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Pocket area resident shares his Japantown memories, more

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Take the polar plunge: Roasted marshmallows to accompany annual winter swim event ■ See page 23



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Seeking volunteer coordinator of the year and youth volunteer of the year nominations

the Year. Nominations for these awards are open to eligible individuals that have completed volunteer service or coordinated volunteer efforts in Sacramento over the past year. A panel of community leaders, independent of DOVIA board of directors and members, reviews each nomination and chooses a winner in each category. Nominees will be contacted by DOVIA shortly after the nomination due date of Feb. 21.

DOVIA will introduce and honor all nominees and award the winners on March 12 from

Directors of Volunteers in Agencies is proud to 5 to 6 p.m. at Shriner's Hospitals for Chilpresent two recognition awards: the Youth Voldren, located at 2425 Stockton Blvd. While unteer of the Year and Volunteer Coordinator of attendance is not required, all nominees and nominators are encouraged to join us on this

The award categories are as follows:

Youth Volunteer of the Year: This award goes to a youth volunteer under age 21 who has contributed a minimum 25 hours of service within the past year. The winner receives the \$500 Margaret Einspahr Memorial Scholarship.







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The Pocket Watch

Local soccer icon wrangles columnist into a guest-announcer gig



By JEFF DOMINGUEZ

My approach to writing the Pocket Watch is that I generally write for myself, as if no one else is going to read what I'm typing out. I think that makes me a little more fluid, a little more candid, a little more free to express myself. It also makes it a little more surprising when I meet someone, and they recognize me tell me how much they enjoy reading my work.

Since my Thanksgiving column about the things in our neighborhood for which I'm most thankful was published, several folks have made an effort to tell me that they agreed with me when I mentioned how Greenhaven Soccer Club Coaching Coordinator, Wayne Novoa, is a local treasure, and they're glad to see him get a little recognition for all that he does in the community. It al-

ways seems like a "small world" coincidence when strangers discover a mutual friend between themselves, but Wayne knows so many people that I could probably play the Kevin son to ask if I could fill in for Bacon game with anyone who lives in the Greenhaven/Pocket area and get to Wayne in to their game that weekend. I two or three steps every time.

When we first met, Wayne were, more or less, cut from the same cloth when it comes came fast friends, and we've been roping each other into assisting one another with the various activities within the community that we've independently undertaken ever from my writing and go on to since. I was explaining this to Judy Foote, a former local educator who happens to know Wayne through the local Rotary group, when she came to my house to pick up her order of tamales sold by the volleyball club that I run for area So I was fine with it. I'm not players from 10 to 14 years of age. Explaining my relationship with Wayne to Judy reminded me of my more recent adventures with him.

One of Wayne's passions is his work on behalf of our local semiprofessional soc-

cer franchise, the Sacramento Gold, a team once owned by his late brother, Richard. He called me one Monday morning toward the end of last seatheir announcer, who had a conflict and couldn't make it told him I would do it, but I had never been to one of their and I realized quickly that we games. I had absolutely no idea what the job entailed, if I was just introducing the sides to civic involvement. We be- and making an occasional announcements or announcing subs and fouls and corner kicks and, you know, exhorting the fans to give us a little home-field advantage... I had

absolutely no idea. Wavne said. "We'll have a script for you, and we'll put you in touch with the regular announcer, who's been doing the games for five years. He has it down to a science, and he'll make sure you're squared away."

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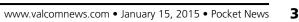












A HeavenLy accident:

No passersby or customers injured in Pocket area crash

Photos by LINDA POHL

At about 2 p.m. on Sunday, Jan. 4, a woman named drove straight into HeavenLy's Yogurt located at 7600 Greenhaven Dr. According to store owner David Ly, the accident damaged the store's door frames. Fortunately, no one was injured but because a delay with insurance companies, the store was closed for four days, affecting the staff during that time. The Pocket News' ad sales representative Linda Pohl was having coffee in the shopping center there and happened to snap this photograph.

"It's been a loss of income; our employees can't work. I've had a lot of paperwork to do," David said. "I'm glad nobody got hurt. Thank God no one got hurt or anything like that. You figure that's a place where people walk around. We're very fortunate."

















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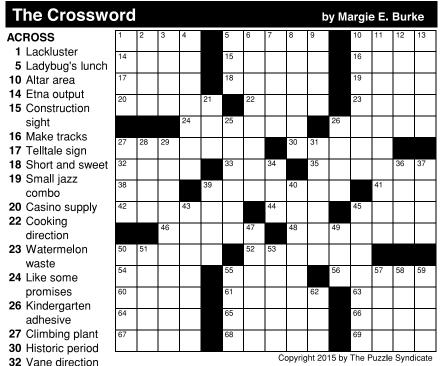
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See solution, page 20



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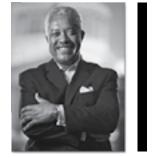
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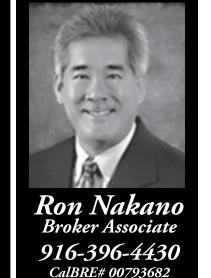
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Pocket area resident shares his Japantown memories, more

By LANCE ARMSTRONG

Editor's Note: This is part 10 in a series regarding historic Asian districts of Sacramento.

Eighty-nine-year-old Pocket area resident Tom Okubo was not born in Sacramento. But having moved to the capital city during his childhood, he certainly has more firsthand knowledge about the city's older history than the average local citizen.

For instance, he remembers seeing the Tower Bridge when it was a new bridge in

In being that Tom is of Japanese descent, it should come as no surprise that when he shares his early memories of Sacramento, he best recalls Japantown and its surrounding area.

Sacramento's Japantown was basically located within the area bounded by 3rd, 5th, L and O streets.

Family memories

Tom said that he began his life residing with his family a fairly long distance from Sac- other people. ramento's Japantown in San Joaquin County.

moved much closer to Sacramento's Japantown, as his family began residing in West Sacramento.

Tom also recalled briefly living in Newcastle in Placer County with his family when he was very young.

"My father (Yasukichi Okubo) and my grandfather were farming over in West Sacramento, and I also remember that for a short time, we were living in Newcastle," Tom said. "I remember being at a farm in Newcastle. My father and grandfather farmed there, too."

Although Tom did not remember the names of his grandparents, he mentioned that his mother's name was Tamai (Taoka) Okubo, and that he had two sisters, Hatsuno Okubo (1923-1990) and Miyoko Okubo.

The 1930 U.S. Census shows that the then-27-yearold Tamai, the then-4-yearold Takuzo (Tom) and the then-4-month-old Miyoki (Miyoko) were residing in a boarding house-type place at 511 M St. (now Capitol Mall) in Japantown with 25

Tom said that he has no recollections from his time By the time he was about residing at that address, and 4 years old, Tom had concludes that he probably

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Pocket area resident Tom Okubo grew up in Sacramento's Japantown area.

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Dave Mendoza

1930 census that Tamai ca). He stayed in Japan." immigrated to America in 1922, was able to speak English and was married and unemployed.

census, Tom said, "Well, bacame here (from the Japanese

lived there for a very short (in Sacramento) with me and It was also noted in the never did (return to Ameri-

In about 1932, Tamai took over the operation of a grocery store at 300 O St. The store had previous-After being asked about the ly been run for about sevabsence of his father and one en years by a Japanese man of his sister's names on that named Osanu Haramoto.

In recalling his mother's sically, my mother and father first businesses, Tom said, "Our family lived right across island of Shikoku) and my fa- the street from the (E.B.) ther went back to Japan with Crocker Art Gallery (today's my grandparents and my older Crocker Art Museum). My sister. My mother stayed here mother used to run kind of a

grocery store (at 300 O St.), my younger sister. My father and we lived there. It was called Third Street Grocery or something like that."

According to Sacramento city directories, the former O Street grocery store building was vacant in 1936 and 1937, the home of a carpenter named John A. McCorkle in 1938, and nonexistent by the following year.

After leaving the grocery store building, Tamai, Tom and Miyoko resided in a duplex across the street from Lincoln School at 4th and Q streets.

In about 1940. Tamai moved with Tom and Miyoko to the New Orleans Rooms hotel at 315 1/2 K St. on the outskirts of Japantown.

It was also at that time that Tamai replaced Manuel Martin as the hotel's manager. Martin then moved to 308 V St. and began working as a doorman at the Roxie Theatre at 914 9th St.

In describing his mother, who would later operate two other Japantown area hotels, Tom said, "Well, she was very aggressive. You know, she was single, Japan born and she was able to take care of us. She went into business and she also worked in canneries and stuff like that. Then she decided she would run the hotel

See Japantown, page 7

Japantown:

up on K Street, and we were there until we were evacuated (in 1942)."

Like many people who grew up in or near Japantown, Tom attended Lincoln elementary and junior high schools.

In addition to attending student at the Japanese language school at 305 O St.

Tom said that he eventually became a student at Sacramento High School.

"I used to take the streetcar to go to high school," Tom said. "I would (get on a streetcar) at 3rd and K (streets) or 4th and K town). There were theaters (streets). They had a street- and drugstores and grocar (stop) right there.

"I didn't graduate (from they kicked me out (because of Executive Order 9066). I was six credits short, so I had to finish up in (the interncamp. I could have gotten (a tion, including: diploma from Sacramento High after the fact), because they were giving them out, but I didn't want to (go through the process of receivgraduated (from Sacramento High) in June (1942), but Company, Inc. they kicked me out to go to Tule Lake."

Remembering Japantown 1

During much of his interview for this arti-

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memories of Japantown ther (Jiro)," Tom said. "I re- L & M CO. and its vicinity.

"(Japantown) was a very friendly type of place," Tom old). Eugene, you know, he tisement for the L & M Co., said. "You could go anywhere you wanted to go over there younger brother was young- zo Nishijima, reads: "General and there weren't any prob- er than me. I don't know lems at all. Everybody was friendly and you got to know a lot of people.

"I would say (Japantown Lincoln School, Tom was a was) 90 percent Japanese in up over there." certain areas. There were other nationalities there. I would say most would be Japanese. There were a lot of houses and apartments and stuff like that. There were a lot of Chi-

'There were all kinds of businesses (in Japan- all kinds of musical instrucery stores, restaurants. You know, the whole works. It aires, electric refrigerators Sacramento High), because had just about everything and heaters." we needed at that time. Our needs were limited anyway."

Tom recalled several Japantown businesses during his ment) camp, I graduated from interview with this publica-

The Yorozu

Among the more noteworthy Japantown busiing it). I was supposed to have nesses to reopen following the war was The Yorozu

Tom said that he knew the owners of the business, which was described in a 1935 advertisement as being located at 1300 4th St. and offering dry goods, notions and stationery.

"(The Yorozu) was run by cle, Tom spoke about his Eugene (Okada) and his fa-

member Eugene Okada. He had a brother (named Harwhen (Eugene) took over (the business), but he went down by Broadway (at 2615 Riverside Blvd.) and opened

Aoki Music Co.

The Aoki Music Co., which was located at 1223 4th St., was described in a 1939 advertisement, as offering "RCA Victrolas, radios, pianos and ments, also Singer sewing machines, Norge and Apex washing machines, Frigid-

which was owned by Guchi Aoki, Tom said, "Aoki, name. I remember a lady that location at 418 O St. was at that store all the time. You know, an Aoki (fami- Church was located at 4th ly member). I don't remem- and O (streets), and then ber what her name was, but it they had a grocery store was probably (Masa Aoki, the right next to it," Tom said. owner's) wife.

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A portion of a 1939 adverwas older than me, but his which was owned by Shu-Electric and Philco radio sets. electric appliances, General Electric refrigerators, bicycles and sporting goods, General Electric washing machines, Coleman gasoline stoves; 1215 4th Street."

> In commenting about that advertisement, Tom said, "Yeah, that was right on the corner of the alley. They had know, hardware store stuff. (L & M) was the hardware store that sold the bicycles. I remember the bicycles."

Japanese churches

Additionally, Tom re-In recalling that business, members the Japanese Methodist Church when it was located at 331 O St. oh yeah, we know who ran it. and the Buddhist Church

"The Japanese Methodist "And then, a little bit further

down, across the street, was a Buddhist Church.

"I was associated with the Methodist Church, Christian church. It was after the war that I went there. That's where my wife (Sue, who died at the age of 70 on Nov. 17, 1998) and I got married, so we got to know the minister real well."

Tom, who would eventually serve in the U.S. Army during World War II and enjoy almost 50 years of marriage, spent nearly four decades working for the a lot of stuff like that. You state. And during the majority of that time, he was an auditor for the Franchise Tax Board and chief auditor for the Department of Parks and Recreation.

> He also operated a small travel agency for about 30 years and for many years, through that business, he visited Japan twice per year.

Today, Tom is enjoying his retirement and has a son, a Aoki was the (family's) last of Sacramento's previous daughter, two grandchildren and one great-grandchild.



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Elks Lodge events

On Friday, Jan. 16, there nounced at 6:30 p.m. down and enjoy the fun! will be a fundraiser for stu- Dinner is \$12 (\$14 at the dent scholarships. There door.) Menu includes: al 'Fizz Brunch' will be held will be activities, no host pork ribs, chili beans, Sunday, Feb. 15. Fizzes cocktails at 6 p.m., followed by dinner and a raffle. The food will be prepared by Tom Rotharmel and fellow tasting. They can be pur- carving stations, a fresh Crab, pasta, green salad, antipasto, rolls and butter. the general fund. To enter tries, croissants, and muf-Tickets are \$35 each and cook off, contact Cheryl fins. There will be eggs and they are on sale in the lodge Rapp, 424-2029. Particion omelets to order as well as office. Come on down and enjoy the fun!

\$5 entry fee. Tasting is at corn chips and crackers 4 p.m. and dinner is at 6 will be provided. Particp.m. Winners will be an ipants receive one din-

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green salad and cornbread. start at 10:30 a.m.; brunch Tickets are limited to the is at 11:15 a.m. The menu first 100 and includes includes: Beef and ham Elks. Menu items include: chased in the office or the fruit platter and fruit boulounge. Proceeds benefit quet. There will be paspant information: Arrive country potato and hash between 3-3:45 p.m. to browns, sausage and ba-The fourth annual chili sign-in (hall entrance to con, French toast, waffles cook off is coming to the the Lounge) and set-up. with berry compote and whipped cream. Tickets are lodge's lounge on Sun- Please provide own vessel day, Jan. 25. There is a to serve. Bowls, spoons, on sale in the Lodge office for \$18 each.

A pasta and sausage feed will be held on Friday, Feb. 20. presented by Ron Domingos, Mike Cima and the WE FILE: Chapter 7, 12, 13 Fitness Center Crew. Din-Bankruptcy Cases ner tickets, also known as, "Mostaccioli Salsiccia Dinof Peter G. Macaluso ner," are \$15 each.

ner ticket per entry. Trophy goes for first, second and third place. So come

Past exalted rulers annu-

p.m., followed by dinner at Fitness Center. to follow. You may reserve py hour hours. From 4 a table for 10 by paying to 7 p.m., there are great The Elks Lodge No. 6 is located



Shown here, Elks Lodge No. 6 patrons enjoyed crab feed on Jan. 12, 2013.

No host cocktails are at 6 All proceeds benefit the wine for \$3.25, well

\$150 at time of purchase. deals, including house at 6446 Riverside Blvd.

drinks for \$3 and draft 7 p.m. There will be a huge Also, the lodge has an-beer for \$2, there will be raffle, music and dancing nounced new Friday hap- Hors d'oeuvres available.

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Sam Brannan band teacher keeps jazz tradition alive in the Pocket

Special to Valley Community Newspapers

Jeremy Hammond stands on a raised platform in the Sam Brannan Middle School cafeteria surrounded by the 65 eager members of his Advanced Band class. All eyes are on him as he lifts his conductor's baton and counts.

In seconds, the familiar strains of "Cruella De Vil" from "101 Dalmations" begin to fill the room. Hammond, wearing a "Musical Genius" hoodie, shouts out notes: "F! G! A! Bflat!" Students tap their toes. Flutes rise, cymbals crash and trombones slide.

"I don't think anyone could teach us any better," says eighth grader Asyria Wells, who plays alto sax. "He's great."

Since joining the Sacramento City Unified School District in 2005, Hammond, 34, has been keeping alive a strong tradition of music education at both Brannan and John F. Kennedy High School. Perhaps more importantly, he has dedicated himself to introducing Pocket neighborhood students to a uniquely American art form at risk of vanishing from the popular musical radar: Jazz.

Twice a week, the 16 members of

the Sam Brannan Jazz Band meet to rehearse, learn new songs and hone their musical chops. While other middle schools have music programs, Sam Brannan has the only middle school jazz band in the Sacramento City Uni-

fied School District. For students who listen to Taylor Swift or Nicki Minaj at home, learning about and playing jazz is almost like learning and speak-

ing a foreign language.
"Most students don't really know what jazz is," Hammond says, explaining his passion for teaching jazz. "It's a style of music that is so important to the American culture. Starting them in middle school is a great way to introduce them to something different. Even if they don't continue with music after middle school, they'll have the appreciation and experience."

But many of his students do move on with music - to Kennedy, where Hammond is in charge of the marching band, drumline and concert band. (At Brannan, he teaches Beginning Band and Advanced Band during the school day and jazz band and drumline after school.)

"It works really well," he says of the two-school arrangement. "Ninety percent of my Brannan kids go on to Kennedy so it's a self-feeding little dynasty."

Wells, 13, says she was familiar with jazz before coming to Brannan because her mother – a trumpet player -- is a fan. Although she says she prefers to listen to other, more popular music, she's come to respect jazz for its complexity and artistry.

When I listen to music, I listen to beats," she says. "Jazz has great beats. I love the flow of jazz."



Since joining the Sacramento City Unified School District in 2005, Jeremy Hammond, 34, has been keeping alive a strong tradition of music education at both Sam Brannan Middle School and John F. Kennedy High School. Perhaps more importantly, he has dedicated himself to introducing Pocket neighborhood students to a uniquely American art form at risk of vanishing from the popular musical radar: Jazz.

and clarinet, says being in jazz or dented. band is empowering. "It's cool to be part of this. It makes me feel good group."

Keeping Sam Brannan's jazz band quires a lot of fundraising, Hammond some instruments can get banged up to keep it that way."

Kobi Posey, who plays alto sax over time as they are repeated dropped

"Band is expensive," he says. "To replace a tuba is \$3,000. Some of the pride to be engaged with such a instruments are 40 years old. Instruments deteriorate over time." For a schedule of fundraising events, or to and other music programs running re- learn more about Sam Brannan, visit www.sambrannan.scusd.edu. "Sam says. Each student receives an instru- Brannan has always had a good music ment to check out and take home, and program," Hammond says. "My goal is



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Faces and Places:

Ugly Sweater Run in Sacramento

Photos by MONICA STARK

Thousands of runners and walkers donned their worst apparel in a holiday celebration like no other, flooding the streets on Saturday, Dec. 13. The merriest 5-kilometer event held in William Land Park was a fundraising event for Save the Children, a children advocacy organization that helps children in 120 countries.







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Community donates 96 baby baskets for new moms through Sacramento Life Center Drive

Community members donated \$4,800 in December to provide 96 local pregnant women with baby baskets, thanks to the Sacramento Life Center's Baby Basket Drive. The baskets are filled with needed items including formula, diapers, newborn clothes, pacifiers and more, and are given to every Sacramento Life Center patient after her baby is born. Donors also gave new items to add to the 1,000 baskets the Sacramento Life Center will give in 2015. Monetary donations and new items for baby baskets are accepted year-round. For more information, visit www.saclife.org.

"Our patients may come in for a pregnancy test, but they leave with a strong support system and resources," said Marie Leatherby, executive director. "We want to encourage women and teen girls and their partners that they are capable of caring for a child, and we understand the hurdles that they often face - sometimes as simple as wondering if they will be able to afford dia-

pers. These baby baskets give new moms a boost of confidence and needed supplies."

Christine Sy of Sacramento will receive a baby basket when she gives birth to her son in April. She was already excited about the services she had received at the Sacramento Life Center, but she teared up when she learned she would be receiving a baby basket.

"I've always dreamed of being a mom," Sy said. "I just thought it wasn't the right time. I'm in such a positive place in my life now. I feel like the Sacramento Life Center got me in that place. It's because of them that I'm so happy and ready to be a mom."
The Sacramento Life Center's mission is

Extractions

Dentures

Sedation

to offer compassion, support, resources and free medical care to women and couples facing an unplanned or unsupported pregnancy. The center's licensed Sac Valley Pregnancy Clinic includes a primary clinic and two mobile clinics, all providing free services including pregnancy tests, STD tests, ultrasounds,

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Pocket Watch:

shy. It sounded fun, and thought I'd be fine. Anyway, there is no saying "No" to Wayne when he's sold on an idea.

But, Thursday, Wayne calls and says, "Jeff, man, this is awkward. I just found out that our head coach, of all people, hired some DJ he knows who works at a radio station in Modesto, to announce the game we talked about. I don't know how it happened. I promise we'll have you do some games for Jose next year." I was absolutely fine with it. I tell him that's great, and, actually the pressure was off, and I could enjoy the game. I tell him I'm still coming, and I'll help him with whatever he needs.

So I arrive at the game, and there's Wayne, running around like a chicken without a head. His formal role with the club is Community Relations Director, but, on gameday, he becomes Chief Cook and Bottle Washer. There was this huge swim meet at the high school where they play, and, with all the tents pitched outside, the parking lot looked like the Pasadena Flea Market. Wayne was having a hard time clearing people out and even just getting into the stadium to set up. We got there after 7 p.m. for a 7:30 p.m. game, and they weren't even taking tickets yet. So I spring into action and jump right in... I'm setting up tables and carrying stuff, water bottles... people are helping me who just showed up to watch the game.

couple dozen Sac United kids, all in their uniforms, on the field with one ball, going crazy. Some of them are little, little, like, 5 years old, and they're all wrestling and going nuts. I tell Wayne, "Sure, I'll go set them up now." He says, "Really? You know what to do...???" I'm like, "Absolutely. Don't worry." So he stops me before I walk over there, and he's giving me the most detailed instructions for the kids, what line to stand on, how they should hand the ball to the players rather than throw it to them, where to put the extra balls by the goal... Time is ticking, and Wayne was showing no sign of finishing his instructions anytime soon, so, finally, I just walk away, right in the middle of one of his sentences.

I go up to the kids, and they're still crazy, like, drunk from the freedom of running around in a big stadium with no supervision and just going wild. So I begin calming them down, and I'm trying to figure out, in my head, how far apart they should be spaced, based on the number of kids we have. I line them up in order of height, and there's 23 of them, so I put them 15 yards apart, one in the back corner of the end zone, one on the five, the 20, the 35, the 50, then down... the 35... the 20... etc. When I finish one side, I count how many it Marie Padilla! She's 7 years old!"

took, so I can figure out how many I have for the end zones if I duplicate the pattern on the side. It sounds like a simple job, but it took a lot of figuring, and I didn't think math would be involved in this evening.
I'm alternating the kids by size, a big

one, a tiny one, a big one, a tiny one, so the big ones can help the little ones. By now, the scoreboard is set up, and I look up and see the game clock is ticking down. Six minutes to the start of the game, and I'm not even halfway through!

A gentleman with a walkie-talkie approaches me and says, "Hey Jeff, I'm Ruben Mora." "Hi," I say, briefly turning my attention from the kids. We shake hands, and he says, "Uhh, Wayne asked me to come over and get you, because the announcer we hired didn't show up, so they need you up in the booth to announce. The players are lining up in five minutes." "Okay," I say, "Wait. What...???"

TO BE CONTINUED (?)

Not wanting to appear nonplussed, I tell him, "Sure. Uh... let me finish with these kids, and I'll be right there." His eyes narrow, and he says, "We really need you up there now." I say, "I'll hurry and be there in one minute." So now, all the niceties are off

with the kids. "You? There!... YOU, THERE." We're all practically jogging around the track now, still in by-height formation. A big one, a little one. One from the front, then one from the back. I finish up, and they're asking questions, "Yes! No! Just use Wayne comes up to me and says, "Can you set up the ballboys and ball girls?" And I look over, and there's a ter and team captain from the Dragons Volleyball Club team I coach. She's smart and responsible. "Kathryn is in charge!" I say, as I break into to die down. Bruce can barely read his a jog away from them. As I pass the own writing. "Todd Bailey" and "Juskids, like Burma-Shave signs around the field, they're looking at me not fully sure of their specific duties. I swear one says, "What a jerk" as I trot by.

On my way up to the booth, I literally have to cut through the line of players marching out onto the field to be introduced—by me. When I reach the bottom of the bleachers, I almost and fouls. There's a couple of yellow knock over both Julia Marie Padilla, 7, AND her mom, who are patiently waiting at midfield to sing the national anthem. I dash up the stairs, and people are recognizing me, "Hey Jeff!" "Hey!" I say back, "How's it going?"

and "Long time no see!"

I get into the booth. "Alright, where's my binder? Where's my script? Where are the rosters? Guys I've never seen before in my life are pointing me through two doors, and into a chair. They're like an Indy 500 pit crew. I sit down, and in front of me is a long, narrow, stainless steel counter, one of those desk microphones with the rectangular talk button built into its base... and nothing else.

A guy says, "Hi, I'm Rico, You gotta announce the national anthem! Julia

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The crowd politely applauds. As Julia is belting out the Star-Spangled Banner with impressive vibrato, I'm asking Rico, "Where's my script???!!!" Rico appears to have been plucked from the crowd like I was, and he shrugs his shoulders and yells back at me, "I don't know!" He pulls out a walkie talkie, and shouts into it, "Where's the announcer's script?!" I hear Wayne reply, "There IS no script. We emailed it to the other announcer! I'll be up there in a couple of minutes!"
"O'ER THE la-aaand of the

FREEEEEE...!"

A guy who looks a bit like Barney Fife in street clothes is sitting there with what appears to be the scoreboard controls and scorekeeping papers. He introduces himself as "Bruce". Then, in what seems like the slowest speech cadence I've ever experienced in another human being before in my life, he says, "Say,... I... have... the... lineups... on... this... here... scoresheet. I... suppose... you... could... use... it... to... introduce... the...

"Give me that thing, man!" I break in. "OF THE... brave!!!"

I thank Julia Marie and her mom and begin to introduce the lineups. The names are scratched out as though Bruce were writing a prescription. In between names, I'm asking for clarification, so there is a pregnant pause between players, as though I'm waiting for the nonexistent applause tin Middlemiss" are no problem. But I'm totally winging it through "Manolo Pina" and "Gabino Carranza, Jr." I glance up, and I can see the players looking into the booth at me, like, "This guy is a frickin' idiot."

Anyway, I get through that, and I'm just calling out corner kicks, throw-ins. cards to spice things up (one of which was for a dive, which I LOVE!). And I had fun with the goals. "EU-REKA!" I say, "Jason Jones strikes GOLD...!!!" That is my "Put-it-in-the-book-andsend-him-to-da-line!" signature tagline that Ruben and I developed at the dinner table earlier this week, you know, before I was told that there was no way that I was actually going to announce

When Wayne finally comes up to the booth about 10 or 15 minutes into the first half, he says, "Hey! You're doing a great job, but I need some shoutouts to our sponsors!"

"Wayne!" I tell him, "I have no idea who our sponsors ARE!" He laughs like everything is great and reaches into his back pocket and hands me a folded up



But then he notices that some of those sponsors aren't sponsors anymore, and he sits down to handwrite a list. "KOM-BAT INK... UM, FOR ALL YOUR SILKSCREENING NEEDS!" I remark to the mic, sounding, I'm sure, not nearly as smooth as I think I do.

My son, Ruben, walks in midway through the first half, which also makes things a lot better. He was working a shift in the newsroom at Channel 40 that night, and I didn't plan on seeing him at the game at all, but he drove over during his dinner break. So he's kind of feeding me lines and making fun of me as I deliver them.

The game turns out to be a blast. We win, 2-0, to finish atop the league and advance to the playoffs! It was really a fun and exciting game, very chippy! They knocked probably our most dominant player out of the game in the first half with a tackle from behind on a "clear path" breakaway. But we were just better on every possession. The other team had one player who looked like an MLS player compared to everyone else on his team. Every time he got the ball, it seemed like he would just cut through everyone and take it into the box and shoot. It literally took three guys to stop him every time.

But, clearly, the most interesting storyline of the night was all about me.

Afterward, Wayne walks up and says, "Great job!" as though there hadn't been an earth-shattering crisis involving my sole function at the game. "Thanks. You too," I reply. It reminded me of the Looney Tunes cartoon with the sheepdog and the coyote, who, after killing each other all day, greet one another with a deadpan "Goodnight, Sam" and a "Goodnight, Ralph" at the end of their shift, punching out at the time clock as though all the craziness that had just occurred was just another day at the office.

And that, in a nutshell, is what it's like to be a friend of Wayne Novoa.

Jeff Dominguez tries to write an installment of The Pocket Watch as often as he can. He can be reached at jeff.dominguez@yahoo.com.













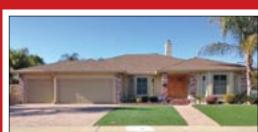
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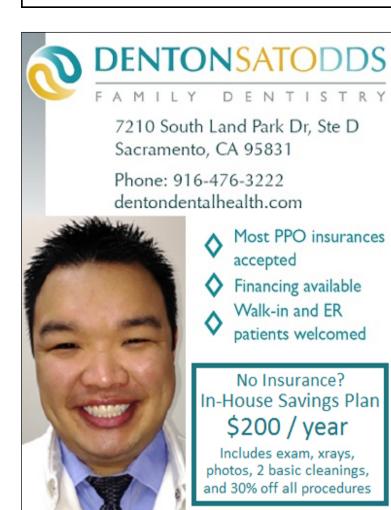
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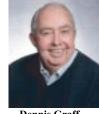
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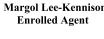


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Soroptimist of Sacramento announces winners of annual awards

Award and the Ruby Award. Bridget Mc-Ginnis and Elisa Monroe, students at El cipients of the Violet Richardson Award. Erica Arashiro was selected to receive the ment in mind. Live Your Dream Award. Michele Steeb, Executive Director of St. Johns Program for Real Change is the winner of the 2015 Ruby Award. Numerous deserving applicant's participated in the annual programs, all deserving of being selected which made the judging a difficult task.

the club's annual award luncheon on Friday, Jan. 16 at Casa Garden Restaurant.

The public is invited to attend and learn more about the contributions McGinnis and Monroe have made in their community and the obstacles Ms. Arashiro has overcome to begin rebuilding her life and that of her two young children.

The Violet Richardson Award recognizes young women (ages 14-17) who make a difference in the community and world a better place through volunteer efforts such as fighting drugs, crime and violence; cleaning up the environment; and working to end discrimination and pov-

The Live Your Dream Award was created to assist women with expenses incurred while pursuing education and/or training to improve their lives and that of mary source of income.

ed in environmental issues, Ms. McGinnis is president of her school's recycling

Soroptimist of Sacramento is pleased to club and developed a program for teachannounce the winners of their annual Vi- ing kindergarten teachers ways to work olet Richardson Award, Live Your Dream with their students about the environment. Her career goals include becoming a civil engineer focusing on making Camino High School were selected as re- cities more livable and developing transportation systems that keep the environ-

Elisa Monroe is also a student at El Camino High School with a GPA of 4.0. She is involved in the El Camino Boosters, has volunteered at WEAVE, a local domestic violence agency, the Wind Youth Homeless Shelter, is president of her church class, coordinated blood drives All four recipients will be honored at and helped create the Keaton Raphael Memorial Childhood Cancer Organization. She hopes to attend BYU-Hawaii to play soccer. She is one of three students being considered to fill two available positions of goalie.

The Live Your Dream Award winner, Erica Arashiro is a single mom of two is studying to become a paralegal with a goal of obtaining a degree in Criminal Justice. Ms. Arashiro became interested in law during a personal experience in the court system. Erica currently maintains a

Soroptimist of Sacramento is pleased to announce the winner of its 2015 Ruby Award, Michele Steeb, Executive Director of St. Johns Program for Real Change. The Ruby Award honors a woman in the community who has worked to improve conditions for womtheir family. Applicants must be the pri- en and girls. Although not a Soroptimist, her work helps promote issues that Bridget McGinnis is a senior lead- are important to Soroptimists and offers er with the Girl Scouts. She attends an inspirational story about how to make El Camino High School and has a 4.0 a difference in the lives of women. The GPA with honors classes. Very interest- Soroptimist Ruby Award is named after

See Awards, page 16

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Matias Bombal's Hollywood

The Imitation Game

The MPAA has rated this PG 13

The Weinstein Company brings us a story, based on a book by Andrew Hodges called "Alan Turing: The Enigma." Mr. Turing was responsible for cracking a complex code with a machine called the Bombe, designed in top secret in England during World War II, to assist in decoding the daily changing coded messages sent out by the Nazis on their famous coding machine, called Enigma.

Benedict Cumberbatch plays Turning, assisted by Keira Knightley as the woman that understood and loved him.

The movie takes place in three distinct time periods: Alan Turing's school days, the war period of cracking the code machine, and the early 1950s. I was impressed with the richness of detail in this movie and excellent performances overall. One performance that stands out was offered by a non-adult actor who's sensitivity and effective, beautiful presence was so engaging and soulful, I think he takes the picture. Alex Lawther, 19, plays Alan

Turing as a young man in school. In these formative years Turnig's later behavior is given some light and insight and made so believable and touching by this brilliant young performer, that you'll long remember a scene where he's called into see the head master to get some unfortunate news. Overall, this is a fine and fascinating movie about a brilliant man who was responsible for the saving of countless lives in the second world war, and yet his own life was one of quiet desperation and sacrifice, made more complex by his lack of polite social skills. This is a movie not to miss!

Selma (2014)

The MPPA has rated this PG 13

Dr. Martin Luther King comes to life in Paramount's "Selma", an intimate look at the Doctor's heroic work for human equality specifically centered around the 1965 march from Selma to Montgomery, Alabama. David Oyelowo plays Dr. King, and the cast includes a detestable George Wal-

and in a good but historically inaccurate performance, Tom Wilkinson as President Johnson. Coretta King is played by Carmen Ejogo.
As always happens with a histori-

cal biography, artistic choices must be made to make an entertaining movie which may not present history as you may have learned it from multiple perspectives.

For example, the movie about Chopin's life "A Song To Remember" with Cornel Wilde and Merle Oberon from 1945 was a great musical movie. The resemblance to the actual historical life of Chopin was nowhere to be found. In "Selma," there are poor costumes

incorrect for the period, and the historical inaccuracy of what has been presented in the story have been much discussed in media of recent. Leaving cial injustice in the U.S.A. remains a that aside, on the premise you just want to see a story told dramatically as entertainment, there are some intimate moments which are very well done. You'll enjoy many fine performances. Of course, your heart goes lace played menacingly by Tim Roth, on us all as the complex matter of ra- us on Twitter: @MABHollywood

current and not historic issue.

Until next time, this is your pal, Matías Bombal, bidding you a fond farewell. -For more in-depth, complete reviews of these same movies and many more in theout to the fellow human beings you atres now, with scenes shown from the movsee beaten before you by the depiction ie reviewed, you may see and hear "Matías bigoted policemen, bringing home the Bombal's Hollywood" at: www.mabhollyhorror that continues to weigh heavily wood.com. Find us on Facebook or follow







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Awards:

Continued from page 14

the first federation President Ruby Lee Policy Board to End Homelessness and she Minar. Michele Steeb embodies the spirit of this award.

Michele Steeb has transformed the former St. John's shelter into a continuum of She also launched St. John's Supportive roptimistsacramento.com.

Housing Program, which provides safe, stable housing for families working toward selfsufficiency. Ms. Steeb has also served on the is a member of its steering committee.

Ms. Steeb will be honored, along with recipients of the Violet Richardson and Live Your Dream awards, at the club's Award care that addresses the root causes of home- Luncheon to be held on Friday, Jan. 16, lessness through education, supportive ser- 11:30 a.m. at the Casa Garden Restauvices and employment training. Under Ms. rant, 2760 Sutterville Road. Reservations Steeb's direction, St. John's launched two are required and can be made through the successful Employment Training Programs, Club's website: www.soroptimistsacramen-Plates Café and Catering/Plates2Go Cafe to.com. Once on the website, the event caland First Steps Child Development Center, endar should be selected, then the date of which provide the on-the-job training for Jan. 16. Payment may be made online or at women in the St. John's program with the goal the door. Information about Soroptimist of helping them to become self-sufficient. of Sacramento may be found at www.so-

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Volunteers:

Continued from page 2

Volunteer Coordinator of the Year: (Paid/Unpaid Position) Coordinator or Director for charitable, private nonprofit or public organization demonstrating effective volunteer management. The winner receives a \$100 honorarium gift to their organization in addition to a one year free DOVIA individual membership.

Eligibility All nominee volunteer organizations must provide service for the community at large. Groups providing members-only services are not eligible. Service organizations must endorse nominations. Volunteer service may have been performed on work release time, without pay or for student course credit. Out of pocket expense reimbursement is permissible. Volunteer service must have been performed in Sacramento, Yolo, Placer or El Dorado counties. Current DOVIA board members are not eligible for Volunteer Coordinator of the Year award. Nominated service work must have been performed between January 2014 and January 2015.

REQUIRED: Please submit 1 picture of your nominee by the deadline of Feb. 21 by email to: volunteer@

OPTIONAL: (Strongly encouraged): Please submit a 30 second video explaining why your nominee deserves to be honored OR of your nominee in action to volunteer@uwccr.org. If texting the video is easier, please email volunteer@uwccr.org to get phone number to send video to. Pictures and videos will be used during the awards ceremony on March 12, 2015 from 5 to 6 p.m. at Shriner's Hospitals for Children located at 2425 Stockton Blvd.

The nomination form can be found at: https://www. surveymonkey.com/s/BMT5WBH

DOVIA provides a forum for exchange of information on issues facing professional volunteer managers. Through collaborative efforts DOVIA promotes services and emphasizing professional growth and development of the volunteer administration profession. DOVIA Sacramento hosts monthly luncheons featuring relevant topics in the field and also semi-annual training seminars.

For more information visit:www.doviasacramento. org. Find us on Facebook: www.facebook.com/doviasacramento and LinkedIn: www.linkedin.com/company/ dovia-sacramento

For more information about the awards program contact Cole Forstedt, Director, Volunteerism and Community Engagement, United Way at 856-3983 or cole.forstedt@uwccr.org

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Sacramento moms team up and start snow clothes rental business

As soon as snow hit the Sierras, two elementary to help with the childcare we headed to Soda Springs school moms, Paige Schulte and friend Kasie Wil- falling in the mountains, we Joey my little one cried son, teamed up and start- decided to pull the trigger when I put on my ski goged a new business - a full and make the investment. gles and to him was unrecservice snow clothes rental We purchased clothes from ognizable and he thought called Snow Bunny Rentals. every store in town and In one week of going live, gently used clothes in pris- lie was 3 and over the moon Paige said, "it has been a tine condition, because, let's excited about walking, quick ramp up but the mar- be honest, they were only touching, eating and lying ket is already so excited, we worn once last season. Our in the snow. The kids were sent our 18-month Snow friends came in full support in heaven for hours on the Bunny outfit up to Tahoe of helping by donating their tubes down the little bunny recently, and boy did that new clothes that they ei- hills, I had to remind them little baby look adorable! She was warm and spent wore, since the purchased for their inner tubes and the day in the snow."

Instead of driving around all of Sacramento looking for of before they got a chance carousel ride stopped begloves, bibs, boots and hats, Snow Bunny provides it all.

to wear them.

that day!"

ated our adorable Snow

Bunny Bundles (gloves, jack-

pulled a couple 'college' style

just in time for the weekend!

phone call asking (desperate-

school by pulling them out

(just a wee bit early) to head

up for an afternoon of snow

play! They couldn't believe

it and never saw it coming!

ly) for an 18-month Snow

Snow Bunny puts all the sizes under one roof. For now, they carry children's clothing starting at et, pants/bib and boots) and 18 months to 14 years old and boots starting with all-nighters' to get a clean so- der snowball fight. After all toddler size 5 to "big kid" size 6. Snow Bunny Bundles include all the clothing items needed to keep your child warm. But, if you already have some items in your closet, you can purchase à la carte Bunny Bundle so they could to fill the gaps you might head to the snow at 11 a.m. have in your closet.

Kasie and Paige each have three children, spanning from age 2 to 15, and, as kids and the snow, Kasie soon as winter hits, they beg said: "Hands down, the best for a trip to the snow. Every snow memory my kids and I year, up until now, the par- have, is the time that my husents worked to either pur- band and I surprised them at chase the next size up, scour stores for the best sales or borrow the next sizes needed for a few visits to the

snow each year. Discussing with this pub- We found a great snow play lication how quickly the area not even an hour up I-business started, Paige said 80, it was so easy! Best of she sent Kasie an email on all, because it was a weekday, Monday, Dec. 29 right af- we had the place all to ourter Christmas and floated selves. We forget how close the idea. She immediate- we are to the snow, we left ly received a "YES!" They Sacramento around 12:30 both thought for a moment p.m., played for a few hours if they had time for this in the snow, and made it venture, but thinking years back home in time for dinahead, Paige said, "We'were ner. My kids all say it was going to have to do it for the best day of their lives." ourselves and we might as well help all of our friends Paige said her neighbor said and ourselves out for years one day: "Let's do it, lets go to come. I couldn't go an- to the snow' on a Wednesother year without taking day, without our husbands. my kiddos to the snow; the Just the thought of it made memories are priceless. As me tired, so I rounded up moms of three, we know all the gear, borrowed from how to hustle.

Asked the same question, every one on the planet to

over the break and snow Snow Park. I remember, he was for sure lost! Natather wore one time or never that the conveyor belt was at the end of last season on not for them! Natalie cried sale and their kids grew out every time the inner-tube cause it was 'so fun, mama' "On Day 3, Thursday night, and she didn't understand we did inventory counts, cre- that it had to come to an end and get in line again! They tackled snow mountains with their friends and had the serious 5-and-unphisticated website up and the hassle of tracking down running all by Friday, Day 4, the gear, it stands out as one of the best days ever: By Saturday morning, we snow eating, inner tubing, got our first (slightly frantic) lodge playing, sleepy car ride home goodness. It did story to share about their have three kids, thought of ing family memories."



help that they were bundled outfitting them all has been For more information about up properly, even if it didn't too much, until now! Kasie Snow Bunny Rentals, call Paige all match! Now the real is so right, it is so close to Schulte and Kasie Wilson at truth is that I haven't been Sacramento, a short ride up 530-902-3767 or visit www. Asked if they have a fun back since then, now that I the hill makes for some last- snowbunnyrentals.com.

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CALENDAR

ation to: editor@valcomnews.com at least two weeks prior to publication.

"Stretch, Strengthen, and Thrive" at ACC:

This class is designed for the needs and abilities of active older adults, who are interested in gaining or maintaining mobility, 5-6 p.m. Mondays and Wednesdays. \$5 per class if pre-paid; dropin fee is \$6. ACC Senior Services Center, 7375 Park City Dr., 393-9026 x330, www.accsv.org.

Easy Tai Chi at ACC

Learn 24-form Yang Style Tai Chi at a slower pace. Experience the gentle flow and treat your whole body to a gentle and relaxing workout \$16 per month or \$5 Drop-in class. For schedule call 393-9026, ext 330, www.accsv.org. ACC is located at 7375 Park City Dr.

Senior Fitness at St. Anthony's Senior Fitness meets Monday, Wednes

day and Friday at 9:45 a.m. at St. Anthony's Memorial Hall at 660 Florin Road, Cost is \$2 per class. Do not have to belong to the church. Class incorporates dyna bands small hand weights, balls, and rubber bands plus cardio. Chair and standing exercises for flexibility, strength and balance accompanied by music of "the good ol' days." Participants do not have to get down on the floor! Paula has a Masters in Exercise Physiology and has been in the fitness business over 25 years. Equipment supplied if needed.

older adult fitness class

Oasis, a fitness class for older adults, is held Monday, Wednesday, and Friday from 9:30 to 10:30 a.m. at the Wesleyan Church, 6449 iverside Blvd., in the Pocket/Greenhaven area. The charge for each class is \$2. Paricipants do not have to be affiliated with the church. The class has about 40 regular nembers, but the area used to exercise is large and can accommodate more.

Senior Yoga at ACC

bility, muscle strength and flexibility. A yoga mat is required. \$25 per month or \$6 dropin class. For schedule call 393-9026, ext.

Taiko for fun at ACC

Learn the history and basics of Taiko which refer to the various Japanese drums. Wear comfortable clothing, \$16 per month or \$5 drop-in class. For schedule call 393-9026, ext 330, www.accsv.org. ACC is located at 7375 Park City Dr.

Wanted: Grand Jurors

Sacramento County Superior Courts are currently recruiting individuals to serve on the 2015-16 Grand Jury (GJ) for a one year erm, starting on July 1, 2015. To qualify, you must be at least 18 years of age, a cit izen of the United States, and a resident of Sacramento County for at least one full year. Grand jurors must be able to commu icate in English, both verbally and in writing. Your name will be entered into a pool

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Solution to Crossword:

of screened and qualified applicants from which 19 residents' names will be picked, at random, in the late spring.

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nvestigating citizen complaints against county and city public agencies and officials Touring the prisons (six total) within the county, (and investigating them, if neces-

·Participating in indictments of criminal matters when requested by the District Attorney, and

·Producing a report to the county's citizens each June that summarizes the grand jury investigations, and includes recommenda tions to any problems found. This independent entity is one of the last bastions of citizen involvement in local government. Be part of a team that shines a spotlight on good and bad government processes and actions. Your Grand Jury involvement will result in better, more effective government, a more involved community, and a more educated populace. For further information and an application go to: http://www.sacgrandjury.org/

Stretch, strengthen and thrive

This class is designed for the needs and abilities of active older adults interested in gaining or maintaining mobility. These exercises will help participants maintain their cardiovascular health, muscular endurance, and vitality, enhancing their range of motion and increase energy with a mix of full body stretches, body weight exercises, strength training and active stretching. 8:30 to 9:30 a.m., Wednesdays and Fridays at ACC Senior Services Center, 7375 Park City Dr. Pre-registration is preferred but drop-ins are welcome. For detail, call 393-9026, ext 330, www.accsv.org

ACC presents Senior Yoga

Enjoy movements designed to maintain oint mobility, muscle strength, and flexibility. This class is gentle, easy to follow and uses the floor and chair, 10:30-11:30am Wednesdays at ACC Greenhaven Terrace 1180 Corporate Way. Pre-registration is preferred but drop-ins are welcome. For detail, call (916) 393-9026, ext 330, www.acc-

Tai Chi/CQ Gong

Learn the simplified 24-forms of Tai Chi, plus Qi gong exercises, a healing art comovement, meditation, and visualization. Ideal for students new to Tai Chi. 9:00-10:00am, Thursdays at ACC Green haven Terrace, 1180 Corporate Way. Preregistration is preferred but drop-ins are

welcome. For detail, call (916) 393-9026, ext 330, www.accsv.org

Free Young Adult Bereavement Counseling:

The UC Davis Hospice Program and UC Davis Children's Hospital Bereavement Program will offer an eight-week Young Adult Bereavement Art Group for individu als 17 to 24 who are coping with the recent loss of a loved one. The sessions will be held on eight consecutive Monday evenings from Sept. 29 through Nov. 17. Each session will be held from 6 p.m. to 7:30 p.m. at the UC Davis Home Care Services Building, 3630 Business Dr., Suite F.

Stretch, Strengthen, and Thrive!

This class is designed for the needs and abilities of active older adults, who are interested in gaining or maintaining mobility. The class consists of a mix of full body stretches, body weight exercises, strength training, and active stretching, 5:00-6:00 p.m. Mon days and Wednesdays. \$5 per class if prepaid. Pre-registration and pre-payment is preferred, but drop-ins are welcome at a rate of \$6 per class. Held at ACC Senior Services Center, 7375 Park City Dr., Sacramento. 393-9026 x330, www.accsv.org.

Sacramento Zoo needs wheelchairs

The Sacramento Zoo is looking for a few "gently used" wheelchairs, 808-5888. Your wheelchair can be a tax deductible donation, and four zoo tickets will be offered as a thank you.

Support group for alienated grandparents

Meeting is the last Friday of each month at 2717 Cottage Way, suite 4. Meeting is at noon, 761-9121.

Tai Chi at Hart Senior Center

Focuses on low impact form of ancient Chinese exercise, combining slow movements with relaxation. Mondays, 10:30 -11:30 a.m. at the Ethel MacLeod Hart Senior Center, 915 27 St. Try it once for free! Stop by the Hart Senior Center front desk or contact 808-5462. Cost: \$23 for five classes.

Register for city of Sacramento's technology program for adults age 50-plus

The winter/spring 2015 session of Tech-Connections, a comprehensive technology literacy program designed specifically for Sacramento's residents age 50-plus, will begin at the Hart Senior Center and selected community centers in late January, Class descriptions, dates, times, and locations will be included in the "TechConnections Win ter/Spring 2015 Class Catalog" on the city

of Sacramento's Older Adult Services website. Offerings range from one-on-one assistance sessions to six-part classes, with start dates through late April. Registration day for all offerings is at 1 p.m. on Jan. 16 at the Hart Senior Center, 915 27th St. Continuing registrations will be taken weekdays at Hart Senior Center until all classes are full For inquiries, call 808-5462 or visit: http:// portal.cityofsacramento.org/ParksandRec/ Recreation/older-adult-services/Programs/ TechConnections

Zumba for Seniors at Hart Senior Center

Zumba for Seniors incorporates physical exercise and dance steps to the rhythms of Cumbia, Merengue, Mambo, Salsa, Samba, and much more. Tuesdays 9:30-10:30am and Fridays 3 to 4 p.m. at the Ethel MacLeod Hart Senior Center, 915 27 St. Sac ramento (27th and I streets). Try it once for free! For more information or to register stop by the Hart Senior Center front desk or contact 808-5462. Cost: \$20 for five classes: \$40 for 10 classes.

Active Yoga at Hart Senior

Increase your strength and flexibility, improve balance, and enhance the ability to relax and release stress. Classes are Mondays and Wednesdays, 2:30 p.m. - 3:30 p.m. at the Ethel MacLeod Hart Senior Center, 915 27th St. For more information or to register, stop by the Hart Senior Center front desk or call 808-5462. Cost: \$35 for five classes or \$70 for 10 classes. Try the class once for free and see if Active Yoga is

Singers with Hart

Experienced and beginning singers age 50 and above are welcome. New sessions start every nine weeks and are held at the Hart Senior Center, 915 27th Street, Sacramento (27th and I streets). Pre-registration is required. For more information, visit the Hart Senior Center front desk or contact (916) 808-5462, Cost: \$15.

Run with a Recruiter

Every Friday at 6 a.m., the public is invited to join the Sacramento Police Department. This provides a unique opportunity for potential police candidates and those in the hiring process to run together.

Emotions Anonymous

Meets regularly Tuesdays, Thursdays, and Saturdays. Meeting information is available step program/support group for those who desire to become well emotionally healthy. Acquire a new way of life, sharing experience

Continued on page 21

- EVENT LISTING SECTION -

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers. Call (916) 429-9901 for rates.

ALL SAINTS CONCERTS PROPER DUO HARPSICHORDISTS FEBRUARY 22, 2015 4:00 PM Suggested Donation is \$15 Child Care Provided 2076 Sutterville Road

CALL AND PLACE YOUR **EVENT TODAY!** (916) 429-9901

es, and learning to live with unsolved emotional problems. Meets Tuesday 6:30 - 7:30 p.m. Parkside Community Church 5700 South Land Park Dr.; Tuesday 6:30 - 7:30 p.m., Sierra Ar-

den Church of Christ, 890 Morse Ave (at Northrup), Room F-4. Thursday 7 – 8:30 p.m. at Church of the Good Shepherd,1615 Morse Ave. (at Arden Way) left of choir room. An optional newcomer orientation occurs on Saturdays from 1 to 1:30 p.m. at Wellness Recovery Center, 9719 Lincoln Dr. Ste. 300. Also on Saturday from 1:30 to 2:30 p.m., there will be a topic for discussion at WRC, 9719 Lincoln Dr., Ste. 300.

Mahogany Urban Poetry Series - Queen Sheba - poetry readings

Each Wednesday from 8-11 p.m. at Queen Sheba in Sacramento, local talent makes it way to the restaurant for weekly open-mic events, \$3-\$5, 1704 Broadway

David Lubin Elementary tours

David Lubin Elementary School, located in East Sacramento, is hosting Kinder garten tours every Tuesday and Friday at 9 am. David Lubin is located at 3535 M St. A highly committed and caring staff, a strong emphasis on academic rigor and a warm family environment allows David Lubin Elementary School to provide the high quality educational experience for which we are known. For more information, call 277-6271 or visit www.davidlubin.scusd.edu

Youth Connections Unlimited announces fundraising campaign

zation can reduce recidivism for crimes con mitted by youths by up to 70 percent? Youth mentoring and other services to incarcerated and probationary youth for over ten years that gives youth tools for staying outside the juvenile justice system. YCU works with the Sacramento County Probation Department with a focus on re-entry mentoring and preventative programming with a commitment to the principles of Restorative Justice. The support youth get from YCU and its volunteers gives hope to Sacramento County youth, make unities safer and save taxpavers money

For more information, call David Taft at 835-

Brain Gymnasium

Exercise your mind and have some fun at this on-going Brain Gymnasium class! Inviting all seniors to Eskaton Monroe Lodge, 3225 Freeport Boulevard, 9:20 a.m. Thursdays. \$6 per class. Call 441-1015 for more information.

1147 or visit http://www.sacvcu.com

streets) or call 808-5462. Cost: Free. Gentle Qi Gong

Learn powerful relaxation techniques reduce Boulevard, 3 to 4 p.m., Wednesdays, \$7 per class, Call 441-1015 for more information.

REGISTRATION **OPEN NOW!** WW.POCKETGIRLSSOFTBALL.ORG Where every girl plays! Jan. 28, 6:45p.m.<mark>–</mark>8:30 p.m. Open to Pocket/

Land Park (95818/95822/95831) girls ages 4–16 6U: \$85 8U-16U: \$130 Uniforms: \$20 (+80) Discount for sibling

Valley Community Newspapers, Inc



Women with Good Spirits monthly meeting

Each second Tuesday of the month at Revolu tion Wines at 6:30 p.m., Women With Good Spirits invites a community non-profit to pres ent on its mission work. The presenter will start their presentation promptly at 7:15 p.m. and will last 15-20 minutes with an open question and answer forum after. RSVP is appreciated as well as a \$5+ donation per person that will go directly to the non-profit presenting that month. 2831 S St. Visit www.womenwithgood spirits.com or find the group on Facebook.

The Community Housing and **Services Coalition monthly meetings**

Rehearsals are Tuesdays at 7 p.m. For more Originally created by the Sacramento Comr information, visit www.capitolaires.org or nity Services Planning Council, the Commucall (888) 877-9806. Men who love to sing nity Housing Coalition (CHC) was created as are welcome! Men come from Elk Grove. a vehicle to provide information and educate Davis, El Dorado Hills, Roseville or the community leaders and decision makers regard greater Sacramento area. The group is 40 ing housing for low income, disabled and older men who love to sing and wants to encour adults. CHSC monthly meetings are free and age more men to join along. open to the public; they are held from 9:30 to 11 a.m. am on the last Tuesday of each month Soroptimist International of (except December) at the Sacramento Sheriff's South Area Office Community Room at **Sacramento South meetings** 7000 65th Street, Sacramento (the Sacrament A service organization dedicated to insure to County Voters Registrar Building). At each the status of women and girls, the group meeting a guest speaker is invited to attend and meets at Aviator's Restaurant, 6151 Freegive a 30-minute presentation with $10\ minutes$ port Blvd. for lunch and to discuss the day's or Q&A. Speakers are selected for their expertopic. Meets the second and fourth Tuesday tise and knowledge in their respective fields, and of each month at 12:15 p.m. agencies/organizations. The speakers are enouraged to provide handouts, fliers, and other South Sacramento Rotary club meetings formational materials to the 15 to 30 attend-Every Thursday from noon to 1:30 p.m.,

sbcglobal.net; or Cindy Gabriel at 916/732-Broadway). Rotary is one of the largest service 6189; email cynthia.gabriel@smud.org. organizations serving local, national and inter-

Your social security questions answered at Hart Senior Center Meet with a Social Security Administratio representative every third Thursday of each month at the Hart Senior Center and learn general information about Social Securitv. Supplemental Security Income (S.S.I) as well as retirement, disability, and survivors benefits. Make an appointment at the Hart Senior Center, 915 27th Street (Land 27th

ees. If you have any questions, please contact ei

ther: Alex Eng at 424-1374; email xeng916@

stress, reduce physical pain and emotional suffering, lower blood pressure, increase immune response and improve balance. Inviting all seniors to Eskaton Monroe Lodge, 3225 Freeport

Kiwanis Club of East Sacramento-Midtown

Visitors Welcome, weekly breakfast meeting on Fridays at 7 a.m. Topical weekly speakers and first meal for visitors on us. Meet at

sions. Learn about a free legal document The Kiwanis Family House, (at UCD Med which gives your medical decisions a voice when you may not have the ability to express them. Free of charge; class will be ing/Membership info: 761-0984, volunteers held 1:00-2:00pm on January 15, 2015 at always welcome!Food trucks at Carmichael ACC Senior Services Center, 7375 Park City Dr. Pre-registration is required. For detail, call 393-9026, ext 330, www.acc-10) food trucks hit Carmichael Park, 5750 sv.org

Ctr/50th St & Broadway) 2875 50th St.

www.eastsacmidtownkiwanis.com. Meet-

Park Every first Thursday of the month

The Sacramento Capitolaires

A men's Barbershop Harmony group, meet

every Tuesday night at Christ Community

Church, 5025 Manzanita Ave., Carmichael

South Sacramento Rotary meets for lunch a

the Iron Grill located at 2422 13th St. (near

national charities through community service

and good fellowship. For more information,

ACC presents "5 Wishes" classes

cusses your rights and medical decisions.

California and Federal laws give all com-

right to make their own health care deci-

petent adults, 18 years and older, the

Jan. 15: This educational workshop dis-

contact Michael DiGrazia at 396-7244.

meeting

from 5 to 8 p.m. (July will be held on July

ACC presents a Bonsai (Basic) class

Jan. 15: This is a series of three classes which will cover choosing and caring for the right tree watering, wiring and the use of tools. The class es will include field trips, such as visiting a local bonsai nursery and workshop at the instructor's backyard. Note: Material fees are not included. \$30 fee for the three classes to be held from 10 to 11 a.m. beginning Jan. 15 at ACC Senior Services Center, 7334 Park City Dr. Pre-registration is required. For detail, call 393-9026, ext. 330, www.accsv.org

ACC presents "Meal Planning for Your Body" workshop

Jan. 16: Do you worry if you are eating too much or exercising too little? Then this workshop is for you. You will learn your nine body composition numbers. Discover what is a healthy meal and diet. Under stand the different type of servings and much more. \$15 pre-registration fee/\$17 drop in rate. Class will be held from 10 a.m. to noon at ACC Senior Services Center, 7334 Park City Dr. Pre-registration is required. For more details, call 393-9026, ext 330, www.accsv.org.

Troop 259 Eagle Scholarship Fund Crab Feed

Jan. 16: Troop 259 of Elks Lodge No. 6 will hold an Eagle Scholarship Fund Crab Feed at the Elks Lodge, No. 6 (6446 Riverside Blvd.). All proceeds benefit Eagle Scholarship. No host cocktails will be available at 6 p.m., followed by dinner at 7 p.m. Dinner includes: Crab. pasta. green salad, antipasto, rolls and butter.

It's All About Fishing! Rooster Tails Fishing Club breakfast

Jan. 16: The Rooster Tails Fishing Club break fast meeting will be held at the Auburn Elks Lodge, 195 Pine St. at Lincoln Way, Auburn The doors to the Lodge open at 7 a.m. with a fantastic \$13 wide-selection buffet breakfast served at 8 a.m. The presentation begins at 9 a.m., featuring Pro River Guide Brett Bones' Brady, owner of Bare Bones Fishing Guide Service and one of the Rooster Tail's Fishing Club's skilled guides. The breakfast meeting i open to the public. Further information can be found at www.roostertailsfishingclub.org. For more information on attending Rooster Tails Fishing Club of Northern California, Inc. meetings, contact Jim, Club Chairman, at 530-887-0479 or info@roostertailsfishingclub.org.

DIY Terrarium Class at Relles Florist

Ian, 17: Learn how to make and care for terrariums. Container, plants and decorations included. Learn about different types of terrariums and plants. Relles will provide tools Bring your own apron. Limited class size. Need to register in advance. \$35 plus tax. Class starts at 10 a.m. 2400 I St.



7400 Greenhaven Dr. Sacramento, CA 95831

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FREE LUNCHEON & 20-minute presentation

This is not a sales seminar. It is a 20-minute educational presentation that focuses on the importance of advance funeral planning and all of the options available including Veteran's benefits, cremation and burial choices as well as key consumer advice. In addition to a catered meal, each attendee will receive a FREE Emergency Planning Guide.

Friday, January 16 • Thursday, March 19th 11:30 am to 12:30 pm Elk Grove Memorial Park & Mortuary 9189 E. Stocken Bird., Elk Grove, CA 95624

Friday, February 6, 2015 11:30 am to 12:30 pm East Lawn Memorial Park & Crematory 4390 Felom BlnL, Samemento, CA 95819 Tel 916.732.2000

11:30 am to 12:30 pm rra Hills Memorial Park & East Lawn Mortuary 5757 Greenback Lane, Sucrements, CA 95841 Tel 916.732.2020

fednesday, February 18 (Spanish & English) 11:30 am to 12:30 pm Andrews & Greifich Funeral Home 3939 Fruitridge Road, Sacramonto, CA 95820 Tel 916.732.2026

Reservations Required, Seating is limited to 30 attendees per semina



f www.EastLawn.com

CALENDAR

Wild Things at Pocket Library (Family/All Ages)

Jan: 17: Starting at 1:30 p.m., meet some tation by Wild Things Inc. This program is sponsored by the Greenhaven Mothers Club and the Pocket-Greenhaven Friends of the Library. Robbie Waters Pocket-Greenhaven Library is located at 7335 Gloria Dr.

E-Waste Fundraising Event for the Sam Brannan band

Ian 17: A free fundraising event for the Sam Brannan band will be held from 9 a.m. to 1 p.m. at John Cabrillo Elementary School. 1141 Seamas Ave.

Greenhaven Cabana Club North to sponsor Polar Bear Plunge

Jan. 17: Come, take the plunge! The Green haven Cabana Club North will sponsor their Polar Bear Plunge. Members and nonmembers are invited to "take the plunge" into the cool water (in 2014, the temperature was 44 degrees!) at 1 p.m. The plunge will take place at the Greenhaven Cabana Club North, 6207 Riverside Blvd. Registered Polar Bears will earn a special Polar Bear T-Shirt, an official Polar Bear certificate, make their own smores and enjoy hot chocolate after the plunge. Registration is \$10 for members and nonmembers. Polar Bears are asked to make a reservation by emailing the club at swimcabanaclubnorth@ gmail.com or calling 455-0840. Drop in bears are ok, but reservations will help prepare for the day. The Greenhaven Cabana Club North is a not for profit community resource in the Greenhaven/Pocket community. During the regular swim season, swim lessons, Masters' Swim and other community programs as well as member family swim rimes are available. More information on the club can be found at the club website, gccnorth.com.

Trades and Treaties!

Jan. 17: Sutter's Fort State Historic Park

(2701 L St.) presents Hands on History: Trappers, Trades and Treaties from 10 a.m. to 5 p.m. with cannon firing demonstrations at 11 a.m., 1 p.m., 3 p.m. and musket demonstrations periodically throughout the day. Visitors to the Fort will step back in time to the 1840s to learn why trappers were considered "jacks of many trades" and experience how they lived, worked, explored new territory and traded with local Native Americans. Fort visitors will see, handle, and hear about many items that were commonplace in the middle of the 19th century but seem strange now. Guests will also learn about many fascinating aspects in the life of a trapper, see examples of game traps and how they work, plus learn about the important "barter process" Sutter used to hunt and trap on Native lands. Fort visitors will also have the opportunity to examine fur pelts, create souvenir documents with a quill pen and oak gall ink, string trade beads and watch how flint and steel can be used to start a fire. For more information about this event or Sutter's Fort SHP, call 916-445-4422 or visit www.suttersfort.org. Cost is \$7 per adult, \$5 per youth (ages 6-17), free for children 5 years and under.

All Saints Episcopal Church presents a concert titled, "Can you Handel this?"

Jan. 18: "Can you Handel this?" is a concert where the audience choice reigns supreme. Starting at 4 p.m., this concert will eature the Handel Concerto in Bb Op. 4 No. 6 conducted by Thomas Derthick with the Sacramento Chamber Ensemble featuring two very different and talented soloists... Emily Mader on harp vs. Ryan Enright on organ. There has been a longstanding feud as to which instrument Handel wrote this concerto for, harp or organ. The audience

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linds, Healthy Live **Brik or Core Session** 7 days a week Class times: 5am, 6:15am, 9am & 6pm Lose weight, gain strength & endurance
Educating women on healthy lifestyle choices
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will get to decide at this thrilling concert! \$20 donation at the door is suggested. All Saints Episcopal Church is located at 2076

Unitarian Universalist Society of Sacramento presents "Groundswell Rising: Protecting Our Children's Air and Water"

Jan. 18-19: The Unitarian Universalist Society of Sacramento will be showing a film titled "Groundswell Rising: Protecting Our Children's Air and Water". It is a documentary about the environmental impact of fracking and what people are doing to protect their cominities. The film is being shown on Jan. 18 and 19, from 2-4 p.m. each day, and the producer and director will be present to discuss the film. The film is being shown at the UUSS campus at

ACC presents "Better Choices, Better Health Workshop"

Jan. 20-Feb.24: Presented by Jeff Cass, PhD, Department of Veterans Affairs, this is the Chronic Disease Self- Management Program, a series of six workshops, two and a half hours long developed by Stanford University. It is for people with chronic conditions such as diabetes, high blood pressure, high cholesterol, etc. Learn strategies to take control of your chronic conditions. lower stress levels, and communicate better with your doctor. These workshops are recmended for family members caring for a loved one, FREE OF CHARGE, Classes are every Tuesday, Jan. 20-Feb. 24, from 9 to 11:30 a.m. at ACC Senior Services Center, 7334 Park City Dr. Pre-registration is required. For details, call 393-9026, extension 330, www.accsv.org.

Baby/Toddler Stay & Play at Pocket Library (Early Childhood (0-5)

Jan. 20: "Stay and Play" is an unstructured social time for babies and toddlers (ages 0 and up.--older siblings are welcome as long as everyone can play nicely together) and their caretakers. Develpmental toys and board books will be available starting at 10:15 a.m. These informal play sessions will be immediately followed by a storytime for babies and toddlers (ages 0-3 years) and their caretakers/families except on the last Tuesday of each month when there will be a special performance by Mister Cooper

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www.monagergen.com

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or a free estimate of value'

DUNNIGAN

instead. Partially funded by the Pocket-Greenhaven Friends of the Library. Robbie Waters Pocket-Greenhaven Library is located at 7335 Gloria Dr.

Baby/Toddler Storytime for ages 0-3 at Pocket Library (Early Childhood (0-5)

Jan. 20: A combined toddler and baby storytime in which babies and toddlers (ages 0 to 3 years) and their caretakers are invited to join the library starting at 11 a.m. for songs and rhymes in this language enrichment program designed to boost brain development. Please also note that on the last Tuesday of each month, there is a special musical performance by Mr. Cooper instead of storytime. Robbie Waters Pocket-Greenhaven Library is located at 7335 Gloria Dr.

Homework Zone at Pocket Library (School Age (6-12)

work Coaches and Teen Mentors to students in grades 1-8, offering free homework assistance in all subject areas, starting at 3:30 p.m. Adults and teens interested in be coming part of our Homework Zone team are encouraged to speak with the Youth Services librarian at the front desk. This program is made possible by our wonderful inteers and is subject to cancellation depending on their availability. Robbie Waters Pocket-Greenhaven Library is located at 7335 Gloria Dr.

Genealogical Association meeting

Jan. 21: The Genealogical Association of Sacramento will present Cheryl Stapp as the speaker for the January meeting, which will meet in the Belle Cooledge Library at 5600 South Land Park Dr. The doors open at noon. Cheryl will talk about women and wagon trains. For any questions, call Melanie at 383-1221.

ACC presents "One Man's Trash is **Another Man's Treasure"**

Ian. 22: The presentation covers the mental health diagnosis of Hoarding Disorder, including psychological theories about the origin of the disorder, cur rent treatment options, the risks faced by those with the disorder, the value of community-based Hoarding task forces, and practical suggestions for intervention Free of charge; class will be held 11 a.m. to noon at ACC Senior Services Cente

7334 Park City Dr. Pre-registration is required. For detail, call 393-9026, ext 330,

Baby/Toddler Stay & Play at Pocket Library (Early Childhood (0-5)

Jan. 22: "Stay and Play" is an unstructured social time for babies and toddlers (ages 0 and up.--older siblings are welcome as long as everyone can play nicely together) and their caretakers. Developmental toys and board books will be available starting at 10:15 a.m. These informal play ses sions will be immediately followed by a storytime for babies and toddlers (ages 0 3 years) and their caretakers/families. Par tially funded by the Pocket-Greenhaven Friends of the Library. Robbie Waters Pocket-Greenhaven Library is located at 7335 Gloria Dr.

Baby/Toddler Storytime for ages 0-3 at Pocket Library (Early Childhood (0-5)

Ian. 22: A combined toddler and baby torytime in which babies and toddlers (ages 0 to 3 years) and their caretakers are invited to join the library starting at 11 a.m. for songs and rhymes in this language enrichment program designed to boost brain development. Robbie Waters Pocket-Greenhaven Library is located at 7335 Gloria Dr.

Pocket-Greenhaven Friends of the Library Board Meeting (Adult)

Jan. 22: Interested in knowing how you can help your library? Attend the Pocket-Greenhaven Friends of the Library monthly Board meeting for more information 6 p.m. Robbie Waters Pocket-Greenhaven Library is located at 7335 Gloria Dr.

Knit Together. - Pocket Library (Adult)

Jan. 23: Carrie Parker, a Pocket-Greenhaven resident and self professed knita-holic is bringing her needles to the library at 1 p.m. Anyone interested in knitting-even an absolute beginner--is invited to join us. Participants can learn to knit, get help on current projects. or general advice from expert knitters. There might even be some great conversations too. Don't forget to bring your knitting needles and varn, Robbie Waters Pocket-Greenhaven Library is located at 7335 Gloria Dr.







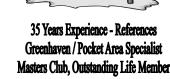


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Greenhaven Cabana Club North to sponsor Polar Bear Plunge

Come, take the plunge! The Greenhaven Cabana Club North will sponsor their Polar Bear Plunge on Satuday, Jan. 17. Members and nonmembers are invited to "take the plunge" into the cool water (in 2014, the temperature was 44 degrees!) at 1 p.m. The plunge will take place at the Greenhaven Cabana Club North, 6207 Riverside Blvd. Registered Polar Bears will earn a special Polar Bear T-Shirt, an official Polar Bear certificate, make their own smores and enjoy hot chocolate after the plunge. Registration is \$10 for members and nonmembers. Polar Bears are asked to make a reservation by emailing the club at swimcabanaclubnorth@gmail.com or calling 455-0840. Drop in bears are ok, but reservations will help prepare for the day. The Greenhaven Cabana Club North is a not for profit community resource in the Greenhaven/Pocket community. During the regular swim season, swim lessons, Masters' Swim and other community programs as well as member family swim times are available. More information on the club can be found at the club website, gccnorth.com.



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Shaved Snow Ice Available!

A combination between ice cream and shaved ice. Fluffy like cotton candy and very refreshing.

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home built by Parker. Spectacular floor plan! 1 bedroom & full bath 1st floor. Rare 3-cal

garage. Fantastic courtyard for extra living space. Spacious loft/den. Gorgeous formal dining room. Large nook in charming kitchen. Gorgeous floors. Immaculate inside & out.

Clear pest report. 24 hours roving security. Updated WilsonArt floors, appliances, carpet

940 Lake Front Drive \$550,000

PRESTIGIOUS RIVERLAKE COMMUNITY



AMAZING REMODEL

Recently remodeled 3 bedroom 2 bath home in the Didion High quality Parker-built halfplex with a spectacular floor plan! School boundaries. New kitchen, electrical, baths, floors, windows, doors, paint in and out, baseboards, lighting, (includes LED lights), ceiling fans, landscaping, quartz counter top, farm house sink, designer tile floors and much more. \$389,000

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PRETIGIOUS RIVERLAKE

4 bedrooms 3 full baths with downstairs bedroom and bath. Fantastic courtyard for extra living space. Spacious loft/den. Gorgeous formal dining room; and a large nook in charming kitchen. Rare 3-car garage. \$550,000

MONA GERGEN 247-9555



AMAZING ELK GROVE

4 bedrooms plus office and 3 full baths. 1 bedroom and full bath and office on 1st floor. Home features built-in pool, ry access, upgraded cabinets, stainless steel appliances, granite counter tops, wood floors, 6 panel doors, food pantry, custom window blinds, tile roof and much more. \$390,000

MONA GERGEN 247-9555



SOUTH LAKE SHORES

Location! Location! 2 bedroom condominium with beautiful view and access to Lake Greenhaven! View the lake, sandy beach, boat dock and quacking ducks from living room and master bedroom as well as spacious deck views! Private gated driveways. Convenient comfort. \$120,000

CONNIE LANDSBERG 761-0411



SOUTH LAND PARK HILLS

Wonderfully spacious ranch style home in desirable South Land Park. Double doors open to a beautiful entry and inviting family room with plantation shutters and view of backyard. 3 or 4 bedrooms 2½ baths, kitchen pantry living room w/ wood burning fireplace insert. \$449,000

BETH SHERMAN 800-4343



MOVE-IN READY

Enjoy this well maintained home! Highly sought after single story 4 bedroom 3 bath home with roomy master suite. The family room adjoins the kitchen and is perfect for the chef to chat while making dinner! Located on a quiet street just steps from the Sacramento River. Pretty backyard! \$425,000

PAULA SWAYNE 425-9715



SOUTH LAND PARK TERRACE

Mid-century ranch in the hills of South Land Park Terrace. Living area opens to beautiful backyard and pool. 3 bedroom, 1½ bath family home; bright and light and oh so charming. Perfect for entertaining. Convenient location. New roof! \$449.500

SHEILA VAN NOY 505-5395



ELK GROVE CORNER

Single story 3 bedroom 2 bath home on a larger corner lot. Excellent location. Home features upgraded laminate floors, new interior paint, tile roof, large cement patio with big patio cover and a great yard waiting for your finishing touches! Close to lake and parks. Wow! \$248,000

MONA GERGEN 247-9555



LIKE NEW!

Elk Grove 3 bedroom 2 bath home with wonderful great room floor plan. Features include designer carpet, two-tone paint, granite counters and backsplash, stainless steel appliances, sunken tub, stone patio, tile floors and upgraded cabinets throughout. Great Elk Grove schools and close to everything. \$309,000

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