheless family members who would like to see more reunions for their family in the future.

One such family member is 19-year-old Eric Espinosa, who said, "As someone else was saying, when older generations of the cousins were growing up, they all knew each other, because they were neighbors who lived next to each other. So, like my generation, and my siblings and such, we don't like really know all of our cousins, and even like our extended cousins. So, it's really nice to get to come together and meet all of these people that we're actually related to. And so then, the reason I want to see this continue is because it's only going to get bigger."



Photo by Lance Armstrong
Left to right, Pat Flint, Dolores Tippett and Larry Flint enjoy a moment together at the reunion.

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Pocket resident survives extremely rare operation

Sacramento resident George Vaughn, 45, never had heart trouble. At 6:30 a.m. on Sept. 4, that changed quickly ... and dramatically.

While taking a shower that morning, Vaughn had a cardiac arrest and fell unconscious, which awoke his wife, Lily Tang. She had CPR training nearly 20 years earlier as a former childcare worker and remembered enough to keep him alive, aided by the 9-1-1 dispatcher.

"I had stopped breathing, but luckily she heard the noise. She rushed out to help me. Frankly it was like things you see on TV and the responders got here pretty quickly --within three minutes," Vaughn said.

When he was brought to Sutter Memorial Hospital, Vaughn was in a ventricular fibrillation storm - a constant series of cardiac arrests - and had to be shocked at least three-dozen times in the emergency room.

Various medications were given to halt this lethal arrhythmia, but nothing was working. He was brought into a cath lab that doubles as a surgery room, and a team of about 20 clinicians - including interventional cardiologists to heart surgeons - worked quickly to try to stop the storm. While there, Vaughn received continuous shocks as the storm worsened. It is estimated



Lily Tang helped save her husband's life with CPR she learned long time ago.

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ed his heart was shocked 200 times.

None of the Sutter clinicians - from nurses and lab techs to cardiologists and heart surgeons, totaling hundreds of years of experience - had ever experienced a patient with a previous healthy heart in this kind of V-Fib storm, except one.

Cardiac electrophysiologist Subramaniam Krishnan, M.D., not only saved a 40-year-old woman's life having the same kind of storm, his team's case report was published in 2009 in the Journal of Interventional Cardiac Electrophysiology.

After about eight hours of intense, cooperative work from many subspecialists, Dr. Krishnan performed a radiofrequency ablation technique that he used in the previous case. It worked. Vaughn's ventricular fibrillations stopped completely, but doctors still implanted a defibrillator in case his heart goes nuts again.

"His recovery is perfect. We're all thrilled. It makes all the difference. It energizes us. It's exceedingly gratifying," Krishnan said.

Two weeks after the episode and Vaughn feels very good, although a little "woozy," he said. He has no memory of any of the action because he passed out in the shower and didn't wake up for a couple of days. Everyone has told him he's lucky to be alive. "Frankly," Vaughn says, "I'm glad I lost the memory of it."

"I lost three solid days (of memories). Subconsciously I remember fighting with a couple of paramedics. I was trying to pull out the tube. I

took the tube out and apparently I got it. I was just told that don't remember that."

"My life was saved several times that day," he says, "but my wife, Lily, she was first one who saved my life with the CPR. I wouldn't be here without her and everyone at Sutter," Vaughn said. "I feel like the youngest guy in the world to have this device. I usually think of 90 year olds with this (device). Oh well, it is what it is ... I've got a new lease on life and hopefully I'll get to take advantage of it," he said.

Only 3 percent of people survive ventricular fib arrest and of those who do, only one fifth don't suffer brain damage. "And I feel like I am just walking around. I get to go back to work (at SMUD) tomorrow (Thursday, Oct. 10)."



Photo courtesy George Vaughn
From left to right: Devin Vaughn, 17, George Vaughn, 45, Lily Tang, 40, Braden Vaughn, age 2, Caitlin Tang, age 13. George Vaughn survived an extremely rare heart operation.

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Darrell's Notes

By COUNCILMEMBER
DARRELL FONG

www.Nextdoor.com

If you have not had a chance to check out Nextdoor.com it is a great tool for connecting with your neighborhood watch. Nextdoor uses a social media form to allow for communication between neighbors. We have had several trainings, and will continue to partner with Nextdoor to teach more people how best to use the site. Unfortunately, with all good things we have also received a few complaints from folks in the community that feel there are some people using the site inappropriately. A great resource to help with reporting those types of issues is Zoe Kipping, who is the Nextdoor Field Organizer for Sacramento.

She can answer all of your questions about the site. Zoe can be reached at: zkippping@nextdoor.com. Also, Zoe has been very helpful in adjusting and defining neighborhood and community boundaries. If you would like Zoe or member of the City's Nextdoor team to attend your neighborhood watch meeting, send me an email and we can help set it up. At our last Nextdoor training a question came

up regarding how to stop receiving updates or posts from a certain individual. The answer was simple; you can press the mute button. I was not aware that Nextdoor had a mute button. To mute a person, click on their name in the Neighborhood Directory. Click the green mute button under their name and then click the mute in the pop-up window to confirm.

October Neighborhood Watch Trainings

October 21, 6:30pm – 8:30pm Matsuyama Elementary, 7680 Windbridge Drive (Personal and Home Safety)

October 23, 6:30pm – 8:30pm Robbie Waters Pocket Greenhaven Library, 7335 Gloria Drive (Nextdoor.com 201)

District 7 Mobile Food Truck Expo – Last Food Truck Event of the Year!

Join Sacto MoFo and my office for the last District 7 Mobile Food Truck Expo. We are combining it with a movie night in the park, like last year. Bring your lawn chairs, blankets, and probably a jackhammer. Enjoy great food from over twelve food trucks. A great way to end the season, we hope you can make it. Octo-



ber 17th, 5pm – 9pm at Garcia Bend Park

New Projects in the Pocket

If you have recently traveled down Pocket Road, to get on Interstate-5 by the water tower, you have noticed the large amount of construction. A project that was approved in 2003 is finally breaking ground. After several owners, and a few trips back to the City's Building Department, fifteen single-family homes, developed by Crowne Communities, are being built on a vacant parcel along Pocket Road. The developer has said



Grocery Outlet's grand opening.

that the homes will be between 3,000 and 3,500 square feet and start at \$500,000. For more information, please go to <http://www.crowne-communities.com/>.

Grocery Outlet Grand Opening

On the other side of the Pocket, Grocery Outlet recently hosted a grand opening. Richard and Christie Wierzbicki, the owners of our Grocery Outlet, are long time Pocket residents. The grand opening was attended by the Sacramento

Metro Chamber, a host of local neighborhood watch and association members, and our Planning Commissioner Doug Covill and Parks Commissioner Araceli Mercado. While I was running for office, this was one of the most frequent items brought up when I was out talking to people in the community. I want to personally thank Richard and Christie for investing in our community. We all know the cost associated with opening a business.

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REMODELED GREENHAVEN

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MONA GERGEN 247-9555



BEAUTIFULLY RENOVATED

What a great home; open and bright. 3 bedrooms 2½ baths, great for entertaining. Gleaming hardwood floors, open floor plan, new kitchen and bathrooms, new roof, new windows - the list of new and improved is so long. Cheery and bright, lovingly restored and ready for you! You'll have to come and see!!! \$579,500

SHEILA VAN NOY 505-5395



RIVERLAKE

Quiet cul-de-sac location for this custom built 5 bedroom 3 bath home! Features include custom maple cabinets, granite counter tops, rod iron spiraling stair case, two fireplaces, a 4-car tandem garage, 1 bedroom and bath downstairs, balcony off master, and more. Wow! \$640,000

MONA GERGEN 247-9555



NEWER POCKET HOME

Perfect for busy life style, you can walk to grocery store, pharmacy, bank and restaurants. 3 bedroom 2½ baths close to river and parks. Home features 9 ft ceilings, designer tile, granite counter, master suite with huge master bath, low maintenance yard and CAT 5 wiring. HOA covers front yard maintenance and back road. \$319,000

MONA GERGEN 247-9555



WALK TO DIDION SCHOOL

Here is a rare opportunity to live close to Didion School. This spacious 4 bedroom 2½ bath home, 2264 square feet, has all new interior paint, flooring, light fixtures, granite counter tops in kitchen and baths, new dishwasher, and new gas range. Huge family room is just waiting for fun and games! \$379,000

PAULA SWAYNE 425-9715



ON THE SACRAMENTO RIVER

Rare opportunity to own an amazing home on 2 parcels backing to the Sacramento River. Gorgeous 3 bedroom, 2½ bath home with newer kitchen and baths; newer cabinets, granite, bosch and decor appliances, 2 fountains, shutters, skylights, instant hot water and whole house fan. Amazing location! \$429,000

MONA GERGEN 247-9555



SOUTH LAND PARK

Spacious custom, 3 bedrooms 2½ baths with new paint, carpet and window coverings. Large formal living room with fireplace, separate family room and sunroom, bright spacious kitchen with room to dine and a huge laundry room. \$339,900

ROSLYN LEVY-WEINTRAUB 952-6602
KELLIE SWAYNE 206-1458



CUSTOM BRICK HOME

Beautiful custom updated 3 bedroom 2 bath home within highly desired Didion K-8th school boundaries. Features include brick exterior, shoji screens, separate living room, family room, with new bathroom cabinets, counters, shower and new carpet and paint. Quality home! \$349,000

MONA GERGEN 247-9555



GREENBELT CLOSE

Beautiful property was builder's own custom home. 3 bedroom 2½ baths with professionally landscaped front yard, Pergo floors, remodeled kitchen and half bath. There is also a salt water above ground pool and play structure, dual pane windows and custom curtains and blinds. \$360,000

MONA GERGEN 247-9555

DRAFT ENVIRONMENTAL ASSESSMENT RELEASED

RT Blue Line to Cosumnes River College Light Rail Extension Project

Construction activities related to RT's Blue Line to Cosumnes River College (CRC) light rail extension project (also referred to as South Line Phase 2) have begun. On **October 11, 2013**, the Sacramento Regional Transit District (RT) released a draft Initial Study (IS) that analyzes the potential impacts of the relocation of Sacramento Municipal Utility District (SMUD) poles from the Union Pacific Railroad (UPRR) corridor to west of Detroit Boulevard.

A 30-day public review period will close on **Monday, November 11, 2013**. Information on the light rail extension and the draft IS are posted on the project website at www.blueline2crrc.com. A copy of the draft IS is available for review at the following locations:

RT Customer Service and Sales Center 1225 R Street, Sacramento	Samuel Pannell Meadowview Community Center 2450 Meadowview Road, Sacramento
Valley Hi - North Laguna Library 7400 Imagination Parkway, Sacramento	Martin Luther King Jr. Library 7340 24th Street Bypass, Sacramento

An open house about the draft IS will be held on:

WHEN: Monday, October 21, 2013
TIME: 5:30-7:30 pm
WHERE: Susan B. Anthony Elementary School (multi-purpose room)
7864 Detroit Boulevard, Sacramento

The public will be given an opportunity to provide both written and verbal comments on the draft IS during the open house. In addition, comments may be submitted in writing to RT by mail (Attention: Ed Scofield, Director, Project Management, P.O. Box 2110, Sacramento, CA 95812-2110), or email (escfield@sacrt.com), by phone (916-321-3854/TDD 916-483-4327), or by fax (916-454-6016). **All comments must be received by 5 p.m. on November 11, 2013.**

For more information, please contact Jo Noble, RT Senior Community and Government Affairs Officer, at jnoble@sacrt.com or 916-556-0118.



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Your neighbor Dave Casella's journey through Yellowstone

Editor's Note: This is part two of your neighbor Dave Casella's journey as a tour guide for Xanterra in Yellowstone Park.

On June 16, I spent an idyllic afternoon at the Nez Perce campground watching the Yellowstone River flow by. The river is still high and cold from the snowmelt. The picnic area is named for one of 26 Indian tribes whose history is associated with the park. It is located between Canyon and Lake Village. Man is known to have visited here for over 11 thousand years. The Kiowa acknowledge their ancestors were here from the Little Ice Age dated about 1400 A.D.

It's hard to describe the sense of majesty that the

surroundings convey. There is a mantle of quiet dignity that prevails the scene and causes you to reflect upon things greater than daily minutia. Many an employee and traveler share the opinion that being in Yellowstone is a spiritual experience. I'm not talking about organized religion but a direct connection to nature that hotwires your brain neurons and makes them shout, "whoopie!"

I have completed my third weekly shift and it has had its high and lows. Guests come to Yellowstone for a variety of reasons but all share an overwhelming desire to see a bear. In the 1960's, feeding bears was banned in the park. It took 10

See Casella, page 14

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11:00AM to 3:00 PM

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Photo by Dave Casella

Casella:

Continued from page 13

years for bears to adapt back to foraging for their food. Bears no longer wait by the road for a handout and are harder to find. Imagine the pressure on tour drivers to "produce" an animal for people to view. It's not always possible to do. Animals are unpredictable and often elusive.

At the beginning of a tour, guides usually stress they cannot promise you will see animals. There are days when we strike out. There was an elderly gentleman on my tour who had been here three previous times without seeing a Grizzly Bear. I really tried to produce one. Sadly, I couldn't do it. Last week a woman demanded her money back from a tour claiming she could have gone out and found a bear with her own car. My personal suggestion was she should roll herself in bacon fat and go out and find one. We had to reimburse her ticket cost.

Most people are more reasonable and understand it's more difficult to find animals than the uninitiated tourist believe. Guides frequently share the latest research and consult with local scientists and park rangers who monitor different species. We know where the best habitat is, where and when to look but we are not magicians. Animals can appear—or disappear—anywhere.

Most of my working day consists of driving up and down the road scanning the tree lines, riverbanks and meadows looking for animal activity. My tools of the trade include a pair of Bushnell 7x35 binoculars. For longer distance, all guides are supplied with Nikon scopes.

We occasionally strike gold. I witnessed three Grey Wolves raid a coyote's den and eat their pups. This is Nature. A magnificent, 850-pound Grizzly appeared for several minutes at the Lamar River within 125 yards and delighted all who witnessed it.

I'm saddened to report the demise of one, brave yellow-bellied marmot that sacrificed his life beneath the wheels of my touring car so tourists could continue on witnessing the beauty of the Lamar Valley. Consider the glass as half-full rather than half-empty: another animal will not have to suffer the pangs of an empty stomach on the following morning.

The Norovirus has stricken Yellowstone. Xanterra Parks & Resorts (my employer) has responded by removing all the food that tastes good. Seriously. If all the employees starve to death by not eating, there can be no more hosts to spread the disease. Sheer genius!

I was recently gifted a can of pepper spray by a park ranger. It has a 30 ft. range with about 7 seconds of effective spray. You aim in front and at the foot of the bear so the spray rises up in front of him. If not effective, it can serve as a garnish for the bear. Personally, I would prefer a 50 cal Desert Eagle, but the park service might frown on that idea.

Talking about bears, on June 23, I dropped off a pair of park employees at the local campground, only to find out a black bear was on the loose stealing food from picnic tables. Rangers would not let anyone back into the area. I learned that the bear had been shot. Apparently, it could not be trapped and there was no other alternative.

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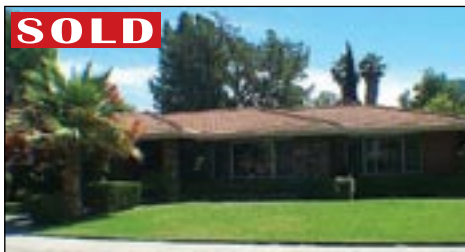


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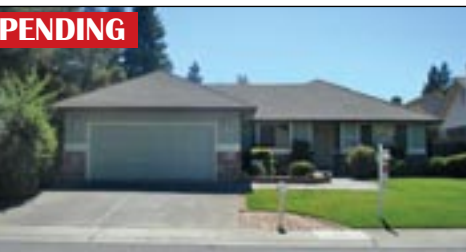
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Deadlines quickly approaching for Soroptimist awards

The Soroptimists of Sacramento are looking for applicants for two awards: The Violet Richardson grant and the Women's Opportunity Award Grant.

Past winners have used
The Violet Richardson grant for young women

Applications are now available for the Violet Richardson grant for young women between the ages of 14 and 17 who volunteer at a school or in the community. Violet Richardson Award (VRA) Program recognizes young women who demonstrate leadership through volunteer efforts in their community such as: fighting crime and violence;

cleaning up the environment; and working to help end discrimination and poverty. The program is named in honor of Violet Richardson who on Oct. 3, 1921 was installed as the charter president of Soroptimist Club of Alameda County and inducted into membership along with 79 other women. Today Soroptimist International's membership has grown to about 80,000 members. The club awards two VRA awards annually for \$750 each to help offset winners' educational costs.

Who is eligible? The grant application is open to young women between the ages of 14 and 17 years old.

When do I apply? The application is due by Dec. 1, 2013
Where can I get more information? Contact Vivienne LaCour at 212-5278, or visit the club's website at www.soroptimistsacramento.org/awards.html

Women's Opportunity Award Grant
Applications are now available for Women's Opportunity Award for women who are head of households and need financial assistance to complete their educational goals. The Women's Opportunity Award (WOA) gives women the resources they need to

improve their education, skills and employment prospects. The club awards one WOA annually for \$2,000.

Who is eligible? Applicants must be the head of their household, demonstrate financial need, and are currently enrolled in or have been accepted to a vocational/skills training program or an undergraduate degree program.
When do I apply? The application is due by Dec. 15, 2013
Where can I get more information? Contact Vivienne LaCour at 212-5278 or visit the club's website at www.soroptimistsacramento.org/awards.html

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President Obama recognizes our local Elks

On Oct. 1, four members from the Sacramento Elks Lodge No. 6 were awarded the President's Award for Service. A letter from President Obama, a certificate and pin were presented to members: Joe DiPinto, Clarence Facha, Ray Nielsen and Jim Von Bergen.

These four members combined have more than 100,000 hours of volunteering.

Making the evening more special, Past Grand Exalted Ruler for 2012-2013, Tom Brazier helped ER Debbie Eto hand out the awards. PGER Brazier spoke about receiving one of these awards himself and how proud he was. He offered his sincere congratulations to the award winners.

"President Obama's award is very hard to get and having the Past Grand Exalted Ruler there to hand out the awards - wow, what a night," said Eto.



Photo courtesy
From left to right, Elks No. 6 Exalted Ruler Debbie Eto, Clarence Facha, Joe DiPinto, Ray Nielsen, Jim Von Bergen, Past Grand Exalted Ruler Tom Brazier.

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ON THE MENU

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The Crossword by Margie E. Burke

ACROSS

- Mixed-nuts nut
- Help in a heist
- Before, in verse
- Where charity begins
- Wild swine
- One with a habit
- Disco light
- Like some chocolates
- Hotel offering
- How butterflies move, often
- Anastrophe
- Marvin and Majors
- Clairvoyant
- Beau for Barbie
- Brother's place
- Bone-dry
- Carb-binding protein
- Teaching staff
- Milli Vanilli ruse
- Well-recognized
- Copious amount
- Sword holder
- Daily grind
- Shell game, for one
- Marjoram or mint
- Brazilian music
- One way to watch or hold
- Amazon, e.g.
- Type of rug
- Show remorse
- Pigeon sound
- Preserve, as ham
- Einstein's "E"

DOWN

- Black currant liqueur
- Make aware
- Impose penance
- Noisy owl
- Fire leftover
- Like Willie Winkie producers
- Mother-of-pearl source
- Deck hand's boss
- Big Apple river
- Fox follower
- Petition
- Parisian street
- Cut short
- Excavation finds
- Raging hot
- Artist's rendering
- Julia's
- Brockovich
- Harmony, briefly
- Spark
- Workout units
- Buttonhole, e.g.
- "Barney Miller" spin-off
- Need liniment
- Force
- Not up to it
- Wretched
- Streetcar of yore
- SWAT team member
- Clandestine
- Repay, in a way
- Joan of Arc, notably
- Billy goat feature
- Sports venue
- Storybook start
- Macho guy
- Mo. for opals
- Caviar source
- Yank's foe

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See answers, page 24

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JFK 2013

HOMECOMING PARADE

Kennedy homecoming parade returns, amps up school spirit

Photos by MONICA STARK
 editor@valcomnews.com

Organized by Kennedy students and teacher Mr. O'Flaherty, the 2013 homecoming parade proved to be a highlight for the week. Heading the parade was the marching band, followed by floats made by each class bringing home the theme, "Decades" and, of course, the football team on foot.

Gloria Drive was closed between Havenside through Florin Road from about 2 to 3:30 p.m. on Friday, Oct. 11. While the school held a regular day ending at 3:06, students were let out of classes at 2:30 p.m. to come out and watch the parade. Float building has been going on for a few weeks; some parents housed float-making parties and, in good fun, there were "little water balloon wars that go on."

Principal Chad Sweitzer told The Pocket News that this was the first homecoming parade Kennedy has had since the early 1990s, "so this is a first in many years," he said. A former guard and linebacker for Kennedy back in the late 1980s, Sweitzer said he remembers having parades every year right after school. "All of the school programs would participate and the football team would ride on an old fire truck," he said. "We were pretty good back then, winning Metro either 8-2 or 9-1."

Looking at old yearbooks in his office and flipping through the pages, he said: "There's a little me running around here somewhere," adding that there are 13 current staff members who were Kennedy students around that same time.

"The parade would end in the student parking lot and all of the students would remain in the parking lot and chant JFK and support their classes. This is great to have the parade back for school spirit and to get the community involved with campus events."

Sweitzer met with student government this summer to request the parade be brought back and "students and teacher, Mr. O'Flaherty, took it from there!" he said. Being this is the first year back, Sweitzer said he was not anticipating much community support, but as each year progresses, he said they'll invite feeder schools and local businesses out to support the parade.

"Next year we'll slow them way down," he said. In addition, he's hoping for a bigger parade with more cars, motorcycles and floats.

Through out the season, morale has been good on the football team, Sweitzer said.

Running back Avery Runner was looking forward to the big game against Valley and he was feeling "pretty pumped". Before the parade started, he said: "I just wish I could sit down and rest my legs." On Friday afternoon, Runner said so far the highlight of the season for him has been a 60-yard kick return, and for the rest of the season, he said he is looking forward to "execute" and help the team win the San Joaquin title.



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The Center at 2300 Sierra Blvd.
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 3385 Lanatt Street (916) 453-0226

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CALENDAR

Send your event announcement for consideration to: editor@valcomnews.com at least two weeks prior to publication.

ONGOING:

Adopt a child for the holidays
Help Sunburst Projects bring joy to the lives of children living with HIV/AIDS. Contact Sunburst Projects at 1095 19th St. Suite 1A, Sacramento. 440-0889, ext. 301.

Balance and mobility training to reduce falls class
Kelly Ward, Parkside Community Church's "Fall Prevention Lady" will be presenting a 4-week Beginning balance and mobility class on Monday and Wednesdays 11:30 a.m. to 12:30 p.m., starting Oct. 2 through Oct. 30 at Parkside Community Church at 5700 Land Park Drive. The one-hour classes will include warm up, balance and mobility training, muscle building exercises, flexibility, and range of motion exercises, followed by a cool down segment to review the day's lesson. Wear loose comfortable clothing and sneakers. Kelly Ward is a certified fall, balance and mobility instructor and a certified Senior Fitness Training, M.S. Therapeutic Aging. For questions, call 821-5715.

OCTOBER

Rotary Club of Pocket/Greenhaven
Oct. 17: Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thursday. Aviators Restaurant, 6151 Freepoint Blvd. (916) 684-6854.

Rotary Club of South Sacramento meeting
Oct. 17: Guest speakers address local, regional and international topics. Visitors welcome. Every Thursday from noon to 1 p.m. at Iron Steaks Restaurant, 2422 13th St, Sacramento, CA 95818.

Fall Faire at the Historic Blue Goose
Oct. 17: 3-8 p.m., Oct. 18: 9 a.m. to 8 p.m. and Oct. 19: 9 a.m. to 4 p.m. 3550 Taylor Rd., Loomis, 95650, on Boutique style handmade only craft show. Holiday decorations and unique gifts. Centralized checkout for our customers convenience. SALE ROOM. Free admission. More info. www.craftytreasures.com.

Kiwanis Club of East Sacramento-Midtown
Oct. 18: Visitors Welcome, weekly breakfast meeting on first, second and third Fri-

days at 7:00 AM and Dinner meeting on fourth Thursday at 6:00 PM. Topical weekly speakers and first meal for visitors on us. Meet at The Kiwanis Family House, (at UCD Med Ctr/ 50th St & Broadway) 2875 50th Street Sacramento, CA 95817. www.eastsacmidtownkiwanis.com, Meeting/Membership info: 916-761-0984, volunteers always welcome!

Bi-Polar Anonymous
Oct. 18: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

The Kids Are Y, Tasting and Benefit Auction
Oct. 18: The YMCA's annual The Kids Are Y, Tasting and Benefit Auction will be held on October 18, 2013 at the Masonic Temple in downtown Sacramento. Funds from the event provides year-round program support and scholarships for local kids who would like to participate in YMCA programs and activities but cannot afford the program fees due to financial hardship. The Kids Are Y will provide our guests with food, wine and beer from local area restaurants, wineries and breweries while placing bids on unique silent and live auction items. Masonic Temple Association, 1123 J St, Sacramento.

Chinese Food Festival
Oct. 19: Celebrate Chinese Community Church 30th Annual Fall Fellowship and Food Festival, featuring delicious Chinese food, culture, entertainment, games for kids, 11 a.m. to 6 p.m., 5600 Gilgann Way (Off Fruitridge Rd. between S. Land Park and Freepoint Blvd.) Admission is free. www.cccsac.net

Sunburst Projects Perennial Sale
Oct. 19-21: Fall perennial sale. Cash and check accepted. Benefits Sunburst Projects. From 10 a.m. to 3 p.m. 3072 24th St. Curtis Park.

Sacramento Community Concert Association performance
Oct. 19: SCCA presents Solo/duo pianists Richard Cionco and Natsuki Fukasawa at 7:30 p.m. at Westminster Presbyterian, 1300 N St. Concert pianists Richard Cionco and Natsuki Fukasawa will present a varied program of solo, duet, and 2-piano repertoire. Known for their powerful solo performances, this concert is a rare opportunity to hear these artists combine their pow-

ers to give you twice the enjoyment. Regular subscription: \$90, Group discount (8 or more people): \$75, Students subscription: \$45, Single Ticket: \$25. For more information, contact Sacramento Community Concert Association www.sccaconcerts.org; info@sccaconcerts.org; 400-4634.

Embroiderers' Guild of America meeting
Oct. 21: Join the Embroiderers' Guild of America at their monthly meeting to hear Lois Kershner's lecture on designing a threadscape. Meeting at 7 p.m. at SMUD, 6201 S Street, Sacramento. Guests welcome. Free. 916-223-2751.

Carmichael author A. K. Buckroth and illustrator Amy Pichly-Meyer to sign books
Oct. 22: Carmichael author A. K. Buckroth and illustrator Amy Pichly-Meyer to autograph copies of "Me & My Money...a child's story of diabetes," at Skip's Kitchen, 4717 El Camino Avenue, Carmichael, between 11:30am and 1:30pm to meet the author and the illustrator.

Rotary Clubs of Arden-Arcade, Carmichael
Oct. 22: Guest speakers address local, regional and international topics. Visitors welcome, every Tuesday. Arden-Arcade meets at noon, Ruth's Chris Steakhouse in the Pavilions on Fair Oaks Blvd. (916) 925-2787. Carmichael meets at 6:30 p.m., Ancil Hoffman Golf Club. www.rotary.org

East Sac Rotary
Oct. 23: Meets at noon, Evan's Kitchen, 855 57th St. Sacramento. www.eastsacrotary.com.

Capitol Park Tree Tour
Oct. 23: From noon to 1 p.m., explore the trees of Capitol Park on a guided tour with the Sacramento Tree Foundation. Meet on the North Steps of the Capitol, near L Street. The one hour lunchtime tour is free, but to ensure that you're included, please RSVP to www.sactree.com/events. Capitol Park, 10th and L Street, Sacramento 95814

Rotary Club of Pocket/Greenhaven
Oct. 24: Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thursday. Aviators Restaurant, 6151 Freepoint Blvd. (916) 684-6854.

Kiwanis Club of East Sacramento-Midtown
Oct. 24: Visitors Welcome, weekly breakfast meeting on first, second and third Fridays at 7:00 AM and Dinner meeting on fourth Thursday at 6:00 PM. Topical weekly speakers and first meal for visitors on us. Meet at The Kiwanis Family House, (at UCD Med Ctr/ 50th St & Broadway) 2875 50th Street Sacramento, CA 95817. www.eastsacmidtownkiwanis.com, Meeting/Membership info: 916-761-0984, volunteers always welcome!

Rotary Club of South Sacramento meeting
Oct. 24: Guest speakers address local, regional and international topics. Visitors welcome. Every Thursday from noon to 1 p.m. at Iron Steaks Restaurant, 2422 13th St, Sacramento, CA 95818.

Bi-Polar Anonymous
Oct. 25: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

Second annual Gala at the Garden and Casa Boutique
Oct. 25 and 26: Tickets for the Oct. 25 gala opening night reception are available at www.casagardenrestaurant.org. Enjoy fine wines and hors d'oeuvres and the first opportunity to shop the Casa Boutique. Last year's event was a sell out, and organizers hope you take advantage of this first-come, first-served opportunity to join them this year. OR plan to visit the Casa Boutique on Saturday, Oct. 26. There is no entry fee and there will be live demonstrations by Open Studio at Lakeside. The boutique will offer holiday shopping opportunities that include: pottery, jewelry, scarves, shirts, mosaics, handbags, titanium clocks, cards/ornaments, hand-felted wool hats/accessories, gourmet jams/jellies/chutneys, aromatherapy body/bath products.

River Park Tree Tour
Oct. 26: From noon to 1 p.m., explore the trees in River Park on a guided tour with the Sacramento Tree Foundation. Meet at the shopping center on Carlson near Lovella. This dog friendly tour takes place rain or shine. Bring comfortable walking shoes, water and don't forget a camera (for all the beautiful trees). The tour is free, but to ensure that you're included, please RSVP to www.sactree.com/events. River Park Community, Carlson Drive, Sacramento, CA 96819

'Fur! Fall! Fun!': Third annual Front Street Shelter Haunted Open House
Oct. 27: From noon to 4 p.m., the Front Street Shelter will have a haunted open house with a shelter dog costume contest. There will be free hot dogs, sodas and dessert. 2127 Front Street, Sacramento.

Rotary Clubs of Arden-Arcade, Carmichael
Oct. 29: Guest speakers address local, regional and international topics. Visitors welcome, every Tuesday. Arden-Arcade meets at noon, Ruth's Chris Steakhouse in the Pavilions on Fair Oaks Blvd.

(916) 925-2787. Carmichael meets at 6:30 p.m., Ancil Hoffman Golf Club. www.rotary.org

Free golf lessons offered at Bing Maloney Golf Complex
Oct. 27: Are you interested in starting to play golf, but not sure where to begin? Bing Maloney is offering Free Family Clinics for 2013. These clinics are family oriented for any level of golfer. Each clinic will be held on Sundays from 1 to 2:15 p.m. at the Bing Maloney Golf Course: 6801 Freepoint Blvd. in Sacramento. Call 808-2283 for more information.

Frankenswine with the Puppet Art Theater.
Oct. 27: Family Sundays at the Central Library will feature Frankenswine with the Puppet Art Theater at 2 p.m., 828 I St. A special Halloween puppet show with the Puppet Art Theater. A zany version of the classic Frankenstein story told by a cast of pigs. The show takes place on Halloween night with Dr. Frankenswine on a madcap adventure. Prior to the puppet show enjoy making a scary creature mask or Halloween treat bag with Art-Works at 1p.m. Program is free and open to the public.

Save the Date!

CITY OF SACRAMENTO VETERANS DAY PARADE

Monday, November 11, 2013
Opening Ceremony begins at 10:30 am
Parade begins at 11 am
Capitol Mall
between 3rd and 9th Streets
CHILDREN'S CARNIVAL • FOOD TRUCKS
FAMILY FUN!

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VETERANS INFO BOOTHS

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Please contact us at: (916) 808-6525 or email: sacvetparade@cityofsacramento.org

Solution to Crossword:

C	A	S	H	E	W	A	B	E	T	E	R	E
A	T	H	O	M	E	B	O	A	R	N	U	N
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Halloween Event 2013

Friday, October 25th
Starting at 5:00pm
6676 Pocket Road, Sacramento

Treats • Food, Drinks, Music • A Spooky Good Time For Kids and Adults

\$6 General Admission
\$3 kids (ages 6-12)
kids 5 and under FREE

HAUNTED HOUSE

MUST PAY ADMISSION TO ENTER HAUNTED HOUSE

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CALENDAR

Pancreatic Cancer purple light ceremony

Oct. 27: Come light a candle in memory of and honor those we have lost to pancreatic cancer. At the same time raise awareness and acknowledge those fighting this disease, from 6 to 8 p.m. at International World Peace Rose Garden, Grounds of the State Capitol. www.pancan.org

East Sac Rotary

Oct. 30: Meets at 6 p.m., Evaris Kitchen, 855 57th St. Sacramento. www.eastsacrotary.com.

Rotary Club of Pocket/Greenhaven

Oct. 31: Guest speakers address local, regional and international topics. Visitors welcome. Every Thursday from noon to 1 p.m. at Iron Steaks Restaurant, 2422 13th St., Sacramento, CA 95818. 7:30 a.m., every Thursday. Aviators Restaurant, 6151 Freepoint Blvd. (916) 684-6854.

Trunk or Treat community event at Merryhill

Oct. 31: Merryhill School at 7335 Park City Dr. will host a Trunk or Treat event at 9:30 a.m. The community is welcome to attend. Children should wear costumes and bring a bag for their treats.

Rotary Club of South Sacramento meeting

Oct. 31: Guest speakers address local, regional and international topics. Visitors welcome. Every Thursday from noon to 1 p.m. at Iron Steaks Restaurant, 2422 13th St., Sacramento, CA 95818.

NOVEMBER

Sunburst Projects Perennial Sale

Nov. 1-4: Fall perennial sale. Cash and check accepted. Benefits Sunburst Projects. From 10 a.m. to 3 p.m. 3072 24th St. Curtis Park. Last sale until spring.

Kiwanis Club of East Sacramento-Midtown

Nov. 1: Visitors Welcome, weekly breakfast meeting on first, second and third Fridays at 7:00 AM and Dinner meeting on fourth Thursday at 6:00 PM. Typical weekly speakers and first meal for visitors on us. Meet at The Kiwanis Family House, (at UCSD Med Ctr/ 50th St & Broadway) 2875 50th Street Sacramento, CA 95817. www.eastsacmidtownkiwanis.com. Meeting/Membership info: 916-761-0984, volunteers always welcome!

Festival of New American Music

Nov. 1-10: FeNAM runs on the Sacramento State campus, 6000 J St. Most concerts are in Capistrano Hall and all of them are free. Visit http://bit.ly/tKAsj for the schedule or call 278-5191.

Bi-Polar Anonymous

Nov. 1: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

Self-Publishing Boot Camp

Nov. 2: Get your book idea out of your head, off your desktop, into print, and into the hands of readers. The non-profit California Writers Club brings the Self-Publishing Boot Camp to Sacramento for a premiere engagement. Boot Camps have helped fiction and non-fiction authors including authors of novels and of business, political, sports, and children's books. This day will empower you to create your book in ebook, print book, or multimedia formats. The seminar includes lunch, Carla King's Self-Publishing Boot Camp Guide for Authors, and other benefits. For details and registration information, please go to: www.cwsacramento.org or contact Kimberly A. Edwards at 916-524-7992.

Didion School celebrated 10 years of having a gym

Photo by SHANE SINGH



This year's fall festival on Saturday, Oct. 12 at Genevieve Didion K-8 School was special as it was the 10th anniversary of the construction of the gym. At the Oct. 12 celebration, there was a basketball game with members from the community that played against the current team, as the school's mascot Fireball, a big dragon, rallied the masses. The annual community event had the usual mouth-watering foods from around the globe as well as family-friendly music, games for all ages, prizes, big-ticket raffle items and more. Proceeds benefited programming for the neighborhood school. Dignitaries included: former councilmember Robbie Waters (councilmember when project was funded and built), former school board member Rick Jennings, former school board member Manny Hernandez, City councilmember Jay Scheinier (school board member when project was funded & built), Elk Grove Councilmember Jim Cooper. R.E. Graswich was the MC.

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7843 River Estates Dr - SOLD!
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SOLD!

< 1121 Westlynn Wy - Pending Sale!
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SOLD!

286 Rivertree Wy - SOLD!
Charming 4bd or 3+den, 3ba Great Room plan w/downstair bdrm & bath w/shower! Cul-de-sac location. Within the Didion school boundaries.* Formal dining. Large kitchen w/breakfast area & granite countertops. Flexible loft area, too!

SOLD!

< 5 Rasha Court - SOLD!
Pristine 4bd 2.5ba w/separate living & family rms, formal dining rm, brkfst area. Lrg master suite. Cul-de-sac location near the bike path, parks, more! Potential boat access. Within the Matsuyama school boundaries.*

SOLD!

* For public records or other sources deemed reliable, but has not been verified by agent or broker; interested parties to verify.

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