

# POCKET NEWS

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## Coming to Riverside Boulevard?

See page 3



- Crossword Puzzle .....5
- From your Councilmember..... 10
- Home Improvement Guide ..... 18
- Calendar ..... 20
- Matías Bombal's Hollywood .....22



Meet your Spirit of the Pocket Parade Grand Marshal: Kathi Windheim

■ See page 6



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■ See page 12



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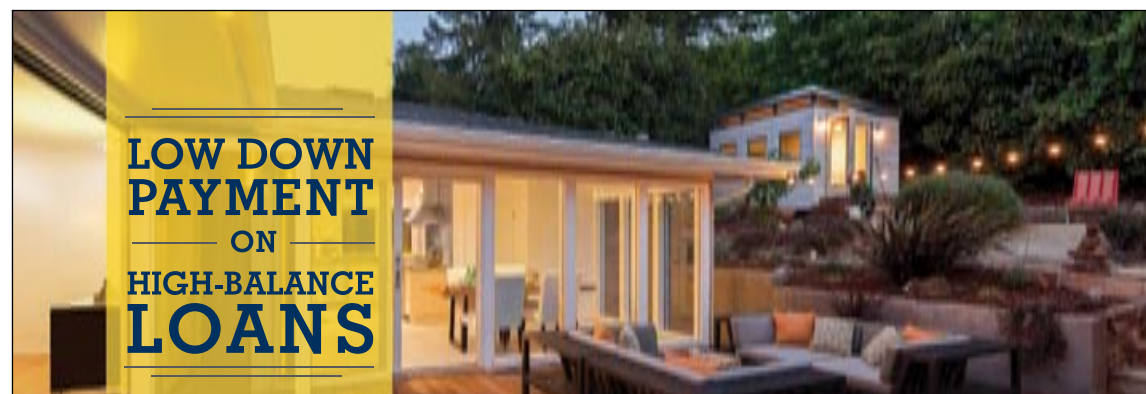
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## Sacramento Youth Band to perform at Parkside Community Church

File photos by MONICA STARK  
[editor@valcomnews.com](mailto:editor@valcomnews.com)

The Sacramento Youth Band will play patriotic favorites to family and friends starting at 6 p.m. on Friday, July 1 out on the lawn in front of Parkside Community Church, 5700 South Land Park Drive. Event goers will be treated to hotdogs and buffet style sides, prepared by many dedicated parents. The Sacramento Youth Band has performed throughout California and Nevada. The band is under the direction of Jeremy Hammond. The band will also show a strong presence at the Pocket 4th of July parade. Check out the band on Facebook.



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## Pocket resident voices concern for safety of local geese

By LANCE ARMSTRONG  
[Lance@valcomnews.com](mailto:Lance@valcomnews.com)

Christine McCall, a 27-year resident of the Pocket and a longtime advocate for the safety and protection of wildlife, is currently on a mission to prevent further deaths of wild Canada geese on local streets.

McCall said that these geese – which each year make their temporary home at Lake Greenhaven – and their young are continuously endangered as they walk across streets in the vicinity of the lake.

One of the busy crossing areas that the geese often use is a section of Riverside Boulevard, near Lelandhaven Way.

McCall said that she has known of the issue of geese getting killed on local streets for many years.

And she recalled an instance, when her son observed several geese get hit by a car.

"A few years ago, my son witnessed a gaggle of geese crossing Riverside Boulevard and someone deliberately running them down," she said. "He was so furious. And there have been times when he has stopped the traffic to let the geese cross."

McCall explained that she recently witnessed something that motivated her into action.

"I had gone to get my nails done last week and when I walked in, Mike, the owner of the (business), said that (three) baby geese were hit (on Riverside Boulevard)," she said. "I said, 'Oh, my God, where are they?' And he said, 'Well, they're in the road smashed. But one of (the goslings) made it across the street with the parents.' (It) had a broken leg that was completely severed."

McCall said that she was able to locate and catch the injured gosling in an attempt to save its life.

"As I was examining him and getting ready to take him to my vet, which I did, he died on the way," she said. "That became a real tragedy for me, because the parents should be big enough to be seen in the road, and people are not stopping. The woman that hit these three (goslings), (she) could have not known that she hit them. She just plowed right through them and just kept right on going."

Following McCall's nail appointment, she was further saddened by the sight of the parents of the goslings searching for their offspring.

In recalling that scene, McCall said, "During that time, people are going down that road 40 miles an hour, the geese are crossing, and they're honking their horns at these geese."



Geese and even turkeys have been found in the neighborhood crossing the streets. Unfortunately, cars don't always yield to the birds and deadly accidents have happened.

'Get out of my way; I'm coming through,' as if these geese don't have any rights whatsoever."

McCall said that she is currently attempting to have "geese crossing" signs placed along Riverside Boulevard.

"I am working with (the city) trying to get (signs) put up," she said. "This species live in this area and we all need to respect that. They have many areas that they travel and it's all within this Pocket area. And gosh, people, just stop and

let these poor things live. Leave them alone and watch what you're doing. "I mean, people cross that road all the time. There's a crosswalk there where you can push the button to cross. Well, there needs to be a crossing for the geese."

let these poor things live. Leave them alone and watch what you're doing.

"I mean, people cross that road all the time. There's a crosswalk there where you can push the button to cross. Well, there needs to be a crossing for the geese."

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# Shattering the glass ceiling

School board member discusses a pivotal mother/daughter experience

By JESSIE RYAN  
Special to the East Sacramento News



Daughter Brooklyn is being held by her mother, Jessie Ryan, at the recent Hillary Clinton event at Sacramento City College.

In 1984, pledging to break the glass ceiling, Walter Mondale selected the first woman to run for Vice President on a major party ticket. I was 6 years-old and my struggling single Mother braved the sweltering 100 degree heat of Sacramento to take me to see Vice Presidential Candidate Geraldine Ferraro speak at the State Capitol.

I'll never forget my Mother pushing me to the front of the stage, hoisting me upon her shoulders, pointing-up at Geraldine and saying, "If she can run for Vice President, Jessie, you can be anything you want to be."

And yet, more than three decades later, no woman has become Vice President let alone President of the United States. There is a certain kind of sadness in the realization that change has not come sooner. Women across the country, like myself, begin to wonder if they can really aspire to be anything or if they will see a woman President in their lifetime.

On Sunday, 5, I had the opportunity to take my 6-year-old daughter to hear Hillary Rodham Clinton speak at Sacramento City College. It was a blistering hot day and my daughter endured five hours of waiting in lines (without so much as a bathroom break). Not once did she ask to go home. In fact, she told me quite simply that

she was, "angry that there hasn't been a woman President."

When Hillary took the stage, once again speaking of breaking glass ceilings, ending income inequality, championing paid family leave, and supporting female representation at every level of American society, I held my daughter closely and whispered in her ear, "Brooklyn, if she can become President, you can be anything you want to be."

I never imagined that moment would be caught on camera and folded into a Hillary Clinton campaign video to commemorate her historic achievement as the first woman from a major party to become a Presidential nominee.

On June 7, prior to taking the stage to acknowledge her primary victories, the Clinton campaign unveiled the beautiful and poignant video featuring highlights of the women's rights movement (complete with powerful images of the suffragettes, Shirley Chisholm, Gloria Steinem and Dolores Huerta) and

then flashing to my daughter and me embracing at the Sacramento City College rally, eyes filled with hope. The screen read, "No limit to how big she can dream."

No matter your party preference or personal opinion of Hillary Clinton, Tuesday marked an historic moment for women and girls everywhere. Finally bearing witness to a woman becoming the presumptive Democratic Party Presidential nominee represents a mind shift in this country. It inspires women and girls everywhere to reach for the stars; to embrace their courage and harness their tenacity, to challenge stereotypes and dare to compete.

That night my Mother, now 71 and battling cancer, took my hand and together we wept as Clinton recounted her own Mother's journey to overcome adversity and impart words of wisdom to her daughter. It felt as if we had come full circle. It felt as if, after decades of disappointment, the invisible glass ceiling had shattered.

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# Kathi Windheim chosen as Spirit of the Pocket Parade grand marshal

By MONICA STARK  
editor@valcomnews.com

*"But the Hebrew word, the word timshel—'Thou mayest'—that gives a choice. It might be the most important word in the world. That says the way is open. That throws it right back on a man. For if 'Thou mayest'—it is also true that 'Thou mayest not.' Don't you see?" — East of Eden by John Steinbeck*

Kathi Windheim lives for serving the Pocket neighborhood and a very high percentage of the 40,000 or so living here understands her selfless nature.

Because of that fact, the Spirit of the Pocket Parade committee decided she be this year's grand marshal on Monday, July 4.

Not sure who will drive her at the parade, one thing is for certain. Accomplice Angela Wood will be in the passenger seat and they will be passing out candy and mini beach balls.

Many locals know both of them for their involvement with Pocket NextDoor, the social networking website where Kathi and Angela act as "leads" for the site.

Kathi's involvement with the community predates her leadership role with that, however, and much of her services includes youth.

Whether it's writing 10 scholarship letters and sponsoring an equal number of high school seniors per year, writing grants for the public library system, volunteering for library campaign measures (latest being the extension of Measure X) Kathi gets things done with finesse and success.

Speaking about the most recent election she explained she did all the social media promotions for Measure X and with glowing results, it passed with 78 percent. "That's a third of our budget."

"I was at a party downtown for returns for the library (on election night). We had to get a two-third majority. We knew by the first returns by 8:30 p.m. We went skipping down the hall, then went to Darrell Steinberg's party."

The third measure for the library that Kathi has involved herself with, Measure X renewed the parcel tax that was passed 10 years ago. Between now and then, voters might



Groundbreaking on \$2.1 million Didion Gym, 2003



Oakmont HS, 1978 Student Council (Kathi is shown from second from left)



Greenhaven Mother's Club President, Ice Cream Social Marriott Park 1995

recall Measure B, the parcel tax that was on the June 3, 2014 ballot asking for a \$12 a year tax increase for library services for 12 years.

Kathi was born in San Francisco and briefly lived in Fresno and then Roseville. Valedictorian and student body president at Oakmont High School, science remained a favorite subject for Kathi as she studied food science at UC Davis and while studying penicillin in milk at the Creamery, which was located downtown at 10th and D streets.

"I had my own chemistry set in middle school. I really like science and you can make things. You could make aspirin. When I was in Davis, I switched to food science and learned how to make things.

"The Period Table of Elements: You know how some people really get into that?"

Well, that was Kathi. But even she could only look at the Period Table of Elements for so long. She loved reading and loved it since she was preschool age. "Science gave me an analytical view. When you start to read, you have empathy for other people and things. I see that in being in the library that clicks for teens."

As a young reader, she would read all of the Agatha Christie mysteries. Pick one author, read all the books — Kathi wanted a complete knowledge of authors." Always reading since she was 4 one of her favorite and most influential books to this day is John Steinbeck's "East of Eden."

"I liked the word timshel," a word used in the book as a major theme.

"That word: you can decide for yourself what you are going to do."

While her head may have been stuck in the books, the knowledge she received from them broadened her consciousness about the world around her.

Around that time she was in high school, Watergate was happening and Kathi's journey to becoming an influential Pocket resident was not that far into her then-future.

She met Greg, the love of her life, in 1984 and got married two years later at Greenhaven Lutheran Church. The pair actually met at Greenhaven Apartments and as Kathi likes to tell it: "Someone

was parked in my space; it was this boat. This boat was in my parking spot and he asked: Do you want to go on a ride? Do you want to go water skiing?"

The rest is history. This year they celebrate their 30th wedding anniversary and their son Zack is in Hollywood. Having graduated from Occidental College, Zack was an assistant film editor for "Scream Queens" and just finished the pilot for the 2016 television series "The Exorcist," which is based on the movie of the same title. "Everyone thought he would be attorney like Greg. He's liked movies but was really into basketball."

That latter point about Zack's former interest in sports actually encouraged Kathi to

See Parade, page 7

## Parade:

Continued from page 6

work with the Didion school community and local government to acquire funding to build the gymnasium there.

Having quit her job at the Creamery when Zack was born she joined mothers' clubs and found out what the local schools needed. When Zack was in the third grade, Kathi realized there wasn't anywhere for kids to play basketball during rainy weather. While it took four years of fundraising — holding school-wide rummage sales and soliciting donations — the community, much under Kathi's leadership, pulled together \$500,000.

Even so, Kathi selflessly recognizes others who gave so much of their time and money. "This is why community is so phenomenal. For our gym, some people who worked on that were graduating. That's pretty selfless. There's so many people like that."

Much of her early involvement with the school groups came from a place inside herself in which she compared what she had growing up with the deficiencies her son's school faced. And fundraising became important and she knew that community building would help achieve those goals.

But, while she gets all that done, she's a lady who knows how to have fun.

"Pocket has such a community feel for everything."

She shares this story about for the last 12 years she's had the same 16 friends come play Bunko at the home from someone in the group. They're all from Pocket and for this monumental 12th year they celebrated the group's longevity with a synchronized swim show, choreographed by none other than



Grand Opening Robbie Waters Pocket-Greenhaven Library, 2010

Kathi. "I'm the idea person. If I have an idea it will be fun."

As time goes on and Kathi sees things "full circle" she remembers being one of the younger ones in the neighborhood. Now, with her knowledge and civic mindedness she helps the young moms of today and their children.

"If any projects involve teens and kids, I don't think I've ever said no. I think it's pretty fun. There's no agenda. They just want to do their project."

Classic Kathi.

See you at the parade.



Measure X Campaign for Sacramento Public Libraries, 2016

## If you go:

**WHAT:** Spirit of the Pocket Fourth of July Parade

**WHEN:** Monday, July 4 at 10 a.m.

**WHERE:** Yav Pem Suab Academy (K-6), 7555 South Land Park Drive (Old Lisbon School) to left on Rush River Drive all the way to Garcia Bend. (And yes, the boat ramp is open again!)

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## Valley Oak saved in William Land Park

Land Park Volunteer Corps members receive award

By MONICA STARK  
editor@valcomnews.com

Standing behind Swanston statue in William Land Park on Sacramento Zoo property is a healthy, 200-year-old valley oak that nearly lost its life recently due to disease.

Thanks to the care from Land Park Volunteer Corps members and pro-bono work from Tree Care Inc, the tree is not going anywhere now.

The night Donald Trump and Bernie Sanders were nearby, congresswoman Doris Matsui stopped by the California Farm Bureau for the Sacramento Tree Foundation's annual award gala where the corps received the 2016 Tree Hero Award for saving the tree.

Because of Tree Care Inc's work, Rick Stevenson lobbied the city of Sacramento's parks department to grant a contract to the tree company for sick redwoods that are located just "downstream" from the Swanston statue near Lily Pond. Treating the trees for spotted spider mites, the redwoods looked like they were diseased.

Also, he hopes to get the water flowing again on that stream that trickles into Lily Pond. Water in the last few weeks has stopped as the pond itself is dried out. Fortunately for that pond, he said no fish lived there. When water returns, he hopes to make the stream one that circulates rather than one that drains out of the park.

As the trees get clean bills of health and water gets circulating again, Stevenson said he would like to open up the area surrounding Swanston statue to host events. Always up for a party, he envisions local breweries on tap and, of course, live music. To do that, electricity would come through from the zoo to power up lights.



## Mining Yard Sale Treasures

By LEIGH STEPHENS

Jeff says he bought a \$3,000 ladies' Rolex watch for \$10. Having come from the yard sale where he bought the watch, he went to the sale down the street, asking people to verify the watch was indeed Rolex. Several confirmed it was. One person suggested he give the watch to his wife, but he said he had debts and needed to resell the watch to pay off some bills.

With warm weather, yard sales are popping up like tomatoes in the garden. Your neighbors are holding yard sales and raking through other neighbors' treasures, finding amazing bargains.

If you have read the book, *the life-changing magic of tidying up* (Marie Kondo), think about the benefits of clearing out: being able to find things in the closet, being able to park your car in the garage, off-loading your ex-mother-in-law's ugly china, recycling "white elephants" from Christmas, meeting new neighbors and friends, and making money.

Kondo says, "Only surround yourself with the things you love!"

If you cruise the neighborhoods for sales, you may find that once-in-a-lifetime gem. The fun and seductive carnival atmosphere of yard sales makes the search a delicious pastime.

Lisa Trask of East Sacramento says the best thing she's ever found was a \$400 St. John's knit dress that she bought for \$20. "I also once bought a brass lamp that has a France foundry mark for \$20." As she pointed to her camo pants she said, "But what I really love about sales is finding comfortable clothes that I use every day."

In addition to clearing out, there are many reasons for holding a yard sale such as raising money for your favorite charity, adding money to your vacation fund, giving to the new church youth room fund, or supporting your kids' school parent-teacher group.

A recent Greenhaven yard sale at Caroline Wenzel covered the front yard of the school with tables of goodies: hats, purses, jewelry, shoes, kitchen and household appliances, coffeemakers, sets of dishes. Why

would anyone buy something new when you could buy the same thing with its original box and for a fraction of the cost?

Parent Teachers Organization (PTO) volunteers Nicole Halverstadt and Sarah Jimenez coordinated the school event. Sarah said, "Nicole and I have kids here at Caroline Wenzel, so we volunteer to help the kids and teachers."

Nicole said, "We're holding the sale to raise money to support our teachers."

Constant budget cuts to school funds leave teachers scrambling for money to buy enrichment supplies and experiences for the children. Sometimes this money comes out of their own pockets.

Bob Schlichting of Land Park says he recently bought an rattan table and four chairs set. "It has a glass top and looks great on our covered deck. Its original price was about \$800. I just had to clean it up and put it in place, and I paid \$100 for this prize!"

Jaime Silva and Kiley Hanchin, sisters-in-law, held a recent yard sale in Greenhaven.

Their kids were all over the yard, bouncing around and helping out their moms by carrying goods to buyer cars and pointing out the merits of their wares.

Jaime says, "I like going to yard sales over having one. My best yard sale find was when my kids were little, I found two adorable and original children's adirondack chairs for \$8."

Kiley says, "I loved going to yard sales when my kids were younger. I was a 'looker' rather than a buyer, but I mostly bought plastic toys such as slides and cycles."

No matter which side of the yard you're on, have fun. Clearing your house will bring satisfaction and organization to your home. Holding a sale will make you a little money, and you can donate either leftover items or money to a charity. If you're searching for clothes or household items, you'll probably find what you want and may be surprised at the treasures you will discover.

*Leigh Stephens is a retired Journalism and Communications Professor from CSUS. She also is a dedicated yard sale groupie.*



Photo by Lance Armstrong  
Large swan paddle boat that was used at Cal Expo was for sale at a Pocket yard sale.

### Tips for holding a yard sale:

1. **Set a date and time** on your calendar and make a plan. Don't hold the sale on holidays but on weekends before the holidays. Also remember that some people are paid on the first of the month.

2. **Clean out** closets, the kitchen, the garage, and the attic – be ruthless! Price and box items by category as you sort items.

3. **Price items reasonably.** People tend not to buy if they don't know your price. Check Goodwill Industries online for their price list. The IRS uses this list and others like the Salvation Army list to compare how you price your donated tax deductions.

4. **Organize** and get ready the day before the sale. You'll need sale tags, tables, chairs, money aprons or fancy packs, a rack to hang clothes, a plug to test electrical items, pens and paper to record what was sold and for how much. Don't forget your own comfort... coffee, water & doughnuts.

5. **Advertise.** Try free first. Craigslist is free as is your Nextdoor website. Make address signs to post around the neighborhood. For your signs use bright-colored and sturdy poster board. Use LARGE print!

6. **Don't accept checks!** Be prepared with a starter cash supply: a roll of quarters, dollar and other small bills. Some people will want change for a twenty-dollar bill.

7. **Don't haggle until the second half of the sale:** During the last hour, let people fill a grocery bag for \$5 with leftover children's clothes, men's shirts, odds & ends, etc. At the end of the day decide whether you will want to charge the rock-bottom price or donate the leftovers.

8. **Create a friendly atmosphere.** Above all, people love to chat and talk about the items. If you have a story about grandpa's antique plane, by all means tell the story. When your buyer gets home and uses the item it will be a pleasant memory. This is also a great way to get to know your neighbors and make new friends.

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# What's going on in District 7?

Time to bring out the red, white and blue!

July is here and we're so excited to celebrate the forth with another great Pocket Parade and Community Business Festival and Fair! And, don't forget all the great activities coming up in the Pocket/Greenhaven area this month.

Let us know about more events or programs by emailing the details to [currency@cityofsacramento.org](mailto:currency@cityofsacramento.org). We can also include your event or program our Social Media blasts.



## Matsuyama Fun Run

7 to 9:30 a.m.  
Matsuyama Elementary School

This fundraiser is fun for the whole family! It directly benefits Matsuyama Elementary School's 6th grade students attending Sly Park Environmental Science Camp. For more information, visit <http://funevents2.wix.com/matsuyama-fun-run>.

## Fourth Of July Fun In The Pocket

It's time to celebrate the 4th of July with your friends, family, and neighbors at the Annual Matsuyama Fun Run, the Fourth of July in the Pocket Parade and the Pocket Community Business Fair & Festival at Garcia Bend.

## July Pocket Parade

10 a.m.  
Windbridge Drive (from S Land Park Dr. to Garcia Bend Park)

Join us for the annual celebration in the Pocket featuring our local heroes, community groups, and representatives. Call the Pocket News at 429-9901 for more information.

## 4th Of July Community Business Fair & Festival

10 a.m. to 1 p.m.  
Garcia Bend Park

After the parade, enjoy the Pocket Community Business Fair & Festival at Garcia Bend, featuring our local community organizations and businesses. For more information, contact our office at 916-808-7007.

## Community Spotlight

July 14, 8:30 a.m.

UPS (1036 Florin Road)  
Hang out with Superbowl Champ & Vice May-

or, Rick Jennings at one of our great neighborhood businesses. For more information or to host a Community SPOTlight at your local business, contact our office at 916-808-7007.

## Family, Friends, Food Trucks & Fun!

July 15, 5 to 8 p.m.  
Garcia Bend Park

Don't miss another great evening out with our friends from Sacto Mofo. To find out the food truck line up in advance, visit [Facebook.com/SactoMofo](http://Facebook.com/SactoMofo). Contact our office at 916-808-7007 for more information.

## Jazz In July!

July 16, 6 to 8 p.m. at Seymour Park  
July 30, 6 to 8 p.m. at Marriott Park

Jazz in the Park is back and better than ever! Bring a blanket or lawn chair and enjoy an evening of smooth jazz with your neighbors. Contact our office at 808-7007 for more information.

## City Hall In Your Neighborhood

July 21, 6 p.m.  
Robbie Waters Pocket-Greenhaven Library

Join Vice Mayor Rick Jennings and staff to discuss matters of importance to you and your neighbors, 3rd Thursdays of the month at the Pocket-Greenhaven Library from 6-7pm.

## Troop 259 50th Anniversary

July 16, 10 a.m. to 2 p.m.  
Garcia Bend Park

Join Boy Scouts Troop 259 as they share stories and memorabilia and connect with current and former Scouts and Scouters. A ceremony will follow with recognition, remarks from leaders, games, barbecue (\$5 per meal) and Dutch Oven cooking. For more information, contact coordinator Rob Fong at [rfong1020@gmail.com](mailto:rfong1020@gmail.com).

## Fire Station 11 Open House

July 30, 2 to 4 p.m.  
Fire Station 11 (785 Florin Road)

Bring your families and come on out to your local fire station. Meet the firefighters and medics who protect your neighborhood; tour the station; pick up

some safety brochures; and take an up-close look at the trucks, engines, ambulances, equipment, and gear that your first responders use every day. For more information, please call Lori at 808-1011.

## Sunday Jazz

July 10, 12:00pm-5:00pm  
Elks Lodge #6 (6446 Riverside Blvd.)

Enjoy amazing jazz bands every Second Sunday. For more information, call 422-6666.

And...don't forget our ongoing events and opportunities:

## D7 Hot Spot

Fridays, 7-10 p.m.  
School of Engineering & Sciences - 7345 Gloria Drive

TEENS, cool out at the D7 Hot Spot! Boys & Girls ages 13-19, Basketball, Snacks, and more! Call our office (808-7007) for more information. Paid for by Measure U and sponsored by the Department of Parks & Recreation.

## Free Tours Offered At The Sacramento Regional Wastewater Treatment Plant

April - October 2016  
Sacramento Regional Wastewater Treatment Plant

For more information or to book a tour, visit <http://www.regionalsan.com/tour-treatment-plant> or call 876-6120.

## Come Out And Play Summer 2016

Looking for some summer fun for kids, ages one through 100? Check out the City of Sacramento's Summer 2016 Recreation Guide for lots of free and low cost summer activities. The Summer 2016 Recreation Guide is now available at [www.cityofsacramento.org/ParksandRec](http://www.cityofsacramento.org/ParksandRec).

## Read For The Win! Summer Reading Program

May 14 - August 15  
Sacramento Public Libraries

Sacramento Library's 2016 Summer Reading Challenge kicked off Saturday, May 14 and continues through Aug. 15. To register or for more information, visit your local library or [www.saclibrary.org/SummerReading](http://www.saclibrary.org/SummerReading).

# South Land Park Neighborhood Association gears up for National Night Out

Neighbors: You are invited to showcase your business (no charge) at a neighborhood event! SLPNA is hosting its annual "National Night Out" community event on Tuesday, Aug. 2. You are welcome to promote your business at a booth. You can provide samples, information, flyers, freebies, coupons, promotional items, etc. Organizers ask you please RSVP by June 30. The event typically features food, beverages, music, bounce house, face painting, hula dancing, and vendor booths.

South Land Park Neighborhood Association's annual event draws approximately 150 or more residents that live near your business. The community event is a police-community partnership promoting public safety and neighborhood camaraderie. Attendees include elected officials, students, residents, and police and fire personnel.

The SLPNA will gladly list your business in email blasts, and post your logo in web ads and at the event itself. Also, if you can donate any items or small monetary amounts to offset the event costs, it is greatly appreciated. SLPNA is 501(c)(3) nonprofit and will provide tax ID if you need it.

## National Night Out details

When: Tuesday, Aug. 2 from 5:30 to 7:30 p.m. (vendors set up at 5 p.m.)

Where: Alice Birney K-8 School, 6251 13th St.

Bring: Flyers, giveaways, samples, promo products, logo items

If you have any questions, please contact Brian Ebbert at 801-4746 or email [b.ebbert@comcast.net](mailto:b.ebbert@comcast.net); PO Box 22903 Sacramento, 95822.

On the web: [slpna.org](http://slpna.org)



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# Pocket/Greenhaven Rotary honored as the outstanding club in Sacramento area

At the District Conference in Berkeley, the Rotary Club of Pocket/Greenhaven received the Governor's Bell as the outstanding club in the Sacramento area. District 5180 contains 42 clubs with almost 2,000 members. In addition, Pocket/Greenhaven received the award as the best club in its class for the fifth consecutive year. Accepting the awards was President Hector Leños.

Pocket/Greenhaven Rotary supports a number of projects for local youth including the presentation of dictionaries to third grade students, a high school speech contest, the sending of a John F. Kennedy High School student to a week-long Rotary leadership camp, presenting a college scholarship to a high school senior, sponsoring an Interact Club at Kennedy High School, and co-sponsoring a Rotaract Club at Sacramento City College.

In addition, PGR is involved in many community service projects including the Garcia Bend Levee Cleanup, teaming with the

Red Cross to install smoke detectors, providing hand-written cards for holiday boxes to soldiers stationed overseas, serving lunch at St. John's Shelter, holiday bell ringing with the Salvation Army, providing an Ice Cream Social for residents at the ACC Nursing Home and root beer floats for kids battling cancer with the Keaton Raphael Memorial.

On an International level, the club will be co-sponsoring a grant providing clean water and schools in Mfuwe, Zambia and co-sponsoring a high school student study exchange with a club in Sao Paulo, Brazil that will include hosting a student from Lidkoping, Sweden.

The Rotary Club of Pocket/Greenhaven meets Thursdays at 7:30 a.m. at Aviators Restaurant in the Executive Airport. Prospective members are always welcome. Information about membership and meetings are accessible on the club's website at PGR.Rocks or contact Rick Lewkowitz at rick.lewkowitz@gmail.com.



Photos courtesy of Jack Foote  
Past President Keiko Wong and President Hector Leños with the Governor's Bell.



Randy Burton, Hector Leños, Deborah Leños, Jack Foote, Hal Shipley and Judy Foote with the Governor's Bell at the District Conference in Berkeley



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MEMORY CARE

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Space Limited, Please RSVP by June 17th

## MONTHLY FINANCIAL EDUCATIONAL SEMINAR

**Thursday, June 30th At 5:30pm**

**"Legal & Financial Planning for those with a Memory Impairment"**

Presented by: Dustin MacFarlane, Elder Law Attorney

This is an interactive program where you will learn about important legal and financial issues to consider, how to put plans in place, and how to access legal and financial resources near you. This program will cover information for families and individuals dealing with Dementia.

### Topics covered will include:

- Making legal plans that fit your needs
- Legal documents you will need and what they mean for all of you
  - Practical strategies for making a long term plan of care
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- Government programs that can help pay for care

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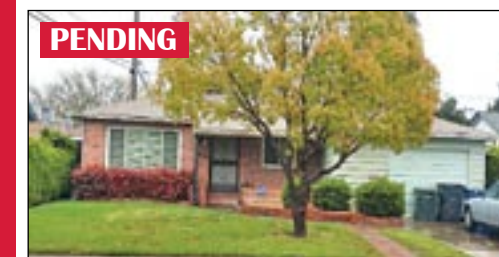
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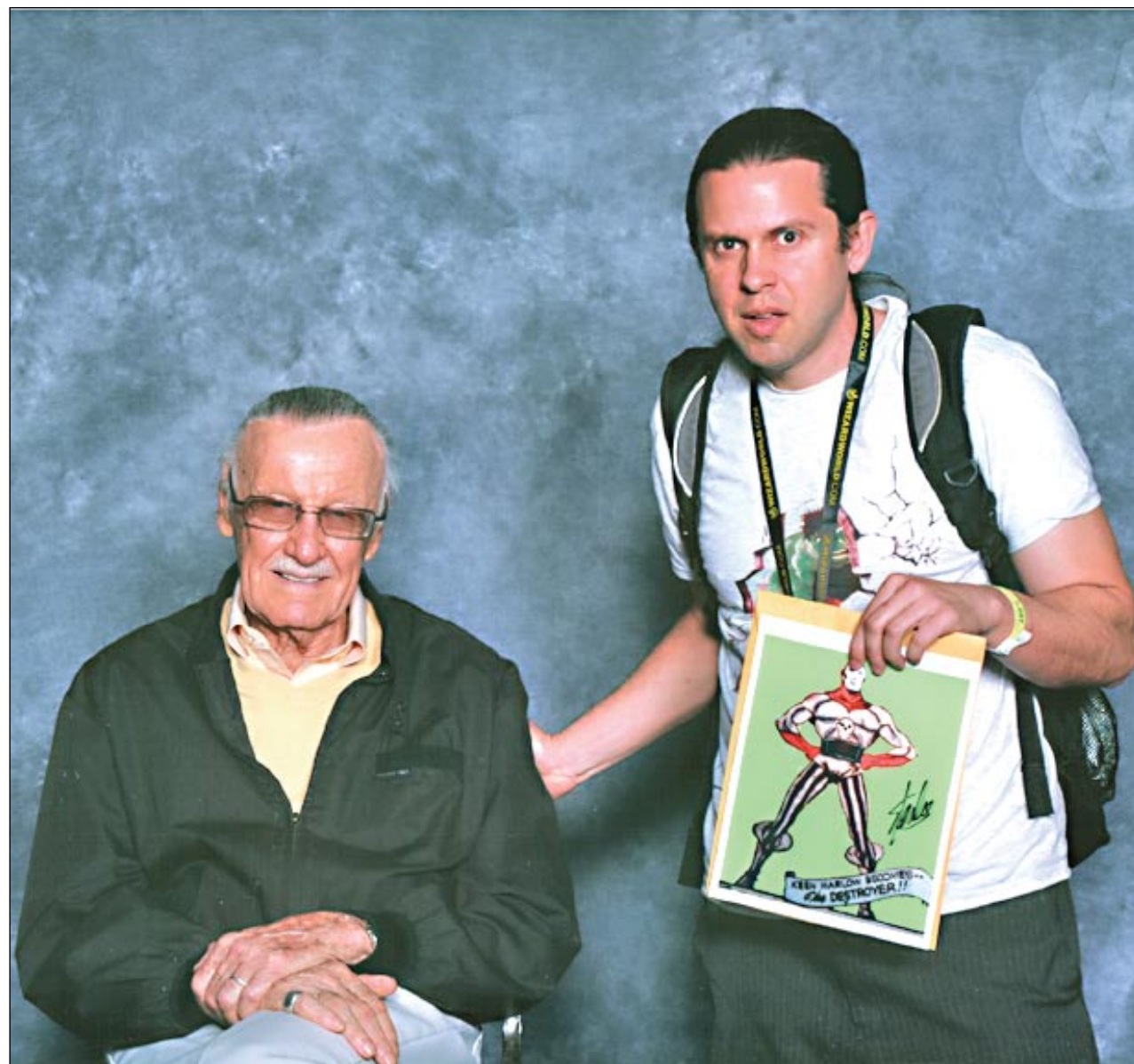
# When I met Stan Lee

By JAMES PEYTON

I never thought I would meet Stan Lee. For those of you who don't know who Stan Lee is, I will briefly explain. If you can't believe someone wouldn't know of Stan Lee, I have heard of people recently not knowing who Steve Jobs, Steve Wozniak, and reportedly, even Obama, is. Stan Lee was a writer in the comic book industry in the 1940s, who became the head of a new comic-book company that took the world by storm. He created and wrote many of the most popular characters of today, mainly in the 1960s and 1970s. One thing I didn't realize was Stan Lee did not create the look of a lot of the characters, the artists did. One of the main ones was Steve Ditko, who created the look of Spider-man. While it is true that people often mistakenly equate everything having to do with Marvel as coming from Stan Lee, he did a heck of a lot.

Stan the man was known for his amazing alliteration, cavalcade of characters and blossoming business.

It is my understanding that he created some of the first non-white superhero characters in comics. He created The Black Panther in the 1970s, who had his first film appearance in the movie now playing titled "Captain America: Civil War". I remember reading The Black Panther and an even lesser known counterpart character, "The



See Mystic, page 15

## Mystic:

Continued from page 14

White Tiger", as a child. My best friend Julian Newman back in the 6th grade had this old square box of comics from the '70s that was his grandpa's. At his Grandfather's house, we read comics in the garage, and sometimes picked weeds for money. Anyway, I believe that Stan created Luke Cage, or "Power Man", his partner Iron Fist, Captain America's African-American flying partner, "The Falcon", and "Shang-Chi, Master of Kung-Fu", but don't quote me on that. Another 1970s comic I remember reading a lot was "The Human Fly", about a stuntman with a costume. But I digress, true believers.

Wizard Con in San Francisco decided to try starting a branch in Sacramento, and at that first Sacramento convention, I forked out a lot of dough I normally couldn't afford to see Stan Lee. The bad part was that their website seemed confusing, and I made a mistake. I thought there was one package, "The Stan Lee Experience", but there was two. The better one was actually cheaper, and I mistakenly got the more expensive one with less. The good part is though the Wizard staff only seemed interested in taking your money, I never would have met Stan Lee at all, if it wasn't for them.

The better package had a person attending in a small room with a few people asking Stan questions and talking to him directly. How cool is that? The more expensive one got you the front 2 rows listening to his keynote panel, where hundreds sit and listen, and very few get to ask any questions. The perks were a picture with Stan and an autograph on a picture of your choice. While the typical thing might be to have him autograph a picture of Spider-man (and wouldn't that be nice!) I wanted to do something different due to his age and experience. Since he had been working in comics since the golden age, and not many can say that anymore, I had him autograph a picture of his 1940s Captain-America substitute type character, "The Destroyer".

The Destroyer was a blonde hero named Keene Marlow with no powers, who fought against Germany for the Allies in World War II. He could easily sneak into Germany and take out a target, and could defeat several typical soldiers at once. This Destroyer/ Captain America wannabe was

created by Stan Lee and Jack Binder. The Destroyer appeared in comics like Mystic Comics, Kid Comics, USA Comics, and All-Winners Comics. The Destroyer was mentioned in a 2 page typed story in Mystic Comics #6, titled "The Mystic Line-Up", telling the reader how cool the characters in their magazine were. He also appeared in a December 1941 typed 2 page pulp story titled "Heritage of Destruction", in Mystic Comics #7, that was a typical part of golden age comics. Those stories were written by Stan Lee. Stan reminisced on these brief written parts of comics of the day, saying that he started by writing those and that he figured that was the part of the comic that "nobody read".

Back to the Wizard-Con. I walked up to a spot near his chair, a bit nervous, and unlike the day before, didn't say anything to him. Stan said "Hello", and nodded his head. A likable guy, no doubt. The picture came out typical of him, and pretty bad of me, but at least I got a picture! And I got The Destroyer picture he autographed in there, too. I was confused where to look with all the different cameras during the quick photo, and when I figured it out, Stan said "Atta boy!" just like my Grandpa. I wanted to give him an article I wrote about silent film star Clara Bow in a old time radio magazine, because I thought he would enjoy it. But the only chance seemed to be the day before, during the autograph line, and he was sick that day.. so I didn't want to bug him. The next day of the picture they whisk you through with no time or much chance to do anything. I also wanted to tell him that the old story "Where Walks the Ghost" he did in Amazing Fantasy before Spider-Man was a real tear-jerker. It reminded me of my own grandparents, too. By the way, Spiderman first appeared in Amazing Fantasy #15, the last issue of a magazine that was not doing well, as the company was about to go out of business. If you are about go out of business, and have only one issue left, there's no reason not to write whatever you want. It's not like you have to worry about sales.

I was obsessed with Spider-man and the Hulk as a child, and I've seen kids 10 years ago using their imagination, wearing Spiderman ringer shirts and little kids today that are the same. I remember seeing Stan Lee talking on a video for a new Playstation Game a few years ago, and thinking, "Man, in the 60s he had kids



hanging on the next issue of Spiderman, and all the way till even now kids today are still excited to see the latest Spiderman. The new movie and new video game of Spiderman just came out." That's Amazing.

For those who wish to learn more about Stan Lee, obviously YouTube and Google will pull up a vast wealth of information. A film to watch about the man, (Yes, Stan "The Man" Lee) is "Stan Lee's Mutants, Monsters, and Marvels", by Kevin Smith. This is the same Kevin Smith from "Clerks" and "Jay and Silent Bob." This interview tells the story of Stan Lee and Marvel Comics, and is recommended. It also has home movies of Stan. If you can look at reprints online, "Where Walks the Ghost" is in the April 1961 Amazing Fantasy #11, and Spiderman is in the August 1962 Amazing Fantasy #15. If you are confused, The magazine was named Amazing Adventures, renamed Amazing Adult Fantasy, and finally Amazing Fantasy.

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# Local swimming pool schedules

## Southside Pool

Southside Pool is located at 2107 6th St. in Southside Park. 264-5357

## Recreational swim hours from June 13-17 are as follows:

Monday through Wednesday from 3 to 7 p.m.; Thursday: Closed; Friday from 3 to 7 p.m.

## June 18 to Aug. 28 as follows:

Friday through Monday from 1 to 5 p.m. Tuesday from 3 to 7 p.m. Wednesday from 1 to 5 p.m. Thursday Closed

Programs include: Recreational swim, swim lessons, access swim lesson, swim team, lap swim. Private pool rentals are available. Amenities include: Zero entry play pool with fountain feature, low spring diving board into a diving well up to 12 feet deep, large open swim areas for tons of recreational fun, pool house with changing rooms and restrooms, shaded deck area, picnic tables and benches, park with additional amenities outside, parking lot

## Clunie

Clunie pool is located at 601 Alhambra Boulevard in McKin-

ley Park. Contact this facility by calling 264-5301. The pool is now open.

May 31 to June 19 as follows: Mondays Closed; Tuesday through Friday from 3 to 7 p.m. Saturday and Sunday from 1 to 5 p.m.

June 20 to Sept. 4 as follows: Saturday and Sunday from 1 to 6 p.m.

Mondays: Closed Tuesday, Wednesday and Thursday from 1 to 5 p.m. Friday from 1 to 6 p.m.

## Sept. 5 from 1 to 5 p.m.

Programs include: recreational swim, swim lessons, swim team, lap swim, water aerobics, junior lifeguard academy, private pool rental available. Amenities include: Shallow depth play pool, low spring diving board into a diving well up to 12 feet deep, two enclosed flume slides that drop off into a twelve foot catch pool, large open swim areas for tons of recreational fun, pool house with changing rooms and restrooms, shaded deck area, picnic tables and benches, park with additional amenities outside, limited street parking available.

## Glenn Hall Pool

Glenn Hall Pool is located at 5415 Sandburg Drive in Glenn

Hall Park (entrance to Paradise Beach). Contact this facility by calling 277-6071.

## Hours of operation

June 13 to June 17 as follows: Monday from 3 to 7 p.m. Tuesday Closed Wednesday through Friday from 3 to 7 p.m.

## June 18 to Aug. 28 as follows:

Friday through Monday from 1 to 5 p.m. Tuesday Closed Wednesday from 1 to 5 p.m. Thursday from 3 to 7 p.m.

Programs include: recreational swim, swim lessons, private swim lessons, swim team, junior lifeguard academy, private pool rental available. Amenities: Enclosed flume slide that drops off into a twelve foot catch pool, low spring diving board into a diving well up to 12 feet deep, large open swim areas for tons of recreational fun, shaded deck areas, picnic tables and benches, parking lot, park with additional amenities outside.

## Bertha Henschel Play pool

Bertha Henschel Play Pool is located at 160 45th Street in Bertha Henschel park in East Sacramento.

Bertha Henschel play pool will be open from June 18

through August 28 for the summer 2016 season! Monday, Wednesday, and Friday noon to 4 p.m. Saturday and Sunday 1 to 5 p.m. Family night: Thursdays 3 to 7 p.m. Closed Tuesdays

Amenities: Shallow depth wading pool, mushroom fountain feature, shaded area, benches located on pool deck, adjacent to park with additional amenities outside, limited street parking available.

## Mangan Pool

Mangan Pool is located at 2140 34th Avenue in Mangan Park. Contact this facility by calling 433-6272.

## Recreation swim hours:

June 14 to June 17 as follows: Tuesday through Friday from 3 to 7 p.m. June 18 to August 28 as follows: Saturday and Sunday from 1 to 5 p.m. Monday Closed Tuesday, Wednesday and Thursday from 1 to 5 p.m. Friday from 3 to 7 p.m.

Programs offered are as follows: recreational swim, swim lessons, swim team, junior lifeguard academy, private pool rental available

Amenities: Low spring diving board into a diving well up to 12 feet deep, large open swim areas for tons of recreational fun, pool house with changing area and restrooms, shaded deck areas, picnic tables and benches, parking lot, park with additional amenities outside.

William Land Park play pool will be open from June 18 through August 28 for the summer 2016 season!

William Land Park Play Pool is located near the Land Park Playground (adjacent to the Tiny Tot building) at 13th Street and 13th Avenue.

## Recreational swim hours:

Monday, Wednesday, and Friday 11 a.m. to 3 p.m. Saturday and Sunday 1 to 5 p.m. Family Night: Tuesdays 3 to 7 p.m. Closed Thursdays

Amenities: Shallow depth wading pool, mushroom

fountain feature, shaded deck and grass area, adjacent to park with additional amenities outside, limited street parking available

## Tahoe Park Pool

Tahoe Park Pool is located at 3501 59th Street. Contact this facility by calling 452-9622

## Summer aquatic programs

Recreational swim: Beat the heat this summer by playing in the pool at Tahoe Park. Bring your family and friends and enjoy an afternoon of splashing and relaxing poolside. Recreational swim is open swim time for all!

## Dates: June 18 - Sept. 4, 2016

Tuesday - Friday 2 to 5 p.m. Saturday and Sunday 1 to 5 p.m.

Lap swim, enjoy the sun and beautiful weather this summer by taking your workout out-side. Lap swimming is a great way to stay fit and keep cool. Our facility provides complimentary kick boards and buoys.

## Dates: June 20 - Sept. 3

Monday - Thursday: 11 a.m. to 1, 5, 6:30 p.m.

Water exercise, change your fitness routine this summer and join the Y for water exercise! Water Exercise incorporates fun into a full body workout. Classes are taught in the shallow water by an instructor that will help you improve your agility, flexibility, and cardiovascular endurance.

## Dates: June 20 - Sept. 3

Monday - Thursday: Noon to 1 p.m. and 5:30 to 6:30 p.m. Saturday: Noon to 1 p.m. SWIM TEAM: An introduction to competitive swimming for youth ages 7 and up. Swimmer must be able to swim safely in deep water and swim one lap continuously.

## Dates: June 20 - Aug. 5

Monday - Thursday: 6 to 7 p.m. Meets: Saturdays - time vary Ages: 7 - 17 Price: \$99

See more at: <http://ymca-superiorcal.org/tahoe-park-cc/tahoe-park-pool/#sthash.fK1nlVPE.dpuf>

# Venerable Master Hsing Yun's 'One Stroke' calligraphy exhibition at Sac State

A calligraphy exhibit will be held at the Sacramento State University Library Art Gallery from Friday, July 1 to Friday, July 29 with work by the Venerable Master Hsing Yun. Titled, the One-Stroke Calligraphy Exhibition, the artwork showcases the virtue of Chinese cultural and education.

"It's a form of art and also a lifetime cultivation of a propagator," the Venerable Master Hsing Yun said. "I'm 90 years old, was born and lived in Yangzhou for 12 years, in Nanjing for another; traveled around the world, caring the happiness and peacefulness for everyone in five continents. I wish people can see the word and read my mind. My writing is for giving joy and making affinity to others...Look beyond my words and see my heart."

All of the contents of the calligraphy are encouragements to be noble, philosophy in daily lives, transmit the words of wisdom to form good affinity. Every art piece is blended with the Yun's dedication and cultivation.

You can see the art at the opening ceremony on Friday, July 1 from 1 to 5 p.m. and Tuesdays through Sundays from 10 to 6 p.m. until Friday, July 29. The Sacramento State Library is located at 6000 J St. For more information, call 278-6898. The event is organized by Pocket resident Fo Guang Shan from the Bodhi Temple. This will be a rare treat for those interested in Chinese art, calligraphy and philosophy.



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California Kids targets active families who get out and enjoy all the community has to offer. It also serves as a guide to families that are thinking of relocating to a new area. A perfect publication for real estate listings.

Some of the drops include: schools, restaurants, doctors and dentists, libraries, museums, grocery stores, attorney offices, visitor centers, chamber of commerces, real estate offices, parks and recreation offices, coffee shops, book stores, churches, child care centers, pizza parlors, gymnastic centers, reaching those parents most likely to purchase products, use services, and search real estate listings.

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## Matias Bombal's Hollywood

Now You See Me 2  
The MPAA has rated this PG-13

Lions Gate offers "Now You See Me 2", sequel to the 2013 movie with the same principal cast, which includes Mark Ruffalo, Woody Harrelson, Dave Franco, Jesse Eisenberg, Morgan Freeman and Michael Caine. John M. Chu directs this sequel; he had made the first one three years ago.

The magicians that fight world crime with the daring-do of James Bond had bonded together as "The Horsemen" in their last movie outing, and here they come out of hiding once more, prompted by that silver-tongued devil Thaddeus Bradley, played by the molasses-voiced Morgan Freeman. He warns at the picture's start that they will come out once more in ways they would never expect.

Oh, they certainly will, in that hocus-pocus world of misdirection; as in the type employed by magicians.

This is a non-stop ride of magic and mayhem. Ms. Sharon Seymour's production design is brilliant thought the design. When the horsemen fall down a tube that takes them quite literally to the other side of the world, they "land" in China at the bottom of a restaurant linen chute. Seymour has designed a magic shop interior that has the whimsy and clutter of Balls' costume shop seen in the "Pink Panther" movies.

The new character of Lula is played by Lizzy Caplan, the newest Horseman, or should I say horsewoman? Handsome Dave Franco recreates his role as Jack Wilder, and they have a budding romance. Ms. Caplan's screen presence has the same effect on the audience as it does for Franco's character. She's great fun.

Once The Horsemen have found themselves in China, they encounter a man who wants something very badly, Walter Mabry. He's played by Daniel Radcliff. He places the horsemen in the position

of working for him to steal a vital computer chip that could be used to gain access and control of the entire world's computer systems. The chip almost matches the thickness and size of the average playing card which, for the magicians, makes for one of the movies best choreographed moments. This is not a great movie, but a fun caper that never rests... taking you along for the illusion.

I am not fond of Jesse Eisenberg. In this movie he delivers his typical performance that you seen in each picture; the unchanging, driven, annoying and not very agreeable prickly type. With all the remakes going on, they should remake "The Trouble with Harry" with Mr. Eisenberg in the title role. I might like him in that.

The other players are enjoyable, including the introduction of a daffy twin brother for Woody Harrelson. Yes, he plays both parts. Michael Caine returns, working for the first time with Radcliff. You can watch either of those actors for hours and never tire. Overall this movie is Presto-Funo, and makes for a good time at the movies.

### Warcraft

The MPAA has rated this PG-13

Universal Pictures offers "Warcraft" directed by Duncan Jones. There are times in this profession of movie going for critical analysis that you dread. For me, it is seeing anything based on a video game. This was just such a movie. I go undaunted, forcing myself at times, as you do never really know when something might surprise you. I find many of my colleague film reviewers get caught up in the business side, throwing out numbers of grosses or trying to rate pictures with a numbering system. My approach is more direct; I simply to give you an outline without revealing plot elements to spoil the experience for one who might see the picture, point out a new face or two of promise, perhaps comment



The Horsemen add a horsewoman and Daniel Radcliff in this sequel. Summit Entertainment/Lions Gate

on a neat element in the story or highlight the talent of a behind the scenes artist that has added a nice touch with their artistry in their given craft.

Faced with "Warcraft", which has an animated style that looks like the video game one sees on a television screen, I was struck by the simple fact that video games over the past years have become so cinematic and "real" looking, they approximate watching real actors on a screen. In fact, many actors today survive by adding voice to these video games for big money. I knuckled down in my seat at the press preview ready to perhaps try and enjoy the story based on its visual artistry alone. The first surprise came when real actors appeared in scenes with the video game look. The integration of real people and that part which was whipped-up electrically was flawless.

Perhaps movies are starting to look more like video games rather than video games looking more like movies.

Real actors appearing in the picture include Travis Fimmel, Ben Foster, Ben Schnetzer, Dominic Cooper, Clancy Brown and Paula Patton. That new comer I like to point out: Burkely Duffield. He plays the king of Azeroth's son. He's got a good pan for the movies, you'll likely see him again. Here's wishing him every success. Fimmel is the closest among these that approach world-wide fame as a film star, but folks have to start somewhere. There is an almost cameo appearance, which is un-credited, of one of the greatest actresses of this era, but if I reveal it here, you'd be angry at not being surprised by it if you see the picture.

Sadly, the story is a convoluted mess, that of the pretty land of Azeroth on the brink of war against the gigantic ogre like Orc creatures which look like profes-

sional wrestlers with oversized hands in Attila the Hun costumes. Further, wizardry is afoot, with the number one wizard Medivh, played by Ben Foster. There is even a young wizard in training, played by Ben Schnetzer who played the outspoken gay activist in the 2014 U.K. movie "Pride". The wizard is infected by a dark and evil entity and forces the two factions against each other, causing the Orcs to build a magic-infused portal for the worlds to fight each other.

It seems there are many missing chunks in this story, making it hard to follow. Likely cut for time. Near the end of the movie the King rushes into battle in order to save his captive people imprisoned by the Orcs, yet aside from seeing a few prisoners in cages in one previous shot, it is never established earlier in the story that there were any prisoners taken at all, which would have provided the motivation for the King to engage in the first place. There is also a scene near the end where a green Orc baby is set adrift in a little raft down a river to a new fate. We've seen that before in the movies!

This movie is far from great. Visually interesting, but hard to follow. The art direction of the interior of the wizard's library was marvelous, but sadly these are too few elements to make this good overall. Not a stinkeroo, but forgettable. Might be a good way to babysit children for a while, but in this modern and jaded world, even they might turn to their mobile devices after a few moments.

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Photo by Stephen Crowley

## Neptune's Table gets the wrecking ball

Neptune's Table was the place to go. If you had an anniversary, a birthday, any special occasion, you went to Neptune's Table. The first thing you would see when you walked in was a big tank of lobsters and you would pick which lobster you would want if you had a lobster dinner. A fancy, family-owned restaurant, they had white tablecloths and arguably the best martinis in town. It was also the place where politicians gathered to talk after a long day at "legislating" at the Capitol.

But, the building's history doesn't start there. Burlesque dancers were known to entertain when the space operated as the Red Rose cocktail lounge.

After the closure of Neptune's Table in the 1990s, Highlander came in and served delicious Scottish food, including Shepherd's pie for a relatively short time until it closed in 2004.

Since then, the property remained vacant and neighbors discussed its history and all the kinds of restaurants that could take its place. To many people's sadness last November, councilmember Jay Schenirer told neighbors that the place had been neglected too much and that it just was "not worth fixing. It's been there for a long time."

Well, the time has come, and as Valley Community Newspaper photographer documents here (photos taken on Tuesday, June 7), the historic restaurant has seen better days. Now it's gone and only memories, photographs, articles and stories are what remain. I invite you to share any old photos in tribute to Neptune's Table. Email me at [editor@valcomnews.com](mailto:editor@valcomnews.com). -Monica Stark

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