

POCKET NEWS

— BRINGING YOU COMMUNITY NEWS FOR 25 YEARS —



Former Pocket Bistro owner bids farewell

See page 7

- From the Editor 2
- From your councilmember 4
- Library Events..... 11
- Faces and Places 12
- Calendar 21



A retrospective:
The death of
Florin Mall

■ See page 10



Del Rio Trail
continues to
move forward

■ See page 14



Ron Roberts
Broker
 (916) 806-0118
 Ron@BigHeartRealty.com
 CalBRE# 01037639

Big Heart Realty

Dedicated to the Community.
BigHeartRealty.com

Jackie Gowder
 (916) 600-2445
 Jackie@BigHeartRealty.com
 CalBRE# 01971163





DON'T SELL NOW!

Unless you know the TRUE MARKET VALUE of your home!

I know. Call me.

I have done my "home" work in this area over the last 32 years!

It is never too early to start planning to buy or sell a home!



Nick LaPlaca
764-7500



24 Hour Info @ www.NickLaPlaca.com

POCKET NEWS
WWW.VALCOMNEWS.COM

E-mail stories & photos to: editor@valcomnews.com
Pocket News is published on the first and third Thursdays of the month in the area bounded by Interstate 5 on the east and the Sacramento River on the north, west, and south.
Publisher David Herburger
Editor Monica Stark
Art Director John Ochoa
Graphic Designer Annin Greenhalgh
Advertising Director Jim O'Donnell
Advertising Executives Linda Pohl, Melissa Andrews

Vol. XXV • No. 8
2709 Riverside Blvd.
Sacramento,
CA 95818
t: (916) 429-9901
f: (916) 429-9906
Cover photo by:
Lance Armstrong

James Peyton
Monica Stark

Copyright 2016 by Valley Community Newspapers Inc. All rights reserved. Reproduction in whole or in part without written permission is prohibited.

From the editor: Random Acts of Kindness column

I have been inspired to run a new section titled "Random Acts of Kindness" in the Pocket News. A reader of the West Sacramento News-Ledger (a publication I also edit), wrote me with the following friendly suggestion: Why not give an opportunity for members of our community to express their gratitude for receiving an act of kindness that occurred to them in our community?

We print the "police report", why not also the "Random Acts of Kindness" people report? I think it's a great idea. It would be a great addition to Valley Community Newspapers. We can publish in our papers reminders for readers to submit their stories. If any reader is interested in submitting a similar type of piece, he or she can email letters to vcneditor@gmail.com or mail to our office address: 2709 Riverside Blvd., Sacramento, 95818.

-Sincerely, Monica Stark

The following are a couple of examples that were published in the Pittsburgh Post-Gazette, submitted by readers.

Thanks to a stranger, my lost keys came back to me

Last month, after one of our snowstorms, I had the misfortune of losing my house keys. I had done some errands one of which was to shop at the Giant Eagle market in Bethel Park on Route 88. It wasn't until I got home that I realized I didn't have my keys to my home. Needless to say, I was beside myself. Luckily, my son had a spare set, but I only got his by the goodness of the maintenance man who let me in his apartment to get it. After about 30 minutes, I finally got into my apartment and lo, and behold, I had a voicemail message on my home phone to call a

See Kindness, page 3

Kindness:

Continued from page 2

certain merchant. When I did I was told that a lady had called this business because, on my set of keys, I had some small frequent shopper cards, the ones you give at the registers. It was the only one with a phone number on it, so this kind soul took the time to call to see if I could be notified. She found them in the parking lot of the market. How I didn't hear them drop I'll never know. They are heavy and make noise when dropped. Maybe the snow muffled the sound. However, the merchant

gave me her phone number and I called her. She was truly an agent of St. Anthony. She even agreed to meet me at a common location to pick them up. When I met her, I quickly asked for her name and address with the intention of repaying her kindness. But she just said, "That's not necessary," and politely gave me a hug and drop away!" - Patricia Weber, Bethel Park, Pennsylvania

Also lost, and then found, at Giant Eagle

On a recent Saturday, I went to the Giant Eagle in

West View. I needed a gift card and the young lady at customer service was kind enough to help me find it. I then went on my way to do my weekly grocery shopping. When I was finished, I checked out and headed for home. Halfway home, something made me look on the passenger seat for my purse, but it was not there.

I stopped the car and got out to look in the trunk,

but it wasn't there either. I panicked and quickly headed back to Giant Eagle. As I started down the aisle where I had parked, there was the young lady from customer service walking down. I stopped to ask if anyone had turned in my purse. But before I had a chance to finish my question, she turned around and had my purse in her hand. She saw the gift card and knew it was mine

and came out to the parking lot to look for me. Some woman had turned it in. I think my mind has 'left the building' because this is the second time I left my purse in the grocery cart. God bless the woman who turned it in and the young lady who came out to search the parking lot for me. May they both be blessed with good luck. - Lois Newman, Ross, Pennsylvania

FLOORS & MORE
Celebrating Our 1-Year Anniversary!

Our large buying power allows us to sell and install at lower prices.

- Wood & Bamboo
- High End Laminates
- Granite & Quartz Counter Tops
- Refinishing Existing Hardwood Floors
- Direct from the Wholesaler

Bringing You The Best Flooring with 100's of Colors to Choose From!

FREE Estimates!

ANNIVERSARY FLOORING SPECIAL
20% OFF
ALL LAMINATES & HARDWOOD FLOORING
Plus We'll Pay The Sales Tax!
With Coupon, one coupon per household. Cannot be combined with any other discounts or offers. Expires 5/31/16. VCS.

INTEGRITY & CUSTOMER SATISFACTION IS OUR MISSION.

330 FLORIN ROAD (AT RIVERSIDE) 916.505.1703
www.sacfloorsandmore.com • larry@sacfloorsandmore.com **MON-FRI 9AM-5PM**
SAT 10AM-4PM
SUN CLOSED

LOW DOWN PAYMENT ON HIGH-BALANCE LOANS

Are you looking for more home?

Fannie Mae offers down payments as low as 5% on loan amounts over \$417K, which may allow you to get just what you're looking for.

DAVID MENDOZA | NMLS #243859
Senior Loan Officer | 916.977.1227
dmendoza@guildmortgage.net | www.guildmortgage.com/officers/davidmendoza

Guild Mortgage Company is an Equal Housing Lender; NMLS 3274. Branch NMLS 122966. Guild Mortgage Company 3606 Fair Oaks Blvd, Suite 100, Sacramento, CA 95864. Licensed by the Department of Business Oversight under the California Residential Mortgage Lending Act. I am authorized to conduct business in the states of California, Arizona, and Oregon. AZ BK # 0018883 AZ LO # 0926128, OR ML 176. All loans subject to underwriter approval; terms and conditions may apply. Subject to change without notice.

WORRIED? STRESSED OUT? DEPRESSED?
There are answers in this book.

BUY AND READ
DIANETICS
THE MODERN SCIENCE OF MENTAL HEALTH
BY L. RON HUBBARD
May you never be the same again.

PRICE: \$27.00

Church of Scientology Sacramento
1007 6th Street (6th & J) Sacramento CA 95814 • (916) 319-5440
sacramento@scIENTOLOGY.net • www.scIENTOLOGY-sacramento.org

LET'S GO!
A SPECIAL ADVERTISING PUBLICATION OF VALLEY COMMUNITY NEWSPAPERS

Don't Miss Out!
Reserve your space by 4/27

Appearing In:
Arden-Carmichael East Sac Land Park Pocket NEWS

Call (916) 429-9901 to reserve your space today

Get flood insurance for as little as \$129, and we'll throw in peace of mind for free.

Get a preferred risk flood insurance policy for as low as \$129 a year. Homeowners insurance does not cover floods. And even a small flood can cost thousands. So call me today, and protect your biggest investment.

State Farm

Bob Smith, CLU, Agent
License #0531514
(916) 427-1332
7210 Greenhaven Drive, at Florin Road
Serving Pocket since 1991

What's going on?

Spring is in full swing and District 7 has lots in store...

The sun is out and there's plenty to do in our community. Along with our monthly events, such as Office Hours, the D7 Hot Spot, and the Community SPOTlights, we are excited to announce the return of Trucks & Such to Garcia Bend Park on April 15th!

Here is a list of more activities coming up in Pocket/Greenhaven that may be of interest. Would you like to see your event or program listed in this monthly column? Email your event details to cursery@cityofsacramento.org to be included in

next month's column as well as our Social Media blasts.

COMMUNITY YARD SALE
Saturday, April 23
Sacramento Roundtree Community (601 Roundtree Court)

Looking for a unique item? Find it at the Sacramento Roundtree Community Yard Sale. For more information, contact Kemiko Tolon at ktroundtree906@gmail.com.

9TH ANNUAL OUR LIFE STORIES: MINING YOUR GOLD CONFERENCE
April 23 - 8:30am-4:30pm



Cosumnes River College (8401 Center Parkway)

Cross-generational writers' conference, focused on collecting and telling your family stories with nationally recognized writers. For information on workshops and registration, visit: <http://hart-crcwriter-sconference.org>.

COMMUNITY SHRED DAY

April 23 - 10am-2pm
Kennedy High School (6715 Gloria Drive)

Kennedy High School Grad Nite of 2017 and Cook Realty are here to help you clean house!! Help the environment and protect yourself from identity theft by bringing out all your unneeded paper and hard drives to be shredded. For more information, contact Meena Chan Lee at 916-837-9104 or meenachanlee@gmail.com

IAM PROP 47 WORKSHOP

Bobinski Dental
Because Your Smile is Our Passion

Cosmetic and General Dentistry.

New Patient Special
Come in for a FREE exam and x-rays!

7410 Greenhaven Dr. Ste 107
(916) 391-2888
www.BobinskiDental.com

April 23 - 12pm-4pm Pannell Community Center (2450 Meadowview Road)

Change your record, change your life at this record reclassification and expungement resource tour. For more info, call 916-470-2077.

And...don't forget our ongoing events and opportunities:

D7 HOT SPOT
Fridays, 7-10pm

School of Engineering & Sciences! (7345 Gloria Drive)

TEENS, cool out at the D7 Hot Spot! Boys & Girls ages 13-19, Basketball, Snacks, and more! Call our office (916-808-7007) for more information. Paid for by Measure U and sponsored by the Department of Parks & Recreation.

SOUTH SACRAMENTO YOUTH ADVISORY COMMITTEE (SSYAC)
2nd Wednesdays, 6-8pm

(August 2015-June 2016) Pannell Community Center (2450 Meadowview Road)

INVESTING IN OUR YOUTH: - We're calling for all our young leaders that are ready to make a difference in the community. Food will be provided! For more info, contact Casanya at cursery@cityofsacramento.org.

CITY HALL IN YOUR NEIGHBORHOOD

3rd Thursdays, 6-7pm
(February - November 2016)

Robbie Waters Pocket-Greenhaven Library

Join Vice Mayor Rick Jennings and staff to discuss matters of importance to you and your neighbors, 3rd Thursdays of the month at the Pocket-Greenhaven Library from 6-7pm.

TRUCKS & SUCH
3rd Fridays, 5-8pm (April - October 2016)

Garcia Bend Park
Enjoy food trucks, fun, family and friends EVERY 3rd Friday at Garcia Bend Park.

FREE TOURS OFFERED AT THE SACRAMENTO REGIONAL WASTEWATER TREATMENT PLANT
April - October 2016
Sacramento Regional Wastewater Treatment Plant

For more information or to book a tour, visit <http://www.regionalsan.com/tour-treatment-plant> or call 916-876-6120.

Got News?
e-mail editor@valcomnews.com

Giovanni's Pizzeria
REAL ITALIAN, REAL NEW YORK

5924 S LAND PARK DRIVE (916) 393-7001
6200 FOLSOM BLVD (916) 455-8831

\$4.00 OFF
ANY LARGE PIZZA

VCN Must present coupon. One coupon per order per pizza. Expires 5/31/16

Confidence Focus High Self-Esteem Discipline

Join us today for a FREE introductory class. Taekwondo is more than kicks and punches. It's a way of life. A life of structure, discipline, order and obedience.

Call Today
916-382-9058
7385 Greenhaven Drive Suite 1

Cherry Bankruptcy

916-233-2663
julius@cherrylawconsulting.com

Call Today for a FREE No-Obligation Bankruptcy Consultation With Your Attorney

The Meadows at Country Place

Committed to providing the highest quality-personalized care with dignity & utmost respect.

•Complex Physical Limitations
•Hospice •Alzheimer's / Dementia •Respite

Call today
916-706-3949

10 Country Place, Sacramento, CA 95831
www.TheMeadowsAtCountryPlace.com
RCFE LIC# 347004702

Super Crossword BIG MIX-UPS

See solution, page 22

ACROSS

1 Down a...
2...
3...
4...
5...
6...
7...
8...
9...
10...
11...
12...
13...
14...
15...
16...
17...
18...
19...
20...
21...
22...
23...
24...
25...
26...
27...
28...
29...
30...
31...
32...
33...
34...
35...
36...
37...
38...
39...
40...
41...
42...
43...
44...
45...
46...
47...
48...
49...
50...
51...
52...
53...
54...
55...
56...
57...
58...
59...
60...
61...
62...
63...
64...
65...
66...
67...
68...
69...
70...
71...
72...
73...
74...
75...
76...
77...
78...
79...
80...
81...
82...
83...
84...
85...
86...
87...
88...
89...
90...
91...
92...
93...
94...
95...
96...
97...
98...
99...
100...

DOWN

1...
2...
3...
4...
5...
6...
7...
8...
9...
10...
11...
12...
13...
14...
15...
16...
17...
18...
19...
20...
21...
22...
23...
24...
25...
26...
27...
28...
29...
30...
31...
32...
33...
34...
35...
36...
37...
38...
39...
40...
41...
42...
43...
44...
45...
46...
47...
48...
49...
50...
51...
52...
53...
54...
55...
56...
57...
58...
59...
60...
61...
62...
63...
64...
65...
66...
67...
68...
69...
70...
71...
72...
73...
74...
75...
76...
77...
78...
79...
80...
81...
82...
83...
84...
85...
86...
87...
88...
89...
90...
91...
92...
93...
94...
95...
96...
97...
98...
99...
100...

LAND PARK GOLD & SILVER
State of the Art Jewelry Repair and Metal Diagnostics

LIC# 34041416

Jewelry Rare Coins
UNWANTED BROKEN GOLD OR SILVER?

Turn It Into Cash!

We Buy and Sell Gold, Silver, Jewelry, Coins
Call for Today's Rates on Scrap Gold 916.457.2767

Hours: Mon-Fri: 11-6pm, Sat: 11-5pm, Sun: Closed

Watch Batteries \$5.00+Tax
Installed - per watch
(Some Restrictions Apply) Expires 4/30/16 PN

5100 Freepoint Blvd
(corner of Arica Way & Freepoint Blvd.)
916.457.2767

Ring Down-Size \$15.00
Most Rings
(Some Restrictions Apply) Expires 4/30/16 PN

Ring Up-Size \$35.00
Most Rings. Up to 2 Sizes
(Some Restrictions Apply) Expires 4/30/16 PN

Susie Kuwabara Parker
Realtor® BRE#00833025

916-768-8494
4305 Freepoint Boulevard, Sacramento 95822
Native Sacramentan Pocket/Greenhaven SPECIALIST

7095 Riverside \$289,000 - SOLD
1133 Derick Way \$419,900 - SOLD
6937 Gallery Way \$350,000 - SOLD

1331 Normandy - \$599,000
3-4 bed, 2 bath, 2,400 sq. ft.

9 Ellen Rose Court - \$579,000
30 Yuba River Circle - \$289,000
943 Shore Breeze Dr. - \$879,950
24 Still Bay Court - \$950,000

Merryhill Preschool
Infants - Pre-K

The perfect balance of learning and play.
NOW ENROLLING!

7335 Park City Dr. • Sacramento
<http://pocket.merryhillschool.com> • 877-959-4187

The Pocket News is looking for INTERNS

Art, community, activism, neighborhood gossip, local events, planned development, restaurants, culture, schools, politics and neighborly do-goodery: the topics within the Pocket area to write about are endless and I often have more story ideas than time.

If you're a student interested in writing, I would be happy to guide you through the process of writing news and feature stories. Just call Monica at 429-9901 or send an email to editor@valcomnews.com

VALLEY COMMUNITY NEWSPAPERS

CareGivers of Land Park
Serving the elderly in our neighborhood

- Personalized Care & Services
- Meal Preparation
- Light Housework
- Grooming & Bathing Assistance
- Laundry & Linen Change
- Medication Reminders
- Appointments & Short Errands

Offering Quick Check Care Service within Land Park, Greenhaven & Pocket neighborhoods for only **\$14.95 per visit***

* Price subject to change without notice, 15 minute visits.

We are available 24 hours a day to provide care to seniors in need
Call us today!
(916) 429-3232
CareGiversofLandPark.org

"The Wizard" Makes Science Cool

By LEIGH STEPHENS

"In school when the day came for science class, a creeping dread overcame me: staring out the classroom window daydreaming about the Friday night dance as the teacher explained air pressure and velocity (whatever that is); my nerdy lab mate and me cutting up smelly frogs; washing out test tubes of toxic potions, convinced I would die early of chemical weapons of mass destruction."

-Leigh

If science classes were just a little more like the exuberant programs of the "The Science Wizard," our country might not have a shortage of scientists who could explain the world around us.

Big puffs of air and smoke, loud bangs and whishes, and comic antics caused the room

full of kids and parents to laugh and cheer when "The Science Wizard" performed at Belle Cooledge Library on Friday, March 25 from 4-5 p.m.

More than 50 kids and parents attended the fun educational program sponsored by the Friends of the Library. "The Science Wizard," Jordan Reading, bounced around the crowded Community Room with manic energy reminiscent of Robin Williams.

"The Wizard" entertains his audience with science experiments laced with improv comedy. He says his programs are planned for grade school through about 12 years, although teens and parents enjoy his antics.

He is dressed in a purple headband, purple t-shirt, black jeans and trainers. Topping his outfit is a white lab coat giving him an

air of authority before his mesmerized fans. Although this library program is "Awesome Air Pressure," there are six different programs available including the "Wizard's Lab," a night party called "Castle Dungeon" on lights and lasers, a Harry Potter event, and several on lightening, magic and illusion, and chemistry.

At the Belle Cooledge Library program, the kids give rapt attention as "The Science Wizard" entertains with one experiment after the other. Producing his magical experiments, he uses household products like cans of soda, plastic pop bottles, Alka Seltzer tablets, paper cups, a hairdryer, a blowtorch, a leaf blower, duct tape, and toilet paper.

Some of the kids sit on a carpet down in front of the lab table. They are waving their arms and rising off their knees to be picked as a volunteer to help with each experiment. One featured two volunteers holding between them a pole with a roll of toilet paper on each end. "The Wizard" uses the leaf blower to demonstrate the power of air as the rolls begin to unroll, blowing toilet paper all over the kids, up in the air and across the room. The children leap up and grab pieces of paper, throwing pieces like streamers.

All eyes are on the big hit, the hovercraft driven by air from the leaf blower that propels a little girl into the air all the way across the room as she sits on a round board supported only by paper cups placed in a circle. The craft rises about a foot from the paper cups and glides on air.

"The Wizard," Jordan Reading, says he is from Sacramento but went to Chico State and studied physiology and tax accounting. He worked for a number of years as an accountant, but his fun side led him to create "The Science Wizard" programs that educate and entertain hundreds of kids yearly.

Reading says, "I'm first and foremost an entertainer, not a teacher. So my goal is always to make sure everyone has a good time. A by-product of this is that if the kids



have fun, they associate it with SCIENCE! Now all of a sudden, science is cool, and they all want to grow up to be scientists and look forward to taking science in school. Even if they don't learn or retain anything from my shows, they have a spark for learning that pushes them in the direction of science."

He started "The Science Wizard" in 2005, and is in his 11th year. "I wanted my shows to be the best science shows available, so I went to every science show, science museum, or science display I could find on the West Coast. Also searching online, I looked for the biggest and best experiments that I could transport to and from my shows."

"The Wizard" has presented his science programs up and down the state at the Los Angeles County Fair, the Lodi Grape Festival, the Santa Barbara Museum of Natural History among others as well as at private birthday parties, corporate picnics, school assemblies and church groups. Fees for the performance range from \$195 through several hundred dollars with a small mileage fee for distances.

Sponsoring this show were the Sacramento Friends of the Library. In the January/February Among Friends newsletter, Library Director Rivkah Sass reports, "In 2015, the Friends of the Library provided more than \$300,000 in support of library services and programs

and contributed thousands of volunteer hours."

Each of the 28 public libraries has a branch of the Friends of the Library. The group is a membership-supported, non-profit organization that advocates, raises funds, and provides critical support for the libraries and bookmobile. The majority of their funds come through used book sales to the public. The money goes for programs that focus on literacy and education.

Long time Friends volunteer Virginia Kidd says, "Our primary fundraising effort is selling used, donated books that has the added benefit of letting readers find treasures at the sales."

Together the Friends operate the Book Den and Warehouse located on Belvedere Avenue in Sacramento. The Book Den is open several days weekly and holds quarterly used book sales. There are also locations at libraries that sell donated books and magazines.

"The Science Wizard" can be contacted at Jordan@science-wizardparty.com or 916-765-4377.

Professor Leigh Stephens is retired from the CSUS Journalism & Communications Studies Department. She was also a visiting professor at the University of Hawaii for 22 years. Stephens is a national and California Press Women's award-winning author of more than 500 articles and several books.

Former Pocket Bistro owner bids farewell

By LANCE ARMSTRONG
Lance@valcomnews.com

Nearly eight months have passed since Edmund and Jade Abay shut the doors of their popular restaurant, Pocket Bistro, with plans to reopen in a new location.

But since that announcement was made, much has changed, as the owners of the eatery no longer have a plan to bring back their eatery, which had nearly a five-year run at 6401 Riverside Blvd.

Last week, Edmund, 47, met with the Pocket News to make that announcement.

"I never say never (about reopening Pocket Bistro), but at this time in my life, my concentration is my family," he said. "Right now, I can't juggle both. It's time for me to spend time with my family and make sure that those four walls are intact."

Edmund, who moved to the Pocket area in 2002 and three years later married Jade, who grew up in the Pocket, said that he maintained very long hours at his restaurant.

"I was always there (at Pocket Bistro)," he said. "(Customers) would see me, but when they would see me, I wasn't with my family. The restaurant becomes your family. You're in and out and you breathe, sleep, eat (the business), and you lose focus on what is most important - your wife and your children."

Edmund said that he welcomed the opportunity to thank his former customers for their patronage through this publication.

"I've been wanting to thank the community for so long; I just didn't know how," he said. "I was

going to put (an announcement) up on that Nextdoor (online community social network website) and I thought, 'That's kind of cheesy.' But I just want to tell them, without them, there would be no Pocket Bistro, and I thank them. They made my dream come true and I could never repay them for what they did for me. It was just an awesome feeling and I do thank them from the bottom of my heart. And sorry Pocket Bistro is closed. I'm not going to say for good, but for now."

Edmund, who said that he voluntarily closed the restaurant due to issues with poor plumbing in the building, reminisced about the Pocket Bistro, which was well-known for its short ribs, chicken piccata and other menu items.

"In 2010, it was kind of iffy how well we would do, because the economy was not doing so well," he said. "Then it somewhat turned. I don't think it had anything to do with the economy, but I think it had to do with the people throughout the neighborhood."

"I think they were surprised to see that a place like Pocket Bistro was opening up in the neighborhood and I think it was well deserved for the community."

"I wanted to give something back that they would appreciate, and I think we did that in the food and the style that we did. You could go somewhere else and you would pay more. I think we were more than fair on our pricing and our hospitality."

The atmosphere was another part of the draw of Pocket Bistro, Edmund explained.



Edmund Abay stands in front of Pocket Bistro shortly after its closure last August.

"The vibe was so good in that place," he said. "It was just amazing. You would see someone you hadn't seen for a long time and you would go, 'Hey, can I buy you something to drink?' And you know, 'Taste this, taste that.' It felt good to me. I hated to see (Pocket Bistro) go. I really did."

Edmund mentioned that he is currently employed at a restaurant supply business in the Arden area.

"I sell restaurant supplies," he said. "I see the excitement of the first-time owners of a restaurant,

and it brings back memories of how I felt, and it gets me excited for them. But it also gives me a feeling of 'Wow, hang in there. I hope they have the stomach for the roller coaster ride they're about to take.'"

As for owning a restaurant in the future, Edmund said that he would open an eatery that would be more manageable, in terms of balancing between his personal family and his restaurant family.

"It would be a restaurant, but it would be on a smaller scale and more personable," he said.

GROCERY OUTLET
bargain market

YOUR NEIGHBORHOOD GROCERY STORE!
Open daily, 7am-10pm

6419 Riverside Blvd, 95831

WHO SAYS WE'RE FULL?

Hundreds of new burial and cremation spaces are now available.

East Lawn Memorial Park and Crematory

4300 Folsom Blvd.,
East Sacramento, CA
(916)732-2000

East Lawn Memorial Park has been a Sacramento tradition for over 110 years. Some people think the park is full.... We are not close to being full. As a matter of fact, we have recently added hundreds of new burial spaces, cremation niches and crypts. Please call us for a park tour or attend one of our monthly free luncheon seminars.

FD136

www.EastLawn.com

PLEASE Recycle this paper

VALLEY COMMUNITY NEWSPAPERS

The Pocket News is looking for interns

Art, community, activism, neighborhood gossip, local events, planned development, restaurants, culture, schools, politics and neighborly do-goodery: the topics within the Land Park area to write about are endless and I often have more story ideas than time.

If you're a student interested in writing, I would be happy to guide you through the process of writing news and feature stories.

Give Monica a call at 429-9901 or send me an email at editor@valcomnews.com

Intern/Writer
Your Name Here

PRESS PASS 2016

*Not a valid Press Pass

FUNERAL DIRECTORY

Call Melissa at (916) 429-9901
www.valcomnews.com

GEORGE L. KLUMPP
CHAPEL OF FLOWERS

2691 Riverside Boulevard
Sacramento, CA 95818
(916) 443-7917
www.cfcsacramento.org

Serving the community since 1921

Harry A. Nauman & Son

Dignity 4041 Freeport Blvd
Sacramento, CA 95822
(916) 452-6157
FD366

Serving Sacramento Families since 1903.
Pre-arrangement packages available.

LIND BROTHERS FD 1141

A Family Owned Funeral Home & Crematory
Celebrating 50 Years in the Community

916.482.8080

East Lawn Memorial Parks, Mortuaries & Crematory

(916) 732-2000

EastLawn.com
4 Sacramento locations serving families since 1904

POLICE LOG

Child safety alert: Keeping Our Kids Safe

Around 2 p.m. on Tuesday, April 19, two Matsuyama Elementary School students (6- and 8-year-old boys) were riding their bikes home along Pocket Road when a female drove up in a newer red Dodge Dart (with flames on the rear quarter panel). She blocked their path with her car and then offered them candy to get inside. When they refused she continued to follow them along Pocket Road. She continued to offer them a ride home. When the students got to their apartment complex the female drove off.

She was described as a white woman in her 40s, medium build, approximately 5-foot, 7-inches tall with bleach blonde shoulder length hair. The Sacramento Police Department generated an information bulletin and sent it to our officers. They also made sure the school was aware of the incident and put out a "stranger danger" notification to all parents. -Councilmember Rick Jennings

Safety at Kennedy

On Wednesday morning at about 8:40 a.m., a high speed chase involving multiple police cars occurred in the neighborhood and Kennedy High School went on lockdown for about 10 minutes. The reason behind the chase was unknown as of press time, but rest-assured, over at Kennedy safety measures were followed accordingly. "It was unusual to see that many police vehicles going full speed down Florin Road," said Pocket News ad rep Linda Pohl who lives nearby.

JFK's office manager Bethany Carter told the Pocket News that School Resource Officer Adam Feuerbach, who is directly connected to the police, informed the school that a lockdown should occur, in response to the police activity in the neighborhood.

She said no sirens were heard and the whole event lasted relatively shortly. "We have a lockdown drill that is standard in the district," she said. "The alarm does say 'lockdown.' It says: 'Lock-

down! Lockdown.' Then, I get on the PA system and I say, 'This is not a drill; please take cover.' At that point everything is locked down. (Staff) secures everything, lights are out ... Then I do an all clear and that was a big relief." -Monica Stark

Police logs

The news items below are collected from police dispatchers' notes and arrest reports. The information in them has often not been verified beyond the initial reports. All suspects are presumed innocent until proven guilty.

Reporting date and time: April 9 at 4:12 p.m.

(Warrant Arrest): 900 block of Astro Court

A partnering law enforcement agency contacted SPD to advise of a parolee at large who had been observed in the area. Officers responded to the area and set up a perimeter. SPD canine and SSD helicopter units also responded to assist in the search. Officers were directed towards the subject by citizens who observed him hiding inside the perimeter. The suspect was confronted by the SPD canine unit and surrendered without further incident. The man was booked on his parole hold warrant.

Reporting date and time: April 11 at 10:49 p.m.

(Robbery): 6200 block of Greenhaven Drive

Victim was walking to her apartment when a suspect robbed her at gunpoint. The suspect took her purse and fled on foot. A report was generated and the case remains active. No arrests have been made.

Reporting date and time: April 13 at 3:50 p.m.

(Robbery): 1400 block of Dickson Street

The victim was walking in the area of 43rd Avenue and Gloria Drive when two subjects walked up and threatened him, demanding his new shoes. Out of fear the victim gave the suspects his shoes. The suspects ran to a waiting car and fled north on I-5. A report was generated and the case remains open.

Reporting date and time: April 13 at 6:29 p.m.

(Robbery): 6100 block of Riverside Boulevard

The victim was walking in the area of 43rd and Gloria when two subjects walked up on him and threatened him, demanding his new shoes. Out of fear the victim gave the suspects his shoes. The suspects ran to a waiting car and fled north on I-5. A report was generated.

port was generated and the case remains open.

Reporting date and time: April 16 at 10:51 a.m.

(Welfare Check): 1200 block of Alder Tree Way

Officers were dispatched to a residence to conduct a welfare check on a man who had communicated despondent feelings to family members. Upon arrival, officers determined the man was home and forced entry in an effort to assess his condition. Officers located the man inside the home and detained him. The man was transported to an area hospital for evaluation.

Reporting date and time: April 18 at 3:21 p.m.

(Suspicious Circumstances): 8000 block of Pocket Road

Two juveniles were riding their bikes home along Pocket Rd when a female drove up next to them and blocked their path with her vehicle. She offered them candy and a ride home, but they refused. She continued to follow them along Pocket Rd until they got home. When the juveniles got to their home, the female drove off. The local schools in the area were informed of the suspicious activity and encouraged to relay the information to parents. A report was generated.

Senior news

Music and memory show strong correlation Eskaton Greenhaven to launch new program

A common misconception is as we get older we are faced with an inevitable loss of mental capabilities, and the decline cannot be stopped. Well, I have good news for you: That is not true. Music and Memory, a program developed by New York City Social Worker Dan Cohen in 2006, is proving to be a way to restore the mind's abilities, even after the onset of dementia and Alzheimer's disease. Cohen's evidence-based program brings personalized music to people experiencing memory loss.

Eskaton, a leading provider of senior services, prepares to launch Music and Memory to its residents in long-term care. The program utilizes music on iPods to help residents escape the isolation of dementia. Studies demonstrate how music can promote the recovery of some brain functions a person has lost. This might be the answer to helping those with dementia reconnect with family, friends and caregivers.

Research is ongoing, but as a result of this program, partici-

pants are happier, more social and calmer. There is growing evidence that a personalized music program will assist healthcare professionals in their effort to reduce reliance on some prescription medications.

The California Association of Health Facilities (CAHF) developed a project with funding by Centers for Medicare and Medicaid Services (CMS) to bring the Music and Memory program to Skilled Nursing Facilities throughout California. Currently, the project is managed with help from the Betty Irene Moore School of Nursing at University of California, Davis (UCD). Music and Memory is an exciting program that has the potential to help healthcare organizations carry out guidelines established by CMS whose objective is to decrease the use of anti-psychotic medication.

Music and Memory is expected to improve the lives of those who experience it. The program first launches at Eskaton Care Center Greenhaven and Eskaton Care Center Manzanita this

spring and will expand to the other care centers this summer.

Highlights:

- Eskaton to launch grant funded music therapy at four care centers in 2016.
- UC Davis School of Nursing will measure effectiveness of music on residents with dementia and/or Alzheimer's.
- The California Association of Health Facilities selected the Music and Memory program for Skilled Nursing Facilities to adopt.
- Centers for Medicare and Medicaid Services and The California Association of Health Facilities fund the roll out of Music and Memory in California.
- Guidelines were developed by Centers for Medicare and Medicaid Services to help reduce the use of anti-psychotic medication.



Advertise

your company ONLINE, today!

Call 916-429-9901 for more information.



Senior Services & Connections

Call Melissa (916) 429-9901

YOUR AD SHOULD BE HERE!

Call Melissa today!

Your services are needed. Your ad should be here. Ad design is free.

Call 429-9901

DOCUMENT PREP SERVICES

LIVING TRUST/LIVING WILL
Legal Document Prep Services:

- Trust • Will
- Powers of Attorney
- Residential Deed

Couples \$550 Singles \$495
Lynda K. Knight (916) 214-1215
1337 Howe Ave., Ste. 103
Sacto 95825

LEGAL SERVICES

WILLS AND TRUSTS

- | | |
|------------------------|-----------------------------------|
| <i>Services</i> | <i>Experience</i> |
| • Will and Trusts | • Med-Cal - 8 Years |
| • Special Needs Trusts | • Franchise Fin. Bound - 10 Years |
| • Trust Administration | • Private Practice - 13 Years |

Free In-Home Consultation
Tim Tyler, Ph.D., Attorney at Law 916-432-0624

SPECIAL ALZHEIMER'S LIVING

REVERE COURT

MEMORY CARE Lic. #547001338342

Day Club, Respite,
Residential, Support Groups
& Educational Classes
casey.s@chancellorhealthcare.com
www.reverecourt.com
(916) 392-3510
7707 Rush River Dr. Sacto. CA 95831

Nelson Dental

We show. We tell. You decide.



We have the latest technology and exceptional quality treatment!

7400 Greenhaven Dr.
Sacramento, CA 95831

(916) 427-1101
www.NelsonDental.com

We Provide An Array Of Dental Services

- Invisalign Braces
- Single Visit Crowns
- Root Canal Treatments
- Oral Surgeries

Rise Wellness Saturday May 14th
Open House 1:00 - 4:00pm

We're opening our doors to introduce our amazing healing practitioners and give you the opportunity to test out our services in a fun, relaxing atmosphere. Our open house is FREE to the community.

Highlights:

- Healthy Snacks
- 10 Minute Chair Massage
- 15 Minute Reiki Sessions
- Guidance on selecting Classes and Services
- Traditional Chinese Medicine benefits
- Connection to your Community
- Healthy Lifestyle Tips

Raffle Prizes



7385 Greenhaven Drive, Suite 5
916.538.6180 • riseyoga.com

RISE WELLNESS
YOGA • MASSAGE • CHIROPY



A real estate company is like a home. The great ones have a strong foundation.

Our agents come with a network of experience and are backed by the most admired name in the business.

Let us help you with one of the biggest financial decisions you will make...buying or selling a home.

916-422-3756

BERKSHIRE HATHAWAY HomeServices
Dunnigan Properties

Good to know.™

http://www.bhhsdunnigan.com

Berkshire Hathaway HomeServices Dunnigan Properties • 6355 Riverside Blvd., Ste. A Sacramento, CA 95831
© 2015 BHH Affiliates, LLC. Real Estate Brokerage Services are offered through the network member franchisees of BHH Affiliates, LLC. Most franchisees are independently owned and operated. Berkshire Hathaway HomeServices and the Berkshire Hathaway HomeServices symbol are registered service marks of HomeServices of America, Inc. B information not verified or guaranteed. If your property is currently listed with a Broker, this is not intended as a solicitation. Equal Housing Opportunity.

A retrospective: The death of Florin Mall

By JAMES PEYTON

Hello, fair readers and true believers. In the last 100 years Earth is no longer as pretty and is surely becoming one big city. I grew up in South Sac, it will never change back, and so this is my verbal attack, giving you history and information if it is what you lack.

This is a eulogy of the Florin area. In the 1940s, Highway 99 was known as Stockton Boulevard, and it ran all the way to the town of Stockton. The south area was agricultural land, with very few buildings or "development". In the Florin Road area were places like the 7 Mile House, Fernandez company, and an old folks home. In the 1950s the Southgate Lodge Inn, The Brown Derby, (Later Wally's Tavern) and a lumber yard could be found near Stockton Boulevard.

The 99 freeway was finished in 1960, and neighborhoods sprang up near it like waterfowl to wetlands. Southgate plaza, a shopping center, appears on the scene in 1963. Rapid construction occurred in the early 1960s in the Florin, Bowling Green, and Lindale areas, eventually slowing down in the early '70s.

Before there was Arden Mall, there was Florin Mall. Located on Florin Road, Sacramento's first mall was built in 1967 and opened its doors that year at 6117 Florin Road. The mall was set up in a simple T shape, with the largest three stores at each end. You had Sears to the west, Weinstocks to the east, and JCPenney's facing north. The following are some of the now vanished stores that were within the mall. JCPenney, Weinstocks, B.Dalton books, Orange Julius, Ups & Downs, Kay Bee toys, Claire's Boutique, Radio Shack, and JW or Jeans West, where cheap pants and slacks could be had. Not to mention the candle shop, card shop, shoe stores, the African Store, and the Collector's store. In later days there was the learning center, a room full of computers mainly used by students.

By the 1980s Sacramento's early retail landscape consisted of the south area and the downtown area, with its one-story strip called Downtown Mall, Southgate plaza, which was near suburban living, and places like Mervyn's and GEMCO.

In the '80s Florin road periphery there were businesses such as Toys R Us, Sears, "Monkey" Wards, BEST, Price Club, The State Theatre, The Comic Box, The Good Guys, Consumers, Goodyear Tires, Wells Fargo, Bank of America, Eppie's, and JJ-North. Southgate had Federated, Ross, and another bank. It was a slightly different time in consumerism, with stores across America having a rather generic look to them, right out of a Mr. Bean episode or a Sears catalog.

Florin Mall was no exception, walking through its department stores gave a reflection of suburbia. There were many different types of mall stores clustered around them. There was an arcade on the east entrance. They had upright cabinets holding games like Ninja Warriors and Ms. Pac-man. Either as an attempt at attracting customers or a small secret of kids in the know, there was an Elevator Action cabinet set to free play, and you could play over and over without quarters at the push of a button. Years later the arcade moved to the first room on the right of the main entrance in front of the mall. This establishment became known as "Tilt" and with its non working Street Fighter games, reflected that the arcade was a dying phenomenon.

Eddie Murphy made several appearances at the mall, one time buying up tons of sunglasses. It's bright in California, you know. There was the shoe store riot where patrons broke glass and ran off with boxes of shoes. My own memory is that of waiting for buses which sometimes never came like the 51 and 54, sitting under the giant wasp nests near the top of the baby blue JCPenney's and lamenting over



teenage loves. Years later, the Special Ed kids from nearby schools would come and hang out inside the mall's main entrance, and I would befriend them, amidst the usual stares. One of my friends was the southeast Asian kid in a wheelchair who they featured in the Bee one time. The same few security guards could be seen chasing after women; every time you visited, you could watch the show.

Gradually the Florin Area fell into a state of urban decay. Two of the three main stores moved out of Florin Mall, leaving only Sears behind. The area became more dangerous, and people lost interest. There was The Good Guys killings in 1991. Four local southeast Asian teens killed six people with guns inside the electronics chain a few yards behind Florin Mall. It was a failed robbery with hostages situation. My high school teacher knew at least one of the victims' mothers at the door of a friend's house...asking for donations to his trust fund. A tragedy that should have never happened. Slowly, Florin area businesses started moving away, from car dealers to Toys R Us. Buzz Oates bought up most of Florin Mall from the Cordano family. The property changed hands again, and a new open air center was proposed called Florin Towne Center.

Florin Mall's new owner was San Francisco-based South Sac LLC.

Comes 2007. Toys-R-U's is now Levitz, Montgomery Wards is Burlington Coat Factory, BEST is a mosque called Masjid Annur, (the mosque of light) The Comic Box is I believe an East Indian Sari store, Price Club is Shun Fat, a Chinese grocery store chain, and Florin Mall is knocked down and set up to become Sacramento's first Super Walmart. And Sears is undergoing a \$2 million renovation. As if the world needs even one more Walmart. Not that there isn't already one a few blocks away from the former Florin Mall at Southgate.

Walmart didn't kill the south area. It had been falling apart for the last 10 years on its own. The significance of Walmart arriving on the scene is that it seals the last nail in the coffin, not only finalizing the transition from what was once a "nice" area to an urban ghetto, but ensuring it will stay that way for years to come. We will see if the rest of "Florin Towne Center" surrounding Walmart becomes a bunch of 99 Cents and Dollar stores like Mack Road. In a commerce-based society, the disappearance of Florin Mall is as evolutionary as a gill being replaced by a lung. But on a human level, it is sad to see it go. It was a lot more fun than Walmart.

Pocket Library events

The hours for the Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Drive, are as follows:

Sunday and Monday: Closed;
Tuesday: 10 a.m. to 6 p.m.;
Wednesday: Noon to 8 p.m.;
Thursday: 10 a.m. to 6 p.m.;
Friday: 1 to 6 p.m.; Saturday:
10 a.m. to 5 p.m. For details,
telephone the Sacramento Public
Library at (916) 264-2920 or
visit www.saclibrary.org.

Knit Together (Adult)

Friday, April 22 at 1 p.m.:
Love to knit? Want to learn
to knit? Got a knitting prob-
lem you need advice or help
to solve? The Library knitting
group can help! Join them ev-
ery Friday at 1pm for expert
advice, great conversation and
more. All crafters are wel-
come--not just knitters!

Read to a Dog (School Age (6-12))

Saturday, April 23 at 1
p.m.: Looking for a way to
boost school-age reading
skills? Join us in the library's
Reading Tower area and prac-
tice reading out loud to a reg-
istered therapy dog (Marvin, the
Wonder Corgi). Kids are in-
vited to bring their own books
or borrow one from our fabu-
lous collection.

Creating Mandalas for Relaxation (Adult)

Saturday, April 23 at 2 p.m.:
Creating and coloring manda-
las is a great way to relax and
clear the clutter in your brain.
In this two part class partici-
pants will have the opportuni-

ty to create and to color man-
dalas on silk and paper as well
as create mandala greeting
cards. Registration is required
for this class as space is limit-
ed. Please go online www.sacl-
library.org, call 916-264-2920
or register in person at the li-
brary. Instructor Allie Bergman
has taught this program for Si-
erra College's Community Ed-
ucation Program and for the
Learning Exchange. This pro-
gram is funded by a donation
from Robbie Waters. Registra-
tion is required.

Mr. Cooper's Sing-a-Long Club (Early Childhood (0-5))

Tuesday, April 26 at 11
a.m.: A family-friendly perfor-
mance by local singer/guitar-
ist Mr. Ken Cooper. This pro-
gram is made possible by the
Pocket-Greenhaven Friends
of the Library.

Books at Lunch for Middle Schoolers (Teen)

Tuesday, April 26 at 11:25
a.m.: SES 7th and 8th grades
are invited to join a book dis-
cussion in the Teen Room at
the library during lunch pe-
riod (11:25-11:55). (Home-
schoolers are welcome too!)

Job Coach (Adult)

Wednesday, April 27 at 1
p.m.: Get 1-1 help with your
job search! Make an appoint-
ment to meet one on one with
a volunteer job coach and get
help with online job search-
ing, using library databases,
interviewing tips, resume writ-
ing and more. For questions or

to schedule an appointment,
please ask at the library service
desk or call 916-264-2920.

Afterschool Art Studio (We & #9829; Teachers!)

Wednesday, April 27 at
2:30 p.m.: Using tempera
paints and a mix of other ma-
terials, create something spec-
ial for your teacher or another
favorite person. Teachers' Ap-
preciation Week is just around
the corner (May 2nd-6th) but
you are welcome to share your
art with anyone you like. This
project is process-oriented, so
all ages and abilities can partic-
ipate (though the tiniest chil-
dren may require extra super-
vision by their grown-ups).

No Stay & Play OR Baby/ Toddler Storytime this month (Early Childhood (0-5))

Thursday, April 28 at 11
a.m.: We are taking a story-
time break this month, but
will be back to our usual Tues-
day & Thursday schedule on
May 3 and 5th. Note that
Mr. Cooper (and the preced-
ing stay & play session) is still
on for the last Tuesday of the
month (April 26), so we hope
to see you then!

New SAT Essay Writing Workshop (Teen)

Thursday, April 28 at 5
p.m.: Learn how to prepare
for the new SAT Essay in
this free workshop present-
ed by Kaplan Test Prep. Reg-
istration is recommended (so
we know how many packets
to prepare!) but not required-
please fill out the registration
form after clicking on the link.
Registration is required.

Please send your updated
Calendar announcements
...especially if you host monthly events!
e-mail to editor@valcomnews.com
Fax to: 429-9906
Phone: 429-9901
Valley Community Newspapers • 2709 Riverside Blvd. • Sacramento • 95818

BRITE CLEANERS
NOW OFFERING
IMPRESS Green Cleaning Solutions
• Biodegradable • Non-toxic
• Non-polluting • Noncarcinogenic
We do not use unhealthy chemicals that are toxic, polluting or carcinogenic.
We use only IMPRESS which is safe for you and the environment.
Environmentally conscious dry-cleaning.
7465 Rush River Dr., # 170
at Windbridge in the Promenade next to Bel Air
(916) 428-0138
GOOD FOR OUR HEALTH
GOOD FOR OUR EARTH

Papa Murphy's
TAKE N' BAKE PIZZA
\$3.00 OFF*
Any Regular Menu Priced Pizza
(Limit One)
www.papamurphys.com • 916-424-7272
7465 Rush River Dr #420 • Sacramento, CA
*Not combined with any other offer

"I'll take care of your
Canines, and all your
other teeth too!"
Arthur Burbridge DDS
(916) 428-6684
Located in the
Promenade Shopping Center

Promenade Center
CALL LINDA TO ADVERTISE
(916) 429-9901

CHOICE GREENHAVEN LOCATION
Rare 5 bedroom / office or pantry, 2 bathroom home. Recent quality upgrades include kitchen with granite counters & travertine backsplash, stainless sink & faucet, rich wood floors, crown molding, family room fireplace, plantation shutters and more. Newer HVAC, roof, dual pane windows & whole house fan. Master suite with patio access, modern baths & designer wall colors. Fantastic yard with covered patio & garden area. Possible RV/Boat access.
37 Springbrook Circle \$459,000

RENEE CATRICALA
REALTOR®
916.203.9690
RENEE@RENEECATRICALA.COM
RENEECATRICALA.COM
CALBRE#1017144

KEN OWENS
916.895.3777
Ken.owens@kw.com
Kenowens.kwrealty.com

Spacious Land Park
3077 17th Street
MONA GERGEN
CalBRE# 01270375
916-247-9555
DUNNIGAN
Realtors
"Call me for a private showing
or a free estimate of value"
Hard to find in Land Park ... 4 bedroom 2 full bath, 2-car garage home! Crown moldings, wood floors, plantation shutters, pretty fireplace and more! Master bedroom suite with skylighted bath, sliding French doors open to spacious yard and brick patio. Conveniently located!
\$580,000



Faces and Places: Prom Drive Giveaway

Photos by STEPHEN CROWLEY

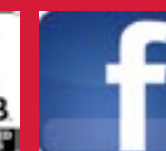
Teens who were looking to find a way to make Prom more affordable stopped by the Clunie Center for Sacramento Public Library's Prom Drive giveaway where they got to try on dresses, tuxedos, shoes, and accessories. It was all free with a valid student ID on Saturday, March 26. Dressing rooms were provided. Over the last few weeks, the Robbie Waters Pocket-Greenhaven Library held a similar prom dress donation drive.



For over
40 years

COOK
REALTY

www.cookrealty.net



PENDING

15 RAMBLEOAK CIRCLE • \$339,000
LESLEY DE BARRENA • 747-4224



9 ELLEN ROSE COURT • \$579,000
SUSIE K. PARKER • 768-8494

Please RSVP 916-392-3510

REVERE COURT

www.RevereCourt.com

MEMORY CARE

MONTHLY FINANCIAL EDUCATIONAL SEMINAR

Thursday, April 28th At 5:30pm

Time Matters:

"A Women's Retirement Outlook Seminar"

Presented by: Michael DePhillippis and Edward Jones

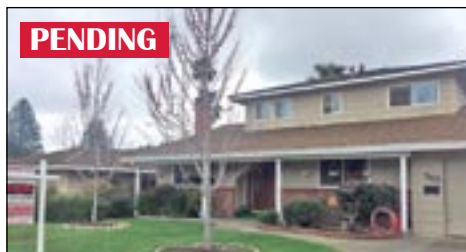
This is a women focused seminar discussing retirement income, social security, withdrawal rates, preparing for the unexpected, inflation risks, and costs of health care and long term care.

Dinner Included



Residential License #: #342700005
Day Club License #: 347001342

7707 Rush River Drive, Sacramento, CA 95831



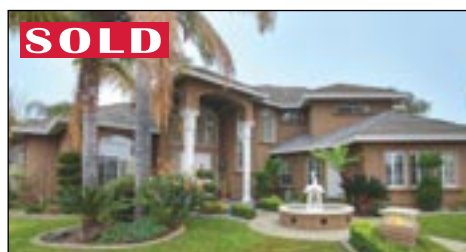
PENDING

310 CRUISE WAY
This is a very nice home in one of the most sought after neighborhoods. Lovely, very spacious 2 story with master bedroom on 1st floor. Original real hardwood floors, carpet upstairs. Huge laundry room, formal dining and living room. \$458,000
TAMMY NOVOA • 628-8530



SOLD

30 YUBA RIVER CIRCLE
Single story halfplex on quiet street. New flooring in kitchen and baths, newly painted exterior, carpet in 2013, new roof in 2010, newer range/microwave. Great room floor plan with large family room. Kitchen has dining bar and a breakfast nook. \$289,000
SUSIE K. PARKER • 768-8494



SOLD

2 BLUE DUN COURT
Spectacular Lake Front Home! Enter Front Door To 20' Ceilings With A View Over Pool and Lake! Formal Living Area W/Room For Grand Piano! Large Family Room With Fireplace and Open To The Updated Kitchen. Great Home/Views! \$970,000
SUSIE K. PARKER • 768-8494



SOLD

1311 NORMANDY LANE
Classic Land Park Terrace ranch style home! Beautifully updated kitchen and very private master suite addition. Original vaulted wood ceiling in the living and dining rooms. Built-ins in the living and dining room. \$599,000
SUSIE K. PARKER • 768-8494

See all our listings at www.cookrealty.net

REAL ESTATE SCHOOL

- ★ LOW INTRODUCTORY COST
- ★ START ANYTIME
- ★ LIVE CLASSES

Call: **Ed Daniels • 451-6702**

PROPERTY MANAGEMENT

- ★ MONTHLY CASH FLOW
- ★ TENANT SCREENING
- ★ MAINTENANCE

Call: **Brittany Naucke • 457-4907**

ADDITIONAL LISTINGS

19 SHADY RIVER CIRCLE
Magnificent updated temporary/ranch style home located in the heart of the Little Pocket area. Close to schools, freeway, and many amenities. New dual pane windows, interior paint, dishwasher and granite counter tops for kitchen and bathrooms. \$368,000
VICTOR LIN • 600-3388

945 ROEDER WAY
Beautifully remodeled temporary/ranch style. Prized location on quiet street in the heart of the Little Pocket area. Kitchen, master, both baths remodeled. 2 car garage with extra storage. 3bd/2ba + family room with great natural light. \$479,000
JAMES WALKER • 607-0519

4328 CONSTANCE LANE
Well maintained single old character charm including original hardwood flooring in bedrooms, hallway, and family room. Good size living room includes a bonus room off the family room offers extra storage space.
MEENA CHAN LEE • 837-9104

4305 Freeport Boulevard, Sacramento



www.cookrealty.net • (916) 451-6702

Del Rio Trail continues to move forward

By **MONICA STARK**
 editor@valcomnews.com

Editor's Note: We've written sporadically on the topic of the Del Rio Trail and you can read archived stories on the topic by entering "Del Rio Trail" into the search feature on our website: <http://www.valcomnews.com>.

A bit of natural beauty surrounds the old railroad tracks, owned by Regional Transit, stretching about four and a half miles through South Land Park and other neighborhoods between Interstate 5 and Freepoint Boulevard. Many people enjoy walking in the serenity of this greenbelt. Neighbors and the city have been working closely to further the usability of the land by putting in an actual bike trail, providing a central link in the city's Bicycle Master Plan. The new bike path would be laid through what once was the Walnut Grove Branch of the Sacramento Southern Railroad line.

Owned by Regional Transit, the city of Sacramento would like to purchase the corridor to maintain it and construct a paved path. As for the other details city staff will be working those out in the coming year.

According to a report on the topic by project manager, Jesse Gothan, the trail will provide a potential recreation amenity, but also function as an alternative commute route for people who would prefer to bike to downtown jobs rather than driving on the freeways and boulevards. This would be a new inner city trail allowing cyclists, pedestrians, runners and dog walkers to go for miles to schools, parks, stores and jobs with minimal exposure to motorized traffic. The trail passes through some neighborhoods that do not have sidewalks or bike lanes.

Funded with federal funds through the Sacramento Area Council of Governments and the State Active Transportation Program with matching funds provided by local transportation dollars, current funding is available for the project approval and environmental documentation phase of the project as well as for the final design. As part of the project, the city will be submitting an application for the right-of-way purchase and construction grant funds, according to Gothan's report.

Gothan said the city has funding for the environmental studies and



project approvals and design, but needs to find additional funds to purchase the corridor and the construction. Preliminary estimates for the entire trail are around \$15 million, so the project would likely be constructed in phases.

A community project kickoff meeting is slated to be held early next year.

The Del Rio Trail project will include a community engagement program to inform and involve the community throughout the process.

This will be managed on behalf of the city by a public relations consultant. The city will be soliciting professional services in the fall of 2016.

Letters of support have been submitted for the project from the following groups: The Office of U.S. Congresswoman Doris O. Matsui, Walk Sacramento, The South Land Park Neighborhood Association,

The Land Park Community Association, The Cabrillo Park Neigh-

See Trail, page 15

Trail:

Continued from page 14

borhood Association, and various residents and business owners. LPCA has endorsed the project as has the local chapter of the Sierra Club.

The South Land Park refuge for years has attracted neighbors who enjoy taking walks with friends and family, and, of course, the family dog. With signs like "You forgot to pick up your dog's poop? Oh, my gosh, really?" — or landscaping with plants like golden poppies, and cacti, the greenbelt has been a beacon of neighborly do-goodery — one that has been saved from having trains run on the tracks south of the Zoo.

There is fear that the state and railroad museum will take another run at running excursion trains south of Sutterville, but neighbors are ready for opposition. (Excursion trains will go from Old Sac to the Zoo, but plans have been cut to have them continue south to the Pocket/Meadowview/Hood area.)

"The gates of hell will open if they try to attempt that," said SLPNA president Brian Ebbert in a phone interview with this publication. "The bottom line is state parks has bill deferred maintenance. Have you tried to go camping in a state park? I don't know how they would have money when they have hundreds of state parks closed."

A section of land owned by the FAA, the parcel had a signal beacon that the FAA has since removed because

Personally opposed to the zoo extension, Ebbert recalls the heated community meetings on the topic. "People were fired up. The proponents of the rails were small in number but were very vocal." But he said 83 percent of those surveyed were in favor of a trail over the train. "I was personally opposed to zoo extension. Trains would be literally 50 feet to Holy Spirit School."

Now talks are changing the focus on what to accompany the bike trail.

Ebbert said there have been talks that along the four-mile trail, workout stations and a community garden could be put into place around Palomar Circle near Florin Road and Freepoint Boulevard in an abandoned third of an acre property near California Family Fitness. With Sacramento City College professor Carl Sjoqvold spearheading the effort, putting a community garden in the vacant location seemed like a good fit, as the neighbors themselves will maintain it.

"It gets great sun exposure, so it would be ideal for a community garden. The residents in our neighborhood have been trying for years to have the feds transfer the lot to the city for this purpose, but these things take time," he wrote in a message in response to an inquiry.

A section of land owned by the FAA, the parcel had a signal beacon that the FAA has since removed because

of the outdated nature of its navigation technology. "That kind of navigation technology was made obsolete by the advent of GPS devices, I was told," explained Sjoqvold.

Explaining further, Sjoqvold wrote that the city decided to apply for the parcel so that it may be incorporated into the Del Rio Trail project. It's uncertain whether at this time if the federal government has transferred the parcel to the city, but Sjoqvold is hopeful that this will happen. "The lot would make a great public access point to the Del Rio Trail project. Some of the space might still be reserved for a community garden. The residents of our neighborhood have been grateful for the support and assistance of the South Land Park Neighborhood Association in this endeavor," he added.

It was only last fall that he and other neighbors heard that the lot was ready for transfer, so they worked with staff in councilmember Jay Schenirer's office to ask the city to apply for the parcel as a "Public Benefit Conveyance."

Having never participated in a community garden project before, Sjoqvold calls himself a mediocre gardener, but having lived in Sacramento for the last 14 years, he has seen a great deal of enthusiasm for these projects.

"My main purpose in advocating for the garden was

to have the lot transformed into something more appealing than its current state, as the lot looks like a bomb crater. Indeed, today (Monday, April 11) I noticed that someone had actually dumped a mattress and box spring on the site. If the lot is developed as part of the Del Rio Trail Project, it will look nicer and attract more residents in the neighborhood who want to enjoy a pleasant stroll along some beautiful green space. I believe that incorporating the lot into the trail project will discourage people from dumping garbage on the site, as they sometimes do," he explained.

In regard to the Del Rio project generally speaking, city staff worked with SLPNA leaders to provide a neighborhood survey and to collect comments on the project. These will provide background and supplement the future outreach

process when the project is launched in 2017. Initial comments expressed enthusiasm for the project as well as some concerns over privacy, security, and long term maintenance issues associated with bike trails.

Letters of support have been submitted for the project from the following groups:

The Office of U.S. Congresswoman Doris O. Matsui
Walk Sacramento
The South Land Park Neighborhood Association
The Land Park Community Association
The Cabrillo Park Neighborhood Association
Various Residents and Business Owners

For more information, contact Jesse Gothan, Project Manager by calling 808-6897 or via email at jgothan@cityofsacramento.org.

Enriching the Lives of Others



Residents enjoy an active, engaging lifestyle that promotes wellness and independence.

Whether short-term, following an illness or injury, or permanent, our assisted living and memory care programs utilize professional nursing staff to help determine your specific needs. Around the clock caregiver staff are here to provide services when you need or want them - allowing you to devote your energies to a life well lived!

GREENHAVEN ESTATES
 Assisted Living & Memory Care

7548 Greenhaven Drive
 Sacramento, CA 95831
 Lic# 347005239

greenhavenassistedliving.com
(916) 427-8887

GOLDEN STATE JEWELERS, INC.
 The Sacramento Gold Exchange
 Serving the Sacramento region for over 30 years
WE BUY GOLD

- All diamonds, colored gemstones, rings and wedding sets up to **60% OFF!**
- Gold Chains starting at \$99.95
- Silver Chains starting at \$9.95
- Custom Design
- Diamond Settings
- Jewelry Repair

All Jewelry Repair 9% Lower Than Any Written Advertised Price

Watch Batteries ONLY \$4.98
 One per coupon installed most watches. Not valid with other offers. Expires 4-30-16 PM

(916) 421-5284
 996 FLORIN RD.
 AT GREENHAVEN DRIVE
 LAKECREST VILLAGE SHOPPING CENTER
HIGHEST QUALITY • LOWEST PRICE

Freeport
 Bar & Grill

Mother's Day Brunch 9am to 2:30pm
 Patio seating available
 Special Menu - Reservations recommended

Call for reservations: 916-665-1169
 8259 Freeport Blvd., Sacramento, CA 95832
www.freeportbarandgrill.com

HAPPY HOUR Mon - Fri: 4 - 7pm
 1/2 OFF Select Appetizers & Drink Specials
 Karaoke Night: Fridays 9pm - 1:30am

Monday through Friday: 11am - 1:30am
 Saturday and Sunday: 9am - 10pm
 Saturday and Sunday Brunch: 9am-3pm

LOOKING TO SELL?
 Let me Show You How You Can **Save \$\$\$**
 If You List With Me!

EXAMPLE:
 \$300,000 Sale Price of Home
\$18,000 COMMISSION PAID TO THEIR REALTOR & BUYER'S AGENT

IF YOU LIST WITH ME:
 \$300,000 Sale Price of Home
\$13,500 \$4,500! Would Go to Your Trusted Realtor, Rick West and the Buyer's Agent.
 In Your Pocket a Savings **AS MUCH AS** \$4,500!
(Some restrictions may apply)

There should be no reason - Why would you want to give away \$4,500???

Inventory of homes is low. The number of homes for sale has dropped!
 Home prices are up. Don't miss out on getting top dollar for your home!

SELLSTATE
 First Choice Realty
 Call Rick West
916.247.8952
west@sellstate.com
 CA BRE #1309359

Mark your calendars: Walk on the Wildside set for Saturday, May 14

Editor's Note: See the next issue for an in-depth story on local kids' work on creating the first ever QR Trail (technology trail) at Stone Lakes.

Join Regional San and its partners for the 21st annual Walk on the Wildside. This free, family-oriented day in the country includes lively entertainment and up-close views of many wildlife species.

Highlights of the event include the following: Wild animal presentations by Wild Things, Inc., Folk music by Cliff Compton & Mountaintop, Children's puppet show by Jason Adair, Guided and self-guided tours of wetlands and riparian forests, wildlife viewing including one of the largest heron/egret rookeries in the county, environmental exhibitors, children's activity center, games and prizes hosted by local Girl Scouts, Ollie Otter, outdoor barbecue hosted by Elk Grove High School FFA and Rotary Club, event and parking are FREE!

This free event celebrates International Migratory Bird Day and highlights local efforts in protecting and restoring native Central Valley habitats and wildlife. Visitors can enjoy tours of restored wetlands and rookeries on Regional San's Bufferlands, get up close and person-

al with wild animals, listen to some great blue grass music, and check out conservation exhibits.

Event directions: From Sacramento, travel Interstate-5 south and exit at Cosumnes River Blvd and head east. At Freeport Boulevard, turn south. Continue two miles on the river road through the town of Freeport. Turn left at the signs (just opposite Cliff's Marina) and continue until you reach the Beach Lake Picnic Area.

For more information, visit www.bufferlands.com or call 875-WILD. To learn more about International Migratory Bird Day, visit www.birdaday.org.

Event sponsors include: Sacramento Regional County Sanitation District; U.S. Fish & Wildlife Service; California Department of Water Resources; Sacramento County Regional Parks; Friends of the Stone Lakes National Wildlife Refuge

If you go:

What: Walk on the Wildside is a FREE, outdoor festival celebrating local conservation efforts

When: Saturday, May 14 from 10 a.m. to 4 p.m.

Where: Beach Lake Park, Freeport, CA



Shown here is some of the beautiful wildlife at Stone Lakes Wildlife Refuge. This year's Walk on the Wildside will be held on May 14 at the refuge.

Photos by Roger Jones of Regional Sanitation District



Matias Bombal's Hollywood

THE JUNGLE BOOK (2016)

The MPAA has rated this PG

Walt Disney brings us another telling of Rudyard Kipling's "The Jungle Book", this time in IMAX and regular theatres, which they adapted from the classic collection of stories by the famous author, first written in 1894. In 1967, Disney's animated version with wonderful music became immensely popular, though varying from the original stories. They again returned to the story for their 1994 release, "Rudyard Kipling's The Jungle Book" with Jason Scott Lee, and "Jungle Book 2" in 2003. There have been numerous other film and television adaptations, the most beautiful, also live action and in Technicolor, may likely be Zoltan Korda's version from 1942 which starred Sabu.

This time Disney's opus is directed by long-time independent actor, Jon Favreau. It appears to be live action, yet you may be sure computer wizardry is afoot. This is indeed a very engaging telling of the classic tales where the law of the jungle holds forth. I came to this from a perspective of reading the stories in childhood and then seeing the 1967 animated feature, which made a profound impact on me. The voices of great personalities like George Sanders as Shere Kahn and Baloo the bear, so perfectly fitting the real Phil Harris who voiced him, are indelible parts of my memory.

Shortly after seeing the 1967 version, I was taken to visit a family friend, Vicente Urbistondo, who had been a film critic and later professor at UC Berke-

ley. That day, he had a house guest, a gentle looking slender old man with a shock of white hair, who I had been told had been an actor in movies. I was not yet 5 years old when this man leaned down to look at me and gently extended his hand to greet me. I was on my very best behavior in the era when children were seen and not heard. Suddenly, he spoke very softly. I was stricken by great fear and ran screaming from the room! It was Sterling Holloway and I thought the snake from "The Jungle Book" was alive in the room and talking to me.

This is really a wonderful movie and very well made. Sir Ben Kingsley narrates and also is the voice of the sleek black panther Bagheera. Early in the picture young Mowgli must leave the pack of wolves to which he had been entrusted. The parental wolves are voiced by Giancarlo Esposito as the father wolf Akela and Lupita Nyong'o as Raksha, the mother wolf. He'll go on to stumble into adventures with Baloo the Bear, get into Kaa's terrifying grip, and run from Shere Kahn's terror.

This new picture is by far the most delightful time I have had at a Disney movie in the last five or more years. It is outstanding from start to finish, and I felt the kind of fun I've not had at the movies since I was a child! It was full of adventure, wonder and highly entertaining throughout. I find that most Disney movies are preachy about political correctness, however, director Jon Favreau does not use that typical Dis-



Latest "The Jungle Book" (2016), a grand and outstanding adventure in entertainment. -Walt Disney Studios Motion Pictures

ney approach, instead relying on excellent storytelling ability and stunning visuals, made even more impressive should you see this bigger than life in an IMAX presentation.

Top Hollywood talent has been brought on board for this production, including the voices of Bill Murray as Baloo the Bear, Idris Elba as Shere Kahn, and in his last work for the screen, the late Gary Shandling gives voice to the porcupine Ikki. Director Favreau has a dedication to him at the end of the credit crawl, in memoriam.

The most interesting choice in casting was King Louie, played by the always entertaining and unexpected Christopher Walken. If you are used

to the king from the animated version, so perfectly tailored to the personality of jazz hound Louie Prima who voiced him, at first you won't know what impressive should you see this bigger than life in an IMAX presentation.

My deep seated fear of snakes, so vibrant since my childhood encounter with Sterling Holloway, was rekindled with fear and allure by Scarlett Johansson as the famous serpent Kaa, made so much more effective by the remarkable stereophonic 5.1 sound re-

production used in the IMAX presentations. This picture is also in 3-D so when Kaa looms in, that snake is in your lap!

Magnificent IMAX, and also showing in other theatres in 3-D, this is the most I have been entertained by new movie in recent memory, as a joyful smile was fixed on my face throughout the whole experience. Once again, I was a child at a Saturday afternoon adventure matinee, thrilled by what I saw up there on the screen. One not to miss no matter what your age.

For more information about "Matias Bombal's Hollywood" Please visit: <http://www.mab-hollywood.com> for exclusive content.

Great cut. Great price. What's not to like?



Great Clips

Relax. You're at Great Clips.

Lake Crest Village Center
1054 Florin Rd. #6
(Nugget Market Shopping Center at
Florin & Greenhaven between Starbucks & AAA)
429-7868

Online Check-In

Check wait times & check-in at greatclips.com OR get the Phone App today!

greatclips.com

For over 25 years we've been the best value in haircuts.

A Great Haircut. Guaranteed.

\$7.99 "The 79'er"

ALL Haircuts 7:00PM to 9:00PM
Not valid with any other offers. Limit one coupon per customer. Valid at 1054 Florin Road Only. Offer expires: 5/31/16 PN

\$8.99 haircut

Offer expires: 5/31/16 PN
Not valid with any other offers. Limit one coupon per customer. Valid at 1054 Florin Road Only.

CALLING ALL PROVIDERS OF...
HOME IMPROVEMENT SERVICES

ADVERTISE YOUR BUSINESS IN THE NEW YEAR!!!

FOUR NEIGHBORHOODS, ONE PRICE
AFFORDABLE | CONSISTENT PRESENCE

REACH YOUR
TARGET MARKET

FREE AD DESIGN

CALL MELISSA TO SCHEDULE YOUR AD NOW!




916.429.9901

GET A FREE FIRST EXAM!*

It's a risk-free way for you to see the care and special attention we give to each pet at VCA Animal Hospitals.

- Complete Wellness Care
- Preventive Health Care
- Early Disease Detection
- Surgery
- Dentistry
- Preventive Care Clinic
- VCA Best Care Packages
- Expert Grooming



*For new clients only. Not to be combined with any other offer. Up to 2 pets per household. Exp. 01/31/15. Cashier Code: 700-500

Mon-Thurs 7:30AM-8:00PM • Fri 7:30AM-6:00PM • Sat & Sun 9:00AM-5:00PM

VCA Exceptional Pet Healthcare

VCA GREENHAVEN POCKET ANIMAL HOSPITAL

1 Vallino Court • Sacramento, CA 95831
916-245-1600

Pet Owner Empowerment
facebook.com/VCAAnimalHospitals
 Celebrate and Showcase
pinterest.com/VCAAnimalHospitals

VCAgreenhaven.com

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

ADDITION SPECIALIST

LYTLE CONSTRUCTION INC.
Remodeling and Design
LIC# 480492

Award-Winning Design/Build Firm
Serving Sacramento for more than 25 years

- Additions
- Kitchens
- Bathrooms
- Custom Cabinetry

FREE Consultation
916-422-6639

Certified Kitchen & Bath Remodeler

www.lytleconstruction.com

CLEANING

Prime Quality Maintenance

- Window Cleaning (inside/out/screens washed)
- Rain Gutter Cleaning
- Junk Removal & Hauling
- Yard Clean-ups
- Pressure Washing
- Hard Water Stain Removal
- Landscape Maintenance

Free Estimates
Licensed & Insured

CSL# 996271

Call Jesse: 916-428-2940

CREATURE CATCHERS/REMOVAL

CREATURE CATCHERS
WILDLIFE MANAGEMENT

Creature Catchers Wildlife Management
"If it walks or flies, we'll remove it"

Humane and non-toxic solutions for both animals & man

Dead Animal Location/Removal • Exclusion Work
Live Trapping • Humane Removal • Repair
Skunks • Fox • Raccoon • Opossum • Squirrels
Mice/Rats • Birds/Bats (bat elimination)

CreatureCatchers.org 530 885-PEST(7378)

HANDYMAN

D & H Service

Office: 916-428-5907
Cell: 916-206-8909

Interior and exterior painting
Fence Installation
Tile Installation
Dry Rot Repair

25 years of experience

LANDSCAPING

Living Elements Landscape

- Landscape design and installation
- Drought tolerant concepts
- Care-free designs
- Add instant curb appeal and value
- Quality materials and service

Ask about state rebate program!

916-430-3777
www.livingelements916.com

LAUNDRY SERVICES

THE LAUNDRY COMPANY

Full Service Laundromat

- Dry cleaning, Wash, Dry & Fold services.
- Giant washers and friendly attendants.

Call or come by to check on the monthly specials & Loyalty cards

6450 FAIR OAKS BLVD, CARMICHAEL - 916-484-1180

CARPET CLEANING

Carpet Care Connection & Handyman Services

Residential & Commercial Carpet & Tile Cleaning
Area Rug Cleaning • Upholstery Cleaning
Stone/Tile Cleaning/Sealing • 24-hour Water Damage
30-Day NO-Hassle Guarantee

Handyman services of all kinds including drywall, plumbing roto roter

Family owned for over 30 years

FREE ESTIMATE - SAME DAY SERVICE

(916) 370-2770

CONSTRUCTION/HAULING

db DB Haul-away
Commercial & Residential Hauling
Reliable - Dependable - Insured

Residential/Construction waste removal
Foreclosure services • Yard clean ups
Handyman services • Demo • Drop bin services

Bobby Timms • 916-402-7546 • dbhaulaway@gmail.com

HANDYMAN

FREEDOM HANDYMAN SERVICE

I specialize in all areas of home improvement!
Quality work the first time, guaranteed!

Carpentry - Electrical - Plumbing - Demolition
Sprinklers - Sheetrock
Fix leaks of all types

Accepts All Major Credit Cards "Senior Discount"

NO JOB TOO SMALL!
LICENSED AND INSURED 135292

Call Eric (916) 470-3488

HANDYMAN

Spring Yard Clean-up Specials!

- HAULING & YARD CLEAN-UP
- RAIN GUTTER CLEANING
- CONCRETE REMOVAL
- HEDGE TRIMMING /SHRUB REMOVAL
- PRESSURE WASHING

Call LESTER (916) 838-1247
Lic#128758/Ref

Pressure wash your driveways clean! your decks, too!
Clean out your garage! Replace that old lawn!
Hard work—not a problem!

SPECIALS FOR SENIORS*/SERVING THE AREA FOR OVER 19 YRS*

HARDWOOD FLOORING

Hardwood Flooring

Specializing in installing, sanding and finishing hardwood flooring or repair and refurbish your current floors.

Call Michael - (916) 383-8742

Lic# 544159/References Available

PAINTING

COOK PAINTING

Freshen Up Your Home

Full Service Company - Start to Finish

- Custom Painting
- Super clean, neat & fast
- Interior/Exterior
- Cabinets

Specializing in custom trim & moulding!
Color Consultants
FREE ESTIMATES

In business since 1982

As seen on yelp

(916) 591-5056

ELECTRICAL CONTRACTOR

CAPITOL ELECTRIC
Reasonable Residential & Commercial Work since 1960

Repairs, Trouble Shooting
Custom Lighting/FREE Est.
Excellent ref from Angie's List

(916) 451-2300
Cell: 213-3740

Neil McIntire — C.S.L.# 394307

YOUR AD SHOULD BE HERE!

Call today!
Your services are needed.
Your ad should be here.
Ad design is free.

Call 429-9901

HANDYMAN

FREEDOM HANDYMAN SERVICE

I specialize in all areas of home improvement!
Quality work the first time, guaranteed!

Carpentry - Electrical - Plumbing - Demolition
Sprinklers - Sheetrock
Fix leaks of all types

Accepts All Major Credit Cards "Senior Discount"

NO JOB TOO SMALL!
LICENSED AND INSURED 135292

Call Eric (916) 470-3488

Your services are needed!

Call (916) 429-9901 and reserve your space in this section, today!

PAINTING

SOVEREIGN PAINTING

Quality craftsmanship 3rd Generation Painter with over 30-years experience

(916) 422-4416
sovereignpaintingco.com
sovereignpaint@yahoo.com

Dan Sovereign, Interior & Exterior Painting
Lic# 484215
Better Business Bureau Member

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

PAINTING

GARY'S PAINTING

- Warranty
- Senior Discounts
- Professional & Reliable
- Interior & Exterior Painting
- Using only Kelly-Moore Paint!

FREE Estimates!

(916) 725-8781

ROOFING/SIDING

ZIMMERMAN REROOFING

3675 R Street
Sacramento, California 95816
East Sac Specialists
454-3667
zimroof.com
License #763169 Dave Zimmerman

TILE WORK

NIETO'S
TILE & LANDSCAPING
RESIDENTIAL & COMMERCIAL

Frank Nieto (916) 480-9512

Sprinkler Systems (Install & Repair)
Fencing • Plumbing
Electrical • Painting

Concrete • Tile Installation
Granite Fabrication
Laminate/Wood Floors

NietosTile@sbcglobal.net www.nietostile.com Lic. #917883

TRACTOR WORK

TRACTOR WORK
Lic# 571637

Tall Weeds, Blackberries Cut,
Dirt Moving, Discing, Rototilling,
Trenching, Bobcat Backhoe

Dave (916) 988-3283

Like us on Facebook! www.facebook.com/valcomnews

TAX PREPARER

#1 CONCIERGE TAX PREPARER
33 yrs. exp. We specialize in Business Tax returns including Corp & Partnerships. FREE Pick-up & Delivery to those who qualify. We prepare expertly all past tax returns including all State returns. Get the most deductions allowed to you by law. CTEC Registered & Bonded. Please call for your appt. today. Irene Senst (916) 640-3820 CA, (775) 410-3422 NV. Same low 1990 rates. www.taxirene.info • taxireneinfo@gmail.com

BARGAIN BOOKS
Books in Spanish and English at reasonable rates! www.HspanicBookPress.com. Place your orders at sp_2010@att.net.

PLUMBING

ROONEY'S PLUMBING
FULL SERVICE PLUMBING

456-7777

rooneysplumbing.com
License #683668

ROOF/GUTTER CLEANING

STAN THE MAN

GUTTER CLEANING
ROOF CLEANING
WINDOW WASHING
PRESSURE WASHING
SENIOR DISCOUNTS AVAILABLE

916-601-1030

TILE WORK

BAXTER TILE
EXPERT INSTALLATION
REMODELING & REPAIR

Ceramic • Marble • Granite
Floors • Counters • Walls

33 Years Experience • FREE Estimates
916-213-4669
License #668100

TRACTOR WORK

TRACTOR WORK
Lic# 571637

Tall Weeds, Blackberries Cut,
Dirt Moving, Discing, Rototilling,
Trenching, Bobcat Backhoe

Dave (916) 988-3283

Like us on Facebook! www.facebook.com/valcomnews

CASH PAID FOR DIABETIC TEST STRIPS

We pay up to \$30 per box cash on the spot

(prices vary depending on brand, quantity and expiration date)

We offer FAST PICKUP at a location that is conveniently located near you.

Boxes must be unopened and unexpired

For Prompt Attention Please Call Rachel at:
(916) 505-4673

RAIN BARRELS

Paul Clark CONSTRUCTION CO.

Bushman RAIN BARRELS
Lic # 410035
(from 130 to 5,050 gallons)

Residential - Commercial - Government
Rainwater Harvesting, Smart Controllers, Micro/Drip/Sub-Surface, Native Landscaping

For 26 Years!

(916) 753-7463 • www.paulclarkconstruction.com

SPRING CLEANING SPECIAL

California Moss Control

We Treat Moss, Mold, Mildew & Algae

- Patio Cleaning
- House Wash

Call Today for a FREE Quote & Sample Cleaning!

\$25 OFF Gutter Cleaning
Expires 5/31/16

\$75 OFF Roof Cleaning
Expires 5/31/16

916-709-1073 • www.NoMoss.com

TREE & GARDENING SERVICE

Terra Bella Tree & Gardening Service
"Not your typical mow, blow & go company!"

- One Time Clean-Ups • Tree, Bush & Hedge Removal
- Full Yard Maintenance
- Family Owned • 25 years experience!

Call Randy (916) 454-3430 or 802-9897
www.terrabellagarden.com • Lic# 152584

Home Improvement Guide: a "Keeper" by our readers

Great exposure in these four upscale neighborhoods:
Arden-Carmichael, East Sacramento, Land Park & Pocket/Greenhaven.

Contact Melissa at 916-429-9901

Like us on Facebook! www.facebook.com/valcomnews

BOOKKEEPING

#1 CONCIERGE BOOKKEEPER
33 years exp. in industries like Auto, Mechanics, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-Profits, Retail, Marshal Arts, Barber, Construction, Wholesale, Investment Clubs, Corp, Partnerships, Small Business. We are experts in General Ledger, Payroll, Profit & Loss & Quarterlies. Call for your concierge appt. Same low 1990 rates. Ask for Irene Senst (916) 640-3820, Nevada (775) 410-3422. www.taxirene.info • taxireneinfo@gmail.com

BUSINESS SERVICES

#1 CONCIERGE BUSINESS SERVICES
Put our 33 years in Concierge Business Support Service to work for your business. We provide support in: Licensing, Business & Corp Start-ups or Closures, Basic web design, Set-up social media. Business Concierge Shopping, Marketing and much more. Please contact Irene Senst (916) 640-3820 CA, (775) 410-3422 NV. www.taxirene.info • taxireneinfo@gmail.com

Do It Yourself TV

By STEVE LIDDICK

If you have ever wanted to produce your own television show, Access Sacramento offers nearly everyone a chance to do just that. The organization was created to give members of the community an opportunity to put together and air videos that express their opinions, promote cultural and artistic events, and showcase those things that make Sacramento a great place to live.

Located in a sprawling brick building in Sacramento, the complex is filled with the video production equipment, and the studio space it takes for the everyday Sacramento resident to develop a show.

"We provide the technology and training to put their voice into the community," Access Sacramento to Executive Director Gary Martin said.

But the genial TV executive says the prospective producer does not simply walk in off the street and use sensitive, expensive, state-of-the-art equipment. Membership in the organization and a training period to gain some technical expertise are also required. A 90-minute orientation

gets the budding Spielberg started on the path to production. Then comes the training sessions.

Orientation is held twice-monthly," Martin said, "the second Tuesday and fourth Wednesday of every month at 6 p.m. at the facility." The training classes that follow are by appointment only. Those who are interested can contact the director at GaryMartin@AccessSacramento.org for more information and to schedule orientation and training classes.

Once the future producer has proven a level of competence in the process by way of a period of hands-on instruction, Martin said they are ready to make their voice heard on three "public access" cable channels and an Access Sacramento website.

Volunteers are also encouraged to join. In 2015, Van Gordon was named "Volunteer of the Year." Among his other community volunteer activities, the retired U.S. Air Force veteran produces a show called "In Out and About Sacramento." The half-hour program is a forum for the interesting and important happenings in the city. The show airs the first and third Monday of every



Photo by Steve Liddick

Access Sacramento volunteer and producer Van Gordon (at left) and Executive Director Gary Martin are at the Access Sacramento controls. The public access TV programs offer members of the community an opportunity to learn video production and then produce shows to get their message out to Sacramento TV viewers by way of public access cable channels and the Internet.

month at 7 p.m. on Channels 17 and 14. "If you miss it," Gordon said with a laugh, "it repeats at 11 a.m. Tuesday morning and then again at 3 p.m. on Wednesday. And to give you yet another shot at it, the show can be seen at www.AccessSacramento.org.

Volunteers can be available as needed to assist with a production: camera operators, editors and others schooled in the various aspects of bringing a video to life.

The editing room is filled with producers putting shows together. When it comes to creating a program and airing it for all to see, Access Sacramento is gender, religion, ethnicity, social status, and color blind.

It would be difficult to fail, considering all the assistance that is provided. "The program is designed to make you successful," Martin said. Those who have proven their technical capabilities can have full use of studio production facilities and are authorized to borrow equipment needed for off-campus projects.



Van Gordon was "Volunteer of the Year" in 2015. In addition to assisting others to produce their shows, Van produces an Access Sacramento TV program called "In Out and About Sacramento." It is a weekly 30-minute program that showcases issues and interesting aspects related to Sacramento. Photo by Steve Liddick.

Once a show is completed, a time slot is assigned and the finished product can be seen throughout the cable TV coverage area and on the Internet.

The annual Access Sacramento membership fee is \$30. For more information, a program listing, and a look at some of the shows, check out www.AccessSacramento.org.

Programs are aired on Comcast cable Channel 17, Consolidated Communications (formerly SureWest) Channel 18, and ATT and UVerse, Channel 14.

Access Sacramento is open Monday through Thursday, noon to 9 p.m. and Saturdays, noon to 9 p.m. at 4623 T St. in Sacramento.

CALENDAR

Send your event announcement for consideration to: editor@valcomnews.com at least two weeks prior to publication.

Sutter's Fort looking for volunteers

Do you have an interest in early Sacramento history? Do you get excited at the idea of dressing up in Pioneer clothing, churning butter, or making barrels? If so, volunteering at the birthplace of the city of Sacramento may be just for you! Sutter's Fort will soon begin Docent training classes for those interested in interpreting pioneer California history to the public. For more information about training dates and requirements, please contact volunteer coordinator Llonel Onsurez at (916) 323-2015 or llonel.onsurez@parks.ca.gov.

Free trees

Sacramento Tree Foundation, in partnership with SMUD, provides free expert tree selection advice and energy saving shade trees to SMUD customers. Call the Sacramento Tree Foundation at (916) 924-8733 or email shadetrees@sactree.com to make your appointment to receive up to 10 free shade trees.

Your appointment can be online or in person and an expert Community Forester will work with you to find the best places and tree varieties to plant that will provide the most shade for your home. About two weeks after your appointment, once you agree to the planting plan, your trees, stakes and ties will be delivered to you.

This is a free service provided in partnership by SMUD and Sacramento Tree Foundation to help SMUD customers save energy. For more information, call Sacramento Tree Foundation at (916) 924-8733 or visit www.sactree.com. Properly planted trees can save help you save up to 40 percent on summer cooling costs, increase your property value, clean the air, reduce stormwater flooding, and make your neighborhood a better place to live. Call Sacramento Tree Foundation at (916) 924-8733 or visit www.sactree.com for your free trees.

Sons In Retirement (SIR) Branch #93 Luncheon programs

are held on the third Monday of each month at 11:30 a.m. at Elks Lodge No.6. SIR is a luncheon club with 141 branches and a membership of 18,000 men who are retired from full-time employment. Activities included weekly golf tournaments and bowling league teams. For more information or an application call Chairman Dick West at 919-3858.

Free Yoga Night at Sacramento State

Sacramento State's The University Union UNIQUE Programs is pleased to announce an evening of relaxing yoga with fitness instructions from The WELL at Sacramento State on Thursday, March 17, 2016 starting 7:30 p.m. in The University Union Ballroom. The event is free for Sac State students and the general public. The first half hour will be an introduction to yoga for beginners. Immediately following will be yoga appropriate for all fitness levels. Yoga will develop inner and outer strength, increase stamina and flexibility and help you get centered through a blend of different yoga traditions. This class links body, breath and mind with focus on alignment. Co-sponsored with Group Fitness at The WELL, the campus recreation and fit-

ness facility at Sacramento State. For more information, please visit www.SacStateUNIQUE.com or call the University Union Info Desk at 278-6997.

The Sacramento Traditional Jazz Society (STJS) monthly music event

Every second Sunday of the month, STJS has music at the Elks Lodge No. 6, 6446 Riverside Blvd., from noon to 5 p.m. Each month STJS has a different band, there is three different rooms to listen to music. Nominal fee for members is \$8; non-member price is \$10.

Nar-Anon meeting for families and friends

The group meets to learn about drug abuse, share problems, encourage the addict to seek help, replace despair with hope, improve the family attitude, help regain your self-confidence. For more information, call the First United Methodist Church at 446-5025, ext. 101. Meetings are Tuesday evenings from 6:30 to 7:30 p.m., 2100 J St.

Rotary Club South meeting

The Rotary Club of South Sacramento meets at noon for lunch every Thursday at Aviators Restaurant at Executive Airport, 6151 Freepoint Blvd, Sacramento, CA 95822. Rotary is one of the largest service organizations in the world dedicated to community service both locally, and internationally. Please call JR Springer at 425-9195 for additional information.

Beginning tai chi gong

These exercises use the principle of chi flowing properly throughout the body to maintain the equilibrium of yin and yang. Regular practice of these forms will develop better balance and flexibility, gain strength, promote deep relaxation, and improve health. This beginning class will also learn the 24 Yang Style Tai Chi and Yi Jing, a traditional Health Qi Gong. Pre-registration and prepayment required or \$7 drop-in fee at the door. Class will be held on Tuesdays from 4:00-5:00 pm at ACC Senior Services, 7334 Park City Drive. For more details, call (916)393-9026 ext 330, www.accs.org.

Soroptimist International Sacramento South

Meets the second and fourth Tuesday at Executive Airport, Aviators Restaurant at 12:15 p.m.

Widow persons monthly buffet and social

Widowed Persons Association of California, Newcomers' Buffet and Social is open to any and all widows and widowers, the third Monday of each month at 5:30 p.m. The buffet will be held in the private dining room at the Plaza Hof Brau, corner of El Camino and Watt Avenue, cost varies as the choice is from a no-host buffet menu. There is no charge to attend the social other than the meal chosen. For more information, call 916 972-9722. Widowed Persons Association of California, Sunday Support, is open to any and all widows or widowers, every Sunday from 3 to 5 p.m. in the meeting room of the WPAC office, 2628 El Camino Avenue, Ste. D-18. Enter from the back parking lot. For more information, call 916 972-9722. Saturday, Nov. 7, Widowed Persons Association of California Workshop, "Coping with the Holidays," 2 to 4 p.m., the doors open at 1:30 p.m.. A second session will be held Tuesday, Dec. 1, from 7 to 9 p.m., doors open at 6:30 p.m. The workshops will take place at 2628 El Camino Ave., Ste. D-18. Enter from the back parking lot. For more information or to register, call 972-9722.

APRIL

Diabetes academy educational series

April 22: Diabetes 101 is a series of three classes dealing with diabetes. The first class to be held on April 22 from 10 to 11:30 a.m. will be an overview of diabetes and its management. The second class to be held on May 19 from 6 to 7:30 p.m. will be on checking, managing and coping with your blood sugar and diabetes. The third class to be held on June 7 from 2 to 3:30 p.m. will be on meal planning and carb counting. Free of charge. Pre-registration required. Class will be held at ACC Senior Services, 7334 Park City Drive. For more details, call (916)393-9026 ext 330, www.accs.org

SacSings! Sacramento choral festival

April 23-24: Nine hundred singers in 20 regional choruses will be assembling in Sacramento City College's Performing Arts Center on April 23 and 24 to celebrate the third annual SacSings Sacramento choral festival. Seven of the 20 choruses will be participating in SacSings for the first time, and besides Sacramento-based groups, singers will be coming from Woodland, Grass Valley, Auburn, Placerville, and even Calaveras County. New this year will be the appearance of 3 college choirs. Partici-

pating choruses include some of the biggest names on the Sacramento choral scene, such as the Voices of California, the Sacramento Gay Men's Chorus, and the Sacramento Master Singers. But one of the purposes of SacSings is to showcase the many choruses that are not so well known. For a full list of participating organizations, visit the www.SacSings.org. This third year of SacSings represents two important changes. First, the festival is taking place before the heart of the spring choral season, instead of after it. Now when someone hears a chorus that appeals to them, they will be able to attend its full concert in late April, May and June. Second, SacSings has been moved from Folsom to the heart of Sacramento to give prospective audiences a shorter drive. Tickets will be available starting March 1. For details, visit the SacSings! Website (www.SacSings.org/Tickets), Facebook page (http://www.facebook.com/sacsings), and on Twitter @SacSings. General Event Website: http://sacsings.org

Sacramento City College Performing Arts Center, 3835 Freepoint Blvd. Saturday April 23 at 2 and 7:30 p.m.; and shows on Sunday, April 24 at 2 and 7:30 p.m. The Sacramento Valley Choral Coalition, a non-profit organization, empowers the joy of singing with sustaining resources for vocal arts organizations. General seating tickets are \$20 for premium seating tickets \$25 (front rows) www.SacSings.org/Tickets or call 916-905-2467.

Understanding the real estate process and role of title/escrow company

April 26: Learn what a Title/Escrow company does, understand the importance of documents generated by them and what to do with the documents. Free of charge. Pre-registration required. Class will be held on Tuesday, April 26, from 10 a.m.

See Calendar, page 22

WWW.VALCOMNEWS.COM

2nd Annual Mother's Day Brunch
Casa Garden Restaurant & Event Venue
Sunday, May 8, 2016
9:30 a.m. - 2:00 p.m. (last seating at 1:00 p.m.)
\$30.00 per person (coffee/tea included)
\$4.00 Mimosas
\$10.00 Mimosas (unlimited)
 (other beverages available for sale)
 Make your reservations now for traditional buffet offerings and carving station.
 One form of payment per group
2760 Sutterville Road, Sacramento • 916-452-2809

CAPITOL Chamber Players
April 24, 3:00 p.m.
Congregation B'nai Israel (Chapel)
 3600 Riverside Blvd, Sacramento

ALICE IN CYBERLAND Family Concert
 An original musical tale . . . with music composed by Robert Samson Bloch and narration by Julia Bloch. Audience members of all ages will delight in the adventures Alice encounters when she falls into her computer screen. Alice ends up inside her blue Pentium G27 iMac where she finds some familiar characters from the story Alice in Wonderland, and also some new ones.
 Works by Robert Samson Bloch, Haydn, PDQ Bach
www.capitolchamberplayers.org

Please send your updated Calendar announcements
...especially if you host monthly events!
e-mail to editor@valcomnews.com
 Fax to: 429-9906
 Phone: 429-9901
 Valley Community Newspapers • 2709 Riverside Blvd. • Sacramento • 95818

– EVENT LISTING SECTION –
Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers.
Call (916) 429-9901 for rates.

Sacramento German Genealogy Society's
 Spring Seminar
 Sat, April 30, 8 am - 4 pm
Fair Oaks Presbyterian Church
 11427 Fair Oaks Blvd, Fair Oaks
 For registration details: www.sggss.us

SAVE THE DATE!
 67th Sacramento High School Reunion
 Class of 1949
Saturday, September 10, 2016
 11 A.M. - 3 P.M.
 Contacts: Joyce Cowan at
 cowan_j@sbcglobal.net and
 Vera Malkovich at
 borka@comcast.net

Young Actors Stage presents
Les Miserables
 (High School Senior Edition)
Friday, May 20 and 27 at 7
Saturday, May 21 and 28 at 2 and 7
Sunday, May 22 and 29 at 11 and 3
24th Street Theater, Sacramento
 All tickets \$15, online
 at youngactorsstage.com or at the door

All Saints Concerts presents . . .
"Choral Evensong and Organ Recital"
 Featuring Dr. Daryl Hollinger,
 Composer & Organist
Sunday, May 1, 2016 at 4:00 PM
 \$10 suggested for Recital
All Saints Episcopal Church
 2076 Sutterville Road, Sacramento, CA 95822
 Overflow parking across Sutterville Rd. at City College

OPEN AUDITIONS
2016-17 season
 applications accepted through May 6
 orchestra and band programs for
 musicians ages 6-21 • 916 731-5777
sacramento-youth-symphony.org

HANNA & MEINDERS

Auto Service

Your Napa Auto Care Center
Family owned & operated
SINCE 1950

Servicing American &
Japanese Vehicles

www.hannaandmeinders.com

OR CHECK US OUT ON
GOOGLE AND FACEBOOK



421-9320



6419 Franklin Blvd.
Sacramento 95823



CALENDAR

to noon at ACC Senior Services, 7334 Park City Drive. For more details, call (916)393-9026 ext 330, www.accsv.org

Music at noon

April 27: Free music programs, offered at Westminster Presbyterian Church at noon on Wednesdays. This week enjoy music by The Vocal Art Ensemble; Tracia Barbieri, director.

Free VA Home Buyers Workshop:

April 28: From 6 to 7 p.m. at Dunnigan Realtors, 4215 Freeport Blvd., Sacramento 95822, there will be a free workshop for veterans, service members, and their spouses regarding the process of buying a home using the VA home loan program. Mortgage Loan Specialist, Jai Jett of Pacific National Lending will go over the eligibility requirements, process, and benefits of using the VA home loan program. Realtor Beth Sherman of Dunnigan Realtors will go over the home buying process. Reference materials will be provided to take home and any questions attendees may have are welcomed. For more information, contact either Jai Jett at JJett@PacificNationalLending.com or Beth Sherman at Beth@LiveInSac.com.

MAY

Newly formed non-connected political action committee Politics and the Deaf (PATD), has recently partnered with activist group, Deaf Grassroots Movement (DGM).

The partnership was formed to create nationwide support in the Deaf Community to restore its human rights. The Deaf Community has struggled for years in areas such as education, language deprivation and public accommodations. All of these affect the economy in a negative way. Politics and the Deaf has created positive solutions for each of these issues that will benefit both the

Correction

The article printed in a recent issue about mayoral candidate Angelique Ashby contained a factual error in the third paragraph. It states that "On her watch as councilwoman crime in Natomas plunged by 48 percent." In actuality, crime in Natomas dropped 13 percent, a little less than the city average of 17 percent.

economy and the Deaf Community. Their motto is "It's a moral issue."

Politics and the Deaf's main mission is composed of two parts: to reconnect the Deaf Community with politics to restore its human rights, and secondly, to create a lifetime app to better connect Deaf individuals throughout the nation to inform on bills and laws that can affect them as well as to offer support when an individual reaches out for help via the app. Deaf Grassroots Movement will kick off the campaign by rallying in each state on Wednesday, May 4, 2016, at their state's capitol building. The rally aims to bring peaceful awareness to the daily struggles and violations of human rights the Deaf Community faces every day.

On September 9, Politics and the Deaf will host a town hall meeting with presidential nominees from each party. The meeting will take place at the California School for the Deaf and will focus on topics related to Deaf issues. Moderators will be Julie Remismario and Dr. Patricia Hughe, both of Calif. and Dr. Glenn B. Anderson of Ark. With 28 million Deaf/Hard of Hearing individuals in the United States, the movement will be big and anticipates to make a lasting impact on the Deaf Community.

Deaf Grassroots Movement is directed by Daisy Bravo of Littleton, Colo. Politics and the Deaf is managed by partners Melvin Patterson of Oakland, Calif., Chris Fitzgerald of Roseville, Calif. and Marisa Salzer of Montezano, Wash. Politics and the Deaf is registered and regulated by the Federal Election Committee. For more information, visit www.politicsandthedeaf.com.

Music at noon

May 4: Free music programs, offered at Westminster Presbyterian Church at noon on Wednesdays. This week enjoy music by Chanteuses Vocal Ensemble; Chris Alford, director.

20th Annual Race for the Cure Susan G. Komen Sacramento Valley

May 7: Komen Sacramento 2016 Race for the Cure is the enduring symbol of the fight against breast cancer. This year marks the 20th Annual Race for the Cure in the Sacramento region. Since the initial race, \$19 million has been granted to deserving local programs serving 19 counties. This year's theme, "There's a Hero in All of Us", celebrates our participants - survivors, teams, individuals and sponsors - each who help Komen Sacramento move one step closer to ending breast cancer. Join us on May 7 at Cal Expo for the 20th Annual Race for the Cure. For more information or to register for the race, visit: komensacramento.org and click Events/Race for the Cure. The event will be held at Cal Expo Fairgrounds, 9 a.m. Race Start. Questions? Call 231-3148 or email info@komensacramento.org.

Friends of Library Book Warehouse Sale

May 7: An ever-changing inventory of more than 100,000 "gently used" books, videos, and audio books will be offered for prices from 50 cents to \$2 at the Saturday May 7 sale at the warehouse of the Friends of the Sacramento Public Library. The warehouse is at the rear of the Friends "Book Den" store at Suite

See Calendar, page 23

Calendar:

Continued from page 22

E, 8250 Belvedere Ave., just south of 14th Ave. between Power Inn and Florin-Perkins roads. Plenty of parking is available, but visitors should be careful not to park between the "No Parking" signs on the south side of Belvedere. Sale hours on Saturday will be from 9 a.m. to 4 p.m., with a preview and sale on Friday, May 6 from 5 p.m. to 8 p.m. For Friends members only (You can join at the door for \$15). Income from the sale helps pay for programs, equipment, and materials local libraries need but can't afford. With more books constantly needed, the Friends will be glad to have yours, too. See a staff member on how to donate. The book store will also be open during the sale as well as weekly on Thursdays 9 a.m. to 2 p.m. and Fridays and Saturdays from 10 a.m. to 5 p.m. Items there are priced from \$1 up. With Memorial Day coming up, books on war will be discounted at the book store by 30 to 40 percent to members. For more information, call (916) 731-8493 or go to bookden@sacilfriends.org.

Music at noon

May 11: Free music programs, offered at Westminster Presbyterian Church at noon

on Wednesdays. This week enjoy music by the Sacramento Guitar Society.

"Mental Illness: It's not always what you think": Stigma Free

2016: We're All in This Together May 14: The "Mental Illness: It's not always what you think" project is hosting a Sacramento County mental health celebration, "Stigma Free 2016," in recognition of Mental Health Month. All ages, from youth to seniors, are invited to attend this free event. The event will feature a resource fair, health screenings, live art demonstration, spoken word performances, prize drawings, selfie station and more. Stigma Free 2016: We're All in This Together will be held from 10 a.m. to 1 p.m. at the Clunie Community Center at McKinley Park, 601 Alhambra Blvd.

SCSO caps 20th season with European Masterworks and new CD release

May 14: Conductor Donald Kendrick and the SCSO plan to cap their landmark 20th season on May 14 at 8 p.m. at the Sacramento Community Center Theater with a performance featuring 3 contrasting choral or-

chestral works by Haydn, Vaughan Williams and Dvorak. But the celebration doesn't end there. The evening will also serve as a huge CD release party as the SCSO plans to unveil its 9th professionally mastered CD - Carmina Burana II - at this year-end performance. Haydn's Harmoniemesse will serve as the evening's main musical fare, complemented by Vaughan Williams' An Oxford Elegy, and Dvorak's Psalm 149 on the first half of the concert. "The Harmoniemesse will bring back so many warm memories as this was the amazing work that we featured during our first self-funded European tour to Munich, Prague, Vienna, and Budapest in 2004," says Conductor Donald Kendrick. Four outstanding soloists and narrator Phillip Rider will join the SCSO Team on stage for this performance. "A post concert reception, projected supertitle translations, and Don Kendrick's electric and educational pre-concert talk at 7 p.m. will enhance the evening's enjoyment for our concert attendees," added SCSO Board Member Charlene Black. SCSO European Masterworks tickets are \$30 - \$45 with a 50 percent discount for students. For tickets, call the Sacramento Community Center Box Office at 808-5181 or visit sacramentochoir.com for both tickets and information.

Super Crossword

ANSWERS

V I S I T A L O O P D I P A T I F I C
A S I A N T I C O R P O R A I F M I R
T H O U G H T O T H E R W I S E N O L O
Z O R B A C C E O I S C E D G C S
G T T W I T H E R T H O U G G E S T
E M A I L A A A H P O N N I C
P R I Z F D K U R T S A G S F N D
H E I I N E M E N T P A H I L E S
E S S O O L E T A D A I R S
A H A P R I M E I N T E R E S T R A T E
V A J O R S O B A I K M A M
P R O F E S S I O N A L G R A D E B R R
E B A Y N N W A E R I E L I A
S E A F L O O R S P R E A D I N G
N A P L A G O N L A M I W I N G
E C L A T I N G O O C H E S S C A L E
W R E S T I N G O O C H E S S C A R K
S C A T S W A G E O A T C A M E A
W A D F C I R C L E S T H W A G O N S
A C E H O S C U L A T H E R Q U I E
N E C D S S H O P T A S A N A G R A M

Kodo Arts

Japanese Antiques

ANNUAL SPRING WAREHOUSE SALE

APRIL 30 - MAY 8
10AM - 6PM
9 DAYS ONLY!
Open to the public twice per year

KODO ARTS Warehouse
571 Searls Ave.
Nevada City, CA 95959
(530) 478-0812
www.kodo-arts.com

FURNITURE ♦ HOME DECOR ♦ ART ♦ GARDEN ♦ TEXTILES

18th Annual East Sac Garden Tour

Mother's Day Weekend - May 7th & 8th
Saturday & Sunday, 10 a.m. - 4 p.m.

Treat Mom to a tour of seven beautiful East Sac gardens, shop at the Boutique, and enjoy a delicious lunch at the historic Sutter Lawn Tennis Club.

All proceeds benefit David Lubin Elementary School.

East Sac Garden Tour

Tour \$20 through May 6 - \$25 Weekend of Event Luncheon \$15

RESERVE YOUR SPACE IN THE UPCOMING California Kids!

CALL (916) 429-9901 TODAY!

Sacramento URGENT CARE

OUR SERVICES

Immunizations, Tdap Boosters, Flu & Allergy Shots • Flu, Coughs Sore Throats & Ear Aches • Sports, Employment, D.O.T. & Immigration Physicals • Workman's Comp & Occupational Medicine • Weight Management & Weight Loss Clinic • Fractures, Sprains & Dislocations • Cuts, Burns & Stitches • Asthma, COPD & Breathing Treatments • Women's Health • Drug, STD, HIV, Pregnancy, Diabetes, Cholesterol & Tb Testing • Ear Wax Removal • In-Grown Toenails

OUR FACILITIES

On-site X-ray & EKG • On-site Lab • Six Exam Rooms • Trauma Bay and Procedures Room • Comfortable Waiting Room • Plenty of Free Parking

At Sacramento Urgent Care you will always be seen by a doctor.
Most Insurances Accepted - Se Habla Espanol

7200 S. Land Park Drive, Ste. 100 • Sacramento, CA 95831
(916) 422-9110 • www.sacurgentcare.com
Open 9 AM to 9 PM • 365 Days a Year • No Appointments Needed

FLU SHOTS AVAILABLE NOW! \$25

\$15 OFF
Office visit for new cash paying patients
Expires 4-30-16

Experience doesn't cost you more... It Pays!

37 Years Experience - References
Greenhaven / Pocket Area Specialist
Masters Club, Outstanding Life Member

Bill Bonner

(916) 320-1888
Bill@PocketAreaHomes.com

CalBRE# 00692245

GreenhavenPocketHomes.com

Shaved Snow Available!

A combination between ice cream and shaved ice. Fluffy like cotton candy and very refreshing.

www.HeavenlyYogurt.com
Kids get first 4 oz. FREE every Friday from 4-8pm

7600 Greenhaven Dr., #21 (916) 422-8120
5535 H Street, #10 (916) 455-6000

NEW BUSINESS HOURS: 11 AM - 10:30 PM

FREE YOGURT
Get a FREE 8 oz. yogurt when you purchase 8 oz. or more of yogurt. Limit 1 free 8 oz. yogurt per coupon. One coupon per person per visit with coupon. Not valid with other offers. Exp. 4-30-16

Community Worship

Greenhaven Lutheran Church

475 Florin Road (at Gloria Dr.) • 428-8449
9:00am Bible Study & Sunday School
10:15am Worship Service (Alternating Traditional & Contemporary)
www.GreenhavenLutheran.org
Angels Nest Pre School 2 yrs. - 5 yrs. (916) 428-4651

Faith Presbyterian Church

625 Florin Road (adjacent to Kennedy High in Greenhaven/Pocket) • 428-3439
A community loving Christ, building disciples, serving all
Worship Sunday 9 and 11 am
• Sunday School, Bible Study, Childcare • Youth Activities
• Family Programs • Adult Education

Parkside Community Church

"Open & Affirming Congregation"
Sunday Worship Service: 10:30 am
Bible Class: 9:00am
5700 South Land Park Drive & 35th Avenue 421-0492

Riverside Wesleyan Church

6449 Riverside Blvd. • 391-9845
Sunday Worship: 9:00am & 10:45am
www.rwcsac.org

Greenhaven Neighborhood Church

630 Ark Way • 422-8253
Sunday School Bible Study: 9:15am • Sunday Worship: 10:30am
Weekly Bible Studies - Jr/Sr High Events

St. Anthony Catholic Church

660 Florin Road • 428-5678
stanthony-sacramento.org
Sunday Masses: 8:00am, 9:30am & 11:15am (Saturday vigil, 5:00pm)
Daily Mass: 8:00am Monday-Saturday

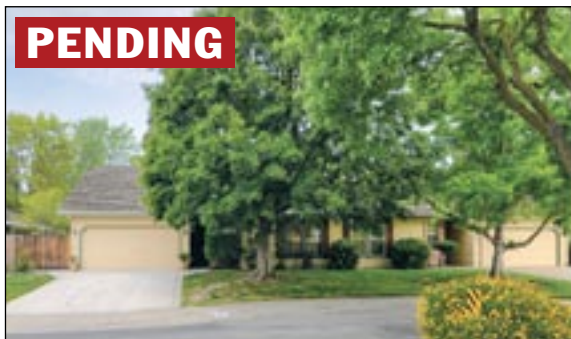


SOUTH LAND PARK

Stylish!!! Wait until you see this Kitchen!!!! And so much more!!!! Fantastic 3 bedroom 2 bath home; light, bright and beautifully renovated (big back yard too). Oversized doors and wide hallways. You really need to see this now as tomorrow it will be gone!!! Sunny living - done here!

\$429,000

SHEILA VAN NOY 505-5395



PENDING

PARK PLACE SOUTH

Desirable single story halfplex home. Spacious 2 bedroom with den that could be a possible 3rd bedroom. Six skylight tubes bring in lots of natural light. Oak plank entry, carpet and tile floors. Four French doors open to back yard, covered deck and easy care yard with fruit trees.

\$294,000

CONNIE LANDSBERG 761-0411



PRIVATE SECLUDED GARDENS

Wonderfully unique nearly half acre S Land Park property with lush tranquil gardens and space! Two separate homes, 2 bedroom 2 bath and 2 bedroom 1 bath that share a connecting wall. Bring your imagination! RV access, workshop, carport, detached garage ... Peaceful and secluded!

\$599,000

CHRIS BRIGGS 834-6483



PENDING

DARLING ELK GROVE

Beautifully updated and maintained single story home! 1451 sf, 3 bedrooms, 2 full baths. Open floor plan with laminated flooring and window shutters. Granite counters and new cabinets in kitchen. Located across from greenbelt in well-established neighborhood. Large back yard.

\$298,000

SUE LEE 833-5122



PENDING

ON THE RIVER

Amazing 3 bedroom 2½ bath home and property with private access to the Sacramento River. Updates include remodeled kitchen and bath, landscaping, deck, cabinets, granite, bosch/ decor appliances, shutters, skylights, French doors, whole house fan. And much more!

\$570,000

MONA GERGEN 247-9555



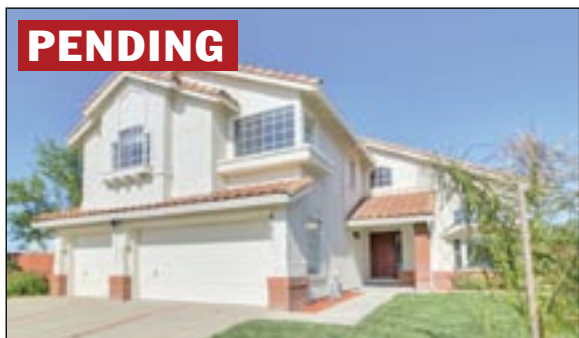
PENDING

SOUTH LAND PARK HILLS

Delightful home is perfect for outdoor living with the large sparkling pool, personal hot tub and outdoor grill. 3 bedrooms 2½ baths, 1725 sf lovingly maintained. Spacious open floor plan. Paradise is a personal thing but this might be yours!

\$519,000

SHEILA VAN NOY 505-5395



PENDING

FABULOUS ELK GROVE

Amazing home and lot in highly desired Elk Grove neighborhood. 3 or 4 bedrooms 3 full baths. Spectacular 1.25 acre lot. 65 fruit trees all on drip system. Upgrades include interior/exterior paint, refinished cabinets, dishwasher, stove, whole house fan. Spacious 3 car garage.

\$425,000

MONA GERGEN 247-9555



PENDING

WEST SACRAMENTO

Beautiful, like new, Spanish Revival on a picture perfect street. 5 bedrooms 3 full baths. Lots of social living space with granite tile counters, stainless appliances and a gas log fireplace for cozy evenings. Pre-wired for sound and the beautiful yard is plumbed for gas BBQ.

\$450,000

DAVID KIRRENE 531-7495



PENDING

SOUTH LAND PARK TERRACE

Conveniently located on a corner lot in a wonderful South Land Park neighborhood.

3 bedrooms 2 baths, 1453 square feet with open floor plan, living room fireplace and dual pane windows. 2-car garage, bonus room and RV access.

\$398,000

CHRIS BRIGGS 834-6483

for current home listings, please visit:

DUNNIGANREALTORS.COM

916.484.2030

916.454.5753



Dunnigan is a different kind of Realtor.®

DUNNIGAN,
Realtors