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Second coffee shop in the works at South Hills shopping center

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# POLICE LOG

The information provided allows for a snapshot of significant events in our community. The crimes reported here are preliminary investigations, taken in the field by patrol officers, and may or may not be assigned to a detective for further investigation. The information provided may be found after further investigation to be incorrect or false. Certain details of these incidents have been removed due to potential follow up investigation into the incident and/or for privacy rights.

**Reporting date: Tuesday, Feb. 16**  
**(POD Alert-Stolen**

**Vehicle): 1300 block of Florin Road at 12:45 a.m.**

Officers were patrolling in the area when they received a POD alert of a stolen vehicle being driven nearby. Officers quickly located the described vehicle. A traffic stop was conducted and the driver was safely detained who was ultimately arrested for possession of a stolen vehicle.

**Reporting date: Friday, Feb. 19**

**(Shooting): 300 block of River Bend Circle at 1:14 a.m.**

Officers responded to the call of a shooting at the

above location. The victim was inside his apartment when an unknown male knocked on the door. When the victim answered the door, the male suspect shot the victim causing a non-life threatening injury. Officers canvassed the area for evidence and witnesses. The investigation remains active.

**Reporting date: Sunday, Feb. 21**  
**(Stolen Vehicle/POD Alert): Greenhaven Drive at Florin Road at 7:43 a.m.**

An officer stopped a stolen vehicle in the area following a POD alert and detained the occupants of the car. During a search,

See Police Log, page 3

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# Police Log:

Continued from page 2

a prohibited weapon was found. The driver was arrested for possessing the prohibited weapon and vehicle theft.

**Reporting date: Thursday, Feb. 25**

**(Burglary): 6100 block of Wycliffe Way at 7:53 p.m.**

Officers responded to a cold burglary report where the suspect entered the house through a back sliding door. The house was ransacked and several items of value were stolen. A report was generated and the case remains active.

**Reporting date: Friday, Feb. 26 (Resisting Arrest): 5900 block of Lake Crest Way at 9:38 p.m.**

Officers responded to a family disturbance. When officers arrived on scene, they were met by a male subject who refused to allow officers inside the home. The male suspect began fighting officers who utilized their C.E.D to detain the suspect. After further investigation, it was determined the man was reportedly refusing to allow the victim and a juvenile leave the residence. The suspect was ultimately arrested for multiple charges.

**Reporting date: Saturday, Feb. 27**

**(Vandalism): 6100 block of McLaren Avenue at 2:20 p.m.**

Officers responded to the residence regarding a report of vandalism. The intoxicated suspect reportedly broke the window of a nearby home and was detained by officers. The man was arrested for vandalism.

**Reporting date: Sunday, Feb. 28**

**(Robbery): 2000 block of Lake Front Drive at 3:19 a.m.**

Officers responded to the location regarding a report of a robbery. The victim was confronted by the occupants of a vehicle who displayed a handgun, took the victim's property, and fled in the car from the area. A report was generated and follow-up will be conducted.

**(Vehicle Accident): Windbridge Drive and Durfee Way at 11:22 p.m.**

Officers responded to the location regarding a report of a vehicle accident. One of the parties was contacted, evaluated, and arrested for suspicion of DUI.

**Reporting date: Monday, Feb. 29**

**(Robbery): 500 block of Rivergate Way at 2:07 a.m.**

Officers responded to the location regarding a report of a robbery. The victim was walking in the area when he was confronted by the occupants of a vehicle who displayed a handgun and demanded the victim's property. The suspects then fled from the area in the car and a report was generated. Follow-up will be conducted.

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# Mexican American Hall of Fame Sports Association to honor Pocket resident Jeff Dominguez

Congratulations to Pocket resident Jeff Dominguez. The Mexican American Hall of Fame Sports Association will be honoring Jeff on Saturday, March 12 at the VFW Hall Post No. 67, 2784 Stockton Blvd.

Jeff's high school football team (Delta) was undefeated two years in a row and ranked No. 1 in the state of California in the Small Schools Division.

Four guys from that Delta football team he played on, played in the NFL, and two of those four played in the Super Bowl. From what he can recall, Jeff said, three of the guys were Captains of the UC Davis Aggie team that played in the Division II National Championship against West Texas State.

He also played volleyball at Sac State and went to Nationals his junior year and finished fourth. He now coaches volleyball at Genevieve Didion k-8 School, where his daughter attends and he runs a club through Didion with two teams.

What follows are testimonials regarding Jeff's coaching from athletes he's coached in the past.

1. I'm a firm believer in the old proverb, "It takes a village to raise a child". Coach Jeff Dominguez was a significant member of the village that has molded me into the woman I am today. Under his guidance, I learned not only the fundamentals of volleyball, but also



Photos courtesy

Jeff and volleyball players he's coached.

how to attack life and the battles that faced me outside of the gym doors. Fortunately, my hard work and dedication in high school was awarded with a full-ride scholarship to play volleyball at Loyola University Chicago. I now hold a degree in Communication from Loyola and a graduate degree in Education. If it wasn't for Coach Jeff and his persistence, I would not have earned that scholarship.

He was interested in my future probably a lot more than I was. He saw in me what I didn't see in myself. He gave the confidence to be successful, and he provided the support of a father, rather than that of just a coach. It is because of him that volleyball has been an integral part of my life, and I hope and pray that my daughter is afford-

ed the opportunity to coached by her very own 'Coach Jeff' so she can experience what I did. - Deaweh Totimeh Moore, 36. Service Coordinator for Birch Communication and a mother of one

2. Playing volleyball was one of the best experiences I had in high school. It brought great memories that I'll cherish forever, and I have Coach Jeff Dominguez to thank for that. He was a great teacher who taught me the game and improved my skills with guidance, discipline, and constructive feedback. Because of his knowledge of the sport and dedication to my teammates and me, many of us continued on to play in college.

Coach Jeff helped me find the ambition to do better and succeed, not just in sports, but in life, as well. He taught me that success was not just about ourselves, but about helping others as well. This had a huge impact on my life, as helping others soon became my life's work. Knowing how to be a team player, knowing how to lead, and knowing how to work hard to be successful at something are all life lessons that I was lucky enough to learn from not only playing an awesome sport, but, most importantly, playing for an amazing coach! - Jennifer Douke-Grass, 33, Registered Nurse at

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See Dominguez, page 7



# South Hills Shopping Center to see first signs of revival with a community-based coffee shop

By MONICA STARK  
editor@valcomnews.com

Let the Renaissance begin.

If everything goes according to plan for South Land Park residents Tony and Elizabeth Moseby, they will be opening a coffee shop, called Garden Party Coffee & Tea, in the South Hills Shopping Center by summer's end.

But they'd like your help!

They started a fundraising page on Foodstart.com, which "helps restaurants and food trucks raise capital online in small amounts, say, \$50 or \$250. In exchange, backers receive great perks like food discounts, guaranteed tables, and behind-the-scenes tours all redeemable with a physical card they receive in the mail." On the Coffee Garden & Tea fundraising page, folks can donate \$10, \$50, \$100, \$250, \$500, or \$1,000.

The Mosebys expect a start-up cost of \$96,000 for renovations, used kitchen equipment, furnishing, first-lease payments. With the FOODSTART.COM project funds, this will bring enough money to seek legitimate funding from sources backed by the Small Business Administration loan guarantee.

They project gross-earning estimates of more than \$400,000 the first year. As of Sunday morning, \$310 of the \$35,000 goal had been raised. Even if they don't reach their fundraising goal, Elizabeth told Valley Community Newspapers that they continue to go forward. She's a third grade GATE teacher at Pony Express Elementary and Tony works for the state. Their financial advisor told them to keep their day jobs, that is, until the business is financially stable.

Located between Taki's Salon and Brownie inside the South Hills Shopping Center, the bistro, in an atomic age, modern blend atmosphere, would feature coffees from around the world and specialty coffee beverages from lattes, espressos, to cappuccinos. Black, green, and various herbal varieties of teas will be offered, as well as "tea sandwiches" (finger sandwiches with specialty fillings).

They will also offer cookies, sweet breads, scones with house-made "clotted cream" and butter, as well as seasonal fruits with Devonshire cream or fresh cream depending on dairy regulations.

Garden Party Coffee & Team will be a community bistro that has a lot to offer in the way of meet and greet, or stay and unwind. Local artists and mu-

sicians will be welcome to share their gifts as desired and needed.

The Mosebys have three phases to get the business off the ground.

Phase one would be to renovate and open a site with a much needed coffee and tea cafe with light baked goods; phase two would feature "Formal Tea Sundays," which will create a party site for formal teas for private parties and phase three would be "Waffle Bar Wednesdays" where the bistro would create a fun morning for patrons to come in and make their own waffles at a waffle bar and enjoy a day in the community.

"The Formal Tea Sundays is because I really like formal tea and tea parties," said Elizabeth. "I took my husband to San Francisco to experience (a formal tea). It will be where you sit and have the tea and the treats. It's like an American version of a British high tea. Women and little girls love to have formal tea parties. It's a place for grandmas and moms, little girls and little boys, too, depending on the environment, to dress up. I have fond memories of doing that with my daughter and kids in the neighborhood."

As for the Waffle Bar Wednesdays ... "They would be a funky thing to do... Nothing says hospitality like having a waffle," Elizabeth says.

The Mosebys live in the neighborhood and Elizabeth even grew up nearby and has fond memories of her childhood. Also, reaching an age to think about retirement, but "not old enough to retire," opening up a coffee shop seems like a perfect fit. "I enjoy working with the public. This would be so great. I have great memories of South Hills being a great shopping mall. We're just sentimental I guess."

She remembers the old Jimboy Market and her dad driving her around the neighborhood at Christmastime to look at the lights. For their anniversary, her parents would have dinner at Neptune's Table.

"I have a lot of good family memories. Being around the airport was so cool seeing the airplanes take off. I have a lot of happy memories from here, so working at South Hills plaza is like completing a circle for me. I would eventually like to quit teaching. There's a younger, new generation of good teachers that could take my place. I could hire old students to work in my restaurant," Elizabeth said.

Last summer during her vacation, Elizabeth took seminars presented by SACRAMENTO SCORE



Photos courtesy

Shown here are the dreamers, the movers and shakers who will bring a coffee shop to the South Hills Shopping Center: Tony and Elizabeth Moseby.

and the Small Business Administration, and it was through their teachings she learned different ways to get funds. "You could get bank loans and they also said crowdfunding. They said it's a very popular way of funding businesses at this time and that the President is actually backing the crowdfunding."

Elizabeth said she called all three owners of the shopping center and she said the Chen family has been the only one willing to work with her to get a contractor to transform the old cleaners into a coffee shop.

Hoping to see their vision through, Gretchen Steinberg, president of Sacramento Modern and South Land Park resident, said the demand for a coffee shop at South Hills Shopping Center is undeniable. "It is the number one thing that people say they want access to and miss the most. (We) still need an anchor tenant for the Jumbo Market site, but a coffee/tea place is perfect for one of the smaller tenant spaces."

Right now, the South Land Park Neighborhood Association is gathering up suggestions for the broker of the empty grocery store. They put out a call on NextDoor stating their involvement working with broker Bobby Rich in compiling community input on the desired tenants for the vacant Vic's market. They ask folks to send input to slpna@slpna.org with the subject line "Vic's input." The broker has assured SLPNA and Councilman Jay Schenirer that Walmart is not being considered as a possible future tenant. The annual meeting will be held March 30, so stay tuned.

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# Second coffee shop in the works at South Hills shopping center

By MONICA STARK  
editor@valcomnews.com

(Editor's Note: After reading the story about the Mosebys in the Land Park News—story on adjacent page --, Sergio Barrios, who has co-owned downtown's Fluid Espresso with wife Melissa Allen since 2006, wrote me stating they, too, plan on opening a coffee shop in South Hills. Barrios said plans for their second location will be submitted to the Health Department and city of Sacramento next week.)

Greenhaven residents Sergio Barrios and Melissa Allen plan to duplicate their successful coffee shop, Fluid Espresso, inside the old Brick Oven Pizza (1188 35th Ave.), igniting another flame of momentum in the revitalization of South Hills Plaza.

With a play on words, the name of the coffee shop will be Barrio, which in Spanish means neighborhood, and Barrios and Allen want the coffee shop to be a cool neighborhood spot where the people can hang out, have coffee and pastry, get a quick bite and have a glass of wine or beer.

Ten years ago, they opened Fluid Espresso downtown, and a couple of years ago, they decided to look for a second

location to grow. Slowly but surely, they started looking at more downtown locations, including the R Street Corridor, spots in East Sacramento and even in their own neighborhood, but finally they decided on the South Hills Shopping Center. "It was a good fit for us. We contacted the landlady of November of last year and hammered an agreement, and we started demo this week," Sergio said.

Now in the process of doing ADA upgrades, renovating the bathroom, creating wider doors for access, the spot now has the gas on and half the electricity. "We're expecting things are sailing smooth," Sergio said.

Hopeful to be open around May, unless they get the best inspectors, however, Sergio said the opening will more likely be in June.

For those familiar with Fluid Espresso, expect a similar menu with the exception that they will add a light fare on Thursday, Friday, and Saturday evenings. "We want to have the same principle as Riverside Café, where locals can meet and talk about the community."

So, expect tapas, wine and beer, as well as some entertainment.



Photo courtesy  
Melissa Allen and Sergio Barrios, owners of Fusion Espresso Bar downtown, will be opening up a coffee shop in South Hills, likely in June.

As they move into the old Pizza Oven location, Sergio said permits will be less cumbersome than otherwise. Plus, "a lot of stuff that was left can be reused and recycled. They left an antique oven. It's nice. It just needs to be repaired. Everything that you require to open the place is here: Sinks, walk-in refrigerator. All the remodeling is cosmetic. We'll get new counters, and since it's going to be a coffee house, we'll have an espresso machine. A local roaster makes our coffee once or twice a week."

While he doesn't have a picture yet of what he wants the interior of the 2,400-square-foot location to look like, he said he wants materials and fixtures to be modern and reused. So, he's been working with the Habitat for Humanity ReStore, a retail outlet which sells new and used donated building materials, fixtures, and home furnishings at a significantly lower price than retail stores.

With about 38 different drinks, the couple enjoys coming up with different drink varieties on the spot. And, as their love for coffee is unwavering, so is their love for bread, which they bake themselves.

Sergio's father, Santiago, was a baker in Mexico and later had a shop in the old Nut Tree in Vacaville. Afterward, his family ran Greenhaven Bakery in the current Manley's Donuts on Florin Road and Riverside Boulevard. "It opened in the early 1970s when Greenhaven was a brand new development and a previous owner named Richard sold it to the second owner, and that guy in turn sold it to us. We owned it for the most years from 1979 to 1993."

While Santiago retired in 1990, he still bakes bread for his family on such Mexican holidays as the Day of the Dead (Pan De Muertos) and the Dia de Los Santos Reyes (the sweet bread, Rosca de Reyes, symbolically "becomes" Jesus' godparent), the day when Mexicans exchange Christmas presents in accordance with the arrival of the three gift-bearing wisemen to baby Jesus.

During the time this interview was being conducted, Santiago, 86, was vacationing in Mexico. When croissants were a big item at coffee shops and restaurants, he and his son sold their creations to Corti Bros at wholesale, as well as to Daniell's Creperie in the Arden-Town Shop-

ping Center and the Hyatt in Stockton. A continuing family affair, Sergio's daughter dabbles in bakery.

Earlier in life, Sergio attended UC Davis and studied computers. "I used to do computers when they were the size of a big room. Everything you do on your iPhone - we used to do in a room 800 to 900 square feet. That's how old I am."

A McClatchy graduate, Melissa was born and raised in Sacramento, attended culinary school and is mostly self-taught. "I have a lot of input on food, flavor profiles and empanada filings are all my recipes. I dabble on the baking a little bit. I have a gluten free cookie I came up with it. When we met, we figured we had food and coffee in common and decided to open a business ... I love coffee. I just love coffee... We're very excited (about the new location. We've been waiting for it for so long. It's always scary opening up a new location, but exciting at the same time. I can't wait to have more space."

Acknowledging the talents of his wife, Sergio said, "She's awesome when it comes to flavors. I never cook at home. She's a much

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## Coffee shop:

Continued from page 6

better cook. I can make a cookie. I come up with a recipe, the chemical part of it. She says put some cardamom in that. I guess that keeps me around."

Not a huge fan of sweet drinks, Melissa really likes Ethiopia harrar, a heavier and spicy Arabica coffee.

A former student assistant for the state of California, Melissa met Sergio at a coffee house across the street from her employer. "We're a classic coffee house love story," she says.

Concerned about issues surrounding fair trade, Sergio will be offering coffee that has been added under the fair trade agreement. Meanwhile, tea and chocolate are still two main commodities that are coming into the U.S. "Trying to also bring to the people tea from especially in South East Asia regions and the southern

part of India -- those places that are still in need of consumer dollars going to them. When you buy bag of tea for 20, 30 cents and you don't know how much labor goes into going producing it ... People buy 100 bags of Lipton (for cheap). Same thing with the chocolate." He explained how people in Venezuela and Mexico are producing their own chocolate. "You can actually acquire local chocolate from Venezuela. (Our) business is more than just business model. It will bring attention how you as a consumer can help a guy that is 10,000 miles away from you."

Asked further about their business model, Sergio said, "It gets a little complicated, Melissa and I don't have a business model per se. We are foremost foodies. Coffee, we love coffee and we love food. But we usually go into business on skeleton menu and ask customers: What do you want?"

The South Hills location will be nice for them as it will allow them to grow into more products. "We started doing organic and locally-sourced ingredients. We've been using organic wheat flour from a Woodland distributor. We would like to get more local. You can actually go and tell them I want my wheat to be of this grit. I want it extra fine, medium fine. Most bakers just open the bag. This way you can go tell the mill what flour you want."

Sergio said he would like to see groups like the Sacramento Area Bicycle Advocates hold meetings at their new South Hills location. "South Land Park has nice avenues; they're fairly wide, the city has been marking bike paths. On Saturdays, we would like to do a bicycle club day, so that every person who comes in with a bike, tricycle - anything with wheels, no motor, will get a discount. I used to be

a bike enthusiast, but I've been slowing down a bit. We have a beautiful bike path on the river... Also, our daughter is a dancer, so we have a little connection with Sac Ballet. We would like to invite them (for fundraising events)."

Toward the end of the interview, Sergio was asked to comment a bit about the competition of the Garden Party coffee shop also moving into the center. "We are in contact with landlady, and she's in contact with the other (two shopping center owners). (On Friday, Feb. 26) we found out. I had no idea of the article until the guy who is helping with tenant improvement gave me a note. I just had lunch with two other owners. They said there was a proposed application. They submitted the application and they don't have contract yet.

"The reasons why we grabbed location we did is that the dirty and expensive work

was already in place. (Garden Party is) going to have to do sewer impact fee. They want to be a nice neighborhood hub. I do wish them well. I don't mind if they open, but it could be little too crowded for the two of us, having a similar menu. We'll be in throwing range of each other and I don't think it's fair for either them or us. That's where a single landlord comes in handy ... Like us they're risking a lot ... It would be better if three sections had diversified tenants ... Who we are: I welcome competition. In this case, it may be a little unfair. We're all putting eggs in the same basket."

In the end, whatever happens will be a welcome change to the neighborhood and hopefully the community can support both businesses. Look at Riverlake Shopping Center. With Starbucks and Café Latte, both businesses appear busy regularly and Café Latte recently got business of the year.

## Dominguez:

Continued from page 4

Marshall Medical Center, and a mother of four

3. What Jeff Dominguez and volleyball did for me was life changing. Without it, I don't think I would be as successful as I am today. I first met Coach Dominguez in high school about 21 years ago and, like most kids, I just wanted to do whatever I wanted. Homework and classes weren't my first priority. Coach Jeff made it clear that there was no volleyball without good grades and good attendance. I didn't realize it at the time, but he was teaching me life lessons that I still apply in my adult life even today.

I am so thankful for all that he has taught me; both in volleyball and in life. I highly encourage any parent whose daughter wants to participate in volleyball to do so with Jeff Dominguez. His ability to teach this great sport in such a positive manner is something young girls need today. - Kathleen Stewart, 40, Office of General Counsel, Sutter Health Support Services and mother of one

4. I played varsity volleyball for Valley High School in Sacramento, coached by Jeff Domin-

guez. Coach Jeff taught us to respect each other and play as a team. Off the court, he had us attend various volleyball events, always showing us what could happen if we played hard enough. To this day, one of my favorite memories is when he brought US Olympic Volleyball Team bronze medalist, Elena Oden, to one of our practices to train with us.

I haven't played competitive volleyball since high school, but I still love to play. I now have three kids, and my daughter is interested in playing. It makes me think of my time being coached by Jeff Dominguez. He'll teach your daughter to have respect for herself, her teammates, and her opponents, as well as the love of the game. - Mia Polley Akervik, 32, Certified Pharmacy Technician at Weber & Judd Pharmacy, mother of three

5. Jeff Dominguez was my volleyball coach at Valley High School 1992-1996. I not only played volleyball during high school, but I also participated in basketball and soccer. Out of all the coaches that I have had, Jeff is truly the coach that stands out as the one who made the biggest impact in my life.

It has been 18 years since he has been my coach; however his life lessons still fol-

low me today. If your daughter has the opportunity to be coached by Jeff, do not pass it up. She will not only learn how to be the best volleyball player she can possibly be, but she will also learn how to be a better person off the court. - Nicole Chavez-Rogers, 36, Financial Advisor, Sacramento State University and mother of two

6. I've played many team sports throughout my life-

time, and I would have to say that my favorite coach would be my club volleyball coach, Jeff Dominguez. He not only made playing the sport of volleyball extremely enjoyable, but he also motivated us to do our best at all times. His approach to coaching made our team feel like a family. - Ericka Lutz, 23, Teacher's Assistant, Montessori Country Day and a senior at Sacramento State University.

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# AFRO FREAK

Fashion Week celebrated in  
Land Park at Sol Collective

Photos by STEPHEN CROWLEY  
stephen@valcomnews.com

Words by MONICA STARK  
editor@valcomnews.com



**F**ashion week would have been nothing without the presence of the African creative genius flare. With styles spanning from Africa to sister lands of South America, India, Australia all the way to London, AfroFreak Fashion Week held at Sol Collective (2574 21st St.) in Land Park included three Saturdays of live vibration, creation and tastes to feed your spirit. It is African celebration month, after all. There's one more chance to catch AfroFreak Fashion Week as the last show will be held this Saturday from 5 to 11 p.m.

Designer and curator Cleo Cartel wrote the Land Park News some information regarding the event.

Between the regulars and those chosen from a model call, the models wore Cleo Cartel or Urban Gypsy original designs.

The first time Sol Collective has hosted this event, Cleo said the event was created to have different programming during Black History

Month, not only to focus on history but to also focus on fashion, art, music and food!

"It's time for Sacramento to have options to support the real arts on every level! People are in love with visuals; what better way but to give a live art installation that's all a fashion show is and everyone feels like they are a part!"

Amongst her favorite outfits that were worn during fashion week, Cleo said, "Absolutely, the afrojumpsuits; they're fun, easy to wash and can be paired with any shoe. Love them!" The 10 models at fashion week wore outfits made from textiles originally from Kenya, Nairobi and Nigeria

"It's important to live, love and laugh, support and try cultural things that support and advance our communities. There needs to be Japanese, European, Hispanic fashion shows too. We need to know what drives each other culturally from the food to the politics, to the

See Afro Freak, page 8

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# Afro Freak:

Continued from page 7

clothing to the science we need to understand each of our cultures in the communities we live in, in order to thrive.”

Marketing coordinator for the event Ciara “CiCi” Anquay, a Pocket resident, said she told Cleo “the show was extraterrestrial. It was out of this realm even with what high fashion would present. The level of detail. The way she choreographs things. She has the ability. Rappers freestyle and (Cleo’s) ability to think on the fly and paint a picture for you that will captivate you and leave you feeling spellbound is amazing.

Her artistry is like no other. The degree of the senses that are stimulated when she is presenting you with her craft is extraordinary. The rehearsals are amazing. Because when you come in there you have no idea how she is legitimately going to use everyone as an instrument to create something very melodic. I loved the whole thing... She stimulates creativity because no one has ever shown us you can do fashion and music and morph them together effortlessly. There’s almost always a separation. Because she choreographs things and blocks it as a film director would do, it changes the whole dynamic of your perception of music,

fashion and how it can be integrated together cohesively.”

She added that generally shows aren’t choreographed. “They’re not going to take you on a journey the way she takes you on a journey. The whole thing is beautiful because you don’t know what to expect,” she said.

Sharing her love for the space, she said she loves Sol Collective. “There’s so much heart. It has soul. It does. I am really big on energy that I feel in certain places and (Sol Collective) just has a soulful, warm feeling. It does epitomize their mission statement – arts, culture, activism – and it does embody that because when you go in there you feel it.”



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# Pocket area Wing Chun school preserves rare martial arts tradition

By JAMES PEYTON

The 1970's movies caused a Kung-Fu sensation, a martial arts craze, around the world. But for years it was little known to the general public that the man who started this craze, his martial arts were largely based on Wing Chun Kung Fu. Even today, while almost everyone has heard of Japanese Karate, and Korean Tae Kwon Do, many people have never even heard of Wing Chun. Wing Chun is a Southern Chinese form of Kung Fu. There are many styles of Chinese martial arts, or Kung Fu, and many variations of each style. Because of the internet and movies, the style of Wing Chun is becoming more widely known. Perhaps you have heard of or watched the several recent Ip Man movies or are a fan of the popular actor Donny Yen? Donny Yen and others act in the recently made slew of Wing Chun movies to dramatize the life of Yip Man, the little dragon's teacher. The "Ip" is another way of spelling "Yip". In the latest dramatization, "Ip Man 3", (currently playing at United Artists in South Sac) Donny fights against Mike Tyson in one scene. The real Yip Man was considered a grandmaster of the Hong Kong Style of Wing Chun Kung Fu, and one of his students was a young Mr. Lee. There are many biographical stories of Yip Man to draw upon for the movies, such as the time he



Photo courtesy

On the left, Sifu Eddie Chong and on the right, Pan Nam. Pan Nam taught his special Fat San Wing Chun style to Eddie Chong. The picture is probably 1992 or 1993.

grabbed a gun pointed at him by a patrolman and broke it. I believe it may have been a revolver, and Yip Man broke the rotating part free of the rest of the gun with his fingers. Or the time when he stopped an armed robber from drawing his gun on him before the police handcuffed the robber and took him to their office.

The classic story of Wing Chun was of a young girl of the same name. Wing Chun was taught how to fight by an elder buddhist nun, and the style later bore her name. The nun was an elderly woman by the name of Ng Mui, who watched animals fight and created a style to defeat the Shaolin style. Kind of like updated technology in kinesiology. This origin story is a legend, I doubt if anyone knows if it is really true. According to the story, a large

bully tried to force Wing Chun to marry him. The nun took her under her "wing" and taught her how to fight for a few years. When Wing Chun and the bully next met, she defeated him, although he was much stronger and much larger in weight.

This style is interesting because it allows a much smaller, weaker person to fight a stronger, bigger attacker. It is quite unique as practitioners can use an enemy's greater strength against them, and even fight blindfolded. It relies on touch and sensitivity rather than only sight. Another important feature is the centerline concept, dividing the body into zones of defense and attack. An exciting note about Wing Chun is that it doesn't look like typical movie fighting. It goes for what works, not what looks cool. Wing Chun is practical.

In Wing Chun Kung-Fu, there are only 3 forms. There is also a Wooden Dummy to practice on, as well as 2 weapons sets, the knives and pole staff. Students can punch a sandbag to slowly condition their fists. To develop the body sensitivity, there are drills and exercises such as "Chi Sao or Sticking Hands" and "Pak Sao or Slapping Hands".

According to the August 1993 issue of Inside Kung-Fu, page 56, Part 2 of "Enter The Wing Chun Time Machine", Pan Nam taught Sifu Eddie Chong that "Wing Chun was actually developed by a 22nd

generation nun from the founding of Shaolin Temple", named Yi Chum.

If you live in Sacramento, you have the rare opportunity to study this martial art form for yourself. Sacramento Wing Chun Kung Fu is located in the Pocket-Greenhaven area at near the corner of South Land Park Drive and Florin Road. The school offers an extensive amount of learning, as there are 2 Wing Chun styles to learn, the Hong Kong style (Yip Man's style) and the Fat San style (earlier Shaolin variation) the even more rare Bak Mei Kung Fu, Chi Kung, Yi Chuan, and Thai Massage. There are also many proponents who study and teach other arts such as tai chi and fighting with various weapons. It is "all you can eat" or more likely "all you can learn" at the Wing Chun school. Again, aside from the main staple of Hong Kong Style Wing Chun, there is a rare variant of Wing Chun which is from the Shaolin Temple system. (Fat San) Sifu Eddie Chong is the teacher of the class. In case you didn't know "Sifu" means "Teacher" in the Cantonese Chinese language, as much as "Sensei" means "Teacher" in Japanese.


Sifu Eddie Chong went to China in 1992 as the very last student of an old grandmaster by the name of Pan Nam. This valuable teacher taught Sifu Eddie the Fat San style of Wing Chun, and Sifu returned to teach the style to his students. According to the Neighbors newspaper of Thursday August 13th, 1992, page 6, Sifu Chong states "I'm trying to bring the arts out of

China to the U.S." Staff writer Katherine Martinez penned the article.

Also while in China, Sifu learned the Bak Mei or "White Eyebrow" style. In Chinese history, the Shaolin temple was the origin of Kung Fu. When the monastery was burned down, an elder grandmaster monk was one of those who escaped. He had his own unique style of kung fu, different from the typical Shaolin. It was this southern Chinese style that descended down through time to become what Bak Mei is today, an aggressive fighting style with similarities to Wing Chun. In Inside Kung-Fu Magazine, page 44, August 2000 issue, Robert Chu says "Bak Mei is a highly sophisticated, fast and aggressive system that is rarely seen in today's Chinese martial arts." This issue features an article about Sifu Chong's Bak Mei style. One of the things that makes Sifu Eddie Chong's school different from many other Wing Chun schools, is that the student assimilates these arts into one new form of fighting, if diligent enough to learn them all.

Sifu Chong and his Wing Chun have been featured in several magazines and articles over the years, and he has an excellent series of instructional videos available for purchase. These are a supplement to the learning, not the actual learning itself. If you would like to practice Wing Chun or find out more information about it, come and give the school a look.

For more information : <http://www.chongskungfu.com>


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# Boy Scout Troop One to celebrate 100-year anniversary, seek alumni

Sacramento's Boy Scout Troop One will be holding its 100-year anniversary, known as the 100ofOne Celebration, this June. Popularly believed to be the oldest, continuously running Boy Scout troop west of the Mississippi River, Troop One is currently reaching out to alumni to attend its 100-year celebration.

Scouts, scouters, Eagle Scouts and anyone that has ever been associated with Troop One are invited to attend the celebration at The Center at Twenty Three Hundred located at 2300 Sierra Blvd. on Saturday, June 11 from 6 to 9 p.m. Interested alumni are encouraged to join the troop's mailing list to receive invitation information and updates on the event.

Throughout Sacramento's many recent changes, Troop One is one of the few institutions that have endured. The troop held its first meeting in 1916 at the First United Methodist Church on the corner of 21st and J streets, where its meetings are still held today. In 1955, Troop One nearly folded as membership dipped to only nine scouts. However, by 1976, the troop was back to making history, as Eagle Scouts H.J. and Robert McCurry became the first pair of brothers in the nation to win the Distinguished Eagle Scout Award.

Today, Troop One alumni make up some of Sacramento's most successful business and community leaders. The troop typically rosters 70 registered Boy Scouts from all over Sacramento and the surrounding areas and its Alumni Club boasts 170 former Troop One scouts, comprised of members from as far back as the 1930s.

To be added to the mailing list and for more information on the event, please visit [Troop-1.com/100ofOne](http://Troop-1.com/100ofOne).

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# Walk4Water returns to Pocket on Sunday, March 13

Join Faith Presbyterian Church for our 3rd Annual Walk4Water, Sunday, March 13, 10:30 a.m. Registration begins at 10 a.m. The walk begins at Faith Church, 625 Florin Road, Sacramento, for a two-mile roundtrip walk to the Cabana Club South private swimming pool, 6615 Gloria Drive.

Walkers will experience what it is like for most people in developing nations around the globe to fetch water every day. They will carry an empty water container 1 mile and fill it up at the pool and return to the church and empty their load into the courtyard fountain. (Bring a container of any size).

Cost is \$25 for adults and \$10 for children accompanied by an adult. All donations benefit the Faith Church sponsored World Vision Abaya Ethiopia Area Development Program clean water projects.

This will also be a time to learn about water awareness and the hardships most people globally are challenged with each day in acquiring safe, clean water. In light of our current drought and water shortage in California, this will bring a greater appreciation for every drop of water we use.

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Kids' Lunar New Year Food:

# Happiness and Good Fortune – Gung Hay Fat Choy

By LEIGH STEPHENS

Laughing kids and smiling adults filled the room along with the yummy smells of fruits and vegetables – pomelo, tangerines, cucumbers – to celebrate the Chinese New Year. The Food Literacy Center (FLC) presented a program with the Robbie Waters Pocket-Greenhaven Friends of the Library on Saturday, Feb. 13, from 2-3 p.m. The gathering at the library was for 6-12 year olds and their adults. Approximately 40 kids, parents and FLC volunteers attended the program in the library Community Room.

The Lunar New Year is a cultural and religious period and the most important and longest festival for the Chinese. This year of the “red monkey” started on February 8.

It celebrates the beginning of spring and new starts.

At the library program, the children learned about lucky ingredients that go into food that celebrates the New Year. FLC volunteer lead Jill Rafael discussed the Chinese New Year and helped the children prepare a Singaporean dish that is believed to bring happiness and good fortune for the

New Year. Wealth and longevity are also a part of the celebration.

Family reunions with feasting are a major part of the Lunar Festival. The New Year's dinner is very large and traditionally includes dumplings, chicken, and pork. Fish is also included, but intentionally not finished. The reason comes from a pun from a Chinese phrase meaning, “Every year there is leftover fish.”

Rafael asks the children, “What is good luck?” and the kids started waving their hands to answer:

“It's when good things happen.”

“It makes us happy.”

“It makes me smile.”

As Rafael talked, the aproned team of Food Literacy volunteers sliced and chopped veggies and fruit for the children to make the salad.

The Lunar New Year is celebrated throughout East Asia and in Asian populations around the world. Timing and customs vary among the different groups such as the Vietnamese, Koreans, and the Japanese among others. It is the most important social and economic holiday in China. For the traditionals the holiday is called the Chinese New Year, but since the twentieth century, the



Photos by Leigh Stephens

Shown here are members of the Food Literacy Team.

newer generations call it the Spring Festival. In 1996, China instituted a weeklong vacation during the Spring Festival, which gave people time to travel home and celebrate with their families.

Describing the library event, Anna Chen, who brought her nephew Ryan Chen, said,

“Parents have a hard time getting kids to eat vegetables, so this program is a great way to get them to eat veggies.”

The Singaporean dish being prepared by the Food Literacy team is a noodle salad.

Cooked soba noodles are the foundation for the salad the kids are going to prepare.

A clean wipe is given to each child before they handle the food.

The volunteers herded the kids to two long tables where they have

See New Year, page 15



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# New Year:

Continued from page 14

food graters and bowls of noodles, fruit, and vegetables along with containers of sesame oil, and five-spice powder. Each child gets a good luck red envelope filled with sesame seeds and five-spice to sprinkle over the salad.

Parent Vun Bun smiles as her daughter, ten-year-old Lessa Bun arranges veggies and fruit in her bowl.

The children are excited with all the activity and eagerly wait to eat the dish they have helped prepare. One child gives out the good luck red envelopes of sesame seed and each one gets a choice of chopsticks or fork.

Leslie Lew and her five-year-old son Conner Wagner join the group. Parents are making photos on their cell phones as the children bounce around, chewing on carrots and noodles.

Lew says, "This program is a good way to get the children to try new foods."

Food Literacy volunteer Barbara Seliutina says she is going back to school to be a registered dietician. As she leads the children to a rug, she reads the book, *The Runaway Rice Cake* by Ying Chang Compestine. It's the Chinese New Year, and the Chang Family has only enough rice flour to make one nián-gāo, a special New Year's rice cake, for the entire family to eat. But this delicious little nián-gāo has other ideas. "Ai yo! I don't think so!" it cries, coming to life and escaping.

Ming, Cong, little Da and their parents chase the nián-gāo all over the village until it runs into a hungry, old woman and sends her tumbling to the ground. Though Da is a small boy, his heart is big enough to share the treat with her, even though

that leaves Da's family with nothing to eat for their own celebration.

But the Changs' generosity doesn't go unnoticed. When they return home, they find the Kitchen God has left a wonderful surprise for them – a plentiful feast awaits them, and they share with all their neighbors.

Seliutina asks the children, "What does this story teach?"

The kids say, "To share," "To be kind," "To think of others."

The Chinese New Year started as an agricultural, agrarian calendar New Year and is symbolized by the 12 Zodiac animals. All the senses are celebrated with lion and dragon dances, fireworks, lucky money red envelopes, family gatherings and feasting.

Tradition dictates the New Year is a time to clean house, buy new clothes, which means a fresh start: ridding the life of old spirits to make way for a new time. The cleansing sweeps away any ill fortune and clears the way for incoming good luck

The Food Literacy programs range from in-class food literacy lessons to community events throughout the Sacramento area. Their teaching is "good food should be fun!" They focus on the positive side of food, sharing practical, affordable, and approachable ways to eat well, rather than harping on what foods people should avoid or eliminate. They say they aim to engage rather than frighten.

This is one library program that has peaked children's interest in culture, in food and in reading...just one more reason to support our public libraries.

For more information contact [www.foodliteracycenter.org](http://www.foodliteracycenter.org).

## YU SHENG SINGAPOREAN NEW YEAR SALAD

3 oz. buckwheat soba noodles (cooked & refrigerated)

1 pomelo peeled & cut into sections

3 ½ enoki or shitake mushrooms, trimmed

1 cup shredded carrot

1 cup shredded cucumber (skin on)

1 cup shredded daikon radish

2 tangerines, cut into sections

2 Tbsp. shredded pickled red ginger

4 tsp. black sesame seeds

4 dashes five-spice powder

¼ cup sesame or won ton crackers

### Dressing ingredients

1 pomelo peeled & juiced

1 tsp. honey

3 tsp. rice vinegar

¼ cup sesame oil

salt & pepper to taste

### Instructions

Place sesame seeds & five-spice powder in lucky red envelopes.

Arrange fruit & veggies around the edges of a large round platter.

Arrange the soba noodles in the middle of the platter.

Measure dressing ingredients into a jar. Shake well.

Pour the dressing over the platter of veggies & noodles.

Sprinkle the red envelope contents on the salad.

With chopsticks toss the salad high and say, "Lo hei" (tossing luck) while mixing the salad.

With permission from the Food Literacy Center

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The City's Department of Utilities wants your opinion about Sacramento's water and sanitary sewer facilities

The City's Department of Utilities wants your opinion about Sacramento's water and sanitary sewer pipelines and facilities since these systems belong to community members just like you. From a media release: "We've come a long way with improvements in the last few years, but there's much more work to do. The feedback you provide will help make the services Utilities provides the most beneficial and efficient for you. Take the survey here: <<http://www.envisionsacramento.com/topics>>."

## CRC's Art Gallery to hold opening reception of new exhibit: Chromatic Distortion

Cosumnes River College (CRC) cordially invites you to our new exhibition "Chromatic Distortion," featuring artists Susan Aulik, Cherie Hacker, and Kathleen Thompson. These artists represent a contemporary color field style of painting derived from mediums such as oil, canvas, ink, enamel, latex, veneer, gesso, and acrylic.

The opening reception will be held Saturday, March 5 from 6 to 8 p.m. at CRC's Art Gallery located at 8401 Center Parkway. The exhibition will run in two phases; phase one will begin March 5 and run through March 28 and phase two, featuring new pieces from

the featured artists, will begin April 4 and run through April 28. Gallery hours starting Monday, March 7th will be Monday through Thursday from 11 a.m. to 5 p.m.

We recommend that visitors enter through the west entrance of campus (Center Parkway) and park in parking lot A. Admission is free and open to the public although please be advised there is a \$2 daily parking fee if you do not have a current Los Rios Spring 2016 parking permit. For more information about the exhibition, please contact CRC's Communication Visual and Performing Arts Division at (916) 691 - 7561.

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**Tuesday, March 15 At 2 PM**

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# March 2016 Events at the Robbie Waters Pocket-Greenhaven Library

**Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Drive, Sacramento**

Sunday & Monday: Closed;  
Tuesday: 10 a.m. - 6 p.m.;  
Wednesday: 12 noon - 8 p.m.;  
Thursday: 10 a.m. - 6 p.m.;  
Friday: 1 p.m. - 6 p.m.; Saturday: 10 a.m. - 5 p.m.

For details, telephone the Sacramento Public Library at (916) 264-2920 or visit [www.saclibrary.org](http://www.saclibrary.org).

Sacramento Public Library will once again help local students sashay their way across the dance floor this spring. Help provide gently used formal wear (dresses, tuxedos, suits, shoes, accessories) to local teens in need by donating yours now. All sizes needed. Drop off at the Robbie Waters Pocket-Greenhaven Library (During open hours.) through **April 16**.

## Knit Together (Adult)

**Friday, March 4 at 1 p.m.:** Love to knit? Want to learn to knit? Got a knitting problem you need advice or help to solve? The Library knitting group can help! Join them every Friday at 1pm for expert advice, great conversation and more. All crafters are welcome--not just knitters!

## 5th Annual Dr. Seuss Story Hour (Family/All Ages)

**Saturday, March 5 at 10:30 a.m.:** Join us for some stories to celebrate the birthday of Dr. Seuss (a.k.a. Theodore Geisel), with former Councilmember Robbie Waters, former Senate pro Tem Darrell Steinberg, Sacramento Public Library Director Rivkah Sass, Vice-Mayor Rick Jennings, Sacramento County Supervisor Patrick Kennedy and Chief of Staff Susan McKee. Our special guests will be reading a few of our favorite Geisel Award-winning books. This program is made possible with generous support from the Pocket-Greenhaven Friends of the Library.

## Book Discussion Group

**Saturday, March 5 at 1 p.m.:** If you like to read and you like to talk about books, look no further than the Pocket Library book discussion group. The group reads a wide variety of books to challenge the minds and interests of all group members.

The book for discussion this month is *The Girl on The Train* by Paula Hawkins.

## Watercolors (Adult)

**Friday, March 11 at 9:30 a.m.:** TBA, Registration is required.

## Knit Together (Adult)

**Friday, March 11 at 1 p.m.:** Love to knit? Want to learn to knit? Got a knitting problem you need advice or help to solve? The Library knitting group can help! Join them every Friday at 1pm for expert advice, great conversation and more. All crafters are welcome--not just knitters!

## Read to a Dog (School Age (6-12))

**Saturday, March 12 at 1 p.m.:** Looking for a way to boost school-age reading skills? Join us in the library's Reading Tower area and practice reading out loud to a registered therapy dog (Marvin, the Wonder Corgi). Kids are invited to bring their own books or borrow one from our fabulous collection.

## iPhone Photography: Tips & Tricks (Adult)

**Saturday, March 12 at 1 p.m.:** In this class we will walk through the steps necessary to improve your iPhone or android cell phone photography. We'll explore the differences in camera phones, the accessories available for camera phones, their cost and use and applications that can be used with your iPhone and cell phone to improve your photography. Learn to use the camera that is always with you! Please note that Registration is required for this class as space is limited. William Miller is a bird photographer who has traveled extensively in the western United States. He teaches a wide range of photography topics, conducts local custom photo tours and conducts private one-on-one photography tutoring. Registration is required.

## Teen Hangout (Teen)

**Tuesday, March 15 at 2:45 p.m.:** There will be Wii games or Xbox games and/or board games.

## Watercolors (Adult)

**Friday, March 18 at 9:30 a.m.:** TBA, registration is required.



Former councilmember Robbie Waters, Friends of the Library guru Kathi Windheim and Sacramento Public Library Director Rivkah Sass

## Knit Together (Adult)

**Friday, March 18 at 1 p.m.:** Love to knit? Want to learn to knit? Got a knitting problem you need advice or help to solve? The Library knitting group can help! Join them every Friday at 1pm for expert advice, great conversation and more. All crafters are welcome--not just knitters!

## Job Coach (Adult)

**Wednesday, March 23 at 1 p.m.:** Get 1-1 help with your job search! Make an appointment to meet one on one with a volunteer job coach and get help with online job searching, using library databases, interviewing tips, resume writing and more. For questions or to schedule an appointment, please ask at the library service desk or call 916-264-2920.

## Friends of the Pocket-Greenhaven Library Board Meeting (Adult)

**Thursday, March 24 at 6 p.m.:** A meeting of the Pocket-Greenhaven Friends of the Library Board to discuss programs, funding and projects related to their work as supporters of the Robbie Waters Pocket-Greenhaven branch library. All community members are welcome to join the discussion.

## Watercolors (Adult)

**Friday, March 25 at 9:30 a.m.:** TBA. Registration is required.

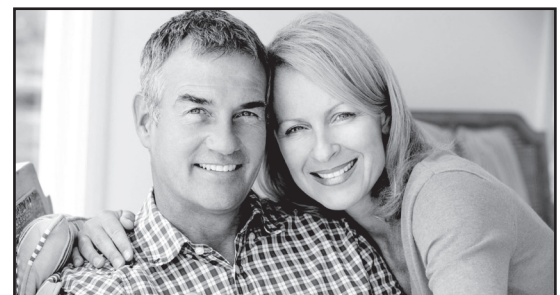
## Read to a Dog (School Age (6-12))

**Saturday, March 26 at 1 p.m.:** Looking for a way to boost school-age reading skills? Join us in the library's Reading Tower area and practice reading out loud to a registered therapy dog (Marvin, the Wonder Corgi). Kids are invited to bring their own books or borrow one from our fabulous collection.

## Introduction to Computers: Windows 7 (Adult)

**Tuesday, March 29 at noon:** Ready to take that first step and learn about computers? This course will introduce the new user to computers, beginning with the components that make up a computer system and how to use a mouse and keyboard. This course also covers basic Windows 7 skills including starting programs and working with the desktop and windows. This is a one-session course. Advance Registration is required.

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**Wed, June 15 @ 11:30 a.m.**

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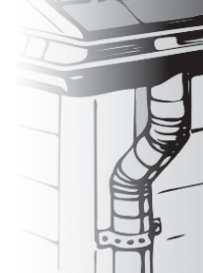
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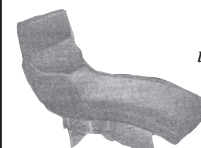
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By MATÍAS BOMBAL

*The MPAA had not rated this movie.*

Dear reader: This picture will have a single showing only at the California Museum, Sunday, March 6 at 2:40 p.m. Details are offered below, at the end of the review.

The Dakota Group offers Lisa Ammordino Vreeland's documentary, completed last year, about a singular woman from a famous family that influenced art, artists and the appreciation of same unlike any other person in the modern era. That woman was Peggy Guggenheim. The movie's director, intrigued by her subject's colorful life between 1898 and 1979, began by talking with Guggenheim's biographer, Jacqueline B. Weld who wrote "Peggy: The Wayward Guggenheim"

During the course of several meetings with Weld, the reference recordings of the ongoing interviews between Weld and Guggenheim recorded during 1978-9 were discovered in Weld's basement. They were thought to have been long lost. Armed with this remarkable audio, direct from Guggenheim's own voice and memory, Vreeland had a wonderful way to tell Peggy's amazing story in her own words and with images and movies over the years that include associations with almost all of the great modern artists since the 1920's.

Peggy Guggenheim was the least wealthy of the famous family. She started her young life with a great shock. When she was 13, her father, Benjamin Guggenheim, along with his valet, Victor Giglio, bravely faced death in the freezing Atlantic ocean with elegance in white tie, a rose in his button hole, as they descended to the bottom of the ocean seated in deck chairs and smoking cigars in the rapidly flooding first class foyer of the grand staircase aboard the Titanic. Heard in the film's soundtrack, Peggy's biographer wondered if she was angry to have lost her father or perhaps felt abandoned. Guggenheim answered

"How could I be? I thought it was very noble."

The picture opens with a beautiful title sequence in the style of modern art and Jackson Pollock, one of her protégés. Before the titles come to a close, you hear Peggy say right at the outset, "My first great achievement was the discovery of Jackson Pollock, the collection, my second achievement." She continues, "It was all about art and love." In this movie, director Vreeland shows us how Guggenheim used art to turn herself into a personality; as a collector.

With an inheritance of \$450,000, Guggenheim was an independent teen, distant from her mother with whom she did not relate. Peggy began to expose herself to modern thought and art via the New York bookstore The Sunwise Turn, a known center for the Avant-garde in the metropolis. It triggered a passion that would last her entire life, which according to Vreeland's movie, blossomed when she went to Paris from 1921-38.

This documentary features classic film clips, as well as multiple interviews with those who knew and were close to her. The film clips are of an excellent visual quality and are shown in each case in the correct original aspect ratio or screen shape within the modern rectangle shape the movies most commonly use today. Still images help to tell the story with some movement in and out of the image to cleverly focus on an aspect of the photo, but never in such a way that it draws attention to itself, and I must say, tastefully done.

The movie then becomes a parade of the who's-who of modern art and culture in which Guggenheim participated, encouraged, bought or sold over the years. You'll see her influenced by Marcel Duchamp, Samuel Beckett and Gertrude Stein. Her encouragement and support to Jackson Pollock and so many others is investigated and shared frankly. You'll visit her collection as it moved from country to country over the years, ending up in Venice, where her palazzo there is now her collection's museum. A collection now priceless, remarkably ac-



Photos courtesy The Dakota Group

Peggy Guggenheim in a photo by Bernice Abbott.

quired when the paintings were new for a total of \$40,000., if one adds up her purchase prices for these works.

During the second world war, she managed to get all of her paintings and some artists out of Europe safely. This runs the gamut from Kandinsky to DeNiro. That's Robert DeNiro, the actor, who on screen recalls his parent's paintings being shown by Peggy Guggenheim in New York when he was merely three years old in the "Art of the Century" gallery and exhibit. He later returned to Venice as a teenager, to see his mother's (Virginia Admiral) painting there, where it remains to this day. This was a singular, unusual woman who created and invented her own destiny and savored it every moment along the way.

"I accomplished what I wanted to do, I did it very successfully and I am very happy about that." she is heard saying in her own voice. I venture, after seeing this picture, that Peggy Guggenheim, herself, was the central color work of her own collection.

The 2016 Sacramento Jewish Film Festival has relocated to the California Museum and will be held on March 5 and 6. Film selections feature two themes, includ-

ing explorations of the diversity of Jewish food and culture on Saturday, March 5 and the lives and legacies of Jewish philanthropists on Sunday, March 6 as follows:

**Festival Day 1: Saturday, March 5:**  
6 p.m.: Opening Night Reception with Sacramento Jewish Food Faire  
7 p.m.: "In Search of Israeli Cuisine" (2016);  
9:05 p.m.: "Dough" (2015);  
11 p.m.: Festival Day 1 closes

**Festival Day 2: Sunday, March 6**  
12:30 p.m.: "Rosenwald" (2015)  
2:10 p.m.: Coffee Break Intermission  
2:40 p.m.: "Peggy Guggenheim: Art Addict" (2015)  
5 p.m. Festival Day 2 Closes

Advance tickets are \$15 each per film or \$25 each per day pass, and door tickets on the days-of are \$20 each per film. All levels include admission to view all current Museum exhibits, a \$9 value, and parking for attendees.

Tickets may also be purchased through the Museum Store in person or by calling (916) 653-0650 during business hours Tuesday-Saturday 10:00 a.m. to 5:00 p.m. and Sunday 12:00 to 5:00 p.m.

## — EVENT LISTING SECTION —

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers.

Call (916) 429-9901 for rates.

### 34th Annual Spring Craft Faire

Saturday, March 5, 2016  
9 a.m. - 3 p.m. FREE

Over 60 Crafters!  
Great shopping for speciality gifts!  
Mission Oaks Community Center  
4701 Gibbons Drive, Carmichael  
972-0336 • MORPD.com

### SAVE THE DATE!

67th Sacramento High School Reunion  
Class of 1949

Saturday, September 10, 2016  
11 A.M. - 3 P.M.

Contacts: Joyce Cowan at  
cowan\_j@sbcglobal.net and

Vera Malkovich at  
borka@comcast.net

### Crockett-Deane Ballet & Deane Dance Center present... "The Story of Sleeping Beauty"

Fri. April 15 at 8 a.m. (Act III only)  
Sat April 16 at 2 p.m. and 7 p.m.  
Sun April 17 at 2 p.m.

The Center at 2300 Sierra Blvd.  
(916) 453-0226  
DeaneDanceCenter.com



### Casa Gardens

**SpringCraft Faire**  
Friday March 11th: 11am - 7 pm  
Saturday March 12th: 9am - 4pm

www.CraftyTreasures.com • (916) 726-1672  
2760 Sutterville Rd., Sacramento



# Matias Bombal's Hollywood

## "Eddie the Eagle"

The MPPA has rated this PG-13

Twentieth Century Fox Film Corporation offers "Eddie the Eagle", a great, real-life human interest story that follows the life of a determined underachiever to reach the winter Olympic games in 1988. Eddie Edwards (Taron Egerton) is seen from childhood with the most unstoppable positive attitude. Yet, he's hampered by being a little slow, or as they used to say, touched. In childhood, he overcomes knee braces through literal determination and stick-to-itiveness.

Determined to become an Olympic athlete, Eddie first wishes to become a competitive skier, but is ostracized by a snobby Olympic team director, Target (Tim McInnerny), after knocking over a row of aligned skiers in front of the press like dominoes, spoiling a meeting to promote and raise funds for the British Olympic team. He stops sports for a while out of disappointment to help with his dad's plastering business, but hits on the idea to become a ski jumper. His research tells him that there's not been one from Great Britain in the Olympics since 1928.

That's it! He'll become a ski jumper, and off he goes to Germany to practice and realize his dream. There, he encounters not only repeated falls and injury on the road to making his dreams come true, he finds the course and jump groomer, Bronson Peary (Hugh Jackman). Bronson never stops taking a dribble from his flask, whilst grading or plowing the snow. He's torn inside by a demon that haunts him and one that makes him consider helping Eddie out with some advice.

Eddie later finds that Bronson was an Olympic ski jumper and then becomes eager not only to know him better but take his advice. The two work to what would seem by all accounts an impossible task. Off they go, one jump at a time, going for more distance with each leap from the chute.

Notable performances are offered by Jo Hartley, play-

ing Eddie's "mum" and one of my favorite Brits of the screen, Jim Broadbent, as a BBC commentator, who is proud of his odd, ugly duckling-like countryman trying his best for country and crown. Christopher Walken is also in the picture as a legendary Olympic coach that had trained Hugh Jackman's character years before and had been disappointed by him.

This really is a showcase for the film's star, who I have long championed. Taron Egerton was fantastic in "Kingsman: The Secret Service" by the same producers of this film, as well as "Legend" and a movie seen by too few people last year, "Testament of Youth". His nerdy performance here is as much the opposite of the young, strapping and handsome Egerton as it is possible to be. Thus, each time he awkwardly pushes his large '80s style eyeglasses up the bridge of his nose or grimaces uncomfortably without any sense of his appearance, he has mastered such an opposite and utterly believable person from himself that he surely shows greatness in performance. I'm not suggesting an Oscar this early in the year, but I'll love it if he got a nod with a nomination.

Movie critics are asked to write on a card following each advance press screening with thoughts about the picture which are then reported to the studio. On my card I wrote: "Hollywood! More movies like this! Movies that elevate the human spirit. Wonderful". I meant it, too. The movies may serve to inspire and give hope. More commonly, they seek the lowest common denominator for sake of stimulation of the basest element. Here is a great story, a true story, and a joy-filled movie. Why are you still reading this? Go see it!

## Triple 9

The MPPA has rated this R

Open Road Films brings a gritty tale of bad cops doing the bidding of the Russian Mafia in Atlanta, "Triple 9". The crime drama is big ensemble movie with a cast that



Anthony Mackie and Casey Affleck trek through seamy mire and the Russian mob. Photo: Bob Mahoney, Open Road Films

includes Kate Winslet, Casey Affleck, Anthony Mackie, Woody Harrelson, and Norman Reedus. In the story, written by Matt Cook, a team of professional criminals with two rouge cops included are being blackmailed by a Russian Israeli mobster; the icy Irina Vlaslov, played by Kate Winslet in her ongoing phase of roles of evil women of the screen. She wants this team to do an "impossible" job.

Following their last job for her, for which they were not paid, a bank heist that opens the movie, she wants more. She's stopping at nothing to get her husband out of an overseas high security prison, and she needs the team to obtain computer data from a maximum security federal storage complex. The movie's director, John Hillcoat starts the intrigue when one of the rogue cops, Marcus Belmont, played by Anthony Mackie, works with the group investigating crimes the rouge group had perpetrated.

Affleck and Mackie are teamed, and right from the start, Mackie's bad cop sets up the rookie for a fall by taking him in to a gang-ridden neighborhood to arrange him up to be knocked off. Affleck's a good cop and begins to notice things are not quite right, yet does his job. After a while, he visits his uncle, Special Detective Jeffery Allen, played in an oddball performance by Woody Harrelson. Allen is in charge of the investigation.

The end of the night could not come soon enough for

me after this movie started. I will gladly say that the performances are excellent from all involved, and that the movie's gritty look, by design, is well achieved. The use of color and noir effects that lend themselves to the underbelly of crime life were well executed. However, the whole time I did not enjoy the movie. It reminded me of everything in life that I suspect and even know about that I wish never to see in life, let alone at the movies.

The movie, as described by actress Kate Winslet: "It really is brutal, horrible and really quite shocking." Director Hillcoat wanted to base this gritty stylized and moody modern noir story in reality. A Georgia police gang unit on set advising throughout the production so that it would seem as real as the lowest gang life depicted. This, combined with international intrigue and the latest fad in the movies, the return of Russians as bad guys.

Since the cold war ended the Russians were given a reprieve as bad guys and movie villains all seemed to come from the Middle East. Now, with the aggressive politics of Russia today, the movies of the present seem to return to malign all Russians as evil once more. That's just not right.

Casey Affleck continues to climb upwards from one excellent performance to the next; he's great in this. Too bad the subject of the movie is so disagreeable and violent. We all suspect there are bad cops. In any group of people there are good and bad people. The maligned image of law enforcement in the movies is an unfortunate trend in today's cinema, and I wish it would go away. Good acting, horrible movie.

**For more information about "Matias Bombal's Hollywood", please visit <a href="http://www.mabhollywood.com">www.mabhollywood.com</a> for exclusive content. Twitter: @MABHollywood**



# CALENDAR

Send your event announcement for consideration to: [editor@valcomnews.com](mailto:editor@valcomnews.com) at least two weeks prior to publication.

## Matsuyama Elementary School will have a Mobile Clothing Drive Fundraiser

There will be a Mobile Drop Box on campus at 7680 Windbridge Drive, Sacramento from **March 8-21**. Donations can be dropped off 24/7. This fundraiser promotes recycling, gives back to the local community AND raises money for our school. **ACCEPTING DONATIONS OF:** Usable clothing (all sizes), shoes, jewelry, belts, purses, backpacks, bedding and linens, toys, DVDs, and other small non-breakable items.

## Sutter's Fort looking for volunteers

Do you have an interest in early Sacramento history? Do you get excited at the idea of dressing up in Pioneer clothing, churning butter, or making barrels? If so, volunteering at the birthplace of the city of Sacramento may be just for you! Sutter's Fort will soon begin Docent training classes for those interested in interpreting pioneer California

history to the public. For more information about training dates and requirements, please contact volunteer coordinator Llonel Onsurez at (916) 323-2015 or [lloanel.onsurez@parks.ca.gov](mailto:lloanel.onsurez@parks.ca.gov).

## Free trees

Sacramento Tree Foundation, in partnership with SMUD, provides free expert tree selection advice and energy saving shade trees to SMUD customers. Call the Sacramento Tree Foundation at (916) 924-8733 or email [shadetrees@sactree.com](mailto:shadetrees@sactree.com) to make your appointment to receive up to 10 free shade trees.

Your appointment can be online or in person and an expert Community Forester will work with you to find the best places and tree varieties to plant that will provide the most shade for your home. About two weeks after your appointment, once you agree to the planting plan, your trees, stakes and ties will be delivered to you. This is a free service provided in partnership by SMUD and Sacramento Tree Foundation to help SMUD customers save energy. For more information, call Sacramento Tree Foundation at (916) 924-8733 or visit [www.sactree.com](http://www.sactree.com). Properly planted trees can save help you save up to 40 percent on summer cooling costs, increase your property value, clean the air, reduce stormwater flooding, and make your neighborhood a better place to live. Call Sacramento Tree Foundation at (916) 924-8733 or visit [www.sactree.com](http://www.sactree.com) for your free trees.

mer cooling costs, increase your property value, clean the air, reduce stormwater flooding, and make your neighborhood a better place to live. Call Sacramento Tree Foundation at (916) 924-8733 or visit [www.sactree.com](http://www.sactree.com) for your free trees.

## Sons In Retirement (SIR) Branch #93 Luncheon programs

are held on the third Monday of each month at 11:30 a.m. at Elks Lodge No.6. SIR is a luncheon club with 141 branches and a membership of 18,000 men who are retired from full-time employment. Activities included weekly golf tournaments and bowling league teams. For more information or an application call Chairman Dick West at 919-3858.

## Free Yoga Night at Sacramento State

Sacramento State's The University Union UNIQUE Programs is pleased to announce an evening of relaxing yoga with fitness instructions from The WELL at Sacramento State on Thursday, March 17, 2016 starting 7:30 p.m. in The University Union Ballroom. The event is free for Sac State students and the general public. The first half hour will be an introduction to yoga for beginners. Immediately following will be yoga appropriate for all fitness levels. Yoga will develop inner and outer strength, increase stamina and flexibility and help you get centered through a blend of different yoga traditions. This class links body, breath and mind with focus on alignment. Co-sponsored with Group Fitness at The WELL,

the campus recreation and fitness facility at Sacramento State. For more information, please visit [www.SacStateUNIQUE.com](http://www.SacStateUNIQUE.com) or call the University Union Info Desk at 278-6997.

## The Sacramento Traditional Jazz Society (STJS) monthly music event

Every second Sunday of the month, STJS has music at the Elks Lodge No. 6, 6446 Riverside Blvd., from noon to 5 p.m. Each month STJS has a different bands, there is three different rooms to listen to music. Nominal fee for members is \$8; non-member price is \$10.

## Nar-Anon meeting for families and friends

The group meets to learn about drug abuse, share problems, encourage the addict to seek help, replace despair with hope, improve the family attitude, help regain your self-confidence. For more information, call the First United Methodist Church at 446-5025, ext. 101. Meetings are Tuesday evenings from 6:30 to 7:30 p.m., 2100 J St.

## Rotary Club South meeting

The Rotary Club of South Sacramento meets at noon for lunch every Thursday at Aviators Restaurant at Executive Airport, 6151 Freepoint Blvd, Sacramento, CA 95822. Rotary is one of the largest service organizations in the world dedicated to community service both locally, and internationally. Please call JR Springer at 425-9195 for additional information.

## Beginning tai chi gong

These exercises use the principle of chi flowing properly throughout the body to maintain the equilibrium of yin and yang. Regular practice of these forms will develop better balance and flexibility, gain strength, promote deep relaxation, and improve health. This beginning class will also learn the 24 Yang Style Tai Chi and Yi Jing, a traditional Health Qi Gong. Pre-registration and prepayment required or \$7 drop-in fee at the door. Class will be held on Tuesdays from 4:00-5:00 pm at ACC Senior Services, 7334 Park City Drive. For more details, call (916)393-9026 ext 330, [www.accsv.org](http://www.accsv.org).

## Soroptimist International Sacramento South

Meets the second and fourth Tuesday at Executive Airport, Aviators Restaurant at 12:15 p.m.

## Widow persons monthly buffet and social

Widowed Persons Association of California, Newcomers' Buffet and Social is open to any and all widows and widowers, the third Monday of each month at 5:30 p.m. The buffet will be held in the private dining room at the Plaza Hof Brau, corner of El Camino and Watt Avenue, cost varies as the choice is from a no-host buffet menu. There is no charge to attend the social other than the meal chosen. For more information, call 916 972-9722. Widowed Persons Association of California, Sunday Support, is open to any and all widows or widowers, every Sunday from 3 to 5 p.m. in the meeting room of the WPAC office, 2628 El Camino Avenue, Ste. D-18. Enter from the back parking lot. For more information, call 916 972-9722. Saturday, Nov. 7, Widowed Persons Association of California Workshop, "Coping with the Holidays," 2 to 4 p.m., the doors open at 1:30 p.m.. A second session will be held Tuesday, Dec. 1, from 7 to 9 p.m., doors open at 6:30 p.m. The workshops will take place at 2628 El Camino Ave., Ste. D-18. Enter from the back parking lot. For more information or to register, call 972-9722.

## MARCH

### Sacramento County History Day

**March 5:** National History Day (NHD) is a premier competition that engages more than half a million students nationally. As part of NHD, Sacramento County History Day (SCHD) allows students to participate in authentic, challenging, project-based learning that lasts an entire school year. Students select topics and research them as historians would – by using libraries, archives, museums and oral history interviews. Their analysis and interpretations come together with the facts and evidence they've gathered to become their final projects. Sacramento County History Day will be held at Inderkum High School in Natomas, 2500 New Market Drive. Students may participate in one of three divisions which are based on their grade level. The divisions are: Elementary, grades 4-5; Junior, grades 6-8; and senior, grades 9-12.

### Cal Spring Thing

**March 5:** To help Cal, continue on its path of excellence for the students and community, friends of Cal are getting ready for the 7th annual Cal Spring Thing on March 5. The Annual Cal Spring Thing raises much needed funds for the school and has become a neighborhood celebration as the community rallies behind its only middle school. The community's involvement has been pivotal in the growing successes of Cal. The Spring Thing will feature small plates served by local restaurants, beer and wine tastings, a live & silent auction, Wall of Wine and Cal student art will be for sale. Also, featured this year will be Cal Culinary program. The community is invited and encouraged to attend the event, starting at 6:30 p.m. at the Congregation B'Nai Israel at 3600 Riverside Blvd. For more information on the event and to purchase tickets visit [www.calspringthing.com](http://www.calspringthing.com). Tickets will also be available at the door.

### Music at noon

**March 9:** Free music programs, offered at Westminster Presbyterian Church at noon on Wednesdays. This week enjoy music by singers/songwriters Gayle Anderson and Bob Gram.

### Root Cellar Sacramento Genealogical Society General Meeting

**March 10:** From 7 to 8:30 p.m., the program: "Features and Tools of The New Ancestry" presented by Tamara Noe will be held at Christ Community Church, 5025 Manzanita Ave. in Carmichael from 6:15 to 7 p.m. There will be a pre-meeting with informal discussions. Folks can ask questions, share brick walls, find others searching your surnames or locations. Visitors always welcome! For more information, go to [info@rootcellar.org](mailto:info@rootcellar.org)

### A Musical Evening with Friends' benefit concert

**March 11:** On Friday, March 11, 2016, A Musical Evening with Friends' Benefit Concert, will be held 7:30 to 9:30 p.m. at First United Methodist Church, 21st and J streets. Meet the Artists Reception immediately following. Suggested donation price is \$20; tickets are available at [musicaleveningwithfriends.brownpapertickets.com](http://musicaleveningwithfriends.brownpapertickets.com). Concert will feature musical artists: Clifford Shockney, Coleen Chandler, Dr. Darrick Lawson and David Deerfeeder. The concert will benefit the Wisdom Project = LGBT Elders 3rd Friday LGBT Elders Community Café Nights in midtown. Third Friday Café Nights are held in the Terrace Room at First United Methodist and include a catered buffet meal

# FREE FAMILY COMMUNITY EVENT

**EGG HUNT FOR AGES 1-10 YRS OLD**  
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This 4 bed home located in the nice Golf Course Terrace neighborhood has many updates including roof, ac, refinished real hardwood floors, painted kitchen cabinets, oven, knobs on cabinets, bathrooms, some plumbing, interior and exterior paint, exterior siding in front of home, lights, faucet, vanities and more. Great open floor plan and lots of natural light.

\$260,000

See Calendar, page 23



# Calendar:

Continued from page 22

and entertainment in a safe environment that encourages community building and social engagement with other older LGBT people and allies. Wisdom Project is a program of the grassroots all volunteer nonprofit of Servant Hearts. Programs provide for older and aging Lesbian, Gay, Bisexual and Transgender people in the greater Sacramento area a variety of social events, resources materials, community building and enrichment programs. For information call or email ... Cathy Perry, 218-760-2415, servant\_hearts@hotmail.com.

## River City Food Bank's Fight Against Hunger Continues with 13th Annual "Empty Bowls" Event

**March 14-15:** Local food bank's annual fundraising event looking to top last year's record-breaking effort River City Food Bank's signature event, Empty Bowls, returns for its 13th year, Monday, March 14 and Tuesday, March 15, 2016. The evening soup supper and the next day's luncheon events will once again be held at the Sacramento Convention Center at 1400 J Street in downtown Sacramento. Monday's soup supper begins at 5:30 p.m. and the luncheon seatings start at 11:30 a.m. and 12:30 p.m. Annually, Empty Bowls brings more than 1,600 community members together to raise funds, find friends and create awareness for River City Food Bank's ongoing fight against hunger in Sacramento County. Proceeds from the event will purchase healthy food for River City Food Bank's emergency grocery program. The evening supper features gourmet soup, wine, appetizers, breads and dessert from Classique Catering, as well as a silent auction where one lucky supper attendee has the opportunity to walk away with a one-carat diamond. Luncheon guests will enjoy soup from great local restaurants, bread, cookies and beverages, split in to two, hour-long seatings. Restaurant sponsors for this year's event include Café Bernardo's, Chops Steak Seafood & Bar, Grange Restaurant & Bar, Lucca's Restaurant & Bar,

Mother, Petra Greek, Scott's Seafood on the River, Vizcaya, Zocalo and more. All attendees are invited to take home one of over 2,000 beautiful handmade bowls donated by professional potters, glass artists, wood turners and students, as a reminder of the many who face an empty bowl each day. Empty Bowls tickets are \$70 for the evening event and \$30 for each of the two luncheon seatings. They are available online at rivercityfoodbank.org or at local bookstores Avid Reader at 1600 Broadway, and Trinity Cathedral Bookshop at 2620 Capitol Ave. in Sacramento. For more information please visit rivercityfoodbank.org or call (916) 446-2627.

## Music at noon

**March 16:** Free music programs, offered at Westminster Presbyterian Church at noon on Wednesdays. This week enjoy music by Random Harps.

## Giant garter snake topic for Audubon meeting

**March 17:** The Giant Gartersnake, one of America's largest snakes, will be the topic at the March 17 meeting of the Sacramento Audubon Society. Once abundant in the Central Valley, the big snake has lost most of its historical wetland habitat to farming and development and is now found mostly in the rice fields of the Sacramento Valley, according to speaker Eric Hansen, a herpetologist who has studied them for many years. The public is invited to the 7 p.m. meeting at the Effie Yeaw Nature Center in Ancil Hoffman Park (For directions, see sacnaturecenter.com.) There will be no charge for the program, and no park entry fee.

## Fresh, Hot Crab at West Campus Crab Feed!

**March 19:** Support one of our premier local high schools by attending the West Campus Crab Feed and Silent Auction coming up Saturday, March 19 from 5:30-10 p.m. at Giovanni Hall of St. Mary's Church. Tickets are \$60/person, available at www.west-campus.scusd.edu or in the school office at 3022 58th St. The evening will feature: fresh, hot crab or rib eye steak cooked right on the

premises; "Aloha" Hawaiian theme with special tropical cocktail; live music from West Campus' award-winning band; as well as a raffle and silent auction. All proceeds go to support West Campus students programs including the classes of 2016-2019, WCHS marching band and the West Campus Foundation for Excellence. Donations for our raffle and auction are also very much appreciated! West Campus High School is recognized as a California Distinguished School, rated the top high school in Northern California by Newsweek magazine, and has one of the highest CAASPP scores in ELA and math in the state. In addition to high academic expectations and a strong commitment to the arts and athletics, West Campus High School is devoted to developing future leaders and building strong ties within our neighborhood and community. Commitment to diversity and civic responsibility are central to West Campus' educational mission and goals for student development. Your donation to West Campus High School helps support the development of tomorrow's leaders. Many school programs at West Campus are only made possible with the assistance we receive from our family, friends, and community business partners.

## The Shepard Garden and Arts Center Spring Sale

**March 19-20:** Sale will be held from 10 a.m. to 4 p.m. each day. Over 20 clubs that meet at the Shepard Garden and Arts Center and over 18 craft vendors will participate. Plants, pottery, garden decor, jewelry and craft items will be for sale. Food will be available for purchase. Free admission and free parking. Proceeds help support the Shepard Garden and Arts Center, 3330 McKinley Blvd., Sacramento. For more information contact: Therese Ruth, 916-457-0822 or tgrcom@aol.com.

## Music at noon

**March 23:** Free music programs, offered at Westminster Presbyterian Church at noon on Wednesdays. This week enjoy silent movies with Theater Organist Dave Moreno.

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Kids get first 4 oz. FREE every Friday from 4-8pm

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(916) 422-8120

5535 H Street, #10  
(916) 455-6000

NEW BUSINESS HOURS: 11 AM - 10:30 PM

## FREE YOGURT

Get a FREE 8 oz. yogurt when you purchase 8 oz. or more of yogurt. Limit 1 free 8 oz. yogurt per coupon. One coupon per person per visit with coupon. Not valid with other offers. Exp. 3-31-16

# Community Worship

## Greenhaven Lutheran Church

475 Florin Road (at Gloria Dr.) • 428-8449  
9:00am Bible Study & Sunday School

10:15am Worship Service (Alternating Traditional & Contemporary)  
[www.GreenhavenLutheran.org](http://www.GreenhavenLutheran.org)  
Angels Nest Pre School 2 yrs. - 5 yrs. (916) 428-4651

## Faith Presbyterian Church

625 Florin Road (adjacent to Kennedy High in Greenhaven/Pocket) • 428-3439  
A community loving Christ, building disciples, serving all  
Worship Sunday 9 and 11 am  
• Sunday School, Bible Study, Childcare • Youth Activities  
• Family Programs • Adult Education

## Parkside Community Church

"Open & Affirming Congregation"  
Sunday Worship Service: 10:30 am  
Bible Class: 9:00am

5700 South Land Park Drive & 35th Avenue 421-0492

## Riverside Wesleyan Church

6449 Riverside Blvd. • 391-9845  
Sunday Worship: 9:00am & 10:45am  
[www.rwcsac.org](http://www.rwcsac.org)

## Greenhaven Neighborhood Church

630 Ark Way • 422-8253  
Sunday School Bible Study: 9:15am • Sunday Worship: 10:30am  
Weekly Bible Studies - Jr/Sr High Events

## St. Anthony Catholic Church

660 Florin Road • 428-5678  
[stanthony-sacramento.org](http://stanthony-sacramento.org)  
Sunday Masses: 8:00am, 9:30am & 11:15am (Saturday vigil, 5:00pm)  
Daily Mass: 8:00am Monday-Saturday



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**GOLF COURSE TERRACE**

Beautifully updated four bedroom home located in a nice neighborhood. Refinished real hardwood floors, painted kitchen cabinets, updated bathrooms and more. Great open floor plan. Private yard with patio. Near Bing Maloney Golf Course, downtown, and shopping.  
\$260,000

**MONA GERGEN 247-9555**



**SOUTH LAND PARK TERRACE**

Conveniently located on a corner lot in a wonderful South Land Park neighborhood.  
3 bedrooms 2 baths, 1453 square feet with open floor plan, living room fireplace and dual pane windows. 2-car garage, bonus room and RV access.  
\$410,000

**CHRIS BRIGGS 834-6483**



**DUTRA BEND**

Ready for you to enjoy! This 4 bedroom 3 bath two-story home features newer paint, carpet and refinished hardwood floors. The great open floor plan is just what you are looking for! Open and spacious, there is plenty of room for everyone  
\$449,000

**PAULA SWAYNE 925-9715**



**RETREAT AT VALLEY HI**

On the 15th fairway with spectacular views, single story 2 or 3 bedroom 2½ bath home is your own private resort! High ceilings, big windows and light-filled spaces. Outside access from every room to courtyard or pool. Gourmet kitchen, 3-car garage.  
\$648,000

**JAY FEAGLES 204-7756**



**AMAZING TALLAC VILLAGE**

This IS THE ONE !!! So perfect is SO many ways both inside and out. It is cozy and open, refined and stylish and brimming with character. Attention to detail plus quality updates. 3 bedrooms 2 baths plus family room.  
\$349,000

**SHEILA VAN NOY 505-5395**



**GOLF COURSE TERRACE HOME**

Wonderfully cared for and updated! This lovely spacious 4 bedroom 2½ bath home has beautiful laminate flooring, updated kitchen, living room fireplace, central heat and air conditioning, covered patio, and more. Don't miss this!  
\$285,000

**MONA GERGEN 247-9555**



**UPDATED TAHOE PARK**

Completely updated 2 bedroom that's move in ready! Newer roof, siding, CH&A, wiring/electrical panel, kitchen, SS appliances, bathroom, dual pane windows, blinds, bamboo & tile flooring. Big back yard with raised beds.  
\$239,900

**NATHAN SHERMAN 969-7379**



**INVESTOR SPECIAL**

Remodeled 2 bedroom, 2 bath halfplex with tenant in place ... and this tenant would like to stay! Newer tile in interior. New roof and gutters in 2012. Seller would prefer an investor buyer who will allow tenant to stay in place.  
\$132,500

**CHRIS BRIGGS 834-6483**



**FOULKES RANCH ELK GROVE**

Better look at this! Open and bright 3 bedroom 2 bath home that has a big backyard. Pretty laminate flooring and a newer roof plus...easy walk to Foulkes Ranch Elementary School. So close to shopping, parks, greenbelts, freeways and public transportation. Call today!  
\$299,000

**SHEILA VAN NOY 505-5395**

*for current home listings, please visit:*

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