

THE VALLEY SHOPPER

A special advertising section of Valley Community Newspapers

To advertise, call 916-429-9901 • January 2012



JOIN US FOR A NEIGHBORHOOD OPEN HOUSE

CELEBRATING 10 YEARS OF SERVICE
TO OUR ELDERLY COMMUNITY.

WEDNESDAY, JANUARY 25, 1-5 PM
Tours • Refreshments • Resource Information

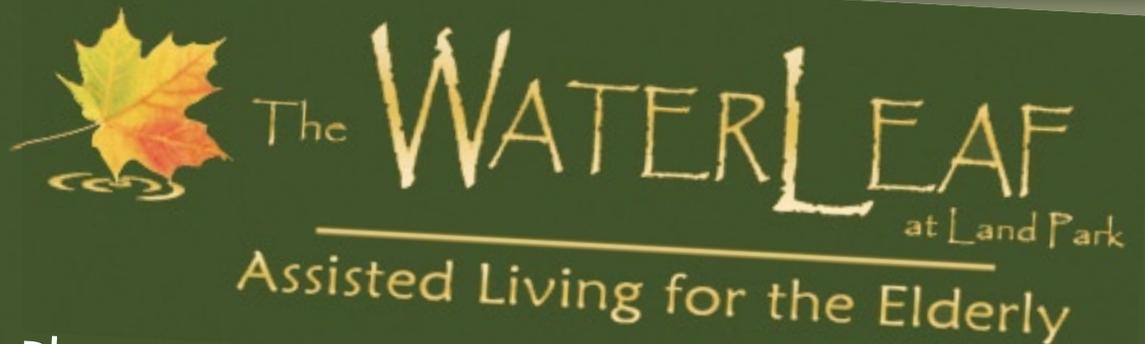
Providing quality, affordable living, The WaterLeaf offers a social, caring environment for you or your loved one.

Total Assistance With:

- Wheelchair transfers
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- Toileting
- Medication monitoring
- Incontinence
- Escorting to medical appts.

Also Providing:

- 24-hour staff
- Night checks
- Social atmosphere
- Stimulating activity program
- Escorting to meals, activities
- Rooms starting at \$3300



Please call or visit today for a FREE assessment
for your loved one.

966 43rd Avenue, Sacramento, CA 95831
916.877.9497 | www.TheWaterLeaf.com

Lic# 347001970

THE ESKATON EXPERIENCE



Carefree *living.*

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866-ESKATON | www.eskaton.org

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348 33rd Street

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- Water Features
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SMOOT LANDSCAPING
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Dr. Alan Sladky

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- We offer the latest in eyewear, over 1000 frames to choose from!
- We accept most major vision plans
- Some glasses & contact lenses ready in 1 hour.
- Experienced and knowledgeable staff.

We specialize in hard to fit contacts, including those for Keratoconus. They may be covered by insurance — ask for details!

Walk-ins and same day appointments welcome.

(916) 395-EYES
(3937)

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7465 Rush River Dr. Ste 410

SPECIAL

Complete Eye Exam & a 3 Month Supply of Disposable Contacts

\$189 (Over \$200 Value!)

Change Your Eye Color for \$30 More!

Ask for details. Coupon cannot be combined with any other discounts or insurance.

SPECIAL

Select Frames & Single Vision

\$79 (Save up to \$100)

Lined bifocals \$40 more.

Ask for details. Coupon cannot be combined with any other discounts or insurance. Select frames only.

VALLEY SHOPPER

Published by Valley Community Newspapers

Quarterly

Advertise in our April issue!

See our last Valley Shopper at
www.valcomnews.com

Rates start at \$75.00
(1/8 page ad)



VALLEY COMMUNITY NEWSPAPERS

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GEN-NIH YOGA

(In the Iyengar Tradition)

TOM HESS of Chico- Saturdays, 9:30 a.m. - 11:30 a.m., All Levels

Pranayama and Dynamics of Optimal Breathing

Upcoming workshop with David Sirgany, January 22, 10 a.m.- 1 p.m.
(Open to all levels)

Mary Chan, All Levels Certified Iyengar Teacher
Restorative Class First Friday of the Month, 5:30-7 p.m.

916-731-4831 or e-mail ma9777@aol.com
View class schedule at www.gen-nih.com

1049 Broadway, Suite 10 Sacramento, CA 95819



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Managing Director - Investment Officer

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joseph.f.eschleman@wfadvisors.com

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CONTACT A SALES REPRESENTATIVE TO ADVERTISE IN OUR NEWSPAPERS!

2709 Riverside Blvd., Sacramento, CA 95818 | 916.429.9901 | www.valcomnews.com



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Pioneer House is located conveniently close to shopping, cultural events, and medical services. The Crocker Art Museum, Downtown Plaza Shopping Mall, Old Sacramento, Farmers Markets and much more are all within walking distance.

For more than 40 years seniors have decided that Pioneer House offers the best value in Senior Living.



Relax Without Worries...

- Enjoy meals in our restaurant style dining room
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- Complimentary scheduled transportation
- Secure setting with 24 hour staff
- Emergency Call Systems, Housekeeping, Laundry

Studio's, 1 bedrooms, 2 Bedrooms Available

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or e-mail us at pioneerhouse@rhf.org

Retirement Living · Assisted Living · Skilled Nursing



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Four Course Meal
with complimentary glass
of champagne for \$38.

Consists of items like Filet Mignon, Chef's
Choice of Fish & a Chicken dish, appetizer,
salad & dessert

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Every Thursday Evening

Drink Specials
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As a business owner, you know there are laws every business must follow. However, results of a recent survey by z/Telligence and Fellows Inc., (July 2005), showed only 13.1% of business owners recognize the term "FACTA." That could mean that nearly 87% of all business owners aren't aware that FACTA:

- Is federal legislation that went into effect June 2005
- Can shut your business down whether you have two or two thousand employees
- Can result in major fines to you and your business by the FTC for non-compliance
- Provides another avenue for lawyers to file lawsuits against your business on behalf of customers or employees

FACTA is only one piece of legislation that affects your business. There are others:

- HIPAA Security Rule
- Gramm, Leach, Bliley (GLB) Safeguard Rule
- Numerous individual state laws (such as the Texas Whistle Blower Statue)

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Expert Care for Your Living Investment

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License# 694001

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To learn more, or to schedule a free, no-obligation analysis of your trees and shrubs, call today or visit us on the Web at www.davey.com.

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"Where Neighbors, Friends and Family Gather"

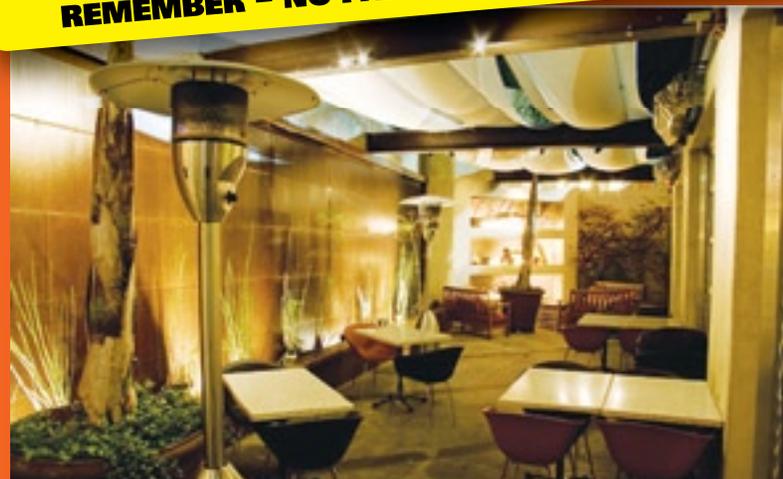
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Up to & including 7 years old

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\$12 - Pitcher
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REMEMBER - NO PARKING on Beverly Way



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Night Party and Receive
\$100 OFF

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 4004 Prairie Falcon Dr., El Dorado, CA 95762

Courtyard Terrace - Memory Care
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 3408 Alta Arden Expy, Sacramento, CA 95825

River Fountains of Lodi - Assisted Living
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Caring for seniors is a way of life for the Cimino Family.

Rooted in their warm Italian heritage, two generations of Ciminis have been caring for Northern California's aging population with compassion and dignity. Cimino Care offers affordable home-like communities for seniors whose needs range from independent living, memory care to assisted living support. With a deep respect for elders, Cimino Care is guided by this primary principle to provide:
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- Utilities Paid (except telephone)
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We restore tired bathtubs and tile. Chips repaired, ugly colors changed, and grout sealed!

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Easy Step™ the step through tub to shower conversion

- Slip Resistant Surface applied
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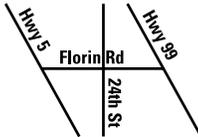
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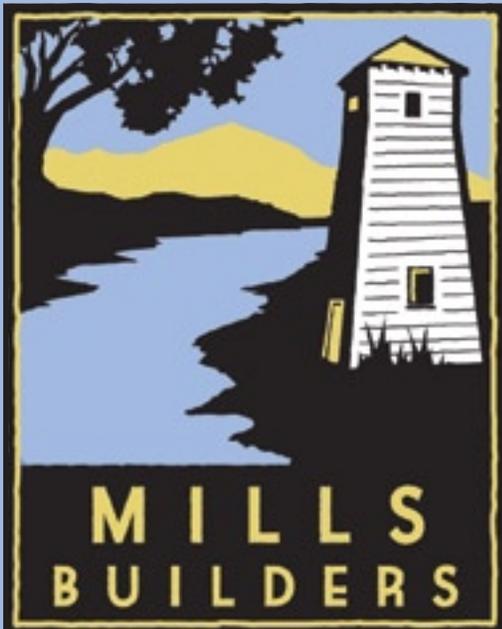
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Planning to Remodel in 2012?

Before



After



Attend a Free Remodeling Seminar to learn to...

- Assemble the appropriate team of professionals,
- Avoid budget over-runs during design & construction,
- Determine if your contractor is legit - licensed, insured, & competent,
- Stay on schedule,

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**Schedule An Appointment Now For A FREE In-Home Assessment and Receive
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Caregiver®

Experienced Caregivers Thoroughly Screened.
Providing *Peace of Mind* to thousands across America
each and every day!



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- Hygiene Assistance
- Medication Reminders
- Respite Care for Families
- Low Hourly Rate
- Temporary/Long Term

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LIVING ASSISTANCE SERVICES

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Freeport

Bar & Grill



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Our business hours are:

Monday thru Thursday 11 a.m. – 10 p.m.

Friday 11 a.m. – 1:30 a.m.

Friday Nights Karaoke 9 p.m. – 1:30 a.m.

Saturday and Sunday 10 a.m. – 10 p.m.

Patio seating available

www.freeportbarandgrill.com

Open for breakfast Saturday & Sunday

Happy Hour Monday – Friday 4 – 7 p.m.

Serving food all day

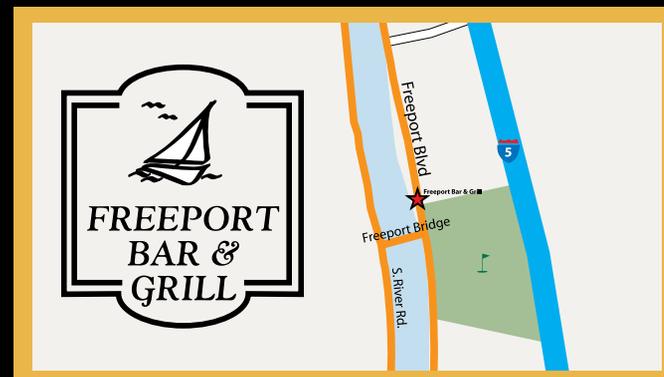
Serving fresh steaks, chicken, seafood, pastas, & burgers.

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8259 Freeport Blvd., Sacramento, CA 95832



\$400.00 OFF ■ average savings
on a Valor gas insert.

Plus... Enter at Homeshow
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(\$3000 value including installation)



Valor
Radiant Gas Fireplaces

**Homeshow
Specials**

Available at Homeshow
at Cal Expo
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GAS INSERTS



*Save an average 20% on heating costs with zone heating!

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Valor
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\$200-\$400 OFF HEARTHSTONE



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Install Carbon Monoxide Detectors, It's The Law!

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Carbon Monoxide Alarm Installed for \$39.99
Offer Expires March 31, 2012



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Reiki is a subtle & effective form of energy healing that brings about healing on physical, mental, emotional & spiritual levels.

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OPEN EVERYDAY
11am - 9pm

What we don't make from scratch we import from NEW YORK & ITALY

THIS AIN'T NO DINKY 14" PIZZA!

Get a Real Large 16" Pizza

TRY

- Pizza By The Slice (until 4PM)
- Da Bronx Bomber Pizza
- Pizza Pie
- Giovanni's Microbrews
- The Don Giovanni Pizza
- Hot Wings
- Coney Island Pizza
- Pizza Primavera
- Calzone
- Buffalo Chicken Pizza
- Lasagna
- Pesto Pizza

#1 **\$1.00 off**
10 PIECE CHICKEN WINGS
Not valid with other offers. With coupon. Exp 3/31/12 VCN

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5924 South Land Park Drive

916.393.7001

In South Hill Shopping Center

6200 Folsom Blvd.

916.455.8831

Between 59th St. & 65th St.

#2 **\$400 off**
LARGE 16" PIZZA
Build your own pizza!
WITH TWO OR MORE TOPPINGS
Good for up to 2 large 16" pizzas. Excludes half and half orders. Must present coupon. Not valid with any other offer or discount. Exp 3/31/12 VCN

#3 **ANY LARGE 16" MENU PIZZA**
UP TO 3 TOPPINGS
\$17.99 + tax
Excludes half and half orders, and Da Bronx Bomber. Exp 3/31/12 VCN

#4 **\$300 off**
ANY MEDIUM PIZZA
Must present coupon. One coupon per order per pizza. Not valid with any other offer or discount. Exp 3/31/12 VCN

#5 **\$700 off**
Any large 16" menu pizza with the purchase of any pizza of equal or greater value
Excludes half and half orders. Must present coupon. Not valid with any other offer or discount. Exp 3/31/12 VCN

#6 **BREW SPECIAL!**
2 FREE PINTS of Giovanni's Own Microbrew
With purchase of any 1 large 16" Three or More Topping Pizzas
MAY SUBSTITUTE BEER FOR ANY BEVERAGE! Must present coupon. Not valid with any other offer or discount. Exp 3/31/12 VCN

#7 **11am-4pm EVERY DAY**
Dine In Only
32-oz. Bucket of Beer
\$2.00 Budweiser
\$3.00 Giovanni's Micro Brew
With purchase of a slice of pizza or any menu item. Exp 3/31/12 VCN

#8 **\$1000**
LARGE 16" CHEESE PIZZA
Additional Toppings Extra
Excludes Half and Half orders. Not valid for party events. Limit one coupon per customer. With coupon. Not valid with other offers. Exp 3/31/12 VCN

#9 **LARGE 16" 1-TOPPING PIZZA**
\$11.95 + tax
REGULAR TOPPING ONLY!
Excludes Half and Half orders. Must present coupon. One coupon per order per pizza. Not valid with any other offer or discount. Exp 3/31/12 VCN

#10 **16" Cheese or Pepperoni Pizza, House Salad & Three Sodas**
\$24.99 + tax
Must present coupon. One coupon per order per pizza. Not valid with any other offer or discount. Exp 3/31/12 VCN

#11 **\$19.99**
Large 16" Pepperoni Pizza! with 10 pc Chicken Wings
Excludes Half and Half orders. Not valid for party events. Limit one coupon per customer. With coupon. Not valid with other offers. Exp 3/31/12 VCN

Ooo...That's gonna leave a mark.



Call Chem-Dry for a deep clean on carpets and upholstery, safe non-toxic solutions and our patented Pet Urine Removal Treatment (P.U.R.T.) that deals with even the toughest odors. Quick service, deep clean and fast drying times... only at Chem-Dry.



Sacramento



Chem Dry Advantages:

- Dries in 2-3 hours
- Removes Stubborn Stains
- Leaves No Dirt-Attracting Residue
- Safe & Non-Toxic
- P.U.R.T.® (Pet Urine Removal Treatment)

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10% Off
All Cleaning Services
Carpet & Upholstery

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15% Off
All Cleaning Services with
Purchase of Protectant

Must present coupon at time of service. Not valid with other coupons or offers. One coupon per customer. Minimum charges apply. Expires 02/29/12

\$85.00
Carpet Cleaning

Minimum. Up to 300 sq ft including pre-spray. Must present coupon at time of service. Not valid with other coupons or offers. One coupon per customer. Minimum charges apply. Expires 02/29/12

FREE
1 can of Spot Remover
with \$200 or more purchase

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