

# POCKET NEWS

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## 4th of July Parade recap

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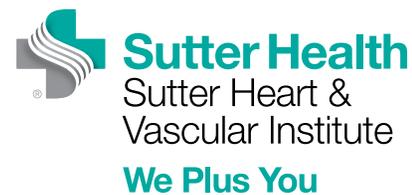
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# Soccer in Greenhaven functions 'for the good of the game'

By JEFF DOMINGUEZ  
jeff@valcomnews.com

I was reminded, while watching the World Cup these past couple of weeks, of what a fun and thrilling sport soccer can be. It wasn't so long ago that I was swearing that no child of mine would ever be allowed to play this confusing Eurosport. It would be (American) football like his old man, or nothing! By the time my first kid was six years old, he was not only playing, but I was also coaching, and I found myself desperate to learn everything possible that I could about the sport as expeditiously as possible.

Fortunately for me, and for anyone who would like their children to play this great sport, we have an incredible organization in our community, run by a band of dedicated volunteers who give their time and considerable effort to ensuring that our children are able to get a great start in soccer, the Greenhaven Soccer Club. And they do it for a price that won't bring you to your knees. My son spent several years in the club before branching off into competitive soccer (the cost of which can very well bring you to your knees, depending on the club), and he has his Greenhaven coaches to thank for providing him the foundation he would use to compete at the higher levels of the sport as he got older.

There was much talk during the World Cup among the various analysts, regarding youth soccer in the respective countries, and the differences in how it is administered, and what the children are taught. The guy from Holland seemed to prefer his country's method over whatever it is they do in Brazil. The guys from England always comport themselves with an air of soccer superiority over everyone, never mind that their national team never seems to make it out of the Group Stage.

I'm no expert, but I can't imagine a better system than the one innovated at Greenhaven for their youngest players. According to the club's Director of Coaching, Wayne Novoa, the program was transformed under former President Mark Bearor, and with the close consultation of board members Tom Bistline, Steve Larson, and current president, Shane Singh. This group developed and

implemented the program from what appeared to be a miniature version of the real sport into an innovative configuration designed to get each child as many touches on the ball as possible under competitive circumstances.

Greenhaven's U6 Division is now comprised of teams that compete only among themselves, rather than against other clubs, such as East Sacramento or Land Park. Every Saturday, the U6 teams are divided into two very small sides of three players each, and they play against their assigned opponents at the same time on two separate fields. The goals aren't the massive white pipes we normally see on soccer fields, tended by goalkeepers. Instead, our U6 players shoot at "Pugs" little fold out arches that stand untended on the field.

"Our system allows everyone on the field a chance to gain more touches on the ball," says Coach Wayne. "With increased repetition comes mastery... the kids improve their decision making and their fitness. Perhaps most importantly, they have more fun, because they're more involved. In the regular system, which is still used by many of the other clubs, it's easy for the more deferential kids to go an entire game without ever touching the ball. That does no one any good."

The only way to get the full benefit of speeding the learning curve for our youngest players is to identify potential as soon as possible and funnel it to the national team program immediately. In 1979, US Soccer introduced the Olympic Development Program, which established a pipeline between youth soccer clubs throughout the country and the United States national soccer program. Any player can try out for his or her state Olympic Development Team and the standouts are absorbed upward by the regional and national teams. What's great is that the kids can still compete with their clubs, as the Olympic Development functions as an ancillary program to the player's club experience.

We really are at a great point in the proliferation of soccer in America. It's a sport that has been predicted to sweep the nation ever since the great Pelé peeled off his Brazilian national team jersey and pulled the New York Cosmos jersey over his head in the 1970s. Yet, somehow, it just hasn't happened.

But now soccer really has become woven into the adolescence of the majority of Americans under the age of 30 who played youth soccer. As that generation ages, and as new generations of soccer playing Americans become adults, the tide has turned. This World Cup season, we were swimming in soccer to the point of drowning.

Could anyone ever have foreseen a time when we have not one, but two viable professional and semi-professional soccer franchises in Sacramento? Not only do we have the Sacramento Republic killing it in the USL Pro League, sort of the incubator league for franchises desiring to enter Major League Soccer (the MLS), the most successful professional soccer league ever in the US, but we also have the Sacramento Gold, a highly successful franchise in the semipro National Premiere Soccer League, the incubator for the incubator, if you will.

The bottom line is that our country is definitely becoming a force in this sport that is religiously followed by the rest of the civilized—and uncivilized—world. Our draw in the World Cup was about as bad as could be expected. We wound up in what became known as this year's "Group of Death", but we made it out of the group stage to the Knockout Round, where we were ultimately knocked out by Belgium, a country roughly the size, physically and populously, as the State of Maryland, but I digress. A lot of perennial world powerhouses were knocked out at that stage. And many others didn't even make it to that level, including the land of soccer snobs, England. It should not pass unnoticed that we lost to eventual World Champions Germany by a score of 0-1, but mighty Brazil lost to them by a humiliating score of 1-7.

The US is rising, and we can trace the ascension back to our community's four- and five-year olds. Thanks to local clubs like Greenhaven Soccer Club, we can not only monitor our country's progress, but we can be a part of it, as well. Now if we could just do something about the diving...

*The Pocket Watch appears in each issue of the Pocket News. Jeff Dominguez can be reached at jeff.dominguez@yahoo.com.*

## Matías Bombal's Hollywood

### "And So It Goes"

*The MPAA has rated this PG-13*

Clairius Entertainment distributes Rob Reiner's uplifting comedy "And So It Goes," which opens July 18 and stars Michael Douglas as Oren Little, a Realtor who is about as likeable as television's Archie Bunker, whose attitude he resembles. Before Oren's planned retirement, he has one last house to sell—his own.

Oren motors in his classic, white 1967 250SE Mercedes-Benz Cabriolet, which he prizes, willfully obnoxious to anyone he passes. When his estranged son shows up out of the blue and drops off Oren's never-before-seen granddaughter for a prolonged, unplanned visit, he tries having his neighbor Leah (a radiant performance by Diane Keaton) take care of the delightful little girl, played by pretty Miss Sterling Jerins.

That brings Oren to a new level of communication with those around him, and he starts the long road to becoming an agreeable human being again. Douglas plays crusty very well, and you'll enjoy disliking his curmudgeonly ways.

Director Rob Reiner has a cameo as a milquetoast pianist and accompanist for Keaton, who sings again in this movie, but has trouble getting through each song without breaking out in tears for her deceased husband. Sharp eyes will notice the director's famous father, Carl Reiner, in vintage photos on the wall of Keaton's apartment.

Actress Frances Sternhagen ("Up the Down Staircase," 1967) has a wonderful bit as a veteran Realtor in Oren's office. This is a pleasant comedy of well-dressed folks in an agreeable setting. It's perfect for summer, and just as light.

### "Wish I Was Here"

*The MPAA has rated this R*

Actor Zach Braff has written and directed the Focus Features release, "Wish I Was Here," which was unusually funded by 46,529 fans who, via Kickstarter, raised more than \$3 million, half the entire budget for the film.

In the film, Braff is a man at a crossroads in his career, where financial realities and other unexpected stressors make him look for new alternatives for his kids and his wife. She works at a job she barely tolerates to provide for the family whilst he follows his dream of acting, going constantly to auditions for which he's never hired. They are behind in their payments for their children's private school. Things get worse with family health issues.

Aidan Bloom (Braff) never loses hope.

This is a wonderful production with a big heart and excellent performances. You'll see a particularly agreeable return to the screen for Mandy Patinkin, as Aidan's aging dad, struggling with a terminal cancer.

Lovely Kate Hudson is very good as Aidan's wife. Alexander Chaplin offers a good turn as Rabbi Rosenberg and Josh Gad plays the nerdy, game-playing adult brother of Aidan, offering both sarcastic and touching moments. Fans of television's "Big Bang Theory" will delight in seeing that show's star, Jim Parsons, in a small, enjoyable bit.

Many clever scenes including a sequential demonstration of Mr. Bloom's love for his children, whilst on a vacation with them. This is a magical, sweet and touching image that will linger in your memory.

**Until next time, this is your pal, Matias Bombal, bidding you a fond farewell.**

*For more in-depth, complete reviews of these same movies and many more in theatres now, with scenes shown from the movie reviewed, you may see and hear "Matias Bombal's Hollywood" at: [www.mabhollywood.com](http://www.mabhollywood.com). Find us on Facebook or follow us on Twitter: @MABHollywood*



Photo by Lance Armstrong

The Rev. Dan Madigan spent the last 25 years of his 50 years as a priest with the St. Joseph Parish of Clarksburg.



Photo courtesy of the Rev. Dan Madigan

The Rev. Dan Madigan is pictured at center with his mother, father and siblings on the day of his ordination on June 7, 1964.

# Retirement celebration held for the Rev. Dan Madigan

By LANCE ARMSTRONG  
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*Editor's Note: This is part one of a two-part series about the Rev. Dan Madigan.*

In celebration of the Rev. Dan Madigan, who is retiring after dedicating nearly a half-century of his life to the Roman Catholic Diocese of Sacramento, a special event was recently held in the Sacramento Delta town of Clarksburg at St. Joseph Church – a place of worship both historically and presently connected with the Pocket area.

The gathering, which included a hosted buffet, some words by Madigan and the singing of various songs, including “Danny Boy,” was held on Sunday, June 29, following the day’s Mass.

In addition to speaking to attendees of the event, Madigan dedicated time to being interviewed for this article.

And in presenting a summary of his life, Madigan began by saying that he was born near the village of Shanagolden in Limerick County, Ireland on March 9, 1938.

Madigan added that he grew up in a family, which included his father, Patrick, his mother, Eileen, and his siblings, Bridie, Kathleen, John, Maurice, Michael, Patrick and Mai.

Madigan also had a sister named Eileen, who died of meningitis shortly before her fifth birthday.

In regard to his upbringing, Madigan noted that he enjoyed his childhood.

“My childhood was great,” Madigan said. “It was in a rural area, a farm, a little village. Everybody was happy. We didn’t have an awful lot. Neither had anybody else, but we didn’t feel we were poor in any way. We grew our own little crops and raised our own meat and so forth. We lived a happy life.”

Among Madigan’s fondest memories of his youth was rabbit hunting with his black Labrador, Brutus. Madigan has also enjoyed hunting during his adult life with Monsignor Jim

---

“It just showed the inner goodness of people and it was something very nice to see.”

– Rev. Dan Madigan

---

Church and his father, who was also named Jim Church.

And when it came to the topic of religion during his youth, Madigan noted that about 95 percent of the people in Ireland at that time were Catholic and nearly everyone in his hometown attended Mass.

The pastor in Shanagolden during that era was the Rev. James O’Byrne.

As part of the Madigan family’s dedication to their faith, they got on their knees each night to pray the rosary.

While growing up in a Catholic environment, Madigan decided at a very young age that he wanted to become a Catholic priest.

Madigan spoke about his early desire to take on such a religious role, saying, “It was there from grade school on, I’d say. I didn’t hear any voices calling or anything like that, but I always felt it was the right thing to do. It would be an opportunity to help people and I thought that would be a great vocation in life.”

And Madigan added that he also felt a desire to assist others as a priest in America.

“I was very, very clear that I wanted to come to the United States, because I always had tremendous respect for the United States,” Madigan said. “When we were little children, the United States was always presented to

us very, very well. We studied that in school – the United States. We certainly knew all about Lady Liberty and we knew what was written on the statue.”

In 1952, Madigan began studying at St. Munchin’s College in Corbally, Limerick County. And he began his studies in the seminary at St. Kieran’s College in the Irish city of Kilkenny four years later.

On June 7, 1964, Madigan was ordained a priest at St. Mary’s Cathedral in Kilkenny.

After serving as a priest in Limerick County, Madigan fulfilled his dream of coming to the United States.

Having made arrangements to serve the Diocese of Sacramento, Madigan arrived in Sacramento in March 1966 and became the assistant pastor of Our Lady of Lourdes Parish.

In speaking about his six years with that parish, Madigan said, “Our Lady of Lourdes in Del Paso Heights, we covered Rio Linda and Del Paso Heights. I felt quite challenged there, because people were in need and they were coming to the church a lot.”

Madigan said that while he was serving people in the Our Lady of Lourdes Parish, he had an experience that amazed him regarding a particular Sacramento area parish.

“I was at that point (of being) strung out, because I had used all of my volunteers,” Madigan recalled. “I said, ‘Where would I get more volunteers?’ Somebody said, ‘Well, go over to St. Ignatius on Arden Way.’ And I said, ‘Like heck the people of St. Ignatius are going to come down into Del Paso Heights and start feeding people.’ I had big reservations about going over there, (but) I went over there and made an appeal. And (God) opened my eyes. I saw something. There were people coming into Del Paso Heights, driving up in BMWs, Mercedes and so forth, getting out of there, coming in and washing old, dirty pots and everything. And you know what? Everyone was taking care of their own home. But it just showed the inner goodness of people and it was something very nice to see.”

# Know your neighbor: Linda Hayward, solar cooking extraordinaire

By **MONICA STARK**  
 editor@valcomnews.com

To Linda Hayward, the joy of solar cooking lies in the thrill of cooking in a sustainable way. The retired Lisbon Elementary School teacher first became aware of solar cooking about 21 years ago by attending a workshop where the class made a box cooker from scratch, which included cardboard and newspaper for insulation.

When she needed to be away all day at work, Linda would put a meal in her cooker and aim it in the direction of where the sun would be at midday. "I knew nothing would burn and the food was still warm for dinner or needing only minimal heating," Linda said.

And, back then, when she taught at Lisbon, Linda regularly cooked with her class. In an interview with the Land Park News, Linda explained her work with the now-closed Pocket area school. "We would put a Cook-it (panel cooker) in the middle of the quad at

"Who knew, we, modern advanced societies, could cook with free abundant clean energy from the sun? It seems like going backward is the answer to moving forward as we respond to the demands of our changing world. (Solar cooking) is one fun, gratifying way to do that."

- Linda Hayward, retired Lisbon Elementary School teacher

Lisbon School. We had a 'Solar Cake Lottery' until each classroom in the school had won one of our cakes, eagerly delivered by the students," she explained.

Just recently, a former student found Linda again by searching her name along with Solar Cookers International on the Internet, leading to their happy reunion. "We now correspond about cooking and other things. How rewarding is that," Linda said.

As a retiree, Linda now has time to use her cooker almost every day during the summer. "I have minimal air-conditioning in my house, and letting the sun provide the energy keeps my kitchen cool," she said.

Speaking on the environmental movement and popularization of solar cooking, Linda said people seem to be fascinated with the concept of solar cooking but few make the leap to "own" it. "I think



Photo courtesy  
 Shown here is Linda Hayward from about four years ago, before the addition of her SunOven cooker.

we're getting close to a time when many people see it as an alternative to wood, gas or electric cooking to minimize carbon output. Now that there are spiffy, efficient cookers available that are being sold in environmentally-savvy stores, it may catch on. I feel that the global impetus is gain-

ing momentum and will show the way with positive results in desperate communities. Perhaps there is

See Solar Cookers, page 17

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# Meet your community grand marshal of the Pocket Parade

By DEBBIE ITO

With his bright blue PM Crew shirt on, Ray Nielsen raps the gavel to start the meeting. Every Tuesday morning, you will find Ray and a host of other dedicated Elks dressed in their blues, ready to undertake all the repairs at Elks Lodge #6.

Ray grew up in the agricultural community of Watsonville, Calif. He said it's really changed since he was a kid, even the type of produce they raise is different. "As a kid, I remember there being lots of apples everywhere, now it's changed to berries." Like every kid in America, baseball was a passion. He grew up playing baseball and at one time wanted to be a baseball player. Ray has always loved the outdoors and still pursues other passions. He shot his first duck at the tender age of 7 and goes duck hunting quite often. He also fishes and has been known to bag a deer or two.

Having graduated from Sacramento State College with a BS degree in Accounting, Ray worked for the State of California for 34 years in various departments and positions such as auditor, analyst, project manager and Branch manager. He served in the California Army National Guard for six years, with an honorable discharge in 1971. Ray was fortunate enough to marry his bride of almost 48 years, Rosalie Guidera. He says this is his greatest accomplishment! They moved to the Pocket/Greenhaven in 1969, where they raised their two children Mike and Amy. They are proud Grandparents of Katie, who just finished her freshman year in high school.

Ray's volunteerism is deep. As a member of the Sacramento Jaycees, he has served

as an officer at the local, district and state level. He was awarded a JCI Senatorship #16,927. He's also been a volunteer and chair of various committees as well as the departmental state campaign for the United Way. He became very active in local sports when his son started playing soccer. Soccer was new to the area and he was one of the first coaches/referees for Greenhaven Soccer. He was also on the board for the Pocket Girls Softball, Kennedy Marching Band parents club president and Bingo volunteer. Active in the church, he was the St. Joseph Social Club President, he's also been on the St. Anthony pastoral council and the treasurer of the Seniors Group at St. Vincent DePaul. In his spare time, he was a Scoutmaster for the Boy Scouts, awarded the Silverbear award in 1987.

Ray has been an Elks member since he was 21. His Father, Jim Nielsen, a former Grand Esteemed Loyal Knight (1993) called him and said, "you're 21, I'm sponsoring you into the Elks." Ray joined and there's been no looking back since. He chairs the PM Crew (Preventative Maintenance) and the Audit Committee. He was recently awarded one of President Obama's "1000 points of light awards" for his volunteerism with the Lodge.

What's in the future for Ray Nielsen? "Traveling, hunting, and more volunteering." His philosophy of life is simple and straight to the point, "One phase at a time and go on."

With a history of service as large as Ray's, the neighborhood is proud to have him as the Community Grand Marshal in this year's Pocket Parade.



Ray Nielsen

Photo by Monica Stark

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# Summer concert series features Sacramento Women's Chorus

Sacramento Women's Chorus will take the stage on Sunday, July 20 at 7 p.m. The chorus will present a delightful, upbeat selection of music, from Broadway tunes and tender ballads to rousing comedy numbers and heartfelt, empowering songs celebrating the joy of music. This versatile chorus, now in its 26th year, is well known for its entertaining style, beautiful harmonies, and wide variety of music.

The annual Summer Concert Series at Parkside continues on Sunday, July 27, Christa Maria Hell who will bring her operatic voice to the stage with "From Haydn to Gershwin: On Wings of Song", a selection of German and English songs.

The series concludes on Sunday, Aug. 10 with "Broadway Dreams", a revue created by Janet Ramey with Eric Stetson, and featuring Sharon Erman and the talented students of The Sharon Erman Vocal Studio.

Parkside UCC is located at 5700 South Land Park Dr., at the corner of 35th Ave. and South Land Park.

All performances are at 7 p.m.; tickets are available in advance by calling 421-0492 or at the door. General admission is \$12, seniors \$10, and refreshments are available for purchase. Please visit the website at <http://parksideucc.org/upcoming-events> for more information.

## Banana Chef's Challenge to Feature Edible Centerpieces Aug. 9

Area chefs are invited to compete in the 2014 Sacramento Banana Chef's Challenge, to be held Saturday, August 9, at the Sacramento Banana Festival at William Land Park. The Chef's Challenge is a highlight of the annual Sacramento Banana Festival August 9 and 10. Now in its fifth year, the festival offers two days of multicultural arts, health and wellness activities, and entertainment for all ages.

Participating chefs in the 2014 Banana Chef's Challenge will compete to create the most fabulous edible centerpiece. Deadline to apply is 5 p.m. on July 31. Each contestant will have a two hour time limit to create an edible centerpiece that must meet the following criteria:

- Must have bananas as the main piece
- Must have a circus theme
- Must be at least 2 feet in height and 1 foot in diameter
- Must be at least 85 percent edible (15 percent can be any supporting material that is non-edible, such as wire, wood, Styrofoam, etc.)
- Finished piece must be transportable from the building area to the center stage for judging.
- Contestants must submit a dish (enough for five judges on the judging panel) that represents their centerpiece for the judges to taste.

resents their centerpiece for the judges to taste.

Another highlight of Sacramento Banana Festival will be the Banana Youth Chess Competition, facilitated by Men United to Stimulate Children's Learning Through Education and the National Academic Youth Corps, Inc. Prizes will be awarded for first, second, and third prizes. Open to ages 8 to 18. For more information and to register, visit <http://www.sacbananafestival.com/2014/banana-youth-chess-competition/>.

Sacramento's 5th Annual Banana Festival will be held Saturday, Aug. 9, and Sunday, Aug. 10, at William Land Park, 3800 West Land Park Dr. The festival, a multicultural event celebrating the cultures of Asia, Africa and the Americas that use the banana as a source of food, art and culture, will run from 10 a.m. to 7 p.m. on Saturday, 10 a.m. to 5 p.m. on Sunday. General admission tickets are \$5 and may be purchased online or at the gate. Exhibitor spaces and event sponsorships are available—visit <http://bananafestival.sojoarts.net> for more information.

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[www.GreenhavenLutheran.org](http://www.GreenhavenLutheran.org)  
Angels Nest Pre School 2 yrs. - 5 yrs. (916) 428-4651

### Faith Presbyterian Church

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### Parkside Community Church

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Sunday Worship Service: 10:30 am  
Bible Class: 9:00am

5700 South Land Park Drive & 35th Avenue 421-0492

### Riverside Wesleyan Church

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Sunday School: 9:15am • Sunday Worship: 10:30am • AWANA (Children's Ministry)  
• Youth - Jr. High - Sr. High - College - Young Adults • [www.rwcsac.org](http://www.rwcsac.org)

### Greenhaven Neighborhood Church

630 Ark Way • 422-8253

Sunday School Bible Study: 9:15am • Sunday Worship: 10:30am  
Weekly Bible Studies - Jr/Sr High Events

### Crosswalk Christian Ministries

Belle Cooledge Community Center, 5699 S. Land Park Drive  
801-1588 • [www.crosswalksacto.org](http://www.crosswalksacto.org)  
Sunday Worship: 10:00am with Children's Program

### St. Anthony Catholic Church

660 Florin Road • 428-5678  
[stanthony-sacramento.org](http://stanthony-sacramento.org)

Sunday Masses: 8:00am, 9:30am & 11:15am (Saturday vigil, 5:00pm)  
Daily Mass: 8:00am Monday-Saturday

# Darrell's Notes



By COUNCILMEMBER DARRELL FONG

## Pocket Parade

The annual 4th of July Pocket Parade returned to our community and was once again a family friendly and fun-filled event. The days started off right with the Matsuyama Fun Run.

A huge thank you to all the volunteers and participants who made these events a huge success.

## Food Trucks

Our monthly Food Truck Events have returned to Garcia Bend Park! We kicked off the season in March with another successful and delicious event. Join us Friday, July 18 for some delicious freshly prepared food from Sacramento's top-rated food trucks. Bring your wallet, lawn chair, and your appetite.

**\*\*Please note that we have changed the Food Truck Expo to the third Friday of the month to accommodate your busy schedule.\*\*** All food truck events begin at 5 p.m. We look forward to seeing you on July 18!

## Farewell To Councilmember Bonnie Pannell

District 8 Councilwoman Bonnie Pannell enjoyed an evening of farewell wishes during her final council meeting on Tuesday, June 17. After being elected to Council following her late husband, Sam Pannell, Councilwoman Pannell led her district in achievements for 16 years.

Councilwoman Pannell's accomplishments, however, are numerous. Playing a key role in her neighborhood, Pannell worked to increase the positive image of her district. Public service included advocating for swimming pools in the local neighborhood as well as organizing concerts. Further,

Pannell was a driving force in removing absentee property owners and gangs from what is now recognized as Phoenix Park.

The City Council voted to place her name on her district's gem – now deemed the Samuel and Bonnie Pannell Community Center on Meadowview Road.

It was a privilege to serve on the City Council with Bonnie. She was a true champion for this district and I admire her dedication to the Sacramento community. I personally wish Bonnie an enjoyable retirement.

## How Are You Saving Water? The City of Sacramento Wants to Hear From You

As the City has declared a stage 2 water shortage, residents and businesses city-wide have so far managed to help cut back water usage by 16 percent—extremely close to the City's 20 percent goal! The City requires residents and businesses to follow the City's two day per week watering schedule, while violators are sent notices. Since May, customers have helped the City reach closer towards its goal. City parks and facilities have cut back by 38 percent.

Right now, the city wants to know what residents and businesses are doing to help spare the water. We're also interested in finding out new ways the community can cut-back. By visiting Envision Sacramento, you can take the short survey and let us know your ideas.

## Water safety urged as weather warms up

The Sacramento Fire Department (SFD) is urging citizens to play it safe near waterways, swimming pools and other standing water.

"As the weather begins to heat up, we see an increase in calls related to water emergencies," said Lloyd Ogan, acting fire chief. "Far too often, we receive calls related to drowning or near drowning incidents. We want people to enjoy the water safely and use life jackets and other precautions to keep safe."

Life jackets are proven to help prevent drowning and the SFD encourages anyone that enters the water to wear a life jacket. Additionally, anyone under the age of 13 is required to wear a life jacket.

Many fire stations throughout the region offer life jackets on a loan basis. They are available for children and adults and can be borrowed for the day or weekend by simply completing a loan form. Residents can borrow life jackets from the Sacramento Fire Department at the following fire stations:

Station 1 - 624 Q Street  
Station 5 - 731 Broadway  
Station 8 - 5990 H Street  
Station 11 - 785 Florin Road  
Station 15 - 1591 Newborough Drive  
Station 60 - 3301 Julliard Drive

In addition to wearing a life jacket, the Sacramento Fire Department offers these water safety tips:

Never swim alone and never go in the water after drinking alcohol.

Stay within arm's length of inexperienced swimmers.

Always watch children in and around water. Assign a water watcher. Don't assume someone else is watching. Drowning is quick and silent; it can happen in seconds.

Drain inflatable pools and coolers after each use. A toddler can drown in just one inch of water.

Call 911 right away if someone is in trouble.

For more safety information, visit the Sacramento Fire Department website at [www.sacfire.org](http://www.sacfire.org).

## Sacramento Association of Realtors Hosts a Homeownership Fair

Are you thinking about buying a home but don't know where to start? Then you're in



Photo by Matias Bombal

Darrell Fong at the Fourth of July Parade in Pocket.

luck! The Sacramento Association of Realtors is hosting a FREE Homeownership Fair on Saturday, July 19 from 9 a.m. to 4 p.m.

This is a great opportunity for those interested in purchasing a home in the next few years. Breakout sessions on credit repair, down payment assistance, and a vendor fair are all included.

## Solar Cooking Festival, July 19

Solar Cookers International (SCI) is sponsoring the free and open to the public Sacramento Solar Cooking Festival, celebrating abundant, clean energy provided by the sun that cooks food in our own backyards.

SCI has been a fixture of the Sacramento community for more than 25 years. It's fitting that SCI's Worldwide Office is located in Sacramento, the nation's Farm-to-Fork Capital. "There's a strong connection between Farm-to-Fork and solar cooking. Abundant food is grown locally, and it can be cooked in our own backyards and on our balconies, using clean, free sunlight as cooking energy," says Julie Greene, SCI's Executive Director.

The Festival is the culmination of the 5th International Solar Cooking Convention,

to be held in Sacramento. This event is drawing solar cooking experts from Uganda, Kenya, India, South Africa, Japan, Hong Kong, Canada, Norway, Germany, Bolivia, Nicaragua, the US, and the Philippines. Experts will address challenges in design, project management, and testing standards for solar cookers worldwide.

International experts and local solar chefs will display their solar cookers and favorite cooking techniques on Saturday, July 19th, from 10 am – 3 pm at the Sacramento Solar Cooking Festival in William Land Park. Enjoy solar cooking demonstrations, and classes on how to make and use solar cookers, and international work with solar cooking. Access Sacramento has provided a grant to broadcast this event locally.

To learn more or to join the event on Facebook, visit <http://solarcookers.org/events/festival>.

## Movie Night

Mark your calendars! Please join us for a FREE Movie Night on Saturday, August 30 at Valley Hi Park. This family-fun night will feature "The Lego Movie". Bring your lawn chairs, blan-

See Darrell's Notes, page 11

## Darrell's Notes:

Continued from page 10

kets, and enjoy refreshments. More details to come soon!

## Neighborhood Association Meetings

**Charter Pointe Neighborhood Association**  
Meets as needed

**Deerfield/Mesa Grande Neighborhood Association**  
Third Thursday of the month, 7:00 PM, Union

**House Elementary School**  
7850, Deer Creek Drive

**Greenhaven Mother's Club**  
Annual Charity Auction, Thursday, March 20th, Park Terrace Swim & Tennis Club, 5500 Parkfield Court

**Lake Greenhaven Homeowners Association**  
Annual General Meeting in April, location changes

**Marina Oaks Homeowners Association**  
Quarterly, second Saturday of the month, 11:00 AM, location changes

**Park Place South Homeowners Association**  
Second Tuesday of the month, 7:00 PM, rotation of board members' homes

**Park Rivers Oaks Estates Homeowners Association**  
Last Tuesday of the month, time varies, meet in Clubhouse

**Reith Park Neighborhood Association**  
First Monday of the month, 6:30 PM, John Reith Elementary School, 8401 Valley Lark Drive

**Riverlake Community Association**  
Third Wednesday of the month, 6:00 PM, 799 Lake Front Drive

**Riverwind Place Owners Association**  
First Thursday of the month, 6:30 PM, Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Drive

**Sacramento Roundtree Homeowners Association**  
Third Tuesday of the month, time varies, 601 Roundtree Court

**South Pocket Homeowners Association**  
Quarterly, second Thursday of the month, 7:00 PM, Bergamo Preparatory School, 82 Pocket Road

**Valley Hi Neighborhood Association**  
Second Thursday of the month, 6:30 PM, North Laguna Valley Hi Library, 7400 Imagination Parkway, Community Room

\*Confirm with each organization. Meeting information can be found on the Neighborhood Services website.



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### Vibrational Raindrop Techniques: Wednesday, July 2nd at 2:00 PM

Join guest speaker Adrienne L. Monarrez, owner of Whole Body Wellness, for a unique introduction to the Vibrational Raindrop technique which combines aromatherapy, Vitaflex, and massage. Learn about the essential oils used in aroma therapy and their benefits to the mind, body and soul. Adrienne is a Certified Massage Therapist, certified CARE instructor and is a licensed Spiritual Health Coach.

### California Heritage Art: Wednesday, July 9th at 2:00 PM

Local historian Mark Davidson will share the 'back stories' of Sacramento's past. Those things not often discussed in history books. These vivid and entertaining stories about key individuals in local history come to life via Mark's extensive knowledge accumulated through many hours of research. Don't miss this chance to learn about those who contributed to Sacramento's success!

### Mind & Body: Connection & Reflection of Your Personal Journey: Wednesday, 16th at 2:00 PM

The saying "everything changes with time" could not be more true when we talk about our fitness and health goals, and daily routine. Join Colleen Sullivan for an interactive and engaging discussion about how our activities have shifted over time. Learn how movement and physical activity can keep you sharp and focused. Travel through time and share stories and personal reflections of where you were then and where you are now on your personal fitness and health journey. Learn creative tips to maintain your current fitness level and fun, easy things you can incorporate into your daily routine. Colleen has been instrumental in developing and facilitating customized leadership trainings for many organizations across the country. She has a Master's degree in Curriculum and Instruction and is affiliated with the Jorgenson Learning Center.

### Green Acres Nursery: Garden Talk: Wednesday, July 23rd at 2:00 PM

Greg Gatton, District Manager, will introduce us to Green Acres Nursery and the event planned for the year. As a guest on the "Farmer Fred" show on KFBK ra-dio he has spoken on everything from drought to vegetable gardens. Greg has a degree in Environmental Horticulture and is a Certified California Nurseryman. This is a great time to get all of your gardening questions answered!

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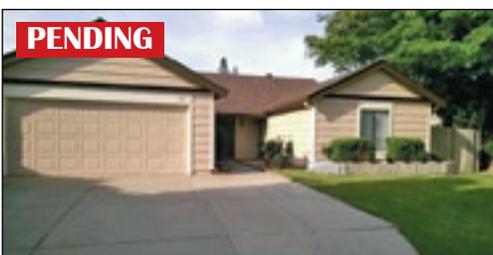
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## Faces and Places: 4th of July Matsuyama Fun Run

Photos by MONICA STARK

Hundreds of runners young and old participated in the annual 4th of July Matsuyama Fun Run, which benefited next year's 6th grade class trip to Sly Park. Many of the runners enjoyed watching the 4th of July parade after the race.

# Solar Cookers:

Continued from page 7

local appeal for learning the skill and having equipment available for disaster relief," she said.

At home, she has four cookers, each she uses with a distinct purpose – her original box, which holds a big pan of lasagna; the simple, easy-to-take-along Cook-it; the SOS sport cooker, which is made from recycled plastic and holds two round black pots; and her most-used Sun Oven, which holds one pot, but can be tilted to capture the angles of the sun in the morning and earlier and later seasons of the year, and reaches temperatures slightly more than 300 degrees.

Rice, quinoa, sweet potatoes, potatoes and hard-cooked eggs for potato salad, summer squash, green beans, chili beans, pea soup, lasagna, steel cut oats, corn bread, spare ribs, chicken wings, chicken thighs, whole chicken, chicken broth from the bones, meatloaf, pot roast, pork shoulder for sliders, pasta sauce, taco filling, apple sauce, peach galette, cookies, and cake are all regular solar cooking menu items.

Linda has been involved with Solar Cooking International for more than 20 years. She remembers fondly the big cook-out she participated in on the west side of the Capitol many years ago with cookers covering the whole

lawn. "It's amazing how many box cookers were active in those days. Being a demonstrator at the California State Fair year after year was another highlight. For several years, I served as a volunteer coordinator for demonstration requests and bonded with many like-minded friends who were willing to give their time, often in full-sun, that way. We went to Earth Day events, the (Sacramento) Zoo, Davis Whole Earth Festival, SNFC (Sacramento Natural Foods Co-op), down-

town businesses and state buildings, school campuses, etc. During these last few years, I helped by hosting gatherings in my backyard for the SCI family and making donations."

Currently, Linda is gearing up for Solar Cooking International's convention in Sacramento during the week of July 13. "The guests are from different parts of Africa. I'm looking forward to hearing about their African projects. Knowing that solar cooking can make a big impact on communities where fuel

is scarce and water can be made safe for drinking by pasteurizing with the sun, is the biggest positive outcome for this simple low-technology of passive solar cooking," she said.

The convention culminates in a daylong festival in William Land Park on Saturday, July 19 from 10 a.m. to 3 p.m. There will be solar cooking demonstrations by local and international chefs, solar cooking classes, a solar chef picnic, and kids' activities. For more information, visit [solarcookers.org/events/festival](http://solarcookers.org/events/festival).

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**The Crossword**

by Margie E. Burke

**ACROSS**

- 1 Rustic retreat
- 5 Room at the top?
- 10 Bushy coif
- 14 Reed instrument
- 15 Facebook option
- 16 Wet blanket
- 17 Siamese sound
- 18 Cleaner scent
- 19 Wedding wear
- 20 Mike Brady was one
- 22 Archipelago part
- 23 Solitary
- 24 Skin problem
- 26 Trip up
- 29 Retailers' battle
- 33 Sticky stuff
- 34 Thwart
- 35 Wrigley product
- 36 Pragmatic believer
- 37 Lonely place?
- 38 Overly eager
- 41 Awesome, to the Beav
- 43 Waterfront
- 44 Somewhat
- 45 Put in the mail
- 46 Aries or Aquarius
- 47 After all?
- 49 Treehouse accessory
- 55 Mixed bag
- 56 Motionless
- 57 Party pooper
- 58 Lunch time, often
- 59 Battle of the
- 60 Pond growth

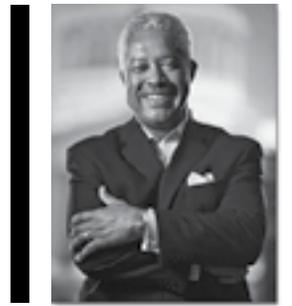
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- 61 Hackman, e.g.
- 62 Aromatic compound
- 63 Mushy food
- 10 Consultant
- 11 Like some fish
- 12 Train track
- 13 Gawk at
- 21 Yankee Doodle's ride
- 25 False front
- 26 Auspices
- 27 Bubbles at the beach
- 28 Empathy
- 29 File menu
- 30 Sign of age
- 31 Coral island
- 32 Email option
- 34 Lawyer's charges
- 36 Venomous venting
- 39 Polish remover
- 40 Whole bunch
- 41 Heroic narrative
- 42 Talkative one
- 44 Coffemaker supply
- 46 Twilled cloth
- 47 Former footballer Howie
- 48 Medicinal herb
- 50 Heavy burden
- 51 Trapper's ware
- 52 Kewpie, e.g.
- 53 For that reason
- 54 Gather from the fields

See Solution, page 24

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PHOTOS BY MONICA STARK



Faces and Places:  
**Fourth of July Parade  
drew large crowd**

Photos by Matías Bombal

Thousands of people enjoyed the Pocket 4th of July Parade. The Pocket News thanks the community for your participation, whether you volunteered, had a float, sat on the sidelines, manned a booth at Garcia Bend at the business fair. A great time was had. Congratulations to Sacramento Urgent Care, Sacramento Youth Band and Merryhill – float winners this year. Also, let it be known that the NextDoor Pocket float won the best in a nationwide NextDoor float contest. Here's to next year!

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September 20, 2014

2 to 7 p.m.

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Casual Attire

The event will be held at a private residence. For more information contact: Janis (Chapman) LaBella (916) 704-9464 or [janis.labella@att.net](mailto:janis.labella@att.net) Dennis Baer (916) 393-7839 or [dbaer1@pacbell.com](mailto:dbaer1@pacbell.com)

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429-9901

# CALENDAR

Send your event announcement for consideration to: [editor@valcomnews.com](mailto:editor@valcomnews.com) at least two weeks prior to publication.

## ONGOING

### "Stretch, Strengthen, and Thrive" at ACC:

This class is designed for the needs and abilities of active older adults, who are interested in gaining or maintaining mobility, 5-6 p.m. Mondays and Wednesdays. \$5 per class if pre-paid; drop-in fee is \$6. ACC Senior Services Center, 7375 Park City Dr., 393-9026 x330, [www.accsv.org](http://www.accsv.org).

### "Aqua Fit" at ACC:

From July 2-30 between 10 and 11 a.m., Aqua Fit uses water's natural resistance to increase strength and stamina. Wednesdays. \$30 for 5 classes. Pre-registration and pre-payment required. Held at ACC Greenhaven Terrace, 1180 Corporate Way, 393-9026 x330, [www.accsv.org](http://www.accsv.org).

### "The Art of Gardening" at ACC:

These classes are full of valuable information for having a successful garden. On July 10, the first class will discuss starting your garden and how to maintain it by keeping it weed and pest free. On July 25, the second class will cover harvesting your garden and preparing for the next sea-

son. Free of charge. Pre-registration required. Call 916-393-9026 x330, [www.accsv.org](http://www.accsv.org).

### Sacramento Zoo needs wheelchairs

The Sacramento Zoo is looking for a few "gently used" wheelchairs, 808-5888. Your wheelchair can be a tax deductible donation, and four zoo tickets will be offered as a thank you.

### Run with a Recruiter

Every Friday at 6 a.m., the public is invited to join the Sacramento Police Department. This provides a unique opportunity for potential police candidates and those in the hiring process to run together.

### Emotions Anonymous

Meets regularly Tuesdays, Thursdays, and Saturdays. Meeting information is available at [www.emotionsanonymous.org](http://www.emotionsanonymous.org). Free 12-step program/support group for those who desire to become well emotionally healthy. Acquire a new way of life, sharing experiences, and learning to live with unsolved emotional problems. Meets Tuesday 6:30 - 7:30 p.m. Parkside Community Church 5700 South Land Park Dr.; Tuesday 6:30 - 7:30 p.m., Sierra Arden Church of Christ, 890 Morse Ave (at Northrup), Room F-4. Thursday 7 - 8:30 p.m. at Church of the Good Shepherd, 1615 Morse Ave. (at Arden Way) left of choir room. An optional newcomer orientation occurs on Saturdays from 1 to 1:30 p.m. at Wellness Recovery Center, 9719 Lincoln Dr. Ste. 300. Also on Saturday from 1:30 to 2:30 p.m., there will be a topic for discussion at WRC, 9719 Lincoln Dr., Ste. 300.

### Mahogany Urban Poetry Series

**- Queen Sheba - poetry readings**  
Each Wednesday from 8-11 p.m. at Queen Sheba in Sacramento, local talent makes it way to the restaurant for weekly open-mic events. \$3-\$5. 1704 Broadway.

### Brain Gymnasium

Exercise your mind and have some fun at this on-going Brain Gymnasium class! Inviting all seniors to Eskaton Monroe Lodge, 3225 Freeport Boulevard, 9:20 a.m. Thursdays. \$6 per class. Call 441-1015 for more information.

### Gentle Qi Gong

Learn powerful relaxation techniques reduce stress, reduce physical pain and emotional suffering, lower blood pressure, increase immune response and improve balance. Inviting all seniors to Eskaton Monroe Lodge, 3225 Freeport Boulevard, 3 to 4 p.m., Wednesdays. \$7 per class. Call 441-1015 for more information.

### The Sacramento Capitolaire meeting

A men's Barbershop Harmony group, meets every Tuesday night at 7 p.m. at Pilgrim Hall (Sierra Arden United Church of Christ), 890 Morse Ave., Sacramento. Info: [www.capitolaire.org](http://www.capitolaire.org), call 888-0877-9806, or email [info@capitolaire.org](mailto:info@capitolaire.org)

### Soroptimist International of Sacramento South meetings

A service organization dedicated to insure the status of women and girls, the group meets at Aviator's Restaurant, 6151 Freeport Blvd. for lunch and to discuss the day's topic. Meets the second and fourth Tuesday of each month at 12:15 p.m.

## JULY

### Food truck festival at Garcia Bend Park

July 18: Enjoy food from various food truck vendors, 5 to 8 p.m. 7654 Pocket Road.

### ACC presents "Learn to Use Regional Transit Bus and Light Rail"

July 18: Paratransit's skilled staff of mobility trainers walk you through the skills needed when using public transit service, including planning your routes, fares, making transfers, the use of fare vending machines, boarding and de-boarding transit vehicles with and without a mobility device, vehicle features, and much more! 1:00-2:00 p.m. Free of Charge. Pre-registration required. Call 393-9026 x330, [www.accsv.org](http://www.accsv.org).

### Movie night at Curtis Park

July 19: Movie starts when it gets dark - at about 8 p.m. 3349 West Curtis Dr.

### Turtlerama at Belle Cooleedge Library

July 19: See turtles and tortoises big and small at this annual event held at Belle Cooleedge Library. 11 a.m. to 4 p.m., 421-1134.

### Cabrillo Park Neighborhood Concert

July 20: From 5 to 8 p.m. at Cabrillo Park, catch some good tunes. 1825 67th Ave., Sacramento, 95822.

### Sacramento Youth Symphony presents its Summer Chamber Music Workshop

July 19-20: The Sacramento Youth Symphony's Summer Chamber Music Workshop directed by Susan Lamb Cook will feature student and faculty performers in two evenings of concerts. Composer in Residence, Hermes Camacho (<http://www.hermescamacho.com/about>) has composed a new piece to celebrate the 25th Anniversary. Reception following concerts. Both Saturday and Sunday shows start at 7:30 p.m. The Saturday show will be held at CSUS Capistrano Hall - Music Recital Hall. 6000 J St., and the Sunday show will be held at St. Anthony Church, 660 Florin Road. Tickets are \$10 adult, \$5 seniors and students, youth age 10 and under free. Available 30 minutes before each concert, and on the web site at [www.sacramentoyouthsymphony.org](http://www.sacramentoyouthsymphony.org) For more information, call 731-5777 or email Vicki Schaevitz at [vicki@sacramentoyouthsymphony.org](mailto:vicki@sacramentoyouthsymphony.org) The mission of the Sacramento Youth Symphony is to educate and advance the musical skills of the youth of our communities in ways that engage, challenge and inspire them to reach their highest potential.

### Parkside Community Church presents Sacramento Women's Chorus

July 20: Area favorite Sacramento Women's Chorus will present a delightful, upbeat selection of music. This versatile chorus, now in its 26th year, is well known for its entertaining style, beautiful harmonies,

Calendar continued on page 26

### Solution to Crossword:

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**JUNE**

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29	30					

S M T W T F S

**JULY**

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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

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4

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**Young Actors Stage Presents**  
**THE MUSIC MAN JR**  
Part of The Broadway Jr. Collection • Music/Lyrics by Meredith Willson

**Performances:**  
Friday, August 8, 7pm;  
Saturday, August 9, 1pm, 4pm, 7pm; and  
Sunday, August 10, 1pm, 4pm

---

A timeless Broadway classic & winner of 5 Tony awards!!  
THE MUSIC MAN JR. adapts this masterful musical for young audiences. Favorite songs from this show include "Trouble," "Goodnight My Someone," "Seventy-Six Trombones," "Goodnight Ladies," "Wells Fargo Wagon," "Gary Indiana," and many more.

**Tickets: \$10 adults, \$7 children (12 and under)**  
Purchase tickets online: [www.YoungActorsStage.com](http://www.YoungActorsStage.com)  
Box office opens 1 hour prior to each performance.

**24th Street Theater- 2791 24th Street, Sacramento 95818**



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<b>General Admission</b>	\$12
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<b>Youth</b> (Ages 5-12)	\$8
<b>Child</b> (Ages 0-4)	Free!
<b>Parking</b>	\$10
<b>Coupon Book</b>	\$5
<b>Unlimited Ride Wristband</b>	
Monday - Friday	\$30
Saturday - Sunday	\$35

# 42nd Annual Courtland Pear Fair



**Sunday,  
July 27, 2014  
9:00 am–6:00 pm**

**Free Admission!  
Parking \$10**

**Please join us for a 'pear'fect day!**  
Pear strudel, pies, freezes, smoothies, cider, bread!

**PEARS! PEARS! PEARS!**

1/2 mile Childrens Run 7:30 am • 5 & 10 mile Fun Run 8 am

Parade • Arts & Crafts • Local Art

Classic Car Show • Stage Shows

Children's Area: Rock Wall, Mechanical Bull, Water  
Slide, Bounce House & More!

**LIVE MUSIC BY:**

Jay Rolerz • Rachel Steele & Road 88 • Hip Service  
The Old Town Boys • Mariachi Los Gallos



Photo courtesy of Patty Colmer

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# CALENDAR

and wide variety of music. SWC says, "We Love to Sing!" Parkside UCC is located at 5700 South Land Park Dr., at the corner of 35th Avenue and South Land Park Drive. Starts at 7 p.m.; tickets are available in advance by calling 421-0492 or at the door. General admission is \$12, seniors \$10, and refreshments are available for purchase. Visit <http://parksideucc.org/upcoming-events> for more information.

## 'Protect yourself from elder abuse' discussion to be held

**July 21:** Join the Pacific McGeorge School of Law, Victims of Crime Resource Center representatives for a workshop on how older adults can protect themselves from financial abuse, domestic violence and elder abuse, and crimes against people with disabilities. "Money Smartz for Older Adults" to be the theme on July 21 for a workshop to begin at 1 p.m. and held at the Ethel MacLeod Hart

Senior Center, 915 27th Street, Sacramento, California (27th and J streets). Space is limited. For more information or to register, stop by the Hart Senior Center front desk or contact (916) 808-5462. Cost: Free.

## Lunch and music by X-Factor finalist Jerry Lopes

**July 22:** Lunch and music by X-Factor finalist Jerry Lopes at 11:15 a.m. and 1:15 p.m. seatings at the Casa Garden Restaurant, 2760 Sutterville Road, Sacramento. Entree choices: Chicken Sonora served with Spring Salad Mix or Grilled Chicken with Nectarine Salad; dessert: Lemon Silk Torte -- \$22 per person, includes tax and gratuity. First-come, first-served group reservations by one person, one check. Reservations a must -- call 452-2809. Proceeds benefit the Sacramento Children's Home.

## Performance by Anthony Kearns at Christian Brothers High School

**July 24, 25:** Sacramentans will have two chances to hear one of the world's finest voices in an intimate setting, as Anthony Kearns will be twice at the brand new state-of-the-art George Cunningham Performing Arts Center at Christian Brothers High School on Thursday, July 24 and July 25. Both shows start at 6 p.m. The shows will also feature Sacramento's own McKeever School of Irish Dance.

## ACC presents how to deal with domestic violence and elder abuse

**July 24:** Every year, over one million Americans over the age of 65 have been victims of domestic violence. This workshop will cover what is domestic violence, how to spot it, and what to do if you are a victim. 10 to 11 a.m., free of charge. Pre-registration required. Call 393-9026x330, [www.accsv.org](http://www.accsv.org).

**August 4th thru 8th, 9am–noon**

**Greenhaven Lutheran Church**  
475 Florin Road, Sacramento, CA  
(at Gloria Drive)  
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# Cool New Name...Same Great Company

## GREENHAVEN/POCKET



Cul-de-Sac location in Grangers Dairy. 3 bed, 2 bth, 1 story 1/2 plex. Upd carpeting, int & ext paint. Upd tile flooring in baths. Living rm w/fireplace. Mstr ste w/sliding door to patio. Inside laundry rm. 2 car garage. More! **\$292,500**

**BILL BONNER 916-320-1888**

## POCKET AREA



Attractive 3 bed 2.5 bth 1/2 plex w/3 car garage on a great street! Kitchen w/granite tile counters & gas cook top. Living rm w/fireplace. Master ste w/balcony. Hall bath w/jetted tub. Inside laundry room. New roof 6/2014 **\$299,900**

**BILL BONNER 916-320-1888**

## PRESTIGIOUS GRANITE BAY

Stunning 5 bed, 5 bath home behind the gates of Granite Bay Hills. Entertainers kitchen, separate living and family rooms, bonus room with wetbar, downstairs bed & bath, 4 car garage, pool/spa & so much more! **\$1,099,000 - JOLEEN DUNNIGAN 916-717-3559**

## SOUTH LAND PARK HILLS

3 bed, 2.5 bath single story home. Stunning wood floors, dual pane windows, 2 remodeled baths, oversized garage and a sparkling pool all on a large lot. From curbside to inside, this home is a must see! **\$399,000 - DAWN O'CONNOR-ROWE 916-799-4835**

## CLASSIC OLD LAND PARK

Location, tradition & potential abound in this single story 4 bed, 2 bath, 2 car detached garage home of 1941sf. Blomberg dual pane windows, newer HVAC & water heater, copper plumbing and so much more! **\$539,950 - NICK LAPLACA 916-764-7500**

## CLASSIC OLD LAND PARK

3 bed, 2 bath home with a large open floorplan. Hardwood floors throughout, corian countertops, custom cabinetry and remodeled master suite. All this within a short walk to land park and the river! **\$595,000 - TERRY MULLIGAN 916-768-3796**

## GREENHAVEN/POCKET

4 bd, 2.5bth, 2053sf, single story home. Separate living & family rooms, huge lot, possible rv access. Some nice remodeling already completed. **\$359,900 - DAVID OHARA 916-600-9495**

## RIVERLAKE



Elegant 5 bed 3 bth + mstr retreat w/2 bed & full bath down, large upd kitchen w/breakfast area. Both formal living & dining rms, family room. Huge master ste w/large retreat. Upd tile roof, 3 car garage. Access to private lake. **\$675,000**

**BILL BONNER 916-320-1888**

## GATED RIVERLAKE



3 bed, 2 bth, single family home within the gates of Cobble Shores. Open floorplan w/lge fireplace & hearth of marble tile, skylights in baths, master w/sep shower & jetted tub, new metal roof, sunroom addition, swimming pool & much more! **\$479,900**

**NICK LAPLACA 916-764-7500**

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**GreenhavenPocketHomes.com**

**442 Bunkhouse Way**  
  
 Grangers Dairy / Didion Area\*

**442 Bunkhouse Wy – \$292,500**  
 Cul-de-sac location in Grangers Dairy, and within the Didion school boundaries.\* 3 bdrm 2 bath 1-story halfplex home. Updated carpeting, interior & exterior paint. Updated tile flooring in baths. Living room with fireplace. Master suite w/sliding door to the backyard. Inside laundry room. 2-car garage. More!

**244 Delta Oaks Way**  
  
 Pocket Area! Call for Details!

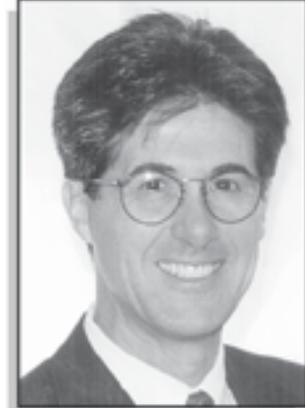
**7566 Myrtle Vista Ave**  
  
 Rio Park! Pending Sale!

**708 Lake Front Dr**  
  
 Riverlake!

**Large yard w/deck & brick patio!**  
  
 Now \$675,000!

Elegant, spacious custom 5 bdrm 3 bath + lrg master retreat, featuring 2 bd & full bath downstairs, large updated kitchen with breakfast area, formal living & dining rooms, family room, huge master suite with fireplace & retreat. Updated tile roof. 3-car garage. Many updates & upgrades. Access to private lake. Apx 4,065 sf\*

\* Per Seller, public records or other sources, but has not been verified by Agent or Broker; all interested persons to verify.



**35 Years Experience - References**  
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 11:00 am – 9:30 pm Daily

**5535 H Street, #10**  
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 11:00 am – 9:30 pm Daily

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 Limit 1 free 8 oz. yogurt per coupon.  
 One coupon per person per visit with coupon. Not valid with other offers. Exp. 06/30/14



### SPACIOUS DUTRA BEND

Comfortable 4 bedroom 3 bath Dutra Bend home with over 2600 square feet of living space. Kitchen family room combination looks out on easy care backyard with deck and spa. One remote downstairs bedroom and bath. Big master suite and master bathroom upstairs. 3-car garage. \$525,000

**PAULA SWAYNE 425-9715**



### FABULOUS SOUTH LAND PARK HILLS

Mid-century contemporary with fabulous updates. Fantastic floor plan with spacious rooms and a great layout makes it perfect for entertaining. 3 bedrooms 2½ baths, new kitchen opens to family room and a huge skylight fills it with light. Wood floors - beautiful lighting - great detailing! Tons of storage space. \$575,000

**SHEILA VAN NOY 505-5395**



### WATERFRONT SPECTACULAR

Waterfront! Spectacular single story 4 bedroom 2½ bath home that backs up to the Sacramento River! Brand new roof, refinished wood floors. Built-in pool and steps leading to levee to walk along the river. Upgrades include: Remodeled kitchen and baths, fireplace insert, shutters and sunroom. \$485,000

**MONA GERGEN 247-9555**



### SACRAMENTO RIVER ACCESS

Amazing remodeled home that backs up to the Sacramento River. Hard to find single story, 4 bedrooms, 3 baths, 3-car gar and lovely pool. Remodeled top to bottom ... kitchen, granite counters, gas cooktop, baths, stamped color cement patio, lanai for indoor/outdoor living & more! Lot extends to water. \$585,000

**MONA GERGEN 247-9555**



### WALK TO GARCIA BEND PARK

Play tennis, enjoy the playground, walk along the Sacramento River or launch your boat! Or walk to the Promenade Center to shop and dine! Single story 4 bedroom 2 bath home is freshly painted. Laminate and tile floors separate living and family room with brick fireplace. Large open kitchen with island! \$320,000

**CONNIE LANDSBERG 761-0411**



### CLASSIC POCKET HOME

Don't miss this three bedroom, three bath home located on a large lot in the Pocket area. Over 2280 sq ft with office that could possibly be converted to a fourth bedroom. Very spacious formal living/dining area combo. Kitchen looks over large family room with fireplace. Walk in Jacuzzi tub. \$379,500

**LIBBY NEIL 539-5881**



### WONDERFUL S. LAND PARK

Sharp 3 bedroom features new roof, floors, granite counters and master bath remodel. Nice location close-in, with easy access to both 99 and I-5. Screened-in Florida room for relaxing with those Delta breezes. Family room / kitchen / dining area, and generous sized living room with fireplace. \$365,000

**MIKE PUENTE 395-4727**



### NEWLY REMODELED

Gorgeous 3 bedroom 2½ bath home, with brand new roof, gorgeous kitchen with awesome granite counters, stunning baths, quality wood laminate floors. Close to downtown, bike trails, parks, Sacramento River, shopping, great schools. Fabulous Greenhaven/Pocket neighborhood. \$300,000

**MONA GERGEN 247-9555**



### CONVENIENT SLP

Wonderful location meets wonderful home! 3 bedrooms, 2 baths and 1500 square feet this home has it all. Original owner took great care of this home and it shows! You'll love the hardwood floors under carpet, fireplace, slate hallway, large kitchen, indoor laundry room. \$299,950

**KELLIE SWAYNE 206-1458**

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