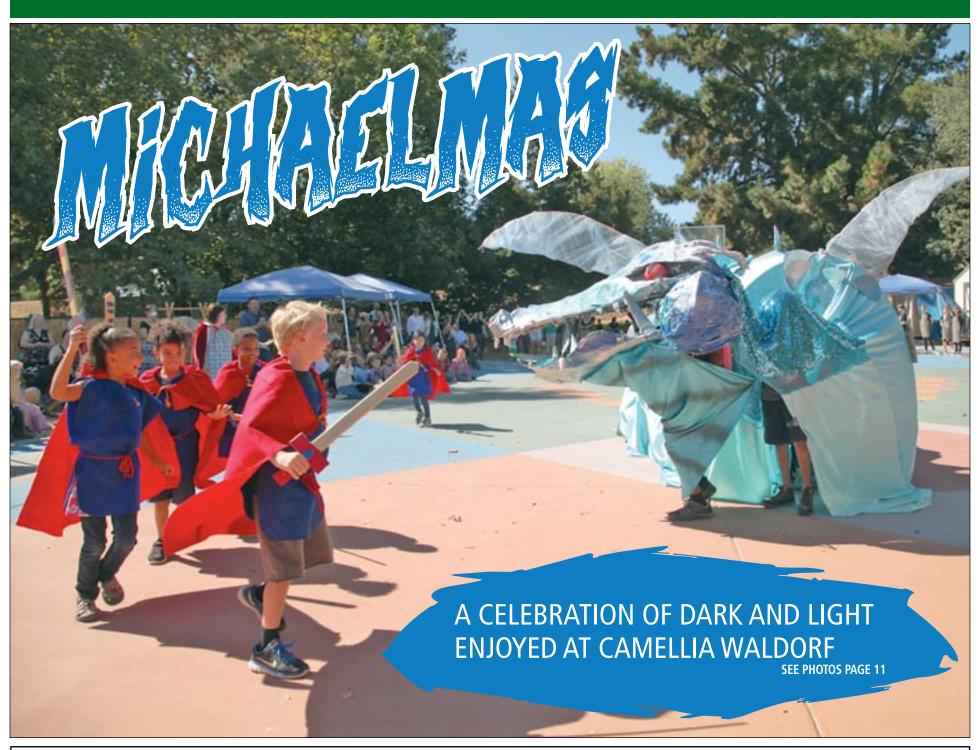
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POCKET 1

BRINGING YOU COMMUNITY NEWS FOR 25 YEARS



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Easy and

Affordable

A Pocket area David and Goliath story

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Barrio Café now open with rave reviews

See page 15

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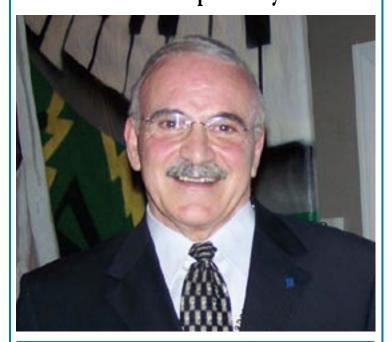
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From your Councilman, Rick Jennings



Delta Shores' 2017 expected completion nearing day by day

tion crews busy at work on the land just east es continues to grow each day. of I-5 and south of Consumnes River Boulevard. Last December, I had the pleasure of announcing the opening of Consumnes River Boulevard, and gave you a glimpse of things to come. And, now we are so close to the completion of the next phase of the Delta Shores development, that I can almost taste the movie theater popcorn already.

But, what is this new development coming to our region? Delta Shores is more than just a shopping center. It is 800 acres of master-planned, mixed-use development, featuring both commercial and residential units. Plans for the development include 1.3 million square feet of commercial space and more than 4,900 residential units. The commercial development is projected to be completed in the latter half of 2017 and the residential development is expected to follow.

At the heart of the commercial development is 1.3 million square feet of premier shopping located just off I-5 at the Consumnes River. Anchored by a Wal-Mart Superstore, Regal Cinemas and RC Willey the shopping center is expected to provide an exquisite shopping and dining experi-ence. As the region's largest new development, Delta Shores will offer a great blend of popular retailers such as Petsmart, Party City, Dick's Sporting Goods, Hobby Lobby, Ross, Ulta Cosmetics and more. The center will also include a variety of casual dining options such as El Pollo Loco, In-In-Out, Sonic, Panda Express, Panera, Chipotle, Chick-fil-A, The Habit and Jamba Juice.

For a while now, we have watched construc- And, the list of confirmed shops and servic-

With the addition of the new and expansive shopping center, many have questioned how the new center will impact the existing retail choices in our district. The feedback and research that I have received from local developers and planning experts, has assured me that the new addition of Delta Shores will benefit our existing shopping centers just as much as the new center. Many of our existing businesses have a very loyal customer base that is not likely to be lulled away by commercial chains. Rather, it is more likely that the new businesses will attract new customers to the area - both to Delta Shores and to the surrounding retail venues.

Another concern that I often hear related to the Delta Shores is how this development will impact traffic. I understand and very much appreciate this concern. As the Sacramento region continues to grow in population and popularity, how this growth will impact our commutes is always a great concern for everyone.

Fortunately, we have already begun many concurrent projects in effort to ease the potential strain on traffic caused by this expected population growth. These projects include the completion of the Consumnes River Boulevard off-ramp and its connection to Highway 99, the extension of RT's Blue Line and the completion of the Sacramento River Parkway, each of which would provide alternate routes and expanded transportation options. Further, the staggered phases of development for Delta

See Jennings, page 23





ReUselt clothing drive to benefit Sam Brannan Middle School

Drop off gently used clothing, shoes and household donations from Oct. 4 through Oct. 17 at the mobile drop box located in the Sam Brannan Middle School Campus, 5301 Elmer Way. Of primary use include the following items: clothes, shoes, bedding, linens, purses, belts and scarves. Also accepted are toys, books, jewelry, DVDs and other small non-breakable items. Non acceptable items include: cans, bottles, scrap metal, hazardous waste, items that do not fit in the donation box or items that need repair. For more information,



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Where: 7548 Greeenhaven Drive Sacramento, CA 95831

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Ring Up-Size \$35.00







Chinese Community Church Annual Fall Food Festival: Oct. 15

Saturday, Oct. 15, from 11 a.m. to 6 p.m., The Chinese Community Church donates event attracts a wonderful diversity of people to enjoy a variety of Chinese/Asian food, live music and entertainment, and activities for kids. (Pokemon Go "lure modules" will be released during the day, our church is a Poke stop and gym!)

Menu items will include the popular barbecue chicken, Hawaiian ribs, curry chicken, combo plates, lumpia, pot stickers, curry chicken, fried rice, chow mein, Chinese chicken salad, and more. Members and volunteers of the Chinese Community Church prepare the food by hand and always use fresh ingredients to preserve traditional family recipes.

the Chinese Community Church will host a portion of festival proceeds to support and its 33rd annual fall food festival. This fun enrich the local community each year. The church partners with various non-profit organizations (such as the New Hope Community Church weekly food bank ministry, Union Gospel Mission, and others) in the greater Sacramento area to help people in need.

Join us for a great time of food and entertainment!

Please find details below or visit www.cccsac.net for more information.

Location: Chinese Community Church, 5600 Gilgunn Way, Sacramento, CÁ 95822 Date/Time: Saturday, Oct. 15 from 11 a.m. to 6 p.m., free admission





South Land Park Neighborhood Association News

Barrio Cafe Now Open

Area residents are already flocking to the reis owned by area residents ats. One, Raley's submitted trols, and the owner of Vic's Delta Shores Hills Center to open a spin- the former site of the Cap- this combined approach apoff of their popular down- ital Nursery on Freeport pears to be working. town shop, Fluid Espresso. Blvd. SLPNA sent com-The owners urge patience ments to the City reflecting Water Quality in the as they tinker with the store our desire that such plans be hours and staffing, and apply consistent with the Freeport Neighborhood the finishing touches. They eventually plan on offering er local businesses in South dents informed. Land Park.

Proposed Developments on Freeport Boulevard

SLPNA recently surveyed

parcels on Freeport Boule- IGA market, SLPNA and unpleasant taste, water sysvard. Respondents generally supported both the new office reached out to Sacra- mend adding lemon to the Raley's and the new gas sta- mento Police to address the water or storing drinking cently opened Barrio Cafe. tion across from the Execu-The coffee shop and bakery tive Airport, with some cave-Sergio Barrios and Melissa revised plans for a new flag- building has increased pri-Allen, who chose the South ship store and retail shops at vate security patrols. So far, Blvd. Master Plan.

Secondly, further south, and artists. The Barrio Cafe construction of an AM/ is located next door to Royal PM fuel station and car Nail salon at 1188 35th Áv- wash. SLPNA submitted enue (corner of South Land initial comments support-Park Drive and 35th Ave- ing the plan, but voiced con- area of the city has been denue). Hours are currently cerns over the hours for al-Monday-Saturday, 7 am to 4 cohol sales, traffic flow, and pm. Hours will be adjust- noise impacts due to vacu- is safe to drink. We want ed/expanded in due time. ums and car wash equip- to let our customers know They are still working on an ment. SLPNA will contin- that the taste can be affected overhead sign. Please supp- ue monitoring the Freeport by lower water levels in the + 14 screen movie theater port Barrio Cafe and oth- Blvd. plans and keep resi- Sacramento and American + Schools, recreational facili-

Added Focus on Public Safety at South Hills Center

alleged criminal activity in peratures begin to cool, the its members via email re- the South Hills Shopping taste and odor will eventual-

garding proposals for two Center near the vacant Vic's ly diminish. To alleviate the 1) problem. Sac PD has re- water in the refrigerator. sponded with increased pa-

Some residents of South Land Park have reported small plates, beer and wine, the blighted, vacant gas sta- noticeable changes in the outdoor seating, and hope tion parcel at Blair Ave and taste and quality of the city to feature local musicians Freeport Blvd is slated for drinking water, and water officials have issued the following comments in light of

the complaints: The water in the south scribed as "mossy" or "earthy" in flavor recently. The water rivers, and higher river water temperatures. This causes naturally occurring bacteria to increase and affect the taste of the water but poses no health risk. This occurs lowing public workshops on at this time of the year when After receiving reports of it is hot and dry. As tem-

Councilmember Schenirer's tem representatives recom-

There have been several inquiries recently on Nextdoor.com concerning the an 800-acre mixed use development that will include the following elements:

5,200 residential units (12,000)residents. estimated)

- 1.3 million square feet of commercial development (Walmart, Dick's Sporting Goods, Hobby Lobby, Petsmart, Ross Dress for Less, Bath and Body Works, Sleep Train, and RC Willey).
- + 250,000 square foot hotel.
- ties, and parks.

Energy Workshops

SMUD is offering the folways to save energy:

"Weatherstripping and other home improvement ideas." Saturday. October 29, 2016, 9 a.m. to noon

2) "Efficiently heating your home," Saturday, November 12, 2016, 9:00 a.m-12:00 p.m.

All workshops will be conducted at the SMUD Customer Service Center, Rubicon Room, 6301 S St. construction activity along Registration is required. Interstate-5 at Consumnes For further information River Boulevard. This is and registration, contact the Delta Shores project, smud.org/workshops or call 732-6738.

Outside Watering Rules Still In Force

City residents continue to be limited to two days per week for watering outside landscapes (before 10 a.m. or after 7 p.m.). The restrictions are in place until Nov. 6. The permissible watering days are based on the address number of the household.

Addresses ending with an ODD number may water on Tuesday and/or Saturday.

Addresses ending with an EVEN number may water on Wednesday and/or Sunday.

No watering or car washing is permitted on Monday, Thursday, and Friday.

Source: SLPNA

WWW.VALCOMNEWS.COM



Art of the Car Friday, November 4, 2016 5:30 p.m. to 9:00 p.m. e Benefitting the California Automobile Museum Featuring a farm-to-fork dinner, cocktails, live entertainment, and a fabulous auction of art and unique experiences. Individual Tickets: \$75 -VIP Table Sponsorships available. To purchase tickets or for more information call 916.442.6802 or visit calautomuseum.org/artofthecar

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A Pocket area David and Goliath story:

Small school up against the big ones, and still winning big

Middle school girls volleyball not a sport that usually makes the news - and yet, in our neighborhood the Didion Dragons just last weekend beat Sutter Middle School's "second team."

"It's like the equivalent of David beating Goliath when David was 3," says Coach Jeff Dominguez. "(Sutter has about) 1,000 kids; we have (about) 100. They had us outnumbered from the beginning, but we crushed these guys."

Definitely defying the odds, the Dragons have achieved success through incredibly hard work. Many of the players participate in Dominguez's competitive club, meaning they play nine months out of the year with summers off. Boasting a talented team right now, they're ripping up the league because of that experience and dedication.

Thus far, they're 7 and 0 in the Sacramento City Middle School Volleyball League. With six games to go, three of which against the big schools – Einstein, Sutter and Cal middle schools - Dominguez admits they don't know what's going to happen, but he's proud of how far they've come.

Out of about 58 girls in the middle school at Didion, there are 20 girls on the team. In other words, 30 percent of the girls play volleyball. That's, in part, because Dominguez doesn't make any cuts. "I keep them all. That's my philosophy," he said. He believes middle school girls should be able to play if they want to. "We teach the girls we have how to play volleyball," he said noting how "inherently unfair" it is to compete against teams that can be more selective of their players, many of whom even stand taller height-wise than some of the shorter Dragons under Dominguez's wing. "Above water we look smooth; if we look down we dad's club team. are flailing wildly.

Dominguez has taken his fighting spirit to the league where he has asked to divide the league hav- that fuels his soul. "I found a way to Mia came to play for Dominguez ing schools with like-enrollment get through to them and learned how numbers compete against each to explain complex aspects of the other. But, he says, those efforts have fallen on deaf ears, at least for now. "Every other sport that never played volleyball before, bringis competed in the middle school level is divided," he said. "When I pointed this out, they said we already made the schedule."

Anyway, the team is almost an anomaly, boasting a set of eighth graders with a "ton of experience" playing for Dominguez's club team, Domin-



The 2016 Didion Dragons Girls Volleyball Team: (Back Row, left to right) Diana Polanco Velez, Isabella Sierra, Presley "Elvis" Sperber, Katie White, Isabella Valdez, Erin Ohara, Dominique Brooks, Milan Johnson. (Middle Row, left to right) Aymee Xiong, Taylor Van Loben Sels, Lacy Koehler, Elissar Houjeij, Sydney Henry. (Front, left to right) Caren Tritt, Isabella Acevedo, Grace Dorr, Maddis "Mad Dog" Gregson, Brenda Jimenez. Not pictured: Alexa Castelo, Taylor

ion (which is a mash-up of the names lo, and Caren Tritt. Tritt came to the Dominguez and Didion).

Readers might recall Dominguez's award back in March from the Mexican American Hall of Fame Sports Association for his high school football days and for playing college volleyball at Sac State where he went to Nationals his junior year and fin-

has coached high level volleyball players, including players that made it to the national competition level. After all of those experiences, he never thought he'd coach girls youth volleyball. But he did it for his daughter, girls that were so deserving as serving Gabby. "She was in fifth grade; she as captains that I couldn't narrow it to was a stud," he recalls. Currently at 2, 3, 4, or 5... I have six captains. That's Kennedy, she doesn't play volleyball for the school, but still plays for her

It wasn't through preference coaching the younger girls but now he's realized it's become a calling, something sport. I just fell in love with coaching this level – that is taking a girl that has Mia came to the Didion Gym in tears ing them up and teaching them how to compete. I take the sixth graders; I do all the drills. Some of them are we had that moment." there are sixth not even four feet tall. I have a couple of little hustlers that can walk under the net."

Key players today include Erin O'hara, outside hitter Alexa Caste-

team when she was in the sixth grade and Dominguez recalls that particular day. "The father (Tim Tritt) said his daughter doesn't know how to play but asked if she could just come to the practices. This year, she's one of our captains. She's an eighth grader and her dad has become an assistant coach. He films the games. We study the vid-Since his playing days, Dominguez eo ... That's a useful tool. We show the girls where they should be standing, show flaws in their technique and correct them just by watching their videotape. Every year, I appoint captains to our team. This year I had so many a full team ... That's the quality of this team. It's kind of an anomaly."

A volleyball player at West Campus, Mia Williamson has played for Dominion, and this year, her sophomore year, made varsity at her high school." when she was a "gangly sixth grade girl who never played volleyball before." When she found out she made varsity, and said, 'thank you, coach" in front of "all those tiny sixth graders," bringing "that dream in reach to them. I'm glad graders here.

You can catch the Dragons when they take on Cal Middle School on Monday at 3 p.m. inside the new gym.

Go Dragons!

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OPINION

Proposition 56: Why it is Important to All Californians

Anvone who watches television has seen the commercials about Proposition 56. You might have even received some information in the mail. But, before you vote yes or ucation groups, cancer groups no, you really need to know and pediatricians who supthe facts about this proposi- port it. tion, and why it is important to all of us who live and vote in California.

The tobacco industry prevs on our young people. Every year they spend \$9 billion to market their deadly, addictive products. And, every year, almost 17,000 California kids get hooked on tobacco. Onethird of them will eventually die from tobacco-related diseases. Increasing the price of tobacco products is the single most effective way to reduce tobacco use.

says that is particularly true among youth. In every other state that has significantly raised cigarette taxes, smoking rates have decreased. Pediatricians, nurses, the California State PTA, American School Boards Association, California Faculty Association, State Superintendent of Public Instruction, Tom Torlakson, and more than 100 other groups all recommend that we vote YES on 56.

Voters in California can stand up to Tobacco companies and save lives before they create another generation of addicts. The facts nies have spent nearly \$200 are that higher tobacco tax- million on campaign contries have been proven to reduce youth smoking. In spite of these facts, California's tobacco tax is among the lowest in the nation.

Proposition 56 pays for healthcare, cancer treatment, smoking prevention, and rebacco-related diseases. Calibillion each year on tobaccorelated diseases. Proposition 56 will taxing tobacco products, and will help to cover these tobacco-related costs.

nies that are spending milwho they should trust: the to-directly related to tobacco first full year, 2017-18. After arettes be included in the

bacco companies who prey on exceeds \$13 billion. Nation- that time, the revenue would tax? The science on e-cigakids, while spending billions to market their deadly products and tens of millions lying to Californians about the tobacco tax initiative, or, the ed-

A recent ad campaign appeared on our statewide telethe numerous tobacco-financed ads which have been unanimously discredited by newspapers, fact checkers, education leaders and more. A Mercury News editorial implores voters not to fall for cable campaign."

"They prey on our children, spending billions, addicting seventeen thousand California kids each year, thanks mostly to the tobacco The U.S. Surgeon General eventually killing one-third of them. Now tobacco companies are spending millions down. So who are you go- to increase the tax have failed ing to trust? Pediatricians, Cancer Society Cancer Ac- cancer groups, and the Calition Network, California fornia PTA who all support at the ballot 18 years ago. Prop 56 or the tobacco companies trying to kill it?" Smoking causes more deaths

each year than guns, car accidents, HIV, alcohol, and illegal drugs combined. Over the provide a significant advanlast decade, the State of California has spent tens of billions of dollars on tobacco-related healthcare costs. Meanwhile, tobacco comparettes will yield a 3% to 4% butions to keep California's among young smokers. tobacco tax among the lowest in the nation.

The American Cancer Society Cancer Action Network, American Lung Association in California, California State PTA, some of the state's largsearch to cure cancer and to- est school boards, pediatricians, business groups, law en- ed to the federal excise tax, groups, and hundreds more tail cost). It would make Calsupport Proposition 56. Everyone knows that to-

bacco kills. The number of deaths are staggering. In Cal-In Sacramento, a new "Yes ifornia alone, some 40,000 on 56" ad attacks the compa- adults die each year as a result of smoking or secondlions of dollars on deceptive hand smoke. The amount would bring in between \$1 to healthcare for the poor. ads. A new ad asks the voters spent annually on healthcare billion and \$1.4 billion in its

ally, the death toll is 480,000. Voters should not believe the cynical, disingenuous opponents of this measure. Proposition 56 will save lives.

Americans, for better or worse, have decided that this nasty, lethal drug should re- trol programs. main legal. So government's approach is to discourage vision recently. It hit back at smoking where it can. It rewarnings on cigarette packs, bars sales to minors — and, most effectively, it levies "sin taxes" designed to make smoking prohibitively expensive. In New York, for instance,

gle pack of cigarettes is a treat Medi-Cal patients. whopping \$4.35; in Connecticut it is \$3.90; in Hawaii lobby, the excise tax is just 87 cents per pack — one of the to win passage over 34 years; the last increase was approved

That's unfortunate because tobacco taxes are really a powerful tool. Not only do they deliver a revenue source in the total price of cigareduction in adult consumption — and a 7% reduction

It's time for a meaningful increase in California's tobacco excise tax. A yes vote on this year's Proposition 56 could help make that happen. Proposition 56 would add \$2 per pack to the existing state levy (which in turn would be add-An equivalent tax also would products and to e-cigarettes.

While bringing down smoking rates, the tax also

smokers shrinks. Some of the money would go to administration and enforcement of the tax itself. A substantial amount would go to tobacco prevention and con-

A portion would go towards cancer research, as well as heart and lung disstricts advertising, requires ease and other tobacco-related diseases. But the bulk of the funds would go to Medi-Cal, the state's health insurance program for lowincome residents. It would "the tobacco industry's despi- the state excise tax on a sin- of healthcare providers to

That would be great news for Medi-Cal, whose reimit's \$3.20. But in California, bursement rates are currently 49th in the nation — so low that they discourage doctors and hospitals from accepting lowest state cigarette taxes in the low-income patients who to defeat Prop 56. Because the nation, lower than all the are served by it. As a result, in every state that's raised to- states that border California. many poor people are forced bacco taxes, smoking rates go In the Legislature, 35 attempts to get their healthcare not in doctors' offices but in emergency rooms after they become more ill. There, the care may be free for patients, but is far more expensive for taxpayers. Passing Proposition will

help to change this situation. There are arguments against for government but they also the initiative as well. One complaint is that tobacco taxtage in the process. On av- es are regressive, and will aferage, peer-reviewed studies fect the people who are the have shown, a 10% increase least able to pay. That could be true, as poor residents generally smoke more than the wealthier ones. The proposed tax will affect people from all incomes. And, hopefully, the additional tax will encourage all smokers to kick the habit.

Another concern is that it's generally not good policy for voters to impose a tax on a specific, targeted group of citizens and then dedicate that money to a particular use that doesn't directly benefit those fornia taxpayers spend \$3.5 forcement, children's advocacy to sales taxes and to the re-citizens. Either the money should go in the state's generifornia's tax the 9th-highest al fund for general purposes, in the country, up from 37th. or it should be spent directly on behalf of the group paybe applied to other tobacco ing the tax. In this case, some of the revenue would be dedicated to anti-smoking programs, but the bulk would go Should the popular e-cig-

decline while the number of rettes is developing and it is not clear how dangerous they are. Some believe they serve as a gateway to cigarette smoking for children. But, others argue that e-cigarettes are, in fact, a good tool to help smokers quit. There is more to learn. Under the proposition, if the U.S. Food and Drug Administration deems e-cigarettes in the future to be a legitimate "cessation device," they automatically would be exempted from the tax at that point.

Finally, there's some concern that Medi-Cal is committing be earmarked for the costs itself to higher provider rates in perpetuity. They will be paid for by revenues that are expected to decline over the years. While this could be a problem, this is

See Prop 56, page 9

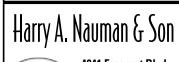


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2016 CKM Sports Hall of Fame Dinner

By JIM COOMBS

Hall of Fame dinner was held Oc- jor league history for on base per- ra, and Mariko Barajas Cates being senior year and a solid contributor tober 2, at the Asian Sports Foundation Hall off Laguna Blvd.

This year 25 athletes and 4 coaches/athletes were inducted. The 2016 class will emphasize players from 1995 to 1999. Over 180 ath- and drove in 100 runs, was another for four straight years. She went letes and coaches have been induct- top player in the 90s. He went on on to play at Morgan State where ed in the previous four years.

The 2016 class inducted many outstanding baseball and softball athletes from the late 90s, that had outstanding baseball and softball teams. As always the CKM Hall of Fame inducted previous outstanding athletes from the first 60 years cut short by seven arm surgeries. that were missed but were nominated by their peers.

This year's class highlighted the 1998 section championship baseball team coached by inductee Brian Loforte. Loforte coached from 1996 to 99 and was the Metro League coach all four years and the Sacramento Bee coach of the year in 1996 and 98.

Loforte had over 15 players who went on to play college or professional baseball upon graduation. His favorite memory was of the 1998 section champion team that beat NY Yankee pitcher CC Sabathia to win the championship. He mentions CKM Hall of Famers Charlie Becker, Mike Nishio, Harvey Tahara, and Bob Sandoval as mentors. He has been the baseball coach and AD at Laguna the last 11 years.

the 1998 women's softball team coached by 2014 hall of famer Shannon Padovan. The lady Lions teams in the CKM Sports Hall of were undefeated in Metro League Fame, was inducted. Bandy went was an outstanding basketball playplay and went to the section finals. on to coach at Sacramento City and er and four-year starter.

All players from both teams were Cosumnes River College where he Michael de Necochea

The fifth annual CKM Sports York Yankees, and ranked 62 in ma- brey Love Henry, Marissa Sequei- year, and was a baseball MVP his centage. His dad Bobby is also a inducted. CKM graduate.

Jason Howard, a three-time Metro League player and first team allcity went 22-2 as a pitcher, hit. 357 to play at USF.

tion champions. He was twice all conference and was an All-Ameri-

Melvin Cook was a two-sports star in both football and baseball. He was All-Metro and an Optimist football star and second team All-Metro and Optimist baseball star. He would go on to play at San Jose

Matt Bonovich was on the championship team, All-City and All-Pac 10 at USC. He was drafted by the Montreal Expos.

Howie Correa, from the Mc-Clatchy Correa family (Ray, Steve for profit theater company in New and Christie) would steal home to York. win the semi-final game in 1998 and go on to be very successful at the college level.

Steven Holm was a second team All-American at Oral Roberts University and would play 12 years professionally and in the majors with the SF Giants and Montreal Expos.

The second honored team was ball coach from 1956 to 61, who on other than Mark Shelley. won numerous championships and has at least eight members from his was also the athletic director.

greatest baseball players ever, was to late 90s won numerous Metro was inducted. De Necochea was an outstanding player for the New League titles has three players, Au- student body president his senior

Love/Henry was a four-year starting catcher (95-99) and led the league in batting averages while leading the Lions to the playoffs she was All-Conference for three Ricky Barrett was an outstanding years and still holds school records. winning pitcher for the 1998 sec- Her jersey #00 was retired by the university.

Diego. His professional career was Outstanding Player in 1996. She played at Sac City and Menlo College and works for the state during the day and helps run the Pine Cove with her family in the evenings.

Barajas/Cates was All-City in 1998 and 99 and the CKM Woody Adams Female Athlete of the Year attorney in the Sacramento area for in 99. She went on to play at IU-PUI and SDSU and earned her ball player who was never caught degree in theater arts. She studied Shakespeare at Oxford Univer- er in center field and played on the sity and at the Moscow Art Theater School, and now runs a not in 1957.

Another outstanding female athlete was Anne Gunnison who won distance championships from 1995-97 in both cross-country and track. She was a four-time Metro League cross country champion and would go on to be an outstanding PAC 10 runner at Stanford. Gunnison is Del Bandy, an outstanding base- the only three time section champi-

Cori Tahara will join her father Harvey and sister Kristin in the CKM Sports Hall of Fame. She

Michael de Necochea, probably the only McClatchy athlete ever Outstanding players include Nick Hall of Famer Shannon Padovan to play on football, basketball, and Johnson, probably McClatchy's who coached softball in the mid baseball TOC teams in one year, coach and AD.

in both football and basketball.

He has been involved with Mc-Clatchy baseball as a coach since 1999 and the varsity coach since 2005. His extremely positive attitude has been a big asset to Mc-Clatchy sports the last 16 years.

Outstanding male athlete of the year Chris Latino, who was an Optimist All-Star in both football and baseball, was inducted. Lati-Sequeira was a four-year starter no was MVP twice in both football can pitcher at the University of San at CKM, MVP in 1995, and the and baseball and was an All-League linebacker at Sac City in football. Latino would go on to coach at Mc-Clatchy with his wife Christine.

Two old-timers John Virga and Gary Moon are examples of outstanding athletes nominated by their peers. Virga (1957), a leading 40 years, was an outstanding basestealing. He was a three-time start-KFBK All-star championship team

Moon (1960), known around Sacramento as "Boomer Moon," was a rugged 1959 All-City halfback for hall of famer George Bican, running over line backers and defensive backs. His family owned Moon's Drive In across the street from Mcclatchy and many Moons have been McClatchy graduates.

Other inductees included fooball star Zebadee Brye, baseball star Keith Davila, and golfer Rick Gregson. Others included were Camillo Gutierrez, baseball, A I Jelks, football, Kenny Lewis, football and baseball. Mike Strahler. baseballl, Nick Wallace, the third Wallace family member, for soccer, basketball, and baseball, and Chauncey Wilson first basketball

Prop 56:

not a good enough reason to reject the increase. The fact is, provider rates need to come up. Medi-Cal officials should plan ing the diminishing tobacco tax tion 56 revenue. In any case, the revenue is expected to decline only about 3% a year. Hundreds of millions of dollars a year will still be available for many decades to come.

The battle to pass Proposition 56 will be difficult because of the power of the tobacco lobby. They have already "Prop 56 cheats schools out of at least \$600 million per year." The truth is that Proposition 56 wouldn't take a penny from schools. It would mereof Proposition 98, the 1988 measure which guarantees public schools a large share of the state's core revenues. Proposition 56 will save lives.

Yes on Prop. 56 Total money raised: \$20,854,570 No on Prop. 56 Total money raised: \$56,253.080

Follow the money:

These companies want votcarefully and be prudent in users to vote NO on Proposi-Philip Morris USA \$29,943,901 R.J. Reynolds \$20,254,915 Altria Group \$3,391,152 ITG BRANDS LLC \$1,057,000 Middleton John \$1,018,660 FONTEM VENTURES USA, INC. \$453,000 made deceptive claims such as: McLane Company\$100,000 International Premium Cigar and Pipe Retailers Association\$10,000 Core-Mark Holding \$4,357 J.C. Newman Cigar Compaly exempt the new tobacco tax ny \$2,500 revenue from the requirements Phillips & King International, Inc. \$2,500 Prometheus International. Inc. \$2,500 Tatuaje Cigars Inc. \$2,500

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Matsuyama students team up to help animals at Front Street Animal Shelter

Ten students from Sacramento's Matsuyama Elementary School are teaming up to help animals in need.

The girls and boys are members of the Matsuyama Elementary School Robotics Team, which participates in the First Lego League, a worldwide organization that challenges future leaders and innovators to apply science, technology, engineering, and math concepts (STEM) to solve real-world problems. The topic for the 2016 challenge is Animal Allies. Young people are encouraged to learn more about animal and human interactions, identify a problem, and create stress and keep them happier and implement a solution.

After researching the challenge and speaking with several local veterinarians and animal shelter staff members, the Matsuvama Robotics Team will focus on the issue of the number of animals in our community shelters. The team's goal is to help decrease this number while fostering an overall sense of compassion and responsibility among community members

During the month of October, the team will conduct a pet food and toy drive to benefit animals at the Front Street Animal Shelter. By collecting food to be distributed by Front Street's pet food pantry, the team can help keep animals in their homes and out of shelters. They'll also share information with fellow students and community members about the importance of microchipping, spaying and neutering, and fostering to help reduce the number of animals in shelters. And for those animals who are at the shelter, toys will help relieve while they await adoption.

"What's impressed me about this team is there is no problem they feel they can't solve," said Mike Mullen, Matsuyama Robotics Team's long-time coach. "In fact, it was hard to focus on only one problem—they want to save all the animals."

The team is comprised



Ezzell, Christopher Fetros, Sean Fetros, Ella Fowler, Brooklyn Horst, Togo Kurosaki, Connor Lee, Kianna Nakaoka, and Jonah Reynolds.

food and toys during a monthof Matsuyama Elementa- members will also share in-

collecting donations at their Cat Hospital (4115 Manzabooth during the annual Matsuyama Harvest Festival on October 21.

Through Oct. 27, community members interested in journs on Friday, Oct. 28. The team will collect pet supporting the drive may drop off donations during business long school-wide drive. Team hours at the Front Štreet Animal Shelter (2127 Front St.), ry School 5th and 6th grad- formation about Front Street Incredible Pets (392 Florin the team's assistant coach, at ers Alexandra Dinh, Sora and pet overpopulation while Road) and the Sacramento 541-2908.

nita Ave., Carmichael).

The team plans to deliver all pet food and toy donations to Front Street after school ad-

For more information about how you can donate, please contact Îrene Fujishima Nakaoka,





Faces and Places:

Michaelmas festival at Camellia Waldorf portrayed inner struggle between dark and light

Photos by STEPHEN CROWLEY

As the seasons change from long days of sunshine to darker, cooler days of fall and winter, the Camellia Waldorf School, located at 7450 Pocket Road, celebrated this transition on Friday, Sept. 30 on the new campus. The festival -- called Michaelmas -- also celebrates courage that marks the passage into the darker half of the year. The event includes processions, banners, class presentations, costumes, and enormous puppets in a pageant that artistically portrays the human inner struggle between dark and light. After the pageant, the community enjoyed a picnic lunch, beautiful cakes baked by class parents, and games. Michaelmas is a faculty-led event. Parents provide support by baking cakes, organizing the cake procession, cutting and serving cake, cleaning up, and helping the faculty with games and in other areas as needed.







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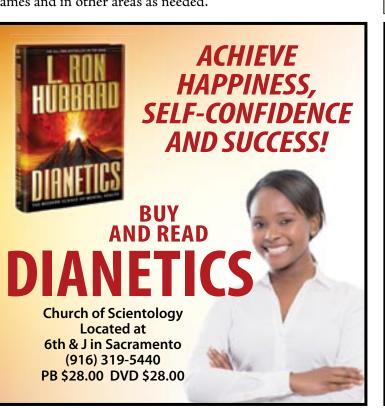
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Thousands flock to Golden 1 Center for pre-grand opening events

By LANCE ARMSTRONG

As a preview for its grand opening, the Golden 1 Center on Saturday, Oct. 1 held two separate open house events – one for the general public and the other for members of the Golden 1 Credit Union.

The completed, multi-purpose, indoor facility is the new home of the Sacramento Kings and will host other sporting and entertainment events, as

Large crowds made their way to the new downtown arena at 5th and L streets to view the facility for the first time.

Entrants to the arena were admitted for free with general admission tickets that were obtained in advance through the Ticketmaster website. Each ticket had one of four time allotments: 11 the Kings dancers, face painters, cara.m. to noon, noon to 1 p.m., 1 to 2 p.m. or 2 to 3 p.m.

Because the new arena bears the name Golden 1 Center, Golden 1 Credit Union members were admitted into the arena for the three hours prior to the open house for the general public. Tickets for the free, members-only open house were obtained through the credit union's website.

Golden 1 Credit Union President and CEO Donna Bland commented about that pre-grand opening opportunity to visit the arena.

"We have been watching the construction progress since we signed the naming rights agreement over a year ago," she said. "We are excited the day is finally here when we can offer our members the opportunity to experience the world-class facility before it is officially open."

The majority of the thousands of people who visited the arena on Oct. 1 toured the facility during the general public open house, and many of those guests made their way to the arena using the light rail service of Sacramento Regional Transit, which offered free rides on that day.

Entertainment at the public open house included appearances by the Sacramento Kings mascot, Ślamson, the Golden 1 mascot, Goldie, icature artist John Denton of Citrus Heights, and a DJ playing music throughout the day.

Also open to the ticketed guests inside the arena were the food and beverage stands of such eateries as Paragary's wood-fired pizza, Centro street tacos, Mulvaney's B & L and Star Ginger fresh Asian flavors.

East Sacramento native Doug Tarpin, a local real estate agent, who attended his first Kings game during the team's inaugural season in 1985, commented about the new arena.



Photo by Lance Armstrono

The Golden 1 Center, shown in this western view, is located on part of the former site of the ntown Plaza shopping center.

"It's pretty amazing," he said. "It's like something I've always wished they would have done is move it down here (downtown) and it's incredible."

Tarpin added that the arena appears to be smaller than the Natomas area's Sleep Train Arena, which it replaced.

However, in terms of its seating capacity, the new arena is similar.

For instance, Sleep Train Arena featured a 17,317-seat capacity for basketball games, while the new arena has a basketball game seating capacity of 17,500.

The seating capacity for the Golden 1 Center can be expanded to 19,000 for concerts.

See Golden 1, page 14

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Golden 1:

Continued from page 12

Tarpin also said that the Golden 1 Center is a lot more modern than its Natomas area predecessor, which opened as ARCO Arena in 1988.

"It's not a time capsule," he said. "It's not out in the pasture."

Citrus Heights resident Glen Marshall said that he appreciates the "openness" of the new arena.

"It has this openness from the concessions, where you can still look down and see the floor," he said. "It's not walled off (inside the arena). There are no doors to get in there. It's wide open."

Another area resident, Marcus Day, spoke about his satisfaction that Sacramento, which was in jeopardy of losing its only major league sports team to another city, maintained the Kings and had a new arena built for the team.

"I'm very impressed with the arena, you know, especially with the thought of them actually leaving town," he said. "Sacramento (came) together to bring this arena that's beautiful and with all the technology that's involved with it. It's way it did."

Kings remaining in Sacra- per deck way up."

10th ANNUAL FALL

WAREHOUSE

mento and a new arena being built, he hopes that the city can draw more professional sports teams.

'With progress like this (arena), it should bring a lot more, especially now with the (Major League) Soccer (possibly) coming and all that. Shoot, if the (Oakland) Raiders move anywhere, they need to move to Sacramento. To hell with Las Vegas."

Rocklin resident Denton Anderson mentioned that although he is impressed with the new arena, in general, he is dissatisfied with its concessions.

"They need to improve the concessions a lot," he said. "I'm not impressed at all. I'd rather have the concessions we had over at the old arena than what I'm seeing here. You know, you've got to walk all over the place to find anything. Over there you had four corners that all had the big concessions. It was much easier."

Anderson also expressed his disappointment with the

upper level seating.
"I've got tickets for January upstairs and we went up and sat in those seats and man, you are high," he said. "It's way higher than the old (arena). The lowest seats way up at the top are way higher than just amazing. It's so nice to see they were at the other (arethat this all came together the na). Well, they had to put in two levels of luxury suites and Day added that with the stuff and that pushed the up-

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Japanese Antiques

to the arena, Anderson recoge eat pizza and tacos and hamnized the Golden 1 Center as burgers and beer. But some a notable landmark.

"It's beautiful," he said. "It's going to be a centerpiece for the city here. There's no doubt about that. And just looking outside around it is pretty impressive."

On the grounds of the new arena is various artwork, in- due to its poor acoustics. cluding the world-renowned artist Jeff Koons' \$8 million Piglet-inspired sculpture.

During his visit to the new Golden 1 Center, Fair Oaks resident Ken McCollum offered a different opinion of the seating at the new arena.

"I like the seating," he said. "I looked at the seats and they're very nice and comfortable. And you have a fantastic view of the floor and you're never too far away from it. It really engages you, I think, much more so than the old ARCO Arena, which was like a big, old barn.

"I used to go there sometimes and get cheap tickets up in the nose bleeds and you needed binoculars and also there was definitely nose much, much nicer."

McCollum also mented on the new arena's

"There are all sorts of different food concessions," he said. "That is really nice. I would like to see a little healthier op-

OCTOBER 8 - 16

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of us like a little healthier options. But maybe in time they'll (add such choices)."

McCollum said that he is hopeful that the acoustics will be superior to those at the old ARCO Arena, which earned the nickname, "Echo Arena,"

"I don't know what the acoustics are going to be like," he said. "But I hated going to concerts in ARCO, because the acoustics were so bad. But this looks like it would be a nomically. So, I'm very excited nice place to listen to music."

But if Kings Owner and Chairman Vivek Ranadivé words hold true, the Golden 1 Center's acoustics should not

"World-class entertainment will have a new home in downtown Sacramento," he said. "Amazingly passionate fans, next-generation acoustics, and an iconic setting will ensure that must-play for artists and entertainers of every genre."

In regard to Ranadivé, Mc-Collum expressed his apprebleeding up there. This is ciation for the Kings owner's contributions to revitalizing downtown Sacramento.

"One thing I like about what Vivek Ranadivé has done here is he really sparked a renaissance in the downtown area," he said. "I've been in the Sacramento area a couple times on Oct. 27.

As for his positive reactions tions, but people come here to over a period of about 50 years and it's been very painful seeing K Street and I Street and the core of the city deteriorate like it has. But now this is really exciting to see this (area) coming back. And I think it's going to work.

'We already see a lot more interest in building downtown, and more importantly, people are starting to move back downtown to live. That's really the key, and I think the Golden 1 Center and the Kings really will spark a renaissance in Sacramento ecoabout the future of Sacramento, particularly downtown Sacramento."

The Oct. 1 attractions at the Golden 1 Center also included the Sacramento Kings Fan Fest, which presented a limited number of fans with the opportunity to view an open Kings practice and participate in oncourt contests with players.

Free tickets to Fan Fest, Golden 1 Center will become a which began at 6:30 p.m., were quickly secured online by fans who were eager to view the team's first public appearance on the new Golden 1 Center floor.

The legendary English singer-songwriter Paul Mc-Cartney officially opened the arena with a concert on Oct. 4. The Kings' first regular season home game will be held at the Golden 1 Center

AMERICAN



Barrio Cafe now open, offering delicious coffee, pastries to neighbors

By MONICA STARK

Business has been steady over at the newly-opened Barrio Cafe (1188 35th Ave.) in the South Hills Shopping Center. "It's been incredible," exclaimed co-owner Sergio Barrios. "It took us eight years at the other location (Fluid Espresso, 1230 N St.), to reach what we reached on Saturday in sales: \$1,600. views, four postings on Yelp with four and five stars. What waiting a long time."

Most of the customers have heard about the cafe through

other teeth too!"

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word of mouth, social media and this publication. Without any outside advertising or even a big sign up (though they do have a sidewalk sign), neighbors are excited to see positive activity in the shopping center.

During last Monday's visit, cook Melissa Saunders was making empandas based on the recipe created by Sergio's wife and co-owner, Melissa Allen. Filled with chick-We've gotten very good re- en and garlic sausage, roasted apples, kale and Parmesan cheese, Saunders put them we like most is when people in the oven -- the old Brick come back. I think part of the Oven Pizza oven-- and when reason is people were really they were done, some were taken to Fusion for their

See Barrio Café, page 16



Barrio Cafe staff take a moment out of a busy Monday for this photo. Shown seated: Sergio Barrios with wife Melissa Allen, Santiago Barrios: standing: Melissa Saunders, Devon Grav.

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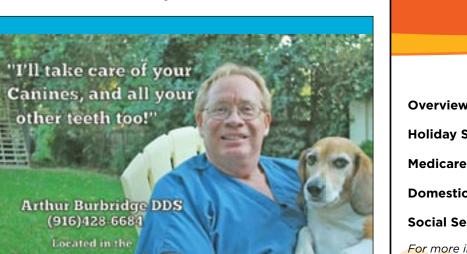


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Barrio Café: Continued from page 15

lunchtime rush. Also, helping with the empanadas was Sergio's father, Santiago Barrios, who you may recall was a baker in Mexico and later had a shop in the old Nut Tree in Vacaville. Afterward, his family ran Greenhaven Bakery in the current Manley's Donuts on Florin Road and Riverside Boulevard. "It opened in the early 1970s when Greenhaven was a brand new development bles, etc. and a previous owner named Richard sold it to the second

sold it to us. We owned it for

er interview. Essentially, all of the baking for both locations is done ready for your busy mornings inside the old oven and the and lunches, all while nevthing is working great. The er compromising on flavor landlady had asked Sergio and deliciousness! Our pasduring the remodeling pro- tries will of course, continue cess if he wanted it removed, but he wanted to see if he could get it working again. Sure enough, with a little sweat, it gets hot enough for their purposes.

only the oven, but an old bread rack from the nearby, closed-up old Vic's grocery. Additionally, his landgetting rid of tables - so small plates menu!" you can find those also in ev Studios for the Performing Arts in midtown. And, row of chairs from the Plac-Barrios wasn't sure if they were for the jurors or what, but there they are on the for the neighborhood.

western wall of the cafe. And, then remember the old stained glass that covered the front windows of the old pizza place? We'll those will return and be hung from the ceiling.

For those who have been to Barrio Cafe already, they have noticed that half of the restaurant is still being worked on. For the most part the kitchen area and counter have been completely remodeled. The seating area will soon get more seats, ta-For those who frequent

Fluid, what does this mean? owner, and that guy in turn According to a statement on their website, "It means more the most years from 1979 to creations for the offering 1993," Sergio said in an earli- coming your way! We will be extending our menu and adding items that are fast and to always be made fresh daily. Soon we plan to offer sandwiches and fruit smoothies! Barrio will allow us to offer healthier items, made with better quality ingredients, Barrios, intent on reus- and increase our use of local ing materials, salvaged not and organic. Also, make sure to stay tuned for updates on Barrio, our new bakery/coffee bar in South Land Park! Coming soon we will introlady's Arby's location was duce a local beer, wine and

Currently, open Monday Barrio Cafe. There's also a through Saturday from 7 piano from a classroom at a.m. to 4 p.m., Barrios hopes CLARA, the E. Claire Ral- by November to be open on Sundays for brunch and closed Mondays. (But that one of the odder items is a doesn't give him a day off because he'll be baking on er County Courthouse. Mondays for the downtown location!)

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Dennis Newhall fulfilled dream to become a KZAP DJ

people to do it. The reason it

succeeded at first is because it

It was also during Ne-

whall's time at KZAP when

the station moved to a differ-

In recalling that part of

KZAP's history, Newhall

said, "One of the first things

(the new ownership) did

when they bought the station

was try to move out of the

other problem was having to

evator every time you wanted

cause they had operators at

the time who really didn't care

station's second location,

which was acquired in 1973.

the top floor of a three-story

building on 9th and J (streets)

in Sacramento, across from

Cesar Chavez (Plaza) park,

'Wino Park,' for good reason,"

See KZAP, page 23

"(The new owners) rented

ent location.

was owned by a millionaire."

By LANCE ARMSTRONG

Editor's Note: This is part five in a series about the history of radio station, KZAP 98.5 FM.

Dennis Newhall was among the DJs who joined Sacramento's legendary radio station, KZAP 98.5 FM, during the 1970s.

And with his hiring by that station in 1972, Newhall fulfilled a personal dream, he explained.

I was on KZAP, taking my own records in once or twice a play a lot of that music." week," he said. "Then in 1972, plied. I got the part-time job on weekends, which lasted for about six weeks, and then I went full time."

Newhall said that he was one of the early listeners of KZAP, which made its debut on Nov. 8, 1968.

"I grew up in West Sacramento and my brother, who "So, I was 6 years old when 'Hound Dog' was (an Elvis Presley) hit, which means rock 'n' roll had just started.

(Sacramento radio stations) XXOA and KROY religiously, then one day in November tate to New Day Broadcasting (1968) I heard about KZAP. went home because that's where most of the FM radios earlier for the purpose of purdeal with going up in the elwere at the time, tuned into 98.5 and never went back."

Newhall described KZAP as a much different station than could previously be heard in Sacramento.

"KZAP changed everybody's life when it comes to their entertainment of the day," he said. "When I first the air in November of 1968, I was thinking, 'Wow, this is what we've been wanting.' Instead of hearing 'Sunshine of Your Love' by Cream and then some maybe middleof-the-road (format) song or 'Up, Up and Away' - which jockeys the freedom to play much better place (with) nice, has its place - we wanted to whatever music they desired hear the album tracks that fol-

heard it, probably no more the new ownership, KZAP than a week after it went on took a more professional ap-

lowed 'Sunshine of Your Love' or (various other songs that were not receiving air play)."

In speaking about rock music of the early 1970s, Newhall said, "I've always said the music of the 1960s ended in about 1972, so it was still going strong in 1970 with that great record that Dave Mason put out, and his old band, Traffic, put out 'John Barleycorn, Eric Clapton was going strong. Mad Dogs and Englishmen with Joe Cocker, that whole group. Leon Rus-"At Sac State, I got into the sell, all those people were reradio program, where I got to do a rock n' roll show (on the not so much on AM radio. It university's student station, took the FM stations of the KERS), basically pretending time, that were really starting to get the steam rolling, to

Newhall also mentioned I got a chance. There was an the next wave of 1970s rock opening at KZAP and I ap- music that included songs by a restrictive format. Any DI such bands as Lynyrd Skynyrd, Steely Dan and The Marshall Tucker Band.

> Newhall recalled the situation that led to KZAP's first ownership change.

"Lee Gahagan, who was the millionaire that owned KZAP killed himself (in 1972)," he said. "And it threw was a couple years older than the whole thing into turmoil, me, and started listening to because his closest relative radio when he was 8," he said. was an aunt who had no desire to deal with a bunch of hippies running a radio station in California."

In April 1973, the Feder-"And I listened to Top 40 on al Communications Commission approved the sale of KZAP from the Gahagan es-Co., a Sacramento group that Elks Building," he said. "The was established six months chasing the station.

New Day Broadcasting, to get up to the station, bewhich was led by its president, Ed Beimfohr, and its Don much for a bunch of longhairs secretary-treasurer, Platt, bought the station for a coming and going." reported \$200,100. Newhall spoke about the reported \$200,100.

Gahagan had purchased the station for about \$50.000.

Newhall added that under proach to its operations, from advertising to relations in the Plaza Park, which is now

He also recalled that it was and at the time we called it under that ownership that KZAP abandoned its free- he said. "It was right next to form format, which gave disc a porn theater. But it was a to play.



Lance Armstron Dennis Newhall worked as a DJ at Sacramento radio station, KZAP 98.5 FM, from 1972 to

'We had moved away from free-form," he said. "And there was a format, but it was not GROCERY these days would think it was completely free. Keep in mind that free-form radio was seldom successful. It succeeds when it's on a college campus, YOUR NEIGHBORHOOD GROCERY STORE! because nobody has to make Open daily, 7am–10pm money. It's too scattered to get enough income to pay the

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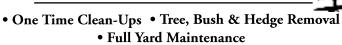


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What's happening Pocket/Greenhaven?

THURSDAY, OCT. 6

RICK JENNINGS, VICE MAYOR VISITING CURVES, PROMENADE SHOPPING CEN-TER: Hang out with Super Bowl Champ and Vice Mayor starting at 8:30 a.m. Free autographs, Take a picture with a Football Legend, Win prizes. Ask questions about our District 7. 7485 Rush River Dr

POCKET-GREENHAVEN COMMUNITY FO-RUM PRESENTS A POLITICAL FORUM: With 17 statewide initiatives and three local measures on the ballot, voters in the Pocket-Greenhaven community will have a lot of decisions to make. To help inform these decisions, the Pocket-Greenhaven Community Forum is bringing together a group of experts to the Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Drive, at 6:30 p.m. to provide a non-partisan overview of the measures, including key background on who is supporting and opposing them, who is funding them and, most importantly, what

BEGINNING LINE DANCE: Two Left Feet -Easy line dance class. Can't dance? Your life is about to change. No experience or partner necessary. Just a good sense of humor. LOTS OF FUN Drop-ins welcome. First class is FREE! 1 to 2 p.m.; 1180 Corporate Way.

SATURDAY, OCT. 8

RUMMAGE AND BAKE SALE FUNDRAISER FOR POCKET GIRLS SOFTBALL: Event goes from 8 a.m. to 2 p.m. at 23 Green Mist Court.

SACRAMENTO NICHIREN BUDDHIST CHURCH FALL FOOD SALE: The Sacramento Nichiren Buddhist Church is taking orders now for its annual Fall Food Sale. Unlike the June Bazaar, which sold food on a first-come, first-served basis and ran out of popular items such as the barbecued terivaki chicken halves, this is a presale event. All or-

ders placed before Oct. 1 will be guaranteed for pickup on Oct. 8 between 11 a.m. and 2 p.m. This year's menu has Barasushi (\$4.50 each), Bento (\$10 each), Curry Rice (\$5.50 each), Spam Musabi (\$4 each), Teriyaki Beef Sandwich (\$5 each), Teriyaki Chicken (\$7 each) and Udon (\$5 each). Orders can be placed online and paid securely with a credit card or you can download and print out a form and send that form and your check to the church office. It's important to place orders as early as possible to guarantee your order can be filled on Oct. 8. Order now at http://sacramentonichirenchurch.org/food/index.php. The Sacramento Nichiren Buddhist Church holds three fund-raisers during the year in order to raise money for operating expenses. This is a vital effort considering the many areas where the money is needed right now. The roofs on the main building and the comm nity center are more than 20 years old. (The roof on the priest's home and the carpark were replaced earlier this year.) The exterior paint has peeled off the eaves of the main roof. If you can't attend the Fall Food Sale but would like to make a donation visit http://sacramentonichirenchurch.org/donate/index php. Details: 11 a.m. to 2 p.m.; 5191 24th St.

MAKE YOUR HOME CLEAN AND GREEN: Keep the house clean and healthy with products you make yourself. Home blended cleaners are better for you, your pocketbook, and the environment. Learn about many green products that you can make in your own kitchen. Simple ingredients can be transformed into non-toxic laundry detergent, disinfectants, allpurpose cleaners and more. All from 1 to 2:30 p.m. at the Robbie Waters Pocket-Greenhaven Library, 7335

READ TO A DOG: Looking for a way to boost schoolage reading skills? Join us in the library's Reading Tower area and practice reading out loud to a registered therapy dog (Marvin, the Wonder Corgi). Kids are invited to bring their own books or borrow one from our fabulous

collection. All at the Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Drive from 1 to 2 p.m.

TUESDAY, OCT. 11

INTRODUCTION TO COMPUTERS: Got a new laptop or desktop and don't know how to use it? This class, taught by Heman Le, is designed for beginners or students with limited or no experience with computers. Learn about computer hardware, system components, software and more! No prerequisites, just a desire to learn. Limit six students. Registration deadline is Oct. 10. There will be four sessions. Bring your laptop to class. For questions or to register for classes, call 393-9026 ext. 330. This class is a primer for either the Windows 7 or 10 class. Please to the website to learn more about ACC Senior Services, accsv.org; 1:30 to 3 p.m.; 7334 Park City Drive.

DIABETES OVERVIEW: This workshop will educate people who are diabetic or pre-diabetic. The Diabetes empowerment Education Program encourages lifestyle changes while learning about diabetes and the way it affects your life. The first class will be an overview on diabetes and its management. Free of charge. Pre-registration required. Class will be held Tuesday October 11, 2016 from 3:00-4:30pm at ACC Senior Services, 7334 Park City Drive. For more details, call (916)393-9026 ext 330, www.accsv.org.

WEDNESDAY, OCT. 12

SACRAMENTO HISTORIC CITY CEMETERY AND EAST LAWN MEMORIAL PARK: Join ACC for a field trip to the Sacramento Historic City Cemetery and East Lawn Memorial Park, The city cemetery is the oldest existing cemetery in Sacramento and was designed to resemble s Victorian garden. East Lawn Memorial Park also holds a wealth of California history. Pre-payment of \$10 and Pre-registration required. Field trip will be on Wednesday, Oct. 12 from 8:30 a.m. to 2 p.m. at ACC Senior Services, 7334 Park City Drive. For more details, call 393-9026 ext 330, www.accsv.org.

THURSDAY, OCT. 13

MONTHLY MEETING OF MILITARY RETIR. EES/SPOUSES: The final meeting for this year will be held at The North Highlands Parks and Recreation District, 6040 Watt Ave., North Highlands, 95660, Time of the meeting is 10:30 a.m. The speaker for this event is Jane Kreidler from Contrators State License Board. She will be talking about SCAMS. Should be very interesting so come on out and enjoy a cup of coffee. Questions can be referred to our volunteer staff at 640-8446, Monday through Thursday, 9 a.m. to 3 p.m.

SATURDAY, OCT. 15

CHINESE COMMUNITY CHURCH ANNUAL FALL FOOD FESTIVAL: From 11 a.m. to 6 p.m., the Chinese Community Church will host its 33rd annual fall food festival. This fun event attracts a wonderful diversity of people to enjoy a variety of Chinese/Asian food, live music and entertainment, and activities for kids. (Pokemon Go"lure modules" will be released during the day, our church is a Poke stop and gym!) Menu items will include the popular barbecue chicken, Hawaiian ribs, curry chicken, combo plates, lumpia, pot stickers, curry chicken, fried rice, chow mein, Chinese chicken salad, and more. Members and volunteers of the Chinese Community Church prepare the food by hand and always use fresh ingredients to preserve traditional family recipes. The Chinese Community Church donates a portion of festival proceeds to support and enrich the local community each year. The church partners with various non-profit organizations (such as the New Hope Community Church weekly food bank ministry, Union Gospel Mission, and others) in the greater Sacramento area to help people in need. Join us for a great time of food and entertainment Please find details below or visit www.cccsac.net for more information. Location: Chinese Community Church, 5600 Gil-

gunn Way, Sacramento, CA 95822 Date/Time: Saturday, Oct. 15 from 11 a.m. to 6 p.m.,

See Events, page 21

- EVENT LISTING SECTION -

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Sunday, Dec. 4 9 a.m. - 3 p.m. (Free)

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Events:

SACRAMENTO CITY COLLEGE 100TH ANNI-VERSARY CELEBRATION: The college is celebrating its 100th anniversary on Saturday October 15 and the event is free. As part of the celebration the school will have 100 cars on display, one from each of the last 100 years. It should be fun! 1 to 5 p.m., followed by a homecoming game. 3835 Freeport Blvd.

GOT SQUASH? Food blogger Lisa Lin, of Healthy Nibbles & Bits, will show you what to do with all of the delicious and abundant seasonal squash growing in your garden or available at the farmers market. There will be samples on hand so you can taste test the recipes yourself. All at the Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Drive.

WEDNESDAY, OCT. 19

HICAP MEDICARE PART D CLINIC: Counselors will provide an overview of Medicare's prescription drug program, review eligibility requirements and assist with enrollment into Part D plan. 4-5 counselors will be available to assist with enrollment and to explain how to qualify for low income subsidy or "Extra Help". Free of charge. Pre-registration required. Class will be held Wednesday Oct. 19 from 10 a.m. to 3 p.m. at ACC Senior Services, 7334 Park City Drive. For more details, call 393-9026 ext 330, www.accsv.org.

THURSDAY, OCT. 20

DOMESTIC VIOLENCE RESOURCES AND SER-VICES: Learn about domestic violence including who the victims are, what the signs are, and what the cycle of violence is. Learn resources available for victims of domestic violence. Free of charge. Pre-registration required. Class will be held Thursday, Oct. 20 from 10 to 11 a.m. at ACC Senior Services, 7334 Park City Drive. For more details, call 393-9026 ext 330, www.accsv.org.

SELF-ACUPRESSURE (REFLEXOLOGY) Selfacupressure points are the same body points used in acupuncture, but self-acupressure is a preventive modality used in an attempt to avoid conditions that may required more serious medical interventions. Student will be given a personal acupressure chart designed for them to learn five or six simple meridian points which can be used to stay healthy. A simple technique to stimulate pressure points to unblock the flow of energy and awaken the body will be taught. Pre-registration and prepayment of \$15 required. Drop-in rate \$20 at the door. Class will be held Thursday October 20, 2016 from 1:30-3:00pm at ACC Senior Services, 7334 Park City Drive. For more details, call (916)393-9026 ext 330, www.accsv.org.

SATURDAY, OCT. 22

MY SISTER'S HOUSE RUN FOR A SAFE HA-VEN: My Sister's House Run for a Safe Haven, 5k run. http://www.runforasafehaven.com/, http://www.mysisters-house.org/. To serve Asian and Pacific Islander and other underserved women and children impacted by domestic violence, sexual assault, and human trafficking by providing a culturally appropriate and responsive safe haven, job training, and community services. Run starts

at 8 a.m. at William Land Park, Village Green, Freeport Boulevard and Sutterville Road.

MR. COOPER'S SING-A-LONG CLUB AT ROB-BIE WATERS POCKET-GREENHAVEN LI-BRARY: A family-friendly performance by local singer/guitarist Mr. Ken Cooper from 11 to 11:30 a.m. This program is made possible by the Pocket-Greenhaven Friends of the Library. 7335 Gloria Drive.

TUESDAY, OCT. 25

MILD PORK RED CHILI PASTE STEW (GO-CHUJANG JJIGAE) COOKING CLASS: Stew and soup are definitely here for the Fall. If you like Korean stews such as Kimchi and Doenjang, you will enjoy Gochujang Jjigae, a condiment that's spicy, savory, sweet and pungent. It adds a spicy, robust flavor to this simple stew which is made with ordinary ingredients. Pre-registration and pre-payment of \$15 required. Class will be held Tuesday October 25, 2016 from 12:00-1:00pm at ACC Senior Services, 7334 Park City Drive. For more details, call (916)393-9026 ext 330, www.accsv.org.

THURSDAY, OCT. 27

POCKET/GREENHAVEN PUBLIC SAFETY FO-RUM: Join Vice Mayor Rick Jennings for a public forum to discuss local crime statistics, crime prevention and traffic safety in the Pocket/Greenhaven cor ty. Representatives from the Sacramento Police Department, the City's Traffic & Engineering Department, the City Manager's Office and the City's Neighborhood Services Division will be on hand for the discussion from 6:30 to 8 p.m. at the John F. Kennedy High School Auditorium, 6715 Gloria Drive. Also, get in on the discussion: Take the District 7 Survey on Traffic Safety at https://goo.gl/aF6Ekq. We will share the results of the survey at the forum and the information that you provide will be used to help guide our discussions on this topic with law enforcement and community planning. For more information, call 808-7007.

DOYOU HAVE AN UPCOMING OR **MONTHLY EVENT?** Let us know.

e-mail Monica: editor@valcomnews.com

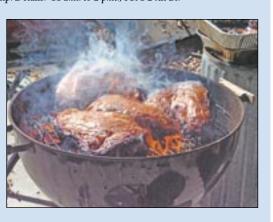
BEST BETS

SACRAMENTO NICHIREN BUD-DHIST CHURCH FALL FOOD SALE: The Sacramento Nichiren Buddhist Church is taking orders now for its annual Fall Food Sale on Saturday, Oct. 8. Unlike the June Bazaar, which sold food on a first-come, firstserved basis and ran out of popular items such as the barbecued teriyaki chicken halve this is a presale event. All orders placed before Oct. 1 will be guaranteed for pickup on Oct. 8 between 11 a.m. and 2 p.m. This year's menu has Barasushi (\$4.50 each), Bento (\$10 each), Curry Rice (\$5.50 each), Spam Musabi (\$4 each), Teriyaki Beef Sandwich (\$5 each), Teriyaki Chicken (\$7 each) and



Udon (\$5 each). Orders can be placed online and paid securely with a credit card or you can download and print out a form and send that form and your check to the church office. It's important to place orders as early as possible to guarantee your order can be filled on Oct. 8. Order now at http://sacramentonichirenchurch org/food/index.php. The Sacramento Nichiren Buddhist Church holds three fund-raisers during the year in order to raise money for operating expenses. This is a vital effort considering the many areas where the money is needed right now. The roofs on the main building and the community center are more than 20 years old. (The roof on the priest's home and the carpark were replaced earlier this year.) The exterior paint has peeled off the eaves of the main roof. If you can't attend the Fall Food Sale but would like to make a donation visit http:// sacramentonichirenchurch.org/donate/index.php. Details: 11 a.m. to 2 p.m.; 5191 24th St.

CHINESE COMMUNITY CHURCH ANNUAL FALL FOOD FESTIVAL: On Saturday, Oct. 15 from 11 a.m. to 6 p.m., the Chinese Community Church will host its 33rd annual fall food festival. This fun event attracts a wonderful diversity of people to enjoy a variety of Chinese/Asian food, live music and entertainment, and activities for kids. (Pokemon Go "lure modules" will be released during the day, our church is a Poke stop and gym!) Menu items will include the popular barbecue chicken, Hawaiian ribs, curry chicken, combo plates, lumpia, pot stickers, curry chicken, fried rice, chow mein, Chinese chicken salad, and more. Members and volunte of the Chinese Community Church prepare



the food by hand and always use fresh ingredients to preserve traditional family recipes. The Chinese Commu nity Church donates a portion of festival proceeds to support and enrich the local community each year. The church partners with various non-profit organizations (such as the New Hope Community Church weekly food bank ministry, Union Gospel Mission, and others) in the greater Sacramento area to help people in need. Join us for a great time of food and entertainment!

Please find details below or visit www.cccsac.net for more information. Location: Chinese Community Church, 5600 Gilgunn Way, Sacramento, CA 95822; Date/Time: Saturday, Oct. 15 from 11 a.m. to 6 p.m.,

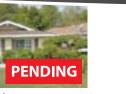
POCKET-GREENHAVEN COMMUNITY FORUM PRESENTS A POLITICAL FORUM: With 17 statewide initiatives and three local measures on the ballot, voters in the Pocket-Greenhaven community will have a lot of decisions to make. To help inform these decisions, the Pocket-Greenhaven Community Forum is bringing together a group of experts to the Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Drive, at 6:30 p.m. on Thursday, Oct 6 to provide a non-partisan overview of the measures, including key background on who is supporting and opposing them, who is funding them and, most importantly, what they will really do.

SACRAMENTO CITY COLLEGE 100TH ANNIVERSARY CELEBRATION: The college is celebrate ing its 100th anniversary on Saturday, Oct. 15 and the event is free. As part of the celebration the school will have 100 cars on display, one from each of the last 100 years. It should be fun! 1 to 5 p.m., followed by a homecoming game. 3835 Freeport Blvd.

4948 Madamin Wav

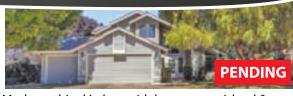


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Matías Bombal's Hollywood

Miss Peregrine's Home for Peculiar Children

The MPAA has rated this PG-13

Twentieth Century Fox Film Corporation brings Tim Burton's latest oddity to the screen, "Miss Peregrine's Home for Peculiar Children", based on the novel by Ransom Riggs and adapted by Jane Goldman.

Young Jake, played by Asa Buterfield, who you may have seen in "Hugo" or "Ender's Game", is close to his grandfather, Abe Portman. Abe is played by screen legend Terrance Stamp. One night his grandfather's place has be turned upside down and Jake finds him almost lifeless and without eyes in the yard behind Abe's house. With his last breath he warns Jake of impending dangers from "Peculiars" and their diabolical enemies.

This sets in to motion a curiosity to find out more, but he's hampered by his feckless parents, who, with the encouragement of Jake's therapist agree to let him travel abroad with his father to find where the home used to be. What he finds is a sad devastated ruin of a school bombed during the second world war. There, by chance, the unexpected happens and he falls into a time loop via a small cave. A loop which repeats the same day, over and over, just before the school was the peculiar boarders.

from Tim Burton, yet one must appreciate his singular sense of the macabre, a vision that is truly his own.

I described this movie on the screening comment card as elements from the "Wizard of Oz" meet Pink Tim Burton. Floyd's "The Wall", The peculiars, mostly children in this case, all have Deepwater Horizon some abnormality that makes them special. One boy has bees swarming inside him, another girl a large mouth under her hairline on the back of her head, yet another is invisible. Jake begins a romance with a girl with lead shoes, worn because without them she would float away like a balloon. They are all in fear of their enemies on April 20, 2010, some 40 miles that could destroy their time loop, headed by the villainous leader and his monsters. The head bad guy, Barron, is played by Samuel L. Jackson.

see the monsters, where the others do not. He then understands the full extent of his bond with his grandfather. Other screen stars adding depth to the richness of the visual design include Judi Dench and wonderful Rupert Everett, a fine actor not seen often enough on the screen. There's one newcomer that I'd like to highlight for you, his name is Finlay MacMillan, this is his first major movie. He plays Enoch, the son of morticians, who can bring the dead to life. I think that you'll agree his scenes are membombed. He meets Mrs. Peregrine orable, for there is a tension between (Eva Green) She introduces him to he and Jake, who has stolen his floating girl. There is a full spectrum of What a strange movie this is, acting talent and ability in this pic-Slightly disturbing, like many movies ture, set against stunning production

little over the top, but you could tell he was having fun.

This might be too frightening for actual children, but fun for young adults into the twisted world and imagination of the very original

The MPAA has rated this PG-13

Summit Entertainment releases a real life story in larger than life IMAX and regular engagements, "Deepwater Horizon" which brings to the screen the tragedy of the explosion of the oil rig Deepwater Horizon at 9:45 p.m. southeast of the Louisiana coast. The disaster injured 17 and 11 others lost their lives when the semi submersible mobile offshore drilling unit operat-Jake learns of his peculiarity; he can ed by Transocean and leased to British Petroleum encountered a bubble of methane gas which shot up the drill column, bursting through several seals and barriers ultimately causing a blowout which exploded, offering only five seconds of escape for the crew of 126 on board.

The subsequent fire lasted more Horizon sank on April 22. The oil spill that followed is considered troleum industry, with the well site cious of resources, each other.

FLU SHOTS AVAILABLE NOV

\$25

design. I found it to linger perhaps still leaking two years later with 4.9 too long, with Samuel Jackson just a million barrels of discharge, or 210 million U.S. gallons.

Director Peter Berg has collected a cast entirely believable in this setting. Led by Mark Whalberg as Mike Williams, a father and hard worker who is concerned for the safety of his shipboard family. He tries to keep things together as the lessee executives push the capacity of the rig to its maximum. He's not alone, his long time friend and co-worker Jimmy Harrell, played brilliantly by Kurt Russell, also is ready to make a stand for safety. John Malkovich plays Vidrine, a BP executive trying to get liquid from stone.

As we know from history, things did not get better and the impending danger is swift and sudden. Also in the picture is Dylan O' Brien, playing Caleb Holloway. Perhaps you've seen him before in "The Maze Runner" or "Teen Wolf". There is a very fine performance from Ms. Gina Rodriguez and John Malcovich is particularly choice. Whalberg is perfectly cast. Kate Hudson plays his wife.

Widescreen and especially IMAX will give the greatest impact of this as a spectacular screen entertainment, based sadly, on such a real life tragthan a day until the Deepwater edy. Overall, this is a very well made and engaging movie and serves as a reminder to be kind to nature's rethat largest in the history of the pe-sources and especially that most pre-

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KZAP:

new interior, new equipment. It was heaven compared to where we were before."

KZAP's ownership changed again in September 1978 with its sale to KLUC Broadcasting, of Las Vegas, for \$1.4 million. The president of that company was Rick Phelan.

About a year later, KZAP's old transmitter on the Elks Building was moved to the north area for improved coverage.

During the same era, KZAP was relocated to new studios off Highway 160.

Under the KLUC Broadcasting ownership, KZAP hired Burchart Abrams to program the station, and through that consulting firm KZAP's ratings rose from 12th to second in the Sacramento market in only three months. And KZAP quickly became the area's number one rock station, surpassing KSFM 102.5 FM "Earth Radio."

KZAP underwent yet another ownership change in 1984, when the station was purchased by Nationwide Mutual Insurance Co. for \$43.5 million.

By that time in KZAP's history, Newhall had long since in to listen online.

OPEN in

continued his career at other radio stations.

Newhall said that his departure from KZAP came in ugust 1975.

Ĭ left KZAP so I could go down to San Jose and work (at KSJO) with the people that had started KSFM in Woodland," he said.

Newhall's time at KSIO, where he was one of that station's two production directors, lasted until June 1976 was he was laid off.

A search for a new radio job landed Newhall at KSFM three months later.

His career continued in Sacramento with radio stations, KROY from November 1979 to December 1986 and KSAC from December 1986 until about a year later.

Newhall's work at KSAC proved to be his last full-time work in radio.

In addition to his part-time DJ work at Capital Public Radio from 2005 to present, Newhall established the new 'K-ZAP, KZHP 93.3 FM, with several other people with radio experience on July 4, 2015 at 9:33 a.m. But because of the station's small reception area, most of its listeners tune

Jennings:

Continued from page 2

Shores should allow for traffic to adjust to the growth over time – rather than all at once.

The third concern often raised is how this development can be used to encourage economic growth in our community. For this reason, Mayor Pro Tem Larry Carr and I have been working very closely with the development firm to ensure that there are employment opportunities available for local residents at every phase of the development - including with the new businesses in the shopping center.

Making sure that this addi-

tion to our community is beneficial to our community in every aspect is a top priority. I am excited about this new opportunity for growth, economic development and leisure for our community and I am encouraged by all the benefits it will bring. The Delta Shores is a project by Melone Geier Partners, a private real estate investment company. For more information about Delta Shores, visit their website at www.deltashoressacramen-





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