

POCKET NEWS

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Safe drinking water, a concern that resurfaces in the Pocket area

Two water quality concerns related to aesthetics have been reported. These two aesthetic concerns are temporary, separate and not related in any way.

The first is that water in the South area of the City has been described as "mossy" or "earthy" in flavor recently. The water is safe to drink. We want to let our customers know that the taste can be affected by lower water levels in the Sacramento and American rivers and higher water temperatures.

This causes naturally occurring bacteria that affect the taste of the water, but pose no health risk. This happens around this time of year when it's hot and dry. As temperatures start to cool, the taste and odor issue will eventually disappear. To alleviate the earthy taste, the City's water quality superintendent recommends adding lemon to the water or placing tap water in the refrigerator to cool it down.

The second is related to a report from a citizen in the Pocket area who observed particles in the water. This is not uncommon when construction is taking place nearby. During construction, pipes can be disturbed and this can cause dislodging of particles from the pipe surface. This also poses no health risk. The City recommends flushing cold water lines until the water runs clear again.

If you have any questions or concerns, please call 311.

-Sacramento Vice Mayor Rick Jennings



JFK Drumline looking for percussion funds

Billy T. Hernandez is a member of the Drumline at John F. Kennedy High School. On a Go Fund Me he writes "We have skill, talent, and most importantly determination, but the other schools at our same level all have more funding and therefore better equipment. The judges have taken away points before because our snare drums did not sound good, but there was nothing we could do about it."

We are trying to buy a new snare drum and a cover for it, bass mallets, and drum heads. All of us put in hours of work every week to push past our limits, but this limit is one that we need your help to push past. We thank you 1,000 times for your contribution. Help spread the word!"

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Volunteers age 50-plus needed by September to help Sacramento area kids learn to read

Local residents ages 50 and up are needed by September to help kids read, as part of United Way California Capital Region's partnership with AARP Foundation's Experience Corps. Volunteers will be placed in Sacramento-area schools and will partner with small groups of students in kindergarten through third grade to help them improve their reading. For more information, visit www.yourlocalunitedway.org/experiencecorps to sign up for an upcoming information session.

"We know that improving children's early literacy has a direct impact on their success in higher education, and we know that higher education is the equalizer that breaks the cycle of poverty," said Stephanie Bray, president and CEO, United Way California Capital Region. "As adults, we can give back by helping many more children grow up prepared for success."

The program will take place in Center Joint Unified, Elk Grove Unified, Robla and Washington Unified school

districts. Volunteers will spend two to three hours a day in the classroom two days a week helping students read at grade level and beyond, and providing consistent support to the same teacher and students over the course of the school year. Volunteers receive 25 hours of training in literacy and classroom management.

United Way California Capital Region is leading the program in the Sacramento region through a four-year grant from AARP Foundation, a grantee of the Social Innovation Fund (SIF). In August 2015, AARP Foundation received \$3 million from SIF, a program of the Corporation for National and Community Service (CNCS), the federal

agency for volunteering and service programs. The SIF fosters public and private collaborations to evaluate and grow innovative community-based solutions that work. In just five years, the SIF and its private-sector partners have invested more than \$876 million in compelling community solutions. As a result of \$295 million in federal grants and more than \$581 million in non-federal match commitments, the SIF has made grants to 39 institutions and 353 nonprofits working in 40 states and the District of Columbia. This subgrant award is the result of an open competition held by AARP Foundation to identify and select promising organizations in high need commu-

nities to implement and rigorously evaluate the Experience Corps model.

The local program is part of United Way California Capital Region's Square One Project, a 20-year promise to significantly increase the number of local students who graduate from high school ready for success in college and beyond. Through nine decades of work and research across Amador, El Dorado, Sacramento, Placer and Yolo counties, the local United Way now believes ending poverty starts in school and is working to ensure kids meet important milestones for success in college. To donate or volunteer, visit www.yourlocalunitedway.org.

Parental Rights vs. Public Responsibility

By MICHELE TOWNSEND

The 2016/17 school year is upon us, and the hot topic this year is the changes made to the mandatory vaccine law, prompted by the 2014 Disneyland measles outbreak and historically low levels of vaccinations in some California schools. Senate Bill 277 (SB 277); authored by Senator, and Pediatrician Richard Pan and Senator Beth Allen, is a bill that was signed into law by Gov. Jerry Brown on June 30, 2015 requiring mandatory vaccines for all children entering into kindergarten or seventh grade in any public school, or daycare. This bill has had such strong opposition during its legislative process that Senators Pan and Allen had received multiple death threats and had to be escorted from the capitol by security for their own safety.

that they are protecting the rights of all children to go to public school safely. This bill is supported by the California Medical Association.

Professor of Law Doris Rubinstein Reiss gave testimony to the California Senate Judiciary Committee reminding them of their "leeway to require school immunizations, rejected the need of non-medical exemptions, and claimed this bill did not violate the right to education."

One mother in Sacramento said "In America, you have the right to drive also, but there are laws in place to keep people from driving crazy. Those laws are not only there for the safety of that driver, but for the other people that can be hurt as well. The driver didn't mean to hurt anyone else, but he didn't know school hours and thought 50mph in that area would be ok at that time of day! It was an accident that anyone got hurt, but it was one that could have been avoided. That's what I think this law does." Yet another Mother told me "This is America, We have the right to decide what we feel is best for our kids." As a debate began among the parents (None of which wanted to be named) a gentleman said "But, Is it fair to put everyone else at risk because of your belief?" Another stated "If parents put their children in potential harms way in other ways, it is considered neglect or child endangerment. Why is this different?" So, Is it about the parents losing their rights... or is it that their decision affects many others, in addition to their own children?

In the 2015/16 school year, those entering had three options to avoid the mandatory vaccination requirement; (1) obtaining a medical waiver (these are EXTREMELY hard to get), (2) enroll your child in an independent study or homeschool (non-classroom based instruction such as k12) program or (3) by filling out a "Personal Belief Exemption (PBE) Form" (These were primarily for religious beliefs).

As of July 1, 2016 **PBE's are NO LONGER AN OPTION.** So, what if vaccines go against your core belief, your spirituality, your religion? Do you have to homeschool your child, or go to a pericial school? Perhaps you do. However, many pericial schools are following the same requirements as the public schools on this topic. You will need to really do some research to find one that does not. However, if your child is already enrolled in school, and is going into any grade besides the seventh grade, your child is considered "grandfathered in", and will not need to be vaccinated until they are entering the seventh grade. Therefore, if your child is above the seventh grade, they will not be required to be vaccinated. Grades below seventh will be required to be current upon entering the seventh grade.

The law does not, however, prohibit students from accessing special education or related services required by their individualized education program (IEP). Some school districts have constructively exempted special education students due to legal mandates that may open

them up for legal challenge. Other districts are insisting all students, including special education services, be vaccinated. You will need to check with your school district if this something that pertains to your child.

Those parents who have chosen not to vaccinate their children, to date, are also up in arms about the amount of vaccine that their child may have to now be injected with, in order to "catch up". There is a "catch up" schedule that can be reviewed on the California Department of Public Health website www.cdph.ca.gov.

Nurse Mary Covin says, "Why would you not have

your child vaccinated when you know you were as a child? Measles and Polio have come back as well as other old time diseases and disorders. These have come back into play, and now there are so many more people that if someone get sick, it's not just a few people that get sick. It's hundreds or thousands!"

Should you have any questions regarding this information, you may contact your school district for further information, or California school's legal council; Parker and Covert Southern California office at 714-573-0900 or Northern California office at 916-245-8677 or visit their website at www.parkercovert.com.

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Fall Prevention 101 - Friday, September 21, 1:00-2:30pm; \$6

See More-Fall Less - Thursday, September 29, 10:00-11:00am; Free

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Former Pocket resident Jrmr Jefferson to run for mayor of Elk Grove

By LANCE ARMSTRONG
lance@valcomnews.com

Former Pocket resident Jrmr Jefferson is among seven candidates in this November's mayoral race in the city of Elk Grove. Jrmr Jefferson, who moved to Elk Grove in 2014, became the city's seventh mayoral candidate just prior to the Aug. 17 filing deadline.

He will challenge Vice Mayor Steve Ly, Planning Commissioner Kevin Spease, Joel Broussard, Garrett Smith, Mike Monasky and Tracie Stafford in this November's election.

Jefferson, 35, said that he brings a "regular day people" aspect to the mayoral race.

"There's a need for regular day people to actually get in, because if you don't get in anyone like me in office, you're going to get the same old, same old," he said. "I mean, there

will be no difference between Kevin Spease and Steve Ly from (Mayor) Gary Davis. There would be no difference, because they've all been in the same circle."

And Jefferson warned about the concept of politicians becoming too close in their relationships.

"When you develop relationships inside an establishment, the people always get left out," he said.

Jefferson is not a newcomer to the political scene, having two years ago been a candidate in the Sacramento County Board of Supervisors District 2 race and the Congressional District 6 race.

He made his decision to become involved in politics during his time living in the Pocket area of Sacramento.

While sitting with his fiancé and his son, Israel, Jefferson encouraged his fiancé to

"be about change" and run for the Sacramento City Council District 7 race.

Jefferson, who grew up in Texas, said that he quickly learned as much as he could about running a campaign in order to serve as her campaign manager.

After his fiancé decided she was no longer interested in running for a council seat, Jefferson briefly considered becoming a candidate in that race.

But he instead evaluated other options, including running for the Sacramento Municipal Utility District Board. Ultimately, he chose to enter the Board of Supervisors District 2 race.

Jefferson's involvement in politics also includes serving as a delegate for Bernie Sanders at the Democratic National Convention in Philadelphia last July.

Jefferson mentioned some of the issues he will be running on as increasing community involvement, making the city's streets safer, decreasing the length of response times for emergency services, and expanding public transit.

Jefferson described public transit as essential to the city's economy.

"If people can't get places and it takes forever, you're going to stall the economy that you're trying to grow," he said.

To further assist the local economy, Jefferson proposed a safety tax.

"I'm not trying to scare businesses, but police protect businesses," he said. "If something happens to me or you, someone has to call and the police just may happen to be there to protect us. So, maybe we should ask the business community to chip in on a safety tax."

Jefferson added that instead of adding more police, he would like to have more community activities.

"We need more activities to bring the community together, and the mayor should be the number one promoter of community involvement," he said.

Jefferson mentioned that he would like those activities to include free events.

"People don't have disposable money to spend anymore," he said. "So, maybe we should gear away from community events being about the money."

Jefferson spoke about the type of businesses he would like Elk Grove to attract.

"We need businesses that would be willing to come here and do fair business," he said. "Most businesses, they want cities that would turn around and let them have their way, and I wouldn't do that."

He emphasized that he is not in favor of luring businesses to the city through financial incentives.

"I'm 100 percent against incentives," he said. "When I said I'm advocating for a job, I know they're going to pay me this (wage), and it may come with perks. But they don't give me a signing bonus. That's the NFL."

On the topic of an Elk Grove casino, Jefferson said that such an attraction would bring both positive and negative elements to the city.

"If you want to know what gambling does to an environment, yes, it brings the lights, it brings the tourism, it brings the attraction," he said. "But it also brings energy, whether it's positive or it's negative. And they've got (brothels near) Las Vegas. They have more strip clubs in Las Vegas around casinos, because they know people win money. It's fast money, (but) fast money is not about sustainability. You need to build a foundation and make sure it's firm."

Jefferson also spoke against the concept of establishing Indian casinos in America.

"The laws or the deals that they have with the United States to allow them to do casinos, I think is unfair," he said. "Why is it that I can't go meet a few millionaires and we start a casino?"

Jefferson mentioned that his education, which includes studying business management at DeVry University in Dallas and taking online courses in political science and international relations, has assisted him in his political endeavors.

And he added that his experience working with others extends beyond his political life to his background as an entertainer.

With his twin brother, Lamar (aka Yahobb), Jefferson formed the R&B duo, Timez 2, which competed in a variety of reality television shows, including "America's Got Talent" and "American Idol."

In being a person with high ambitions in life, Jefferson said that he hopes to one day become a candidate for California's governor and a candidate for president of the United States.

But with those aspirations being more distant goals, Jefferson is concentrating on his current efforts to become Elk Grove's next mayor.



Photo courtesy of Jrmr Jefferson
In addition to his efforts to become Elk Grove's next mayor, former Pocket resident Jrmr Jefferson formerly ran as a candidate in the Sacramento County Board of Supervisors District 2 race and the Congressional District 6 race.

Pocket/Greenhaven rotary member discusses life of Nine Inch Nail keyboardist

By MONICA STARK
editor@valcomnews.com

Many local people know Kate Van Buren (formerly Kate Woolley) through her volunteer work with the Rotary Club of Pocket/Greenhaven and her run for District 1 School Board Trustee in 2014. Currently Kate sits on the board of directors for the United Nations Association Sacramento Chapter and chairs the Young Professionals Group. But, what many people don't know about Kate is her past relationship with the late James Woolley, former keyboardist for the rock band Nine Inch Nails.

James, at the young age of 49, had a freak accident that led to his death on Aug. 15 in Lake Bluff, Illinois.

The day of his death, Kate said James was retrieving music equipment in the rafters of his warehouse studio in Illinois. "He climbed up nearly 20 feet to get a heavy keyboard and case. The case was not latched properly and fell open when he pulled it down. James lost his balance and fell. (A) metal plate in his neck killed him instantly when he landed," she said.

Accidents seemed to have plagued his life from an early age.

When they first met, James suffered from headaches due to a vehicle accident in his youth. Touring with NIN and other bands further caused deterioration in his neck from head banging, but it was a motorcycle accident and flipping their SUV off a cliff on Topanga Canyon Road that damaged his spine to the point that he was in constant pain. "He kept looking for doctors who could help him, even coming to Sacramento because a doctor promised to put him in physical therapy in a rehab center, but he was continually disappointed. One operation in Illinois put a metal plate in his neck to prop it up. The screws in the plate started to fall apart and he told me that one false move and he would be either paralyzed or dead. I remember bringing him to UC Davis Med Center. He was so hopeful that this specialist would know how to fix it. I cried with him as the doctor told him that after re-

viewing the charts and X-rays, he wouldn't be able to help, that the surgery to replace the metal plate was too dangerous."

The wake on Aug. 19 and funeral on Aug. 20 in Illinois brought family and friends together from all areas of his life. "There were lots of James stories for the children to hear, but it was still devastating. It was a closed casket and he was buried in between two beautiful trees in Illinois," Kate said.

Those significant physical and mental health issues negatively affected their marriage, she said. Together for 13 years, Kate tried her best to help and heal him.

He was a Grammy Award Recipient in 1993, the loving father of Brendan, Mary, and Anne.

Kate first met James in late 1991 at the Sunset Social Club in Los Angeles. Hanging out with her friend Tatiana enjoying the live band, she remembers standing in the long line for the ladies' room. James was sitting on a chair nearby. "We started talking and it was love at first sight. I did not know he played keyboards in Nine Inch Nails until weeks later. He was staying in Sharon Tate's house where the band was recording "The Downward Spiral."

When they first met, James was always up for an adventure, Kate recalls. They went camping, hiking, to the beach, and on road trips. "James was a very humble and unassuming person. When we first met, he told me he was a computer programmer." They had been dating for a couple of weeks when his friend asked her if she was going to go on tour with him. A little confused that computer programmers toured, his friend explained he was in Nine Inch Nails. At that point Kate thought he programmed their music as part of the crew. He had never said anything about the band during the hours they spent listening to The Cure, the Sisters of Mercy and NIN, Kate's favorite bands.

"Even at shows in arenas filled with 20,000-plus people, he would mingle with the fans before the show, striking



Photos courtesy of Kate Woolley

Shown here is James Woolley in front of the huge NIN poster at the Sunset Blvd. Tower Records right before the Downward Spiral album was released.

up conversations, and no one knew who he was," she said.

James loved his family and the pair visited them as often as possible, those early years of their relationship. Kate's fondest memories though are of closing her eyes in the studio with headphones on as he played some new tracks for her. "I felt honored to be a witness to the creative process," she said.

With fame also came every depraved thing you can imagine happening backstage at a rock concert, Kate said.

And then some things you can't imagine.

"At the time it seemed like fun and games, but looking back, there was extreme dehumanization of groupies, both male and female. I believe many of the shocking situations deeply affected the guys. I know it changed James in a negative way."

Kate's favorite song from The Downward Spiral is "A Warm Place." "It makes my heart ache for what could have been. The children like NIN because of the connection with their dad, but I listen because I love the music," she said.

Going back in time and asked to recall those early days driving up to the Sharon Tate house, Kate said the experience was surreal, as she recognized the doorbell and security gate from photos of the Manson murder crime

scene. Recalling that moment in their history, she said James, who was staying in the maid's quarters off the kitchen, kept his suitcase in front of the closet door. Even if it was completely closed, the closet door swung open and it freaked him out. "I was skeptical until I witnessed it for myself in the middle of the night. His suitcase moved a couple of inches as the door popped open," she said. "James started spending nights at my apartment in Venice after that. The gardener told us about a bleached out part of the front lawn where he had tried everything to get the grass growing again. He told us it was in the same place one of the bodies had been found. Chris, the drummer, lived in the guest house where he had his own mini studio set up. The dark living room in the main house was where the magic happened. You could feel electricity in the air, not just from all the equipment, but from the creative juice being generated."

With her apartment in Venice, they tried to make it to the beach every evening to watch the sunset. "James worked hard and played hard with NIN. He brought coolness to playing keyboards, which isn't as easy to do as playing guitar or drums. Those years were truly magi-

See NIN, page 8

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NIN:

Continued from page 7

cal and quite an adventure. After his time with NIN came to a close, we moved into a house in Topanga Canyon, got married and started a family. James played briefly in Rob Halford's band Two, produced music for a wide array of groups, worked on sound design for The Simpsons (those fart sounds are authentic), and worked on his own tunes for his band VOID in our home studio."

James worked for Prince briefly to bring in an income to support the family when Kate was home in Topanga, pregnant with Anne and taking care of two toddlers. At that time, James told her hilarious stories about Prince playing baseball in high heeled boots, opening up a bowling alley in the middle of the night for his friends, and some other shenanigans. "But James's mirthful attitude got him fired after he entertained the crew while sitting on Prince's motorcycle he rode in Purple Rain. Apparently he did not realize Prince was standing behind him until he noticed the faces of the roadies. His next phone call to me was to explain that Prince did not have a sense of humor," she said.

Though their marriage ended, James always stayed close to his children. He loved being a father, she said. Because of significant neck and spine injuries, he wasn't capable of doing a lot of physical activities with them, but he loved sitting down to paint, or teach piano, or just look at nature. He passed his amazing musical and artistic talents to all three children."

"A charismatic, charming man who somehow talked everyone he met into doing things for him," Kate said, he made you feel like the only person in the room when you spoke with him.

He never looked over your shoulder to see who else was there, she said. "James zeroed in on your soft

spots and shared tears with people he just met. I don't know if it was the empathy in his eyes, but strangers told him their deepest secrets. James had the best sense of humor as well. It carried us through very challenging situations and disarmed people who may have had a problem with him. He was extremely intelligent with a sharp memory. On the other side of the personality spectrum, he had high anxiety. If he was expected to show up to an after party as James, the keyboardist in NIN, he suffered panic attacks. It was much easier for him to be incognito."

To Kate, going through photos of James with his children has been bittersweet. "Every photo shows his obvious love of them," she said. However, he did give the biggest, warmest hugs of anyone she has ever known. "I will miss his humorous insight into people and situations. I will miss the music he had not yet created."

Brendan said what he will miss most about his dad was that James taught him something new every day. For example, Brendan mentioned he wanted to learn to read and play some blues scales on the piano. The next morning, without saying a word, his dad set a book of blues scales out for him. Brendan remembers that his dad did not judge people. He talked with everyone because he said every person has a lesson to teach, no matter if they are homeless or the CEO of a company. Brendan said his grandma told him James was the only band member to personally thank the roadies and crew for their hard work. His mom knew this because crew members told her when she met them backstage after a show. Brendan said James kept his passion for music alive by playing open mic nights in local bars in Illinois. He will miss sneaking into the bars with his dad.

Mary says her dad would do anything for his children. She knows



The double stroller was taken with daughters Anne and Mary in 2002 in Santa Monica.

he did his best to come through on his promises. She loved how he taught her new things and gave advice. Mary says NIN music is a little hardcore for her taste but she likes watching the live video with her dad playing. She feels close to him when she draws and paints. James had a collection of digital images he created that the children now have.

Anne says her dad's love was unconditional and she always felt he cared about the littlest detail in her life. He would stay on the phone for hours. She will miss playing the ukulele and singing for him because he was so encouraging. She will miss his sense of humor and hugs.

The children and their mother Kate are still close to NIN guitarist Robin and his wife Bianca who live in a home a few miles from their old Topanga house. "Danny, who played bass and

keyboards, is a sweet, funny talented guy. Chris, the drummer, was quiet and always working on music. He was (frontman) Trent (Reznor)'s best friend during The Downward Spiral recording and tour. Trent was always kind to me. He let me join them for a week on the bus and gave me a coveted media all access pass so I could stand between the stage and the fans to film the band. I saw approximately 25 shows, standing in front of 15 foot speakers. To this day I have a hard time hearing people talk – but it was worth it."

A creative genius who had a difficult time fitting into normal society, Kate said James Woolley was a truly tortured artist who created from the pain that flowed through him. "His music still brings tears to my eyes and makes me smile. Maybe someday it will be shared with everyone."



Wilkie Liang with library namesake Robbie Waters.



Curious George Goes to the Beach with Amy Toy and Lexi Loui.



Squirt Squirtle & Pokemon Friends with Brianna Davis and Caitlin.



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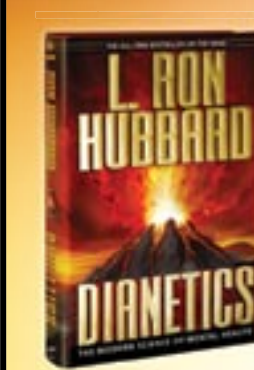

Faces and Places: Robbie Waters Pocket-Greenhaven Library 6th birthday

Photos by Kathi Windheim

To celebrate the sixth birthday of the Robbie Waters Pocket-Greenhaven Library, in Kathi Windheim's words (in tune to Friar Jacques), "We had fun, water games and Popsicles, Pokemon, and bubblegum, come next year! Come next year!" Shown here are a few party photos.

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23rd Annual St. Anthony's Parish Festival set for Sept. 17

By MONICA STARK

From live entertainment, to games and food, the free-admission 23rd Annual St. Anthony's Parish Festival set for Sept. 17 from noon to 9 p.m. at the church located at 660 Florin Road exemplifies community spirit, says festival co-chair Becky Stratman.

Back 23 years ago, the first festival celebrated the 20th anniversary of the parish and it has continued since then. One thing that remains unique about this festival, she said, is its extended invitation to the entire community.

Drawing from the Pocket and Greenhaven neighborhoods, the event also has served as a reunion and gathering place for neighbors. "It's just a wonderful day of community. Everybody that is there is there to have a good time. We get to see people we haven't seen in months, sometimes years and the festival provides that opportunity to bring people together," Becky said.

Additionally, broadening the draw of festival attendees, fliers are posted at neighboring churches, she said.

"The entertainment is so good. We can't eat food from every ethnic booth but we try. We gain a lot of weight that day," she said.

Entertainment starts and ends in conjunction with the timing of the entire event, meaning there will be live music nonstop. Beginning at noon, a mariachi will open the entertainment, followed by a Polish band, the Chinese Community Hula group, the College Fund Band, the festival's music will end with the, Clothing Group.

Known for a variety of international food for purchase, the eating area will offer cuisine from a variety of cultures, Irish, Polish, Mexican, American, Nigerian and Italian. There will be beer and wine available and there will be nonalcoholic drinks and snow cones for sale.

Since she's been involved with the festival since the beginning, she has seen its changes. "It's grown from small celebration with a few hula dancers and simple entertainment to an event that we think draws at least 2,000 people. We've gotten a little more organized from the early days that was makeshift with booths. Now we're more formalized with layout and have 200-300 volunteers."



File photo by Stephen Crowley
Kids' activities are a big part of the annual St. Anthony festival, which this year will be held on Saturday, Sept. 17 from noon to 9 p.m., 660 Florin Road. The event has free admission and street parking is available as well as at the Presbyterian church across the street.

Anthony Wong awarded a grocers association scholarship

John F. Kennedy high school graduate Anthony Wong has been awarded a 2016-17 Gene & Peggy Yee Legacy Scholarship in the amount of \$1,000 through the California Grocers Association Educational Foundation.

Wong will attend the University of California, Berkeley this fall and major in Economics. His accomplishments include earning the UC Berkeley Leadership Award, Most Improved in Track & Field, bronze level membership in Cal Retract, and the position of Leadership Development Chair in the office of ASUC SEnator Alyssa Liu. His career aspiration includes obtaining a PhD in Economics. One day, he hopes to work for the public sector, so he can use collected historical data tables to formulate and optimize economic policies for the benefit of society as a whole.

Foundation scholarships are awarded annually to college students who are either employees or dependents of employees of California Grocers Association member companies, such as Nugget Markets.

College scholarships are awarded on academic merit, evidence of outstanding character and leadership potential. Applicants must enroll at an accredited college or university in the United States in the fall of 2016.



This year, the CGA Educational Foundation awarded 371 scholarships totaling a record of \$588,100. Since the program's inception, the Foundation has awarded more than \$4.6 million in scholarship awards.

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Teens Create Dreams

Photos by STEPHEN CROWLEY

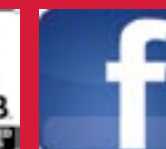
Shown here is a selection of photos taken from the Teens Create Dreams Talent Show, benefiting the Crisis Home Nursery, which was held on Sunday, Aug. 21 at John F. Kennedy High School. If you have any questions or would like to help the cause, please call at 595-5999 or email troyota@aol.com.



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American Graffiti clone cars to cruise this year's car fest

By MONICA STARK
editor@valcomnews.com

Girl in Cadillac: Hey! You got a bitchin' car.

John Milner: Yeah, I know.

Girl in Cadillac: In fact, your car's so neat, we're gonna give you our special prize. You want me to give it to you?

John Milner: Sweetheart, if the prize is you, I'm a ready teddy.

Girl in Cadillac: Well, get bent, turkey!

[throws a water balloon which misses him and hits Carol]

—American Graffiti

George Lucas, who grew up in early 1960s Modesto, once stated that cruising was a "uniquely American mating ritual involving automobiles" and inspiration behind the creation of "American Graffiti" was that with the onset of "hippie culture" cruising was gone and he wanted to document what his generation did to meet girls.

After all, cruising on the strip was a popular pastime with the low riding community during the 1940s be-

fore spreading to surrounding communities in the 1950s and early '60s.

This year, the group known as the Tribute Team American Graffiti will be at the eighth annual car cruise set for Saturday, Sept. 10 from 4 to 8:30 p.m., benefiting the California Automobile Museum. They will be bringing four re-creation clones of cars featured in "American Graffiti": Harrison Ford's '55 Chevy (owned by club member Jeff Zastrow), Paul Le Mat's yellow '32 Ford coupe (also owned by Zastrow), Ron Howard's '58 Chevy and Toad's Vespa (both owned by Ken Crawford).

The festivities on Sept. 10 begin with more than 500 amazing automobiles (so beautiful they're suitable for framing) cruising up and down Fulton Avenue, between Marconi and Cottage from 4 to 6 p.m.

At 6 p.m., the cars will all be parked along the route, where spectators will be able to get up close and personal with these classics.

In addition to the American Graffiti cars, there will be cars from all years, makes, and models, including hot rods, customs, lowriders, pickups, gassers, choppers, bobbers, old dragsters, race cars, as well as a variety of modern exotics like Lamborghini, Ferrari, Porsche and Maserati.

"We are really excited to bring cruising back to into the Sacramento car culture. All of



55 Chevy and 32 Ford Clones as seen in American Graffiti

Courtesy photos

the vehicles will be making a two-mile loop around Fulton Avenue between 4 and 6 p.m. They of course, can pull over any time," Brittany Cordero, spokesperson for the museum.

Cruising down from Milwaukie, Oregon, Tribute Team American Graffiti car club member Ken Crawford, spoke with Valley Community Newspapers about his love for the movie, how the club formed and about the cars he owns.

"We want to keep that era alive. Hot rods are a unique part of our past. We built the cars and the tea bucket was one of the first. The Model T, they cut it down and made a hot rod out of it, and so came the definition of a tea buckets. We're going back to those days of car cruising."

"We have tribute cars and these cars do a reenactment of some of the scenes of the movie, which makes them kind of unique. When people see them they totally relate to the movie of course. We will interact with the audience whether on a cruise or a road-

ster show. People ask us about cars and about the actors and actresses which we have had the honor to work with. Every weekend of the year, there's an event somewhere going on in the United States for American Graffiti."

Crawford said the tribute team started with a tea bucket and it took five years to find the cars for the tribute team. "We all got together and started doing showcases and people were excited to see (the cars). It took quite some time. Searching for the cars, he said, Petaluma, where the movie was filmed, was where they made the most contacts and where they linked up with most of the cars. "I sat down and wrote Lucas for a photo shoot at Skywalker Ranch. He's very protective, of course. Shockingly within a matter of days we were honored to do a photo shoot at Skywalker ranch. Those photos will be available (to look at during the Sept. 10 car cruise). (Lucas

See Car show, page 15

Car show:

Continued from page 14

knows who we are and what we do... The photo shoot was on 40th anniversary in 2013... when we reenacted the race on Paradise Road, but we didn't roll the car over. The streets were blocked off. I don't imagine we were too crazy because we wanted to do the film more than anything else."

This year's CruiseFest on Fulton Avenue, sponsored by the Fulton Avenue Association, will feature seven bands, a variety of food trucks, numerous vendors and auto-related artisans.

All proceeds benefit the California Automobile Museum and the mission to preserve, exhibit, and teach the story of the automobile and its influence on our lives.

The cruise originated in 2009 and was in midtown. Originally known as the CAM Car Cruise, this year we have changed it to CruiseFest on Fulton Ave to honor our long time title sponsor - the Fulton Avenue Association.

Prices for CruiseFest are as follows: \$44 per car for museum members, \$49 per car for general public. For pre-registration, visit calautomuseum.org/cruisefest

CruiseFest On Fulton Avenue is a benefit for the California Automobile Museum, located at 2200 Front St. Es-

tablished in 1987, the mission of the California Automobile Museum is to preserve, exhibit, and teach the story of the automobile and its influence on our lives. The current museum exhibition is a : Pickup Truck Exhibit: Where Utility Meets the Everyday. It ends Sunday, Sept.11. Coming on Sept. 24 is a motorcycle exhibit called "Live Free—California's Motorcycle Culture."

Cruise Fest Schedule:

4 p.m.: Registration opens and the cruise begins! Food trucks, breweries, and bands will set up shop in their respective lots on Fulton Avenue (locations to be determined). The curb lanes in each direction will be designated for cruisers to parallel-park during this time, and one lane in each direction will be open for cars to continue driving the loop.

6 p.m.: Cruise ends and festival begins. Cruisers may parallel park on the curb or in designated "Official Cruise" show lots.

8:30 p.m.: Street fair ends

9 p.m.: Streets re-open



(above) Clone of the Ron Howard '58 Chevy and Toad's Vespa from American Graffiti

(left) Governor & Mrs. Brown in the 1974 Plymouth Satellite

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SBA is Hiring Loan Officers in Sacramento to Help Louisiana Severe Storms and Flooding Survivors

The U.S. Small Business Administration's (SBA) Office of Disaster Assistance in Sacramento is hiring commercial and home mortgage loan officers to help thousands of survivors recover from devastating losses caused by the August severe storms and flooding in Louisiana. SBA immediately needs commercial and home loan officers to help process thousands of applications for SBA's disaster assistance programs.

"In large, widespread disasters, SBA often pulls together employees from across the country to meet urgent needs," said Tanya N. Garfield, Director of SBA's Disaster Field Operations Center-West. "The damage caused by this disaster is extensive and covers a wide geographic area, so a substantial workforce is needed to get help to survivors quickly. SBA's Sacramento disaster office is hiring temporary employees as part of a national effort to meet those needs," she continued.

According to Garfield, SBA needs loan officers with backgrounds that include mortgage underwriters, accountants, bankers, loan officers and financial/credit managers. "Candidates for positions as a business loan officer should have prior commercial/business lending experience or experience analyzing financial statements and tax returns and reviewing credit reports," she said. "For positions as a home loan officer, candidates should have experience reviewing income documentation such as pay stubs, W2s and tax returns. Candidates also must have experience in determining repayment ability and evaluating consumer credit reports," she continued.

"SBA is the federal government's disaster bank. SBA disaster loans are the primary source of federal disaster assistance for owners of nonfarm, private property," Garfield said. "This includes businesses of all sizes, private nonprofit organizations, homeowners and renters. Owners of private property damaged by the severe storms and flooding who don't have insurance to fully cover their losses may seek low interest disaster loans from SBA," she continued.

These positions will pay a base hourly rate of \$20.57 - \$30.44. Overtime will be paid for hours in excess of 40 hours per week. Weekend work may be required and mandatory overtime could be substantial.

Email resumes to: pd.focwhr@sba.gov. Please do not submit multiple resumes. Veterans should submit DD-214. Must be U.S. Citizen; Bilingual skills a plus.

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KZAP's original GM recalls station's early days

By LANCE ARMSTRONG
Lance@valcomnews.com

Editor's Note: This is part three in a series about the history of radio station KZAP 98.5 FM.

Ed Fitzgerald, the original general manager of KZAP 98.5 FM, came to Sacramento in 1967 to help establish this radio station, which would become a capital city institution.

But Fitzgerald's love for radio began long before that time, as he began operating an in-house station while growing up with his family in San Francisco.

Fitzgerald recalled when that station, which consisted of a couple of speakers, two turntables and a microphone, abruptly went off the air.

"One morning, I was playing Little Richard, and he does a song called, 'Chicken (Little Baby)'. And I realized I'm not on the air. What do you mean by that? Well, I hadn't flipped the switch on for the speakers upstairs.

"My mom tells me that she had just walked into the kitchen to pour some coffee. Dead silence, of course. And all of a sudden she hears ('Chicken Little Baby') and she says the coffee went that way and the cup went that way. I was told to sign off (the air) immediately."

Fitzgerald added that he was about 13 years old when he began hanging out at San Francisco radio station, KOBV 1550 AM.

"They were in (the basement of) the Bellevue Hotel and I used to go down and try to help Clyde Hatton," he said. "He was one of the on-air people."

As a high school student, Fitzgerald acquired his first job in radio at a Bay Area station.

Fitzgerald explained that the roots of KZAP were planted at a radio station about 2,800 miles east of Sacramento.

On the campus of Princeton University, this student-run station had a management that included Lee Gahagan.

Gahagan, who was the son of a prominent doctor, visited and fell in love with the Bay Area in 1964.

Following his graduation, he negotiated the purchase of KPGM in Mountain View, and moved to the Bay Area.

Fitzgerald, who was employed at KPGM at the time of that purchase, said that Gahagan told him about his plan to buy a second station in 1967.

During the spring of that year, Gahagan learned about a struggling station in Sacramento that was operating on the 13th floor of the Elks Building at 11th and J streets.

That station, KXRQ, was purchased by Gahagan, and plans were made for the establishment of what would become KZAP.

Fitzgerald was involved in that planning, which included the selection of the station's free-form format.

Regarding that format, which gave disc jockeys the freedom to play whatever music they desired to play, Fitzgerald was quick to mention the name, J.B. Winans.

"J.B. was the one who approached Lee and I and others and said, 'Here's the format you want. You don't want country and western. You want to do what (San Francisco radio station) KMPX is doing,'" he said. "And someone goes, 'KMPX, who's that?' Well, (free-form radio pioneer) 'Big Daddy' Tom Donahue in the Bay Area. In my opinion, no exaggeration, J.B. Winans should get a whole lot of credit for why KZAP became the station it did."

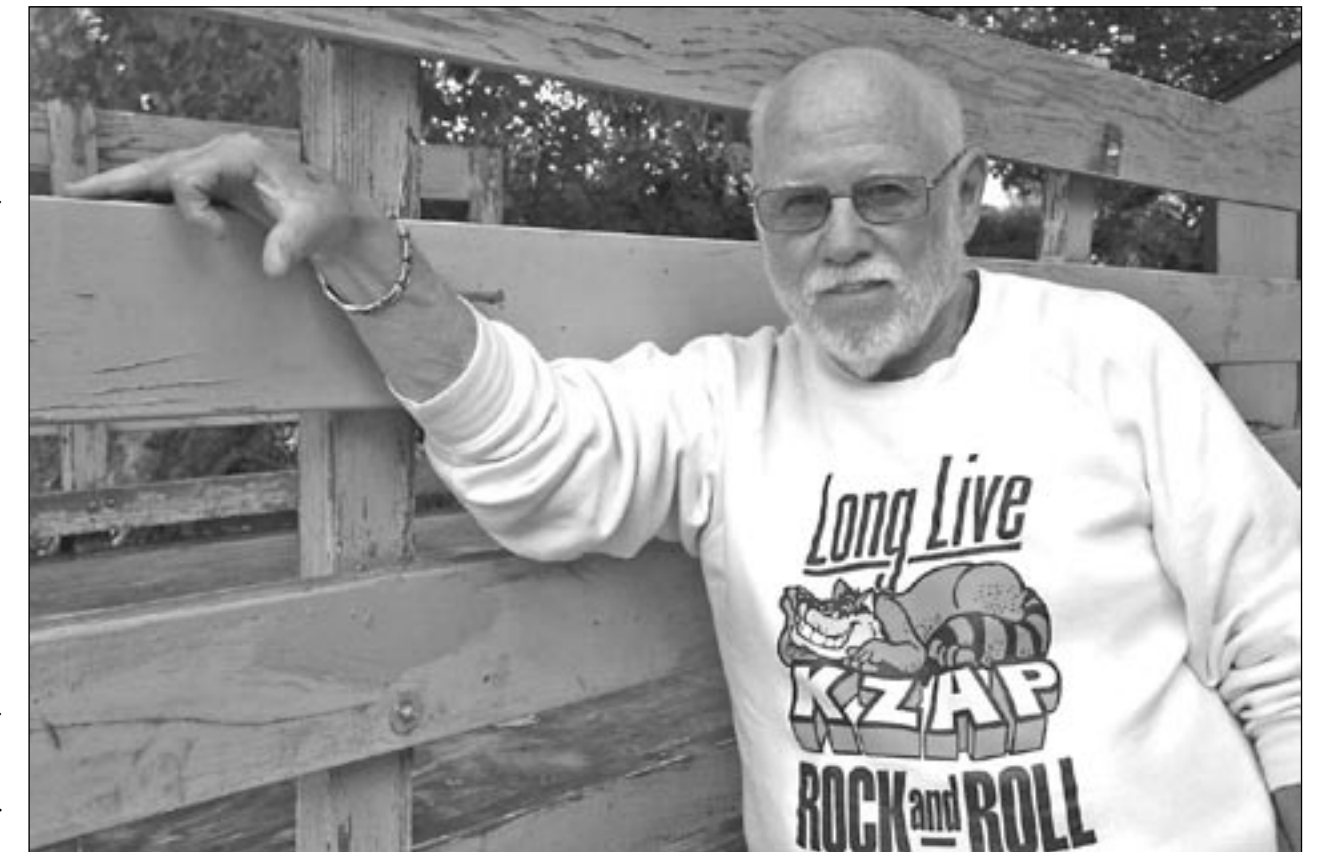


Photo by Lance Armstrong

Ed Fitzgerald was the first person hired to work at KZAP 98.5 FM, which made its debut in 1968.

With his hiring as KZAP's general manager, Fitzgerald was in charge of such things as finding staff and lining up advertisers.

Fitzgerald said that he was also involved in acquiring the lease on the Elks Building for KZAP.

"It was pointed out, 'What about the Elks Temple?' he said. "When they find out what the format is, well, we told them that we were going to be country and western. Now at the time, that was the format we were looking at. Well, over about a six- to eight-month period of time, I became an Elk. I was an Elk until about the time we signed on the air (on Nov. 8, 1968). And I was very straight about it. I said, 'It's a radio station, it's licensed by the federal government.' We signed a lease."

It was not long after KZAP went on the air that the local Elks lodge attempted to break that lease, Fitzgerald explained.

"When we went on the air, it's not like (the lodge) was listening and said, 'Oh my goodness, what are they doing?'" he said. "It was nothing like that. It was the people that were taking the elevator to the 13th floor with hair down to here. At that time, they were wondering, 'Who the hell are these people? They don't look like the typical Elk to me.' So, they tried to break the lease, and they couldn't."

Fitzgerald said that KZAP maintained that lease with the "power of a good attorney," and the fact that KZAP was a federally licensed station.

And he added, "Obviously, when the lease was up, they kicked us out."

Fitzgerald said that the popularity of KZAP would continue to increase.

"It was a revolution, no doubt about it, and history will tell you, long, long after I left the station, they became the number one FM (station in Sacramento)," he said. "For that matter, forget FM or AM, they became the number one station in Sacramento for more than a long time."

Fitzgerald, who was also one KZAP's original DJs, said that his time at KZAP lasted for only about a year and a half, before he was voted out of the station.

"(Sherman Ramos) and a few others got together and said, 'We've got to get rid of Ed, because he's not fulfilling his obligations,'" he said. "The bottom line there is that I was very, very straight when I came to work for KZAP. Obviously, one of the reasons Lee hired this guy, Ed, was because he's not one of them there hippie types. They're going to have a bunch of hippies up there running that station. We've got to have at least one straight guy."

Ramos replaced Fitzgerald as KZAP's general manager in 1970.

Fitzgerald said that despite being ousted by people at KZAP, he has no regrets about his time with the station.

"The bottom line is I look back on it this way: I was there at its birth," he said. "I was there, quite frankly, a little bit before the birth. And I was there during the time that it needed to happen, and I left when it was time to leave. And I've got no regrets."

After Fitzgerald's time with KZAP, he was hired to work for Jampro Antenna Co., selling broadcast antennas.

Fitzgerald, who has spent the past 39 years working for Clear-com Communications Systems, with his current role being in customer service, fondly reflected on KZAP's place in history.

"I think KZAP, speaking for only our little spot on the globe, was right where it was supposed to be," he said. "We were part of something very, very big. We didn't realize it at the time, but we were. We gave voice to what a lot of people felt at the time. We had a big megaphone called a radio station."

"I wonder sometimes if we treated it with the respect we should have, but I don't think there's anybody that was involved with it that would look back and regret anything. We were in the right place at the right time."

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How to Tell if a "Care Home" is Taking "Care" of Your Health

By JAN DALSKA

Five years ago both of my elderly parents, who were in their eighties, found themselves in a care home. Within months of each other, simply by tripping at their home, they had both fallen and broken a hip. After the hospital stay, they were each placed in a care home, also known as a rehab facility. The home can be a private home, a locally owned facility or part of a chain of commercially operated facilities.

As I discovered, it makes no difference where the patient ends up, it is up to their friends and family members to monitor their care while they are "rehabbing". As it turned out, both of my parents died in care homes, within a few months of each other.

During a visit to check on my dad, I discovered that he was ill and I took him out of the facility to the emergency room where he was admitted for an infection. He never went back to that facility, as I transferred him to another home after his hospital stay.

Now, I have another family member in a "care home". Because I have experienced the slow and painful process of both of my parents healing from their falls, the medical difficulties that developed after the surgeries, and then the eventual deaths of both my parents, I assumed that I had the knowledge to share what I had learned.

But, I recently came to the realization that I did not know enough about their care at that time. I now wish that I had handled things differently. I want to share this information with you, so that you are aware of your rights when

you need medical care in a home, facility or rehab center. Let's start at the beginning.

The minute you are "rolled into" a care home, or whatever they call the facility, you should receive what is called a "Resident Bill of Rights". If you don't receive it, ask for it. And, make sure they give you the entire packet. The place where my loved one is presently staying gave him an envelope which contained five pages, and this was not done until after I had specifically asked twice for the information. The entire packet contains thirty nine pages. Why did they not provide the entire packet?

The State of California Department of Public Health (CDPH) prepared the comprehensive "Resident Bill of Rights" for people who are receiving care in skilled nursing or intermediate care facilities.

These rights are found in state laws and regulations under CA Health and Safety Code Section 1599, Title 22 of the CA Code of Regulations, Section 72527 for Skilled Nursing Facilities, and Section 73523 for Intermediate Care Facilities, and Chapter 42 of the Code of Federal Regulations, Chapter IV, Part 483.10 et seq. The CA Health and Safety Code is abbreviated as HSC, Title 22 of the CA Code of Regulations is abbreviated as 22CCR and Title 42 of the code of Federal Regulations is abbreviated as 42CFR.

You may also contact the Office of the State Long-Term Care Ombudsman at 1-800-231-4024, or the local District Office of the CDPH Licensing and Certification if

you have questions about the meaning of these rights.

Under the CA Code of Regulations, patients have the rights which are listed and the facility "shall ensure that these rights are not violated". "The facility has to include these rights and shall make a copy of these policies available to the patient and to any representative of the patient. The policies shall be accessible to the public upon request". If this is the law, why did I have to ask for a copy of the "Resident Bill of Rights"? And, make sure they give you the entire packet, not five pages.

When a "Case Manager" from a local hospital suggests to you or your loved one that they need to be sent to a care facility, get all of the information about that facility before you make a decision. Look them up online, and read what former patients/residents have said about their time spent at that facility.

Go to the facility, walk around and see how the patients/residents are treated. Be there when they are serving the meals and check out the quality of the food. It can be too salty, and over cooked, and inedible. This is the case in the home my loved one is in now. The facility is required to provide you with "quality food". Make sure the prescriptions/medications you are receiving are for the correct dosage.

Are the rooms kept clean? I had to ask multiple times for the floor in my family member's room to be cleaned. There was food spread across the floor from four dinners that had been served over the last four days to the other patient

who shares the room with him. I think that he needs helping eating. They finally cleaned the room as I watched. There is no excuse for this. The facility is required to "be clean, sanitary and in good repair at all times."

When my family member turns on the light for help with going to the bathroom, the wait time has sometimes been an hour. There is no excuse for this either. To me this is abuse, and covered in the Bill of Rights. Patients are to have "reasonable access to telephones and to make and receive confidential calls." I had to call the facility and have the nurse take a phone to the room when I wanted to talk to my family member. Now there is a phone in the room. I was not aware that this was in the Bill of Rights.

When a patient's bedding is soiled, the nurses should notice that and change the bedding. I have had to ask to have this done on numerous occasions. The bathrooms should be kept clean and sanitary. The first day I came to visit I noticed that my family member had his oxygen line around his neck, but the machine had not been turned on all day. No one admitted to turning it off.

I am concerned and troubled with residents/patients roaming around the facility all hours of the day. It is obvious to me that these patients have mental challenges and should stay in their rooms. One morning, at 5 a.m., my family member woke up to the sound of the television set in his room. Three patients in wheel chairs were parked in front of it watching

the screen. Patients should be supervised at night.

The residents/patients should have been in their rooms sleeping, but instead, they were in their wheelchairs roaming the halls without any staff supervision. How long are people with mental challenges "housed" in rehab facilities? What if they have no loved ones to look after their welfare? Who speaks for their rights? How do they get released from the facility?

One of the staff members has come to the room of my family member every few days to ask him questions. These are the same questions I have heard before. I think they are trying to see if he has any mental challenges. He is there to recover from having pneumonia, and nothing is wrong with his brain.

When you are a patient at a skilled nursing facility, insist that you be informed of your health status and make sure you participate in the total plan of care that they are offering. You can refuse any proposed treatment or procedure. You should be treated with respect and free from any mental or physical abuse. As a patient, you have the right to receive or reject medical care or other services.

You can move from the facility if you are not satisfied with the care you have been receiving. You need to know your personal rights. Request and read your copy of the "Resident's Rights". If you are not satisfied with the care and treatment you are receiving, make arrangements to leave the facility at once. You have RIGHTS and are responsible for taking care of YOUR HEALTH.

WHAT'S HAPPENING POCKET/GREENHAVEN?

TUESDAY, SEPT. 6

FAMILY, FRIENDS, FOOD TRUCKS & FUN! Don't miss another great evening out with our friends from Sacto Mofo from 5 to 8 p.m. at Garcia Bend Park. To find out the food truck line up in advance, visit Facebook.com/Sacto MoFo. Contact Councilman Rick Jennings' office at 808-7007 for more information.

THURSDAY, SEPT. 8

COMMUNITY SPOTLIGHT: Hang out with Superbowl Champ & Vice Mayor, Rick Jennings at one of our great neighborhood businesses at 8:30 a.m. at Bel Air (7465 Rush River Drive). For more information or to host a Community SPOTlight at your local business, contact his office at 808-7007.

SATURDAY, SEPT. 10 and SUNDAY, SEPT. 11

OTO'S MARKETPLACE ANNUAL JAPANESE FALL FESTIVAL: Come to Oto's at 4990 Freepoint Blvd., for an annual weekend sale. You can "Spin the Wheel" for free prizes (min. purchase required); there will be live music by Island Sunset Band on Saturday starting at noon. There will be shaved ice sold by Osaka-Ya, and there will be Japanese food booths benefiting the Sacramento Barons Boy's 2021 and Sacramento Warlord Boy's 2022. Parking available at the "Church of the Masters", 1900 Potero Way (parking lot behind Rite-Aid). The hours for Saturday's festival is 10 a.m. to 5 p.m. and the hours for Sunday are 10 a.m. to 4 p.m.

SUNDAY, SEPT. 11

JAZZ ON THE RIVERSIDE: From noon to 5 p.m., join Vice Mayor Rick Jennings, the Sacramento Traditional Jazz Society and Elks Lodge #6 while enjoying a mini Jazz festival featuring some of your favorite bands from the Sacramento Music Festival on four stages, outside and inside, along with great food and drinks. Tickets available at the door on the day of the event. For more information, contact STJS at 444-2004. Elks Lodge #6 (6446 Riverside Blvd.)

THURSDAY, SEPT. 15

CITY HALL IN YOUR NEIGHBORHOOD: Starting at 6 p.m., join Vice Mayor Rick Jennings and staff to discuss matters of importance to you and your neighbors, 3rd Thursday of the month at the Pocket-Greenhaven Library, 7335 Gloria Drive, from 6-7pm.

FRIDAY, SEPT. 16

SUMMER MOVIES IN THE PARK! After grabbing a tasty treat at Trucks & Such, grab a few blankets and your favorite picnic chair and enjoy a FREE viewing of ZOOTOPIA under the stars. The movie starts at dusk at Garcia Bend Park. Contact Councilman Rick Jennings' office at 916-808-7007 for more information.

Ongoing

FREE DIABETES SELF-MANAGEMENT FROM AUG. 3-31: This workshop is a series of 6 classes that provides education and skills for those living with diabetes. During the workshop, you will learn: practical ways to self-manage your diabetes, better nutrition choices and appropriate exercise goals, ways to prevent low blood sugar and complications, better ways to talk with your doctor and family about your health. Free of charge. Pre-registration is required. Class will begin Wednesdays Aug. 3-31 and Sept. 7 from 3 to 5:30 p.m. at ACC Senior Services, 7334 Park City Drive. For more details, call 393-9026 ext 330, www.accsv.org.

D7 HOT SPOT:

Teens cool out at the D7 Hot Spot! Boys & Girls ages 13-19, Basketball, Snacks, and more! Call 808-7007 for more information. Paid for by Measure U and sponsored by the Department of Parks & Recreation. Fridays, 7 to 10 p.m. at the School of Engineering & Sciences - 7345 Gloria Drive.

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NO. 6: Sing with some of your buddies the first Saturday of every month and every Thursday, 6446 Riverside Blvd.

WEEKLY THURSDAY BEGINNER'S

DANCE CLASS: Can't dance? That's OK. This class is designed for beginners with limited or no dance experience. No partner necessary, just a good sense of humor. Lots of fun will be had from 1 to 2 p.m., 1180 Corporate Way. Instructor: Gerri Shapiro. Drop-ins welcome. For questions, please call Gerri at (808) 250-1212

WEEKLY WEDNESDAY COFFEE AND COMMUNICATION

AT CAFE LATTE: from 7 to 11 a.m., find your neighbors in the back near the piano. Riverlake Village Shopping Center, 7600 Greenhaven Drive No. 1.

BEST BETS

OTO'S MARKETPLACE ANNUAL JAPANESE FALL FESTIVAL: Come to Oto's at 4990 Freepoint Blvd., for an annual weekend sale on Saturday, Sept. 10 and Sunday, Sept. 11. You can "Spin the Wheel" for free prizes (min. purchase required); there will be live music by Island Sunset Band on Saturday starting at noon. There will be shaved ice sold by Osaka-Ya, and there will be Japanese food booths benefiting the Sacramento Barons Boy's 2021 and Sacramento Warlord Boy's 2022. Parking available at the "Church of the Masters", 1900 Potero Way (parking lot behind Rite-Aid). The hours for Saturday's festival is 10 a.m. to 5 p.m. and the hours for Sunday are 10 a.m. to 4 p.m.

JAZZ ON THE RIVERSIDE: From noon to 5 p.m. on Sunday, Sept. 11, join Vice Mayor Rick Jennings, the Sacramento Traditional Jazz Society and Elks Lodge #6 while enjoying a mini Jazz festival featuring some of your favorite bands from the Sacramento Music Festival on four stages, outside and inside, along with great food and drinks. Tickets available at the door on the day of the event. For more information, contact STJS at 444-2004. Elks Lodge #6 (6446 Riverside Blvd.)

JAZZ SUNDAY MONTHLY CONCERTS AT THE ELKS LODGE: Join the Sacramento Traditional Jazz Society on the second Sunday of each month. STJS preserves and promotes traditional jazz, Dixieland, and classic jazz music. Doors open at 11:30 a.m., music starts at noon and continues till 5 p.m. As of June 2014, the group meets at the Elks Lodge No. 6, 6446 Riverside Blvd. Donations for admission: \$10 for members and \$12 for non-members. Students (age 12-20): student members \$5; student non-members \$7. Under 12: free. You'll find three rooms playing live music simultaneously! Musicians play on the Main Stage, our "Gold Card Musicians" play in the Gold Card Room, and then there are the jam sessions that take place for everyone in the Tailgate Room. (Students can find mentors in the Tailgate Room.) Once a month, we feature a local youth band on Main Stage at noon (Set 1). (Five sets x 3 rooms = a lotta music!)

TWO LEFT FEET DANCE CLASS: Easy circle and line dancing. Can't dance? Your life is about to change. Every Thursday from 1 to 2 p.m. \$5 1180 Corporate Way.

FREE TOURS OFFERED AT THE SACRAMENTO REGIONAL WASTEWATER TREATMENT PLANT April - October 2016: Sacramento Regional Wastewater Treatment Plant For more information or to book a tour, visit <http://www.regionalsan.com/tour-treatment-plant> or call 916-876-6120.

COME OUT AND PLAY: Looking for some summer fun for kids, ages one through 100? Check out the City of Sacramento's Summer 2016 Recreation Guide for lots of

free and low cost summer activities. The Summer 2016 Recreation Guide is now available at www.cityofsacramento.org/ParksandRec.

READ FOR THE WIN! SUMMER READING PROGRAM: Now until Aug. 15 at Sacramento Public Libraries:

Sacramento Library's 2016 Summer Reading Challenge kicked off Saturday, May 14 and continues through August 15. To register or for more information, visit your local library or www.saclibrary.org/SummerReading.

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Contacts: Joyce Cowan at cowan_j@sbcglobal.net and Vera Malkovich at borka@comcast.net

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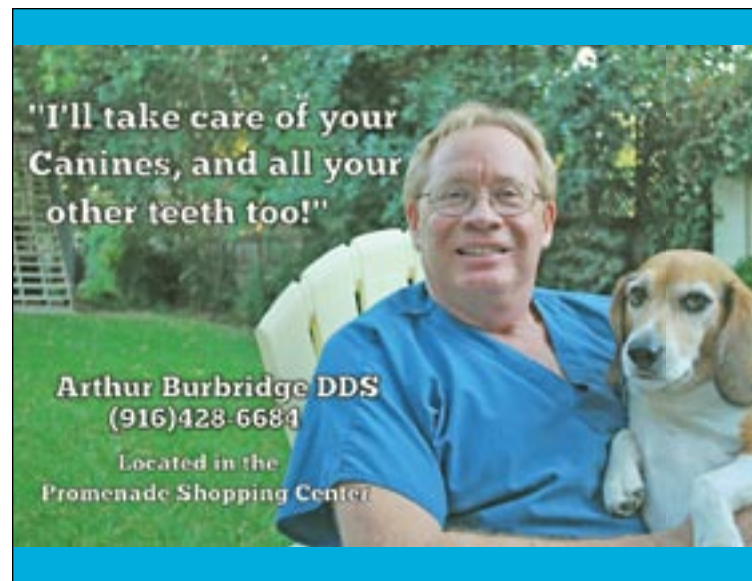
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Jazz on the Riverside

The Sacramento Traditional Jazz Society presents a mini Jazz festival at the Elks

A mini Jazz festival will be held on Sunday, Sept. 11 noon to 5 p.m. featuring some of your favorite bands from the Sacramento Music Festival on four stages, outside and inside, along with great food and drinks at the beer garden. Jazz fans, swing dancers and music students are encouraged to attend and have fun! The cost is \$10 each for STJS and Elks members; \$12 general. Student members (age 12-20) are \$5; \$7 for non-members. Children under 12 are free. Tickets can be purchased at the door on the day of the event. For more information, contact STJS at 444-2004.

Event highlights:

- Five hours of live Jazz and Blues: A Sacramento community family event
- Learn more about STJS and the services provided to members of the community
- Learn about the Elks and about the Elks Lodge, how they support the community and what they can provide members
- There will be a prize drawing with prizes won by many
- Promoted and supported by Sacramento Vice Mayor Rick Jennings in support of the

youth programs and community services provided by both organizations

Or start early with breakfast and live Jazz

You can enjoy breakfast with live Jazz from 8:30 to 11 a.m.. Cost is \$18 per person, \$10 for children age 8 and younger (includes admission to mini festival). Breakfast includes your choice of: Eggs cooked to order, omelets, eggs benedict. Sides include: Hash browns, bacon, sausage, or cornbeef hash, french toast, pancakes, waffles, biscuits and gravy, juice and coffee.

Playing during breakfast: The STJS supports the education of youth and adults on the art of traditional Jazz. STJS and the STJS Foundation are dedicated to the preservation and promotion of traditional Jazz music, and the study and playing of musical instruments associated with traditional Jazz. There are many experienced professionals and professors of Jazz that work with the youth to take the excitement and passion they have for Jazz and help them to perfect their skills. Through those efforts, STJS has helped many rising stars master the art of Jazz and make it possible for them to play and show off their talents.

RECYCLE

PLEASE RECYCLE THIS PAPER



Barrio Cafe to get inspections next week, local men's recovery home supplied labor for renovations

By MONICA STARK
editor@valcomnews.com

Barrio Cafe, the highly anticipated coffee shop and bakery that's been in the works at the South Hills Shopping Center (1188 35th Ave.), will get inspected on Wednesday. And, if everything goes well, Greenhaven residents Sergio Barrios and Melissa Allen will have a "slow opening."

"We're just going to open up, put up a few balloons. We still have to work the details as far as the logistics. We are going to provide pastries for Fusion (their downtown coffee shop) from here, so we have to work out how early we have to be here. We don't really want to open really big because it takes awhile."

As part of the slow opening, Barrios said part of the plan is to work on their empanadas, which will be donated to Loaves and Fishes. "So we can practice," he said.

Delays in opening the cafe have put them back nearly \$20,000 over their expected budget. They had hoped to be open in June, but misinformation from the planning department set them back a few months. Originally, Sergio said plans weren't required, but then he was told otherwise. After that he learned CAD (computer-aided design and drafting) and made up the plans himself.

Asked about any hired help he and his wife may have gotten to aid in the renovations of the interior, Barrios said he was at home a few months ago and there was a knock on the door. Well, he opened the door and opportunity presented himself.

Men from Victory Outreach Men's Recovery Home were painting neighborhood signs and Barrios told them: "I'm in general construction."

One thing led to another. Without any real experience, at Barrio Cafe, they learned to paint, build cabinets, square the walls – good skills, Barrios told them, that will be useful when they get married.

Speaking highly of their work ethic, Barrio said, "One of them is finishing the program



Courtesy photo
Shown from the inside of Barrio Cafe, the soon-to-be-open coffee shop and bakery in the South Hills Shopping Center.

this week. He will start with me as an apprentice for baking. He's young; he has a daughter. I've never been very religious, but this church seems to work for these people. There were two that came in all the time and there were two younger ones here and there when we were moving the heavy equipment."

"They're actually great. They pick up really quick," he added.

Elsewhere in the shopping center... Barrios said the owner of Viva Supermarket came and looked at the old (and vacant) Vic's IGA grocery store. "He usually takes rundown stores as a challenge," Barrios said of the Viva owner.

Additionally, the owner of Esperanza bakery in South Sacramento has also shown interest in the property, he said. "(Esperanza) started with the bakery years ago and rented the opposite side and have the store there. As of three years ago, they took over Harvest. I think he wants to move it. So, there's some action. He wants to do something similar to VIVA, a supermarket owned by Latinos with a full line butcher shop. The landlady is seeking to rent it as a whole, but the problem nowadays is the store is too small for the big guys and too big for the small guys."

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Riverside Wesleyan Church
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Sunday Worship: 9:00am & 10:45am
www.rwcsac.org

Greenhaven Neighborhood Church
630 Ark Way • 422-8253
Sunday School Bible Study: 9:15am • Sunday Worship: 10:30am
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St. Anthony Catholic Church
660 Florin Road • 428-5678
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